

# Gluten Free

SPECIAL DIETS SERIES

CELEBRATING  
YOUR  
CHOICES



## Georgetown Store, Mid-Atlantic Region

Whole Foods Market is excited to bring you "Celebrating Your Choices," a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product. If you have any questions, you may contact us at [WFMSpecialDiets@wholefoods.com](mailto:WFMSpecialDiets@wholefoods.com).

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## Baby & Infant Food

### Stonyfield Farm

YoBaby Banana/Vanilla Yogurt  
YoBaby Drinkable Yogurt, Banana  
YoBaby Drinkable Yogurt, Peach  
YoBaby Peach/Pear Yogurt  
YoBaby Simply Plain Yogurt

## Baked Goods

### Kinnikinnick

Blueberry Muffins  
Carrot Muffins  
Cinnamon Sugar Donuts  
Maple Glazed Donuts

### WFM Gluten Free Bakehouse

Almond Scones  
Apple Pie  
Banana Bread  
Blueberry Muffins  
Carrot Cake  
Cherry Almond Streusel Muffins  
Chocolate Chip Cookies  
Chocolate Cupcakes  
Cinnamon Raisin Bread  
Cranberry Orange Scones  
Morning Glory Muffins  
Peach Pie  
Pie Shells  
Pizza Crust  
Prairie Bread

## Baked Goods (Cont'd)

### WFM Gluten Free Bakehouse

Sandwich Bread

## Baking Needs

### 365 Everyday Value™

Gluten Free All Purpose Baking Mix  
Gluten Free Chocolate Cake Mix  
Gluten Free Chocolate Chip Cookie Mix  
Gluten Free Muffin Mix  
Gluten Free Pancake & Waffle Mix  
Gluten Free Sandwich Bread Mix  
Gluten Free White Cake Mix

### Arrowhead Mills

Buckwheat Flour  
Gluten Free Pancake & Baking Mix  
Long Grain Brown Rice Flour  
Millet Flour  
White Rice Flour  
Yellow Corn Meal

### Bob's Red Mill

Almond Flour  
Flaxseed Meal  
Garbanzo Bean Flour  
Gluten Free Cornbread Mix  
Gluten Free Pancake Mix  
GlutenFree Rolled Oats  
Organic Brown Flaxseeds  
Organic Coconut Flour  
Organic Flaxseed Meal  
Organic Golden Flaxseed Meal  
Organic Golden Flaxseeds  
Potato Starch  
Tapioca Flour  
Xanthan Gum

## Baking Needs (Cont'd)

### Chebe

Pizza Crust Mix

### Cherrybrook Kitchen

Chocolate Frosting Mix

Vanilla Frosting Mix

### Cherrybrook Kitchen Gluten Free Dreams

Chocolate Cake Mix

### Enjoy Life

Semi-Sweet Chocolate Chips

### Hain

Baking Powder

### Let's Do...

Carnival Sprinkelz

Chocolatey Sprinkelz

### Let's Do... Organic

Organic Cornstarch

Organic Tapioca Granules

Organic Tapioca Pearls

Organic Tapioca Starch

### Namaste

Biscuits, Piecrust & More

Blondie Mix

Cookie Mix

Perfect Flour Blend

### Pamela's Products

Baking & Pancake Mix

### WFM Gluten Free Bakehouse

Pie Shells

## Beverages

### Celestial Seasonings

Acai Mango Zinger Tea, 20 Ct

Antioxidant Green Tea, 20 Ct

Authentic Green Tea, 20 Ct

Bengal Spice Tea, 20 Ct

Black Cherry Berry Tea

Chamomile Tea, 20 Ct

Cinnamon Apple Spice Tea, 20 Ct

Country Peach Passion

Cranberry Pomegranate Green Tea, 20 Ct

## Beverages (Cont'd)

### Celestial Seasonings

Decaf Green Tea, 25 Ct

Decaf Mint Green Tea, 20 Ct

Fruit Tea Sampler, 20 Ct

Honey Vanilla Chamomile Tea, 20 Ct

Lemon Zinger Green Tea, 20 Ct

Lemon Zinger Tea, 20 Ct

Mandarin Orange Spice Tea, 20 Ct

Mint Magic Tea, 20 Ct

Peppermint Tea, 20 Ct

Raspberry Zinger Tea, 20 Ct

Red Zinger Tea, 20 Ct

Sleepytime Extra Tea, 20 Ct

Sleepytime Tea, 20 Ct

Sleepytime Throat Tamer Tea, 20 Ct

Tangerine Orange Zinger Tea, 20 Ct

Wild Berry Tea, 20 Ct

### Eden

Organic EdenBlend, Rice & Soy Beverage, 32 oz

### Rice Dream

Horchata

### So Delicious

Original (Plain) Coconut Milk Beverage

Unsweetened Coconut Milk Beverage

Vanilla Coconut Milk Beverage

## Bread

### Enjoy Life

Cinnamon Raisin Bagels

Original Bagels

### Food For Life

Brown Rice Bread, Wheat & Gluten Free

Millet Bread, Wheat & Gluten Free

Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

### Glutino

Bagels, Poppy Seed

Premium Corn Bread

Premium Fiber Bread

## Bread (Cont'd)

### Kinnikinnick

Tapioca Rice NY Style Bagels

### WFM Gluten Free Bakehouse

Cinnamon Raisin Bread

Prairie Bread

Sandwich Bread

## Candy and Chocolate

### Endangered Species Chocolate

Bite Size Dark Chocolate with Cranberries & Almonds

Bite Size Dark Chocolate with Deep Forest Mint

Bite Size Extreme Dark Chocolate

Bite Size Smooth Milk Chocolate

Bite Size Supreme Dark Chocolate

Dark Chocolate with Blueberries - Sea Turtle

Dark Chocolate with Cranberries & Almonds - Wolf

Dark Chocolate with Deep Forest Mint

Dark Chocolate with Espresso Beans - Tiger

Dark Chocolate with Hazelnut Toffee - Rhino

Dark Chocolate with Raspberries - Grizzly Bear

Extreme Dark Chocolate - Panther

Intense Dark Chocolate with Cacao Nibs - Bat

Organic Health Dark Chocolate with Goji Berry, Pecans & Maca

Smooth Milk Chocolate - Sea Otter

Smooth Organic Dark Chocolate - Butterfly

Supreme Dark Chocolate - Chimpanzee

### Enjoy Life

Boom Choco Boom Dairy-Free Rice Milk w/ Crispy Rice Chocolate Bar

Boom Choco Boom Dark Chocolate Bar

### Let's Do...

Carnival Sprinkelz

Chocolatey Sprinkelz

## Canned Goods

### Amy's

Organic Refried Beans with Green Chiles

Organic Refried Black Beans

Organic Refried Black Beans, Low in Sodium

Organic Traditional Refried Beans

Organic Vegetarian Baked Beans

### Native Forest

Artichoke Hearts, Whole

Organic Baby Corn

Organic Hearts of Palm

Organic Mango Chunks

Organic Papaya Chunks

## Cereal

### Arrowhead Mills

Maple Buckwheat Organic Flakes

Organic Rice & Shine Hot Cereal

Organic Yellow Corn Grits

### Barbara's Bakery

Honey Rice Puffins Cereal

### Bob's Red Mill

GlutenFree Rolled Oats

### Enjoy Life

Cinnamon Crunch Granola

Cranapple Crunch Granola

### EnviroKidz

Amazon Frosted Flakes Organic Cereal

Gorilla Munch Organic Cereal

Koala Crisp Organic Cereal

Leapin' Lemurs Peanut Butter & Chocolate Organic Cereal

Peanut Butter Panda Puffs Organic Cereal

### Nature's Path

Organic Crispy Rice Cereal

Organic Fruit Juice Sweetened Corn Flakes

Organic Fruit Juice Sweetened Corn Flakes, 26.4 oz

Organic Honey'd Cornflakes

Organic Mesa Sunrise Cereal

Organic Mesa Sunrise Cereal, 26.4 oz

Organic Whole O's Cereal

## Cheese

### Applegate Farms

- Sliced Emmentaler Swiss Cheese
- Sliced Havarti Cheese
- Sliced Medium Cheddar Cheese
- Sliced Organic Mild Cheddar Cheese
- Sliced Organic Monterey Jack Cheese
- Sliced Organic Muenster Cheese
- Sliced Pepperjack Cheese
- Sliced Provolone Cheese

### Follow Your Heart

- Vegan Gourmet Cheddar
- Vegan Gourmet Monterey Jack
- Vegan Gourmet Nacho Cheese

## Chips, Pretzels and Snacks

### Arico

- Cassava Chips, Ginger on Fire
- Cassava Chips, Original

### Food Should Taste Good

- Buffalo Tortilla Chips 6 oz
- Lime Tortilla Chips 5.5 oz
- Multigrain Tortilla Chips 12 oz
- Potato & Chive Tortilla Chips 5.5 oz
- Sweet Potato Tortilla Chips 6 oz
- The Works! Tortilla Chips 6 oz
- Yellow Corn Tortilla Chips 11 oz

### Food Should Taste Good

- Jalapeno Tortilla Chips 6 oz
- Multigrain Tortilla Chips 6 oz
- Olive Tortilla Chips 6 oz

### Glutino

- Pretzel Sticks, Family Bag
- Pretzels, Family Bag

### Kettle Brand®

- Krinkle Cut Potato Chips, Lightly Salted 14 oz
- Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 14 oz
- Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 2 oz
- Potato Chips, Honey Dijon 5 oz
- Potato Chips, Lightly Salted 14 oz
- Potato Chips, Lightly Salted 2 oz

## Chips, Pretzels and Snacks (Cont'd)

### Kettle Brand®

- Potato Chips, Lightly Salted 5 oz
- Potato Chips, New York Cheddar w/ Herbs 2 oz
- Potato Chips, New York Cheddar w/ Herbs 5 oz
- Potato Chips, Organic Lightly Salted 5 oz
- Potato Chips, Sea Salt & Vinegar 5 oz
- Potato Chips, Unsalted 5 oz
- Potato Chips, Yogurt & Green Onion 5 oz

### Kettle Brand®

- Baked Potato Chips, 100 Calorie, Lightly Salted .80 oz
- Baked Potato Chips, Aged White Cheddar 4 oz
- Baked Potato Chips, Hickory Honey BBQ 4 oz
- Baked Potato Chips, Lightly Salted 4 oz
- Baked Potato Chips, Salt & Fresh Ground Pepper 4 oz
- Baked Potato Chips, Sea Salt & Vinegar 4 oz
- Krinkle Cut Potato Chips, Buffalo Bleu 5 oz
- Krinkle Cut Potato Chips, Classic BBQ 14 oz
- Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 5 oz
- Potato Chips, Backyard Barbeque 5 oz
- Potato Chips, Death Valley Chipotle 5 oz
- Potato Chips, Jalapeno 5 oz
- Potato Chips, Lightly Salted 9 oz
- Potato Chips, Organic Sea Salt & Black Pepper 5 oz
- Potato Chips, Sour Cream, Onion & Chive 5 oz
- Potato Chips, Spicy Thai 5 oz
- Potato Chips, Tuscan Three Cheese 5 oz

### Lundberg Farms

- Brown Rice Cakes
- Buttery Caramel Rice Cakes
- Fiesta Lime Rice Chips
- Honey Nut Rice Cakes
- Organic Sea Salt Rice Chips
- Organic Wild Rice Cakes

## **Chips, Pretzels and Snacks (Cont'd)**

### **Lundberg Farms**

Sante Fe BBQ Rice Chips  
Sesame Seaweed Rice Chips

### **Mary's Gone Crackers**

Sticks & Twigs, Curry  
Sticks & Twigs, Sea Salt

## **Condiments**

### **Eden**

Tamari Soy Sauce, Naturally Brewed 20 oz

### **Follow Your Heart**

Vegenaise, Grapeseed Oil  
Vegenaise, High Omega-3 w/ Expeller-Pressed  
Canola Oil

### **Organicville**

Organic Ketchup

### **Spectrum**

Canola Mayonnaise 16 oz  
Light Canola Eggless Mayonnaise 16 oz  
Light Canola Eggless Mayonnaise, Squeeze Bottle  
Organic Olive Oil Mayonnaise  
Organic Omega-3 Mayonnaise with Flax 16 oz  
Organic Soy Mayonnaise 16 oz  
Organic Soy Mayonnaise, Squeeze Bottle

## **Cookies and Snack Bars**

### **Arico**

Chocolate Chunk Cookies  
Lemon Ginger Cookies

### **Cherrybrook Kitchen Gluten Free Dreams**

Chocolate Chip Mini Cookies  
Vanilla Graham Mini Cookies

### **Enjoy Life**

Cocoa Loco Snack Bars  
Soft Baked Chewy Chocolate Chip Cookies  
Soft Baked Double Chocolate Brownie Cookies  
Soft Baked Happy Apple Cookies  
Soft Baked No-Oats "Oatmeal" Cookie

## **Cookies and Snack Bars (Cont'd)**

### **Enjoy Life**

Soft Baked Snickerdoodle Cookies  
Very Berry Snack Bars

### **EnviroKidz**

Cheetah Organic Crispy Rice Bars, Berry  
Koala Organic Crispy Rice Bars, Chocolate  
Lemur Organic Crispy Rice Bars, Peanut Choco  
Drizzle  
Panda Organic Crispy Rice Bars, Peanut Butter

### **Glutino**

Breakfast Bars, Blueberry  
Chocolate Coated Wafers  
Lemon Wafers  
Organic Bar, Chocolate-Banana  
Organic Bar, Wildberry  
Vanilla Wafers

### **Ian's Natural Foods**

Chocolate Chip Cookie Buttons, Wheat Free Gluten  
Free  
Crunchy Cinnamon Cookie Buttons, Wheat Free  
Gluten Free

### **Kinnikinnick**

KinniTOOS Chocolate Sandwich Creme Cookies

### **Let's Do...**

Gluten Free Ice Cream Cones

### **Mi-Del**

Chocolate Chip Cookies  
Ginger Snaps

### **Pamela's Products**

Butter Shortbread Cookies  
Chunky Chocolate Chip Cookies  
Ginger Cookies with Sliced Almonds  
Simplebites Ginger Mini Snapz

### **WFM Gluten Free Bakehouse**

Chocolate Chip Cookies

## Crackers

### Blue Diamond

- Almond Nut-Thins
- Cheddar Cheese Nut-Thins
- Hazelnut Nut-Thins
- Pecan Nut-Thins
- Smokehouse Almond Nut-Thins

### Edward & Sons

- Brown Rice Snaps, Onion Garlic
- Brown Rice Snaps, Tamari Seaweed
- Brown Rice Snaps, Tamari Sesame
- Brown Rice Snaps, Unsalted Sesame
- Exotic Rice Toast, Thai Red Rice & Flaxseed
- Organic Brown Rice Snaps, Black Sesame
- Organic Brown Rice Snaps, Cheddar
- Organic Brown Rice Snaps, Unsalted Plain
- Organic Brown Rice Snaps, Vegetable

### Glutino

- Crackers, Cheddar
- Crackers, Multigrain
- Crackers, Original

### Mary's Gone Crackers

- Crackers, Black Pepper
- Crackers, Caraway
- Crackers, Herb
- Crackers, Original

## Dairy

### Brown Cow

- Cherry-Vanilla Whole Milk Yogurt, 6 oz
- Chocolate Whole Milk Yogurt, 6 oz
- Coffee Whole Milk Yogurt, 6 oz
- Low Fat Blueberry Yogurt, 6 oz
- Low Fat Boysenberry Yogurt, 6 oz
- Low Fat Plain Yogurt, 32 oz
- Low Fat Vanilla Bean Yogurt, 6 oz
- Low Fat Vanilla Yogurt, 32 oz
- Maple Whole Milk Yogurt, 32 oz
- Maple Whole Milk Yogurt, 6 oz
- Non Fat Vanilla Yogurt, 32 oz
- Peach Whole Milk Yogurt, 6 oz
- Plain Whole Milk Yogurt, 32 oz
- Plain Whole Milk Yogurt, 6 oz
- Raspberry Whole Milk Yogurt, 6 oz

## Dairy (Cont'd)

### Brown Cow

- Strawberry Whole Milk Yogurt, 6 oz
- Vanilla Whole Milk Yogurt, 32 oz
- Vanilla Whole Milk Yogurt, 6 oz

### Earth Balance

- Buttery Sticks
- Organic Whipped Buttery Spread
- Original Buttery Spread
- Soy Free Buttery Spread
- Soy Garden Buttery Spread

### Stonyfield Farm

- Fat Free French Vanilla Probiotic Multi-Pack
- Fat Free Strawberry Probiotic Multi-Pack
- Organic Banana Berry Yogurt Smoothie, 10 oz
- Organic Cream Top French Vanilla Yogurt, 32 oz
- Organic Cream Top French Vanilla, 6 oz
- Organic Cream Top Plain Yogurt, 32 oz
- Organic Cream Top Strawberries & Cream Yogurt, 6 oz
- Organic Fat Free Black Cherry Yogurt, Fruit on the Bottom, 6 oz
- Organic Fat Free Blueberry Yogurt, Fruit on the Bottom, 6 oz
- Organic Fat Free Chocolate Underground Yogurt, 6 oz
- Organic Fat Free French Vanilla Yogurt, 32 oz
- Organic Fat Free French Vanilla Yogurt, 6 oz
- Organic Fat Free Key Lime Yogurt, 6 oz
- Organic Fat Free Lotsa Lemon Yogurt, 6 oz
- Organic Fat Free Peach Yogurt, 6 oz
- Organic Fat Free Plain Yogurt, 32 oz
- Organic Fat Free Plain Yogurt, 6 oz
- Organic Fat Free Strawberry Yogurt, Fruit on the Bottom, 6 oz
- Organic Fat Free Strawberry, 6 oz
- Organic Low Fat BaNilla Yogurt, 32 oz
- Organic Low Fat Blueberry Yogurt, 32 oz
- Organic Low Fat Blueberry Yogurt, 6 oz

## Dairy (Cont'd)

### Stonyfield Farm

Organic Low Fat Cherry Vanilla Yogurt, 6 oz  
Organic Low Fat Just Peachy Yogurt, Fruit on the Bottom, 6 oz  
Organic Low Fat Plain Yogurt, 32 oz  
Organic Low Fat Plain Yogurt, 6 oz  
Organic Low Fat Raspberry Yogurt, 6 oz  
Organic Low Fat Strawberry Pomegranate Yogurt, 6 oz  
Organic Low Fat Strawberry Yogurt, 32 oz  
Organic Low Fat Strawberry Yogurt, Fruit on the Bottom, 6 oz  
Organic Low Fat Vanilla Yogurt  
Organic Low Fat Vanilla, 32 oz  
Organic O'Soy Strawberry/Peach Yogurt, 6-pack  
Organic Peach Yogurt Smoothie, 10 oz  
Organic Raspberry Yogurt Smoothie, 10 oz  
Organic Strawberry Yogurt Smoothie, 10 oz  
Organic Strawberry Yogurt Smoothies, 4 pack  
Organic Vanilla Yogurt Smoothie, 10 oz  
Organic Wild Berry Yogurt Smoothie, 10 oz  
Organic Wild Berry Yogurt Smoothies, 4 pack  
YoBaby Banana/Vanilla Yogurt  
YoBaby Drinkable Yogurt, Banana  
YoBaby Drinkable Yogurt, Peach  
YoBaby Peach/Pear Yogurt  
YoBaby Simply Plain Yogurt  
YoKids Squeezers Cherry/Berry Blitz  
YoKids Squeezers Screamin' Strawberry  
YoKids Strawberry BaNilla Blast Yogurt  
YoKids Strawberry Vanilla Raspberry Yogurt

## Dairy Alternatives

### 365 Everyday Value™

Organic Ricemilk - Original  
Organic Ricemilk - Unsweetened  
Organic Ricemilk - Vanilla  
Organic Soymilk - Chocolate, 32 oz  
Organic Soymilk - Chocolate, 64 oz  
Organic Soymilk - Original, 32 oz  
Organic Soymilk - Original, 64 oz

## Dairy Alternatives (Cont'd)

### 365 Everyday Value™

Organic Soymilk - Unsweetened, 32 oz  
Organic Soymilk - Unsweetened, 64 oz  
Organic Soymilk - Vanilla, 32 oz  
Organic Soymilk - Vanilla, 64 oz

### Blue Diamond

Almond Breeze, Chocolate  
Almond Breeze, Chocolate Unsweetened  
Almond Breeze, Original  
Almond Breeze, Original Unsweetened  
Almond Breeze, Vanilla  
Almond Breeze, Vanilla Unsweetened

### Eden

Organic EdenBlend, Rice & Soy Beverage, 32 oz

### Follow Your Heart

Vegan Gourmet Cheddar  
Vegan Gourmet Monterey Jack  
Vegan Gourmet Nacho Cheese

### Rice Dream

Enriched Rice Milk Beverage, Chocolate 32 oz  
Enriched Rice Milk Beverage, Original 8 oz  
Enriched Rice Milk Beverage, Vanilla 32 oz  
Heartwise Rice Milk Beverage, Original 32 oz  
Heartwise Rice Milk Beverage, Vanilla 32 oz  
Organic Enriched Rice Milk Beverage, Original 32 oz  
Organic Enriched Rice Milk Beverage, Original 64 oz  
Organic Enriched Rice Milk Beverage, Vanilla 64 oz  
Refrigerated Ricemilk, Original 64 oz  
Refrigerated Ricemilk, Vanilla 64 oz  
Rice Milk Beverage, Original 32 oz  
Rice Milk Beverage, Vanilla 32 oz  
Rice Milk Beverage, Vanilla 8 oz

### So Delicious

Blueberry Agave Sweetened Soy Yogurt  
Original (Plain) Coconut Milk Beverage

## Dairy Alternatives (Cont'd)

### So Delicious

- Original (Plain) Coconut Milk Kefir
- Plain Agave Sweetened Soy Yogurt
- Strawberry Banna Cultured Coconut Milk Yogurt
- Strawberry Coconut Milk Kefir
- Unsweetened Coconut Milk Beverage
- Vanilla Agave Sweetened Soy Yogurt
- Vanilla Coconut Milk Beverage

### Stonyfield Farm

- Organic O'Soy Blueberry Yogurt, 6 oz
- Organic O'Soy Chocolate Yogurt, 6 oz
- Organic O'Soy Peach Yogurt, 6 oz
- Organic O'Soy Raspberry Yogurt, 6 oz
- Organic O'Soy Vanilla Yogurt, 6 oz
- Organic O'Soy Strawberry Yogurt, 6 oz

### WestSoy

- Organic Soy Beverage, Unsweetened Original 64 oz
- Plus Soy Beverage, Plain 32 oz
- Plus Soy Beverage, Plain 64 oz
- Plus Soy Beverage, Vanilla 32 oz
- Plus Soy Beverage, Vanilla 64 oz
- Soy Beverage, Unsweetened Chocolate 32 oz

## Deli Style Meats and Cheeses

### Applegate Farms

- Organic Sliced Oven Roasted Chicken
- Sliced Honey Ham
- Sliced Honey Maple Turkey
- Sliced Organic Genoa Salami
- Sliced Organic Herb Turkey
- Sliced Organic Oven Roasted Turkey
- Sliced Organic Roast Beef
- Sliced Organic Smoked Chicken
- Sliced Organic Smoked Turkey
- Sliced Organic Uncured Ham
- Sliced Oven Roasted Sliced Turkey
- Sliced Slow Cooked Ham
- Sliced Smoked Turkey
- Sliced Turkey Bologna
- Sliced Turkey Salami

## Desserts

### WFM Gluten Free Bakehouse

- Apple Pie
- Carrot Cake
- Chocolate Cupcakes
- Peach Pie

## Energy and Nutrition Bars/Drinks

### Bumble Bar

- Chai with Almonds
- Chocolate Crisp
- Original with Almond
- Original with Cashew
- Original with Peanut

### Prana Bar

- Organic Apple Pie

## Entrees and Mixes

### 365 Everyday Value™

- Gluten Free All Purpose Baking Mix
- Gluten Free Chocolate Cake Mix
- Gluten Free Chocolate Chip Cookie Mix
- Gluten Free Muffin Mix
- Gluten Free Pancake & Waffle Mix
- Gluten Free Sandwich Bread Mix
- Gluten Free White Cake Mix

### Bob's Red Mill

- TVP (Textured Vegetable Protein)

### Chebe

- Pizza Crust Mix

### Cherrybrook Kitchen

- Chocolate Frosting Mix
- Vanilla Frosting Mix

### Cherrybrook Kitchen Gluten Free Dreams

- Chocolate Cake Mix

### Edward & Sons

- Organic Home Style Mashed Potato Mix

### Glutino

- Macaroni & Cheese

### Lundberg Farms

- Organic Alfredo Risotto
- Organic Florentine Risotto

## Entrees and Mixes (Cont'd)

### Lundberg Farms

Organic Tuscan Risotto

### Namaste

Blondie Mix

Cookie Mix

### Road's End Organics

Dairy Free Cheddar Style Penne & Chreese

### Tasty Bite

Bombay Potatoes

Channa Masala

Jaipur Vegetables

Jodhpur Lentils

Kashmir Spinach

Kerala Vegetables

Madras Lentils

Mushroom Takatak

Paneer Makhani

Peas Paneer

Vegetable Korma

### Tasty Bite

Spinach Dal & Basmati Rice

## Ethnic Foods

### Amy's

Organic Asian Noodle Stir-Fry

Organic Black Bean Enchilada Whole Meal

Organic Black Bean Tamale Verde Whole Meal

Organic Black Bean Vegetable Enchilada

Organic Black Bean Vegetable Enchilada, Light in Sodium

Organic Cheese Enchilada

Organic Cheese Enchilada Whole Meal

Organic Cheese Tamale Verde Whole Meal

Organic Indian Mattar Paneer

Organic Indian Mattar Paneer, Light in Sodium

Organic Indian Mattar Tofu

Organic Indian Paneer Tikka

Organic Indian Vegetable Korma

Organic Mexican Casserole Bowl

Organic Mexican Casserole Bowl, Light in Sodium

## Ethnic Foods (Cont'd)

### Amy's

Organic Mexican Tamale Pie

Organic Mexican Tofu Scramble

Organic Roasted Vegetable Tamale Whole Meal

Organic Santa Fe Enchilada Bowl

Organic Teriyaki Bowl

Organic Thai Stir-Fry

Organic Tortilla Casserole & Black Beans Bowl

### Annie Chun's

Maifun Rice Noodles

Pad Thai Rice Noodles

### Edward & Sons

Brown Rice Snaps, Tamari Seaweed

Brown Rice Snaps, Tamari Sesame

Miso-Cup, Original Golden Vegetable

### Food For Life

Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

### Food Merchants

Organic Polenta, Basil & Garlic

Organic Polenta, Sundried Tomato & Garlic

Organic Polenta, Traditional

### Native Forest

Organic Coconut Milk

### Native Forest

Light Coconut Milk

### Organicville

Organic Island Teriyaki

Organic Sesame Teriyaki

### Tasty Bite

Bombay Potatoes

Channa Masala

Jaipur Vegetables

Jodhpur Lentils

Kashmir Spinach

Kerala Vegetables

Madras Lentils

Mushroom Takatak

Paneer Makhani

## Ethnic Foods (Cont'd)

### Tasty Bite

- Peas Paneer
- Rogan Josh Simmer Sauce
- Tikka Masala Simmer Sauce
- Vegetable Korma

### Tasty Bite

- Spinach Dal & Basmati Rice

## Frozen Foods

### Amy's

- Organic Asian Noodle Stir-Fry
- Organic Baked Ziti Bowl
- Organic Bistro Veggie Burger
- Organic Black Bean Enchilada Whole Meal
- Organic Black Bean Tamale Verde Whole Meal
- Organic Black Bean Vegetable Enchilada
- Organic Black Bean Vegetable Enchilada, Light in Sodium
- Organic Brown Rice & Vegetables Bowl
- Organic Brown Rice & Vegetables Bowl, Light in Sodium
- Organic Brown Rice, Black-Eyed Peas & Veggies Bowl
- Organic Cheese Enchilada
- Organic Cheese Enchilada Whole Meal
- Organic Cheese Tamale Verde Whole Meal
- Organic Garden Vegetable Lasagna
- Organic Indian Mattar Paneer
- Organic Indian Mattar Paneer, Light in Sodium
- Organic Indian Mattar Tofu
- Organic Indian Paneer Tikka
- Organic Indian Vegetable Korma
- Organic Mexican Casserole Bowl
- Organic Mexican Casserole Bowl, Light in Sodium
- Organic Mexican Tamale Pie
- Organic Mexican Tofu Scramble
- Organic Rice Crust Cheese Pizza
- Organic Rice Crust Spinach Pizza
- Organic Rice Mac & Cheese
- Organic Roasted Vegetable Tamale Whole Meal

## Frozen Foods (Cont'd)

### Amy's

- Organic Santa Fe Enchilada Bowl
- Organic Shepherd's Pie, Light in Sodium
- Organic Single Serve Non-Dairy Rice Crust Cheeze Pizza
- Organic Teriyaki Bowl
- Organic Thai Stir-Fry
- Organic Tofu Scramble
- Organic Tortilla Casserole & Black Beans Bowl

### Applegate Farms

- Maple Breakfast Sausage
- Organic Turkey Burgers
- Sage Breakfast Sausage

### Caesar's

- Manicotti, Gluten-Free Wheat-Free
- Stuffed Shells, Gluten-Free Wheat-Free
- Vegetable Lasagna, Gluten-Free Wheat-Free

### Glutino

- Chicken Pomodoro
- Pizza, 3 Cheese with Brown Rice Crust
- Pizza, Chicken BBQ
- Pizza, Duo Cheese
- Pizza, Spinach Feta
- Pizza, Spinach Soy Cheese with Brown Rice Crust

### Ian's Natural Foods

- Alpha Tots
- French Toast Sticks, Wheat Free Gluten Free
- Ian's Chicken Nuggets, Allergen Free
- Popcorn Turkey Corn Dogs
- Soy Cheesy French Bread Pizza, Wheat Free Gluten Free

### It's Soy Delicious

- Almond Pecan Non-Dairy Frozen Dessert
- Awesome Chocolate Non-Dairy Frozen Dessert
- Chocolate Almond Non-Dairy Frozen Dessert
- Chocolate Peanut Butter Non-Dairy Frozen Dessert
- Green Tea Non-Dairy Frozen Dessert
- Raspberry Non-Dairy Frozen Dessert

## Frozen Foods (Cont'd)

### It's Soy Delicious

Vanilla Non-Dairy Frozen Dessert

### Julie's Organic Ice Cream

Glutenfreeda's Organic Gluten Free Vanilla Ice Cream Sandwich

### Kinnikinnick

Blueberry Muffins

Carrot Muffins

Cinnamon Sugar Donuts

Maple Glazed Donuts

Tapioca Rice NY Style Bagels

### Nature's Path

Organic Buckwheat Wildberry Waffles

Organic Homestyle Waffles

### Organic So Delicious

Chocolate Velvet Non-Dairy Frozen Dessert

Creamy Vanilla Non-Dairy Frozen Dessert

Mocha Fudge Non-Dairy Frozen Dessert

Neapolitan Non-Dairy Frozen Dessert

### Purely Decadent

Blueberry Cheesecake Non-Dairy Frozen Dessert

Chocolate Non-Dairy Frozen Coconut Milk Dessert

Chocolate Obsession Non-Dairy Frozen Dessert

Coconut Non-Dairy Frozen Coconut Milk Dessert

Cookie Dough (Gluten Free) Non-Dairy Frozen Dessert

Cookie Dough Non-Dairy Frozen Coconut Milk Dessert

Mint Chocolate Chip Non-Dairy Frozen Dessert

Mocha Almond Fudge Non-Dairy Frozen Coconut Milk Dessert

Mocha Almond Fudge Non-Dairy Frozen Dessert

Passionate Mango Non-Dairy Frozen Coconut Milk Dessert

Praline Pecan Non-Dairy Frozen Dessert

Turtle Trails Non-Dairy Frozen Dessert

## Frozen Foods (Cont'd)

### Purely Decadent

Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert

### Rice Dream

Cocoa Marble Fudge Frozen Dessert, Pint

Neapolitan Frozen Dessert, Quart

Rice Dream, Strawberry

Vanilla Frozen Dessert, Pint

### So Delicious

Coconut Almond Bar, Made with Coconut Milk

Kidz Assorted Fruit Pops

Orange Passion Fruit Agave Sweetened Fruit Bar

Strawberry Agave Sweetened Fruit Bar

### Starfish

Crispy Battered Gluten Free Cod

Crispy Battered Gluten Free Haddock

### Sweet Nothings

Non-Dairy Fudge Bar

### The Crab Ladies

Artichoke Three Cheese Jumbo Lump Crab Cakes

Bacon & Gruyere Jumbo Lump Crab Cakes

Original (Maryland Style) Jumbo Lump Crab Cake Appetizers

Original (Maryland Style) Jumbo Lump Crab Cakes

### Van's

Wheat Free Blueberry Waffles

Wheat Free Buckwheat Waffles

Wheat Free Flax Waffles

Wheat Free Homestyle Pancakes

Wheat Free Homestyle Waffles

Wheat Free Mini Homestyle Waffles

## Grains and Rice

### Ancient Harvest

Inca Red Organic Quinoa 12 oz

Traditional Organic Quinoa 12 oz

## Grains and Rice (Cont'd)

### Annie Chun's

- Rice Express Black Pearl Rice
- Rice Express Multi Grain Rice
- Rice Express Sprouted Brown Rice
- Rice Express Sticky White Rice

### Lundberg Farms

- Eco-Farmed Black Japonica Field Gourmet Blend
- Eco-Farmed California Brown Basmati Rice
- Eco-Farmed California White Arborio Rice
- Eco-Farmed California White Basmati Rice
- Eco-Farmed Countrywild Gourmet Blend Rice
- Eco-Farmed Jubilee Gourmet Blend Rice
- Eco-Farmed Long Grain Brown Rice
- Eco-Farmed Short Grain Brown Rice
- Eco-Farmed Wild Blend Gourmet Blend Rice
- Organic Alfredo Risotto
- Organic California Brown Basmati Rice
- Organic California White Basmati Rice
- Organic Long Grain Brown Rice
- Organic Short Grain Brown Rice
- Organic Wild Rice

## Jams and Nut Butters

### Arrowhead Mills

- Creamy Peanut Butter, 16 oz
- Crunchy Peanut Butter, 26 oz
- Organic Crunchy Peanut Butter, 16 oz

### Blue Diamond

- Homestyle Almond Butter, Honey

### Earth Balance

- Creamy Natural Almond Butter
- Creamy Natural Peanut Butter
- Crunchy Natural Peanut Butter

## Meat Alternatives

### Bob's Red Mill

- TVP (Textured Vegetable Protein)

### WestSoy

- Extra Firm Tofu, Tidal Wave 14 oz
- Firm Tofu, Water-Pack 14 oz

## Meat and Poultry

### Applegate Farms

- Big Apple Hot Dogs
- Chicken Apple Breakfast Sausage
- Maple Breakfast Sausage
- Organic Beef Hot Dogs
- Organic Hot Dogs
- Organic Sliced Sunday Bacon
- Organic Turkey Burgers
- Organic Turkey Hot Dogs
- Sage Breakfast Sausage

## Nutritional Supplements

### Country Life

- Cal-Snack Milk-Free Chewables, 60 ct
- DMAE 350mg Capsules, 50 ct
- Max-Amino Capsules with B-6, 180 ct
- Melatonin 1mg Tablets, 60 ct
- Melatonin 3mg Tablets, 30 ct
- Melatonin 3mg Tablets, 90 ct
- Target-Mins Calcium-Magnesium-Veg Capsules, 120 ct
- Target-Mins Magnesium Capsules, 60 ct

## Nuts, Seeds and Dried Fruits

### Bob's Red Mill

- Organic Brown Flaxseeds
- Organic Golden Flaxseeds

## Pasta

### Ancient Harvest

- Quinoa Supergrain Pasta, Rotelle 8 oz
- Quinoa Supergrain Pasta, Shells 8 oz
- Quinoa Supergrain Pasta, Spaghetti 8 oz

### Bionaturae

- Organic Gluten Free Elbows Pasta
- Organic Gluten Free Fusilli
- Organic Gluten Free Penne Rigate
- Organic Gluten Free Rigatoni

### DeBoles Foods

- Corn Elbow Pasta
- Multi-Grain Penne
- Rice Penne
- Rice Spirals

## Pasta (Cont'd)

### Lundberg Farms

- Organic Brown Rice Penne Pasta
- Organic Brown Rice Rotini Pasta
- Organic Brown Rice Spaghetti Pasta

### Tinkyada

- Brown Rice Fusilli
- Brown Rice Shells
- Brown Rice Spaghetti
- Brown Rice Spirals
- Organic Brown Rice Penne
- Organic Brown Rice Spirals

## Pasta Sauce

### Amy's

- Organic Family Marinara Pasta Sauce
- Organic Low Sodium Marinara Sauce
- Organic Tomato Basil Pasta Sauce, Light in Sodium

## Personal Care

### Tom's of Maine

- Cinnamint Antiplaque with Propolis & Myrrh Toothpaste
- Cinnamon Clove Whole Care Toothpaste
- Cucumber-Grapefruit Sensitive Stick Deodorant
- Fennel Antiplaque Propolis & Myrrh Toothpaste
- Fennel Antiplaque Tartar Control Plus Whitening Toothpaste
- Honeysuckle Rose Stick Deodorant
- Lavender Long Lasting Stick Deodorant
- Lemon/Lime Anticavity Drymouth SLS-Free Toothpaste
- Outrageous Orange-Mango Anticavity Toothpaste
- Peppermint Anti-Plaque Tartar Control Plus Whitening Toothpaste
- Peppermint Anticavity SLS-Free Toothpaste
- Peppermint Anticavity Toothpaste
- Peppermint Tartar Control Mouthwash
- Peppermint Whole Care Gel Toothpaste
- Peppermint Whole Care Toothpaste

## Personal Care (Cont'd)

### Tom's of Maine

- Silly Strawberry Anticavity Toothpaste
- Silly Strawberry Non-Fluoride Toothpaste
- Spearmint Antiplaque SLS-Free Toothpaste
- Spearmint Anti-Plaque Plus Whitening Gel Toothpaste
- Spearmint Anticavity ADA Mouthwash
- Spearmint Anticavity Toothpaste
- Spearmint Antiplaque with Propolis & Myrrh Toothpaste
- Spearmint Cleansing Mouthwash
- Spearmint Flat Floss
- Spearmint Whole Care Gel Toothpaste
- Spearmint Whole Care Toothpaste
- Unflavored Flat Floss
- Unflavored Round Floss
- Unscented Long Lasting Roll-on Deodorant
- Unscented Long Lasting Stick Deodorant
- Unscented Stick Deodorant
- Wintermint Anticavity Toothpaste
- Woodspice Stick Deodorant

## Prepared Foods

### Food Merchants

- Organic Polenta, Basil & Garlic
- Organic Polenta, Sundried Tomato & Garlic
- Organic Polenta, Traditional

## Sauces, Salsas and Dips

### Amy's

- Organic Black Bean & Corn Salsa
- Organic Medium Salsa
- Organic Mild Salsa
- Organic Spicy Chipotle Salsa

### Organicville

- Organic Island Teriyaki
- Organic Sesame Teriyaki

### Tasty Bite

- Rogan Josh Simmer Sauce
- Tikka Masala Simmer Sauce

## Seafood

### Starfish

- Crispy Battered Gluten Free Cod
- Crispy Battered Gluten Free Haddock

### The Crab Ladies

- Artichoke Three Cheese Jumbo Lump Crab Cakes
- Bacon & Gruyere Jumbo Lump Crab Cakes
- Original (Maryland Style) Jumbo Lump Crab Cake Appetizers
- Original (Maryland Style) Jumbo Lump Crab Cakes

## Soups

### Amy's

- Organic Black Bean Chili
- Organic Black Bean Vegetable Soup
- Organic Chunky Tomato Bisque
- Organic Chunky Tomato Bisque, Light in Sodium
- Organic Chunky Vegetable Soup
- Organic Cream of Tomato Soup
- Organic Cream of Tomato Soup, Light in Sodium
- Organic Curried Lentil Soup
- Organic Fire Roasted Southwestern Vegetable Soup
- Organic Lentil Soup
- Organic Lentil Soup, Light in Sodium
- Organic Lentil Vegetable Soup
- Organic Lentil Vegetable Soup, Light in Sodium
- Organic Medium Chili
- Organic Medium Chili with Vegetables
- Organic Medium Chili, Light in Sodium
- Organic Southwestern Black Bean Chili
- Organic Spicy Chili
- Organic Spicy Chili, Light in Sodium
- Organic Split Pea Soup
- Organic Split Pea Soup, Light in Sodium
- Organic Summer Corn & Vegetable Soup
- Organic Thai Coconut Soup (Tom Kha Phak)
- Organic Tuscan Bean & Rice Soup

## Soups (Cont'd)

### Edward & Sons

- Miso-Cup, Original Golden Vegetable

### Imagine Foods

- Broccoli Soup 32 oz
- Butternut Squash Soup 32 oz
- Chicken Broth 16 oz
- Corn & Lemongrass Soup 32 oz
- Free Range Chicken Broth 32 oz
- No Chicken Broth 32 oz
- Organic Acorn Squash & Mango Soup 32 oz
- Organic Chicken Broth, Low Sodium 32 oz
- Organic Corn Soup, Low Sodium 32 oz
- Organic Portabello Mushroom Soup 32 oz
- Organic Potato Soup, Low Sodium 32 oz
- Organic Sweet Pea Soup 32 oz
- Organic Tomato Soup 32 oz
- Organic Tomato Soup, Low Sodium 32 oz
- Organic Vegetable Broth, Low Sodium 32 oz
- Potato Leek Soup 32 oz
- Sweet Potato Soup 32 oz
- Tomato Basil Soup 32 oz
- Vegetable Broth 32 oz

## Spices and Seasonings

### Edward & Sons

- Bouillon Cubes, Low Sodium Veggie
- Bouillon Cubes, Not-Chick'n

## Sweeteners

### Lundberg Farms

- Brown Rice Syrup
- Organic Brown Rice Syrup