

EARTH MONTH

30 WAYS IN 30 DAYS

WHOLE FOODS MARKET®

Shopping List



PICK UP YOUR FREE EARTH MONTH CALENDAR!

GROCERY

NATURE'S PATH

Organic Toaster Pastries, Cereals, Hot Cereals, Waffles, Granolas & Granola Bars

Avoid GMOs by choosing organics!

NATURE'S PATH

Organic EnviroKidz Cereals

Support endangered species and environments.

NATURE'S PATH

Eco Pac Cereals

Reduced packaging and transportation costs.

THREE SISTERS

Cereals

Made with wind-generated-electricity credits.

365 EVERYDAY VALUE®

Vegan Cane Sugar

Whole Trade™

EQUAL EXCHANGE

Organic Chocolate

Whole Trade™ and organic!

SPECTRUM®

Organic Shortening

Made with organic, responsibly sourced palm oil.

MARANATHA®

Organic Almond Butter

Great organic, non-animal source of protein.

GARDEN OF EATIN'®

Tortilla Chips

Made with organic corn to avoid GMOs!

SUNSPIRE®

Milk Chocolate Earth Balls

Supports cocoa growers for healthy harvests and communities.

BEVERAGES

TROPICANA

Trop50™ or Tropicana Pure Premium®

Every carton code from specially marked packages redeemed online at tropicana-rainforest.com saves 100 square feet of rainforest. Look for the Cool Earth logo on the carton!

ALLEGRO COFFEE®

Limited Edition Rainforest Blend

Allegro won the Rainforest Alliance's Corporate Green Globe Award.

RE-SOURCE™

Natural Spring Water

Committed to closing the loop on recycling one bottle at a time. Bottles made with 25% recycled plastic.

REPUBLIC OF TEA

Organic Earth Day Mint Green Tea

Whole Trade™ and organic!

WESTSOY®

Organic Soymilk

Made with organic soy beans, which avoids GMOs.

CELESTIAL SEASONINGS®

Chamomile, Peppermint or Sleepytime Herbal Tea

Committed to ethical trade and environmental health.

365 EVERYDAY VALUE®

Milk and Organic Milk

The milk of cows never treated with synthetic growth hormones (rBST).

FRESH FOODS

STONYFIELD FARM

Organic Yogurt

Gimme 5 partnership to recycle #5 plastics, such as yogurt cups.

ORGANIC VALLEY

Organic Sour Cream

Gimme 5 partnership to recycle #5 plastics, such as sour cream tubs.

ORGANIC GREENS & BERRIES

Organic agriculture minimizes exposure to toxic and persistent pesticides.

FRESH FOODS CONTINUED

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| WHOLE CATCH™ MSC Wild Caught Salmon | MSC (Marine Stewardship Council) is committed to healthy marine ecosystems around the world. |
| WHOLE FOODS MARKET® Farm Raised seafood | Our strict Quality Standards for Aquaculture limit environmental impacts. |
| WHOLE FOODS MARKET® Meat & Poultry | Our standards take into account the comfort, physical safety and health of the animals. |
| 365 EVERYDAY VALUE® Cheeses | From the milk of cows never treated with synthetic growth hormones (rBST). |
| SALAD BAR | Takeout boxes are made from renewable resources and are compostable! |
| 365 EVERYDAY VALUE® Breads | Reduced packaging uses 25% less plastic. |

WHOLE BODY

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| DR. BRONNER'S Liquid Soap | Meets Premium Body Care™ and Whole Trade™ strict standards. |
| DR. BRONNER'S Shaving Gel | Whole Trade, Premium Body Care and suggested by Teens Turning Green. |
| SEVENTH GENERATION Feminine Care | No chlorine bleaching; tampons made with organic cotton. |
| PRESERVE Toothbrushes & Razors | Gimme 5 partnership to recycle #5 plastics, such as yogurt cups. |
| TEENS TURNING GREEN Body Care | Helps teens make the best choices for their skin and their planet. |
| PROJECT GREEN PROM SUPPORTERS | John Masters, Desert Essence, Weleda, Pangea, Alaffia, Pomega 5, EO, Astarra, Jason, Mychelle, Suki, Depth, Nude, Burt's Bees, Pharmacia, Duchess Marden, Natracare and Organic Essentials |

HOUSEHOLD

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| WHOLE TRADE™ Flowers | Growers benefit from ethical trade and environmental health. |
| SEVENTH GENERATION 2X Concentrate Liquid Laundry 100 oz | Non-toxic, biodegradable and phosphate-free. |
| SEVENTH GENERATION Free & Clear Auto Dish Powder 75 oz | Reduces packaging, transportation and environmental impact. |
| SEVENTH GENERATION Free & Clear Dish Liquid 48 oz | Plant-derived ingredients with no dyes or perfumes. |
| SEVENTH GENERATION 100% Recycled Bath Tissue 12-pack | No dyes, perfumes or chlorine whitening. |
| SEVENTH GENERATION 100% Recycled White Paper Towels 8-pack | New "right-sized" sheets, never whitened with chlorine. |
| SEVENTH GENERATION Household Cleaners | Plant-derived cleaners reduce use of petroleum. |
| FEED 100 Tote Bag | Each purchase provides 100 nutritious meals to hungry school-age children in Rwanda. |
| WHOLE FOODS MARKET® A Better Bag | Made with 80% recycled plastic from recycled water bottles. |
| 365 EVERYDAY VALUE® CFL Replacement Bulbs | Last up to 10 times longer than incandescent bulbs. |
| 365 EVERYDAY VALUE® Dinner & Snack Plates | Made from sugarcane fiber. |

WHOLEFOODSMARKET.COM/EARTHMONTH

Some products may not be available in all markets