

# Gluten Free

SPECIAL DIETS SERIES

CELEBRATING  
YOUR  
CHOICES



## North Wales Store, Mid-Atlantic Region

Whole Foods Market is excited to bring you "Celebrating Your Choices," a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product. If you have any questions, you may contact us at [WFMSpecialDiets@wholefoods.com](mailto:WFMSpecialDiets@wholefoods.com).

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## Baby & Infant Food

### Stonyfield Farm

YoBaby Banana/Vanilla Yogurt  
YoBaby Blueberry/Apple Yogurt  
YoBaby Drinkable Yogurt, Banana  
YoBaby Drinkable Yogurt, Peach  
YoBaby Peach/Pear Yogurt  
YoBaby Simply Plain Yogurt

## Baked Goods

### Kinnikinnick

Chocolate Chip Muffins  
Cinnamon Sugar Donuts  
Vanilla Glazed Donuts

### WFM Gluten Free Bakehouse

Almond Scones  
Banana Bread  
Blueberry Muffins  
Cheddar Biscuits  
Cherry Almond Streusel Muffins  
Cherry Pie  
Chocolate Chip Cookies  
Cinnamon Raisin Bread  
Cornbread  
Cranberry Orange Scones  
Honey Oat Bread  
Lemon Poppyseed Muffins (4 pack)  
Morning Glory Muffins  
Nutmeal Raisin Cookies  
Pie Shells

## Baked Goods (Cont'd)

### WFM Gluten Free Bakehouse

Pizza Crust  
Prairie Bread  
Sandwich Bread

## Baking Needs

### 365 Everyday Value™

Gluten Free Chocolate Cake Mix  
Gluten Free Chocolate Chip Cookie Mix

### Arrowhead Mills

Buckwheat Flour  
Gluten Free All Purpose Baking Mix  
Gluten Free Brownie Mix  
Gluten Free Chocolate Chip Cookie Mix  
Gluten Free Pancake & Baking Mix  
Long Grain Brown Rice Flour  
Millet Flour  
White Rice Flour  
Yellow Corn Meal

### Bob's Red Mill

Almond Flour  
Arrowroot Starch Flour  
Brown Rice Flour  
Flaxseed Meal  
Gluten Free All Purpose Baking Flour  
Gluten Free Cornbread Mix  
Gluten Free Sweet White Sorghum Flour  
GlutenFree Rolled Oats  
Organic Coconut Flour  
Organic Flaxseed Meal  
Organic Golden Flaxseed Meal  
Potato Starch  
Teff Flour  
Xanthan Gum

## Baking Needs (Cont'd)

### Chebe

Pizza Crust Mix

### Cherrybrook Kitchen

Chocolate Frosting Mix

Vanilla Frosting Mix

### Cherrybrook Kitchen Gluten Free Dreams

Sugar Cookie Mix

### Enjoy Life

Semi-Sweet Chocolate Chips

### Gluten Free Pantry

Beth's All Purpose Flour Mix

Brown Rice Pancake & Waffle Mix

Chocolate Truffle Brownie Mix

Muffins & Scone Mix

Old Fashioned Cake & Cookie Mix

Perfect Pie Crust Mix

Yankee Cornbread & Muffin Mix

### Hain

Baking Powder

### Let's Do...

Chocolatey Sprinkelz

Confetti Sprinkelz

### Let's Do... Organic

Organic Cornstarch

Organic Shredded Coconut

Organic Tapioca Pearls

### Namaste

Pizza Crust Mix

Spice Cake Mix

### Pamela's Products

Baking & Pancake Mix

Baking & Pancake Mix, 4 lb

Chocolate Brownie Mix

Chocolate Cake Mix

Chocolate Chunk Cookie Mix

Gluten-Free Bread Mix

### Tropical Source

Semi Sweet Chocolate Chips

## Baking Needs (Cont'd)

### WFM Gluten Free Bakehouse

Pie Shells

## Beverages

### 365 Every Day Value™

Black Cherry Soda

Cherry Vanilla Creme Soda

Cola

Ginger Ale

Key Lime Soda

Orange Creme Soda

Raspberry Soda

Root Beer Soda

### Celestial Seasonings

Bengal Spice Tea, 20 Ct

Chamomile Tea, 20 Ct

Decaf Green Tea, 25 Ct

Decaf Mint Green Tea, 20 Ct

Honey Vanilla Chamomile Tea, 20 Ct

Lemon Zinger Green Tea, 20 Ct

Lemon Zinger Tea, 20 Ct

Mint Magic Tea, 20 Ct

Peppermint Tea, 20 Ct

Red Zinger Tea, 20 Ct

Sleepytime Extra Tea, 20 Ct

Sleepytime Tea, 20 Ct

Tangerine Orange Zinger Tea, 20 Ct

Tension Tamer Tea, 20 Ct

### Eden

Organic EdenBlend, Rice & Soy Beverage, 32 oz

### So Delicious

Original (Plain) Coconut Milk Beverage

Unsweetened Coconut Milk Beverage

Vanilla Coconut Milk Beverage

## Bread

### Enjoy Life

Original Bagels

## Bread (Cont'd)

### Food For Life

Brown Rice Bread, Wheat & Gluten Free  
Millet Bread, Wheat & Gluten Free  
Rice Almond Bread, Wheat & Gluten Free  
White Rice Bread, Wheat & Gluten Free  
Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

### Glutino

Bagels, Plain  
Bagels, Sesame Seed  
Premium Cinnamon & Raisin Bread  
Premium Corn Bread  
Premium Flax Seed Bread

### Kinnikinnick

Tapioca Rice Sesame Bagels

### WFM Gluten Free Bakehouse

Cheddar Biscuits  
Cinnamon Raisin Bread  
Cornbread  
Honey Oat Bread  
Prairie Bread  
Sandwich Bread

## Candy and Chocolate

### Endangered Species Chocolate

Dark Chocolate with Blueberries - Sea Turtle  
Dark Chocolate with Cranberries & Almonds - Wolf  
Dark Chocolate with Deep Forest Mint  
Dark Chocolate with Espresso Beans - Tiger  
Dark Chocolate with Hazelnut Toffee - Rhino  
Extreme Dark Chocolate - Panther  
Intense Dark Chocolate with Cacao Nibs - Bat  
Smooth Milk Chocolate - Sea Otter  
Smooth Organic Dark Chocolate - Butterfly  
Supreme Dark Chocolate - Chimpanzee

## Candy and Chocolate (Cont'd)

### Enjoy Life

Boom Choco Boom Dairy-Free Rice Milk Chocolate Bar  
Boom Choco Boom Dairy-Free Rice Milk w/ Crispy Rice Chocolate Bar

### Glee Gum

Glee Bubblegum Flavor Gum  
Glee Cinnamon Gum  
Glee Peppermint Gum  
Glee Spearmint Gum  
Glee Tangerine Gum

### Let's Do...

Chocolatey Sprinkelz  
Confetti Sprinkelz

## Canned Goods

### Amy's

Organic Refried Beans with Green Chiles  
Organic Refried Black Beans, Low in Sodium  
Organic Traditional Refried Beans, Light in Sodium  
Organic Vegetarian Baked Beans

### Native Forest

Artichoke Hearts, Whole  
Organic Hearts of Palm

## Cereal

### Ancient Harvest

Organic Quinoa Flakes 12 oz

### Arrowhead Mills

Maple Buckwheat Organic Flakes  
Organic Rice & Shine Hot Cereal

### Barbara's Bakery

Honey Rice Puffins Cereal

### Bob's Red Mill

Gluten Free Mighty Tasty Hot Cereal  
GlutenFree Rolled Oats

### Enjoy Life

Cinnamon Crunch Granola

## Cereal (Cont'd)

### EnviroKidz

- Amazon Frosted Flakes Organic Cereal
- Gorilla Munch Organic Cereal
- Koala Crisp Organic Cereal
- Leapin' Lemurs Peanut Butter & Chocolate Organic Cereal
- Peanut Butter Panda Puffs Organic Cereal

### Nature's Path

- Organic Crispy Rice Cereal
- Organic Fruit Juice Sweetened Corn Flakes
- Organic Fruit Juice Sweetened Corn Flakes, 26.4 oz
- Organic Honey'd Cornflakes
- Organic Mesa Sunrise Cereal
- Organic Mesa Sunrise Cereal, 26.4 oz
- Organic Whole O's Cereal

## Cheese

### Applegate Farms

- Sliced Emmentaler Swiss Cheese
- Sliced Havarti Cheese
- Sliced Medium Cheddar Cheese
- Sliced Pepperjack Cheese
- Sliced Probiotic Yogurt Cheese
- Sliced Provolone Cheese

### Follow Your Heart

- Vegan Gourmet Cheddar
- Vegan Gourmet Monterey Jack
- Vegan Gourmet Mozzarella Cheese

## Chips, Pretzels and Snacks

### Arico

- Cassava Chips, Ginger on Fire
- Cassava Chips, Original
- Cassava Chips, Sea Salt Mist

### Cupoladua Oven

- Smoked Gouda Cupola Clouds

### Food Should Taste Good

- Buffalo Tortilla Chips 6 oz
- Cinnamon Tortilla Chips 5.5 oz
- Lime Tortilla Chips 5.5 oz

## Chips, Pretzels and Snacks (Cont'd)

### Food Should Taste Good

- Multigrain Tortilla Chips 12 oz
- Potato & Chive Tortilla Chips 5.5 oz
- Sweet Potato Tortilla Chips 6 oz
- The Works! Tortilla Chips 6 oz
- Yellow Corn Tortilla Chips 11 oz

### Food Should Taste Good

- Chocolate Tortilla Chips 6 oz
- Jalapeno Tortilla Chips 6 oz
- Multigrain Tortilla Chips 6 oz
- Olive Tortilla Chips 6 oz

### Glutino

- Pretzel Sticks, Family Bag
- Pretzels, Family Bag

### Kettle Brand®

- Krinkle Cut Potato Chips, Lightly Salted 14 oz
- Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 2 oz
- Potato Chips, Lightly Salted 5 oz
- Potato Chips, New York Cheddar w/ Herbs 2 oz
- Potato Chips, New York Cheddar w/ Herbs 5 oz
- Potato Chips, Organic Lightly Salted 5 oz
- Potato Chips, Sea Salt & Vinegar 5 oz
- Potato Chips, Unsalted 5 oz

### Kettle Brand®

- Baked Potato Chips, Aged White Cheddar 4 oz
- Baked Potato Chips, Hickory Honey BBQ 4 oz
- Baked Potato Chips, Lightly Salted 4 oz
- Baked Potato Chips, Sea Salt & Vinegar 4 oz
- Krinkle Cut Potato Chips, Buffalo Bleu 5 oz
- Krinkle Cut Potato Chips, Classic BBQ 14 oz
- Potato Chips, Backyard Barbeque 5 oz
- Potato Chips, Death Valley Chipotle 5 oz
- Potato Chips, Jalapeno 5 oz
- Potato Chips, Organic Sea Salt & Black Pepper 5 oz

## **Chips, Pretzels and Snacks (Cont'd)**

### **Kettle Brand®**

- Potato Chips, Sour Cream, Onion & Chive 5 oz
- Potato Chips, Spicy Thai 5 oz
- Potato Chips, Sweet Onion 2 oz
- Potato Chips, Tuscan Three Cheese 5 oz

### **Lundberg Farms**

- Brown Rice Cakes
- Fiesta Lime Rice Chips
- Honey Nut Rice Cakes
- Organic Brown Rice Cakes
- Organic Sea Salt Rice Chips
- Organic Unsalted Brown Rice Cakes
- Sante Fe BBQ Rice Chips
- Sesame Seaweed Rice Chips
- Unsalted Brown Rice Cakes

### **Mr. Krispers**

- Baked Rice Krisps, Sea Salt & Pepper
- Baked Rice Krisps, Sour Cream & Onion

## **Condiments**

### **Follow Your Heart**

- Vegenaise, Grapeseed Oil
- Vegenaise, High Omega-3 w/ Expeller-Pressed Canola Oil
- Vegenaise, Original

### **Organicville**

- Organic Ketchup
- Organic Original BBQ Sauce

### **Spectrum**

- Canola Mayonnaise 16 oz
- Light Canola Eggless Mayonnaise 16 oz
- Light Canola Eggless Mayonnaise 32 oz
- Organic Olive Oil Mayonnaise
- Organic Omega-3 Mayonnaise with Flax 16 oz
- Organic Soy Mayonnaise 16 oz
- Organic Soy Mayonnaise, Squeeze Bottle

## **Cookies and Snack Bars**

### **Arico**

- Almond Cranberry Cookies
- Chocolate Chunk Cookies

## **Cookies and Snack Bars (Cont'd)**

### **Arico**

- Lemon Ginger Cookies

### **Cherrybrook Kitchen Gluten Free Dreams**

- Chocolate Chip Mini Cookies
- Vanilla Graham Mini Cookies

### **Enjoy Life**

- Soft Baked Double Chocolate Brownie Cookies
- Soft Baked Happy Apple Cookies
- Soft Baked Lively Lemon Cookies
- Soft Baked No-Oats "Oatmeal" Cookie
- Soft Baked Snickerdoodle Cookies

### **EnviroKidz**

- Cheetah Organic Crispy Rice Bars, Berry
- Koala Organic Crispy Rice Bars, Chocolate
- Organic Vanilla Animal Cookies
- Panda Organic Crispy Rice Bars, Peanut Butter
- Penguin Organic Crispy Rice Bars, Fruity Burst

### **Glutino**

- Breakfast Bars, Apple
- Breakfast Bars, Blueberry
- Chocolate Coated Wafers
- Lemon Wafers
- Organic Bar, Chocolate-Banana
- Vanilla Wafers

### **Ian's Natural Foods**

- Chocolate Chip Cookie Buttons, Wheat Free Gluten Free
- Crunchy Cinnamon Cookie Buttons, Wheat Free Gluten Free

### **Kinnikinnick**

- KinniTOOS Chocolate Sandwich Creme Cookies
- KinniTOOS Vanilla Sandwich Creme Cookies

### **Let's Do...**

- Gluten Free Ice Cream Cones

### **Mi-Del**

- Chocolate Chip Cookies
- Ginger Snaps

## Cookies and Snack Bars (Cont'd)

### Pamela's Products

- Almond Anise Biscotti
- Butter Shortbread Cookies
- Chocolate Walnut Biscotti
- Chunky Chocolate Chip Cookies
- Lemon Almond Biscotti
- Organic Spicy Ginger Cookies
- Simplebites Chocolate Chip Mini Cookies
- Simplebites Ginger Mini Snapz

### WFM Gluten Free Bakehouse

- Chocolate Chip Cookies
- Nutmeal Raisin Cookies

## Crackers

### Blue Diamond

- Almond Nut-Thins
- Cheddar Cheese Nut-Thins
- Hazelnut Nut-Thins
- Pecan Nut-Thins
- Smokehouse Almond Nut-Thins

### Edward & Sons

- Exotic Rice Toast, Thai Red Rice & Flaxseed

### Glutino

- Crackers, Cheddar
- Crackers, Multigrain
- Crackers, Original

### Mary's Gone Crackers

- Crackers, Caraway
- Crackers, Herb
- Crackers, Onion
- Crackers, Original

## Dairy

### Brown Cow

- Apricot-Mango Whole Milk Yogurt, 6 oz
- Blueberry Whole Milk Yogurt, 6 oz
- Cherry-Vanilla Whole Milk Yogurt, 6 oz
- Chocolate Whole Milk Yogurt, 6 oz
- Coffee Whole Milk Yogurt, 6 oz
- Low Fat Vanilla Yogurt, 32 oz

## Dairy (Cont'd)

### Brown Cow

- Maple Whole Milk Yogurt, 6 oz
- Peach Whole Milk Yogurt, 6 oz
- Plain Whole Milk Yogurt, 6 oz
- Raspberry Whole Milk Yogurt, 6 oz
- Strawberry Whole Milk Yogurt, 6 oz
- Vanilla Whole Milk Yogurt, 6 oz

### Earth Balance

- Buttery Sticks
- Organic Whipped Buttery Spread
- Original Buttery Spread
- Soy Free Buttery Spread

### Stonyfield Farm

- Fat Free French Vanilla Probiotic Multi-Pack
- Organic Banana Berry Yogurt Smoothie, 10 oz
- Organic Cream Top Chocolate Underground, 6 oz
- Organic Cream Top French Vanilla Yogurt, 32 oz
- Organic Cream Top French Vanilla, 6 oz
- Organic Cream Top Plain Yogurt, 32 oz
- Organic Cream Top Strawberries & Cream Yogurt, 6 oz
- Organic Fat Free Black Cherry Yogurt, Fruit on the Bottom, 6 oz
- Organic Fat Free Blueberry Yogurt, Fruit on the Bottom, 6 oz
- Organic Fat Free Chocolate Underground Yogurt, 6 oz
- Organic Fat Free French Vanilla Yogurt, 32 oz
- Organic Fat Free French Vanilla Yogurt, 6 oz
- Organic Fat Free Key Lime Yogurt, 6 oz
- Organic Fat Free Lotsa Lemon Yogurt, 6 oz
- Organic Fat Free Peach Yogurt, 6 oz
- Organic Fat Free Plain Yogurt, 32 oz
- Organic Fat Free Plain Yogurt, 6 oz
- Organic Fat Free Strawberry, 6 oz
- Organic Low Fat BaNilla Yogurt, 32 oz
- Organic Low Fat Blueberry Yogurt, 32 oz
- Organic Low Fat Blueberry Yogurt, 6 oz

## Dairy (Cont'd)

### Stonyfield Farm

Organic Low Fat Cherry Vanilla Yogurt, 6 oz  
Organic Low Fat Just Peachy Yogurt, Fruit on the Bottom, 6 oz  
Organic Low Fat Plain Yogurt, 32 oz  
Organic Low Fat Plain Yogurt, 6 oz  
Organic Low Fat Raspberry Yogurt, 6 oz  
Organic Low Fat Strawberry Pomegranate Yogurt, 6 oz  
Organic Low Fat Strawberry Yogurt, 32 oz  
Organic Low Fat Strawberry Yogurt, Fruit on the Bottom, 6 oz  
Organic Low Fat Vanilla Yogurt  
Organic Low Fat Vanilla, 32 oz  
Organic O'Soy Strawberry/Peach Yogurt, 6-pack  
Organic Peach Yogurt Smoothie, 10 oz  
Organic Raspberry Yogurt Smoothie, 10 oz  
Organic Strawberry Yogurt Smoothie, 10 oz  
Organic Strawberry Yogurt Smoothies, 4 pack  
Organic Vanilla Yogurt Smoothie, 10 oz  
Organic Wild Berry Yogurt Smoothie, 10 oz  
Organic Wild Berry Yogurt Smoothies, 4 pack  
YoBaby Banana/Vanilla Yogurt  
YoBaby Blueberry/Apple Yogurt  
YoBaby Drinkable Yogurt, Banana  
YoBaby Drinkable Yogurt, Peach  
YoBaby Peach/Pear Yogurt  
YoBaby Simply Plain Yogurt  
YoKids Squeezers Cherry/Berry Blitz  
YoKids Squeezers Screamin' Strawberry  
YoKids Strawberry BaNilla Blast Yogurt

## Dairy Alternatives

### 365 Everyday Value™

Organic Ricemilk - Original  
Organic Ricemilk - Unsweetened  
Organic Ricemilk - Vanilla  
Organic Soymilk - Chocolate, 32 oz  
Organic Soymilk - Chocolate, 64 oz  
Organic Soymilk - Original, 32 oz  
Organic Soymilk - Original, 64 oz

## Dairy Alternatives (Cont'd)

### 365 Everyday Value™

Organic Soymilk - Unsweetened, 32 oz  
Organic Soymilk - Unsweetened, 64 oz  
Organic Soymilk - Vanilla, 32 oz  
Organic Soymilk - Vanilla, 64 oz

### Almond Dream

Almond Drink, Unsweetened Original 64 oz

### Blue Diamond

Almond Breeze, Chocolate  
Almond Breeze, Chocolate Unsweetened  
Almond Breeze, Original  
Almond Breeze, Original Unsweetened  
Almond Breeze, Vanilla  
Almond Breeze, Vanilla Unsweetened

### Eden

Organic EdenBlend, Rice & Soy Beverage, 32 oz

### Follow Your Heart

Vegan Gourmet Cheddar  
Vegan Gourmet Monterey Jack  
Vegan Gourmet Mozzarella Cheese

### Rice Dream

Enriched Rice Milk Beverage, Chocolate 32 oz  
Enriched Rice Milk Beverage, Original 8 oz  
Enriched Rice Milk Beverage, Vanilla 32 oz  
Heartwise Rice Milk Beverage, Original 32 oz  
Heartwise Rice Milk Beverage, Vanilla 32 oz  
Organic Enriched Rice Milk Beverage, Original 32 oz  
Organic Enriched Rice Milk Beverage, Original 64 oz  
Organic Enriched Rice Milk Beverage, Vanilla 64 oz  
Refrigerated Ricemilk, Original 64 oz  
Refrigerated Ricemilk, Vanilla 64 oz  
Rice Milk Beverage, Carob 32 oz  
Rice Milk Beverage, Original 32 oz  
Rice Milk Beverage, Vanilla 32 oz

## Dairy Alternatives (Cont'd)

### So Delicious

- Blueberry Agave Sweetened Soy Yogurt
- Blueberry Cultured Coconut Milk Yogurt
- Chocolate Cultured Coconut Milk Yogurt
- French Vanilla Coconut Milk Creamer
- Hazelnut Coconut Milk Creamer
- Original (Plain) Coconut Milk Beverage
- Original (Plain) Coconut Milk Creamer
- Original (Plain) Coconut Milk Kefir
- Passionate Mango Cultured Coconut Milk Yogurt
- Pina Colada Cultured Coconut Milk Yogurt
- Plain Cultured Coconut Milk Yogurt
- Raspberry Cultured Coconut Milk Yogurt
- Strawberry Banna Cultured Coconut Milk Yogurt
- Strawberry Cultured Coconut Milk Yogurt
- Unsweetened Coconut Milk Beverage
- Vanilla Agave Sweetened Soy Yogurt
- Vanilla Coconut Milk Beverage
- Vanilla Coconut Milk Kefir
- Vanilla Cultured Coconut Milk Yogurt

### Stonyfield Farm

- Organic O'Soy Blueberry Yogurt, 6 oz
- Organic O'Soy Chocolate Yogurt, 6 oz
- Organic O'Soy Peach Yogurt, 6 oz
- Organic O'Soy Raspberry Yogurt, 6 oz
- Organic O'Soy Vanilla Yogurt, 6 oz
- Organic O'Soy Strawberry Yogurt, 6 oz

### WestSoy

- Plus Soy Beverage, Plain 32 oz
- Plus Soy Beverage, Plain 64 oz
- Plus Soy Beverage, Vanilla 32 oz
- Plus Soy Beverage, Vanilla 64 oz
- Soy Beverage, Unsweetened Chocolate 32 oz

## Deli Style Meats and Cheeses

### Applegate Farms

- Sliced Honey Ham
- Sliced Honey Maple Turkey
- Sliced Organic Genoa Salami
- Sliced Organic Herb Turkey
- Sliced Organic Oven Roasted Turkey

## Deli Style Meats and Cheeses (Cont'd)

### Applegate Farms

- Sliced Organic Smoked Chicken
- Sliced Organic Smoked Turkey
- Sliced Organic Uncured Ham
- Sliced Oven Roasted Sliced Turkey
- Sliced Slow Cooked Ham
- Sliced Smoked Turkey
- Sliced Turkey Bologna
- Sliced Turkey Salami

## Desserts

### French Meadow Bakery

- Gluten Free Fudge Brownie

### WFM Gluten Free Bakehouse

- Cherry Pie

## Energy and Nutrition Bars/Drinks

### Prana Bar

- Organic Apple Pie
- Organic Apricot Pumpkin
- Organic Cashew Almond
- Organic Coconut Acai
- Organic Pear Ginseng

## Entrees and Mixes

### 365 Everyday Value™

- Gluten Free Chocolate Cake Mix
- Gluten Free Chocolate Chip Cookie Mix

### Arrowhead Mills

- Gluten Free All Purpose Baking Mix
- Gluten Free Brownie Mix
- Gluten Free Chocolate Chip Cookie Mix

### Bob's Red Mill

- TVP (Textured Vegetable Protein)

### Chebe

- Pizza Crust Mix

### Cherrybrook Kitchen

- Chocolate Frosting Mix
- Vanilla Frosting Mix

## Entrees and Mixes (Cont'd)

### Cherrybrook Kitchen Gluten Free Dreams

Sugar Cookie Mix

### Edward & Sons

Chreesy Mashed Potato Mix

### Lundberg Farms

Organic Alfredo Risotto

Organic Florentine Risotto

Organic Tuscan Risotto

### Namaste

Pizza Crust Mix

Spice Cake Mix

### Road's End Organics

Dairy Free Cheddar Style Penne & Chreese

Organic Golden Gravy Mix

Organic Shiitake Mushroom Gravy Mix

### Tasty Bite

Jaipur Vegetables

Kashmir Spinach

Kerala Vegetables

Madras Lentils

Malaysian Lodeh

Paneer Makhani

Spinach Dal

### Tasty Bite

Spinach Dal & Basmati Rice

## Ethnic Foods

### Amy's

Organic Asian Noodle Stir-Fry

Organic Black Bean Enchilada Whole Meal

Organic Black Bean Tamale Verde Whole Meal

Organic Black Bean Vegetable Enchilada

Organic Black Bean Vegetable Enchilada, Light in Sodium

Organic Cheese Enchilada

Organic Cheese Tamale Verde Whole Meal

Organic Indian Mattar Tofu

Organic Indian Palak Paneer

Organic Indian Vegetable Korma

Organic Mexican Casserole Bowl

Organic Mexican Tamale Pie

## Ethnic Foods (Cont'd)

### Amy's

Organic Roasted Vegetable Tamale Whole Meal

Organic Santa Fe Enchilada Bowl

Organic Teriyaki Bowl

Organic Thai Stir-Fry

Organic Tortilla Casserole & Black Beans Bowl

### Annie Chun's

Maifun Rice Noodles

### Edward & Sons

Miso-Cup, Original Golden Vegetable

### Food For Life

Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

### Food Merchants

Organic Polenta, Basil & Garlic

Organic Polenta, Sundried Tomato & Garlic

Organic Polenta, Traditional

### Native Forest

Organic Coconut Milk

### Native Forest

Light Coconut Milk

### Organicville

Organic Island Teriyaki

### Tasty Bite

Good Korma Simmer Sauce

Jaipur Vegetables

Kashmir Spinach

Kerala Vegetables

Madras Lentils

Malaysian Lodeh

Paneer Makhani

Rogan Josh Simmer Sauce

Spinach Dal

### Tasty Bite

Spinach Dal & Basmati Rice

## Frozen Foods

### Amy's

- Kids Baked Ziti Meal
- Organic Asian Noodle Stir-Fry
- Organic Baked Ziti Bowl
- Organic Bistro Veggie Burger
- Organic Black Bean Enchilada Whole Meal
- Organic Black Bean Tamale Verde Whole Meal
- Organic Black Bean Vegetable Enchilada
- Organic Black Bean Vegetable Enchilada, Light in Sodium
- Organic Brown Rice & Vegetables Bowl
- Organic Brown Rice, Black-Eyed Peas & Veggies Bowl
- Organic Cheese Enchilada
- Organic Cheese Tamale Verde Whole Meal
- Organic Garden Vegetable Lasagna
- Organic Indian Mattar Tofu
- Organic Indian Palak Paneer
- Organic Indian Vegetable Korma
- Organic Mexican Casserole Bowl
- Organic Mexican Tamale Pie
- Organic Rice Crust Cheese Pizza
- Organic Rice Crust Spinach Pizza
- Organic Rice Mac & Cheese
- Organic Roasted Vegetable Tamale Whole Meal
- Organic Santa Fe Enchilada Bowl
- Organic Single Serve Non-Dairy Rice Crust Cheeze Pizza
- Organic Teriyaki Bowl
- Organic Thai Stir-Fry
- Organic Tofu Scramble
- Organic Tortilla Casserole & Black Beans Bowl

### Applegate Farms

- Maple Breakfast Sausage
- Organic Turkey Burgers
- Sage Breakfast Sausage

### Caesar's

- Manicotti, Gluten-Free Wheat-Free
- Stuffed Shells, Gluten-Free Wheat-Free
- Vegetable Lasagna, Gluten-Free Wheat-Free

## Frozen Foods (Cont'd)

### French Meadow Bakery

- Gluten Free Chocolate Chip Cookie Dough
- Gluten Free Fudge Brownie

### Glutino

- Pizza, Duo Cheese

### Ian's Natural Foods

- Alpha Tots
- Chicken Fingers, Allergen Free
- French Toast Sticks, Wheat Free Gluten Free
- Ian's Chicken Nuggets, Allergen Free
- Ian's Fish Sticks, Allergen Free
- Kids Meal, Mac No Cheese
- Soy Cheesy French Bread Pizza, Wheat Free Gluten Free

### It's Soy Delicious

- Almond Pecan Non-Dairy Frozen Dessert
- Awesome Chocolate Non-Dairy Frozen Dessert
- Chocolate Almond Non-Dairy Frozen Dessert
- Chocolate Peanut Butter Non-Dairy Frozen Dessert
- Green Tea Non-Dairy Frozen Dessert
- Vanilla Non-Dairy Frozen Dessert

### Julie's Organic Ice Cream

- Glutenfreeda's Organic Gluten Free Vanilla Ice Cream Sandwich

### Kettle Cuisine

- Angus Beef Steak Chili with Beans
- Chicken Chili with White Beans
- Chicken Soup with Rice Noodles
- Grilled Chicken and Corn Chowder

### Kinnikinnick

- Chocolate Chip Muffins
- Cinnamon Sugar Donuts
- Tapioca Rice Sesame Bagels
- Vanilla Glazed Donuts

### Nature's Path

- Organic Buckwheat Wildberry Waffles
- Organic Homestyle Waffles

## Frozen Foods (Cont'd)

### Organic So Delicious

Chocolate Velvet Non-Dairy Frozen Dessert  
Creamy Vanilla Non-Dairy Frozen Dessert  
Mocha Fudge Non-Dairy Frozen Dessert  
Neopolitan Non-Dairy Frozen Dessert

### Purely Decadent

Chocolate Non-Dairy Frozen Coconut Milk Dessert  
Chocolate Peanut Butter Swirl Non-Dairy Frozen Coconut Milk Dessert  
Coconut Non-Dairy Frozen Coconut Milk Dessert  
Mint Chip Non-Dairy Frozen Coconut Milk Dessert  
Mint Chocolate Chip Non-Dairy Frozen Dessert  
Mocha Almond Fudge Non-Dairy Frozen Coconut Milk Dessert  
Passionate Mango Non-Dairy Frozen Coconut Milk Dessert  
Peanut Butter Zig Zag Non-Dairy Frozen Dessert  
Praline Pecan Non-Dairy Frozen Dessert  
Turtle Trails Non-Dairy Frozen Dessert  
Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert

### Rice Dream

Cocoa Marble Fudge Frozen Dessert, Pint  
Rice Dream, Strawberry  
Vanilla Frozen Dessert, Pint

### So Delicious

Coconut Almond Bar, Made with Coconut Milk  
Kidz Assorted Fruit Pops  
Orange Passion Fruit Agave Sweetened Fruit Bar  
Raspberry Agave Sweetened Fruit Bar  
Strawberry Agave Sweetened Fruit Bar  
Vanilla Bar, Made with Coconut Milk

### Starfish

Crispy Battered Gluten Free Cod  
Crispy Battered Gluten Free Haddock  
Crispy Battered Gluten Free Halibut

## Frozen Foods (Cont'd)

### Sweet Nothings

Non-Dairy Fudge Bar

### Van's

Wheat Free Blueberry Waffles  
Wheat Free Flax Waffles  
Wheat Free Homestyle Waffles

## Grains and Rice

### Ancient Harvest

Inca Red Organic Quinoa 12 oz  
Traditional Organic Quinoa 12 oz

### Annie Chun's

Rice Express Black Pearl Rice  
Rice Express Multi Grain Rice  
Rice Express Sprouted Brown Rice  
Rice Express Sticky White Rice

### Lundberg Farms

Eco-Farmed Black Japonica Field Gourmet Blend  
Eco-Farmed California Brown Basmati Rice  
Eco-Farmed California White Arborio Rice  
Eco-Farmed California White Basmati Rice  
Eco-Farmed Countrywild Gourmet Blend Rice  
Eco-Farmed Jubilee Gourmet Blend Rice  
Eco-Farmed Short Grain Brown Rice  
Eco-Farmed Wild Blend Gourmet Blend Rice  
Organic Alfredo Risotto  
Organic California Brown Basmati Rice  
Organic California White Basmati Rice  
Organic Long Grain Brown Rice  
Organic Short Grain Brown Rice  
Organic Wild Rice

## Jams and Nut Butters

### Arrowhead Mills

Creamy Peanut Butter, 16 oz  
Crunchy Peanut Butter, 26 oz

### Blue Diamond

Homestyle Almond Butter, Creamy  
Homestyle Almond Butter, Crunchy  
Homestyle Almond Butter, Honey

## Jams and Nut Butters (Cont'd)

### Earth Balance

Creamy Natural Almond Butter  
Creamy Natural Peanut Butter

## Meat Alternatives

### Bob's Red Mill

TVP (Textured Vegetable Protein)

## Meat and Poultry

### Applegate Farms

Chicken Apple Breakfast Sausage  
Maple Breakfast Sausage  
Organic Beef Hot Dogs  
Organic Hot Dogs  
Organic Sliced Sunday Bacon  
Organic Turkey Burgers  
Organic Turkey Hot Dogs  
Sage Breakfast Sausage

## Nutritional Supplements

### BioChem

100% Greens & Whey Protein Powder  
100% Greens & Whey Protein Powder Vanilla  
100% Whey Protein Natural Flavor  
100% Whey Protein Natural Flavor  
100% Whey Protein Vanilla 1.9lb  
100% Whey Protein Vanilla 13.9oz  
Creatine Monohydrate 325mg Powder

### Country Life

Buffered C 1000mg w/Rose Hips 100ct  
Buffered C 1000mg w/Rose Hips 250ct  
Acerola Vitamin C 500mg Chewable 90ct  
Action B-50 100ct  
B-12 1000mcg Time Release 60ct  
Biotin 1000mcg 100ct  
Calcium Citrate with D Tablets, 120 ct  
Charcoal Capsules 100 ct  
Chewable Multivitamin 60ct  
Coenzyme B Complex 60ct  
Daily Total One 30ct Capsule  
Daily Total One-a-Day w/Iron 30ct  
Dolphin Pals for Kids 90ct

## Nutritional Supplements (Cont'd)

### Country Life

L-Lysine 500mg Capsules with B-6, 100 ct  
Liquid Multivitamin  
Maxi Baby-dophilus Powder, 2 oz  
Maxi C 1000mg 90ct  
Maxi Pre-Natal Capsules 180ct  
Maxi-Sorb Cal/Mag Citrate with Vitamin D Softgels, 100 ct  
Maxi-Sorb Cal/Mag Citrate with Vitamin D Softgels, 200 ct  
Maxi-Sorb Vegetarian Support 120ct  
Omega-3 Fish Oils 1000mg 100ct  
Omega-3 Fish Oils 1000mg 50ct  
Omega-3 Mood 90ct Softgels  
Papaya Chewable 25mg 500ct  
Power-dophilus Capsules, 100 ct  
Power-dophilus Capsules, 200 ct  
Resveratrol Plus 60ct Capsule  
Super Potency Biotin 5mg 60ct  
Tall Tree Children's Chewable 100ct  
Target-Mins Calcium-Magnesium Capsules, 180 ct  
Target-Mins Calcium-Magnesium Capsules, 90 ct  
Target-Mins Calcium-Magnesium Complex Tablets, 180 ct  
Target-Mins Calcium-Magnesium Complex Tablets, 90 ct  
Target-Mins Calcium-Magnesium-Potassium Tablets, 180 ct  
Target-Mins Calcium-Magnesium-Veg Capsules, 120 ct  
Target-Mins Calcium-Magnesium-Veg Capsules, 240 ct  
Target-Mins Magnesium Capsules, 60 ct  
Vitamin C w/Rosehip 500mg 100ct  
Vitamin D 400 IU 100ct Softgels  
Vitamin D3 1000 IU 200ct  
Vitamin E 400IU 60ct Softgels  
Your Daily Vitamin C 60ct

## Nuts, Seeds and Dried Fruits

### Gerbs Pumpkin Seeds

- Touch of Salt Pumpkin Seed Kernels
- Whole Roasted Lightly Salted Pumpkin Seeds

## Pasta

### Ancient Harvest

- Quinoa Supergrain Pasta, Rotelle 8 oz
- Quinoa Supergrain Pasta, Shells 8 oz
- Quinoa Supergrain Pasta, Spaghetti 8 oz

### Bionaturae

- Organic Gluten Free Fusilli
- Organic Gluten Free Penne Rigate

### DeBoles Foods

- Corn Spaghetti
- Multi-Grain Penne
- Multi-Grain Spaghetti
- Rice Angel Hair Pasta
- Rice Penne
- Rice Spirals

### Lundberg Farms

- Organic Brown Rice Penne Pasta
- Organic Brown Rice Spaghetti Pasta

### Tinkyada

- Brown Rice Elbow
- Brown Rice Fettucini
- Brown Rice Fusilli
- Brown Rice Penne
- Brown Rice Shells
- Brown Rice Spirals
- Organic Brown Rice Penne
- Organic Brown Rice Spirals

## Pasta Sauce

### Amy's

- Organic Family Marinara Pasta Sauce
- Organic Tomato Basil Pasta Sauce, Light in Sodium

## Personal Care

### Tom's of Maine

- Calendula Stick Deodorant

## Personal Care (Cont'd)

### Tom's of Maine

- Cinnamint Antiplaque with Propolis & Myrrh Toothpaste
- Fennel Anticavity SLS-Free Toothpaste
- Fennel Antiplaque Propolis & Myrrh Toothpaste
- Fragrance-Free Sensitive Stick Deodorant
- Honeysuckle Rose Stick Deodorant
- Lavender Long Lasting Roll-on Deodorant
- Lavender Long Lasting Stick Deodorant
- Lemongrass Long Lasting Stick Deodorant
- Orange-Mango Whole Care Gel Toothpaste
- Outrageous Orange-Mango Anticavity Toothpaste
- Peppermint Anti-Plaque Tartar Control Plus Whitening Toothpaste
- Peppermint Anticavity SLS-Free Toothpaste
- Peppermint Anticavity Toothpaste
- Peppermint Baking Soda Mouthwash
- Peppermint Tartar Control Mouthwash
- Peppermint Whole Care Gel Toothpaste
- Peppermint Whole Care Toothpaste
- Silly Strawberry Anticavity Toothpaste
- Silly Strawberry Non-Fluoride Toothpaste
- Spearmint Anti-Plaque Tartar Control Plus Whitening Toothpaste
- Spearmint Anticavity ADA Mouthwash
- Spearmint Antiplaque with Propolis & Myrrh Toothpaste
- Spearmint Flat Floss
- Spearmint Whole Care Gel Toothpaste
- Spearmint Whole Care Toothpaste
- Unflavored Round Floss
- Unscented Long Lasting Roll-on Deodorant
- Unscented Long Lasting Stick Deodorant
- Wintermint Sensitive Toothpaste
- Wintermint Whole Care Toothpaste
- Woodspice Stick Deodorant

## Prepared Foods

### Food Merchants

- Organic Polenta, Basil & Garlic
- Organic Polenta, Sundried Tomato & Garlic
- Organic Polenta, Traditional

## Sauces, Salsas and Dips

### Amy's

- Organic Black Bean & Corn Salsa
- Organic Medium Salsa
- Organic Mild Salsa
- Organic Spicy Chipotle Salsa

### Organicville

- Organic Island Teriyaki
- Organic Medium Salsa

### Road's End Organics

- Organic Golden Gravy Mix
- Organic Shiitake Mushroom Gravy Mix

### Tasty Bite

- Good Korma Simmer Sauce
- Rogan Josh Simmer Sauce

## Seafood

### Starfish

- Crispy Battered Gluten Free Cod
- Crispy Battered Gluten Free Haddock
- Crispy Battered Gluten Free Halibut

## Soups

### Amy's

- Organic Black Bean Chili
- Organic Black Bean Vegetable Soup
- Organic Chunky Tomato Bisque
- Organic Chunky Tomato Bisque, Light in Sodium
- Organic Chunky Vegetable Soup
- Organic Cream of Tomato Soup
- Organic Cream of Tomato Soup, Light in Sodium
- Organic Curried Lentil Soup
- Organic Fire Roasted Southwestern Vegetable Soup
- Organic Lentil Soup
- Organic Lentil Soup, Light in Sodium
- Organic Lentil Vegetable Soup
- Organic Lentil Vegetable Soup, Light in Sodium
- Organic Medium Chili
- Organic Medium Chili with Vegetables
- Organic Medium Chili, Light in Sodium

## Soups (Cont'd)

### Amy's

- Organic Southwestern Black Bean Chili
- Organic Spicy Chili
- Organic Split Pea Soup
- Organic Split Pea Soup, Light in Sodium
- Organic Summer Corn & Vegetable Soup
- Organic Thai Coconut Soup (Tom Kha Phak)
- Organic Tuscan Bean & Rice Soup

### Edward & Sons

- Miso-Cup, Original Golden Vegetable

### Imagine Foods

- Butternut Squash Soup 32 oz
- Corn & Lemongrass Soup 32 oz
- No Chicken Broth 32 oz
- Organic Chicken Broth, Low Sodium 32 oz
- Organic Corn Soup, Low Sodium 32 oz
- Organic Portabello Mushroom Soup 32 oz
- Organic Tomato Soup 32 oz
- Organic Vegetable Broth, Low Sodium 32 oz
- Sweet Potato Soup 32 oz
- Vegetable Broth 32 oz

### Kettle Cuisine

- Angus Beef Steak Chili with Beans
- Chicken Chili with White Beans
- Chicken Soup with Rice Noodles
- Grilled Chicken and Corn Chowder

## Spices and Seasonings

### Edward & Sons

- Bouillon Cubes, Low Sodium Veggie
- Bouillon Cubes, Not-Chick'n

## Sweeteners

### Lundberg Farms

- Organic Brown Rice Syrup