

Gluten Free

SPECIAL DIETS SERIES

CELEBRATING
YOUR
CHOICES



Short Pump Store, Mid-Atlantic Region

Whole Foods Market is excited to bring you "Celebrating Your Choices," a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product. If you have any questions, you may contact us at WFMSpecialDiets@wholefoods.com.

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Baby & Infant Food

Stonyfield Farm

YoBaby Banana/Vanilla Yogurt
YoBaby Blueberry/Apple Yogurt
YoBaby Drinkable Yogurt, Banana
YoBaby Drinkable Yogurt, Peach
YoBaby Peach/Pear Yogurt
YoBaby Simply Plain Yogurt

Baked Goods

3 Fellers Bakery

Coconut Cake, 6 inch

Kinnikinnick

Blueberry Muffins
Cinnamon Sugar Donuts
Maple Glazed Donuts
Vanilla Glazed Donuts

WFM Gluten Free Bakehouse

Almond Scones
Apple Pie
Banana Bread
Blueberry Muffins
Carrot Cake
Cheddar Biscuits
Cherry Almond Streusel Muffins
Chocolate Chip Cookies
Chocolate Cupcakes
Cinnamon Raisin Bread
Cornbread

Baked Goods (Cont'd)

WFM Gluten Free Bakehouse

Cream Biscuits
Honey Oat Bread
Lemon Poppyseed Muffins (4 pack)
Molasses Ginger Cookies
Morning Glory Muffins
Nutmeal Raisin Cookies
Peanut Butter Cookies
Pie Shells
Pizza Crust
Prairie Bread
Sandwich Bread
Sundried Tomato & Garlic Bread
Vanilla Cupcakes

Baking Needs

365 Everyday Value™

Gluten Free All Purpose Baking Mix
Gluten Free Chocolate Brownie Mix
Gluten Free Chocolate Cake Mix
Gluten Free Chocolate Chip Cookie Mix
Gluten Free Muffin Mix
Gluten Free Pancake & Waffle Mix
Gluten Free Pizza Crust Mix
Gluten Free Sandwich Bread Mix
Gluten Free White Cake Mix

Ancient Harvest

Organic Quinoa Flour 18 oz

Arrowhead Mills

Buckwheat Flour
Gluten Free All Purpose Baking Mix
Gluten Free Brownie Mix
Gluten Free Pancake & Baking Mix
Long Grain Brown Rice Flour
Millet Flour

Baking Needs (Cont'd)

Arrowhead Mills

White Rice Flour
Yellow Corn Meal

Bob's Red Mill

Almond Flour
Brown Rice Flour
Cornstarch
Garbanzo Bean Flour
Gluten Free All Purpose Baking Flour
Gluten Free Brownie Mix
Gluten Free Cornbread Mix
Gluten Free Pancake Mix
Gluten Free Pizza Crust Mix
Organic Amaranth Flour
Organic Coconut Flour
Organic Flaxseed Meal
Organic Golden Flaxseed Meal
Organic Golden Flaxseeds
Potato Starch
Tapioca Flour
Teff Flour
White Rice Flour
Xanthan Gum

Chebe

All-Purpose Mix
Focaccia Flatbread Mix

Cherrybrook Kitchen

Chocolate Frosting Mix
Vanilla Frosting Mix

Earth Balance

Shortening

Enjoy Life

Semi-Sweet Chocolate Chips

Hain

Baking Powder

Let's Do...

Carnival Sprinkelz
Chocolatey Sprinkelz
Confetti Sprinkelz

Baking Needs (Cont'd)

Let's Do... Organic

Organic Tapioca Granules
Organic Tapioca Pearls
Organic Tapioca Starch

Namaste

Biscuits, Piecrust & More
Brownie Mix
Cookie Mix
Perfect Flour Blend
Pizza Crust Mix

Pamela's Products

Baking & Pancake Mix
Baking & Pancake Mix, 4 lb
Chocolate Brownie Mix
Chocolate Chunk Cookie Mix
Classic Vanilla Cake Mix
Gluten-Free Bread Mix

Tropical Source

Semi Sweet Chocolate Chips

WFM Gluten Free Bakehouse

Pie Shells

Beverages

Bard's Beer

Bard's Gold, 6-Pack

Celestial Seasonings

Acai Mango Zinger Tea, 20 Ct
Antioxidant Green Tea, 20 Ct
Bengal Spice Tea, 20 Ct
Black Cherry Berry Tea
Chamomile Tea, 20 Ct
Cinnamon Apple Spice Tea, 20 Ct
Country Peach Passion
Cranberry Pomegranate Green Tea, 20 Ct
Decaf Mint Green Tea, 20 Ct
Fruit Tea Sampler, 20 Ct
Honey Vanilla Chamomile Tea, 20 Ct
Lemon Zinger Green Tea, 20 Ct
Lemon Zinger Tea, 20 Ct
Mandarin Orange Spice Tea, 20 Ct
Peppermint Tea, 20 Ct
Raspberry Zinger Tea, 20 Ct

Beverages (Cont'd)

Celestial Seasonings

Red Zinger Tea, 20 Ct
Sleepytime Extra Tea, 20 Ct
Sleepytime Tea, 20 Ct
Sleepytime Throat Tamer Tea, 20 Ct
Tangerine Orange Zinger Tea, 20 Ct
Tension Tamer Tea, 20 Ct

Eden

Organic EdenBlend, Rice & Soy Beverage, 32 oz

Lakefront Brewery

New Grist Sorghum Brewed Beer

Rice Dream

Horchata
Supreme Rice Beverage, Vanilla Hazelnut

So Delicious

Original (Plain) Coconut Milk Beverage
Unsweetened Coconut Milk Beverage
Vanilla Coconut Milk Beverage

Bread

Enjoy Life

Original Bagels

Food For Life

Brown Rice Bread, Wheat & Gluten Free
Millet Bread, Wheat & Gluten Free
Rice Almond Bread, Wheat & Gluten Free
White Rice Bread, Wheat & Gluten Free
Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

Glutino

Premium Corn Bread

Kinnikinnick

Tapioca Rice NY Style Bagels
Tapioca Rice Sesame Bagels

WFM Gluten Free Bakehouse

Cheddar Biscuits
Cinnamon Raisin Bread
Cornbread
Cream Biscuits

Bread (Cont'd)

WFM Gluten Free Bakehouse

Hamburger Buns
Honey Oat Bread
Prairie Bread
Sandwich Bread
Sundried Tomato & Garlic Bread

Candy and Chocolate

Endangered Species Chocolate

Bite Size Dark Chocolate with Deep Forest Mint
Bite Size Smooth Milk Chocolate
Bite Size Supreme Dark Chocolate
Dark Chocolate with Blueberries - Sea Turtle
Dark Chocolate with Cranberries & Almonds - Wolf
Dark Chocolate with Deep Forest Mint
Dark Chocolate with Espresso Beans - Tiger
Dark Chocolate with Hazelnut Toffee - Rhino
Dark Chocolate with Raspberries - Grizzly Bear
Extreme Dark Chocolate - Panther
Milk Chocolate with Cherries - Dolphin
Organic Health Dark Chocolate with Goji Berry, Pecans & Maca
Smooth Milk Chocolate - Sea Otter
Smooth Organic Dark Chocolate - Butterfly
Supreme Dark Chocolate - Chimpanzee

Enjoy Life

Boom Choco Boom Dairy-Free Rice Milk Chocolate Bar
Boom Choco Boom Dark Chocolate Bar

Glee Gum

Glee Bubblegum Flavor Gum
Glee Cinnamon Gum
Glee Spearmint Gum
Glee Tangerine Gum

Candy and Chocolate (Cont'd)

Let's Do...

- Carnival Sprinkelz
- Chocolatey Sprinkelz
- Confetti Sprinkelz

Scharffen Berger

- Bittersweet Chocolate Bar, 70% Cacao

Canned Goods

Amy's

- Organic Refried Beans with Green Chiles
- Organic Refried Black Beans
- Organic Refried Black Beans, Low in Sodium
- Organic Traditional Refried Beans
- Organic Traditional Refried Beans, Light in Sodium
- Organic Vegetarian Baked Beans

Native Forest

- Organic Baby Corn
- Organic Hearts of Palm

Cereal

Arrowhead Mills

- Maple Buckwheat Organic Flakes
- Organic Rice & Shine Hot Cereal

Bob's Red Mill

- Gluten Free Mighty Tasty Hot Cereal

Enjoy Life

- Cranapple Crunch Granola
- Very Berry Crunch Granola

EnviroKidz

- Gorilla Munch Organic Cereal
- Koala Crisp Organic Cereal
- Leapin' Lemurs Peanut Butter & Chocolate Organic Cereal
- Peanut Butter Panda Puffs Organic Cereal

Glutino

- Apple & Cinnamon Cereal
- Honey Nut Cereal

Cereal (Cont'd)

Nature's Path

- Organic Crispy Rice Cereal
- Organic Fruit Juice Sweetened Corn Flakes
- Organic Fruit Juice Sweetened Corn Flakes, 26.4 oz
- Organic Honey'd Corn Flakes, 26.4 oz
- Organic Honey'd Cornflakes
- Organic Mesa Sunrise Cereal
- Organic Mesa Sunrise Cereal, 26.4 oz
- Organic Whole O's Cereal

Cheese

Applegate Farms

- Sliced Emmentaler Swiss Cheese
- Sliced Havarti Cheese
- Sliced Medium Cheddar Cheese
- Sliced Organic Monterey Jack Cheese
- Sliced Organic Muenster Cheese

Follow Your Heart

- Vegan Gourmet Cheddar
- Vegan Gourmet Monterey Jack
- Vegan Gourmet Mozzarella Cheese

Chips, Pretzels and Snacks

Arico

- Cassava Chips, Barbecue Bliss
- Cassava Chips, Ginger on Fire
- Cassava Chips, Original
- Cassava Chips, Sea Salt Mist

Cupoladua Oven

- Smoked Gouda Cupola Clouds

Food Should Taste Good

- Buffalo Tortilla Chips 6 oz
- Multigrain Tortilla Chips 12 oz
- Potato & Chive Tortilla Chips 5.5 oz
- Sweet Potato Tortilla Chips 6 oz
- The Works! Tortilla Chips 6 oz
- Yellow Corn Tortilla Chips 11 oz

Food Should Taste Good

- Chocolate Tortilla Chips 6 oz
- Jalapeno Tortilla Chips 6 oz

Chips, Pretzels and Snacks (Cont'd)

Food Should Taste Good

- Multigrain Tortilla Chips 6 oz
- Olive Tortilla Chips 6 oz

Glutino

- Pretzel Sticks, Family Bag
- Pretzels, Family Bag

Kettle Brand®

- Krinkle Cut Potato Chips, Lightly Salted 14 oz
- Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 14 oz
- Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 2 oz
- Potato Chips, Honey Dijon 5 oz
- Potato Chips, Lightly Salted 2 oz
- Potato Chips, Lightly Salted 5 oz
- Potato Chips, New York Cheddar w/ Herbs 5 oz
- Potato Chips, Organic Lightly Salted 5 oz
- Potato Chips, Sea Salt & Vinegar 5 oz
- Potato Chips, Unsalted 5 oz

Kettle Brand®

- Baked Potato Chips, Salt & Fresh Ground Pepper 4 oz
- Baked Potato Chips, Sea Salt & Vinegar 4 oz
- Krinkle Cut Potato Chips, Buffalo Bleu 5 oz
- Krinkle Cut Potato Chips, Classic BBQ 14 oz
- Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 5 oz
- Potato Chips, Backyard Barbeque 5 oz
- Potato Chips, Death Valley Chipotle 5 oz
- Potato Chips, Jalapeno 5 oz
- Potato Chips, Organic Sea Salt & Black Pepper 5 oz
- Potato Chips, Sea Salt & Vinegar 9 oz
- Potato Chips, Sour Cream, Onion & Chive 5 oz
- Potato Chips, Spicy Thai 5 oz
- Potato Chips, Sweet Onion 5 oz
- Potato Chips, Tuscan Three Cheese 5 oz

Chips, Pretzels and Snacks (Cont'd)

Lundberg Farms

- Brown Rice Cakes
- Fiesta Lime Rice Chips
- Honey Nut Rice Cakes
- Organic Brown Rice Cakes
- Organic Sea Salt Rice Chips
- Organic Unsalted Brown Rice Cakes
- Organic Wild Rice Cakes
- Sante Fe BBQ Rice Chips
- Sesame Seaweed Rice Chips
- Unsalted Brown Rice Cakes

Mary's Gone Crackers

- Sticks & Twigs, Curry
- Sticks & Twigs, Sea Salt
- Sticks & Twigs, Tomato Chipotle

Mr. Krispers

- Baked Rice Krisps, Sea Salt & Pepper

Condiments

Follow Your Heart

- Vegenaise, Grapeseed Oil
- Vegenaise, High Omega-3 w/ Expeller-Pressed Canola Oil

Organicville

- Organic Dressing, French
- Organic Dressing, Non Dairy Ranch
- Organic Dressing, Olive Oil & Balsamic Vinaigrette
- Organic Dressing, Pomegranate Vinaigrette
- Organic Dressing, Sundried Tomato & Garlic Vinaigrette
- Organic Ketchup
- Organic Original BBQ Sauce

Spectrum

- Canola Mayonnaise 16 oz
- Light Canola Eggless Mayonnaise 16 oz
- Light Canola Eggless Mayonnaise, Squeeze Bottle
- Organic Olive Oil Mayonnaise
- Organic Soy Mayonnaise 16 oz
- Organic Soy Mayonnaise, Squeeze Bottle

Cookies and Snack Bars

3 Fellers Bakery

Oatmeal Raisin Cookie Dough
Sugar Cookie Dough

Arico

Almond Cranberry Cookies
Chocolate Chunk Cookies
Lemon Ginger Cookies

Cherrybrook Kitchen Gluten Free Dreams

Vanilla Graham Mini Cookies

Cupoladua Oven

Chocolate Cashew Cupola Cookies
Espresso Walnut Cupola Cookies

Enjoy Life

Caramel Apple Snack Bars
Cocoa Loco Snack Bars
Soft Baked Chewy Chocolate Chip Cookies
Soft Baked Chocolate Chip Cookie Pack
Soft Baked Double Chocolate Brownie Cookies
Soft Baked Gingerbread Spice Cookie
Soft Baked No-Oats "Oatmeal" Cookie
Soft Baked Snickerdoodle Cookie Pack
Soft Baked Snickerdoodle Cookies
Very Berry Snack Bars

EnviroKidz

Cheetah Organic Crispy Rice Bars, Berry
Koala Organic Crispy Rice Bars, Chocolate
Lemur Organic Crispy Rice Bars, Peanut Choco
Drizzle
Organic Vanilla Animal Cookies
Panda Organic Crispy Rice Bars, Peanut Butter
Penguin Organic Crispy Rice Bars, Fruity Burst

Glutino

Breakfast Bars, Apple
Breakfast Bars, Blueberry
Chocolate Chip Cookies
Chocolate Coated Wafers
Lemon Wafers
Organic Bar, Chocolate-Banana
Vanilla Wafers

Cookies and Snack Bars (Cont'd)

Ian's Natural Foods

Chocolate Chip Cookie Buttons, Wheat Free Gluten
Free
Crunchy Cinnamon Cookie Buttons, Wheat Free
Gluten Free

Kinnikinnick

KinniTOOS Chocolate Sandwich Creme Cookies
Montana's Chocolate Chip Cookies

Let's Do...

Gluten Free Ice Cream Cones

Mi-Del

Arrowroot Animal Cookies
Chocolate Chip Cookies
Ginger Snaps
Pecan Cookies

Pamela's Products

Almond Anise Biscotti
Butter Shortbread Cookies
Chocolate Walnut Biscotti
Chunky Chocolate Chip Cookies
Ginger Cookies with Sliced Almonds
Lemon Almond Biscotti
Organic Dark Chocolate Chunk Cookies
Organic Espresso Chocolate Chunk Cookies
Simplebites Chocolate Chip Mini Cookies
Simplebites Ginger Mini Snapz

WFM Gluten Free Bakehouse

Chocolate Chip Cookies
Molasses Ginger Cookies
Nutmeal Raisin Cookies
Peanut Butter Cookies

Crackers

Blue Diamond

Almond Nut-Thins
Cheddar Cheese Nut-Thins
Hazelnut Nut-Thins
Pecan Nut-Thins

Edward & Sons

Brown Rice Snaps, Onion Garlic
Brown Rice Snaps, Tamari Seaweed

Crackers (Cont'd)

Edward & Sons

- Brown Rice Snaps, Tamari Sesame
- Brown Rice Snaps, Unsalted Sesame
- Exotic Rice Toast, Purple Rice & Black Sesame
- Exotic Rice Toast, Thai Red Rice & Flaxseed
- Organic Brown Rice Snaps, Black Sesame
- Organic Brown Rice Snaps, Unsalted Plain
- Organic Brown Rice Snaps, Vegetable

Glutino

- Crackers, Cheddar
- Crackers, Multigrain
- Crackers, Original

Mary's Gone Crackers

- Crackers, Black Pepper
- Crackers, Caraway
- Crackers, Herb
- Crackers, Original

Dairy

Brown Cow

- Blueberry Whole Milk Yogurt, 6 oz
- Cherry-Vanilla Whole Milk Yogurt, 6 oz
- Chocolate Whole Milk Yogurt, 6 oz
- Coffee Whole Milk Yogurt, 6 oz
- Low Fat Blueberry Yogurt, 6 oz
- Low Fat Boysenberry Yogurt, 6 oz
- Low Fat Plain Yogurt, 32 oz
- Low Fat Vanilla Bean Yogurt, 6 oz
- Low Fat Vanilla Yogurt, 32 oz
- Maple Whole Milk Yogurt, 32 oz
- Maple Whole Milk Yogurt, 6 oz
- Non Fat Plain Yogurt, 32 oz
- Non Fat Vanilla Yogurt, 32 oz
- Peach Whole Milk Yogurt, 6 oz
- Plain Whole Milk Yogurt, 32 oz
- Plain Whole Milk Yogurt, 6 oz
- Strawberry Whole Milk Yogurt, 6 oz
- Vanilla Whole Milk Yogurt, 32 oz
- Vanilla Whole Milk Yogurt, 6 oz

Dairy (Cont'd)

Earth Balance

- Buttery Sticks
- Organic Whipped Buttery Spread
- Original Buttery Spread
- Soy Free Buttery Spread
- Soy Garden Buttery Spread

Stonyfield Farm

- Fat Free French Vanilla Probiotic Multi-Pack
- Fat Free Strawberry Probiotic Multi-Pack
- Organic Banana Berry Yogurt Smoothie, 10 oz
- Organic Cream Top Chocolate Underground, 6 oz
- Organic Cream Top French Vanilla Yogurt, 32 oz
- Organic Cream Top French Vanilla, 6 oz
- Organic Cream Top Plain Yogurt, 32 oz
- Organic Cream Top Strawberries & Cream Yogurt, 6 oz
- Organic Fat Free Black Cherry Yogurt, Fruit on the Bottom, 6 oz
- Organic Fat Free Blueberry Yogurt, Fruit on the Bottom, 6 oz
- Organic Fat Free Chocolate Underground Yogurt, 6 oz
- Organic Fat Free French Vanilla Yogurt, 32 oz
- Organic Fat Free French Vanilla Yogurt, 6 oz
- Organic Fat Free Key Lime Yogurt, 6 oz
- Organic Fat Free Lotsa Lemon Yogurt, 6 oz
- Organic Fat Free Peach Yogurt, 6 oz
- Organic Fat Free Plain Yogurt, 32 oz
- Organic Fat Free Plain Yogurt, 6 oz
- Organic Fat Free Strawberry Yogurt, Fruit on the Bottom, 6 oz
- Organic Low Fat BaNilla Yogurt, 32 oz
- Organic Low Fat Blueberry Yogurt, 32 oz
- Organic Low Fat Blueberry Yogurt, 6 oz
- Organic Low Fat Cherry Vanilla Yogurt, 6 oz
- Organic Low Fat Just Peachy Yogurt, Fruit on the Bottom, 6 oz

Dairy (Cont'd)

Stonyfield Farm

- Organic Low Fat Plain Yogurt, 32 oz
- Organic Low Fat Plain Yogurt, 6 oz
- Organic Low Fat Raspberry Yogurt, 6 oz
- Organic Low Fat Strawberry Pomegranate Yogurt, 6 oz
- Organic Low Fat Strawberry Yogurt, 32 oz
- Organic Low Fat Strawberry Yogurt, Fruit on the Bottom, 6 oz
- Organic Low Fat Vanilla Yogurt
- Organic Low Fat Vanilla, 32 oz
- Organic O'Soy Strawberry/Peach Yogurt, 6-pack
- Organic Peach Yogurt Smoothie, 10 oz
- Organic Raspberry Yogurt Smoothie, 10 oz
- Organic Strawberry Yogurt Smoothie, 10 oz
- Organic Strawberry Yogurt Smoothies, 4 pack
- Organic Vanilla Yogurt Smoothie, 10 oz
- Organic Wild Berry Yogurt Smoothie, 10 oz
- Organic Wild Berry Yogurt Smoothies, 4 pack
- YoBaby Banana/Vanilla Yogurt
- YoBaby Blueberry/Apple Yogurt
- YoBaby Drinkable Yogurt, Banana
- YoBaby Drinkable Yogurt, Peach
- YoBaby Peach/Pear Yogurt
- YoBaby Simply Plain Yogurt
- YoKids Squeezers Cherry/Berry Blitz
- YoKids Squeezers Screamin' Strawberry
- YoKids Strawberry BaNilla Blast Yogurt
- YoKids Strawberry Vanilla Raspberry Yogurt

Dairy Alternatives

365 Everyday Value™

- Organic Ricemilk - Original
- Organic Ricemilk - Unsweetened
- Organic Ricemilk - Vanilla
- Organic Soymilk - Chocolate, 32 oz
- Organic Soymilk - Chocolate, 64 oz
- Organic Soymilk - Original, 32 oz
- Organic Soymilk - Original, 64 oz
- Organic Soymilk - Unsweetened, 32 oz
- Organic Soymilk - Unsweetened, 64 oz

Dairy Alternatives (Cont'd)

365 Everyday Value™

- Organic Soymilk - Vanilla, 32 oz
- Organic Soymilk - Vanilla, 64 oz

Almond Dream

- Almond Drink, Original 64 oz
- Almond Drink, Unsweetened Original 64 oz

Blue Diamond

- Almond Breeze, Chocolate
- Almond Breeze, Chocolate Unsweetened
- Almond Breeze, Original
- Almond Breeze, Original Unsweetened
- Almond Breeze, Vanilla
- Almond Breeze, Vanilla Unsweetened

Eden

- Organic EdenBlend, Rice & Soy Beverage, 32 oz

Follow Your Heart

- Vegan Gourmet Cheddar
- Vegan Gourmet Monterey Jack
- Vegan Gourmet Mozzarella Cheese

Hemp Dream

- Hemp Dream, Original 12/32 oz
- Hemp Dream, Vanilla 12/32 oz

Rice Dream

- Enriched Rice Milk Beverage, Chocolate 32 oz
- Enriched Rice Milk Beverage, Original 8 oz
- Enriched Rice Milk Beverage, Vanilla 32 oz
- Organic Enriched Rice Milk Beverage, Original 32 oz
- Organic Enriched Rice Milk Beverage, Original 64 oz
- Organic Enriched Rice Milk Beverage, Vanilla 64 oz
- Refrigerated Ricemilk, Original 64 oz
- Refrigerated Ricemilk, Vanilla 64 oz
- Rice Milk Beverage, Original 32 oz
- Rice Milk Beverage, Vanilla 32 oz

So Delicious

- Blueberry Agave Sweetened Soy Yogurt
- Blueberry Cultured Coconut Milk Yogurt

Dairy Alternatives (Cont'd)

So Delicious

- Chocolate Cultured Coconut Milk Yogurt
- Cinnamon Bun Dairy Free Yogurt
- Original (Plain) Coconut Milk Beverage
- Original (Plain) Coconut Milk Kefir
- Passionate Mango Cultured Coconut Milk Yogurt
- Peach Dairy Free Yogurt
- Pina Colada Cultured Coconut Milk Yogurt
- Plain Agave Sweetened Soy Yogurt
- Plain Cultured Coconut Milk Yogurt
- Raspberry Dairy Free Yogurt
- Strawberry Banna Cultured Coconut Milk Yogurt
- Strawberry Coconut Milk Kefir
- Strawberry Cultured Coconut Milk Yogurt
- Unsweetened Coconut Milk Beverage
- Vanilla Coconut Milk Beverage
- Vanilla Coconut Milk Kefir
- Vanilla Cultured Coconut Milk Yogurt

Stonyfield Farm

- Organic O'Soy Blueberry Yogurt, 6 oz
- Organic O'Soy Chocolate Yogurt, 6 oz
- Organic O'Soy Peach Yogurt, 6 oz
- Organic O'Soy Raspberry Yogurt, 6 oz
- Organic O'Soy Vanilla Yogurt, 6 oz
- Organic O'Soy Strawberry Yogurt, 6 oz

WestSoy

- Organic Soy Beverage, Unsweetened Original 64 oz
- Plus Soy Beverage, Plain 64 oz
- Plus Soy Beverage, Vanilla 32 oz
- Soy Beverage, Unsweetened Chocolate 32 oz

Deli Style Meats and Cheeses

Applegate Farms

- Organic Sliced Oven Roasted Chicken
- Sliced Honey Ham
- Sliced Honey Maple Turkey
- Sliced Organic Genoa Salami
- Sliced Organic Herb Turkey
- Sliced Organic Oven Roasted Turkey
- Sliced Organic Smoked Chicken

Deli Style Meats and Cheeses (Cont'd)

Applegate Farms

- Sliced Organic Smoked Turkey
- Sliced Organic Uncured Ham
- Sliced Turkey Salami

Desserts

WFM Gluten Free Bakehouse

- Apple Pie
- Carrot Cake
- Chocolate Cupcakes
- Vanilla Cupcakes

Energy and Nutrition Bars/Drinks

Bumble Bar

- Chai with Almonds
- Chocolate Crisp
- Original with Almond
- Original with Cashew
- Original with Hazelnut
- Original with Peanut

Prana Bar

- Organic Apple Pie
- Organic Apricot Goji
- Organic Apricot Pumpkin
- Organic Cashew Almond

Entrees and Mixes

365 Everyday Value™

- Gluten Free All Purpose Baking Mix
- Gluten Free Chocolate Brownie Mix
- Gluten Free Chocolate Cake Mix
- Gluten Free Chocolate Chip Cookie Mix
- Gluten Free Muffin Mix
- Gluten Free Pancake & Waffle Mix
- Gluten Free Pizza Crust Mix
- Gluten Free Sandwich Bread Mix
- Gluten Free White Cake Mix

Arrowhead Mills

- Gluten Free All Purpose Baking Mix
- Gluten Free Brownie Mix

Entrees and Mixes (Cont'd)

Bob's Red Mill

TVP (Textured Vegetable Protein)

Chebe

Focaccia Flatbread Mix

Cherrybrook Kitchen

Chocolate Frosting Mix

Vanilla Frosting Mix

Edward & Sons

Organic Home Style Mashed Potato Mix

Lundberg Farms

Organic Alfredo Risotto

Organic Florentine Risotto

Organic Tuscan Risotto

Namaste

Brownie Mix

Cookie Mix

Pizza Crust Mix

Road's End Organics

Dairy Free Cheddar Style Penne & Chreese

Tasty Bite

Aloo Palak

Bombay Potatoes

Channa Masala

Jaipur Vegetables

Jodhpur Lentils

Kashmir Spinach

Kerala Vegetables

Madras Lentils

Mushroom Takatak

Punjab Eggplant

Spinach Dal

Sprouts Curry & Basmati Rice

Vegetable Korma

Tasty Bite

Peas Paneer & Basmati Rice

Spinach Dal & Basmati Rice

Ethnic Foods

Amy's

Organic Asian Noodle Stir-Fry

Organic Black Bean Enchilada Whole Meal

Organic Black Bean Tamale Verde Whole Meal

Organic Black Bean Vegetable Enchilada, Light in Sodium

Organic Cheese Enchilada

Organic Cheese Enchilada Whole Meal

Organic Cheese Tamale Verde Whole Meal

Organic Indian Mattar Paneer

Organic Indian Mattar Paneer, Light in Sodium

Organic Indian Mattar Tofu

Organic Indian Palak Paneer

Organic Indian Paneer Tikka

Organic Indian Vegetable Korma

Organic Mexican Casserole Bowl

Organic Mexican Casserole Bowl, Light in Sodium

Organic Mexican Tamale Pie

Organic Mexican Tofu Scramble

Organic Roasted Vegetable Tamale Whole Meal

Organic Santa Fe Enchilada Bowl

Organic Teriyaki Bowl

Organic Thai Stir-Fry

Organic Tortilla Casserole & Black Beans Bowl

Annie Chun's

Maifun Rice Noodles

Pad Thai Rice Noodles

Edward & Sons

Brown Rice Snaps, Tamari Seaweed

Brown Rice Snaps, Tamari Sesame

Miso-Cup, Original Golden Vegetable

Food For Life

Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

Food Merchants

Organic Polenta, Basil & Garlic

Organic Polenta, Sundried Tomato & Garlic

Organic Polenta, Traditional

Ethnic Foods (Cont'd)

Native Forest

Organic Coconut Milk

Native Forest

Light Coconut Milk

Organicville

Organic Island Teriyaki

Tasty Bite

Aloo Palak

Bombay Potatoes

Channa Masala

Good Korma Simmer Sauce

Jaipur Vegetables

Jodhpur Lentils

Kashmir Spinach

Kerala Vegetables

Madras Lentils

Mushroom Takatak

Punjab Eggplant

Spinach Dal

Sprouts Curry & Basmati Rice

Tikka Masala Simmer Sauce

Vegetable Korma

Tasty Bite

Peas Paneer & Basmati Rice

Spinach Dal & Basmati Rice

World Foods

Malaysian Sweet Chili Coconut Dipping Sauce

Thai 'Pad Thai' Noodle Sauce

Thai Galangal Lemon Grass Stir Fry Sauce

Thai Red Curry Paste

Thai Red Curry Ready To Pour Sauce

Thai Sweet Chili with Kaffir Lime Dipping Sauce

Frozen Foods

3 Fellers Bakery

Coconut Cake, 6 inch

Oatmeal Raisin Cookie Dough

Slice & Bake Buttermilk Biscuits, 14 oz

Sugar Cookie Dough

Frozen Foods (Cont'd)

Amy's

Kids Baked Ziti Meal

Organic Asian Noodle Stir-Fry

Organic Baked Ziti Bowl

Organic Bistro Veggie Burger

Organic Black Bean Enchilada Whole Meal

Organic Black Bean Tamale Verde Whole Meal

Organic Black Bean Vegetable Enchilada, Light in Sodium

Organic Brown Rice & Vegetables Bowl

Organic Brown Rice & Vegetables Bowl, Light in Sodium

Organic Brown Rice, Black-Eyed Peas & Veggies Bowl

Organic Cheese Enchilada

Organic Cheese Enchilada Whole Meal

Organic Cheese Tamale Verde Whole Meal

Organic Garden Vegetable Lasagna

Organic Indian Mattar Paneer

Organic Indian Mattar Paneer, Light in Sodium

Organic Indian Mattar Tofu

Organic Indian Palak Paneer

Organic Indian Paneer Tikka

Organic Indian Vegetable Korma

Organic Mexican Casserole Bowl

Organic Mexican Casserole Bowl, Light in Sodium

Organic Mexican Tamale Pie

Organic Mexican Tofu Scramble

Organic Rice Crust Cheese Pizza

Organic Rice Crust Spinach Pizza

Organic Rice Mac & Cheese

Organic Roasted Vegetable Tamale Whole Meal

Organic Santa Fe Enchilada Bowl

Organic Shepherd's Pie, Light in Sodium

Organic Teriyaki Bowl

Organic Thai Stir-Fry

Organic Tofu Scramble

Organic Tortilla Casserole & Black Beans Bowl

Frozen Foods (Cont'd)

Applegate Farms

Maple Breakfast Sausage
Organic Turkey Burgers
Sage Breakfast Sausage

Caesar's

Manicotti, Gluten-Free Wheat-Free
Stuffed Shells, Gluten-Free Wheat-Free
Vegetable Lasagna, Gluten-Free Wheat-Free

French Meadow Bakery

Gluten Free Chocolate Chip Cookie Dough

Gluten Free Cafe

Fettuccini Alfredo
Pasta Primavera

Glutino

Chicken Alfredo
Pizza, 3 Cheese with Brown Rice Crust
Pizza, Chicken BBQ
Pizza, Duo Cheese
Pizza, Spinach Feta
Pizza, Spinach Soy Cheese with Brown Rice Crust

Ian's Natural Foods

Alpha Tots
French Toast Sticks, Wheat Free Gluten Free
Ian's Chicken Nuggets, Allergen Free
Ian's Fish Sticks, Allergen Free
Kids Meal, Mac No Cheese
Popcorn Turkey Corn Dogs
Soy Cheesy French Bread Pizza, Wheat Free
Gluten Free

It's Soy Delicious

Almond Pecan Non-Dairy Frozen Dessert
Awesome Chocolate Non-Dairy Frozen Dessert
Chocolate Almond Non-Dairy Frozen Dessert
Chocolate Peanut Butter Non-Dairy Frozen Dessert
Green Tea Non-Dairy Frozen Dessert

Kettle Cuisine

Angus Beef Steak Chili with Beans
Chicken Chili with White Beans
Grilled Chicken and Corn Chowder

Frozen Foods (Cont'd)

Kettle Cuisine

New England Clam Chowder

Kinnikinnick

Blueberry Muffins
Cinnamon Sugar Donuts
Homestyle Waffles, Original
Maple Glazed Donuts
Tapioca Rice NY Style Bagels
Tapioca Rice Sesame Bagels
Vanilla Glazed Donuts

Nature's Path

Organic Buckwheat Wildberry Waffles
Organic Homestyle Waffles

Organic So Delicious

Chocolate Velvet Non-Dairy Frozen Dessert
Creamy Vanilla Non-Dairy Frozen Dessert
Mocha Fudge Non-Dairy Frozen Dessert
Neopolitan Non-Dairy Frozen Dessert

Purely Decadent

Blueberry Cheesecake Non-Dairy Frozen Dessert
Chocolate Non-Dairy Frozen Coconut Milk Dessert
Chocolate Obsession Non-Dairy Frozen Dessert
Chocolate Peanut Butter Swirl Non-Dairy Frozen
Coconut Milk Dessert
Coconut Non-Dairy Frozen Coconut Milk Dessert
Cookie Dough (Gluten Free) Non-Dairy Frozen
Dessert
Cookie Dough Non-Dairy Frozen Coconut Milk
Dessert
Key Lime Pie Non-Dairy Frozen Dessert
Mint Chip Non-Dairy Frozen Coconut Milk Dessert
Mint Chocolate Chip Non-Dairy Frozen Dessert
Mocha Almond Fudge Non-Dairy Frozen Coconut
Milk Dessert
Pomegranate Chip Non-Dairy Frozen Dessert
Praline Pecan Non-Dairy Frozen Dessert
Purely Vanilla Non-Dairy Frozen Dessert

Frozen Foods (Cont'd)

Purely Decadent

Snickerdoodle Non-Dairy Frozen Dessert
Turtle Trails Non-Dairy Frozen Dessert
Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert

Rice Dream

Vanilla Frozen Dessert, Pint

So Delicious

Coconut Almond Bar, Made with Coconut Milk
Kidz Assorted Fruit Pops
Raspberry Agave Sweetened Fruit Bar
Strawberry Agave Sweetened Fruit Bar
Vanilla Bar, Made with Coconut Milk

Starfish

Crispy Battered Gluten Free Cod
Crispy Battered Gluten Free Haddock
Crispy Battered Gluten Free Halibut

Sweet Nothings

Non-Dairy Fudge Bar
Non-Dairy Fudge Bar, 6-pack

The Crab Ladies

Artichoke Three Cheese Jumbo Lump Crab Cake Appetizers
Bacon & Gruyere Jumbo Lump Crab Cake Appetizers
Original (Maryland Style) Jumbo Lump Crab Cake Appetizers

Van's

Wheat Free Blueberry Waffles
Wheat Free Buckwheat Waffles
Wheat Free Flax Waffles
Wheat Free Homestyle Pancakes
Wheat Free Homestyle Waffles
Wheat Free Mini Homestyle Waffles

Grains and Rice

Ancient Harvest

Inca Red Organic Quinoa 12 oz
Traditional Organic Quinoa 12 oz

Grains and Rice (Cont'd)

Annie Chun's

Rice Express Black Pearl Rice
Rice Express Multi Grain Rice
Rice Express Sticky White Rice

Lundberg Farms

Eco-Farmed Black Japonica Field Gourmet Blend
Eco-Farmed California Brown Basmati Rice
Eco-Farmed California White Arborio Rice
Eco-Farmed California White Jasmine Rice
Eco-Farmed Countrywild Gourmet Blend Rice
Eco-Farmed Jubilee Gourmet Blend Rice
Eco-Farmed Long Grain Brown Rice
Eco-Farmed Short Grain Brown Rice
Eco-Farmed Wild Blend Gourmet Blend Rice
Organic Alfredo Risotto
Organic California Brown Basmati Rice
Organic California Brown Jasmine Rice, 25 lb
Organic California White Basmati Rice
Organic Long Grain Brown Rice
Organic Short Grain Brown Rice
Organic Wild Rice

Jams and Nut Butters

Arrowhead Mills

Creamy Peanut Butter, 26 oz

Blue Diamond

Homestyle Almond Butter, Creamy
Homestyle Almond Butter, Crunchy
Homestyle Almond Butter, Honey

Earth Balance

Creamy Natural Almond Butter
Creamy Natural Peanut Butter

Meat Alternatives

Bob's Red Mill

TVP (Textured Vegetable Protein)

WestSoy

Extra Firm Tofu, Tidal Wave 14 oz
Firm Tofu, Water-Pack 14 oz

Meat and Poultry

Applegate Farms

- Big Apple Hot Dogs
- Chicken Apple Breakfast Sausage
- Maple Breakfast Sausage
- Organic Beef Hot Dogs
- Organic Hot Dogs
- Organic Sliced Sunday Bacon
- Organic Turkey Burgers
- Organic Turkey Hot Dogs
- Sage Breakfast Sausage

Nutritional Supplements

Country Life

- DHEA 25mg Capsules, 90 ct
- Target-Mins Magnesium Capsules, 60 ct

Nuts, Seeds and Dried Fruits

Bob's Red Mill

- Organic Golden Flaxseeds

Pasta

Ancient Harvest

- Quinoa Supergrain Pasta, Elbows 8 oz
- Quinoa Supergrain Pasta, Rotelle 8 oz
- Quinoa Supergrain Pasta, Shells 8 oz
- Quinoa Supergrain Pasta, Spaghetti 8 oz

Bionaturae

- Organic Gluten Free Elbows Pasta
- Organic Gluten Free Fusilli
- Organic Gluten Free Linguine
- Organic Gluten Free Penne Rigate
- Organic Gluten Free Spaghetti

DeBoles Foods

- Corn Elbow Pasta
- Multi-Grain Penne
- Multi-Grain Spaghetti
- Rice Angel Hair Pasta
- Rice Penne
- Rice Spirals

Glutino

- Brown Rice Fusilli

Pasta (Cont'd)

Lundberg Farms

- Organic Brown Rice Penne Pasta
- Organic Brown Rice Rotini Pasta
- Organic Brown Rice Spaghetti Pasta

Tinkyada

- Brown Rice Elbow
- Brown Rice Fettucini
- Brown Rice Fusilli
- Brown Rice Lasagne
- Brown Rice Penne
- Brown Rice Shells
- Brown Rice Spaghetti
- Brown Rice Spirals
- Organic Brown Rice Penne
- Organic Brown Rice Spaghetti
- Organic Brown Rice Spirals
- Spinach Brown Rice Spaghetti
- Vegetable Brown Rice Spirals

Pasta Sauce

Amy's

- Organic Family Marinara Pasta Sauce
- Organic Low Sodium Marinara Sauce
- Organic Tomato Basil Pasta Sauce, Light in Sodium

Personal Care

Tom's of Maine

- Calendula Stick Deodorant
- Cinnamint Antiplaque with Propolis & Myrrh Toothpaste
- Cinnamon Clove Whole Care Toothpaste
- Fennel Anticavity SLS-Free Toothpaste
- Lavender Long Lasting Stick Deodorant
- Lemon/Lime Anticavity Drymouth SLS-Free Toothpaste
- Lemongrass Long Lasting Stick Deodorant
- Outrageous Orange-Mango Anticavity Toothpaste
- Peppermint Anti-Plaque Tartar Control Plus Whitening Toothpaste
- Peppermint Anticavity SLS-Free Toothpaste
- Peppermint Anticavity Toothpaste

Personal Care (Cont'd)

Tom's of Maine

- Peppermint Baking Soda Mouthwash
- Peppermint Whole Care Gel Toothpaste
- Peppermint Whole Care Toothpaste
- Silly Strawberry Anticavity Toothpaste
- Silly Strawberry Non-Fluoride Toothpaste
- Spearmint Anti-Plaque Plus Whitening Gel Toothpaste
- Spearmint Anti-Plaque Tartar Control Plus Whitening Toothpaste
- Spearmint Anticavity ADA Mouthwash
- Spearmint Cleansing Mouthwash
- Spearmint Flat Floss
- Spearmint Whole Care Gel Toothpaste
- Spearmint Whole Care Toothpaste
- Unscented Long Lasting Roll-on Deodorant
- Unscented Long Lasting Stick Deodorant
- Unscented Stick Deodorant
- Wintermint Whole Care Toothpaste
- Woodspice Stick Deodorant

Prepared Foods

Food Merchants

- Organic Polenta, Basil & Garlic
- Organic Polenta, Sundried Tomato & Garlic
- Organic Polenta, Traditional

Sauces, Salsas and Dips

Amy's

- Organic Black Bean & Corn Salsa
- Organic Medium Salsa
- Organic Mild Salsa
- Organic Spicy Chipotle Salsa

Organicville

- Organic Island Teriyaki
- Organic Mild Salsa

Tasty Bite

- Good Korma Simmer Sauce
- Tikka Masala Simmer Sauce

Sauces, Salsas and Dips (Cont'd)

World Foods

- Malaysian Sweet Chili Coconut Dipping Sauce
- Thai 'Pad Thai' Noodle Sauce
- Thai Galangal Lemon Grass Stir Fry Sauce
- Thai Red Curry Ready To Pour Sauce
- Thai Sweet Chili with Kaffir Lime Dipping Sauce

Seafood

Starfish

- Crispy Battered Gluten Free Cod
- Crispy Battered Gluten Free Haddock
- Crispy Battered Gluten Free Halibut

The Crab Ladies

- Artichoke Three Cheese Jumbo Lump Crab Cake Appetizers
- Bacon & Gruyere Jumbo Lump Crab Cake Appetizers
- Original (Maryland Style) Jumbo Lump Crab Cake Appetizers

Soups

Amy's

- Organic Black Bean Chili
- Organic Black Bean Vegetable Soup
- Organic Chunky Tomato Bisque
- Organic Chunky Tomato Bisque, Light in Sodium
- Organic Chunky Vegetable Soup
- Organic Cream of Tomato Soup
- Organic Cream of Tomato Soup, Light in Sodium
- Organic Curried Lentil Soup
- Organic Fire Roasted Southwestern Vegetable Soup
- Organic Lentil Soup
- Organic Lentil Soup, Light in Sodium
- Organic Lentil Vegetable Soup
- Organic Lentil Vegetable Soup, Light in Sodium
- Organic Medium Chili
- Organic Medium Chili with Vegetables

Soups (Cont'd)

Amy's

- Organic Medium Chili, Light in Sodium
- Organic Southwestern Black Bean Chili
- Organic Spicy Chili
- Organic Spicy Chili, Light in Sodium
- Organic Split Pea Soup
- Organic Split Pea Soup, Light in Sodium
- Organic Summer Corn & Vegetable Soup
- Organic Thai Coconut Soup (Tom Kha Phak)
- Organic Tuscan Bean & Rice Soup

Edward & Sons

- Miso-Cup, Original Golden Vegetable

Imagine Foods

- Broccoli Soup 32 oz
- Butternut Squash Soup 16 oz
- Butternut Squash Soup 32 oz
- Chicken Broth 16 oz
- Corn & Lemongrass Soup 16 oz
- Corn & Lemongrass Soup 32 oz
- Creamy Tomato Soup 16 oz
- Free Range Chicken Broth 32 oz
- No Chicken Broth 32 oz
- Organic Acorn Squash & Mango Soup 32 oz
- Organic Chicken Broth, Low Sodium 32 oz
- Organic Corn Soup, Low Sodium 32 oz
- Organic Portabello Mushroom Soup 32 oz
- Organic Potato Soup, Low Sodium 32 oz
- Organic Sweet Pea Soup 32 oz
- Organic Tomato Soup 32 oz
- Organic Tomato Soup, Low Sodium 32 oz
- Organic Vegetable Broth, Low Sodium 32 oz
- Portabello Mushroom Soup 16 oz
- Potato Leek Soup 16 oz
- Potato Leek Soup 32 oz
- Sweet Potato Soup 32 oz
- Tomato Basil Soup 32 oz
- Vegetable Broth 32 oz

Kettle Cuisine

- Angus Beef Steak Chili with Beans
- Chicken Chili with White Beans
- Grilled Chicken and Corn Chowder
- New England Clam Chowder

Spices and Seasonings

Bob's Red Mill

- Cornstarch

Edward & Sons

- Bouillon Cubes, Low Sodium Veggie
- Bouillon Cubes, Not-Chick'n

World Foods

- Thai Red Curry Paste

Sweeteners

Lundberg Farms

- Organic Brown Rice Syrup