

Gluten Free

SPECIAL DIETS SERIES

CELEBRATING
YOUR
CHOICES



Arlington Store, Mid-Atlantic Region

Whole Foods Market is excited to bring you "Celebrating Your Choices," a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product. If you have any questions, you may contact us at WFMSpecialDiets@wholefoods.com.

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Baby & Infant Food

Stonyfield Farm

YoBaby Banana/Vanilla Yogurt
YoBaby Blueberry/Apple Yogurt
YoBaby Drinkable Yogurt, Banana
YoBaby Drinkable Yogurt, Peach
YoBaby Peach/Pear Yogurt
YoBaby Simply Plain Yogurt

Baked Goods

Glutino

Cinnamon French Toast

Kinnikinnick

Cinnamon Sugar Donuts

WFM Gluten Free Bakehouse

Almond Scones
Apple Pie
Blueberry Muffins
Cherry Pie
Chocolate Chip Cookies
Chocolate Cupcakes
Cranberry Orange Scones
Lemon Poppyseed Muffins (4 pack)
Molasses Ginger Cookies
Peanut Butter Cookies
Prairie Bread
Sandwich Bread
Vanilla Cupcakes

Baking Needs

365 Everyday Value™

Gluten Free All Purpose Baking Mix
Gluten Free Chocolate Brownie Mix
Gluten Free Chocolate Cake Mix
Gluten Free Chocolate Chip Cookie Mix
Gluten Free Muffin Mix
Gluten Free Pancake & Waffle Mix
Gluten Free Pizza Crust Mix
Gluten Free Sandwich Bread Mix
Gluten Free White Cake Mix

Arrowhead Mills

Blue Corn Meal
Buckwheat Flour
Gluten Free All Purpose Baking Mix
Gluten Free Pancake & Baking Mix
Long Grain Brown Rice Flour
White Rice Flour
Yellow Corn Meal

Bob's Red Mill

Almond Flour
Flaxseed Meal
Garbanzo Bean Flour
Gluten Free All Purpose Baking Flour
Gluten Free Brownie Mix
Gluten Free Cornbread Mix
Gluten Free Pancake Mix
Gluten Free Pizza Crust Mix
Gluten Free Sweet White Sorghum Flour
GlutenFree Rolled Oats
Hemp Protein Powder
Organic Amaranth Flour
Organic Brown Flaxseeds
Organic Coconut Flour
Organic Flaxseed Meal
Organic Golden Flaxseed Meal
Organic Golden Flaxseeds
Potato Starch

Baking Needs (Cont'd)

Bob's Red Mill

Tapioca Flour
Xanthan Gum

Cherrybrook Kitchen

Chocolate Frosting Mix
Vanilla Frosting Mix

Enjoy Life

Semi-Sweet Chocolate Chips

Hain

Baking Powder

Let's Do...

Carnival Sprinkles

Let's Do... Organic

Organic Cornstarch
Organic Reduced Fat Shredded Coconut
Organic Tapioca Granules
Organic Tapioca Pearls
Organic Tapioca Starch

Namaste

Brownie Mix
Spice Cake Mix

Pamela's Products

Baking & Pancake Mix
Baking & Pancake Mix, 4 lb
Chocolate Brownie Mix
Chocolate Cake Mix
Chocolate Chunk Cookie Mix
Gluten-Free Bread Mix

Tropical Source

Semi Sweet Chocolate Chips

Beverages

Celestial Seasonings

Antioxidant Green Tea, 20 Ct
Authentic Green Tea, 20 Ct
Bengal Spice Tea, 20 Ct
Chamomile Tea, 20 Ct
Cinnamon Apple Spice Tea, 20 Ct
Country Peach Passion
Decaf Mint Green Tea, 20 Ct

Beverages (Cont'd)

Celestial Seasonings

Fruit Tea Sampler, 20 Ct
Honey Vanilla Chamomile Tea, 20 Ct
Lemon Zinger Tea, 20 Ct
Peppermint Tea, 20 Ct
Red Zinger Tea, 20 Ct
Sleepytime Extra Tea, 20 Ct
Sleepytime Tea, 20 Ct
Sleepytime Throat Tamer Tea, 20 Ct
Tangerine Orange Zinger Tea, 20 Ct
Tension Tamer Tea, 20 Ct

Eden

Organic EdenBlend, Rice & Soy Beverage, 32 oz

Lakefront Brewery

New Grist Sorghum Brewed Beer

Rice Dream

Horchata
Supreme Rice Beverage, Vanilla Hazelnut

So Delicious

Original (Plain) Coconut Milk Beverage
Unsweetened Coconut Milk Beverage
Vanilla Coconut Milk Beverage

Bread

Enjoy Life

Cinnamon Raisin Bagels
Original Bagels

Food For Life

Brown Rice Bread, Wheat & Gluten Free
Millet Bread, Wheat & Gluten Free
Rice Pecan Bread, Wheat & Gluten Free
Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

Glutino

Bagels, Plain
Premium Corn Bread
Premium Fiber Bread

Bread (Cont'd)

WFM Gluten Free Bakehouse

Prairie Bread
Sandwich Bread

Candy and Chocolate

Endangered Species Chocolate

Bite Size Dark Chocolate with Cranberries & Almonds
Bite Size Dark Chocolate with Deep Forest Mint
Bite Size Extreme Dark Chocolate
Bite Size Smooth Milk Chocolate
Bite Size Supreme Dark Chocolate
Dark Chocolate with Blueberries - Sea Turtle
Dark Chocolate with Cranberries & Almonds - Wolf
Dark Chocolate with Deep Forest Mint
Dark Chocolate with Espresso Beans - Tiger
Dark Chocolate with Hazelnut Toffee - Rhino
Dark Chocolate with Raspberries - Grizzly Bear
Extreme Dark Chocolate - Panther
Intense Dark Chocolate with Cacao Nibs - Bat
Milk Chocolate with Cherries - Dolphin
Organic Health Dark Chocolate with Goji Berry, Pecans & Maca
Smooth Milk Chocolate - Sea Otter
Smooth Organic Dark Chocolate - Butterfly
Supreme Dark Chocolate - Chimpanzee

Enjoy Life

Boom Choco Boom Dairy-Free Rice Milk Chocolate Bar
Boom Choco Boom Dairy-Free Rice Milk w/ Crispy Rice Chocolate Bar
Boom Choco Boom Dark Chocolate Bar

Glee Gum

Glee Bubblegum Flavor Gum
Glee Peppermint Gum
Glee Spearmint Gum

Candy and Chocolate (Cont'd)

Glee Gum

Glee Tangerine Gum

Let's Do...

Carnival Sprinkelz

Let's Do... Organic

Organic Classic Gummi Bears
Organic Jelly Gummi Bears
Organic Super Sour Gummi Bears

Scharffen Berger

Bittersweet Chocolate Bar, 70% Cacao
Dark Mocha Chocolate Bar, 62% Cacao
Extra Dark Chocolate Bar, 82% Cacao

Canned Goods

Amy's

Organic Refried Beans with Green Chiles
Organic Refried Black Beans
Organic Refried Black Beans, Low in Sodium
Organic Traditional Refried Beans
Organic Traditional Refried Beans, Light in Sodium
Organic Vegetarian Baked Beans

Native Forest

Organic Baby Corn
Organic Papaya Chunks

Cereal

Arrowhead Mills

Maple Buckwheat Organic Flakes
Organic Rice & Shine Hot Cereal

Barbara's Bakery

Honey Rice Puffins Cereal

Bob's Red Mill

GlutenFree Rolled Oats

Enjoy Life

Cinnamon Crunch Granola
Very Berry Crunch Granola

Cereal (Cont'd)

EnviroKidz

Amazon Frosted Flakes Organic Cereal
Gorilla Munch Organic Cereal
Koala Crisp Organic Cereal
Leapin' Lemurs Peanut Butter & Chocolate Organic Cereal
Peanut Butter Panda Puffs Organic Cereal

Nature's Path

Organic Crispy Rice Cereal
Organic Fruit Juice Sweetened Corn Flakes
Organic Fruit Juice Sweetened Corn Flakes, 26.4 oz
Organic Honey'd Cornflakes
Organic Mesa Sunrise Cereal
Organic Mesa Sunrise Cereal, 26.4 oz
Organic Whole O's Cereal

Cheese

Applegate Farms

Sliced Emmentaler Swiss Cheese
Sliced Havarti Cheese
Sliced Organic Mild Cheddar Cheese
Sliced Pepperjack Cheese
Sliced Provolone Cheese

Follow Your Heart

Vegan Gourmet Cheddar
Vegan Gourmet Monterey Jack
Vegan Gourmet Mozzarella Cheese

Chips, Pretzels and Snacks

Arico

Cassava Chips, Ginger on Fire
Cassava Chips, Original

Food Should Taste Good

Buffalo Tortilla Chips 6 oz
Cinnamon Tortilla Chips 5.5 oz
Lime Tortilla Chips 5.5 oz
Multigrain Tortilla Chips 12 oz
Potato & Chive Tortilla Chips 5.5 oz
Sweet Potato Tortilla Chips 6 oz
The Works! Tortilla Chips 6 oz
Yellow Corn Tortilla Chips 11 oz

Chips, Pretzels and Snacks (Cont'd)

Food Should Taste Good

Chocolate Tortilla Chips 6 oz
Jalapeno Tortilla Chips 6 oz
Multigrain Tortilla Chips 6 oz
Olive Tortilla Chips 6 oz

Glutino

Pretzel Sticks, Family Bag
Pretzels, Family Bag

Kettle Brand®

Krinkle Cut Potato Chips, Lightly Salted 14 oz
Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 14 oz
Potato Chips, Honey Dijon 5 oz
Potato Chips, Lightly Salted 14 oz
Potato Chips, Lightly Salted 2 oz
Potato Chips, Lightly Salted 5 oz
Potato Chips, New York Cheddar w/ Herbs 2 oz
Potato Chips, New York Cheddar w/ Herbs 5 oz
Potato Chips, Organic Lightly Salted 5 oz
Potato Chips, Sea Salt & Vinegar 5 oz
Potato Chips, Unsalted 5 oz

Kettle Brand®

Baked Potato Chips, Aged White Cheddar 4 oz
Baked Potato Chips, Hickory Honey BBQ 4 oz
Baked Potato Chips, Lightly Salted 4 oz
Baked Potato Chips, Salt & Fresh Ground Pepper 4 oz
Baked Potato Chips, Sea Salt & Vinegar 4 oz
Krinkle Cut Potato Chips, Buffalo Bleu 5 oz
Krinkle Cut Potato Chips, Classic BBQ 14 oz
Potato Chips, Backyard Barbeque 5 oz
Potato Chips, Death Valley Chipotle 5 oz
Potato Chips, Jalapeno 2 oz
Potato Chips, Jalapeno 5 oz
Potato Chips, Lightly Salted 9 oz

Chips, Pretzels and Snacks (Cont'd)

Kettle Brand®

- Potato Chips, Organic Sea Salt & Black Pepper 5 oz
- Potato Chips, Sour Cream, Onion & Chive 5 oz
- Potato Chips, Spicy Thai 5 oz
- Potato Chips, Sweet Onion 2 oz
- Potato Chips, Sweet Onion 5 oz
- Potato Chips, Tuscan Three Cheese 5 oz

Lundberg Farms

- Brown Rice Cakes
- Fiesta Lime Rice Chips
- Honey Nut Rice Cakes
- Organic Brown Rice Cakes
- Organic Sea Salt Rice Chips
- Organic Unsalted Brown Rice Cakes
- Organic Wild Rice Cakes
- Sante Fe BBQ Rice Chips
- Sesame Seaweed Rice Chips
- Unsalted Brown Rice Cakes

Mary's Gone Crackers

- Sticks & Twigs, Curry
- Sticks & Twigs, Sea Salt
- Sticks & Twigs, Tomato Chipotle

Mr. Krispers

- Baked Rice Krisps, Sea Salt & Pepper
- Baked Rice Krisps, Sour Cream & Onion

Condiments

Follow Your Heart

- Vegenaise, Grapeseed Oil
- Vegenaise, High Omega-3 w/ Expeller-Pressed Canola Oil
- Vegenaise, Original

Organicville

- Organic Ketchup
- Organic Original BBQ Sauce

Spectrum

- Canola Mayonnaise 16 oz
- Light Canola Eggless Mayonnaise 16 oz
- Light Canola Eggless Mayonnaise 32 oz
- Light Canola Eggless Mayonnaise, Squeeze Bottle

Condiments (Cont'd)

Spectrum

- Organic Olive Oil Mayonnaise
- Organic Omega-3 Mayonnaise with Flax 16 oz
- Organic Soy Mayonnaise 16 oz
- Organic Soy Mayonnaise, Squeeze Bottle

Cookies and Snack Bars

3 Fellers Bakery

- Oatmeal Raisin Cookie Dough

Arico

- Almond Cranberry Cookies
- Chocolate Chunk Cookies
- Lemon Ginger Cookies

Cherrybrook Kitchen Gluten Free Dreams

- Chocolate Chip Mini Cookies
- Vanilla Graham Mini Cookies

Cupoladua Oven

- Espresso Walnut Cupola Cookies

Enjoy Life

- Caramel Apple Snack Bars
- Cocoa Loco Snack Bars
- Soft Baked Chewy Chocolate Chip Cookies
- Soft Baked Double Chocolate Brownie Cookies
- Soft Baked Gingerbread Spice Cookie
- Soft Baked Happy Apple Cookies
- Soft Baked Lively Lemon Cookies
- Soft Baked Snickerdoodle Cookies
- Very Berry Snack Bars

EnviroKidz

- Cheetah Organic Crispy Rice Bars, Berry
- Koala Organic Crispy Rice Bars, Chocolate
- Lemur Organic Crispy Rice Bars, Peanut Choco Drizzle
- Organic Vanilla Animal Cookies
- Panda Organic Crispy Rice Bars, Peanut Butter
- Penguin Organic Crispy Rice Bars, Fruity Burst

Cookies and Snack Bars (Cont'd)

Glutino

Breakfast Bars, Apple
Breakfast Bars, Blueberry
Chocolate Coated Wafers
Lemon Wafers
Organic Bar, Chocolate-Banana
Organic Bar, Wildberry
Vanilla Wafers

Ian's Natural Foods

Chocolate Chip Cookie Buttons, Wheat Free Gluten Free
Crunchy Cinnamon Cookie Buttons, Wheat Free Gluten Free

Jennie's

Coconut Macaroons

Kinnikinnick

KinniTOOS Chocolate Sandwich Creme Cookies
KinniTOOS Vanilla Sandwich Creme Cookies
Montana's Chocolate Chip Cookies

Mi-Del

Arrowroot Animal Cookies
Chocolate Chip Cookies
Ginger Snaps
Pecan Cookies

Pamela's Products

Almond Anise Biscotti
Butter Shortbread Cookies
Chocolate Walnut Biscotti
Chunky Chocolate Chip Cookies
Lemon Almond Biscotti
Organic Dark Chocolate Chunk Cookies
Organic Espresso Chocolate Chunk Cookies
Organic Spicy Ginger Cookies
Peanut Butter Cookies
Simplebites Chocolate Chip Mini Cookies
Simplebites Ginger Mini Snapz

WFM Gluten Free Bakehouse

Chocolate Chip Cookies
Molasses Ginger Cookies
Peanut Butter Cookies

Crackers

Blue Diamond

Almond Nut-Thins
Cheddar Cheese Nut-Thins
Hazelnut Nut-Thins
Pecan Nut-Thins
Smokehouse Almond Nut-Thins

Edward & Sons

Brown Rice Snaps, Onion Garlic
Brown Rice Snaps, Tamari Seaweed
Brown Rice Snaps, Tamari Sesame
Brown Rice Snaps, Unsalted Sesame
Exotic Rice Toast, Purple Rice & Black Sesame
Exotic Rice Toast, Thai Red Rice & Flaxseed
Organic Brown Rice Snaps, Toasted Onion
Organic Brown Rice Snaps, Unsalted Plain
Organic Brown Rice Snaps, Vegetable

Glutino

Crackers, Cheddar
Crackers, Multigrain
Crackers, Original
Crackers, Vegetable

Mary's Gone Crackers

Crackers, Black Pepper
Crackers, Caraway
Crackers, Herb
Crackers, Onion
Crackers, Original

Dairy

Brown Cow

Apricot-Mango Whole Milk Yogurt, 6 oz
Blueberry Whole Milk Yogurt, 6 oz
Cherry-Vanilla Whole Milk Yogurt, 6 oz
Chocolate Whole Milk Yogurt, 6 oz
Coffee Whole Milk Yogurt, 6 oz
Low Fat Blueberry Yogurt, 6 oz
Low Fat Boysenberry Yogurt, 6 oz
Low Fat Plain Yogurt, 32 oz
Low Fat Vanilla Bean Yogurt, 6 oz
Low Fat Vanilla Yogurt, 32 oz
Maple Whole Milk Yogurt, 6 oz
Non Fat Plain Yogurt, 32 oz

Dairy (Cont'd)

Brown Cow

Non Fat Vanilla Yogurt, 32 oz
Peach Whole Milk Yogurt, 6 oz
Plain Whole Milk Yogurt, 32 oz
Plain Whole Milk Yogurt, 6 oz
Raspberry Whole Milk Yogurt, 6 oz
Strawberry Whole Milk Yogurt, 6 oz
Vanilla Whole Milk Yogurt, 32 oz
Vanilla Whole Milk Yogurt, 6 oz

Earth Balance

Buttery Sticks
Organic Whipped Buttery Spread
Original Buttery Spread
Soy Free Buttery Spread
Soy Garden Buttery Spread

Stonyfield Farm

Fat Free French Vanilla Probiotic Multi-Pack
Fat Free Strawberry Probiotic Multi-Pack
Organic Banana Berry Yogurt Smoothie, 10 oz
Organic Cream Top Chocolate Underground, 6 oz
Organic Cream Top French Vanilla Yogurt, 32 oz
Organic Cream Top French Vanilla, 6 oz
Organic Cream Top Plain Yogurt, 32 oz
Organic Fat Free Black Cherry Yogurt, Fruit on the Bottom, 6 oz
Organic Fat Free Blueberry Yogurt, Fruit on the Bottom, 6 oz
Organic Fat Free Chocolate Underground Yogurt, 6 oz
Organic Fat Free French Vanilla Yogurt, 32 oz
Organic Fat Free French Vanilla Yogurt, 6 oz
Organic Fat Free Key Lime Yogurt, 6 oz
Organic Fat Free Lotsa Lemon Yogurt, 6 oz
Organic Fat Free Peach Yogurt, 6 oz
Organic Fat Free Plain Yogurt, 32 oz
Organic Fat Free Plain Yogurt, 6 oz
Organic Fat Free Strawberry Yogurt, Fruit on the Bottom, 6 oz

Dairy (Cont'd)

Stonyfield Farm

Organic Fat Free Strawberry, 6 oz
Organic Low Fat BaNilla Yogurt, 32 oz
Organic Low Fat Blueberry Yogurt, 32 oz
Organic Low Fat Blueberry Yogurt, 6 oz
Organic Low Fat Cherry Vanilla Yogurt, 6 oz
Organic Low Fat Just Peachy Yogurt, Fruit on the Bottom, 6 oz
Organic Low Fat Plain Yogurt, 32 oz
Organic Low Fat Plain Yogurt, 6 oz
Organic Low Fat Raspberry Yogurt, 6 oz
Organic Low Fat Strawberry Pomegranate Yogurt, 6 oz
Organic Low Fat Strawberry Yogurt, 32 oz
Organic Low Fat Strawberry Yogurt, Fruit on the Bottom, 6 oz
Organic Low Fat Vanilla Yogurt
Organic Low Fat Vanilla, 32 oz
Organic O'Soy Strawberry/Peach Yogurt, 6-pack
Organic Peach Yogurt Smoothie, 10 oz
Organic Raspberry Yogurt Smoothie, 10 oz
Organic Strawberry Yogurt Smoothie, 10 oz
Organic Strawberry Yogurt Smoothies, 4 pack
Organic Vanilla Yogurt Smoothie, 10 oz
Organic Wild Berry Yogurt Smoothie, 10 oz
Organic Wild Berry Yogurt Smoothies, 4 pack
YoBaby Banana/Vanilla Yogurt
YoBaby Blueberry/Apple Yogurt
YoBaby Drinkable Yogurt, Banana
YoBaby Drinkable Yogurt, Peach
YoBaby Peach/Pear Yogurt
YoBaby Simply Plain Yogurt
YoKids Squeezers Cherry/Berry Blitz
YoKids Squeezers Screamin' Strawberry
YoKids Strawberry BaNilla Blast Yogurt
YoKids Strawberry Vanilla Raspberry Yogurt

Dairy Alternatives

365 Everyday Value™

- Organic Ricemilk - Original
- Organic Ricemilk - Unsweetened
- Organic Ricemilk - Vanilla
- Organic Soymilk - Chocolate, 32 oz
- Organic Soymilk - Chocolate, 64 oz
- Organic Soymilk - Original, 32 oz
- Organic Soymilk - Original, 64 oz
- Organic Soymilk - Unsweetened, 32 oz
- Organic Soymilk - Unsweetened, 64 oz
- Organic Soymilk - Vanilla, 32 oz
- Organic Soymilk - Vanilla, 64 oz

Almond Dream

- Almond Drink, Original 64 oz
- Almond Drink, Unsweetened Original 64 oz

Blue Diamond

- Almond Breeze, Chocolate
- Almond Breeze, Chocolate Unsweetened
- Almond Breeze, Original
- Almond Breeze, Original Unsweetened
- Almond Breeze, Vanilla
- Almond Breeze, Vanilla Unsweetened

Eden

- Organic EdenBlend, Rice & Soy Beverage, 32 oz

Follow Your Heart

- Vegan Gourmet Cheddar
- Vegan Gourmet Monterey Jack
- Vegan Gourmet Mozzarella Cheese

Hemp Dream

- Hemp Dream, Original 12/32 oz
- Hemp Dream, Vanilla 12/32 oz

Rice Dream

- Enriched Rice Milk Beverage, Chocolate 32 oz
- Enriched Rice Milk Beverage, Original 8 oz
- Enriched Rice Milk Beverage, Vanilla 32 oz
- Organic Enriched Rice Milk Beverage, Original 32 oz
- Organic Enriched Rice Milk Beverage, Original 64 oz
- Organic Enriched Rice Milk Beverage, Vanilla 64 oz

Dairy Alternatives (Cont'd)

Rice Dream

- Refrigerated Ricemilk, Original 64 oz
- Refrigerated Ricemilk, Vanilla 64 oz
- Rice Milk Beverage, Original 32 oz
- Rice Milk Beverage, Original 8 oz
- Rice Milk Beverage, Vanilla 32 oz
- Rice Milk Beverage, Vanilla 8 oz

So Delicious

- Blueberry Agave Sweetened Soy Yogurt
- Blueberry Cultured Coconut Milk Yogurt
- Original (Plain) Coconut Milk Beverage
- Original (Plain) Coconut Milk Kefir
- Passionate Mango Cultured Coconut Milk Yogurt
- Pina Colada Cultured Coconut Milk Yogurt
- Plain Agave Sweetened Soy Yogurt
- Plain Cultured Coconut Milk Yogurt
- Raspberry Cultured Coconut Milk Yogurt
- Raspberry Dairy Free Yogurt
- Strawberry Banna Cultured Coconut Milk Yogurt
- Strawberry Coconut Milk Kefir
- Strawberry Cultured Coconut Milk Yogurt
- Unsweetened Coconut Milk Beverage
- Vanilla Coconut Milk Beverage
- Vanilla Coconut Milk Kefir

Stonyfield Farm

- Organic O'Soy Blueberry Yogurt, 6 oz
- Organic O'Soy Chocolate Yogurt, 6 oz
- Organic O'Soy Peach Yogurt, 6 oz
- Organic O'Soy Raspberry Yogurt, 6 oz
- Organic O'Soy Vanilla Yogurt, 6 oz
- Organic O'Soy Strawberry Yogurt, 6 oz

WestSoy

- Organic Soy Beverage, Unsweetened Original 64 oz
- Plus Soy Beverage, Plain 32 oz
- Plus Soy Beverage, Plain 64 oz
- Plus Soy Beverage, Vanilla 32 oz
- Plus Soy Beverage, Vanilla 64 oz
- Soy Beverage, Unsweetened Chocolate 32 oz

Deli Style Meats and Cheeses

Applegate Farms

- Organic Sliced Oven Roasted Chicken
- Sliced Honey Ham
- Sliced Honey Maple Turkey
- Sliced Hot Soppressata
- Sliced Organic Genoa Salami
- Sliced Organic Herb Turkey
- Sliced Organic Oven Roasted Turkey
- Sliced Organic Roast Beef
- Sliced Organic Smoked Chicken
- Sliced Organic Smoked Turkey
- Sliced Organic Uncured Ham
- Sliced Oven Roasted Sliced Turkey
- Sliced Slow Cooked Ham
- Sliced Smoked Turkey

Desserts

WFM Gluten Free Bakehouse

- Apple Pie
- Cherry Pie
- Chocolate Cupcakes
- Vanilla Cupcakes

Energy and Nutrition Bars/Drinks

Bumble Bar

- Chai with Almonds
- Chocolate Crisp
- Lushus Lemon
- Original with Almond
- Original with Cashew
- Original with Hazelnut
- Original with Peanut

Entrees and Mixes

365 Everyday Value™

- Gluten Free All Purpose Baking Mix
- Gluten Free Chocolate Brownie Mix
- Gluten Free Chocolate Cake Mix
- Gluten Free Chocolate Chip Cookie Mix
- Gluten Free Muffin Mix
- Gluten Free Pancake & Waffle Mix
- Gluten Free Pizza Crust Mix
- Gluten Free Sandwich Bread Mix
- Gluten Free White Cake Mix

Entrees and Mixes (Cont'd)

Arrowhead Mills

- Gluten Free All Purpose Baking Mix

Bob's Red Mill

- TVP (Textured Vegetable Protein)

Cherrybrook Kitchen

- Chocolate Frosting Mix
- Vanilla Frosting Mix

Edward & Sons

- Chreesy Mashed Potato Mix
- Organic Home Style Mashed Potato Mix
- Organic Roasted Garlic Mashed Potato Mix

Lundberg Farms

- Organic Alfredo Risotto
- Organic Florentine Risotto
- Organic Tuscan Risotto

Namaste

- Brownie Mix
- Spice Cake Mix

Road's End Organics

- Dairy Free Alfredo Style Mac & Chreese
- Dairy Free Cheddar Style Penne & Chreese

Tasty Bite

- Aloo Palak
- Bombay Potatoes
- Channa Masala
- Jaipur Vegetables
- Kerala Vegetables
- Madras Lentils
- Mushroom Takatak
- Peas Paneer
- Punjab Eggplant
- Spinach Dal
- Sprouts Curry & Basmati Rice
- Vegetable Korma

Tasty Bite

- Peas Paneer & Basmati Rice
- Spinach Dal & Basmati Rice

Ethnic Foods

Amy's

- Organic Asian Noodle Stir-Fry
- Organic Black Bean Enchilada Whole Meal
- Organic Black Bean Tamale Verde Whole Meal
- Organic Black Bean Vegetable Enchilada
- Organic Black Bean Vegetable Enchilada, Light in Sodium
- Organic Cheese Enchilada
- Organic Cheese Enchilada Whole Meal
- Organic Cheese Tamale Verde Whole Meal
- Organic Indian Mattar Paneer
- Organic Indian Mattar Tofu
- Organic Indian Palak Paneer
- Organic Indian Paneer Tikka
- Organic Indian Vegetable Korma
- Organic Mexican Casserole Bowl
- Organic Mexican Casserole Bowl, Light in Sodium
- Organic Mexican Tamale Pie
- Organic Mexican Tofu Scramble
- Organic Roasted Vegetable Tamale Whole Meal
- Organic Santa Fe Enchilada Bowl
- Organic Teriyaki Bowl
- Organic Thai Stir-Fry
- Organic Tortilla Casserole & Black Beans Bowl

Annie Chun's

- Maifun Rice Noodles
- Pad Thai Rice Noodles

Edward & Sons

- Brown Rice Snaps, Tamari Seaweed
- Brown Rice Snaps, Tamari Sesame
- Miso-Cup, Organic Traditional with Tofu
- Miso-Cup, Original Golden Vegetable

Food For Life

- Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

Food Merchants

- Organic Polenta, Basil & Garlic
- Organic Polenta, Sundried Tomato & Garlic
- Organic Polenta, Traditional

Ethnic Foods (Cont'd)

Native Forest

- Organic Coconut Milk

Native Forest

- Light Coconut Milk

Organicville

- Organic Island Teriyaki
- Organic Sesame Teriyaki

Tasty Bite

- Aloo Palak
- Bombay Potatoes
- Channa Masala
- Jaipur Vegetables
- Kerala Vegetables
- Madras Lentils
- Mushroom Takatak
- Peas Paneer
- Punjab Eggplant
- Spinach Dal
- Sprouts Curry & Basmati Rice
- Vegetable Korma

Tasty Bite

- Peas Paneer & Basmati Rice
- Spinach Dal & Basmati Rice

World Foods

- Malaysian Sweet Chili Coconut Dipping Sauce
- Thai 'Pad Thai' Noodle Sauce
- Thai Coconut Galangal Stir Fry Sauce
- Thai Galangal Lemon Grass Stir Fry Sauce
- Thai Yellow Curry Ready to Pour Sauce

Frozen Foods

3 Fellers Bakery

- Oatmeal Raisin Cookie Dough

Amy's

- Kids Baked Ziti Meal
- Organic Asian Noodle Stir-Fry
- Organic Baked Ziti Bowl
- Organic Bistro Veggie Burger
- Organic Black Bean Enchilada Whole Meal
- Organic Black Bean Tamale Verde Whole Meal

Frozen Foods (Cont'd)

Amy's

Organic Black Bean Vegetable Enchilada
Organic Black Bean Vegetable Enchilada, Light in Sodium
Organic Brown Rice & Vegetables Bowl
Organic Brown Rice & Vegetables Bowl, Light in Sodium
Organic Brown Rice, Black-Eyed Peas & Veggies Bowl
Organic Cheese Enchilada
Organic Cheese Enchilada Whole Meal
Organic Cheese Tamale Verde Whole Meal
Organic Indian Mattar Paneer
Organic Indian Mattar Tofu
Organic Indian Palak Paneer
Organic Indian Paneer Tikka
Organic Indian Vegetable Korma
Organic Mexican Casserole Bowl
Organic Mexican Casserole Bowl, Light in Sodium
Organic Mexican Tamale Pie
Organic Mexican Tofu Scramble
Organic Rice Crust Cheese Pizza
Organic Rice Crust Spinach Pizza
Organic Rice Mac & Cheese
Organic Roasted Vegetable Tamale Whole Meal
Organic Santa Fe Enchilada Bowl
Organic Shepherd's Pie, Light in Sodium
Organic Single Serve Non-Dairy Rice Crust Cheeze Pizza
Organic Teriyaki Bowl
Organic Thai Stir-Fry
Organic Tofu Scramble
Organic Tortilla Casserole & Black Beans Bowl

Applegate Farms

Maple Breakfast Sausage
Sage Breakfast Sausage

Gluten Free Cafe

Fettuccini Alfredo
Lemon Basil Chicken
Pasta Primavera

Frozen Foods (Cont'd)

Glutino

Pizza, Chicken BBQ
Pizza, Duo Cheese
Pizza, Spinach Feta

Ian's Natural Foods

Alpha Tots
French Toast Sticks, Wheat Free Gluten Free
Ian's Chicken Nuggets, Allergen Free
Ian's Fish Sticks, Allergen Free
Popcorn Turkey Corn Dogs
Soy Cheesy French Bread Pizza, Wheat Free Gluten Free
Wafflewich, Egg & Maple Cheese, Wheat Free Gluten Free
Wafflewich, Egg & Maple Sausage, Wheat Free Gluten Free

It's Soy Delicious

Almond Pecan Non-Dairy Frozen Dessert
Awesome Chocolate Non-Dairy Frozen Dessert
Chocolate Almond Non-Dairy Frozen Dessert
Chocolate Peanut Butter Non-Dairy Frozen Dessert
Green Tea Non-Dairy Frozen Dessert
Raspberry Non-Dairy Frozen Dessert
Vanilla Non-Dairy Frozen Dessert

Kettle Cuisine

Angus Beef Steak Chili with Beans

Kinnikinnick

Cinnamon Sugar Donuts

Nature's Path

Organic Buckwheat Wildberry Waffles
Organic Homestyle Waffles

Organic So Delicious

Chocolate Velvet Non-Dairy Frozen Dessert
Creamy Vanilla Non-Dairy Frozen Dessert
Mocha Fudge Non-Dairy Frozen Dessert
Neopolitan Non-Dairy Frozen Dessert

Purely Decadent

Blueberry Cheesecake Non-Dairy Frozen Dessert
Cherry Nirvana Non-Dairy Frozen Dessert

Frozen Foods (Cont'd)

Purely Decadent

Chocolate Non-Dairy Frozen Coconut Milk Dessert
Chocolate Obsession Non-Dairy Frozen Dessert
Chocolate Peanut Butter Swirl Non-Dairy Frozen Coconut Milk Dessert
Coconut Non-Dairy Frozen Coconut Milk Dessert
Cookie Dough (Gluten Free) Non-Dairy Frozen Dessert
Cookie Dough Non-Dairy Frozen Coconut Milk Dessert
Dulce De Leche Non-Dairy Frozen Dessert
Mint Chip Non-Dairy Frozen Coconut Milk Dessert
Mint Chocolate Chip Non-Dairy Frozen Dessert
Mocha Almond Fudge Non-Dairy Frozen Coconut Milk Dessert
Mocha Almond Fudge Non-Dairy Frozen Dessert
Passionate Mango Non-Dairy Frozen Coconut Milk Dessert
Peanut Butter Zig Zag Non-Dairy Frozen Dessert
Pomegranate Chip Non-Dairy Frozen Dessert
Purely Vanilla Non-Dairy Frozen Dessert
Snickerdoodle Non-Dairy Frozen Dessert
Turtle Trails Non-Dairy Frozen Dessert
Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert

Rice Dream

Rice Dream, Strawberry
Vanilla Frozen Dessert, Pint

So Delicious

Coconut Almond Bar, Made with Coconut Milk
Kidz Assorted Fruit Pops
Orange Passion Fruit Agave Sweetened Fruit Bar
Raspberry Agave Sweetened Fruit Bar
Strawberry Agave Sweetened Fruit Bar
Vanilla Bar, Made with Coconut Milk

Frozen Foods (Cont'd)

Starfish

Crispy Battered Gluten Free Cod
Crispy Battered Gluten Free Haddock

Sweet Nothings

Non-Dairy Fudge Bar
Non-Dairy Fudge Bar, 6-pack

Van's

Wheat Free Blueberry Waffles
Wheat Free Flax Waffles
Wheat Free Homestyle Pancakes
Wheat Free Homestyle Waffles
Wheat Free Mini Homestyle Waffles

Grains and Rice

Ancient Harvest

Inca Red Organic Quinoa 12 oz
Traditional Organic Quinoa 12 oz

Annie Chun's

Rice Express Black Pearl Rice
Rice Express Multi Grain Rice
Rice Express Sprouted Brown Rice
Rice Express Sticky White Rice

Lundberg Farms

Eco-Farmed Black Japonica Field Gourmet Blend
Eco-Farmed California Brown Basmati Rice
Eco-Farmed California White Arborio Rice
Eco-Farmed California White Basmati Rice
Eco-Farmed Countrywild Gourmet Blend Rice
Eco-Farmed Jubilee Gourmet Blend Rice
Eco-Farmed Long Grain Brown Rice
Eco-Farmed Short Grain Brown Rice
Eco-Farmed Wild Blend Gourmet Blend Rice
Organic Alfredo Risotto
Organic California Brown Basmati Rice
Organic California White Basmati Rice
Organic Long Grain Brown Rice
Organic Short Grain Brown Rice
Organic Wild Rice

Jams and Nut Butters

Arrowhead Mills

- Crunchy Peanut Butter, 26 oz
- Organic Creamy Peanut Butter, 16 oz
- Organic Crunchy Peanut Butter, 16 oz

Blue Diamond

- Homestyle Almond Butter, Creamy
- Homestyle Almond Butter, Crunchy
- Homestyle Almond Butter, Honey

Earth Balance

- Creamy Natural Almond Butter
- Crunchy Natural Peanut Butter

Meat Alternatives

Bob's Red Mill

- TVP (Textured Vegetable Protein)

WestSoy

- Extra Firm Tofu, Tidal Wave 14 oz
- Firm Tofu, Water-Pack 14 oz

Meat and Poultry

Applegate Farms

- Big Apple Hot Dogs
- Chicken Apple Breakfast Sausage
- Maple Breakfast Sausage
- Organic Beef Hot Dogs
- Organic Hot Dogs
- Organic Sliced Sunday Bacon
- Organic Turkey Hot Dogs
- Sage Breakfast Sausage

Nutritional Supplements

Bob's Red Mill

- Hemp Protein Powder

Country Life

- Acetyl L-Carnitine 500mg Capsules, 60 ct
- Chromium Picolinate Capsules, 100 ct
- L-Glutamine 1000mg Capsules with B-6, 100 ct
- Melatonin 3mg Tablets, 90 ct
- Target-Mins Calcium-Magnesium Complex Tablets, 180 ct

Nutritional Supplements (Cont'd)

Country Life

- Target-Mins Calcium-Magnesium Complex Tablets, 90 ct
- Target-Mins Calcium-Magnesium-Potassium Tablets, 90 ct
- Target-Mins Magnesium Capsules, 60 ct
- Taurine 500mg Capsules with B-6, 50 ct

Nuts, Seeds and Dried Fruits

Bob's Red Mill

- Hemp Protein Powder
- Organic Brown Flaxseeds
- Organic Golden Flaxseeds

Enjoy Life

- Not Nuts! Mountain Mambo Trail Mix

Pasta

Ancient Harvest

- Quinoa Supergrain Pasta, Elbows 8 oz
- Quinoa Supergrain Pasta, Rotelle 8 oz
- Quinoa Supergrain Pasta, Shells 8 oz

DeBoles Foods

- Multi-Grain Penne
- Multi-Grain Spaghetti
- Rice Angel Hair Pasta
- Rice Penne

Lundberg Farms

- Organic Brown Rice Penne Pasta
- Organic Brown Rice Rotini Pasta
- Organic Brown Rice Spaghetti Pasta

Tinkyada

- Brown Rice Elbow
- Brown Rice Fettucini
- Brown Rice Fusilli
- Brown Rice Penne
- Brown Rice Shells
- Brown Rice Spaghetti
- Brown Rice Spirals
- Organic Brown Rice Spaghetti
- Organic Brown Rice Spirals
- Vegetable Brown Rice Spirals

Pasta Sauce

Amy's

- Organic Family Marinara Pasta Sauce
- Organic Low Sodium Marinara Sauce
- Organic Tomato Basil Pasta Sauce, Light in Sodium

Personal Care

Tom's of Maine

- Bay Lime Sensitive Stick Deodorant
- Calendula Long Lasting Roll-on Deodorant
- Calendula Stick Deodorant
- Cinnamint Antiplaque with Propolis & Myrrh Toothpaste
- Cinnamon Clove Whole Care Toothpaste
- Cucumber-Grapefruit Sensitive Stick Deodorant
- Fennel Anticavity SLS-Free Toothpaste
- Fennel Antiplaque Propolis & Myrrh Toothpaste
- Fragrance-Free Sensitive Stick Deodorant
- Honeysuckle Rose Stick Deodorant
- Lavender Long Lasting Stick Deodorant
- Lemongrass Long Lasting Stick Deodorant
- Orange-Mango Whole Care Gel Toothpaste
- Outrageous Orange-Mango Anticavity Toothpaste
- Peppermint Anti-Plaque Tartar Control Plus Whitening Toothpaste
- Peppermint Anticavity SLS-Free Toothpaste
- Peppermint Anticavity Toothpaste
- Peppermint Baking Soda Mouthwash
- Peppermint Whole Care Gel Toothpaste
- Peppermint Whole Care Toothpaste
- Silly Strawberry Anticavity Toothpaste
- Silly Strawberry Non-Fluoride Toothpaste
- Spearmint Antiplaque SLS-Free Toothpaste
- Spearmint Anti-Plaque Plus Whitening Gel Toothpaste
- Spearmint Anti-Plaque Tartar Control Plus Whitening Toothpaste
- Spearmint Anticavity ADA Mouthwash
- Spearmint Anticavity Toothpaste
- Spearmint Antiplaque with Propolis & Myrrh Toothpaste
- Spearmint Cleansing Mouthwash

Personal Care (Cont'd)

Tom's of Maine

- Spearmint Flat Floss
- Spearmint Whole Care Gel Toothpaste
- Spearmint Whole Care Toothpaste
- Unflavored Round Floss
- Unscented Long Lasting Roll-on Deodorant
- Unscented Long Lasting Stick Deodorant
- Unscented Stick Deodorant
- Wintermint Anticavity Toothpaste
- Wintermint Whole Care Toothpaste
- Woodspice Stick Deodorant

Prepared Foods

Food Merchants

- Organic Polenta, Basil & Garlic
- Organic Polenta, Sundried Tomato & Garlic
- Organic Polenta, Traditional

Sauces, Salsas and Dips

Amy's

- Organic Black Bean & Corn Salsa
- Organic Medium Salsa
- Organic Mild Salsa
- Organic Spicy Chipotle Salsa

Organicville

- Organic Island Teriyaki
- Organic Medium Salsa
- Organic Mild Salsa
- Organic Sesame Teriyaki

World Foods

- Malaysian Sweet Chili Coconut Dipping Sauce
- Thai 'Pad Thai' Noodle Sauce
- Thai Coconut Galangal Stir Fry Sauce
- Thai Galangal Lemon Grass Stir Fry Sauce
- Thai Yellow Curry Ready to Pour Sauce

Seafood

Starfish

- Crispy Battered Gluten Free Cod
- Crispy Battered Gluten Free Haddock

Soups

Amy's

- Organic Black Bean Chili
- Organic Black Bean Vegetable Soup
- Organic Chunky Tomato Bisque
- Organic Chunky Tomato Bisque, Light in Sodium
- Organic Chunky Vegetable Soup
- Organic Cream of Tomato Soup
- Organic Cream of Tomato Soup, Light in Sodium
- Organic Curried Lentil Soup
- Organic Fire Roasted Southwestern Vegetable Soup
- Organic Lentil Soup
- Organic Lentil Soup, Light in Sodium
- Organic Lentil Vegetable Soup
- Organic Lentil Vegetable Soup, Light in Sodium
- Organic Medium Chili
- Organic Medium Chili with Vegetables
- Organic Medium Chili, Light in Sodium
- Organic Southwestern Black Bean Chili
- Organic Spicy Chili
- Organic Spicy Chili, Light in Sodium
- Organic Split Pea Soup
- Organic Split Pea Soup, Light in Sodium
- Organic Summer Corn & Vegetable Soup
- Organic Thai Coconut Soup (Tom Kha Phak)
- Organic Tuscan Bean & Rice Soup

Edward & Sons

- Miso-Cup, Organic Traditional with Tofu
- Miso-Cup, Original Golden Vegetable

Imagine Foods

- Broccoli Soup 32 oz
- Butternut Squash Soup 32 oz
- Corn & Lemongrass Soup 32 oz
- Free Range Chicken Broth 32 oz
- No Chicken Broth 32 oz
- Organic Chicken Broth, Low Sodium 32 oz
- Organic Corn Soup, Low Sodium 32 oz
- Organic Portabello Mushroom Soup 32 oz
- Organic Potato Soup, Low Sodium 32 oz
- Organic Sweet Pea Soup 32 oz
- Organic Tomato Soup 32 oz
- Organic Tomato Soup, Low Sodium 32 oz

Soups (Cont'd)

Imagine Foods

- Organic Vegetable Broth, Low Sodium 32 oz
- Sweet Potato Soup 32 oz
- Tomato Basil Soup 32 oz
- Vegetable Broth 32 oz

Kettle Cuisine

- Angus Beef Steak Chili with Beans

Spices and Seasonings

Edward & Sons

- Bouillon Cubes, Low Sodium Veggie
- Bouillon Cubes, Not-Chick'n

Sweeteners

Lundberg Farms

- Brown Rice Syrup
- Organic Brown Rice Syrup