

# Gluten Free

SPECIAL DIETS SERIES

CELEBRATING  
YOUR  
CHOICES



## Tenley Town Store, Mid-Atlantic Region

Whole Foods Market is excited to bring you "Celebrating Your Choices," a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product. If you have any questions, you may contact us at [WFMSpecialDiets@wholefoods.com](mailto:WFMSpecialDiets@wholefoods.com).

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## Baby & Infant Food

### Stonyfield Farm

YoBaby Banana/Vanilla Yogurt  
YoBaby Drinkable Yogurt, Banana  
YoBaby Drinkable Yogurt, Peach  
YoBaby Peach/Pear Yogurt  
YoBaby Simply Plain Yogurt

## Baked Goods

### Glutino

Cinnamon French Toast

### Kinnikinnick

Blueberry Muffins  
Carrot Muffins  
Cinnamon Sugar Donuts  
Vanilla Glazed Donuts

### WFM Gluten Free Bakehouse

Almond Scones  
Apple Pie  
Banana Bread  
Blueberry Muffins  
Carrot Cake  
Cheddar Biscuits  
Chocolate Chip Cookies  
Chocolate Cupcakes  
Cornbread  
Cranberry Orange Scones  
Cream Biscuits  
Croutons

## Baked Goods (Cont'd)

### WFM Gluten Free Bakehouse

Lemon Poppyseed Muffins (4 pack)  
Molasses Ginger Cookies  
Nutmeal Raisin Cookies  
Pie Shells  
Pizza Crust  
Prairie Bread  
Sandwich Bread  
Vanilla Cupcakes

## Baking Needs

### 365 Everyday Value™

Gluten Free All Purpose Baking Mix  
Gluten Free Chocolate Cake Mix  
Gluten Free Muffin Mix  
Gluten Free Pancake & Waffle Mix  
Gluten Free Sandwich Bread Mix  
Gluten Free White Cake Mix

### Arrowhead Mills

Buckwheat Flour  
Gluten Free All Purpose Baking Mix  
Long Grain Brown Rice Flour  
Millet Flour  
White Rice Flour  
Yellow Corn Meal

### Bob's Red Mill

Almond Flour  
Brown Rice Flour  
Flaxseed Meal  
Garbanzo Bean Flour  
Gluten Free All Purpose Baking Flour  
Gluten Free Cornbread Mix  
Gluten Free Homemade Wonderful Bread Mix  
Gluten Free Pancake Mix  
Gluten Free Pizza Crust Mix

## Baking Needs (Cont'd)

### Bob's Red Mill

- Gluten Free Sweet White Sorghum Flour
- GlutenFree Rolled Oats
- Hemp Protein Powder
- Organic Flaxseed Meal
- Organic Golden Flaxseed Meal
- Organic Golden Flaxseeds
- Potato Starch
- White Rice Flour
- Xanthan Gum

### Cherrybrook Kitchen

- Chocolate Frosting Mix
- Vanilla Frosting Mix

### Cherrybrook Kitchen Gluten Free Dreams

- Chocolate Cake Mix

### Enjoy Life

- Semi-Sweet Chocolate Chips

### Hain

- Baking Powder

### Let's Do...

- Carnival Sprinkelz
- Chocolatey Sprinkelz
- Confetti Sprinkelz

### Let's Do... Organic

- Organic Cornstarch
- Organic Shredded Coconut
- Organic Tapioca Granules
- Organic Tapioca Pearls

### Namaste

- Biscuits, Piecrust & More
- Brownie Mix
- Perfect Flour Blend
- Spice Cake Mix

### Pamela's Products

- Baking & Pancake Mix
- Baking & Pancake Mix, 4 lb
- Chocolate Brownie Mix
- Chocolate Cake Mix
- Chocolate Chunk Cookie Mix
- Classic Vanilla Cake Mix

## Baking Needs (Cont'd)

### Tropical Source

- Semi Sweet Chocolate Chips

### WFM Gluten Free Bakehouse

- Pie Shells

## Beverages

### Celestial Seasonings

- Acai Mango Zinger Tea, 20 Ct
- Authentic Green Tea, 20 Ct
- Bengal Spice Tea, 20 Ct
- Black Cherry Berry Tea
- Chamomile Tea, 20 Ct
- Cinnamon Apple Spice Tea, 20 Ct
- Country Peach Passion
- Decaf Green Tea, 25 Ct
- Decaf Mint Green Tea, 20 Ct
- Fruit Tea Sampler, 20 Ct
- Honey Vanilla Chamomile Tea, 20 Ct
- Lemon Zinger Green Tea, 20 Ct
- Lemon Zinger Tea, 20 Ct
- Mandarin Orange Spice Tea, 20 Ct
- Peppermint Tea, 20 Ct
- Raspberry Zinger Tea, 20 Ct
- Red Zinger Tea, 20 Ct
- Sleepytime Extra Tea, 20 Ct
- Sleepytime Tea, 20 Ct
- Sleepytime Throat Tamer Tea, 20 Ct
- Tangerine Orange Zinger Tea, 20 Ct
- Wild Berry Tea, 20 Ct

### Rice Dream

- Horchata
- Rice Nog
- Supreme Rice Beverage, Chocolate Chai
- Supreme Rice Beverage, Vanilla Hazelnut

### So Delicious

- Original (Plain) Coconut Milk Beverage
- Unsweetened Coconut Milk Beverage

## Bread

### Enjoy Life

- Cinnamon Raisin Bagels
- Original Bagels

## Bread (Cont'd)

### Food For Life

- Brown Rice Bread, Wheat & Gluten Free
- Millet Bread, Wheat & Gluten Free
- Rice Almond Bread, Wheat & Gluten Free
- Rice Pecan Bread, Wheat & Gluten Free
- White Rice Bread, Wheat & Gluten Free

### Glutino

- Bagels, Plain
- Bagels, Poppy Seed
- Bagels, Sesame Seed
- Premium Cinnamon & Raisin Bread
- Premium Corn Bread
- Premium Fiber Bread
- Premium Flax Seed Bread
- Premium Pizza Crusts

### Kinnikinnick

- Brown Sandwich Bread
- Sunflower Flax Rice Bread
- Tapioca Rice Bread
- Tapioca Rice Cinnamon Raisin Bagels
- White Sandwich Bread

### WFM Gluten Free Bakehouse

- Cheddar Biscuits
- Cornbread
- Cream Biscuits
- Hamburger Buns
- Prairie Bread
- Sandwich Bread

## Candy and Chocolate

### Endangered Species Chocolate

- Bite Size Dark Chocolate with Cranberries & Almonds
- Bite Size Dark Chocolate with Deep Forest Mint
- Bite Size Extreme Dark Chocolate
- Bite Size Smooth Milk Chocolate
- Bite Size Supreme Dark Chocolate
- Dark Chocolate with Blueberries - Sea Turtle
- Dark Chocolate with Cranberries & Almonds - Wolf
- Dark Chocolate with Deep Forest Mint

## Candy and Chocolate (Cont'd)

### Endangered Species Chocolate

- Dark Chocolate with Espresso Beans - Tiger
- Dark Chocolate with Hazelnut Toffee - Rhino
- Dark Chocolate with Raspberries - Grizzly Bear
- Extreme Dark Chocolate - Panther
- Intense Dark Chocolate with Cacao Nibs - Bat
- Milk Chocolate with Cherries - Dolphin
- Organic Health Dark Chocolate with Goji Berry, Pecans & Maca
- Smooth Organic Dark Chocolate - Butterfly
- Supreme Dark Chocolate - Chimpanzee

### Enjoy Life

- Boom Choco Boom Dairy-Free Rice Milk w/ Crispy Rice Chocolate Bar
- Boom Choco Boom Dark Chocolate Bar

### Glee Gum

- Glee Bubblegum Flavor Gum
- Glee Cinnamon Gum
- Glee Spearmint Gum
- Glee Tangerine Gum
- Glee Triple Berry Gum

### Let's Do...

- Carnival Sprinkelz
- Chocolatey Sprinkelz
- Confetti Sprinkelz

### Scharffen Berger

- Bittersweet Chocolate Bar, 70% Cacao
- Extra Dark Chocolate Bar, 82% Cacao

## Canned Goods

### Amy's

- Organic Refried Beans with Green Chiles
- Organic Refried Black Beans
- Organic Refried Black Beans, Low in Sodium
- Organic Traditional Refried Beans
- Organic Traditional Refried Beans, Light in Sodium
- Organic Vegetarian Baked Beans

## Canned Goods (Cont'd)

### Native Forest

Artichoke Hearts, Whole  
Organic Baby Corn  
Organic Papaya Chunks

## Cereal

### Ancient Harvest

Organic Quinoa Flakes 12 oz

### Arrowhead Mills

Maple Buckwheat Organic Flakes  
Organic Rice & Shine Hot Cereal  
Organic Yellow Corn Grits

### Barbara's Bakery

Honey Rice Puffins Cereal

### Bob's Red Mill

Gluten Free Mighty Tasty Hot Cereal  
GlutenFree Rolled Oats

### Enjoy Life

Cinnamon Crunch Granola  
Cranapple Crunch Granola  
Very Berry Crunch Granola

### EnviroKidz

Amazon Frosted Flakes Organic Cereal  
Gorilla Munch Organic Cereal  
Koala Crisp Organic Cereal  
Leapin' Lemurs Peanut Butter & Chocolate Organic Cereal  
Peanut Butter Panda Puffs Organic Cereal

### Nature's Path

Organic Crispy Rice Cereal  
Organic Fruit Juice Sweetened Corn Flakes  
Organic Honey'd Corn Flakes, 26.4 oz  
Organic Honey'd Cornflakes  
Organic Mesa Sunrise Cereal  
Organic Whole O's Cereal

### Perky's

Nutty Rice Cereal

## Cheese

### Applegate Farms

Sliced Emmentaler Swiss Cheese  
Sliced Havarti Cheese  
Sliced Medium Cheddar Cheese  
Sliced Organic Mild Cheddar Cheese  
Sliced Organic Monterey Jack Cheese  
Sliced Organic Muenster Cheese  
Sliced Pepperjack Cheese  
Sliced Probiotic Yogurt Cheese  
Sliced Provolone Cheese

### Follow Your Heart

Vegan Gourmet Cheddar  
Vegan Gourmet Monterey Jack  
Vegan Gourmet Mozzarella Cheese

## Chips, Pretzels and Snacks

### Arico

Cassava Chips, Barbecue Bliss  
Cassava Chips, Ginger on Fire  
Cassava Chips, Original  
Cassava Chips, Sea Salt Mist

### Food Should Taste Good

Buffalo Tortilla Chips 6 oz  
Cinnamon Tortilla Chips 5.5 oz  
Lime Tortilla Chips 5.5 oz  
Multigrain Tortilla Chips 12 oz  
Potato & Chive Tortilla Chips 5.5 oz  
Sweet Potato Tortilla Chips 6 oz  
The Works! Tortilla Chips 6 oz  
Yellow Corn Tortilla Chips 11 oz

### Food Should Taste Good

Chocolate Tortilla Chips 6 oz  
Jalapeno Tortilla Chips 6 oz  
Multigrain Tortilla Chips 6 oz  
Olive Tortilla Chips 6 oz

### Glutino

Pretzel Sticks, Family Bag  
Pretzels, Family Bag

### Kettle Brand®

Krinkle Cut Potato Chips, Lightly Salted 14 oz  
Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 14 oz

## **Chips, Pretzels and Snacks (Cont'd)**

### **Kettle Brand®**

- Potato Chips, Honey Dijon 5 oz
- Potato Chips, Lightly Salted 2 oz
- Potato Chips, Lightly Salted 5 oz
- Potato Chips, New York Cheddar w/ Herbs 5 oz
- Potato Chips, Organic Lightly Salted 5 oz
- Potato Chips, Sea Salt & Vinegar 5 oz
- Potato Chips, Unsalted 5 oz
- Potato Chips, Yogurt & Green Onion 5 oz

### **Kettle Brand®**

- Baked Potato Chips, Lightly Salted 4 oz
- Baked Potato Chips, Salt & Fresh Ground Pepper 4 oz
- Baked Potato Chips, Sea Salt & Vinegar 4 oz
- Krinkle Cut Potato Chips, Buffalo Bleu 5 oz
- Krinkle Cut Potato Chips, Classic BBQ 14 oz
- Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 5 oz
- Potato Chips, Backyard Barbeque 5 oz
- Potato Chips, Death Valley Chipotle 5 oz
- Potato Chips, Jalapeno 5 oz
- Potato Chips, Organic Sea Salt & Black Pepper 5 oz
- Potato Chips, Sour Cream, Onion & Chive 5 oz
- Potato Chips, Spicy Thai 5 oz
- Potato Chips, Sweet Onion 5 oz
- Potato Chips, Tuscan Three Cheese 5 oz

### **Lundberg Farms**

- Brown Rice Cakes
- Fiesta Lime Rice Chips
- Honey Nut Rice Cakes
- Organic Brown Rice Cakes
- Organic Koku Seaweed Rice Cakes
- Organic Sea Salt Rice Chips
- Organic Wild Rice Cakes
- Sante Fe BBQ Rice Chips
- Sesame Seaweed Rice Chips
- Unsalted Brown Rice Cakes

## **Chips, Pretzels and Snacks (Cont'd)**

### **Mary's Gone Crackers**

- Sticks & Twigs, Sea Salt
- Sticks & Twigs, Tomato Chipotle

## **Condiments**

### **Eden**

- Tamari Soy Sauce, Naturally Brewed 20 oz

### **Follow Your Heart**

- Vegenaise, Grapeseed Oil
- Vegenaise, High Omega-3 w/ Expeller-Pressed Canola Oil
- Vegenaise, Original

### **Organicville**

- Organic Dressing, French
- Organic Dressing, Non Dairy Ranch
- Organic Dressing, Olive Oil & Balsamic Vinaigrette
- Organic Ketchup

### **Spectrum**

- Canola Mayonnaise 16 oz
- Light Canola Eggless Mayonnaise 16 oz
- Light Canola Eggless Mayonnaise, Squeeze Bottle
- Organic Olive Oil Mayonnaise
- Organic Omega-3 Mayonnaise with Flax 16 oz
- Organic Soy Mayonnaise 16 oz
- Organic Soy Mayonnaise, Squeeze Bottle

## **Cookies and Snack Bars**

### **Arico**

- Chocolate Chunk Cookies
- Lemon Ginger Cookies

### **Cherrybrook Kitchen Gluten Free Dreams**

- Vanilla Graham Mini Cookies

### **Cupoladua Oven**

- Espresso Walnut Cupola Cookies

### **Enjoy Life**

- Soft Baked Chewy Chocolate Chip Cookies
- Soft Baked Double Chocolate Brownie Cookies
- Soft Baked Gingerbread Spice Cookie

## Cookies and Snack Bars (Cont'd)

### Enjoy Life

Soft Baked Happy Apple Cookies  
Soft Baked No-Oats "Oatmeal" Cookie  
Soft Baked Snickerdoodle Cookies

### EnviroKidz

Cheetah Organic Crispy Rice Bars, Berry  
Koala Organic Crispy Rice Bars, Chocolate  
Lemur Organic Crispy Rice Bars, Peanut Choco Drizzle  
Organic Vanilla Animal Cookies  
Panda Organic Crispy Rice Bars, Peanut Butter  
Penguin Organic Crispy Rice Bars, Fruity Burst

### Glutino

Breakfast Bars, Apple  
Breakfast Bars, Blueberry  
Chocolate Coated Wafers  
Lemon Wafers  
Organic Bar, Chocolate-Banana  
Vanilla Wafers

### Ian's Natural Foods

Chocolate Chip Cookie Buttons, Wheat Free Gluten Free

### Kinnikinnick

KinniTOOS Chocolate Sandwich Creme Cookies  
KinniTOOS Vanilla Sandwich Creme Cookies

### Mi-Del

Chocolate Chip Cookies  
Ginger Snaps  
Pecan Cookies

### Pamela's Products

Almond Anise Biscotti  
Butter Shortbread Cookies  
Chocolate Walnut Biscotti  
Chunky Chocolate Chip Cookies  
Ginger Cookies with Sliced Almonds  
Lemon Almond Biscotti  
Simplebites Chocolate Chip Mini Cookies

## Cookies and Snack Bars (Cont'd)

### WFM Gluten Free Bakehouse

Chocolate Chip Cookies  
Molasses Ginger Cookies  
Nutmeal Raisin Cookies

## Crackers

### Blue Diamond

Almond Nut-Thins  
Cheddar Cheese Nut-Thins  
Hazelnut Nut-Thins  
Pecan Nut-Thins  
Smokehouse Almond Nut-Thins

### Edward & Sons

Brown Rice Snaps, Onion Garlic  
Brown Rice Snaps, Tamari Seaweed  
Brown Rice Snaps, Tamari Sesame  
Brown Rice Snaps, Unsalted Sesame  
Organic Brown Rice Snaps, Cheddar  
Organic Brown Rice Snaps, Unsalted Plain  
Organic Brown Rice Snaps, Vegetable

### Glutino

Crackers, Cheddar  
Crackers, Multigrain  
Crackers, Original  
Crackers, Vegetable

### Mary's Gone Crackers

Crackers, Black Pepper  
Crackers, Caraway  
Crackers, Herb  
Crackers, Onion  
Crackers, Original

## Dairy

### Brown Cow

Cherry-Vanilla Whole Milk Yogurt, 6 oz  
Chocolate Whole Milk Yogurt, 6 oz  
Coffee Whole Milk Yogurt, 6 oz  
Low Fat Blueberry Yogurt, 6 oz  
Low Fat Boysenberry Yogurt, 6 oz  
Low Fat Plain Yogurt, 32 oz  
Low Fat Vanilla Bean Yogurt, 6 oz  
Low Fat Vanilla Yogurt, 32 oz

## Dairy (Cont'd)

### Brown Cow

- Maple Whole Milk Yogurt, 6 oz
- Peach Whole Milk Yogurt, 6 oz
- Plain Whole Milk Yogurt, 32 oz
- Plain Whole Milk Yogurt, 6 oz
- Strawberry Whole Milk Yogurt, 6 oz
- Vanilla Whole Milk Yogurt, 6 oz

### Earth Balance

- Buttery Sticks
- Organic Whipped Buttery Spread
- Original Buttery Spread
- Soy Free Buttery Spread
- Soy Garden Buttery Spread

### Stonyfield Farm

- Fat Free French Vanilla Probiotic Multi-Pack
- Fat Free Strawberry Probiotic Multi-Pack
- Organic Banana Berry Yogurt Smoothie, 10 oz
- Organic Cream Top Chocolate Underground, 6 oz
- Organic Cream Top French Vanilla, 6 oz
- Organic Cream Top Plain Yogurt, 32 oz
- Organic Cream Top Strawberries & Cream Yogurt, 6 oz
- Organic Fat Free Black Cherry Yogurt, Fruit on the Bottom, 6 oz
- Organic Fat Free Blueberry Yogurt, Fruit on the Bottom, 6 oz
- Organic Fat Free Chocolate Underground Yogurt, 6 oz
- Organic Fat Free French Vanilla Yogurt, 32 oz
- Organic Fat Free French Vanilla Yogurt, 6 oz
- Organic Fat Free Key Lime Yogurt, 6 oz
- Organic Fat Free Lotsa Lemon Yogurt, 6 oz
- Organic Fat Free Peach Yogurt, 6 oz
- Organic Fat Free Plain Yogurt, 32 oz
- Organic Fat Free Plain Yogurt, 6 oz
- Organic Fat Free Strawberry Yogurt, Fruit on the Bottom, 6 oz
- Organic Low Fat BaNilla Yogurt, 32 oz
- Organic Low Fat Blueberry Yogurt, 32 oz

## Dairy (Cont'd)

### Stonyfield Farm

- Organic Low Fat Blueberry Yogurt, 6 oz
- Organic Low Fat Cherry Vanilla Yogurt, 6 oz
- Organic Low Fat Just Peachy Yogurt, Fruit on the Bottom, 6 oz
- Organic Low Fat Plain Yogurt, 32 oz
- Organic Low Fat Plain Yogurt, 6 oz
- Organic Low Fat Raspberry Yogurt, 6 oz
- Organic Low Fat Strawberry Pomegranate Yogurt, 6 oz
- Organic Low Fat Strawberry Yogurt, 32 oz
- Organic Low Fat Strawberry Yogurt, Fruit on the Bottom, 6 oz
- Organic Low Fat Vanilla Yogurt
- Organic Low Fat Vanilla, 32 oz
- Organic O'Soy Strawberry/Peach Yogurt, 6-pack
- Organic Peach Yogurt Smoothie, 10 oz
- Organic Raspberry Yogurt Smoothie, 10 oz
- Organic Strawberry Yogurt Smoothie, 10 oz
- Organic Strawberry Yogurt Smoothies, 4 pack
- Organic Vanilla Yogurt Smoothie, 10 oz
- Organic Wild Berry Yogurt Smoothie, 10 oz
- Organic Wild Berry Yogurt Smoothies, 4 pack
- YoBaby Banana/Vanilla Yogurt
- YoBaby Drinkable Yogurt, Banana
- YoBaby Drinkable Yogurt, Peach
- YoBaby Peach/Pear Yogurt
- YoBaby Simply Plain Yogurt
- YoKids Squeezers Cherry/Berry Blitz
- YoKids Squeezers Screamin' Strawberry
- YoKids Strawberry BaNilla Blast Yogurt
- YoKids Strawberry Vanilla Raspberry Yogurt

## Dairy Alternatives

### 365 Everyday Value™

- Organic Ricemilk - Original
- Organic Ricemilk - Unsweetened
- Organic Ricemilk - Vanilla
- Organic Soymilk - Chocolate, 32 oz
- Organic Soymilk - Chocolate, 64 oz

## Dairy Alternatives (Cont'd)

### 365 Everyday Value™

Organic Soymilk - Original, 32 oz  
Organic Soymilk - Original, 64 oz  
Organic Soymilk - Unsweetened, 32 oz  
Organic Soymilk - Unsweetened, 64 oz  
Organic Soymilk - Vanilla, 32 oz  
Organic Soymilk - Vanilla, 64 oz

### Almond Dream

Almond Drink, Original 64 oz

### Blue Diamond

Almond Breeze, Chocolate  
Almond Breeze, Chocolate Unsweetened  
Almond Breeze, Original  
Almond Breeze, Original Unsweetened  
Almond Breeze, Vanilla  
Almond Breeze, Vanilla Unsweetened

### Follow Your Heart

Vegan Gourmet Cheddar  
Vegan Gourmet Monterey Jack  
Vegan Gourmet Mozzarella Cheese

### Hemp Dream

Hemp Dream, Original 12/32 oz  
Hemp Dream, Vanilla 12/32 oz

### Rice Dream

Enriched Rice Milk Beverage, Chocolate 32 oz  
Enriched Rice Milk Beverage, Original 8 oz  
Enriched Rice Milk Beverage, Vanilla 32 oz  
Heartwise Rice Milk Beverage, Vanilla 32 oz  
Organic Enriched Rice Milk Beverage, Original 32 oz  
Organic Enriched Rice Milk Beverage, Original 64 oz  
Organic Enriched Rice Milk Beverage, Vanilla 64 oz  
Refrigerated Ricemilk, Original 64 oz  
Refrigerated Ricemilk, Vanilla 64 oz  
Rice Milk Beverage, Carob 32 oz  
Rice Milk Beverage, Original 32 oz  
Rice Milk Beverage, Original 8 oz  
Rice Milk Beverage, Vanilla 32 oz

## Dairy Alternatives (Cont'd)

### Rice Dream

Rice Milk Beverage, Vanilla 8 oz

### So Delicious

Blueberry Agave Sweetened Soy Yogurt  
Blueberry Cultured Coconut Milk Yogurt  
Chocolate Cultured Coconut Milk Yogurt  
Cinnamon Bun Dairy Free Yogurt  
Original (Plain) Coconut Milk Beverage  
Original (Plain) Coconut Milk Kefir  
Peach Dairy Free Yogurt  
Pina Colada Cultured Coconut Milk Yogurt  
Plain Agave Sweetened Soy Yogurt  
Plain Cultured Coconut Milk Yogurt  
Raspberry Cultured Coconut Milk Yogurt  
Raspberry Dairy Free Yogurt  
Strawberry Banna Cultured Coconut Milk Yogurt  
Strawberry Coconut Milk Kefir  
Strawberry Cultured Coconut Milk Yogurt  
Unsweetened Coconut Milk Beverage  
Vanilla Agave Sweetened Soy Yogurt  
Vanilla Coconut Milk Kefir  
Vanilla Cultured Coconut Milk Yogurt

### Stonyfield Farm

Organic O'Soy Blueberry Yogurt, 6 oz  
Organic O'Soy Chocolate Yogurt, 6 oz  
Organic O'Soy Peach Yogurt, 6 oz  
Organic O'Soy Raspberry Yogurt, 6 oz  
Organic O'Soy Vanilla Yogurt, 6 oz  
Organic O'Soy Strawberry Yogurt, 6 oz

### WestSoy

Longevity Soy Beverage, Plain 32 oz  
Organic Soy Beverage, Unsweetened Original 64 oz  
Plus Soy Beverage, Plain 32 oz  
Plus Soy Beverage, Plain 64 oz  
Plus Soy Beverage, Vanilla 32 oz  
Plus Soy Beverage, Vanilla 64 oz  
Soy Beverage, Unsweetened Chocolate 32 oz

## Deli Style Meats and Cheeses

### Applegate Farms

- Organic Sliced Oven Roasted Chicken
- Sliced Honey Ham
- Sliced Honey Maple Turkey
- Sliced Hot Soppressata
- Sliced Organic Genoa Salami
- Sliced Organic Herb Turkey
- Sliced Organic Oven Roasted Turkey
- Sliced Organic Smoked Chicken
- Sliced Organic Smoked Turkey
- Sliced Organic Uncured Ham
- Sliced Oven Roasted Sliced Turkey
- Sliced Slow Cooked Ham
- Sliced Smoked Turkey

## Desserts

### WFM Gluten Free Bakehouse

- Apple Pie
- Carrot Cake
- Chocolate Cupcakes
- Vanilla Cupcakes

## Energy and Nutrition Bars/Drinks

### Bumble Bar

- Chai with Almonds
- Chocolate Crisp
- Original with Almond
- Original with Cashew
- Original with Hazelnut
- Original with Peanut

### Prana Bar

- Organic Apricot Goji
- Organic Apricot Pumpkin

## Entrees and Mixes

### 365 Everyday Value™

- Gluten Free All Purpose Baking Mix
- Gluten Free Chocolate Cake Mix
- Gluten Free Muffin Mix
- Gluten Free Pancake & Waffle Mix
- Gluten Free Sandwich Bread Mix
- Gluten Free White Cake Mix

## Entrees and Mixes (Cont'd)

### Arrowhead Mills

- Gluten Free All Purpose Baking Mix

### Cherrybrook Kitchen

- Chocolate Frosting Mix
- Vanilla Frosting Mix

### Cherrybrook Kitchen Gluten Free Dreams

- Chocolate Cake Mix

### Edward & Sons

- Chreesy Mashed Potato Mix
- Organic Home Style Mashed Potato Mix

### Glutino

- Macaroni & Cheese

### Lundberg Farms

- Organic Alfredo Risotto
- Organic Florentine Risotto
- Organic Tuscan Risotto

### Namaste

- Brownie Mix
- Spice Cake Mix

### Tasty Bite

- Aloo Palak
- Bombay Potatoes
- Channa Masala
- Jaipur Vegetables
- Jodhpur Lentils
- Kashmir Spinach
- Kerala Vegetables
- Madras Lentils
- Malaysian Lodeh
- Mushroom Takatak
- Punjab Eggplant
- Spinach Dal

### Tasty Bite

- Peas Paneer & Basmati Rice
- Spinach Dal & Basmati Rice

## Ethnic Foods

### Amy's

- Organic Asian Noodle Stir-Fry
- Organic Black Bean Enchilada Whole Meal

## Ethnic Foods (Cont'd)

### Amy's

- Organic Black Bean Tamale Verde Whole Meal
- Organic Black Bean Vegetable Enchilada
- Organic Black Bean Vegetable Enchilada, Light in Sodium
- Organic Cheese Enchilada
- Organic Cheese Enchilada Whole Meal
- Organic Cheese Tamale Verde Whole Meal
- Organic Indian Mattar Paneer
- Organic Indian Mattar Paneer, Light in Sodium
- Organic Indian Mattar Tofu
- Organic Indian Palak Paneer
- Organic Indian Paneer Tikka
- Organic Indian Vegetable Korma
- Organic Mexican Casserole Bowl
- Organic Mexican Casserole Bowl, Light in Sodium
- Organic Mexican Tamale Pie
- Organic Mexican Tofu Scramble
- Organic Roasted Vegetable Tamale Whole Meal
- Organic Santa Fe Enchilada Bowl
- Organic Teriyaki Bowl
- Organic Thai Stir-Fry
- Organic Tortilla Casserole & Black Beans Bowl

### Annie Chun's

- Maifun Rice Noodles
- Pad Thai Rice Noodles

### Edward & Sons

- Brown Rice Snaps, Tamari Seaweed
- Brown Rice Snaps, Tamari Sesame
- Miso-Cup, Original Golden Vegetable

### Food Merchants

- Organic Polenta, Basil & Garlic
- Organic Polenta, Sundried Tomato & Garlic
- Organic Polenta, Traditional

### Native Forest

- Organic Coconut Milk

## Ethnic Foods (Cont'd)

### Native Forest

- Light Coconut Milk

### Tasty Bite

- Aloo Palak
- Bombay Potatoes
- Channa Masala
- Good Korma Simmer Sauce
- Jaipur Vegetables
- Jodhpur Lentils
- Kashmir Spinach
- Kerala Vegetables
- Madras Lentils
- Malaysian Lodeh
- Mushroom Takatak
- Punjab Eggplant
- Spinach Dal
- Tikka Masala Simmer Sauce

### Tasty Bite

- Peas Paneer & Basmati Rice
- Spinach Dal & Basmati Rice

### World Foods

- Thai 'Pad Thai' Noodle Sauce
- Thai Galangal Lemon Grass Stir Fry Sauce

## Frozen Foods

### Amy's

- Kids Baked Ziti Meal
- Organic Asian Noodle Stir-Fry
- Organic Baked Ziti Bowl
- Organic Bistro Veggie Burger
- Organic Black Bean Enchilada Whole Meal
- Organic Black Bean Tamale Verde Whole Meal
- Organic Black Bean Vegetable Enchilada
- Organic Black Bean Vegetable Enchilada, Light in Sodium
- Organic Brown Rice & Vegetables Bowl
- Organic Brown Rice & Vegetables Bowl, Light in Sodium
- Organic Brown Rice, Black-Eyed Peas & Veggies Bowl
- Organic Cheese Enchilada
- Organic Cheese Enchilada Whole Meal
- Organic Cheese Tamale Verde Whole Meal

## Frozen Foods (Cont'd)

### Amy's

- Organic Garden Vegetable Lasagna
- Organic Indian Mattar Paneer
- Organic Indian Mattar Paneer, Light in Sodium
- Organic Indian Mattar Tofu
- Organic Indian Palak Paneer
- Organic Indian Paneer Tikka
- Organic Indian Vegetable Korma
- Organic Mexican Casserole Bowl
- Organic Mexican Casserole Bowl, Light in Sodium
- Organic Mexican Tamale Pie
- Organic Mexican Tofu Scramble
- Organic Rice Crust Cheese Pizza
- Organic Rice Crust Spinach Pizza
- Organic Rice Mac & Cheese
- Organic Roasted Vegetable Tamale Whole Meal
- Organic Santa Fe Enchilada Bowl
- Organic Shepherd's Pie, Light in Sodium
- Organic Single Serve Non-Dairy Rice Crust Cheeze Pizza
- Organic Teriyaki Bowl
- Organic Thai Stir-Fry
- Organic Tofu Scramble
- Organic Tortilla Casserole & Black Beans Bowl

### Applegate Farms

- Maple Breakfast Sausage
- Organic Turkey Burgers
- Sage Breakfast Sausage

### Caesar's

- Stuffed Shells, Gluten-Free Wheat-Free
- Vegetable Lasagna, Gluten-Free Wheat-Free

### Gluten Free Cafe

- Fettuccini Alfredo
- Lemon Basil Chicken
- Pasta Primavera

### Glutino

- Chicken Alfredo
- Chicken Pomodoro
- Chicken Ranchero

## Frozen Foods (Cont'd)

### Glutino

- Pizza, 3 Cheese with Brown Rice Crust
- Pizza, Chicken BBQ
- Pizza, Duo Cheese
- Pizza, Spinach Feta
- Pizza, Spinach Soy Cheese with Brown Rice Crust

### Ian's Natural Foods

- Alpha Tots
- Chicken Fingers, Allergen Free
- French Toast Sticks, Wheat Free Gluten Free
- Ian's Chicken Nuggets, Allergen Free
- Ian's Fish Sticks, Allergen Free
- Popcorn Turkey Corn Dogs
- Soy Cheesy French Bread Pizza, Wheat Free Gluten Free
- Wafflewich, Egg & Maple Cheese, Wheat Free Gluten Free
- Wafflewich, Egg & Maple Sausage, Wheat Free Gluten Free

### It's Soy Delicious

- Almond Pecan Non-Dairy Frozen Dessert
- Awesome Chocolate Non-Dairy Frozen Dessert
- Green Tea Non-Dairy Frozen Dessert
- Raspberry Non-Dairy Frozen Dessert
- Vanilla Non-Dairy Frozen Dessert

### Julie's Organic Ice Cream

- Glutenfreeda's Organic Gluten Free Vanilla Ice Cream Sandwich

### Kettle Cuisine

- Angus Beef Steak Chili with Beans
- Chicken Chili with White Beans
- Chicken Soup with Rice Noodles
- Grilled Chicken and Corn Chowder

### Kinnikinnick

- Blueberry Muffins
- Brown Sandwich Bread
- Carrot Muffins
- Cinnamon Sugar Donuts
- Sunflower Flax Rice Bread
- Tapioca Rice Bread

## Frozen Foods (Cont'd)

### Kinnikinnick

Tapioca Rice Cinnamon Raisin Bagels  
Vanilla Glazed Donuts  
White Sandwich Bread

### Nature's Path

Organic Buckwheat Wildberry Waffles  
Organic Homestyle Waffles

### Organic So Delicious

Chocolate Velvet Non-Dairy Frozen Dessert  
Creamy Vanilla Non-Dairy Frozen Dessert  
Mocha Fudge Non-Dairy Frozen Dessert  
Neapolitan Non-Dairy Frozen Dessert

### Purely Decadent

Blueberry Cheesecake Non-Dairy Frozen Dessert  
Cherry Nirvana Non-Dairy Frozen Dessert  
Chocolate Non-Dairy Frozen Coconut Milk Dessert  
Chocolate Obsession Non-Dairy Frozen Dessert  
Chocolate Peanut Butter Swirl Non-Dairy Frozen Coconut Milk Dessert  
Coconut Non-Dairy Frozen Coconut Milk Dessert  
Cookie Dough (Gluten Free) Non-Dairy Frozen Dessert  
Cookie Dough Non-Dairy Frozen Coconut Milk Dessert  
Dulce De Leche Non-Dairy Frozen Dessert  
Mint Chip Non-Dairy Frozen Coconut Milk Dessert  
Mint Chocolate Chip Non-Dairy Frozen Dessert  
Mocha Almond Fudge Non-Dairy Frozen Coconut Milk Dessert  
Mocha Almond Fudge Non-Dairy Frozen Dessert  
Passionate Mango Non-Dairy Frozen Coconut Milk Dessert  
Peanut Butter Zig Zag Non-Dairy Frozen Dessert  
Pomegranate Chip Non-Dairy Frozen Dessert  
Praline Pecan Non-Dairy Frozen Dessert

## Frozen Foods (Cont'd)

### Purely Decadent

Purely Vanilla Non-Dairy Frozen Dessert  
Snickerdoodle Non-Dairy Frozen Dessert  
Turtle Trails Non-Dairy Frozen Dessert  
Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert

### Rice Dream

Cocoa Marble Fudge Frozen Dessert, Pint  
Neapolitan Frozen Dessert, Quart  
Rice Dream, Strawberry  
Vanilla Frozen Dessert, Quart

### So Delicious

Coconut Almond Bar, Made with Coconut Milk  
Kidz Assorted Fruit Pops  
Orange Passion Fruit Agave Sweetened Fruit Bar  
Strawberry Agave Sweetened Fruit Bar  
Vanilla Bar, Made with Coconut Milk

### Starfish

Crispy Battered Gluten Free Cod  
Crispy Battered Gluten Free Haddock  
Crispy Battered Gluten Free Halibut

### Van's

Wheat Free Blueberry Waffles  
Wheat Free Buckwheat Waffles  
Wheat Free Flax Waffles  
Wheat Free Homestyle Pancakes  
Wheat Free Homestyle Waffles  
Wheat Free Mini Homestyle Waffles

## Grains and Rice

### Ancient Harvest

Inca Red Organic Quinoa 12 oz  
Traditional Organic Quinoa 12 oz

### Annie Chun's

Rice Express Multi Grain Rice  
Rice Express Sprouted Brown Rice  
Rice Express Sticky White Rice

### Eden

Organic Millet, Whole Grain

## Grains and Rice (Cont'd)

### Lundberg Farms

- Eco-Farmed Black Japonica Field Gourmet Blend
- Eco-Farmed California Brown Basmati Rice
- Eco-Farmed California White Arborio Rice
- Eco-Farmed California White Basmati Rice
- Eco-Farmed Countrywild Gourmet Blend Rice
- Eco-Farmed Long Grain Brown Rice
- Eco-Farmed Short Grain Brown Rice
- Eco-Farmed Wild Blend Gourmet Blend Rice
- Organic Alfredo Risotto
- Organic California Brown Basmati Rice
- Organic California White Basmati Rice
- Organic Long Grain Brown Rice
- Organic Short Grain Brown Rice
- Organic Wild Rice

## Jams and Nut Butters

### Arrowhead Mills

- Creamy Peanut Butter, 16 oz
- Creamy Peanut Butter, 26 oz
- Crunchy Peanut Butter, 26 oz
- Organic Crunchy Peanut Butter, 16 oz

### Blue Diamond

- Homestyle Almond Butter, Creamy
- Homestyle Almond Butter, Honey

### Earth Balance

- Creamy Natural Almond Butter
- Creamy Natural Peanut Butter
- Crunchy Natural Peanut Butter

## Meat Alternatives

### WestSoy

- Extra Firm Tofu, Tidal Wave 14 oz
- Firm Tofu, Water-Pack 14 oz

## Meat and Poultry

### Applegate Farms

- Big Apple Hot Dogs
- Chicken Apple Breakfast Sausage
- Maple Breakfast Sausage
- Organic Beef Hot Dogs

## Meat and Poultry (Cont'd)

### Applegate Farms

- Organic Hot Dogs
- Organic Turkey Burgers
- Organic Turkey Hot Dogs
- Sage Breakfast Sausage

## Nutritional Supplements

### Bob's Red Mill

- Hemp Protein Powder

### Country Life

- Chromium Picolinate Capsules, 200 ct
- Glucosamine Chondroitin Capsules, 30 ct
- Melatonin 1mg Tablets, 120 ct
- Prosta-Max For Men, 50 ct
- Target-Mins Calcium-Magnesium Capsules, 90 ct
- Target-Mins Calcium-Magnesium Complex Tablets, 180 ct
- Target-Mins Calcium-Magnesium-Veg Capsules, 240 ct
- Target-Mins Magnesium Capsules, 60 ct

## Nuts, Seeds and Dried Fruits

### Bob's Red Mill

- Hemp Protein Powder
- Organic Golden Flaxseeds

## Pasta

### Ancient Harvest

- Quinoa Supergrain Pasta, Rotelle 8 oz
- Quinoa Supergrain Pasta, Shells 8 oz
- Quinoa Supergrain Pasta, Spaghetti 8 oz

### Bionaturae

- Organic Gluten Free Elbows Pasta
- Organic Gluten Free Fusilli
- Organic Gluten Free Linguine
- Organic Gluten Free Penne Rigate
- Organic Gluten Free Rigatoni
- Organic Gluten Free Spaghetti

## Pasta (Cont'd)

### DeBoles Foods

- Corn Elbow Pasta
- Multi-Grain Penne
- Multi-Grain Spaghetti
- Rice Angel Hair Pasta
- Rice Spirals

### Glutino

- Brown Rice Fusilli

### Lundberg Farms

- Organic Brown Rice Penne Pasta
- Organic Brown Rice Rotini Pasta
- Organic Brown Rice Spaghetti Pasta

### Tinkyada

- Brown Rice Elbow
- Brown Rice Fusilli
- Brown Rice Lasagne
- Brown Rice Penne
- Brown Rice Shells
- Brown Rice Spaghetti
- Brown Rice Spirals
- Organic Brown Rice Spaghetti
- Organic Brown Rice Spirals
- Spinach Brown Rice Spaghetti
- Vegetable Brown Rice Spirals

## Pasta Sauce

### Amy's

- Organic Family Marinara Pasta Sauce
- Organic Low Sodium Marinara Sauce
- Organic Tomato Basil Pasta Sauce, Light in Sodium

## Personal Care

### Tom's of Maine

- Apricot Long Lasting Stick Deodorant
- Bay Lime Sensitive Stick Deodorant
- Calendula Long Lasting Roll-on Deodorant
- Calendula Stick Deodorant
- Cinnamon Clove Whole Care Toothpaste
- Cucumber-Grapefruit Sensitive Stick Deodorant
- Fennel Anticavity SLS-Free Toothpaste

## Personal Care (Cont'd)

### Tom's of Maine

- Fennel Antiplaque Propolis & Myrrh Toothpaste
- Fragrance-Free Sensitive Stick Deodorant
- Honeysuckle Rose Stick Deodorant
- Lavender Long Lasting Roll-on Deodorant
- Lavender Long Lasting Stick Deodorant
- Lemongrass Long Lasting Stick Deodorant
- Orange-Mango Whole Care Gel Toothpaste
- Outrageous Orange-Mango Anticavity Toothpaste
- Peppermint Anti-Plaque Tartar Control Plus Whitening Toothpaste
- Peppermint Anticavity SLS-Free Toothpaste
- Peppermint Anticavity Toothpaste
- Peppermint Baking Soda Mouthwash
- Peppermint Whole Care Gel Toothpaste
- Peppermint Whole Care Toothpaste
- Silly Strawberry Anticavity Toothpaste
- Silly Strawberry Non-Fluoride Toothpaste
- Spearmint Antiplaque SLS-Free Toothpaste
- Spearmint Anti-Plaque Plus Whitening Gel Toothpaste
- Spearmint Anti-Plaque Tartar Control Plus Whitening Toothpaste
- Spearmint Anticavity Toothpaste
- Spearmint Antiplaque with Propolis & Myrrh Toothpaste
- Spearmint Cleansing Mouthwash
- Spearmint Flat Floss
- Spearmint Whole Care Gel Toothpaste
- Spearmint Whole Care Toothpaste
- Unflavored Round Floss
- Unscented Long Lasting Roll-on Deodorant
- Unscented Long Lasting Stick Deodorant
- Unscented Stick Deodorant
- Wintermint Anticavity Toothpaste
- Wintermint Sensitive SLS-Free Toothpaste
- Wintermint Sensitive Toothpaste
- Wintermint Whole Care Toothpaste
- Woodspice Stick Deodorant

## Prepared Foods

### Food Merchants

- Organic Polenta, Basil & Garlic
- Organic Polenta, Sundried Tomato & Garlic
- Organic Polenta, Traditional

## Sauces, Salsas and Dips

### Amy's

- Organic Black Bean & Corn Salsa
- Organic Medium Salsa
- Organic Mild Salsa
- Organic Spicy Chipotle Salsa

### Organicville

- Organic Medium Salsa

### Tasty Bite

- Good Korma Simmer Sauce
- Tikka Masala Simmer Sauce

### World Foods

- Thai 'Pad Thai' Noodle Sauce
- Thai Galangal Lemon Grass Stir Fry Sauce

## Seafood

### Starfish

- Crispy Battered Gluten Free Cod
- Crispy Battered Gluten Free Haddock
- Crispy Battered Gluten Free Halibut

## Soups

### Amy's

- Organic Black Bean Chili
- Organic Black Bean Vegetable Soup
- Organic Chunky Tomato Bisque
- Organic Chunky Tomato Bisque, Light in Sodium
- Organic Chunky Vegetable Soup
- Organic Cream of Tomato Soup
- Organic Cream of Tomato Soup, Light in Sodium
- Organic Curried Lentil Soup
- Organic Fire Roasted Southwestern Vegetable Soup
- Organic Lentil Soup
- Organic Lentil Soup, Light in Sodium

## Soups (Cont'd)

### Amy's

- Organic Lentil Vegetable Soup
- Organic Lentil Vegetable Soup, Light in Sodium
- Organic Medium Chili
- Organic Medium Chili with Vegetables
- Organic Medium Chili, Light in Sodium
- Organic Southwestern Black Bean Chili
- Organic Spicy Chili
- Organic Spicy Chili, Light in Sodium
- Organic Split Pea Soup
- Organic Split Pea Soup, Light in Sodium
- Organic Summer Corn & Vegetable Soup
- Organic Thai Coconut Soup (Tom Kha Phak)
- Organic Tuscan Bean & Rice Soup

### Edward & Sons

- Miso-Cup, Original Golden Vegetable

### Imagine Foods

- Broccoli Soup 32 oz
- Butternut Squash Soup 16 oz
- Butternut Squash Soup 32 oz
- Corn & Lemongrass Soup 16 oz
- Corn & Lemongrass Soup 32 oz
- Creamy Tomato Soup 16 oz
- Free Range Chicken Broth 32 oz
- No Chicken Broth 32 oz
- Organic Acorn Squash & Mango Soup 32 oz
- Organic Chicken Broth, Low Sodium 32 oz
- Organic Corn Soup, Low Sodium 32 oz
- Organic Portabello Mushroom Soup 32 oz
- Organic Potato Soup, Low Sodium 32 oz
- Organic Sweet Pea Soup 32 oz
- Organic Tomato Soup 32 oz
- Organic Tomato Soup, Low Sodium 32 oz
- Organic Vegetable Broth, Low Sodium 32 oz
- Portabello Mushroom Soup 16 oz
- Potato Leek Soup 16 oz
- Potato Leek Soup 32 oz
- Sweet Potato Soup 32 oz
- Tomato Basil Soup 32 oz
- Vegetable Broth 32 oz

## **Soups (Cont'd)**

### **Kettle Cuisine**

- Angus Beef Steak Chili with Beans
- Chicken Chili with White Beans
- Chicken Soup with Rice Noodles
- Grilled Chicken and Corn Chowder

## **Spices and Seasonings**

### **Edward & Sons**

- Bouillon Cubes, Low Sodium Veggie
- Bouillon Cubes, Not-Chick'n

## **Sweeteners**

### **Lundberg Farms**

- Brown Rice Syrup
- Organic Brown Rice Syrup