

Gluten Free

SPECIAL DIETS SERIES

CELEBRATING
YOUR
CHOICES



Kentlands Store, Mid-Atlantic Region

Whole Foods Market is excited to bring you "Celebrating Your Choices," a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product. If you have any questions, you may contact us at WFMSpecialDiets@wholefoods.com.

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Baby & Infant Food

Stonyfield Farm

YoBaby Banana/Vanilla Yogurt
YoBaby Blueberry/Apple Yogurt
YoBaby Drinkable Yogurt, Banana
YoBaby Drinkable Yogurt, Peach
YoBaby Peach/Pear Yogurt
YoBaby Simply Plain Yogurt

Baked Goods

WFM Gluten Free Bakehouse

Almond Scones
Banana Bread
Blueberry Muffins
Carrot Cake
Cheddar Biscuits
Cherry Almond Streusel Muffins
Chocolate Chip Cookies
Cinnamon Raisin Bread
Cornbread
Cranberry Orange Scones
Cream Biscuits
Lemon Poppyseed Muffins (4 pack)
Molasses Ginger Cookies
Morning Glory Muffins
Pie Shells
Pizza Crust
Prairie Bread
Sandwich Bread

Baking Needs

Ancient Harvest

Organic Quinoa Flour 18 oz

Arrowhead Mills

Buckwheat Flour
Gluten Free Pancake & Baking Mix
Long Grain Brown Rice Flour
Millet Flour
White Rice Flour
Yellow Corn Meal

Bob's Red Mill

Almond Flour
Brown Rice Flour
Flaxseed Meal
Garbanzo Bean Flour
Gluten Free All Purpose Baking Flour
Gluten Free Brownie Mix
Gluten Free Cornbread Mix
Gluten Free Homemade Wonderful Bread Mix
Gluten Free Pancake Mix
Gluten Free Pizza Crust Mix
GlutenFree Rolled Oats
Hemp Protein Powder
Organic Coconut Flour
Organic Flaxseed Meal
Organic Golden Flaxseed Meal
Organic Golden Flaxseeds
Potato Starch
Tapioca Flour
White Rice Flour
Xanthan Gum

Chebe

Focaccia Flatbread Mix
Pizza Crust Mix

Cherrybrook Kitchen

Vanilla Frosting
Vanilla Frosting Mix

Baking Needs (Cont'd)

Cherrybrook Kitchen Gluten Free Dreams

Chocolate Chip Cookie Mix

Enjoy Life

Semi-Sweet Chocolate Chips

Gluten Free Pantry

Beth's All Purpose Flour Mix

Brown Rice Pancake & Waffle Mix

Favorite Sandwich Bread Mix

Perfect Pie Crust Mix

Yankee Cornbread & Muffin Mix

Hain

Baking Powder

Let's Do...

Carnival Sprinkelz

Let's Do... Organic

Organic Coconut Flakes

Organic Cornstarch

Organic Reduced Fat Shredded Coconut

Organic Shredded Coconut

Namaste

Biscuits, Piecrust & More

Brownie Mix

Perfect Flour Blend

Pizza Crust Mix

Spice Cake Mix

Pamela's Products

Baking & Pancake Mix

Baking & Pancake Mix, 4 lb

Chocolate Brownie Mix

Chocolate Cake Mix

Classic Vanilla Cake Mix

Gluten-Free Bread Mix

Tropical Source

Semi Sweet Chocolate Chips

WFM Gluten Free Bakehouse

Pie Shells

Beverages

365 Every Day Value™

Black Cherry Soda

Cherry Vanilla Creme Soda

Cola

Ginger Ale

Key Lime Soda

Orange Creme Soda

Raspberry Soda

Root Beer Soda

Celestial Seasonings

Antioxidant Green Tea, 20 Ct

Bengal Spice Tea, 20 Ct

Black Cherry Berry Tea

Chamomile Tea, 20 Ct

Cinnamon Apple Spice Tea, 20 Ct

Country Peach Passion

Decaf Green Tea, 25 Ct

Decaf Mint Green Tea, 20 Ct

Fruit Tea Sampler, 20 Ct

Honey Vanilla Chamomile Tea, 20 Ct

Lemon Zinger Tea, 20 Ct

Mandarin Orange Spice Tea, 20 Ct

Mint Magic Tea, 20 Ct

Peppermint Tea, 20 Ct

Raspberry Zinger Tea, 20 Ct

Red Zinger Tea, 20 Ct

Sleepytime Extra Tea, 20 Ct

Sleepytime Tea, 20 Ct

Tangerine Orange Zinger Tea, 20 Ct

Tension Tamer Tea, 20 Ct

Rice Dream

Horchata

Supreme Rice Beverage, Vanilla Hazelnut

So Delicious

Original (Plain) Coconut Milk Beverage

Unsweetened Coconut Milk Beverage

Vanilla Coconut Milk Beverage

Bread

Enjoy Life

Cinnamon Raisin Bagels

Bread (Cont'd)

Food For Life

Brown Rice Bread, Wheat & Gluten Free
Millet Bread, Wheat & Gluten Free
Rice Almond Bread, Wheat & Gluten Free
White Rice Bread, Wheat & Gluten Free
Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

Glutino

Bagels, Cinnamon 'n Raisin
Bagels, Plain
Bagels, Sesame Seed
Premium Fiber Bread

Kinnikinnick

Tapioca Rice NY Style Bagels
Tapioca Rice Sesame Bagels

WFM Gluten Free Bakehouse

Cheddar Biscuits
Cinnamon Raisin Bread
Cornbread
Cream Biscuits
Prairie Bread
Sandwich Bread

Candy and Chocolate

Endangered Species Chocolate

Bite Size Dark Chocolate with Cranberries & Almonds
Bite Size Dark Chocolate with Deep Forest Mint
Bite Size Extreme Dark Chocolate
Bite Size Supreme Dark Chocolate
Dark Chocolate with Blueberries - Sea Turtle
Dark Chocolate with Cranberries & Almonds - Wolf
Dark Chocolate with Deep Forest Mint
Dark Chocolate with Espresso Beans - Tiger
Dark Chocolate with Hazelnut Toffee - Rhino
Dark Chocolate with Raspberries - Grizzly Bear
Extreme Dark Chocolate - Panther

Candy and Chocolate (Cont'd)

Endangered Species Chocolate

Intense Dark Chocolate with Cacao Nibs - Bat
Smooth Milk Chocolate - Sea Otter
Supreme Dark Chocolate - Chimpanzee

Enjoy Life

Boom Choco Boom Dairy-Free Rice Milk Chocolate Bar
Boom Choco Boom Dairy-Free Rice Milk w/ Crispy Rice Chocolate Bar
Boom Choco Boom Dark Chocolate Bar

Glee Gum

Glee Cinnamon Gum
Glee Peppermint Gum
Glee Spearmint Gum
Glee Tangerine Gum
Glee Triple Berry Gum

Let's Do...

Carnival Sprinkelz

Canned Goods

Amy's

Organic Refried Beans with Green Chiles
Organic Refried Black Beans
Organic Refried Black Beans, Low in Sodium
Organic Traditional Refried Beans
Organic Traditional Refried Beans, Light in Sodium
Organic Vegetarian Baked Beans

Native Forest

Organic Baby Corn
Organic Hearts of Palm

Cereal

Ancient Harvest

Organic Quinoa Flakes 12 oz

Arrowhead Mills

Maple Buckwheat Organic Flakes
Organic Rice & Shine Hot Cereal

Cereal (Cont'd)

Barbara's Bakery

Honey Rice Puffins Cereal

Bob's Red Mill

Gluten Free Mighty Tasty Hot Cereal

GlutenFree Rolled Oats

Enjoy Life

Cinnamon Crunch Granola

EnviroKidz

Amazon Frosted Flakes Organic Cereal

Gorilla Munch Organic Cereal

Koala Crisp Organic Cereal

Leapin' Lemurs Peanut Butter & Chocolate Organic Cereal

Peanut Butter Panda Puffs Organic Cereal

Nature's Path

Organic Crispy Rice Cereal

Organic Fruit Juice Sweetened Corn Flakes

Organic Honey'd Cornflakes

Organic Mesa Sunrise Cereal

Organic Whole O's Cereal

Cheese

Applegate Farms

Sliced Emmentaler Swiss Cheese

Sliced Havarti Cheese

Sliced Medium Cheddar Cheese

Sliced Provolone Cheese

Follow Your Heart

Vegan Gourmet Cheddar

Vegan Gourmet Monterey Jack

Vegan Gourmet Mozzarella Cheese

Chips, Pretzels and Snacks

Arico

Cassava Chips, Barbecue Bliss

Cassava Chips, Ginger on Fire

Cassava Chips, Original

Cassava Chips, Sea Salt Mist

Chips, Pretzels and Snacks (Cont'd)

Food Should Taste Good

Buffalo Tortilla Chips 6 oz

Cinnamon Tortilla Chips 5.5 oz

Lime Tortilla Chips 5.5 oz

Multigrain Tortilla Chips 12 oz

Potato & Chive Tortilla Chips 5.5 oz

Sweet Potato Tortilla Chips 6 oz

The Works! Tortilla Chips 6 oz

Yellow Corn Tortilla Chips 11 oz

Food Should Taste Good

Chocolate Tortilla Chips 6 oz

Jalapeno Tortilla Chips 6 oz

Multigrain Tortilla Chips 6 oz

Olive Tortilla Chips 6 oz

Glutino

Pretzel Sticks, Family Bag

Pretzels, Family Bag

Kettle Brand®

Krinkle Cut Potato Chips, Lightly Salted 14 oz

Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 14 oz

Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 2 oz

Potato Chips, Honey Dijon 5 oz

Potato Chips, Lightly Salted 2 oz

Potato Chips, Lightly Salted 5 oz

Potato Chips, New York Cheddar w/ Herbs 2 oz

Potato Chips, New York Cheddar w/ Herbs 5 oz

Potato Chips, Sea Salt & Vinegar 5 oz

Potato Chips, Unsalted 5 oz

Kettle Brand®

Baked Potato Chips, Aged White Cheddar 4 oz

Baked Potato Chips, Hickory Honey BBQ 4 oz

Baked Potato Chips, Lightly Salted 4 oz

Baked Potato Chips, Salt & Fresh Ground Pepper 4 oz

Baked Potato Chips, Sea Salt & Vinegar 4 oz

Chips, Pretzels and Snacks (Cont'd)

Kettle Brand®

Krinkle Cut Potato Chips, Classic BBQ 14 oz
Potato Chips, Backyard Barbeque 5 oz
Potato Chips, Death Valley Chipotle 5 oz
Potato Chips, Jalapeno 2 oz
Potato Chips, Jalapeno 5 oz
Potato Chips, Lightly Salted 9 oz
Potato Chips, Sour Cream, Onion & Chive 5 oz
Potato Chips, Spicy Thai 5 oz
Potato Chips, Sweet Onion 2 oz
Potato Chips, Sweet Onion 5 oz
Potato Chips, Tuscan Three Cheese 5 oz

Lundberg Farms

Brown Rice Cakes
Buttery Caramel Rice Cakes
Fiesta Lime Rice Chips
Honey Nut Rice Cakes
Organic Brown Rice Cakes
Organic Sea Salt Rice Chips
Organic Unsalted Brown Rice Cakes
Organic Wild Rice Cakes
Sante Fe BBQ Rice Chips
Sesame Seaweed Rice Chips

Mary's Gone Crackers

Sticks & Twigs, Curry
Sticks & Twigs, Sea Salt
Sticks & Twigs, Tomato Chipotle

Mr. Krispers

Baked Rice Krisps, Sea Salt & Pepper
Baked Rice Krisps, Sour Cream & Onion

Condiments

Eden

Tamari Soy Sauce, Naturally Brewed 20 oz

Follow Your Heart

Vegenaise, Grapeseed Oil
Vegenaise, High Omega-3 w/ Expeller-Pressed Canola Oil
Vegenaise, Original

Condiments (Cont'd)

Organicville

Organic Dressing, French
Organic Dressing, Non Dairy Ranch
Organic Dressing, Olive Oil & Balsamic Vinaigrette
Organic Dressing, Pomegranate Vinaigrette
Organic Dressing, Sundried Tomato & Garlic Vinaigrette
Organic Ketchup
Organic Original BBQ Sauce

Spectrum

Canola Mayonnaise 16 oz
Light Canola Eggless Mayonnaise 16 oz
Light Canola Eggless Mayonnaise 32 oz
Organic Olive Oil Mayonnaise
Organic Omega-3 Mayonnaise with Flax 16 oz
Organic Soy Mayonnaise 16 oz
Organic Soy Mayonnaise, Squeeze Bottle

Cookies and Snack Bars

Arico

Almond Cranberry Cookies
Chocolate Chunk Cookies

Cherrybrook Kitchen Gluten Free Dreams

Chocolate Chip Mini Cookies

Cupoladua Oven

Chocolate Cashew Cupola Cookies

Enjoy Life

Soft Baked Chewy Chocolate Chip Cookies
Soft Baked Double Chocolate Brownie Cookies
Soft Baked Gingerbread Spice Cookie
Soft Baked Lively Lemon Cookies
Soft Baked No-Oats "Oatmeal" Cookie
Soft Baked Snickerdoodle Cookies

EnviroKidz

Cheetah Organic Crispy Rice Bars, Berry
Koala Organic Crispy Rice Bars, Chocolate
Lemur Organic Crispy Rice Bars, Peanut Choco Drizzle
Organic Vanilla Animal Cookies

Cookies and Snack Bars (Cont'd)

EnviroKidz

Panda Organic Crispy Rice Bars, Peanut Butter
Penguin Organic Crispy Rice Bars, Fruity Burst

Glutino

Breakfast Bars, Apple
Breakfast Bars, Blueberry
Chocolate Coated Wafers
Lemon Wafers
Vanilla Wafers

Ian's Natural Foods

Chocolate Chip Cookie Buttons, Wheat Free Gluten Free
Crunchy Cinnamon Cookie Buttons, Wheat Free Gluten Free

Kinnikinnick

KinniTOOS Chocolate Sandwich Creme Cookies
KinniTOOS Vanilla Sandwich Creme Cookies
Montana's Chocolate Chip Cookies

Mi-Del

Arrowroot Animal Cookies
Chocolate Chip Cookies
Ginger Snaps
Pecan Cookies

Pamela's Products

Chunky Chocolate Chip Cookies
Ginger Cookies with Sliced Almonds
Simplebites Ginger Mini Snapz

WFM Gluten Free Bakehouse

Chocolate Chip Cookies
Molasses Ginger Cookies

Crackers

Blue Diamond

Almond Nut-Thins
Cheddar Cheese Nut-Thins
Hazelnut Nut-Thins
Pecan Nut-Thins
Smokehouse Almond Nut-Thins

Crackers (Cont'd)

Glutino

Crackers, Cheddar
Crackers, Multigrain
Crackers, Original
Crackers, Vegetable

Mary's Gone Crackers

Crackers, Black Pepper
Crackers, Caraway
Crackers, Herb
Crackers, Onion
Crackers, Original

Dairy

Brown Cow

Apricot-Mango Whole Milk Yogurt, 6 oz
Blueberry Whole Milk Yogurt, 6 oz
Cherry-Vanilla Whole Milk Yogurt, 6 oz
Chocolate Whole Milk Yogurt, 6 oz
Coffee Whole Milk Yogurt, 6 oz
Low Fat Blueberry Yogurt, 6 oz
Low Fat Boysenberry Yogurt, 6 oz
Low Fat Plain Yogurt, 32 oz
Low Fat Vanilla Bean Yogurt, 6 oz
Low Fat Vanilla Yogurt, 32 oz
Maple Whole Milk Yogurt, 32 oz
Maple Whole Milk Yogurt, 6 oz
Non Fat Plain Yogurt, 32 oz
Peach Whole Milk Yogurt, 6 oz
Plain Whole Milk Yogurt, 32 oz
Plain Whole Milk Yogurt, 6 oz
Raspberry Whole Milk Yogurt, 6 oz
Strawberry Whole Milk Yogurt, 6 oz
Vanilla Whole Milk Yogurt, 6 oz

Earth Balance

Buttery Sticks
Organic Whipped Buttery Spread
Original Buttery Spread
Soy Free Buttery Spread
Soy Garden Buttery Spread

Stonyfield Farm

Fat Free French Vanilla Probiotic Multi-Pack
Fat Free Strawberry Probiotic Multi-Pack

Dairy (Cont'd)

Stonyfield Farm

Organic Banana Berry Yogurt Smoothie, 10 oz
Organic Cream Top Chocolate Underground, 6 oz
Organic Cream Top French Vanilla Yogurt, 32 oz
Organic Cream Top French Vanilla, 6 oz
Organic Cream Top Plain Yogurt, 32 oz
Organic Cream Top Strawberries & Cream Yogurt, 6 oz
Organic Fat Free Black Cherry Yogurt, Fruit on the Bottom, 6 oz
Organic Fat Free Blueberry Yogurt, Fruit on the Bottom, 6 oz
Organic Fat Free Chocolate Underground Yogurt, 6 oz
Organic Fat Free French Vanilla Yogurt, 32 oz
Organic Fat Free French Vanilla Yogurt, 6 oz
Organic Fat Free Key Lime Yogurt, 6 oz
Organic Fat Free Lotsa Lemon Yogurt, 6 oz
Organic Fat Free Peach Yogurt, 6 oz
Organic Fat Free Plain Yogurt, 32 oz
Organic Fat Free Plain Yogurt, 6 oz
Organic Fat Free Strawberry Yogurt, Fruit on the Bottom, 6 oz
Organic Fat Free Strawberry, 6 oz
Organic Low Fat BaNilla Yogurt, 32 oz
Organic Low Fat Blueberry Yogurt, 32 oz
Organic Low Fat Blueberry Yogurt, 6 oz
Organic Low Fat Cherry Vanilla Yogurt, 6 oz
Organic Low Fat Just Peachy Yogurt, Fruit on the Bottom, 6 oz
Organic Low Fat Plain Yogurt, 32 oz
Organic Low Fat Plain Yogurt, 6 oz
Organic Low Fat Raspberry Yogurt, 6 oz
Organic Low Fat Strawberry Pomegranate Yogurt, 6 oz
Organic Low Fat Strawberry Yogurt, 32 oz
Organic Low Fat Strawberry Yogurt, Fruit on the Bottom, 6 oz
Organic Low Fat Vanilla Yogurt

Dairy (Cont'd)

Stonyfield Farm

Organic Low Fat Vanilla, 32 oz
Organic O'Soy Strawberry/Peach Yogurt, 6-pack
Organic Peach Yogurt Smoothie, 10 oz
Organic Raspberry Yogurt Smoothie, 10 oz
Organic Strawberry Yogurt Smoothie, 10 oz
Organic Strawberry Yogurt Smoothies, 4 pack
Organic Vanilla Yogurt Smoothie, 10 oz
Organic Wild Berry Yogurt Smoothie, 10 oz
Organic Wild Berry Yogurt Smoothies, 4 pack
YoBaby Banana/Vanilla Yogurt
YoBaby Blueberry/Apple Yogurt
YoBaby Drinkable Yogurt, Banana
YoBaby Drinkable Yogurt, Peach
YoBaby Peach/Pear Yogurt
YoBaby Simply Plain Yogurt
YoKids Squeezers Cherry/Berry Blitz
YoKids Squeezers Screamin' Strawberry
YoKids Strawberry BaNilla Blast Yogurt
YoKids Strawberry Vanilla Raspberry Yogurt

Dairy Alternatives

365 Everyday Value™

Organic Ricemilk - Original
Organic Ricemilk - Unsweetened
Organic Ricemilk - Vanilla
Organic Soymilk - Chocolate, 32 oz
Organic Soymilk - Chocolate, 64 oz
Organic Soymilk - Original, 32 oz
Organic Soymilk - Original, 64 oz
Organic Soymilk - Unsweetened, 32 oz
Organic Soymilk - Unsweetened, 64 oz
Organic Soymilk - Vanilla, 32 oz
Organic Soymilk - Vanilla, 64 oz

Almond Dream

Almond Drink, Original 64 oz

Blue Diamond

Almond Breeze, Chocolate
Almond Breeze, Chocolate Unsweetened
Almond Breeze, Original

Dairy Alternatives (Cont'd)

Blue Diamond

Almond Breeze, Original Unsweetened
Almond Breeze, Vanilla
Almond Breeze, Vanilla Unsweetened

Follow Your Heart

Vegan Gourmet Cheddar
Vegan Gourmet Monterey Jack
Vegan Gourmet Mozzarella Cheese

Hemp Dream

Hemp Dream, Original 12/32 oz
Hemp Dream, Vanilla 12/32 oz

Rice Dream

Enriched Rice Milk Beverage, Chocolate 32 oz
Enriched Rice Milk Beverage, Original 8 oz
Enriched Rice Milk Beverage, Vanilla 32 oz
Organic Enriched Rice Milk Beverage, Original 32 oz
Organic Enriched Rice Milk Beverage, Original 64 oz
Organic Enriched Rice Milk Beverage, Vanilla 64 oz
Refrigerated Ricemilk, Original 64 oz
Refrigerated Ricemilk, Vanilla 64 oz
Rice Milk Beverage, Carob 32 oz
Rice Milk Beverage, Original 32 oz
Rice Milk Beverage, Original 8 oz
Rice Milk Beverage, Vanilla 32 oz

So Delicious

Blueberry Agave Sweetened Soy Yogurt
Blueberry Cultured Coconut Milk Yogurt
Chocolate Cultured Coconut Milk Yogurt
French Vanilla Coconut Milk Creamer
Hazelnut Coconut Milk Creamer
Original (Plain) Coconut Milk Beverage
Original (Plain) Coconut Milk Creamer
Original (Plain) Coconut Milk Kefir
Passionate Mango Cultured Coconut Milk Yogurt
Pina Colada Cultured Coconut Milk Yogurt
Plain Agave Sweetened Soy Yogurt
Plain Cultured Coconut Milk Yogurt
Raspberry Cultured Coconut Milk Yogurt

Dairy Alternatives (Cont'd)

So Delicious

Strawberry Banna Cultured Coconut Milk Yogurt
Strawberry Coconut Milk Kefir
Strawberry Cultured Coconut Milk Yogurt
Unsweetened Coconut Milk Beverage
Vanilla Agave Sweetened Soy Yogurt
Vanilla Coconut Milk Beverage
Vanilla Coconut Milk Kefir
Vanilla Cultured Coconut Milk Yogurt

Stonyfield Farm

Organic O'Soy Blueberry Yogurt, 6 oz
Organic O'Soy Chocolate Yogurt, 6 oz
Organic O'Soy Peach Yogurt, 6 oz
Organic O'Soy Raspberry Yogurt, 6 oz
Organic O'Soy Vanilla Yogurt, 6 oz
Organic O'Soy Strawberry Yogurt, 6 oz

WestSoy

Organic Soy Beverage, Unsweetened Original 64 oz
Plus Soy Beverage, Plain 64 oz
Plus Soy Beverage, Vanilla 32 oz
Plus Soy Beverage, Vanilla 64 oz
Soy Beverage, Unsweetened Chocolate 32 oz

Deli Style Meats and Cheeses

Applegate Farms

Organic Sliced Oven Roasted Chicken
Sliced Honey Ham
Sliced Honey Maple Turkey
Sliced Organic Genoa Salami
Sliced Organic Herb Turkey
Sliced Organic Oven Roasted Turkey
Sliced Organic Smoked Chicken
Sliced Organic Smoked Turkey
Sliced Organic Uncured Ham
Sliced Oven Roasted Sliced Turkey
Sliced Slow Cooked Ham
Sliced Smoked Turkey
Sliced Turkey Bologna
Sliced Turkey Salami

Desserts

French Meadow Bakery

Gluten Free Fudge Brownie

WFM Gluten Free Bakehouse

Carrot Cake

Energy and Nutrition Bars/Drinks

Attune Probiotic Bars

Mint Chocolate Bars - individual

Prana Bar

Organic Apple Pie

Organic Apricot Goji

Organic Cashew Almond

Organic Coconut Acai

Organic Pear Ginseng

Entrees and Mixes

Bob's Red Mill

TVP (Textured Vegetable Protein)

Chebe

Focaccia Flatbread Mix

Pizza Crust Mix

Cherrybrook Kitchen

Vanilla Frosting Mix

Cherrybrook Kitchen Gluten Free Dreams

Chocolate Chip Cookie Mix

Edward & Sons

Organic Home Style Mashed Potato Mix

Lundberg Farms

Organic Alfredo Risotto

Organic Florentine Risotto

Organic Tuscan Risotto

Namaste

Brownie Mix

Pizza Crust Mix

Spice Cake Mix

Road's End Organics

Dairy Free Alfredo Style Mac & Chreese

Dairy Free Cheddar Style Penne & Chreese

Entrees and Mixes (Cont'd)

Tasty Bite

Aloo Palak

Bombay Potatoes

Channa Masala

Kashmir Spinach

Madras Lentils

Punjab Eggplant

Vegetable Korma

Ethnic Foods

Amy's

Organic Black Bean Enchilada Whole Meal

Organic Black Bean Tamale Verde Whole Meal

Organic Black Bean Vegetable Enchilada

Organic Cheese Enchilada

Organic Cheese Enchilada Whole Meal

Organic Cheese Tamale Verde Whole Meal

Organic Indian Mattar Paneer, Light in Sodium

Organic Indian Mattar Tofu

Organic Indian Palak Paneer

Organic Indian Vegetable Korma

Organic Mexican Casserole Bowl

Organic Mexican Casserole Bowl, Light in Sodium

Organic Mexican Tamale Pie

Organic Mexican Tofu Scramble

Organic Roasted Vegetable Tamale Whole Meal

Organic Santa Fe Enchilada Bowl

Organic Teriyaki Bowl

Organic Tortilla Casserole & Black Beans Bowl

Annie Chun's

Maifun Rice Noodles

Pad Thai Rice Noodles

Edward & Sons

Miso-Cup, Original Golden Vegetable

Food For Life

Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

Ethnic Foods (Cont'd)

Food Merchants

- Organic Polenta, Basil & Garlic
- Organic Polenta, Sundried Tomato & Garlic
- Organic Polenta, Traditional

Native Forest

- Organic Coconut Milk

Native Forest

- Light Coconut Milk

Organicville

- Organic Island Teriyaki
- Organic Sesame Teriyaki

Tasty Bite

- Aloo Palak
- Bombay Potatoes
- Channa Masala
- Kashmir Spinach
- Madras Lentils
- Punjab Eggplant
- Rogan Josh Simmer Sauce
- Tikka Masala Simmer Sauce
- Vegetable Korma

World Foods

- Malaysian Sweet Chili Coconut Dipping Sauce
- Thai 'Pad Thai' Noodle Sauce
- Thai Coconut Galangal Stir Fry Sauce
- Thai Galangal Lemon Grass Stir Fry Sauce
- Thai Sweet Chili with Kaffir Lime Dipping Sauce
- Thai Yellow Curry Ready to Pour Sauce

Frozen Foods

Amy's

- Kids Baked Ziti Meal
- Organic Bistro Veggie Burger
- Organic Black Bean Enchilada Whole Meal
- Organic Black Bean Tamale Verde Whole Meal
- Organic Black Bean Vegetable Enchilada
- Organic Brown Rice & Vegetables Bowl
- Organic Brown Rice & Vegetables Bowl, Light in Sodium

Frozen Foods (Cont'd)

Amy's

- Organic Brown Rice, Black-Eyed Peas & Veggies Bowl
- Organic Cheese Enchilada
- Organic Cheese Enchilada Whole Meal
- Organic Cheese Tamale Verde Whole Meal
- Organic Garden Vegetable Lasagna
- Organic Indian Mattar Paneer, Light in Sodium
- Organic Indian Mattar Tofu
- Organic Indian Palak Paneer
- Organic Indian Vegetable Korma
- Organic Mexican Casserole Bowl
- Organic Mexican Casserole Bowl, Light in Sodium
- Organic Mexican Tamale Pie
- Organic Mexican Tofu Scramble
- Organic Rice Crust Cheese Pizza
- Organic Rice Crust Spinach Pizza
- Organic Rice Mac & Cheese
- Organic Roasted Vegetable Tamale Whole Meal
- Organic Santa Fe Enchilada Bowl
- Organic Shepherd's Pie, Light in Sodium
- Organic Single Serve Non-Dairy Rice Crust Cheeze Pizza
- Organic Teriyaki Bowl
- Organic Tofu Scramble
- Organic Tortilla Casserole & Black Beans Bowl

Applegate Farms

- Maple Breakfast Sausage
- Organic Turkey Burgers
- Sage Breakfast Sausage

French Meadow Bakery

- Gluten Free Chocolate Chip Cookie Dough
- Gluten Free Fudge Brownie

Gluten Free Cafe

- Fettuccini Alfredo
- Lemon Basil Chicken
- Pasta Primavera

Frozen Foods (Cont'd)

Glutino

Chicken Alfredo
Pizza, Chicken BBQ
Pizza, Duo Cheese
Pizza, Spinach Feta
Pizza, Spinach Soy Cheese with Brown Rice Crust

Ian's Natural Foods

Alpha Tots
French Toast Sticks, Wheat Free Gluten Free
Ian's Chicken Nuggets, Allergen Free
Ian's Fish Sticks, Allergen Free
Kids Meal, Mac No Cheese
Soy Cheesy French Bread Pizza, Wheat Free
Gluten Free

It's Soy Delicious

Almond Pecan Non-Dairy Frozen Dessert
Chocolate Almond Non-Dairy Frozen Dessert
Chocolate Peanut Butter Non-Dairy Frozen Dessert
Green Tea Non-Dairy Frozen Dessert
Raspberry Non-Dairy Frozen Dessert

Julie's Organic Ice Cream

Glutenfreeda's Organic Gluten Free Vanilla Ice
Cream Sandwich

Kettle Cuisine

Angus Beef Steak Chili with Beans
Chicken Chili with White Beans
Chicken Soup with Rice Noodles
Grilled Chicken and Corn Chowder

Kinnikinnick

Tapioca Rice NY Style Bagels
Tapioca Rice Sesame Bagels

Nature's Path

Organic Buckwheat Wildberry Waffles
Organic Homestyle Waffles

Organic So Delicious

Chocolate Velvet Non-Dairy Frozen Dessert
Creamy Vanilla Non-Dairy Frozen Dessert
Neopolitan Non-Dairy Frozen Dessert

Frozen Foods (Cont'd)

Purely Decadent

Cherry Nirvana Non-Dairy Frozen Dessert
Chocolate Non-Dairy Frozen Coconut Milk Dessert
Chocolate Peanut Butter Swirl Non-Dairy Frozen
Coconut Milk Dessert
Coconut Non-Dairy Frozen Coconut Milk Dessert
Cookie Dough (Gluten Free) Non-Dairy Frozen
Dessert
Cookie Dough Non-Dairy Frozen Coconut Milk
Dessert
Mint Chip Non-Dairy Frozen Coconut Milk Dessert
Mocha Almond Fudge Non-Dairy Frozen Dessert
Passionate Mango Non-Dairy Frozen Coconut Milk
Dessert
Peanut Butter Zig Zag Non-Dairy Frozen Dessert
Pomegranate Chip Non-Dairy Frozen Dessert
Praline Pecan Non-Dairy Frozen Dessert
Purely Vanilla Non-Dairy Frozen Dessert
Snickerdoodle Non-Dairy Frozen Dessert
Turtle Trails Non-Dairy Frozen Dessert
Vanilla Bean Non-Dairy Frozen Coconut Milk
Dessert

Rice Dream

Cocoa Marble Fudge Frozen Dessert, Pint
Rice Dream, Strawberry
Vanilla Frozen Dessert, Pint
Vanilla Frozen Dessert, Quart

So Delicious

Coconut Almond Bar, Made with Coconut Milk
Kidz Assorted Fruit Pops
Orange Passion Fruit Agave Sweetened Fruit Bar
Raspberry Agave Sweetened Fruit Bar
Strawberry Agave Sweetened Fruit Bar
Vanilla Bar, Made with Coconut Milk

Starfish

Crispy Battered Gluten Free Cod
Crispy Battered Gluten Free Haddock

Frozen Foods (Cont'd)

Starfish

Crispy Battered Gluten Free Halibut

Sweet Nothings

Non-Dairy Fudge Bar

The Crab Ladies

Original (Maryland Style) Jumbo Lump Crab Cake Appetizers

Original (Maryland Style) Jumbo Lump Crab Cakes

Van's

Wheat Free Blueberry Waffles

Wheat Free Buckwheat Waffles

Wheat Free Flax Waffles

Wheat Free Homestyle Pancakes

Wheat Free Homestyle Waffles

Wheat Free Mini Homestyle Waffles

Grains and Rice

Ancient Harvest

Inca Red Organic Quinoa 12 oz

Traditional Organic Quinoa 12 oz

Annie Chun's

Rice Express Black Pearl Rice

Rice Express Multi Grain Rice

Rice Express Sprouted Brown Rice

Rice Express Sticky White Rice

Lundberg Farms

Eco-Farmed Black Japonica Field Gourmet Blend

Eco-Farmed California Brown Basmati Rice

Eco-Farmed California White Arborio Rice

Eco-Farmed California White Jasmine Rice

Eco-Farmed Countrywild Gourmet Blend Rice

Eco-Farmed Jubilee Gourmet Blend Rice

Eco-Farmed Long Grain Brown Rice

Eco-Farmed Short Grain Brown Rice

Eco-Farmed Wild Blend Gourmet Blend Rice

Organic Alfredo Risotto

Organic California Brown Basmati Rice

Organic California Brown Jasmine Rice, 25 lb

Organic California White Basmati Rice

Grains and Rice (Cont'd)

Lundberg Farms

Organic Long Grain Brown Rice

Organic Short Grain Brown Rice

Organic Wild Rice

Jams and Nut Butters

Arrowhead Mills

Creamy Peanut Butter, 16 oz

Creamy Peanut Butter, 26 oz

Crunchy Peanut Butter, 26 oz

Organic Crunchy Peanut Butter, 16 oz

Blue Diamond

Homestyle Almond Butter, Creamy

Homestyle Almond Butter, Honey

Earth Balance

Creamy Natural Almond Butter

Creamy Natural Peanut Butter

Lip Balms

Pangea Organics

Lip Balm, Egyption Fennel with Grapefruit & Sweet Orange

Lip Balm, Pyrenees Lavender with Cardamom

Meat Alternatives

Bob's Red Mill

TVP (Textured Vegetable Protein)

Meat and Poultry

Applegate Farms

Chicken Apple Breakfast Sausage

Maple Breakfast Sausage

Organic Beef Hot Dogs

Organic Hot Dogs

Organic Sliced Sunday Bacon

Organic Turkey Burgers

Organic Turkey Hot Dogs

Sage Breakfast Sausage

Nutritional Supplements

BioChem

- 100% Berries and Whey Protein Powder
- 100% Greens & Whey Protein Powder
- 100% Greens & Whey Protein Powder Chocolate
- 100% Raw Foods & Whey Powder
- 100% Whey Protein Chocolate Fudge
- 100% Whey Protein Natural Flavor
- 100% Whey Protein Vanilla 1.9lb
- 100% Whey Protein Vanilla 13.9oz
- Ultimate Fat Metabolizer 90ct

Bob's Red Mill

- Hemp Protein Powder

Country Life

- Buffered C 1000mg w/Rose Hips 100ct
- Acidophilus with Pectin Capsules, 250 ct
- B-12 500mcg Time Release 100ct
- Beta Carotene 25,000 IU 100ct
- Biotin 1000mcg 100ct
- Cal-Snack Milk-Free Chewables, 60 ct
- Calcium Citrate with D Tablets, 120 ct
- CoQ10 60mg - 60 capsules
- Daily Total One 30ct Capsule
- Folic Acid 800mcg 250ct
- Liquid Goji & Acai 32oz
- Liquid Multivitamin
- Liquid Target-Mins Calcium-Magnesium Complex, 32 oz
- Maxi Hair 60ct
- Maxi Hair 90ct
- Maxi Zyme Extra Strength 60ct
- Maxi-Baby Care Liquid 6oz
- Omega-3 Fish Oils 1000mg 100ct
- Panthenic Acid 500mg 60ct
- Papaya Chewable 25mg 200ct
- Phosphatidyl Choline 50ct
- Power-dophilus Capsules, 100 ct
- Power-dophilus Capsules, 200 ct
- Power-dophilus Capsules, 50 ct
- Prenatal Omega Softgel
- Resveratrol Plus 60ct Capsule
- Super Hi B100 Time Release 100ct
- Super Potency Biotin 5mg 60ct
- Target-Mins Calcium-Magnesium Complex Tablets, 90 ct

Nutritional Supplements (Cont'd)

Country Life

- Target-Mins Calcium-Magnesium-Veg Capsules, 120 ct
- Target-Mins Total Mins Iron-Free Tablets, 60 ct
- Vitamin C 500mg Chewable 90ct
- Vitamin D3 2500 IU 200ct
- Vitamin D3 2500 IU 60ct

Country Life

- Omega-3 Fish Oils 1000mg 200ct

Iron Tek

- Essential Creatine Monohydrate 500g Powder

Nuts, Seeds and Dried Fruits

Bob's Red Mill

- Hemp Protein Powder
- Organic Golden Flaxseeds

Enjoy Life

- Not Nuts! Mountain Mambo Trail Mix

Pasta

Ancient Harvest

- Quinoa Supergrain Pasta, Elbows 8 oz
- Quinoa Supergrain Pasta, Rotelle 8 oz
- Quinoa Supergrain Pasta, Shells 8 oz

Bionaturae

- Organic Gluten Free Elbows Pasta
- Organic Gluten Free Fusilli
- Organic Gluten Free Linguine
- Organic Gluten Free Penne Rigate
- Organic Gluten Free Rigatoni
- Organic Gluten Free Spaghetti

DeBoles Foods

- Corn Elbow Pasta
- Corn Spaghetti
- Multi-Grain Penne
- Multi-Grain Spaghetti
- Rice Angel Hair Pasta
- Rice Penne
- Rice Spirals

Pasta (Cont'd)

Lundberg Farms

- Organic Brown Rice Penne Pasta
- Organic Brown Rice Rotini Pasta
- Organic Brown Rice Spaghetti Pasta

Tinkyada

- Brown Rice Elbow
- Brown Rice Fusilli
- Brown Rice Lasagne
- Brown Rice Penne
- Brown Rice Shells
- Brown Rice Spaghetti
- Brown Rice Spirals
- Organic Brown Rice Spaghetti
- Organic Brown Rice Spirals
- Vegetable Brown Rice Spirals

Pasta Sauce

Amy's

- Organic Family Marinara Pasta Sauce
- Organic Low Sodium Marinara Sauce
- Organic Tomato Basil Pasta Sauce, Light in Sodium

Personal Care

Pangea Organics

- Soap, Malagasy Cinnamon Cassia with Cloves
- Soap, Pyrenees Lavender with Cardamom
- Soap, Tunisian Olive Oil & Coconut - Hypoallergenic

Tom's of Maine

- Apricot Long Lasting Stick Deodorant
- Bay Lime Sensitive Stick Deodorant
- Calendula Stick Deodorant
- Cinnamint Antiplaque with Propolis & Myrrh Toothpaste
- Cinnamon Clove Whole Care Toothpaste
- Cucumber-Grapefruit Sensitive Stick Deodorant
- Fennel Anticavity SLS-Free Toothpaste
- Fennel Antiplaque Propolis & Myrrh Toothpaste
- Fragrance-Free Sensitive Stick Deodorant

Personal Care (Cont'd)

Tom's of Maine

- Honeysuckle Rose Stick Deodorant
- Lavender Long Lasting Stick Deodorant
- Lemongrass Long Lasting Stick Deodorant
- Orange-Mango Whole Care Gel Toothpaste
- Outrageous Orange-Mango Anticavity Toothpaste
- Peppermint Anti-Plaque Tartar Control Plus Whitening Toothpaste
- Peppermint Anticavity SLS-Free Toothpaste
- Peppermint Anticavity Toothpaste
- Peppermint Tartar Control Mouthwash
- Peppermint Whole Care Gel Toothpaste
- Peppermint Whole Care Toothpaste
- Silly Strawberry Anticavity Toothpaste
- Silly Strawberry Non-Fluoride Toothpaste
- Spearmint Antiplaque SLS-Free Toothpaste
- Spearmint Anti-Plaque Plus Whitening Gel Toothpaste
- Spearmint Anticavity ADA Mouthwash
- Spearmint Anticavity Toothpaste
- Spearmint Antiplaque with Propolis & Myrrh Toothpaste
- Spearmint Cleansing Mouthwash
- Spearmint Flat Floss
- Unflavored Round Floss
- Unscented Long Lasting Roll-on Deodorant
- Unscented Long Lasting Stick Deodorant
- Unscented Stick Deodorant
- Wintermint Whole Care Toothpaste
- Woodspice Stick Deodorant

Prepared Foods

Food Merchants

- Organic Polenta, Basil & Garlic
- Organic Polenta, Sundried Tomato & Garlic
- Organic Polenta, Traditional

Sauces, Salsas and Dips

Amy's

- Organic Black Bean & Corn Salsa
- Organic Medium Salsa
- Organic Mild Salsa

Sauces, Salsas and Dips (Cont'd)

Amy's

Organic Spicy Chipotle Salsa

Organicville

Organic Island Teriyaki

Organic Medium Salsa

Organic Mild Salsa

Organic Sesame Teriyaki

Tasty Bite

Rogan Josh Simmer Sauce

Tikka Masala Simmer Sauce

World Foods

Malaysian Sweet Chili Coconut Dipping Sauce

Thai 'Pad Thai' Noodle Sauce

Thai Coconut Galangal Stir Fry Sauce

Thai Galangal Lemon Grass Stir Fry Sauce

Thai Sweet Chili with Kaffir Lime Dipping Sauce

Thai Yellow Curry Ready to Pour Sauce

Seafood

Starfish

Crispy Battered Gluten Free Cod

Crispy Battered Gluten Free Haddock

Crispy Battered Gluten Free Halibut

The Crab Ladies

Original (Maryland Style) Jumbo Lump Crab Cake Appetizers

Original (Maryland Style) Jumbo Lump Crab Cakes

Soups

Amy's

Organic Black Bean Chili

Organic Black Bean Vegetable Soup

Organic Chunky Tomato Bisque

Organic Chunky Tomato Bisque, Light in Sodium

Organic Chunky Vegetable Soup

Organic Cream of Tomato Soup

Soups (Cont'd)

Amy's

Organic Cream of Tomato Soup, Light in Sodium

Organic Curried Lentil Soup

Organic Fire Roasted Southwestern Vegetable Soup

Organic Lentil Soup

Organic Lentil Soup, Light in Sodium

Organic Lentil Vegetable Soup

Organic Lentil Vegetable Soup, Light in Sodium

Organic Medium Chili

Organic Medium Chili with Vegetables

Organic Medium Chili, Light in Sodium

Organic Southwestern Black Bean Chili

Organic Spicy Chili

Organic Spicy Chili, Light in Sodium

Organic Split Pea Soup

Organic Split Pea Soup, Light in Sodium

Organic Summer Corn & Vegetable Soup

Organic Thai Coconut Soup (Tom Kha Phak)

Organic Tuscan Bean & Rice Soup

Edward & Sons

Miso-Cup, Original Golden Vegetable

Imagine Foods

Broccoli Soup 32 oz

Butternut Squash Soup 16 oz

Butternut Squash Soup 32 oz

Chicken Broth 16 oz

Corn & Lemongrass Soup 16 oz

Corn & Lemongrass Soup 32 oz

Creamy Tomato Soup 16 oz

Free Range Chicken Broth 32 oz

No Chicken Broth 32 oz

Organic Acorn Squash & Mango Soup 32 oz

Organic Chicken Broth, Low Sodium 32 oz

Organic Corn Soup, Low Sodium 32 oz

Organic Portabello Mushroom Soup 32 oz

Organic Potato Soup, Low Sodium 32 oz

Organic Sweet Pea Soup 32 oz

Organic Tomato Soup 32 oz

Organic Tomato Soup, Low Sodium 32 oz

Organic Vegetable Broth, Low Sodium 32 oz

Portabello Mushroom Soup 16 oz

Potato Leek Soup 16 oz

Soups (Cont'd)

Imagine Foods

- Potato Leek Soup 32 oz
- Sweet Potato Soup 32 oz
- Tomato Basil Soup 32 oz
- Vegetable Broth 32 oz

Kettle Cuisine

- Angus Beef Steak Chili with Beans
- Chicken Chili with White Beans
- Chicken Soup with Rice Noodles
- Grilled Chicken and Corn Chowder

Spices and Seasonings

Edward & Sons

- Bouillon Cubes, Low Sodium Veggie
- Bouillon Cubes, Not-Chick'n

Sweeteners

Lundberg Farms

- Brown Rice Syrup
- Organic Brown Rice Syrup