

Gluten Free

SPECIAL DIETS SERIES

CELEBRATING
YOUR
CHOICES



Rockville Store, Mid-Atlantic Region

Whole Foods Market is excited to bring you "Celebrating Your Choices," a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product. If you have any questions, you may contact us at WFMSpecialDiets@wholefoods.com.

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Baby & Infant Food

Stonyfield Farm

YoBaby Banana/Vanilla Yogurt
YoBaby Blueberry/Apple Yogurt
YoBaby Drinkable Yogurt, Banana
YoBaby Drinkable Yogurt, Peach
YoBaby Peach/Pear Yogurt
YoBaby Simply Plain Yogurt

Baked Goods

Glutino

Cinnamon French Toast

WFM Gluten Free Bakehouse

Almond Scones
Apple Pie
Banana Bread
Blueberry Muffins
Carrot Cake
Cheddar Biscuits
Cherry Pie
Chocolate Chip Cookies
Chocolate Cupcakes
Cinnamon Raisin Bread
Cornbread
Cranberry Orange Scones
Lemon Poppyseed Muffins (4 pack)
Nutmeal Raisin Cookies
Pie Shells
Pizza Crust
Prairie Bread

Baked Goods (Cont'd)

WFM Gluten Free Bakehouse

Sandwich Bread
Vanilla Cupcakes

Baking Needs

365 Everyday Value™

Gluten Free All Purpose Baking Mix
Gluten Free Chocolate Chip Cookie Mix
Gluten Free Muffin Mix
Gluten Free Pancake & Waffle Mix
Gluten Free Sandwich Bread Mix
Gluten Free White Cake Mix

Ancient Harvest

Organic Quinoa Flour 18 oz

Arrowhead Mills

Buckwheat Flour
Gluten Free All Purpose Baking Mix
Gluten Free Pancake & Baking Mix
Long Grain Brown Rice Flour
Millet Flour
White Rice Flour
Yellow Corn Meal

Bob's Red Mill

Almond Flour
Brown Rice Flour
Cornstarch
Gluten Free All Purpose Baking Flour
Gluten Free Cornbread Mix
Gluten Free Pancake Mix
Gluten Free Pizza Crust Mix
Organic Amaranth Flour
Organic Flaxseed Meal
Organic Golden Flaxseed Meal
Organic Golden Flaxseeds
Potato Starch

Baking Needs (Cont'd)

Bob's Red Mill

- Tapioca Flour
- White Rice Flour
- Xanthan Gum

Chebe

- Focaccia Flatbread Mix

Cherrybrook Kitchen

- Chocolate Frosting Mix
- Vanilla Frosting Mix

Cherrybrook Kitchen Gluten Free Dreams

- Chocolate Chip Cookie Mix

Earth Balance

- Shortening

Enjoy Life

- Semi-Sweet Chocolate Chips

Hain

- Baking Powder

Let's Do... Organic

- Organic Cornstarch
- Organic Tapioca Granules
- Organic Tapioca Pearls

Namaste

- Biscuits, Piecrust & More
- Brownie Mix
- Perfect Flour Blend
- Pizza Crust Mix
- Spice Cake Mix

Pamela's Products

- Baking & Pancake Mix
- Baking & Pancake Mix, 4 lb
- Chocolate Brownie Mix
- Chocolate Cake Mix
- Chocolate Chunk Cookie Mix
- Classic Vanilla Cake Mix
- Gluten-Free Bread Mix

WFM Gluten Free Bakehouse

- Pie Shells

Beverages

Celestial Seasonings

- Acai Mango Zinger Tea, 20 Ct
- Antioxidant Green Tea, 20 Ct
- Black Cherry Berry Tea
- Chamomile Tea, 20 Ct
- Cinnamon Apple Spice Tea, 20 Ct
- Country Peach Passion
- Decaf Green Tea, 25 Ct
- Decaf Mint Green Tea, 20 Ct
- Fruit Tea Sampler, 20 Ct
- Honey Vanilla Chamomile Tea, 20 Ct
- Mandarin Orange Spice Tea, 20 Ct
- Mint Magic Tea, 20 Ct
- Peppermint Tea, 20 Ct
- Raspberry Zinger Tea, 20 Ct
- Red Zinger Tea, 20 Ct
- Sleepytime Extra Tea, 20 Ct
- Sleepytime Tea, 20 Ct
- Sleepytime Throat Tamer Tea, 20 Ct
- Tangerine Orange Zinger Tea, 20 Ct
- Wild Berry Tea, 20 Ct

Rice Dream

- Supreme Rice Beverage, Vanilla Hazelnut

So Delicious

- Original (Plain) Coconut Milk Beverage
- Unsweetened Coconut Milk Beverage
- Vanilla Coconut Milk Beverage

Bread

Enjoy Life

- Cinnamon Raisin Bagels

Food For Life

- Brown Rice Bread, Wheat & Gluten Free
- Millet Bread, Wheat & Gluten Free
- Rice Almond Bread, Wheat & Gluten Free
- White Rice Bread, Wheat & Gluten Free
- Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

Glutino

- Bagels, Plain
- Bagels, Poppy Seed
- Premium Cinnamon & Raisin Bread
- Premium Corn Bread

Bread (Cont'd)

Glutino

- Premium Fiber Bread
- Premium Flax Seed Bread

Kinnikinnick

- Tapioca Rice Cinnamon Raisin Bagels
- Tapioca Rice Sesame Bagels

WFM Gluten Free Bakehouse

- Cheddar Biscuits
- Cinnamon Raisin Bread
- Cornbread
- Hamburger Buns
- Prairie Bread
- Sandwich Bread

Candy and Chocolate

Endangered Species Chocolate

- Dark Chocolate with Blueberries - Sea Turtle
- Dark Chocolate with Cranberries & Almonds - Wolf
- Dark Chocolate with Deep Forest Mint
- Dark Chocolate with Hazelnut Toffee - Rhino
- Dark Chocolate with Raspberries - Grizzly Bear
- Extreme Dark Chocolate - Panther
- Milk Chocolate with Cherries - Dolphin
- Organic Health Dark Chocolate with Goji Berry, Pecans & Maca
- Smooth Milk Chocolate - Sea Otter
- Smooth Organic Dark Chocolate - Butterfly
- Smooth Organic Dark Chocolate with Cherry - Koala

Enjoy Life

- Boom Choco Boom Dairy-Free Rice Milk Chocolate Bar

Canned Goods

Amy's

- Organic Refried Black Beans
- Organic Refried Black Beans, Low in Sodium
- Organic Traditional Refried Beans

Canned Goods (Cont'd)

Amy's

- Organic Traditional Refried Beans, Light in Sodium
- Organic Vegetarian Baked Beans

Native Forest

- Organic Hearts of Palm
- Organic Mango Chunks

Cereal

Arrowhead Mills

- Maple Buckwheat Organic Flakes
- Organic Rice & Shine Hot Cereal
- Organic Yellow Corn Grits

Barbara's Bakery

- Honey Rice Puffins Cereal

Enjoy Life

- Cinnamon Crunch Granola
- Cranapple Crunch Granola

EnviroKidz

- Amazon Frosted Flakes Organic Cereal
- Gorilla Munch Organic Cereal
- Koala Crisp Organic Cereal
- Leapin' Lemurs Peanut Butter & Chocolate Organic Cereal
- Peanut Butter Panda Puffs Organic Cereal

Nature's Path

- Organic Crispy Rice Cereal
- Organic Fruit Juice Sweetened Corn Flakes
- Organic Fruit Juice Sweetened Corn Flakes, 26.4 oz
- Organic Honey'd Corn Flakes, 26.4 oz
- Organic Honey'd Cornflakes
- Organic Mesa Sunrise Cereal
- Organic Mesa Sunrise Cereal, 26.4 oz
- Organic Whole O's Cereal

Cheese

Applegate Farms

- Sliced Emmentaler Swiss Cheese
- Sliced Havarti Cheese
- Sliced Medium Cheddar Cheese
- Sliced Provolone Cheese

Cheese (Cont'd)

Follow Your Heart

- Vegan Gourmet Cheddar
- Vegan Gourmet Monterey Jack
- Vegan Gourmet Mozzarella Cheese

Chips, Pretzels and Snacks

Arico

- Cassava Chips, Ginger on Fire
- Cassava Chips, Original
- Cassava Chips, Sea Salt Mist

Food Should Taste Good

- Buffalo Tortilla Chips 6 oz
- Cinnamon Tortilla Chips 5.5 oz
- Lime Tortilla Chips 5.5 oz
- Multigrain Tortilla Chips 12 oz
- Potato & Chive Tortilla Chips 5.5 oz
- Sweet Potato Tortilla Chips 6 oz
- The Works! Tortilla Chips 6 oz
- Yellow Corn Tortilla Chips 11 oz

Food Should Taste Good

- Chocolate Tortilla Chips 6 oz
- Jalapeno Tortilla Chips 6 oz
- Multigrain Tortilla Chips 6 oz
- Olive Tortilla Chips 6 oz

Glutino

- Pretzel Sticks, Family Bag
- Pretzels, Family Bag

Kettle Brand®

- Krinkle Cut Potato Chips, Lightly Salted 14 oz
- Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 14 oz
- Potato Chips, Honey Dijon 5 oz
- Potato Chips, Lightly Salted 2 oz
- Potato Chips, Lightly Salted 5 oz
- Potato Chips, New York Cheddar w/ Herbs 5 oz
- Potato Chips, Organic Lightly Salted 5 oz
- Potato Chips, Sea Salt & Vinegar 5 oz
- Potato Chips, Unsalted 5 oz
- Potato Chips, Yogurt & Green Onion 5 oz

Chips, Pretzels and Snacks (Cont'd)

Kettle Brand®

- Baked Potato Chips, Aged White Cheddar 4 oz
- Baked Potato Chips, Hickory Honey BBQ 4 oz
- Baked Potato Chips, Lightly Salted 4 oz
- Baked Potato Chips, Salt & Fresh Ground Pepper 4 oz
- Baked Potato Chips, Sea Salt & Vinegar 4 oz
- Krinkle Cut Potato Chips, Buffalo Bleu 5 oz
- Krinkle Cut Potato Chips, Classic BBQ 14 oz
- Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 5 oz
- Potato Chips, Backyard Barbeque 5 oz
- Potato Chips, Death Valley Chipotle 5 oz
- Potato Chips, Jalapeno 5 oz
- Potato Chips, Lightly Salted 9 oz
- Potato Chips, Organic Sea Salt & Black Pepper 5 oz
- Potato Chips, Sour Cream, Onion & Chive 5 oz
- Potato Chips, Spicy Thai 5 oz
- Potato Chips, Sweet Onion 5 oz
- Potato Chips, Tuscan Three Cheese 5 oz

Lundberg Farms

- Brown Rice Cakes
- Buttery Caramel Rice Cakes
- Fiesta Lime Rice Chips
- Honey Nut Rice Cakes
- Organic Koku Seaweed Rice Cakes
- Organic Sea Salt Rice Chips
- Organic Wild Rice Cakes
- Sesame Seaweed Rice Chips
- Unsalted Brown Rice Cakes

Mary's Gone Crackers

- Sticks & Twigs, Curry
- Sticks & Twigs, Tomato Chipotle

Mr. Krispers

- Baked Rice Krisps, Sea Salt & Pepper
- Baked Rice Krisps, Sour Cream & Onion

Condiments

Follow Your Heart

Vegenaise, Grapeseed Oil
Vegenaise, High Omega-3 w/ Expeller-Pressed
Canola Oil

Organicville

Organic Dressing, Non Dairy Ranch
Organic Dressing, Olive Oil & Balsamic Vinaigrette
Organic Dressing, Pomegranate Vinaigrette
Organic Dressing, Sundried Tomato & Garlic
Vinaigrette
Organic Ketchup
Organic Original BBQ Sauce

Spectrum

Canola Mayonnaise 16 oz
Light Canola Eggless Mayonnaise 16 oz
Light Canola Eggless Mayonnaise 32 oz
Light Canola Eggless Mayonnaise, Squeeze Bottle
Organic Olive Oil Mayonnaise
Organic Omega-3 Mayonnaise with Flax 16 oz
Organic Soy Mayonnaise 16 oz
Organic Soy Mayonnaise, Squeeze Bottle

World Foods

Thai Coconut & Lime Salad Dressing

Cookies and Snack Bars

Arico

Almond Cranberry Cookies
Chocolate Chunk Cookies
Lemon Ginger Cookies

Cherrybrook Kitchen Gluten Free Dreams

Chocolate Chip Mini Cookies

Cupoladua Oven

Chai Pistachio Cupola Cookies

Enjoy Life

Caramel Apple Snack Bars
Cocoa Loco Snack Bars
Soft Baked Chewy Chocolate Chip Cookies
Soft Baked Chocolate Chip Cookie Pack
Soft Baked Double Chocolate Brownie Cookies

Cookies and Snack Bars (Cont'd)

Enjoy Life

Soft Baked Gingerbread Spice Cookie
Soft Baked Happy Apple Cookies
Soft Baked Snickerdoodle Cookie Pack
Soft Baked Snickerdoodle Cookies
Very Berry Snack Bars

EnviroKidz

Cheetah Organic Crispy Rice Bars, Berry
Koala Organic Crispy Rice Bars, Chocolate
Lemur Organic Crispy Rice Bars, Peanut Choco
Drizzle
Organic Vanilla Animal Cookies
Panda Organic Crispy Rice Bars, Peanut Butter
Penguin Organic Crispy Rice Bars, Fruity Burst

Glutino

Breakfast Bars, Apple
Breakfast Bars, Blueberry
Breakfast Bars, Chocolate
Chocolate Coated Wafers
Lemon Wafers
Organic Bar, Chocolate & Peanut Butter
Organic Bar, Chocolate-Banana
Organic Bar, Wildberry
Vanilla Wafers

Ian's Natural Foods

Crunchy Cinnamon Cookie Buttons, Wheat Free
Gluten Free

Kinnikinnick

KinniTOOS Chocolate Sandwich Creme Cookies
KinniTOOS Vanilla Sandwich Creme Cookies

Mi-Del

Arrowroot Animal Cookies
Chocolate Chip Cookies
Ginger Snaps

Pamela's Products

Butter Shortbread Cookies
Chunky Chocolate Chip Cookies
Ginger Cookies with Sliced Almonds
Peanut Butter Cookies
Simplebites Chocolate Chip Mini Cookies

Cookies and Snack Bars (Cont'd)

Pamela's Products

Simplebites Ginger Mini Snapz

WFM Gluten Free Bakehouse

Chocolate Chip Cookies

Nutmeal Raisin Cookies

Crackers

Blue Diamond

Almond Nut-Thins

Cheddar Cheese Nut-Thins

Hazelnut Nut-Thins

Pecan Nut-Thins

Smokehouse Almond Nut-Thins

Edward & Sons

Brown Rice Snaps, Onion Garlic

Brown Rice Snaps, Tamari Sesame

Brown Rice Snaps, Unsalted Sesame

Exotic Rice Toast, Purple Rice & Black Sesame

Exotic Rice Toast, Thai Red Rice & Flaxseed

Organic Brown Rice Snaps, Toasted Onion

Organic Brown Rice Snaps, Unsalted Plain

Organic Brown Rice Snaps, Vegetable

Glutino

Crackers, Cheddar

Crackers, Multigrain

Crackers, Original

Mary's Gone Crackers

Crackers, Black Pepper

Crackers, Caraway

Crackers, Herb

Crackers, Onion

Crackers, Original

Dairy

Brown Cow

Apricot-Mango Whole Milk Yogurt, 6 oz

Blueberry Whole Milk Yogurt, 6 oz

Cherry-Vanilla Whole Milk Yogurt, 6 oz

Chocolate Whole Milk Yogurt, 6 oz

Dairy (Cont'd)

Brown Cow

Coffee Whole Milk Yogurt, 6 oz

Low Fat Blueberry Yogurt, 6 oz

Low Fat Boysenberry Yogurt, 6 oz

Low Fat Plain Yogurt, 32 oz

Low Fat Vanilla Bean Yogurt, 6 oz

Low Fat Vanilla Yogurt, 32 oz

Maple Whole Milk Yogurt, 6 oz

Non Fat Plain Yogurt, 32 oz

Peach Whole Milk Yogurt, 6 oz

Plain Whole Milk Yogurt, 32 oz

Plain Whole Milk Yogurt, 6 oz

Strawberry Whole Milk Yogurt, 6 oz

Vanilla Whole Milk Yogurt, 6 oz

Earth Balance

Buttery Sticks

Organic Whipped Buttery Spread

Original Buttery Spread

Soy Free Buttery Spread

Soy Garden Buttery Spread

Stonyfield Farm

Fat Free French Vanilla Probiotic Multi-Pack

Fat Free Strawberry Probiotic Multi-Pack

Organic Banana Berry Yogurt Smoothie, 10 oz

Organic Cream Top Chocolate Underground, 6 oz

Organic Cream Top French Vanilla Yogurt, 32 oz

Organic Cream Top French Vanilla, 6 oz

Organic Cream Top Plain Yogurt, 32 oz

Organic Cream Top Strawberries & Cream Yogurt, 6 oz

Organic Fat Free Black Cherry Yogurt, Fruit on the Bottom, 6 oz

Organic Fat Free Blueberry Yogurt, Fruit on the Bottom, 6 oz

Organic Fat Free Chocolate Underground Yogurt, 6 oz

Organic Fat Free French Vanilla Yogurt, 32 oz

Organic Fat Free French Vanilla Yogurt, 6 oz

Dairy (Cont'd)

Stonyfield Farm

Organic Fat Free Key Lime Yogurt, 6 oz
Organic Fat Free Lotsa Lemon Yogurt, 6 oz
Organic Fat Free Peach Yogurt, 6 oz
Organic Fat Free Plain Yogurt, 32 oz
Organic Fat Free Plain Yogurt, 6 oz
Organic Fat Free Strawberry Yogurt, Fruit on the Bottom, 6 oz
Organic Low Fat BaNilla Yogurt, 32 oz
Organic Low Fat Blueberry Yogurt, 6 oz
Organic Low Fat Cherry Vanilla Yogurt, 6 oz
Organic Low Fat Just Peachy Yogurt, Fruit on the Bottom, 6 oz
Organic Low Fat Plain Yogurt, 32 oz
Organic Low Fat Plain Yogurt, 6 oz
Organic Low Fat Raspberry Yogurt, 6 oz
Organic Low Fat Strawberry Pomegranate Yogurt, 6 oz
Organic Low Fat Strawberry Yogurt, 32 oz
Organic Low Fat Strawberry Yogurt, Fruit on the Bottom, 6 oz
Organic Low Fat Vanilla Yogurt
Organic Low Fat Vanilla, 32 oz
Organic O'Soy Strawberry/Peach Yogurt, 6-pack
Organic Peach Yogurt Smoothie, 10 oz
Organic Raspberry Yogurt Smoothie, 10 oz
Organic Strawberry Yogurt Smoothie, 10 oz
Organic Strawberry Yogurt Smoothies, 4 pack
Organic Vanilla Yogurt Smoothie, 10 oz
Organic Wild Berry Yogurt Smoothie, 10 oz
Organic Wild Berry Yogurt Smoothies, 4 pack
YoBaby Banana/Vanilla Yogurt
YoBaby Blueberry/Apple Yogurt
YoBaby Drinkable Yogurt, Banana
YoBaby Drinkable Yogurt, Peach
YoBaby Peach/Pear Yogurt
YoBaby Simply Plain Yogurt
YoKids Squeezers Cherry/Berry Blitz
YoKids Squeezers Screamin' Strawberry
YoKids Strawberry BaNilla Blast Yogurt

Dairy (Cont'd)

Stonyfield Farm

YoKids Strawberry Vanilla Raspberry Yogurt

Dairy Alternatives

365 Everyday Value™

Organic Ricemilk - Original
Organic Ricemilk - Unsweetened
Organic Ricemilk - Vanilla
Organic Soymilk - Chocolate, 32 oz
Organic Soymilk - Chocolate, 64 oz
Organic Soymilk - Original, 32 oz
Organic Soymilk - Original, 64 oz
Organic Soymilk - Unsweetened, 32 oz
Organic Soymilk - Unsweetened, 64 oz
Organic Soymilk - Vanilla, 32 oz
Organic Soymilk - Vanilla, 64 oz

Almond Dream

Almond Drink, Original 64 oz
Almond Drink, Unsweetened Original 64 oz

Blue Diamond

Almond Breeze, Chocolate
Almond Breeze, Chocolate Unsweetened
Almond Breeze, Original
Almond Breeze, Original Unsweetened
Almond Breeze, Vanilla
Almond Breeze, Vanilla Unsweetened

Follow Your Heart

Vegan Gourmet Cheddar
Vegan Gourmet Monterey Jack
Vegan Gourmet Mozzarella Cheese

Rice Dream

Enriched Rice Milk Beverage, Chocolate 32 oz
Enriched Rice Milk Beverage, Original 8 oz
Enriched Rice Milk Beverage, Vanilla 32 oz
Heartwise Rice Milk Beverage, Original 32 oz
Heartwise Rice Milk Beverage, Vanilla 32 oz
Organic Enriched Rice Milk Beverage, Original 32 oz

Dairy Alternatives (Cont'd)

Rice Dream

Organic Enriched Rice Milk Beverage, Vanilla 64 oz
Refrigerated Ricemilk, Original 64 oz
Refrigerated Ricemilk, Vanilla 64 oz
Rice Milk Beverage, Carob 32 oz
Rice Milk Beverage, Original 32 oz
Rice Milk Beverage, Original 8 oz
Rice Milk Beverage, Vanilla 32 oz
Rice Milk Beverage, Vanilla 8 oz

So Delicious

Blueberry Agave Sweetened Soy Yogurt
Blueberry Cultured Coconut Milk Yogurt
Chocolate Cultured Coconut Milk Yogurt
Cinnamon Bun Dairy Free Yogurt
Original (Plain) Coconut Milk Beverage
Original (Plain) Coconut Milk Kefir
Peach Dairy Free Yogurt
Pina Colada Cultured Coconut Milk Yogurt
Plain Cultured Coconut Milk Yogurt
Raspberry Cultured Coconut Milk Yogurt
Raspberry Dairy Free Yogurt
Strawberry Banna Cultured Coconut Milk Yogurt
Strawberry Coconut Milk Kefir
Unsweetened Coconut Milk Beverage
Vanilla Agave Sweetened Soy Yogurt
Vanilla Coconut Milk Beverage
Vanilla Coconut Milk Kefir
Vanilla Cultured Coconut Milk Yogurt

Stonyfield Farm

Organic O'Soy Blueberry Yogurt, 6 oz
Organic O'Soy Chocolate Yogurt, 6 oz
Organic O'Soy Peach Yogurt, 6 oz
Organic O'Soy Raspberry Yogurt, 6 oz
Organic O'Soy Vanilla Yogurt, 6 oz
Organic O'Soy Strawberry Yogurt, 6 oz

WestSoy

Organic Soy Beverage, Unsweetened Original 64 oz
Plus Soy Beverage, Plain 32 oz
Plus Soy Beverage, Plain 64 oz
Plus Soy Beverage, Vanilla 64 oz
Soy Beverage, Unsweetened Chocolate 32 oz

Deli Style Meats and Cheeses

Applegate Farms

Organic Sliced Oven Roasted Chicken
Sliced Honey Ham
Sliced Honey Maple Turkey
Sliced Hot Soppressata
Sliced Organic Genoa Salami
Sliced Organic Herb Turkey
Sliced Organic Oven Roasted Turkey
Sliced Organic Smoked Chicken
Sliced Organic Smoked Turkey
Sliced Organic Uncured Ham
Sliced Oven Roasted Sliced Turkey
Sliced Slow Cooked Ham
Sliced Smoked Turkey
Sliced Turkey Bologna
Sliced Turkey Salami

Desserts

WFM Gluten Free Bakehouse

Apple Pie
Carrot Cake
Cherry Pie
Chocolate Cupcakes
Vanilla Cupcakes

Energy and Nutrition Bars/Drinks

Prana Bar

Organic Apple Pie
Organic Apricot Pumpkin
Organic Cashew Almond
Organic Coconut Acai

Entrees and Mixes

365 Everyday Value™

Gluten Free All Purpose Baking Mix
Gluten Free Chocolate Chip Cookie Mix
Gluten Free Muffin Mix
Gluten Free Pancake & Waffle Mix
Gluten Free Sandwich Bread Mix
Gluten Free White Cake Mix

Arrowhead Mills

Gluten Free All Purpose Baking Mix

Entrees and Mixes (Cont'd)

Bob's Red Mill

TVP (Textured Vegetable Protein)

Chebe

Focaccia Flatbread Mix

Cherrybrook Kitchen

Chocolate Frosting Mix

Vanilla Frosting Mix

Cherrybrook Kitchen Gluten Free Dreams

Chocolate Chip Cookie Mix

Edward & Sons

Organic Home Style Mashed Potato Mix

Lundberg Farms

Organic Florentine Risotto

Organic Tuscan Risotto

Namaste

Brownie Mix

Pizza Crust Mix

Spice Cake Mix

Road's End Organics

Dairy Free Cheddar Style Penne & Cheese

Tasty Bite

Aloo Palak

Bombay Potatoes

Channa Masala

Jaipur Vegetables

Kashmir Spinach

Kerala Vegetables

Madras Lentils

Malaysian Lodeh

Mushroom Takatak

Paneer Makhani

Punjab Eggplant

Spinach Dal

Sprouts Curry & Basmati Rice

Vegetable Korma

Tasty Bite

Peas Paneer & Basmati Rice

Spinach Dal & Basmati Rice

Ethnic Foods

Amy's

Organic Asian Noodle Stir-Fry

Organic Black Bean Enchilada Whole Meal

Organic Black Bean Tamale Verde Whole Meal

Organic Black Bean Vegetable Enchilada

Organic Black Bean Vegetable Enchilada, Light in Sodium

Organic Cheese Enchilada

Organic Cheese Enchilada Whole Meal

Organic Cheese Tamale Verde Whole Meal

Organic Indian Mattar Paneer

Organic Indian Mattar Tofu

Organic Indian Palak Paneer

Organic Mexican Casserole Bowl

Organic Mexican Casserole Bowl, Light in Sodium

Organic Mexican Tamale Pie

Organic Roasted Vegetable Tamale Whole Meal

Organic Santa Fe Enchilada Bowl

Organic Teriyaki Bowl

Organic Tortilla Casserole & Black Beans Bowl

Annie Chun's

Maifun Rice Noodles

Pad Thai Rice Noodles

Edward & Sons

Brown Rice Snaps, Tamari Sesame

Miso-Cup, Original Golden Vegetable

Miso-Cup, Savory Seaweed

Food For Life

Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

Food Merchants

Organic Polenta, Basil & Garlic

Organic Polenta, Sundried Tomato & Garlic

Organic Polenta, Traditional

Native Forest

Organic Coconut Milk

Native Forest

Light Coconut Milk

Ethnic Foods (Cont'd)

Tasty Bite

- Aloo Palak
- Bombay Potatoes
- Channa Masala
- Jaipur Vegetables
- Kashmir Spinach
- Kerala Vegetables
- Madras Lentils
- Malaysian Lodeh
- Mushroom Takatak
- Paneer Makhani
- Punjab Eggplant
- Rogan Josh Simmer Sauce
- Spinach Dal
- Sprouts Curry & Basmati Rice
- Vegetable Korma

Tasty Bite

- Peas Paneer & Basmati Rice
- Spinach Dal & Basmati Rice

World Foods

- Malaysian Rendang Curry Ready to Pour Sauce
- Malaysian Sweet Chili Coconut Dipping Sauce
- Thai 'Pad Thai' Noodle Sauce
- Thai Coconut & Lime Salad Dressing
- Thai Coconut Galangal Stir Fry Sauce
- Thai Green Curry Paste
- Thai Green Curry Ready To Pour Sauce
- Thai Red Curry Paste
- Thai Red Curry Ready To Pour Sauce
- Thai Sweet Chili with Kaffir Lime Dipping Sauce

Frozen Foods

Amy's

- Kids Baked Ziti Meal
- Organic Asian Noodle Stir-Fry
- Organic Baked Ziti Bowl
- Organic Bistro Veggie Burger
- Organic Black Bean Enchilada Whole Meal
- Organic Black Bean Tamale Verde Whole Meal
- Organic Black Bean Vegetable Enchilada

Frozen Foods (Cont'd)

Amy's

- Organic Black Bean Vegetable Enchilada, Light in Sodium
- Organic Brown Rice & Vegetables Bowl
- Organic Brown Rice & Vegetables Bowl, Light in Sodium
- Organic Brown Rice, Black-Eyed Peas & Veggies Bowl
- Organic Cheese Enchilada
- Organic Cheese Enchilada Whole Meal
- Organic Cheese Tamale Verde Whole Meal
- Organic Garden Vegetable Lasagna
- Organic Indian Mattar Paneer
- Organic Indian Mattar Tofu
- Organic Indian Palak Paneer
- Organic Mexican Casserole Bowl
- Organic Mexican Casserole Bowl, Light in Sodium
- Organic Mexican Tamale Pie
- Organic Rice Crust Cheese Pizza
- Organic Rice Crust Spinach Pizza
- Organic Rice Mac & Cheese
- Organic Roasted Vegetable Tamale Whole Meal
- Organic Santa Fe Enchilada Bowl
- Organic Shepherd's Pie, Light in Sodium
- Organic Single Serve Non-Dairy Rice Crust Cheeze Pizza
- Organic Teriyaki Bowl
- Organic Tofu Scramble
- Organic Tortilla Casserole & Black Beans Bowl

Applegate Farms

- Organic Turkey Burgers

Caesar's

- Manicotti, Gluten-Free Wheat-Free

French Meadow Bakery

- Gluten Free Chocolate Chip Cookie Dough

Gluten Free Cafe

- Fettuccini Alfredo
- Lemon Basil Chicken
- Pasta Primavera

Frozen Foods (Cont'd)

Glutino

- Chicken Alfredo
- Chicken Pomodoro
- Pizza, 3 Cheese with Brown Rice Crust
- Pizza, Duo Cheese
- Pizza, Spinach Feta

Ian's Natural Foods

- Alpha Tots
- French Toast Sticks, Wheat Free Gluten Free
- Ian's Chicken Nuggets, Allergen Free
- Ian's Fish Sticks, Allergen Free
- Popcorn Turkey Corn Dogs
- Wafflewich, Egg & Maple Sausage, Wheat Free Gluten Free

It's Soy Delicious

- Almond Pecan Non-Dairy Frozen Dessert
- Awesome Chocolate Non-Dairy Frozen Dessert
- Chocolate Almond Non-Dairy Frozen Dessert
- Chocolate Peanut Butter Non-Dairy Frozen Dessert
- Raspberry Non-Dairy Frozen Dessert
- Vanilla Non-Dairy Frozen Dessert

Kettle Cuisine

- Angus Beef Steak Chili with Beans
- Chicken Chili with White Beans
- Grilled Chicken and Corn Chowder
- New England Clam Chowder

Kinnikinnick

- Tapioca Rice Cinnamon Raisin Bagels
- Tapioca Rice Sesame Bagels

Nature's Path

- Organic Buckwheat Wildberry Waffles
- Organic Homestyle Waffles

Organic So Delicious

- Chocolate Velvet Non-Dairy Frozen Dessert
- Creamy Vanilla Non-Dairy Frozen Dessert
- Neopolitan Non-Dairy Frozen Dessert

Purely Decadent

- Blueberry Cheesecake Non-Dairy Frozen Dessert
- Cherry Nirvana Non-Dairy Frozen Dessert

Frozen Foods (Cont'd)

Purely Decadent

- Chocolate Non-Dairy Frozen Coconut Milk Dessert
- Chocolate Peanut Butter Swirl Non-Dairy Frozen Coconut Milk Dessert
- Cookie Dough Non-Dairy Frozen Coconut Milk Dessert
- Dulce De Leche Non-Dairy Frozen Dessert
- Mint Chocolate Chip Non-Dairy Frozen Dessert
- Mocha Almond Fudge Non-Dairy Frozen Coconut Milk Dessert
- Mocha Almond Fudge Non-Dairy Frozen Dessert
- Passionate Mango Non-Dairy Frozen Coconut Milk Dessert
- Peanut Butter Zig Zag Non-Dairy Frozen Dessert
- Pomegranate Chip Non-Dairy Frozen Dessert
- Praline Pecan Non-Dairy Frozen Dessert
- Snickerdoodle Non-Dairy Frozen Dessert
- Turtle Trails Non-Dairy Frozen Dessert
- Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert

Rice Dream

- Cocoa Marble Fudge Frozen Dessert, Pint
- Vanilla Frozen Dessert, Pint

So Delicious

- Coconut Almond Bar, Made with Coconut Milk
- Kidz Assorted Fruit Pops
- Orange Passion Fruit Agave Sweetened Fruit Bar
- Raspberry Agave Sweetened Fruit Bar
- Vanilla Bar, Made with Coconut Milk

Starfish

- Crispy Battered Gluten Free Cod
- Crispy Battered Gluten Free Haddock
- Crispy Battered Gluten Free Halibut

Sweet Nothings

- Non-Dairy Fudge Bar

The Crab Ladies

- Original (Maryland Style) Jumbo Lump Crab Cake Appetizers

Frozen Foods (Cont'd)

Van's

Wheat Free Blueberry Waffles
Wheat Free Flax Waffles
Wheat Free Homestyle Waffles

Grains and Rice

Ancient Harvest

Inca Red Organic Quinoa 12 oz
Traditional Organic Quinoa 12 oz

Annie Chun's

Rice Express Multi Grain Rice
Rice Express Sprouted Brown Rice
Rice Express Sticky White Rice

Lundberg Farms

Eco-Farmed Black Japonica Field Gourmet Blend
Eco-Farmed California Brown Basmati Rice
Eco-Farmed California White Arborio Rice
Eco-Farmed Countrywild Gourmet Blend Rice
Eco-Farmed Long Grain Brown Rice
Eco-Farmed Short Grain Brown Rice
Eco-Farmed Wild Blend Gourmet Blend Rice
Organic California Brown Basmati Rice
Organic California White Basmati Rice
Organic Long Grain Brown Rice
Organic Short Grain Brown Rice
Organic Wild Rice

Jams and Nut Butters

Blue Diamond

Homestyle Almond Butter, Honey

Earth Balance

Creamy Natural Peanut Butter
Crunchy Natural Peanut Butter

Meat Alternatives

Bob's Red Mill

TVP (Textured Vegetable Protein)

Meat Alternatives (Cont'd)

WestSoy

Extra Firm Tofu, Tidal Wave 14 oz

Meat and Poultry

Applegate Farms

Big Apple Hot Dogs
Chicken Apple Breakfast Sausage
Organic Beef Hot Dogs
Organic Hot Dogs
Organic Turkey Burgers
Organic Turkey Hot Dogs

Nutritional Supplements

Country Life

Cal-Snack Milk-Free Chewables, 120 ct
L-Lysine 500mg Tablets with B-6, 50 ct
Target-Mins Calcium-Magnesium Capsules, 180 ct
Target-Mins Calcium-Magnesium Complex Tablets, 90 ct
Target-Mins Magnesium Capsules, 60 ct

Nuts, Seeds and Dried Fruits

Bob's Red Mill

Organic Golden Flaxseeds

Pasta

Ancient Harvest

Quinoa Supergrain Pasta, Shells 8 oz
Quinoa Supergrain Pasta, Spaghetti 8 oz

Bionaturae

Organic Gluten Free Elbows Pasta
Organic Gluten Free Fusilli
Organic Gluten Free Linguine
Organic Gluten Free Penne Rigate
Organic Gluten Free Rigatoni
Organic Gluten Free Spaghetti

DeBoles Foods

Corn Elbow Pasta
Corn Spaghetti
Multi-Grain Penne

Pasta (Cont'd)

DeBoles Foods

- Multi-Grain Spaghetti
- Rice Angel Hair Pasta
- Rice Penne
- Rice Spirals

Lundberg Farms

- Organic Brown Rice Penne Pasta
- Organic Brown Rice Rotini Pasta
- Organic Brown Rice Spaghetti Pasta

Tinkyada

- Brown Rice Elbow
- Brown Rice Fusilli
- Brown Rice Lasagne
- Brown Rice Penne
- Brown Rice Shells
- Brown Rice Spaghetti
- Brown Rice Spirals
- Organic Brown Rice Spaghetti
- Organic Brown Rice Spirals
- Vegetable Brown Rice Spirals

Pasta Sauce

Amy's

- Organic Family Marinara Pasta Sauce
- Organic Low Sodium Marinara Sauce
- Organic Tomato Basil Pasta Sauce, Light in Sodium

Personal Care

Tom's of Maine

- Apricot Long Lasting Stick Deodorant
- Cinnamint Antiplaque with Propolis & Myrrh Toothpaste
- Cinnamon Clove Whole Care Toothpaste
- Fennel Anticavity SLS-Free Toothpaste
- Fennel Antiplaque Propolis & Myrrh Toothpaste
- Fragrance-Free Sensitive Stick Deodorant
- Lavender Long Lasting Roll-on Deodorant
- Lavender Long Lasting Stick Deodorant
- Lemongrass Long Lasting Stick Deodorant
- Orange-Mango Whole Care Gel Toothpaste

Personal Care (Cont'd)

Tom's of Maine

- Outrageous Orange-Mango Anticavity Toothpaste
- Peppermint Anticavity Toothpaste
- Peppermint Baking Soda Mouthwash
- Peppermint Tartar Control Mouthwash
- Peppermint Whole Care Gel Toothpaste
- Peppermint Whole Care Toothpaste
- Silly Strawberry Anticavity Toothpaste
- Silly Strawberry Non-Fluoride Toothpaste
- Spearmint Antiplaque SLS-Free Toothpaste
- Spearmint Anti-Plaque Plus Whitening Gel Toothpaste
- Spearmint Anti-Plaque Tartar Control Plus Whitening Toothpaste
- Spearmint Anticavity ADA Mouthwash
- Spearmint Anticavity Toothpaste
- Spearmint Cleansing Mouthwash
- Spearmint Flat Floss
- Spearmint Whole Care Gel Toothpaste
- Spearmint Whole Care Toothpaste
- Unflavored Flat Floss
- Unflavored Round Floss
- Unscented Long Lasting Roll-on Deodorant
- Unscented Long Lasting Stick Deodorant
- Wintermint Anticavity Toothpaste
- Wintermint Whole Care Toothpaste
- Woodspice Stick Deodorant

Prepared Foods

Food Merchants

- Organic Polenta, Basil & Garlic
- Organic Polenta, Sundried Tomato & Garlic
- Organic Polenta, Traditional

Sauces, Salsas and Dips

Amy's

- Organic Black Bean & Corn Salsa
- Organic Medium Salsa
- Organic Mild Salsa
- Organic Spicy Chipotle Salsa

Sauces, Salsas and Dips (Cont'd)

Tasty Bite

Rogan Josh Simmer Sauce

World Foods

Malaysian Rendang Curry Ready to Pour Sauce

Malaysian Sweet Chili Coconut Dipping Sauce

Thai 'Pad Thai' Noodle Sauce

Thai Coconut Galangal Stir Fry Sauce

Thai Green Curry Ready To Pour Sauce

Thai Red Curry Ready To Pour Sauce

Thai Sweet Chili with Kaffir Lime Dipping Sauce

Seafood

Starfish

Crispy Battered Gluten Free Cod

Crispy Battered Gluten Free Haddock

Crispy Battered Gluten Free Halibut

The Crab Ladies

Original (Maryland Style) Jumbo Lump Crab Cake Appetizers

Soups

Amy's

Organic Black Bean Chili

Organic Black Bean Vegetable Soup

Organic Chunky Tomato Bisque

Organic Chunky Tomato Bisque, Light in Sodium

Organic Chunky Vegetable Soup

Organic Cream of Tomato Soup

Organic Cream of Tomato Soup, Light in Sodium

Organic Curried Lentil Soup

Organic Lentil Soup

Organic Lentil Soup, Light in Sodium

Organic Lentil Vegetable Soup

Organic Lentil Vegetable Soup, Light in Sodium

Organic Medium Chili

Organic Medium Chili with Vegetables

Soups (Cont'd)

Amy's

Organic Medium Chili, Light in Sodium

Organic Southwestern Black Bean Chili

Organic Spicy Chili

Organic Spicy Chili, Light in Sodium

Organic Split Pea Soup

Organic Split Pea Soup, Light in Sodium

Organic Summer Corn & Vegetable Soup

Organic Thai Coconut Soup (Tom Kha Phak)

Organic Tuscan Bean & Rice Soup

Edward & Sons

Miso-Cup, Original Golden Vegetable

Miso-Cup, Savory Seaweed

Imagine Foods

Broccoli Soup 32 oz

Butternut Squash Soup 16 oz

Butternut Squash Soup 32 oz

Chicken Broth 16 oz

Corn & Lemongrass Soup 16 oz

Corn & Lemongrass Soup 32 oz

Creamy Tomato Soup 16 oz

Free Range Chicken Broth 32 oz

No Chicken Broth 32 oz

Organic Chicken Broth, Low Sodium 32 oz

Organic Corn Soup, Low Sodium 32 oz

Organic Portabello Mushroom Soup 32 oz

Organic Potato Soup, Low Sodium 32 oz

Organic Tomato Soup 32 oz

Organic Tomato Soup, Low Sodium 32 oz

Organic Vegetable Broth, Low Sodium 32 oz

Portabello Mushroom Soup 16 oz

Potato Leek Soup 16 oz

Potato Leek Soup 32 oz

Sweet Potato Soup 32 oz

Tomato Basil Soup 32 oz

Vegetable Broth 32 oz

Kettle Cuisine

Angus Beef Steak Chili with Beans

Chicken Chili with White Beans

Grilled Chicken and Corn Chowder

New England Clam Chowder

Spices and Seasonings

Bob's Red Mill

Cornstarch

Edward & Sons

Bouillon Cubes, Low Sodium Veggie

Bouillon Cubes, Not-Chick'n

World Foods

Thai Green Curry Paste

Thai Red Curry Paste

Sweeteners

Lundberg Farms

Brown Rice Syrup

Organic Brown Rice Syrup