

# Gluten Free

SPECIAL DIETS SERIES

CELEBRATING  
YOUR  
CHOICES



## Cincinnati Store, Mid-Atlantic Region

Whole Foods Market is excited to bring you "Celebrating Your Choices," a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product. If you have any questions, you may contact us at [WFMSpecialDiets@wholefoods.com](mailto:WFMSpecialDiets@wholefoods.com).

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## Baby & Infant Food

### Stonyfield Farm

YoBaby Banana/Vanilla Yogurt  
YoBaby Blueberry/Apple Yogurt  
YoBaby Drinkable Yogurt, Banana  
YoBaby Drinkable Yogurt, Peach  
YoBaby Peach/Pear Yogurt  
YoBaby Simply Plain Yogurt

## Baked Goods

### Glutino

Cinnamon French Toast

### Kinnikinnick

Cinnamon Sugar Donuts  
Vanilla Glazed Donuts

### WFM Gluten Free Bakehouse

Almond Scones  
Banana Bread  
Blueberry Muffins  
Carrot Cake  
Cheddar Biscuits  
Cherry Almond Streusel Muffins  
Cherry Pie  
Chocolate Chip Cookies  
Chocolate Cupcakes  
Cinnamon Raisin Bread  
Cornbread  
Cranberry Orange Scones  
Cream Biscuits

## Baked Goods (Cont'd)

### WFM Gluten Free Bakehouse

Croutons  
Honey Oat Bread  
Lemon Poppyseed Muffins (4 pack)  
Molasses Ginger Cookies  
Morning Glory Muffins  
Nutmeal Raisin Cookies  
Pie Shells  
Pizza Crust  
Prairie Bread  
Sandwich Bread  
Sundried Tomato & Garlic Bread  
Vanilla Cupcakes

## Baking Needs

### 365 Everyday Value™

Gluten Free Chocolate Chip Cookie Mix

### Arrowhead Mills

Buckwheat Flour  
Gluten Free Pancake & Baking Mix  
Long Grain Brown Rice Flour  
Millet Flour  
Yellow Corn Meal

### Bob's Red Mill

Almond Flour  
Arrowroot Starch Flour  
Baking Soda  
Brown Rice Flour  
Cornstarch  
Flaxseed Meal  
Garbanzo Bean Flour  
Gluten Free All Purpose Baking Flour  
Gluten Free Brownie Mix  
Gluten Free Cornbread Mix  
Gluten Free Homemade Wonderful Bread Mix

## Baking Needs (Cont'd)

### Bob's Red Mill

- Gluten Free Pancake Mix
- Gluten Free Pizza Crust Mix
- GlutenFree Rolled Oats
- Hemp Protein Powder
- Organic Amaranth Flour
- Organic Flaxseed Meal
- Organic Golden Flaxseed Meal
- Organic Golden Flaxseeds
- Potato Starch
- Tapioca Flour
- White Rice Flour
- Xanthan Gum

### Chebe

- All-Purpose Mix
- Focaccia Flatbread Mix
- Pizza Crust Mix

### Cherrybrook Kitchen

- Chocolate Frosting Mix
- Vanilla Frosting
- Vanilla Frosting Mix

### Enjoy Life

- Semi-Sweet Chocolate Chips

### Gluten Free Pantry

- Beth's All Purpose Flour Mix
- Brown Rice Pancake & Waffle Mix
- Favorite Sandwich Bread Mix
- Yankee Cornbread & Muffin Mix

### Let's Do...

- Carnival Sprinkelz
- Chocolatey Sprinkelz
- Confetti Sprinkelz

### Let's Do... Organic

- Organic Cornstarch
- Organic Reduced Fat Shredded Coconut
- Organic Shredded Coconut
- Organic Tapioca Granules
- Organic Tapioca Pearls

### Namaste

- Brownie Mix
- Muffin Mix

## Baking Needs (Cont'd)

### Namaste

- Perfect Flour Blend
- Pizza Crust Mix
- Spice Cake Mix

### Pamela's Products

- Baking & Pancake Mix
- Baking & Pancake Mix, 4 lb
- Chocolate Brownie Mix
- Chocolate Cake Mix
- Chocolate Chunk Cookie Mix
- Gluten-Free Bread Mix

### WFM Gluten Free Bakehouse

- Pie Shells

## Beverages

### 365 Every Day Value™

- Black Cherry Soda
- Cherry Vanilla Creme Soda
- Cola
- Ginger Ale
- Key Lime Soda
- Orange Creme Soda
- Raspberry Soda
- Root Beer Soda

### Bard's Beer

- Bard's Gold, 6-Pack

### Celestial Seasonings

- Acai Mango Zinger Tea, 20 Ct
- Bengal Spice Tea, 20 Ct
- Black Cherry Berry Tea
- Chamomile Tea, 20 Ct
- Cinnamon Apple Spice Tea, 20 Ct
- Country Peach Passion
- Decaf Green Tea, 25 Ct
- Decaf Mint Green Tea, 20 Ct
- Honey Vanilla Chamomile Tea, 20 Ct
- Lemon Zinger Tea, 20 Ct
- Mandarin Orange Spice Tea, 20 Ct
- Mint Magic Tea, 20 Ct
- Peppermint Tea, 20 Ct
- Raspberry Zinger Tea, 20 Ct
- Red Zinger Tea, 20 Ct

## Beverages (Cont'd)

### Celestial Seasonings

Sleepytime Extra Tea, 20 Ct  
Sleepytime Tea, 20 Ct  
Tangerine Orange Zinger Tea, 20 Ct  
Tension Tamer Tea, 20 Ct

### Eden

Organic EdenBlend, Rice & Soy Beverage, 32 oz

### Rice Dream

Horchata

### So Delicious

Original (Plain) Coconut Milk Beverage  
Unsweetened Coconut Milk Beverage  
Vanilla Coconut Milk Beverage

## Bread

### Food For Life

Brown Rice Bread, Wheat & Gluten Free  
Millet Bread, Wheat & Gluten Free  
Rice Almond Bread, Wheat & Gluten Free  
White Rice Bread, Wheat & Gluten Free  
Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

### Glutino

Bagels, Plain  
Bagels, Poppy Seed  
Premium Cinnamon & Raisin Bread  
Premium Corn Bread  
Premium Flax Seed Bread

### Kinnikinnick

Italian White Tapioca Rice Bread  
Robins Honey Brown Rice Bread  
Tapioca Rice Hot Dog Buns  
Tapioca Rice Sesame Bagels

### WFM Gluten Free Bakehouse

Cheddar Biscuits  
Cinnamon Raisin Bread  
Cornbread  
Cream Biscuits  
Honey Oat Bread  
Prairie Bread

## Bread (Cont'd)

### WFM Gluten Free Bakehouse

Sandwich Bread  
Sundried Tomato & Garlic Bread

## Candy and Chocolate

### Endangered Species Chocolate

Bite Size Dark Chocolate with Cranberries & Almonds  
Bite Size Dark Chocolate with Deep Forest Mint  
Bite Size Extreme Dark Chocolate  
Bite Size Supreme Dark Chocolate  
Dark Chocolate with Blueberries - Sea Turtle  
Dark Chocolate with Cranberries & Almonds - Wolf  
Dark Chocolate with Deep Forest Mint  
Dark Chocolate with Espresso Beans - Tiger  
Dark Chocolate with Hazelnut Toffee - Rhino  
Dark Chocolate with Raspberries - Grizzly Bear  
Extreme Dark Chocolate - Panther  
Intense Dark Chocolate with Cacao Nibs - Bat  
Milk Chocolate with Cherries - Dolphin  
Smooth Milk Chocolate - Sea Otter  
Smooth Organic Dark Chocolate - Butterfly  
Supreme Dark Chocolate - Chimpanzee

### Enjoy Life

Boom Choco Boom Dairy-Free Rice Milk Chocolate Bar  
Boom Choco Boom Dairy-Free Rice Milk w/ Crispy Rice Chocolate Bar  
Boom Choco Boom Dark Chocolate Bar

### Glee Gum

Glee Bubblegum Flavor Gum  
Glee Cinnamon Gum  
Glee Peppermint Gum  
Glee Spearmint Gum  
Glee Tangerine Gum  
Glee Triple Berry Gum

## Candy and Chocolate (Cont'd)

### Let's Do...

- Carnival Sprinkelz
- Chocolatey Sprinkelz
- Confetti Sprinkelz

### Scharffen Berger

- Bittersweet Chocolate Bar, 70% Cacao
- Extra Dark Chocolate Bar, 82% Cacao

## Canned Goods

### Amy's

- Organic Refried Beans with Green Chiles
- Organic Refried Black Beans, Low in Sodium
- Organic Traditional Refried Beans
- Organic Traditional Refried Beans, Light in Sodium
- Organic Vegetarian Baked Beans

### Native Forest

- Organic Baby Corn
- Organic Hearts of Palm

## Cereal

### Ancient Harvest

- Organic Quinoa Flakes 12 oz

### Arrowhead Mills

- Maple Buckwheat Organic Flakes
- Organic Rice & Shine Hot Cereal

### Barbara's Bakery

- Honey Rice Puffins Cereal

### Bob's Red Mill

- Gluten Free Mighty Tasty Hot Cereal
- GlutenFree Rolled Oats

### Enjoy Life

- Cinnamon Crunch Granola
- Very Berry Crunch Granola

### EnviroKidz

- Amazon Frosted Flakes Organic Cereal
- Gorilla Munch Organic Cereal
- Koala Crisp Organic Cereal
- Leapin' Lemurs Peanut Butter & Chocolate Organic Cereal

## Cereal (Cont'd)

### EnviroKidz

- Peanut Butter Panda Puffs Organic Cereal

### Nature's Path

- Organic Crispy Rice Cereal
- Organic Fruit Juice Sweetened Corn Flakes
- Organic Fruit Juice Sweetened Corn Flakes, 26.4 oz
- Organic Honey'd Cornflakes
- Organic Mesa Sunrise Cereal
- Organic Mesa Sunrise Cereal, 26.4 oz
- Organic Whole O's Cereal

## Cheese

### Applegate Farms

- Sliced Emmentaler Swiss Cheese
- Sliced Havarti Cheese
- Sliced Organic Monterey Jack Cheese
- Sliced Organic Muenster Cheese
- Sliced Pepperjack Cheese

### Follow Your Heart

- Vegan Gourmet Cheddar
- Vegan Gourmet Monterey Jack
- Vegan Gourmet Mozzarella Cheese

## Chips, Pretzels and Snacks

### Arico

- Cassava Chips, Original
- Cassava Chips, Sea Salt Mist

### Food Should Taste Good

- Buffalo Tortilla Chips 6 oz
- Cinnamon Tortilla Chips 5.5 oz
- Lime Tortilla Chips 5.5 oz
- Multigrain Tortilla Chips 12 oz
- Potato & Chive Tortilla Chips 5.5 oz
- Sweet Potato Tortilla Chips 6 oz
- The Works! Tortilla Chips 6 oz

### Food Should Taste Good

- Chocolate Tortilla Chips 6 oz
- Jalapeno Tortilla Chips 6 oz
- Multigrain Tortilla Chips 6 oz
- Olive Tortilla Chips 6 oz

## **Chips, Pretzels and Snacks (Cont'd)**

### **Glutino**

Pretzel Sticks, Family Bag

Pretzels, Family Bag

### **Kettle Brand®**

Krinkle Cut Potato Chips, Lightly Salted 14 oz

Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 14 oz

Potato Chips, Honey Dijon 5 oz

Potato Chips, Lightly Salted 5 oz

Potato Chips, New York Cheddar w/ Herbs 5 oz

Potato Chips, Organic Lightly Salted 5 oz

Potato Chips, Sea Salt & Vinegar 5 oz

Potato Chips, Unsalted 5 oz

### **Kettle Brand®**

Baked Potato Chips, Aged White Cheddar 4 oz

Baked Potato Chips, Hickory Honey BBQ 4 oz

Baked Potato Chips, Lightly Salted 4 oz

Baked Potato Chips, Salt & Fresh Ground Pepper 4 oz

Baked Potato Chips, Sea Salt & Vinegar 4 oz

Krinkle Cut Potato Chips, Buffalo Bleu 5 oz

Potato Chips, Backyard Barbeque 5 oz

Potato Chips, Death Valley Chipotle 5 oz

Potato Chips, Jalapeno 5 oz

Potato Chips, Lightly Salted 9 oz

Potato Chips, Organic Sea Salt & Black Pepper 5 oz

Potato Chips, Sea Salt & Vinegar 9 oz

Potato Chips, Sour Cream, Onion & Chive 5 oz

Potato Chips, Spicy Thai 5 oz

Potato Chips, Sweet Onion 5 oz

Potato Chips, Tuscan Three Cheese 5 oz

### **Lundberg Farms**

Brown Rice Cakes

Buttery Caramel Rice Cakes

Fiesta Lime Rice Chips

Honey Nut Rice Cakes

## **Chips, Pretzels and Snacks (Cont'd)**

### **Lundberg Farms**

Organic Brown Rice Cakes

Organic Koku Seaweed Rice Cakes

Organic Sea Salt Rice Chips

Organic Unsalted Brown Rice Cakes

Organic Wild Rice Cakes

Sante Fe BBQ Rice Chips

Sesame Seaweed Rice Chips

### **Mary's Gone Crackers**

Sticks & Twigs, Curry

Sticks & Twigs, Sea Salt

Sticks & Twigs, Tomato Chipotle

### **Mr. Krispers**

Baked Rice Krisps, Sea Salt & Pepper

Baked Rice Krisps, Sour Cream & Onion

## **Condiments**

### **Follow Your Heart**

Vegenaise, Grapeseed Oil

Vegenaise, High Omega-3 w/ Expeller-Pressed Canola Oil

Vegenaise, Original

### **Organicville**

Organic Dressing, French

Organic Dressing, Non Dairy Ranch

Organic Dressing, Olive Oil & Balsamic Vinaigrette

Organic Dressing, Pomegranate Vinaigrette

Organic Dressing, Sundried Tomato & Garlic Vinaigrette

Organic Ketchup

Organic Original BBQ Sauce

### **Spectrum**

Canola Mayonnaise 16 oz

Light Canola Eggless Mayonnaise 16 oz

Light Canola Eggless Mayonnaise 32 oz

Light Canola Eggless Mayonnaise, Squeeze Bottle

Organic Olive Oil Mayonnaise

Organic Omega-3 Mayonnaise with Flax 16 oz

Organic Soy Mayonnaise 16 oz

Organic Soy Mayonnaise, Squeeze Bottle

## Condiments (Cont'd)

### World Foods

Thai Coconut & Lime Salad Dressing

## Cookies and Snack Bars

### Arico

Almond Cranberry Cookies

Chocolate Chunk Cookies

### Cherrybrook Kitchen Gluten Free Dreams

Chocolate Chip Mini Cookies

Vanilla Graham Mini Cookies

### Enjoy Life

Caramel Apple Snack Bars

Cocoa Loco Snack Bars

Soft Baked Chewy Chocolate Chip Cookies

Soft Baked Double Chocolate Brownie Cookies

Soft Baked Gingerbread Spice Cookie

Soft Baked Lively Lemon Cookies

Soft Baked No-Oats "Oatmeal" Cookie

Soft Baked Snickerdoodle Cookies

Very Berry Snack Bars

### EnviroKidz

Cheetah Organic Crispy Rice Bars, Berry

Koala Organic Crispy Rice Bars, Chocolate

Lemur Organic Crispy Rice Bars, Peanut Choco Drizzle

Organic Vanilla Animal Cookies

Panda Organic Crispy Rice Bars, Peanut Butter

Penguin Organic Crispy Rice Bars, Fruity Burst

### Glutino

Breakfast Bars, Apple

Breakfast Bars, Blueberry

Chocolate Coated Wafers

Lemon Wafers

Organic Bar, Chocolate-Banana

Vanilla Wafers

### Ian's Natural Foods

Chocolate Chip Cookie Buttons, Wheat Free Gluten Free

## Cookies and Snack Bars (Cont'd)

### Ian's Natural Foods

Crunchy Cinnamon Cookie Buttons, Wheat Free Gluten Free

### Jennie's

Coconut Macarons

### Kinnikinnick

KinniTOOS Chocolate Sandwich Creme Cookies

KinniTOOS Vanilla Sandwich Creme Cookies

Montana's Chocolate Chip Cookies

### Mi-Del

Chocolate Chip Cookies

Ginger Snaps

Pecan Cookies

### Pamela's Products

Butter Shortbread Cookies

Chunky Chocolate Chip Cookies

Ginger Cookies with Sliced Almonds

Organic Espresso Chocolate Chunk Cookies

Organic Spicy Ginger Cookies

Simplebites Chocolate Chip Mini Cookies

Simplebites Ginger Mini Snapz

### WFM Gluten Free Bakehouse

Chocolate Chip Cookies

Molasses Ginger Cookies

Nutmeal Raisin Cookies

## Crackers

### Blue Diamond

Almond Nut-Thins

Cheddar Cheese Nut-Thins

Hazelnut Nut-Thins

Pecan Nut-Thins

### Edward & Sons

Brown Rice Snaps, Onion Garlic

Brown Rice Snaps, Tamari Sesame

Brown Rice Snaps, Unsalted Sesame

Organic Brown Rice Snaps, Toasted Onion

Organic Brown Rice Snaps, Unsalted Plain

Organic Brown Rice Snaps, Vegetable

## Crackers (Cont'd)

### Glutino

Crackers, Cheddar  
Crackers, Multigrain  
Crackers, Original

### Mary's Gone Crackers

Crackers, Caraway  
Crackers, Herb  
Crackers, Original

## Dairy

### Brown Cow

Apricot-Mango Whole Milk Yogurt, 6 oz  
Blueberry Whole Milk Yogurt, 6 oz  
Cherry-Vanilla Whole Milk Yogurt, 6 oz  
Chocolate Whole Milk Yogurt, 6 oz  
Low Fat Blueberry Yogurt, 6 oz  
Low Fat Plain Yogurt, 32 oz  
Low Fat Vanilla Bean Yogurt, 6 oz  
Low Fat Vanilla Yogurt, 32 oz  
Maple Whole Milk Yogurt, 32 oz  
Non Fat Plain Yogurt, 32 oz  
Non Fat Vanilla Yogurt, 32 oz  
Peach Whole Milk Yogurt, 6 oz  
Plain Whole Milk Yogurt, 32 oz  
Plain Whole Milk Yogurt, 6 oz  
Raspberry Whole Milk Yogurt, 6 oz  
Strawberry Whole Milk Yogurt, 6 oz  
Vanilla Whole Milk Yogurt, 32 oz  
Vanilla Whole Milk Yogurt, 6 oz

### Earth Balance

Buttery Sticks  
Organic Whipped Buttery Spread  
Original Buttery Spread  
Soy Free Buttery Spread  
Soy Garden Buttery Spread

### Stonyfield Farm

Fat Free French Vanilla Probiotic Multi-Pack  
Organic Banana Berry Yogurt Smoothie, 10 oz  
Organic Cream Top Chocolate Underground, 6 oz

## Dairy (Cont'd)

### Stonyfield Farm

Organic Cream Top French Vanilla Yogurt, 32 oz  
Organic Cream Top French Vanilla, 6 oz  
Organic Cream Top Plain Yogurt, 32 oz  
Organic Cream Top Strawberries & Cream Yogurt, 6 oz  
Organic Fat Free Black Cherry Yogurt, Fruit on the Bottom, 6 oz  
Organic Fat Free Blueberry Yogurt, Fruit on the Bottom, 6 oz  
Organic Fat Free Chocolate Underground Yogurt, 6 oz  
Organic Fat Free French Vanilla Yogurt, 32 oz  
Organic Fat Free French Vanilla Yogurt, 6 oz  
Organic Fat Free Key Lime Yogurt, 6 oz  
Organic Fat Free Lotsa Lemon Yogurt, 6 oz  
Organic Fat Free Peach Yogurt, 6 oz  
Organic Fat Free Plain Yogurt, 32 oz  
Organic Fat Free Plain Yogurt, 6 oz  
Organic Fat Free Strawberry Yogurt, Fruit on the Bottom, 6 oz  
Organic Low Fat BaNilla Yogurt, 32 oz  
Organic Low Fat Blueberry Yogurt, 32 oz  
Organic Low Fat Blueberry Yogurt, 6 oz  
Organic Low Fat Cherry Vanilla Yogurt, 6 oz  
Organic Low Fat Just Peachy Yogurt, Fruit on the Bottom, 6 oz  
Organic Low Fat Plain Yogurt, 32 oz  
Organic Low Fat Plain Yogurt, 6 oz  
Organic Low Fat Raspberry Yogurt, 6 oz  
Organic Low Fat Strawberry Pomegranate Yogurt, 6 oz  
Organic Low Fat Strawberry Yogurt, Fruit on the Bottom, 6 oz  
Organic Low Fat Vanilla Yogurt  
Organic Low Fat Vanilla, 32 oz  
Organic O'Soy Strawberry/Peach Yogurt, 6-pack  
Organic Peach Yogurt Smoothie, 10 oz  
Organic Raspberry Yogurt Smoothie, 10 oz  
Organic Strawberry Yogurt Smoothie, 10 oz

## Dairy (Cont'd)

### Stonyfield Farm

- Organic Strawberry Yogurt Smoothies, 4 pack
- Organic Vanilla Yogurt Smoothie, 10 oz
- Organic Wild Berry Yogurt Smoothie, 10 oz
- YoBaby Banana/Vanilla Yogurt
- YoBaby Blueberry/Apple Yogurt
- YoBaby Drinkable Yogurt, Banana
- YoBaby Drinkable Yogurt, Peach
- YoBaby Peach/Pear Yogurt
- YoBaby Simply Plain Yogurt
- YoKids Squeezers Cherry/Berry Blitz
- YoKids Squeezers Screamin' Strawberry
- YoKids Strawberry BaNilla Blast Yogurt
- YoKids Strawberry Vanilla Raspberry Yogurt

## Dairy Alternatives

### 365 Everyday Value™

- Organic Ricemilk - Original
- Organic Ricemilk - Unsweetened
- Organic Ricemilk - Vanilla
- Organic Soymilk - Chocolate, 32 oz
- Organic Soymilk - Chocolate, 64 oz
- Organic Soymilk - Original, 32 oz
- Organic Soymilk - Original, 64 oz
- Organic Soymilk - Unsweetened, 32 oz
- Organic Soymilk - Unsweetened, 64 oz
- Organic Soymilk - Vanilla, 32 oz
- Organic Soymilk - Vanilla, 64 oz

### Almond Dream

- Almond Drink, Original 64 oz

### Blue Diamond

- Almond Breeze, Chocolate
- Almond Breeze, Chocolate Unsweetened
- Almond Breeze, Original
- Almond Breeze, Original Unsweetened
- Almond Breeze, Vanilla
- Almond Breeze, Vanilla Unsweetened

### Eden

- Organic EdenBlend, Rice & Soy Beverage, 32 oz

## Dairy Alternatives (Cont'd)

### Follow Your Heart

- Vegan Gourmet Cheddar
- Vegan Gourmet Monterey Jack
- Vegan Gourmet Mozzarella Cheese

### Hemp Dream

- Hemp Dream, Vanilla 12/32 oz

### Rice Dream

- Enriched Rice Milk Beverage, Chocolate 32 oz
- Enriched Rice Milk Beverage, Original 8 oz
- Enriched Rice Milk Beverage, Vanilla 32 oz
- Heartwise Rice Milk Beverage, Original 32 oz
- Organic Enriched Rice Milk Beverage, Original 32 oz
- Organic Enriched Rice Milk Beverage, Original 64 oz
- Organic Enriched Rice Milk Beverage, Vanilla 64 oz
- Refrigerated Ricemilk, Original 64 oz
- Refrigerated Ricemilk, Vanilla 64 oz
- Rice Milk Beverage, Carob 32 oz
- Rice Milk Beverage, Original 32 oz
- Rice Milk Beverage, Vanilla 32 oz

### So Delicious

- Blueberry Agave Sweetened Soy Yogurt
- Blueberry Cultured Coconut Milk Yogurt
- Chocolate Cultured Coconut Milk Yogurt
- French Vanilla Coconut Milk Creamer
- Hazelnut Coconut Milk Creamer
- Original (Plain) Coconut Milk Beverage
- Original (Plain) Coconut Milk Creamer
- Original (Plain) Coconut Milk Kefir
- Passionate Mango Cultured Coconut Milk Yogurt
- Pina Colada Cultured Coconut Milk Yogurt
- Plain Cultured Coconut Milk Yogurt
- Raspberry Cultured Coconut Milk Yogurt
- Strawberry Banna Cultured Coconut Milk Yogurt
- Strawberry Coconut Milk Kefir
- Unsweetened Coconut Milk Beverage
- Vanilla Agave Sweetened Soy Yogurt

## Dairy Alternatives (Cont'd)

### So Delicious

- Vanilla Coconut Milk Beverage
- Vanilla Coconut Milk Kefir
- Vanilla Cultured Coconut Milk Yogurt

### Stonyfield Farm

- Organic O'Soy Blueberry Yogurt, 6 oz
- Organic O'Soy Chocolate Yogurt, 6 oz
- Organic O'Soy Peach Yogurt, 6 oz
- Organic O'Soy Raspberry Yogurt, 6 oz
- Organic O'Soy Vanilla Yogurt, 6 oz
- Organic O'Soy Strawberry Yogurt, 6 oz

### WestSoy

- Organic Soy Beverage, Unsweetened Original 64 oz
- Plus Soy Beverage, Plain 32 oz
- Plus Soy Beverage, Plain 64 oz
- Plus Soy Beverage, Vanilla 32 oz
- Plus Soy Beverage, Vanilla 64 oz

## Deli Style Meats and Cheeses

### Applegate Farms

- Organic Sliced Oven Roasted Chicken
- Sliced Honey Ham
- Sliced Honey Maple Turkey
- Sliced Hot Soppressata
- Sliced Organic Herb Turkey
- Sliced Organic Roast Beef
- Sliced Organic Smoked Chicken
- Sliced Organic Smoked Turkey
- Sliced Oven Roasted Sliced Turkey
- Sliced Slow Cooked Ham
- Sliced Smoked Turkey
- Sliced Turkey Bologna
- Sliced Turkey Salami

## Desserts

### French Meadow Bakery

- Gluten Free Fudge Brownie

### WFM Gluten Free Bakehouse

- Carrot Cake
- Cherry Pie
- Chocolate Cupcakes

## Desserts (Cont'd)

### WFM Gluten Free Bakehouse

- Vanilla Cupcakes

## Energy and Nutrition Bars/Drinks

### Attune Probiotic Bars

- Mint Chocolate Bars - individual

### Bumble Bar

- Chai with Almonds

### Prana Bar

- Organic Coconut Acai

## Entrees and Mixes

### 365 Everyday Value™

- Gluten Free Chocolate Chip Cookie Mix

### Bob's Red Mill

- TVP (Textured Vegetable Protein)

### Chebe

- Focaccia Flatbread Mix
- Pizza Crust Mix

### Cherrybrook Kitchen

- Chocolate Frosting Mix
- Vanilla Frosting Mix

### Edward & Sons

- Organic Home Style Mashed Potato Mix

### Glutino

- Macaroni & Cheese

### Lundberg Farms

- Organic Alfredo Risotto
- Organic Florentine Risotto
- Organic Tuscan Risotto

### Namaste

- Brownie Mix
- Muffin Mix
- Pizza Crust Mix
- Spice Cake Mix

### Road's End Organics

- Dairy Free Cheddar Style Penne & Chreese

## Entrees and Mixes (Cont'd)

### Tasty Bite

- Aloo Palak
- Bombay Potatoes
- Channa Masala
- Jaipur Vegetables
- Jodhpur Lentils
- Kashmir Spinach
- Kerala Vegetables
- Madras Lentils
- Malaysian Lodeh
- Massaman Vegetables
- Mushroom Takatak
- Paneer Makhani
- Punjab Eggplant
- Spinach Dal
- Vegetable Korma

### Tasty Bite

- Spinach Dal & Basmati Rice

## Ethnic Foods

### Amy's

- Organic Asian Noodle Stir-Fry
- Organic Black Bean Tamale Verde Whole Meal
- Organic Black Bean Vegetable Enchilada
- Organic Black Bean Vegetable Enchilada, Light in Sodium
- Organic Cheese Enchilada
- Organic Cheese Tamale Verde Whole Meal
- Organic Indian Mattar Paneer
- Organic Indian Mattar Paneer, Light in Sodium
- Organic Indian Mattar Tofu
- Organic Indian Paneer Tikka
- Organic Indian Vegetable Korma
- Organic Mexican Casserole Bowl
- Organic Mexican Casserole Bowl, Light in Sodium
- Organic Mexican Tamale Pie
- Organic Mexican Tofu Scramble
- Organic Roasted Vegetable Tamale Whole Meal
- Organic Santa Fe Enchilada Bowl
- Organic Teriyaki Bowl

## Ethnic Foods (Cont'd)

### Amy's

- Organic Thai Stir-Fry
- Organic Tortilla Casserole & Black Beans Bowl

### Annie Chun's

- Maifun Rice Noodles
- Pad Thai Rice Noodles

### Edward & Sons

- Brown Rice Snaps, Tamari Sesame
- Miso-Cup, Original Golden Vegetable

### Food For Life

- Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

### Food Merchants

- Organic Polenta, Basil & Garlic
- Organic Polenta, Sundried Tomato & Garlic
- Organic Polenta, Traditional

### Native Forest

- Organic Coconut Milk

### Native Forest

- Light Coconut Milk

### Tasty Bite

- Aloo Palak
- Bombay Potatoes
- Channa Masala
- Good Korma Simmer Sauce
- Jaipur Vegetables
- Jodhpur Lentils
- Kashmir Spinach
- Kerala Vegetables
- Madras Lentils
- Malaysian Lodeh
- Massaman Vegetables
- Mushroom Takatak
- Paneer Makhani
- Punjab Eggplant
- Spinach Dal
- Tikka Masala Simmer Sauce
- Vegetable Korma

## Ethnic Foods (Cont'd)

### Tasty Bite

Spinach Dal & Basmati Rice

### World Foods

Malaysian Sweet Chili Coconut Dipping Sauce

Thai Coconut & Lime Salad Dressing

Thai Galangal Lemon Grass Stir Fry Sauce

Thai Yellow Curry Ready to Pour Sauce

## Frozen Foods

### Amy's

Kids Baked Ziti Meal

Organic Asian Noodle Stir-Fry

Organic Baked Ziti Bowl

Organic Bistro Veggie Burger

Organic Black Bean Tamale Verde Whole Meal

Organic Black Bean Vegetable Enchilada

Organic Black Bean Vegetable Enchilada, Light in Sodium

Organic Brown Rice & Vegetables Bowl

Organic Brown Rice & Vegetables Bowl, Light in Sodium

Organic Brown Rice, Black-Eyed Peas & Veggies Bowl

Organic Cheese Enchilada

Organic Cheese Tamale Verde Whole Meal

Organic Garden Vegetable Lasagna

Organic Indian Mattar Paneer

Organic Indian Mattar Paneer, Light in Sodium

Organic Indian Mattar Tofu

Organic Indian Paneer Tikka

Organic Indian Vegetable Korma

Organic Mexican Casserole Bowl

Organic Mexican Casserole Bowl, Light in Sodium

Organic Mexican Tamale Pie

Organic Mexican Tofu Scramble

Organic Rice Mac & Cheese

Organic Roasted Vegetable Tamale Whole Meal

Organic Santa Fe Enchilada Bowl

Organic Shepherd's Pie, Light in Sodium

## Frozen Foods (Cont'd)

### Amy's

Organic Single Serve Non-Dairy Rice Crust Cheeze Pizza

Organic Teriyaki Bowl

Organic Thai Stir-Fry

Organic Tofu Scramble

Organic Tortilla Casserole & Black Beans Bowl

### Applegate Farms

Organic Turkey Burgers

### Caesar's

Stuffed Shells, Gluten-Free Wheat-Free

Vegetable Lasagna, Gluten-Free Wheat-Free

### French Meadow Bakery

Gluten Free Chocolate Chip Cookie Dough

Gluten Free Fudge Brownie

### Gluten Free Cafe

Fettuccini Alfredo

Lemon Basil Chicken

Pasta Primavera

### Glutino

Chicken Alfredo

Chicken Pomodoro

Pizza, 3 Cheese with Brown Rice Crust

Pizza, Chicken BBQ

Pizza, Duo Cheese

Pizza, Spinach Feta

Pizza, Spinach Soy Cheese with Brown Rice Crust

### Ian's Natural Foods

Alpha Tots

French Toast Sticks, Wheat Free Gluten Free

Ian's Chicken Nuggets, Allergen Free

Ian's Fish Sticks, Allergen Free

Soy Cheesy French Bread Pizza, Wheat Free Gluten Free

Wafflewich, Egg & Maple Cheese, Wheat Free Gluten Free

Wafflewich, Egg & Maple Sausage, Wheat Free Gluten Free

## Frozen Foods (Cont'd)

### It's Soy Delicious

- Chocolate Almond Non-Dairy Frozen Dessert
- Chocolate Peanut Butter Non-Dairy Frozen Dessert
- Raspberry Non-Dairy Frozen Dessert
- Vanilla Non-Dairy Frozen Dessert

### Julie's Organic Ice Cream

- Glutenfreeda's Organic Gluten Free Vanilla Ice Cream Sandwich

### Kettle Cuisine

- Chicken Chili with White Beans
- Chicken Soup with Rice Noodles
- New England Clam Chowder

### Kinnikinnick

- Cinnamon Sugar Donuts
- Homestyle Waffles, Original
- Italian White Tapioca Rice Bread
- Robins Honey Brown Rice Bread
- Tapioca Rice Hot Dog Buns
- Tapioca Rice Sesame Bagels
- Vanilla Glazed Donuts

### Nature's Path

- Organic Buckwheat Wildberry Waffles
- Organic Homestyle Waffles

### Organic So Delicious

- Chocolate Velvet Non-Dairy Frozen Dessert
- Creamy Vanilla Non-Dairy Frozen Dessert
- Mocha Fudge Non-Dairy Frozen Dessert
- Neopolitan Non-Dairy Frozen Dessert

### Purely Decadent

- Cherry Nirvana Non-Dairy Frozen Dessert
- Chocolate Non-Dairy Frozen Coconut Milk Dessert
- Chocolate Obsession Non-Dairy Frozen Dessert
- Chocolate Peanut Butter Swirl Non-Dairy Frozen Coconut Milk Dessert
- Cookie Dough (Gluten Free) Non-Dairy Frozen Dessert
- Cookie Dough Non-Dairy Frozen Coconut Milk Dessert

## Frozen Foods (Cont'd)

### Purely Decadent

- Mint Chip Non-Dairy Frozen Coconut Milk Dessert
- Mocha Almond Fudge Non-Dairy Frozen Coconut Milk Dessert
- Mocha Almond Fudge Non-Dairy Frozen Dessert
- Passionate Mango Non-Dairy Frozen Coconut Milk Dessert
- Peanut Butter Zig Zag Non-Dairy Frozen Dessert
- Pomegranate Chip Non-Dairy Frozen Dessert
- Purely Vanilla Non-Dairy Frozen Dessert
- Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert

### Rice Dream

- Rice Dream, Strawberry

### So Delicious

- Coconut Almond Bar, Made with Coconut Milk
- Kidz Assorted Fruit Pops
- Orange Passion Fruit Agave Sweetened Fruit Bar
- Raspberry Agave Sweetened Fruit Bar
- Vanilla Bar, Made with Coconut Milk

### Starfish

- Crispy Battered Gluten Free Cod
- Crispy Battered Gluten Free Haddock
- Crispy Battered Gluten Free Halibut

### Sweet Nothings

- Non-Dairy Fudge Bar

### The Crab Ladies

- Original (Maryland Style) Jumbo Lump Crab Cake Appetizers

### Van's

- Wheat Free Blueberry Waffles
- Wheat Free Buckwheat Waffles
- Wheat Free Flax Waffles
- Wheat Free Homestyle Pancakes
- Wheat Free Homestyle Waffles
- Wheat Free Mini Homestyle Waffles

## Grains and Rice

### Ancient Harvest

- Inca Red Organic Quinoa 12 oz
- Traditional Organic Quinoa 12 oz

### Annie Chun's

- Rice Express Sprouted Brown Rice
- Rice Express Sticky White Rice

### Lundberg Farms

- Eco-Farmed Black Japonica Field Gourmet Blend
- Eco-Farmed California Brown Basmati Rice
- Eco-Farmed California White Arborio Rice
- Eco-Farmed Jubilee Gourmet Blend Rice
- Eco-Farmed Long Grain Brown Rice
- Eco-Farmed Short Grain Brown Rice
- Eco-Farmed Wild Blend Gourmet Blend Rice
- Organic Alfredo Risotto
- Organic California Brown Basmati Rice
- Organic California Brown Jasmine Rice, 25 lb
- Organic California White Basmati Rice
- Organic Long Grain Brown Rice
- Organic Short Grain Brown Rice
- Organic Wild Rice

## Hand & Body Washes

### Pangea Organics

- Liquid Soap, Pyrenees Lavender with Cardamom

## Jams and Nut Butters

### Arrowhead Mills

- Creamy Peanut Butter, 16 oz
- Creamy Peanut Butter, 26 oz
- Organic Crunchy Peanut Butter, 16 oz

### Blue Diamond

- Homestyle Almond Butter, Creamy
- Homestyle Almond Butter, Crunchy
- Homestyle Almond Butter, Honey

### Earth Balance

- Creamy Natural Peanut Butter
- Crunchy Natural Peanut Butter

## Meat Alternatives

### Bob's Red Mill

- TVP (Textured Vegetable Protein)

### WestSoy

- Firm Tofu, Water-Pack 14 oz

## Meat and Poultry

### Applegate Farms

- Organic Hot Dogs
- Organic Sliced Sunday Bacon
- Organic Turkey Burgers
- Organic Turkey Hot Dogs

## Nutritional Supplements

### BioChem

- 100% Berries & Whey Protein Powder Packet
- 100% Greens & Whey Protein Powder Chocolate
- 100% Raw Foods & Whey Powder
- 100% Whey Protein Chocolate Fudge
- 100% Whey Protein Natural Flavor
- 100% Whey Protein Vanilla 13.9oz
- Ultimate Fat Metabolizer 60ct

### Bob's Red Mill

- Hemp Protein Powder

### Country Life

- Biotin 1000mcg 100ct
- Bromelain 500mg 30ct
- Cal-Snack Milk-Free Chewables, 120 ct
- Calcium Citrate with D Tablets, 120 ct
- Chewable Multivitamin 60ct
- Chromium Picolinate Capsules, 50 ct
- Citrus Bioflavonoids Complete 1000mg 100ct Tablet
- Citrus Bioflavonoids w/Rutin 60ct
- Dolphin Pals for Kids Liquid 8oz
- Glycemic Factors, 50 ct
- L-Glutamine 1000mg Tablets with B-6, 30 ct
- L-Lysine 1000mg Tablets with B-6, 100 ct
- L-Lysine 500mg Capsules with B-6, 100 ct
- L-Lysine 500mg Capsules with B-6, 50 ct
- L-Tyrosine 500mg Capsules with B-6, 100 ct
- Liquid Multivitamin

## Nutritional Supplements (Cont'd)

### Country Life

Liquid Target-Mins Calcium-Magnesium Complex, 32 oz  
Maxi Baby Liquid Vitamin C 4oz  
Maxi Hair 60ct  
Maxi Hair 90ct  
Maxi Zyme Extra Strength 60ct  
Maxi-Baby Care Liquid 6oz  
Maxi-Sorb CoQ-10 Q-Gel 50 count  
Melatonin 3mg Tablets, 90 ct  
Men's DAily Nutrition 120ct  
Power-dophilus Capsules, 100 ct  
Prenatal Omega Softgel  
Resveratrol Plus 60ct Capsule  
Super Potency Biotin 5mg 60ct  
Tall Tree Children's Chewable 100ct  
Target-Mins Calcium-Magnesium Complex Tablets, 180 ct  
Target-Mins Calcium-Magnesium Complex Tablets, 90 ct  
Target-Mins Calcium-Magnesium-Zinc Tablets, 90 ct  
Target-Mins Total Mins Tablets, 60 ct  
Target-Mins Zinc 50mg Tablets, 90 ct  
Ultimate Daily Nutrition 60ct  
Vanadyl Sulfate 5000mcg Capsules, 90 ct  
Vitamin B-6 50mg 100ct  
Vitamin D3 1000 IU 200ct  
Vitamin E 400IU 60ct Softgels  
Women's Daily Nutrition 120ct  
Women's Daily Nutrition 60ct  
Your Daily Nutrition 30ct

### Country Life

Omega-3 Fish Oils 1000mg 200ct

## Nuts, Seeds and Dried Fruits

### Bob's Red Mill

Hemp Protein Powder  
Hulled Hemp Seeds  
Organic Golden Flaxseeds

### Gerbs Pumpkin Seeds

Whole Roasted Lightly Salted Pumpkin Seeds

## Pasta

### Ancient Harvest

Quinoa Supergrain Pasta, Elbows 8 oz  
Quinoa Supergrain Pasta, Rotelle 8 oz  
Quinoa Supergrain Pasta, Shells 8 oz  
Quinoa Supergrain Pasta, Spaghetti 8 oz

### DeBoles Foods

Corn Spaghetti  
Multi-Grain Penne  
Multi-Grain Spaghetti  
Rice Spirals

### Lundberg Farms

Organic Brown Rice Penne Pasta  
Organic Brown Rice Spaghetti Pasta

### Tinkyada

Brown Rice Elbow  
Brown Rice Fusilli  
Brown Rice Lasagne  
Brown Rice Penne  
Brown Rice Shells  
Brown Rice Spaghetti  
Brown Rice Spirals  
Organic Brown Rice Lasagne  
Organic Brown Rice Spaghetti  
Organic Brown Rice Spirals  
Spinach Brown Rice Spaghetti

## Pasta Sauce

### Amy's

Organic Family Marinara Pasta Sauce  
Organic Low Sodium Marinara Sauce  
Organic Tomato Basil Pasta Sauce, Light in Sodium

## Personal Care

### Pangea Organics

Soap, Canadian Pine with White Sage

### Tom's of Maine

Apricot Long Lasting Stick Deodorant  
Bay Lime Sensitive Stick Deodorant  
Calendula Stick Deodorant  
Cinnamint Antiplaque with Propolis & Myrrh Toothpaste  
Cinnamon Clove Whole Care Toothpaste

## Personal Care (Cont'd)

### Tom's of Maine

- Fennel Anticavity SLS-Free Toothpaste
- Fennel Antiplaque Propolis & Myrrh Toothpaste
- Fragrance-Free Sensitive Stick Deodorant
- Honeysuckle Rose Stick Deodorant
- Lavender Long Lasting Roll-on Deodorant
- Lavender Long Lasting Stick Deodorant
- Lemongrass Long Lasting Stick Deodorant
- Orange-Mango Whole Care Gel Toothpaste
- Peppermint Anti-Plaque Tartar Control Plus Whitening Toothpaste
- Peppermint Anticavity SLS-Free Toothpaste
- Peppermint Anticavity Toothpaste
- Peppermint Baking Soda Mouthwash
- Peppermint Tartar Control Mouthwash
- Peppermint Whole Care Toothpaste
- Silly Strawberry Anticavity Toothpaste
- Silly Strawberry Non-Fluoride Toothpaste
- Spearmint Antiplaque SLS-Free Toothpaste
- Spearmint Anticavity Toothpaste
- Spearmint Antiplaque with Propolis & Myrrh Toothpaste
- Spearmint Cleansing Mouthwash
- Spearmint Flat Floss
- Spearmint Whole Care Gel Toothpaste
- Spearmint Whole Care Toothpaste
- Unflavored Round Floss
- Unscented Long Lasting Roll-on Deodorant
- Unscented Stick Deodorant
- Wintermint Sensitive Toothpaste
- Wintermint Whole Care Toothpaste
- Woodspice Stick Deodorant

## Prepared Foods

### Food Merchants

- Organic Polenta, Basil & Garlic
- Organic Polenta, Sundried Tomato & Garlic
- Organic Polenta, Traditional

## Sauces, Salsas and Dips

### Amy's

- Organic Black Bean & Corn Salsa
- Organic Medium Salsa
- Organic Mild Salsa
- Organic Spicy Chipotle Salsa

### Organicville

- Organic Mild Salsa

### Tasty Bite

- Good Korma Simmer Sauce
- Tikka Masala Simmer Sauce

### World Foods

- Malaysian Sweet Chili Coconut Dipping Sauce
- Thai Galangal Lemon Grass Stir Fry Sauce
- Thai Yellow Curry Ready to Pour Sauce

## Seafood

### Starfish

- Crispy Battered Gluten Free Cod
- Crispy Battered Gluten Free Haddock
- Crispy Battered Gluten Free Halibut

### The Crab Ladies

- Original (Maryland Style) Jumbo Lump Crab Cake Appetizers

## Soups

### Amy's

- Organic Black Bean Vegetable Soup
- Organic Chunky Tomato Bisque
- Organic Chunky Tomato Bisque, Light in Sodium
- Organic Chunky Vegetable Soup
- Organic Cream of Tomato Soup
- Organic Cream of Tomato Soup, Light in Sodium
- Organic Curried Lentil Soup
- Organic Fire Roasted Southwestern Vegetable Soup
- Organic Lentil Soup
- Organic Lentil Soup, Light in Sodium
- Organic Lentil Vegetable Soup
- Organic Lentil Vegetable Soup, Light in Sodium

## **Soups (Cont'd)**

### **Amy's**

- Organic Medium Chili
- Organic Medium Chili with Vegetables
- Organic Medium Chili, Light in Sodium
- Organic Southwestern Black Bean Chili
- Organic Spicy Chili
- Organic Split Pea Soup
- Organic Split Pea Soup, Light in Sodium
- Organic Summer Corn & Vegetable Soup
- Organic Thai Coconut Soup (Tom Kha Phak)
- Organic Tuscan Bean & Rice Soup

### **Edward & Sons**

- Miso-Cup, Original Golden Vegetable

### **Imagine Foods**

- Broccoli Soup 32 oz
- Butternut Squash Soup 16 oz
- Butternut Squash Soup 32 oz
- Corn & Lemongrass Soup 16 oz
- Creamy Tomato Soup 16 oz
- Free Range Chicken Broth 32 oz
- No Chicken Broth 32 oz
- Organic Chicken Broth, Low Sodium 32 oz
- Organic Corn Soup, Low Sodium 32 oz
- Organic Portabello Mushroom Soup 32 oz
- Organic Potato Soup, Low Sodium 32 oz
- Organic Sweet Pea Soup 32 oz
- Organic Tomato Soup 32 oz
- Organic Tomato Soup, Low Sodium 32 oz
- Organic Vegetable Broth, Low Sodium 32 oz
- Portabello Mushroom Soup 16 oz
- Potato Leek Soup 16 oz
- Potato Leek Soup 32 oz
- Tomato Basil Soup 32 oz
- Vegetable Broth 32 oz

### **Kettle Cuisine**

- Chicken Chili with White Beans
- Chicken Soup with Rice Noodles
- New England Clam Chowder

## **Spices and Seasonings**

### **Bob's Red Mill**

- Cornstarch

### **Edward & Sons**

- Bouillon Cubes, Low Sodium Veggie
- Bouillon Cubes, Not-Chick'n

## **Sweeteners**

### **Lundberg Farms**

- Brown Rice Syrup
- Organic Brown Rice Syrup