

Gluten Free

SPECIAL DIETS SERIES

CELEBRATING
YOUR
CHOICES



Carmel Store, Midwest Region

Whole Foods Market is excited to bring you "Celebrating Your Choices," a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product. If you have any questions, you may contact us at WFMSpecialDiets@wholefoods.com.

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Baby & Infant Food

Stonyfield Farm

YoBaby Banana/Vanilla Yogurt
YoBaby Blueberry/Apple Yogurt
YoBaby Drinkable Yogurt, Banana
YoBaby Drinkable Yogurt, Peach
YoBaby Peach/Pear Yogurt
YoBaby Simply Plain Yogurt

Baked Goods

WFM Gluten Free Bakehouse

Almond Scones
Apple Pie
Banana Bread
Blueberry Muffins
Carrot Cake
Cheddar Biscuits
Cherry Almond Streusel Muffins
Chocolate Chip Cookies
Chocolate Cupcakes
Cinnamon Raisin Bread
Cornbread
Cranberry Orange Scones
Cream Biscuits
Honey Oat Bread
Lemon Poppyseed Muffins (4 pack)
Molasses Ginger Cookies
Morning Glory Muffins
Nutmeal Raisin Cookies
Peanut Butter Cookies

Baked Goods (Cont'd)

WFM Gluten Free Bakehouse

Pie Shells
Pizza Crust
Prairie Bread
Pumpkin Pie
Sandwich Bread
Stuffing Cubes
Sundried Tomato & Garlic Bread
Vanilla Cupcakes

Baking Needs

365 Everyday Value™

Gluten Free All Purpose Baking Mix
Gluten Free Chocolate Brownie Mix
Gluten Free Chocolate Cake Mix
Gluten Free Chocolate Chip Cookie Mix
Gluten Free Muffin Mix
Gluten Free Pancake & Waffle Mix
Gluten Free Pizza Crust Mix
Gluten Free Sandwich Bread Mix
Gluten Free White Cake Mix

Ancient Harvest

Organic Quinoa Flour 18 oz

Arrowhead Mills

Buckwheat Flour
Gluten Free Brownie Mix
Gluten Free Chocolate Chip Cookie Mix
Gluten Free Pancake & Baking Mix
Long Grain Brown Rice Flour
White Rice Flour
Yellow Corn Meal

Bob's Red Mill

Almond Flour
Arrowroot Starch Flour
Baking Soda

Baking Needs (Cont'd)

Bob's Red Mill

- Flaxseed Meal
- Gluten Free All Purpose Baking Flour
- Gluten Free Biscuit & Baking Mix
- Gluten Free Chocolate Cake Mix
- Gluten Free Cornbread Mix
- Gluten Free Cornmeal
- Gluten Free Garbanzo & Fava Bean Flour
- Gluten Free Homemade Wonderful Bread Mix
- Gluten Free Pancake Mix
- Gluten Free Sweet White Sorghum Flour
- GlutenFree Rolled Oats
- Hemp Protein Powder
- Organic Amaranth Flour
- Organic Brown Flaxseeds
- Organic Coconut Flour
- Organic Flaxseed Meal
- Organic Golden Flaxseed Meal
- Potato Starch
- Tapioca Flour
- Teff Flour
- White Rice Flour
- Xanthan Gum

Cherrybrook Kitchen

- Chocolate Frosting Mix
- Vanilla Frosting

Earth Balance

- Shortening

Enjoy Life

- Semi-Sweet Chocolate Chips

Gluten Free Pantry

- Chocolate Chip Cookie & Cake Mix
- Chocolate Truffle Brownie Mix

Let's Do...

- Carnival Sprinkelz
- Chocolatey Sprinkelz
- Confetti Sprinkelz

Let's Do... Organic

- Organic Cornstarch
- Organic Reduced Fat Shredded Coconut
- Organic Shredded Coconut
- Organic Tapioca Granules

Baking Needs (Cont'd)

Namaste

- Blondie Mix
- Brownie Mix
- Chocolate Cake Mix
- Cookie Mix
- Pizza Crust Mix
- Spice Cake Mix
- Waffle & Pancake Mix

Pamela's Products

- Baking & Pancake Mix
- Baking & Pancake Mix, 4 lb
- Chocolate Brownie Mix
- Chocolate Cake Mix
- Chocolate Chunk Cookie Mix
- Gluten-Free Bread Mix

Tropical Source

- Semi Sweet Chocolate Chips

WFM Gluten Free Bakehouse

- Pie Shells

Beverages

Bard's Beer

- Bard's Gold, 6-Pack

Celestial Seasonings

- Authentic Green Tea, 40 Ct
- Bengal Spice Tea, 20 Ct
- Candy Cane Lane Decaf Tea, 20 Ct
- Chamomile Tea, 20 Ct
- Decaf Green Tea, 20 Ct
- Goji Berry Pomegranate Green Tea, 20 Ct
- Honey Vanilla Chamomile Tea, 20 Ct
- Lemon Zinger Tea, 20 Ct
- Madagascar Vanilla Red Tea, 20 Ct
- Mint Magic Tea, 20 Ct
- Moroccan Pomegranate Red Tea, 20 Ct
- Nutcracker Sweet Herbal Tea
- Peppermint Tea, 20 Ct
- Peppermint Tea, 40 Ct
- Perfectly Pear White Tea, 20 Ct
- Red Zinger Tea, 20 Ct
- Sleepytime Extra Tea, 20 Ct
- Sleepytime Tea, 20 Ct

Beverages (Cont'd)

Celestial Seasonings

Sleepytime Tea, 40 Ct
Sugar Plum Spice, 20 Ct
Tangerine Orange Zinger Tea, 20 Ct
Tropical Strawberry, 20 Ct
True Blueberry, 20 Ct

Eden

Organic EdenBlend, Rice & Soy Beverage, 8.45 oz

Rice Dream

Rice Nog

So Delicious

Original (Plain) Coconut Milk Beverage
Unsweetened Coconut Milk Beverage
Vanilla Coconut Milk Beverage

Bread

Chebe

Bread Sticks

Enjoy Life

Cinnamon Raisin Bagels
Original Bagels

Food For Life

Brown Rice Bread, Wheat & Gluten Free
Millet Bread, Wheat & Gluten Free
Raisin Pecan Bread, Wheat & Gluten Free
Rice Almond Bread, Wheat & Gluten Free
White Rice Bread, Wheat & Gluten Free
Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

Food for Life

Yeast Free Multi Seed Rice Bread, Wheat & Gluten Free

Glutino

Bagels, Cinnamon 'n Raisin
Bagels, Plain
Bagels, Poppy Seed
English Muffins
Premium Brown Rice Bread with Inulin
Premium Brown Rice Bread, Homestyle
Premium Cinnamon & Raisin Bread

Bread (Cont'd)

Glutino

Premium Corn Bread
Premium Fiber Bread
Premium Flax Seed Bread
Premium Pizza Crusts

WFM Gluten Free Bakehouse

Cheddar Biscuits
Cinnamon Raisin Bread
Cornbread
Cream Biscuits
Hamburger Buns
Honey Oat Bread
Prairie Bread
Sandwich Bread
Sundried Tomato & Garlic Bread

Candy and Chocolate

Endangered Species Chocolate

Bite Size Dark Chocolate with Deep Forest Mint
Bite Size Extreme Dark Chocolate
Bite Size Supreme Dark Chocolate
Dark Chocolate with Blueberries - Sea Turtle
Dark Chocolate with Cranberries & Almonds - Wolf
Dark Chocolate with Deep Forest Mint
Dark Chocolate with Espresso Beans - Tiger
Dark Chocolate with Hazelnut Toffee - Rhino
Dark Chocolate with Raspberries - Grizzly Bear
Extreme Dark Chocolate - Panther
Organic Health Dark Chocolate with Goldenberry & Lucuma
Smooth Milk Chocolate - Sea Otter
Smooth Organic Dark Chocolate - Butterfly
Smooth Organic Milk Chocolate - Lion
Supreme Dark Chocolate - Chimpanzee

Enjoy Life

Boom Choco Boom Dairy-Free Rice Milk Chocolate Bar

Candy and Chocolate (Cont'd)

Enjoy Life

Boom Choco Boom Dark Chocolate Bar

Let's Do...

Carnival Sprinkelz
Chocolatey Sprinkelz
Confetti Sprinkelz

Let's Do... Organic

Organic Classic Gummi Bears
Organic Super Sour Gummi Bears

Scharffen Berger

Bittersweet Chocolate Bar, 70% Cacao

Canned Goods

Amy's

Organic Refried Beans with Green Chiles
Organic Refried Black Beans, Low in Sodium
Organic Traditional Refried Beans
Organic Traditional Refried Beans, Light in Sodium
Organic Vegetarian Baked Beans

Native Forest

Artichoke Hearts, Quartered
Green Asparagus Spears
Organic Baby Corn
Organic Hearts of Palm
Organic Mango Chunks
Organic Pineapple Slices
Organic Pineapple, Crushed

Canned/Jarred Goods

Native Forest

Artichoke Hearts, Marinated

Cereal

Arrowhead Mills

Maple Buckwheat Organic Flakes
Organic Rice & Shine Hot Cereal
Sweetened Organic Rice Flakes

Cereal (Cont'd)

Bakery On Main

Nutty Cranberry Gluten Free Granola

Barbara's Bakery

Honey Rice Puffins Cereal

Bob's Red Mill

Brown Rice Farina Creamy Rice Hot Cereal
GlutenFree Rolled Oats
Organic Creamy Buckwheat Hot Cereal

Enjoy Life

Very Berry Crunch Granola

EnviroKidz

Amazon Frosted Flakes Organic Cereal
Gorilla Munch Organic Cereal
Gorilla Munch Organic Cereal, 23 oz
Koala Crisp Organic Cereal
Koala Crisp Organic Cereal, 26 oz
Leapin' Lemurs Peanut Butter & Chocolate Organic Cereal
Peanut Butter Panda Puffs Organic Cereal
Peanut Butter Panda Puffs Organic Cereal, 25 oz

Glutino

Apple & Cinnamon Cereal
Honey Nut Cereal

Nature's Path

Organic Crispy Rice Cereal
Organic Fruit Juice Sweetened Corn Flakes
Organic Fruit Juice Sweetened Corn Flakes, 26.4 oz
Organic Honey'd Cornflakes
Organic Mesa Sunrise Cereal
Organic Mesa Sunrise Cereal, 26.4 oz
Organic Whole O's Cereal

Cheese

Applegate Farms

American Cheese
Sliced Aged Cheddar Cheese
Sliced Organic Mild Cheddar Cheese
Sliced Pepperjack Cheese

Cheese (Cont'd)

Follow Your Heart

- Vegan Gourmet Cheddar
- Vegan Gourmet Cream Cheese
- Vegan Gourmet Monterey Jack
- Vegan Gourmet Mozzarella Cheese
- Vegan Gourmet Nacho Cheese
- Vegan Gourmet Sour Cream

Chips, Pretzels and Snacks

Arico

- Cassava Chips, Barbecue Bliss
- Cassava Chips, Original
- Cassava Chips, Sea Salt Mist

Food Should Taste Good

- Buffalo Tortilla Chips 6 oz
- Lime Tortilla Chips 5.5 oz
- Multigrain Tortilla Chips 12 oz
- Potato & Chive Tortilla Chips 5.5 oz
- Sweet Potato Tortilla Chips 6 oz
- Yellow Corn Tortilla Chips 11 oz

Food Should Taste Good

- Chocolate Tortilla Chips 6 oz
- Jalapeno Tortilla Chips 6 oz
- Multigrain Tortilla Chips 6 oz
- Olive Tortilla Chips 6 oz

Glutino

- Pretzel Sticks, Family Bag
- Pretzels, Family Bag

Kettle Brand®

- Krinkle Cut Potato Chips, Lightly Salted 14 oz
- Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 14 oz
- Potato Chips, Honey Dijon 5 oz
- Potato Chips, Lightly Salted 14 oz
- Potato Chips, Lightly Salted 5 oz
- Potato Chips, Organic Chipotle Chili BBQ 5 oz
- Potato Chips, Organic Lightly Salted 5 oz
- Potato Chips, Sea Salt & Vinegar 5 oz
- Potato Chips, Unsalted 5 oz

Chips, Pretzels and Snacks (Cont'd)

Kettle Brand®

- Baked Potato Chips, Hickory Honey BBQ 4 oz
- Baked Potato Chips, Lightly Salted 4 oz
- Baked Potato Chips, Salt & Fresh Ground Pepper 4 oz
- Baked Potato Chips, Sea Salt & Vinegar 4 oz
- Krinkle Cut Potato Chips, Buffalo Bleu 5 oz
- Krinkle Cut Potato Chips, Classic BBQ 14 oz
- Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 5 oz
- Potato Chips, Backyard Barbeque 5 oz
- Potato Chips, Backyard Barbeque 9 oz
- Potato Chips, Death Valley Chipotle 5 oz
- Potato Chips, Jalapeno 2 oz
- Potato Chips, Jalapeno 5 oz
- Potato Chips, Lightly Salted 9 oz
- Potato Chips, Sea Salt & Vinegar 9 oz
- Potato Chips, Spicy Thai 5 oz
- Potato Chips, Sweet Onion 5 oz

Lundberg Farms

- Apple Cinnamon Rice Cakes
- Brown Rice Cakes
- Fiesta Lime Rice Chips
- Organic Brown Rice Cakes
- Organic Koku Seaweed Rice Cakes
- Organic Sea Salt Rice Chips
- Organic Unsalted Brown Rice Cakes
- Organic Wild Rice Cakes
- Pico de Gallo Rice Chips
- Sante Fe BBQ Rice Chips
- Sesame Seaweed Rice Chips
- Unsalted Brown Rice Cakes

Mary's Gone Crackers

- Sticks & Twigs, Sea Salt
- Sticks & Twigs, Tomato Chipotle

Mr. Krispers

- Baked Rice Krisps, Sea Salt & Pepper
- Baked Rice Krisps, Sour Cream & Onion
- Baked Rice Krisps, White Cheddar & Herbs

Condiments

Eden

Tamari Soy Sauce, Naturally Brewed 10 oz

Follow Your Heart

Vegenaise, Grapeseed Oil

Vegenaise, High Omega-3 w/ Expeller-Pressed Canola Oil

Vegenaise, Original

Organicville

Organic Dressing, Miso Ginger Vinaigrette

Organic Dressing, Non Dairy Ranch

Organic Dressing, Olive Oil & Balsamic Vinaigrette

Organic Dressing, Sesame Tamari Vinaigrette

Organic Dressing, Sundried Tomato & Garlic Vinaigrette

Organic Ketchup

Organic Original BBQ Sauce

Spectrum

Canola Mayonnaise 16 oz

Light Canola Eggless Mayonnaise 16 oz

Light Canola Eggless Mayonnaise 32 oz

Light Canola Eggless Mayonnaise, Squeeze Bottle

Organic Olive Oil Mayonnaise

Organic Omega-3 Mayonnaise with Flax 16 oz

Organic Soy Mayonnaise 16 oz

Organic Soy Mayonnaise, Squeeze Bottle

Cookies and Snack Bars

Enjoy Life

Caramel Apple Snack Bars

Cocoa Loco Snack Bars

Soft Baked Chewy Chocolate Chip Cookies

Soft Baked Chocolate Chip Cookie Pack

Soft Baked Double Chocolate Brownie Cookies

Soft Baked Happy Apple Cookies

Soft Baked Lively Lemon Cookies

Soft Baked Snickerdoodle Cookie Pack

Soft Baked Snickerdoodle Cookies

Sunbutter Crunch Snack Bars

Very Berry Snack Bars

Cookies and Snack Bars (Cont'd)

EnviroKidz

Cheetah Organic Crispy Rice Bars, Berry

Koala Organic Crispy Rice Bars, Chocolate

Lemur Organic Crispy Rice Bars, Peanut Choco Drizzle

Panda Organic Crispy Rice Bars, Peanut Butter

Penguin Organic Crispy Rice Bars, Fruity Burst

Glutino

Breakfast Bars, Apple

Breakfast Bars, Blueberry

Chocolate Coated Wafers

Lemon Wafers

Vanilla Wafers

Ian's Natural Foods

Chocolate Chip Cookie Buttons, Wheat Free Gluten Free

Jennie's

Coconut Macarons

Kinnikinnick

KinniTOOS Chocolate Sandwich Creme Cookies

KinniTOOS Vanilla Sandwich Creme Cookies

Montana's Chocolate Chip Cookies

Let's Do...

Gluten Free Ice Cream Cones

Mi-Del

Arrowroot Animal Cookies

Chocolate Chip Cookies

Chocolate Sandwich Cookies

Ginger Snaps

Pamela's Products

Almond Anise Biscotti

Ginger Cookies with Sliced Almonds

Lemon Shortbread Cookies

Organic Chocolate Chunk Pecan Shortbread Cookies

Organic Dark Chocolate Chunk Cookies

Organic Peanut Butter Chocolate Chip Cookies

Organic Spicy Ginger Cookies

Peanut Butter Cookies

Cookies and Snack Bars (Cont'd)

Pamela's Products

- Pecan Shortbread Cookies
- Simplebites Chocolate Chip Mini Cookies
- Simplebites Ginger Mini Snapz

WFM Gluten Free Bakehouse

- Chocolate Chip Cookies
- Molasses Ginger Cookies
- Nutmeal Raisin Cookies
- Peanut Butter Cookies

Crackers

Blue Diamond

- Almond Nut-Thins
- Cheddar Cheese Nut-Thins
- Country Ranch Nut-Thins
- Hazelnut Nut-Thins
- Pecan Nut-Thins
- Smokehouse Almond Nut-Thins

Edward & Sons

- Brown Rice Snaps, Onion Garlic
- Organic Brown Rice Snaps, Toasted Onion
- Organic Brown Rice Snaps, Vegetable

Glutino

- Crackers, Cheddar
- Crackers, Multigrain
- Crackers, Original
- Crackers, Vegetable

Mary's Gone Crackers

- Crackers, Black Pepper
- Crackers, Onion
- Crackers, Original

Dairy

Brown Cow

- Apricot-Mango Whole Milk Yogurt, 6 oz
- Blueberry Whole Milk Yogurt, 32 oz
- Blueberry Whole Milk Yogurt, 6 oz
- Cherry-Vanilla Whole Milk Yogurt, 6 oz
- Chocolate Whole Milk Yogurt, 6 oz
- Coffee Whole Milk Yogurt, 6 oz
- Low Fat Peach Yogurt, 6 oz

Dairy (Cont'd)

Brown Cow

- Low Fat Plain Yogurt, 32 oz
- Low Fat Vanilla Yogurt, 32 oz
- Maple Whole Milk Yogurt, 32 oz
- Maple Whole Milk Yogurt, 6 oz
- Non Fat Lemon Yogurt, 32 oz
- Non Fat Plain Yogurt, 32 oz
- Non Fat Strawberry Yogurt, 6 oz
- Non Fat Vanilla Yogurt, 32 oz
- Non Fat Vanilla Yogurt, 6 oz
- Peach Whole Milk Yogurt, 6 oz
- Plain Whole Milk Yogurt, 32 oz
- Plain Whole Milk Yogurt, 6 oz
- Raspberry Whole Milk Yogurt, 6 oz
- Strawberry Whole Milk Yogurt, 6 oz
- Vanilla Whole Milk Yogurt, 32 oz
- Vanilla Whole Milk Yogurt, 6 oz

Earth Balance

- Buttery Spread with Olive Oil
- Buttery Sticks
- Organic Whipped Buttery Spread
- Original Buttery Spread
- Soy Free Buttery Spread
- Soy Garden Buttery Spread

Stonyfield Farm

- Fat Free French Vanilla Probiotic Multi-Pack
- Fat Free Strawberry Probiotic Multi-Pack
- Organic Banana Berry Yogurt Smoothie, 10 oz
- Organic Cream Top French Vanilla Yogurt, 32 oz
- Organic Cream Top Plain Yogurt, 32 oz
- Organic Fat Free Black Cherry Yogurt, Fruit on the Bottom, 6 oz
- Organic Fat Free Chocolate Underground Yogurt, 6 oz
- Organic Fat Free French Vanilla Yogurt, 32 oz
- Organic Fat Free French Vanilla Yogurt, 6 oz
- Organic Fat Free Key Lime Yogurt, 6 oz
- Organic Fat Free Lotsa Lemon Yogurt, 6 oz
- Organic Fat Free Peach Yogurt, 6 oz

Dairy (Cont'd)

Stonyfield Farm

Organic Fat Free Plain Yogurt, 32 oz
Organic Fat Free Plain Yogurt, 6 oz
Organic Fat Free Strawberry Yogurt, Fruit on the Bottom, 6 oz
Organic Low Fat BaNilla Yogurt, 32 oz
Organic Low Fat Blueberry Yogurt, 32 oz
Organic Low Fat Blueberry Yogurt, 6 oz
Organic Low Fat Cherry Vanilla Yogurt, 6 oz
Organic Low Fat Just Peachy Yogurt, Fruit on the Bottom, 6 oz
Organic Low Fat Plain Yogurt, 32 oz
Organic Low Fat Plain Yogurt, 6 oz
Organic Low Fat Raspberry Yogurt, 6 oz
Organic Low Fat Strawberry Pomegranate Yogurt, 6 oz
Organic Low Fat Strawberry Yogurt, 32 oz
Organic Low Fat Strawberry Yogurt, Fruit on the Bottom, 6 oz
Organic Low Fat Vanilla Yogurt
Organic Low Fat Vanilla, 32 oz
Organic O'Soy Strawberry/Peach Yogurt, 6-pack
Organic Peach Yogurt Smoothie, 10 oz
Organic Raspberry Yogurt Smoothie, 10 oz
Organic Strawberry Yogurt Smoothie, 10 oz
Organic Strawberry Yogurt Smoothies, 4 pack
Organic Vanilla Yogurt Smoothie, 10 oz
Organic Wild Berry Yogurt Smoothie, 10 oz
Organic Wild Berry Yogurt Smoothies, 4 pack
YoBaby Banana/Vanilla Yogurt
YoBaby Blueberry/Apple Yogurt
YoBaby Drinkable Yogurt, Banana
YoBaby Drinkable Yogurt, Peach
YoBaby Peach/Pear Yogurt
YoBaby Simply Plain Yogurt
YoKids Squeezers Cherry/Berry Blitz
YoKids Squeezers Screamin' Strawberry
YoKids Strawberry BaNilla Blast Yogurt
YoKids Strawberry Vanilla Raspberry Yogurt

Dairy Alternatives

365 Everyday Value™

Organic Ricemilk - Original
Organic Ricemilk - Unsweetened
Organic Ricemilk - Vanilla
Organic Soymilk - Chocolate, 32 oz
Organic Soymilk - Chocolate, 64 oz
Organic Soymilk - Original, 32 oz
Organic Soymilk - Original, 64 oz
Organic Soymilk - Unsweetened, 32 oz
Organic Soymilk - Unsweetened, 64 oz
Organic Soymilk - Vanilla, 32 oz
Organic Soymilk - Vanilla, 64 oz

Almond Dream

Almond Drink, Original 64 oz
Almond Drink, Unsweetened Original 64 oz

Blue Diamond

Almond Breeze, Chocolate
Almond Breeze, Chocolate Unsweetened
Almond Breeze, Original
Almond Breeze, Original Unsweetened
Almond Breeze, Vanilla
Almond Breeze, Vanilla Unsweetened

Eden

Organic EdenBlend, Rice & Soy Beverage, 8.45 oz

Follow Your Heart

Vegan Gourmet Cheddar
Vegan Gourmet Cream Cheese
Vegan Gourmet Monterey Jack
Vegan Gourmet Mozzarella Cheese
Vegan Gourmet Nacho Cheese
Vegan Gourmet Sour Cream

Rice Dream

Enriched Rice Milk Beverage, Chocolate 32 oz
Enriched Rice Milk Beverage, Original 8 oz
Enriched Rice Milk Beverage, Vanilla 32 oz
Organic Enriched Rice Milk Beverage, Original 64 oz
Organic Enriched Rice Milk Beverage, Vanilla 64 oz
Refrigerated Ricemilk, Original 64 oz
Refrigerated Ricemilk, Vanilla 64 oz
Rice Milk Beverage, Carob 32 oz

Dairy Alternatives (Cont'd)

Rice Dream

- Rice Milk Beverage, Original 32 oz
- Rice Milk Beverage, Original 8 oz
- Rice Milk Beverage, Vanilla 32 oz
- Rice Milk Beverage, Vanilla 8 oz

So Delicious

- Blueberry Agave Sweetened Soy Yogurt
- Blueberry Cultured Coconut Milk Yogurt
- Chocolate Cultured Coconut Milk Yogurt
- French Vanilla Coconut Milk Creamer
- Hazelnut Coconut Milk Creamer
- Original (Plain) Coconut Milk Beverage
- Original (Plain) Coconut Milk Creamer
- Original (Plain) Coconut Milk Kefir
- Pina Colada Cultured Coconut Milk Yogurt
- Plain Cultured Coconut Milk Yogurt
- Raspberry Cultured Coconut Milk Yogurt
- Strawberry Banna Cultured Coconut Milk Yogurt
- Strawberry Coconut Milk Kefir
- Strawberry Cultured Coconut Milk Yogurt
- Unsweetened Coconut Milk Beverage
- Vanilla Agave Sweetened Soy Yogurt
- Vanilla Coconut Milk Beverage
- Vanilla Coconut Milk Kefir
- Vanilla Cultured Coconut Milk Yogurt

WestSoy

- Organic Soy Beverage, Unsweetened Original 64 oz
- Plus Soy Beverage, Plain 64 oz

Deli Style Meats and Cheeses

Applegate Farms

- Organic Sliced Oven Roasted Chicken
- Sliced Black Forest Ham
- Sliced Honey Maple Turkey
- Sliced Organic Genoa Salami
- Sliced Organic Herb Turkey
- Sliced Organic Oven Roasted Turkey
- Sliced Organic Smoked Chicken
- Sliced Organic Smoked Turkey
- Sliced Organic Uncured Ham
- Sliced Oven Roasted Sliced Turkey

Deli Style Meats and Cheeses (Cont'd)

Applegate Farms

- Sliced Pepperoni
- Sliced Smoked Turkey
- Sliced Turkey Bologna
- Sliced Turkey Salami

Desserts

French Meadow Bakery

- Gluten Free Fudge Brownie

WFM Gluten Free Bakehouse

- Apple Pie
- Carrot Cake
- Chocolate Cupcakes
- Pumpkin Pie
- Vanilla Cupcakes

Energy and Nutrition Bars/Drinks

Bumble Bar

- Lushus Lemon
- Original with Almond
- Original with Hazelnut
- Original with Mixed Nuts
- Tasty Tropical

Prana Bar

- Organic Apricot Goji
- Organic Apricot Pumpkin
- Organic Cashew Almond
- Organic Pear Ginseng

Shakti Bar

- Organic Blueberry Chia

Entrees and Mixes

365 Everyday Value™

- Gluten Free All Purpose Baking Mix
- Gluten Free Chocolate Brownie Mix
- Gluten Free Chocolate Cake Mix
- Gluten Free Chocolate Chip Cookie Mix
- Gluten Free Muffin Mix
- Gluten Free Pancake & Waffle Mix
- Gluten Free Pizza Crust Mix

Entrees and Mixes (Cont'd)

365 Everyday Value™

Gluten Free Sandwich Bread Mix
Gluten Free White Cake Mix

Arrowhead Mills

Gluten Free Brownie Mix
Gluten Free Chocolate Chip Cookie Mix
Gluten Free Pizza Crust Mix

Bob's Red Mill

Gluten Free Chocolate Cake Mix
TVP (Textured Vegetable Protein)

Cherrybrook Kitchen

Chocolate Frosting Mix

Edward & Sons

Chreesy Mashed Potato Mix
Organic Home Style Mashed Potato Mix

Glutino

Macaroni & Cheese

Ian's Natural Foods

Pasta Dinner Kit, Wheat Free Gluten Free

Lundberg Farms

Cheddar Broccoli Risotto
Organic Florentine Risotto

Namaste

Blondie Mix
Brownie Mix
Chocolate Cake Mix
Cookie Mix
Pizza Crust Mix
Spice Cake Mix
Waffle & Pancake Mix

Road's End Organics

Dairy Free Alfredo Style Mac & Chreese
Dairy Free Cheddar Style Penne & Chreese

Tasty Bite

Bombay Potatoes
Punjab Eggplant
Spinach Dal

Ethnic Foods

Amy's

Organic Asian Noodle Stir-Fry
Organic Black Bean Enchilada Whole Meal
Organic Black Bean Vegetable Enchilada
Organic Black Bean Vegetable Enchilada, Light in Sodium
Organic Cheese Enchilada
Organic Cheese Enchilada Whole Meal
Organic Cheese Tamale Verde Whole Meal
Organic Indian Mattar Paneer
Organic Indian Mattar Paneer, Light in Sodium
Organic Indian Mattar Tofu
Organic Indian Palak Paneer
Organic Indian Paneer Tikka
Organic Indian Vegetable Korma
Organic Mexican Casserole Bowl, Light in Sodium
Organic Mexican Tamale Pie
Organic Mexican Tofu Scramble
Organic Roasted Vegetable Tamale Whole Meal
Organic Santa Fe Enchilada Bowl
Organic Teriyaki Bowl
Organic Thai Stir-Fry
Organic Tortilla Casserole & Black Beans Bowl

Annie Chun's

Maifun Rice Noodles
Pad Thai Rice Noodles

Edward & Sons

Miso-Cup, Organic Japanese Restaurant Style
Miso-Cup, Organic Reduced Sodium
Miso-Cup, Organic Traditional with Tofu

Food For Life

Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

Food Merchants

Organic Polenta, Basil & Garlic
Organic Polenta, Traditional

Ethnic Foods (Cont'd)

Organicville

Organic Sesame Teriyaki

Tasty Bite

Bombay Potatoes

Punjab Eggplant

Spinach Dal

Frozen Foods

Amy's

Kids Baked Ziti Meal

Organic Asian Noodle Stir-Fry

Organic Baked Ziti Bowl

Organic Bistro Veggie Burger

Organic Black Bean Enchilada Whole Meal

Organic Black Bean Vegetable Enchilada

Organic Black Bean Vegetable Enchilada, Light in Sodium

Organic Brown Rice & Vegetables Bowl, Light in Sodium

Organic Brown Rice, Black-Eyed Peas & Veggies Bowl

Organic Cheese Enchilada

Organic Cheese Enchilada Whole Meal

Organic Cheese Tamale Verde Whole Meal

Organic Garden Vegetable Lasagna

Organic Indian Mattar Paneer

Organic Indian Mattar Paneer, Light in Sodium

Organic Indian Mattar Tofu

Organic Indian Palak Paneer

Organic Indian Paneer Tikka

Organic Indian Vegetable Korma

Organic Mexican Casserole Bowl, Light in Sodium

Organic Mexican Tamale Pie

Organic Mexican Tofu Scramble

Organic Rice Crust Cheese Pizza

Organic Rice Crust Spinach Pizza

Organic Rice Mac & Cheese

Organic Roasted Vegetable Tamale Whole Meal

Organic Santa Fe Enchilada Bowl

Organic Shepherd's Pie

Frozen Foods (Cont'd)

Amy's

Organic Single Serve Non-Dairy Rice Crust Cheeze Pizza

Organic Teriyaki Bowl

Organic Thai Stir-Fry

Organic Tofu Scramble

Organic Tortilla Casserole & Black Beans Bowl

Applegate Farms

Maple Breakfast Sausage

Organic Turkey Burgers

Sage Breakfast Sausage

Chebe

Bread Sticks

French Meadow Bakery

Gluten Free Chocolate Chip Cookie Dough

Gluten Free Fudge Brownie

Gluten Free Cafe

Asian Noodles

Fettuccini Alfredo

Pasta Primavera

Glutino

Chicken Alfredo

Chicken Ranchero

Penne Alfredo

Pizza, 3 Cheese with Brown Rice Crust

Pizza, Chicken BBQ

Pizza, Duo Cheese

Pizza, Spinach Feta

Pizza, Spinach Soy Cheese with Brown Rice Crust

Ian's Natural Foods

Alpha Tots

Chicken Fingers, Allergen Free

Chicken Patties, Wheat Free Gluten Free

French Toast Sticks, Wheat Free Gluten Free

Ian's Chicken Nuggets, Allergen Free

Ian's Fish Sticks, Allergen Free

Popcorn Turkey Corn Dogs

Soy Cheesy French Bread Pizza, Wheat Free Gluten Free

Frozen Foods (Cont'd)

Ian's Natural Foods

Wafflewich, Egg & Maple Cheese, Wheat Free
Gluten Free

Wafflewich, Egg & Maple Sausage, Wheat Free
Gluten Free

It's Soy Delicious

Chocolate Almond Non-Dairy Frozen Dessert
Raspberry Non-Dairy Frozen Dessert

Julie's Organic Ice Cream

Glutenfreeda's Organic Gluten Free Vanilla Ice
Cream Sandwich

Nature's Path

Organic Buckwheat Wildberry Waffles
Organic Homestyle Waffles

Organic So Delicious

Creamy Vanilla Non-Dairy Frozen Dessert
Neopolitan Non-Dairy Frozen Dessert
Non-Dairy Creamy Fudge Bar

Purely Decadent

Chocolate Non-Dairy Frozen Coconut Milk Dessert
Chocolate Peanut Butter Swirl Non-Dairy Frozen
Coconut Milk Dessert
Coconut Non-Dairy Frozen Coconut Milk Dessert
Cookie Dough Non-Dairy Frozen Coconut Milk
Dessert
Mint Chip Non-Dairy Frozen Coconut Milk Dessert
Mint Chocolate Chip Non-Dairy Frozen Dessert
Mocha Almond Fudge Non-Dairy Frozen Coconut
Milk Dessert
Passionate Mango Non-Dairy Frozen Coconut Milk
Dessert
Peanut Butter Zig Zag Non-Dairy Frozen Dessert
Praline Pecan Non-Dairy Frozen Dessert
Snickerdoodle Non-Dairy Frozen Dessert
Turtle Trails Non-Dairy Frozen Dessert
Vanilla Bean Non-Dairy Frozen Coconut Milk
Dessert

Frozen Foods (Cont'd)

Rice Dream

Cocoa Marble Fudge Frozen Dessert, Quart
Neapolitan Frozen Dessert, Quart
Rice Dream, Orange Vanilla Swirl
Vanilla Frozen Dessert, Pint
Vanilla Frozen Dessert, Quart

So Delicious

Coconut Almond Bar, Made with Coconut Milk
Orange Passion Fruit Agave Sweetened Fruit Bar
Raspberry Agave Sweetened Fruit Bar
Vanilla Bar, Made with Coconut Milk

Starfish

Crispy Battered Gluten Free Cod
Crispy Battered Gluten Free Haddock
Crispy Battered Gluten Free Halibut

Van's

Wheat Free Blueberry Waffles
Wheat Free Buckwheat Waffles
Wheat Free Flax Waffles
Wheat Free Homestyle Pancakes
Wheat Free Homestyle Waffles
Wheat Free Mini Homestyle Waffles

Grains and Rice

Ancient Harvest

Inca Red Organic Quinoa 12 oz
Traditional Organic Quinoa 12 oz

Annie Chun's

Rice Express Sticky White Rice

Eden

Organic Buckwheat, Hulled Whole Grain
Organic Quinoa, Whole Grain
Wild Rice, Hand Harvested Whole Grain

Lundberg Farms

Cheddar Broccoli Risotto
Eco-Farmed Black Japonica Field Gourmet Blend
Eco-Farmed California Brown Basmati Rice
Eco-Farmed California White Basmati Rice
Eco-Farmed California White Jasmine Rice

Grains and Rice (Cont'd)

Lundberg Farms

- Eco-Farmed Countrywild Gourmet Blend Rice
- Eco-Farmed Jubilee Gourmet Blend Rice
- Eco-Farmed Long Grain Brown Rice
- Eco-Farmed Wild Blend Gourmet Blend Rice
- Organic California Brown Basmati Rice
- Organic Golden Rose Medium Grain Brown Rice
- Organic Long Grain Brown Rice
- Organic Short Grain Brown Rice
- Organic White Long Grain Rice
- Organic Wild Rice

Jams and Nut Butters

Arrowhead Mills

- Creamy Peanut Butter, 16 oz
- Crunchy Peanut Butter, 26 oz
- Organic Creamy Peanut Butter, 16 oz
- Organic Crunchy Peanut Butter, 16 oz

Blue Diamond

- Homestyle Almond Butter, Creamy
- Homestyle Almond Butter, Crunchy
- Homestyle Almond Butter, Honey

Earth Balance

- Creamy Natural Almond Butter
- Creamy Natural Peanut Butter
- Crunchy Natural Peanut Butter

Meat Alternatives

Bob's Red Mill

- TVP (Textured Vegetable Protein)

WestSoy

- Firm Tofu, Water-Pack 14 oz
- Soft Tofu, Water-Pack 14 oz

Meat and Poultry

Applegate Farms

- Chicken Apple Breakfast Sausage
- Maple Breakfast Sausage
- Organic Beef Hot Dogs
- Organic Chicken & Apple Sausage

Meat and Poultry (Cont'd)

Applegate Farms

- Organic Chicken Hot Dogs
- Organic Fire Roasted Red Pepper Sausage
- Organic Hot Dogs
- Organic Sliced Sunday Bacon
- Organic Spinach & Feta Sausage
- Organic Sweet Italian Sausage
- Organic Turkey Burgers
- Organic Turkey Hot Dogs
- Sage Breakfast Sausage
- Sliced Organic Turkey Bacon

Sausages by Amylu

- Andouille Chicken Sausage
- Apple & Gouda Chicken Sausage
- Apple & Maple Chicken Mini Links
- Breakfast Club Chicken Sausage
- Cranberry & Orange Breakfast Chicken Sausage
- Mozzarella & Sun Dried Pepper Chicken Sausage
- Sugarhouse Maple Breakfast Chicken Sausage

Nutritional Supplements

Bob's Red Mill

- Hemp Protein Powder

Country Life

- DHEA 10mg Capsules, 50 ct
- L-Arginine 500mg Capsules with B-6, 100 ct
- L-Carnitine 250mg Capsules with B-6, 30 ct
- L-Lysine 1000mg Tablets with B-6, 100 ct
- L-Thanine Capsules with B-6, 30 ct
- Melatonin 3mg Tablets, 90 ct
- Neuro-PS Phosphatidylserine, 30 ct
- Superior B-12, 50 ct
- Target-Mins Calcium-Magnesium Complex Tablets, 90 ct
- Target-Mins Calcium-Magnesium-Potassium Tablets, 180 ct
- Target-Mins Calcium-Magnesium-Veg Capsules, 120 ct
- Vanadyl Sulfate 5000mcg Capsules, 90 ct

Nuts, Seeds and Dried Fruits

Bob's Red Mill

- Hemp Protein Powder
- Hulled Hemp Seeds
- Organic Brown Flaxseeds

Enjoy Life

- Not Nuts! Beach Bash Trail Mix
- Not Nuts! Mountain Mambo Trail Mix

Pasta

Ancient Harvest

- Quinoa Supergrain Pasta, Elbows 8 oz
- Quinoa Supergrain Pasta, Garden Pagodas 8 oz
- Quinoa Supergrain Pasta, Linguine 8 oz
- Quinoa Supergrain Pasta, Spaghetti 8 oz

Bionaturae

- Organic Gluten Free Elbows Pasta
- Organic Gluten Free Fusilli
- Organic Gluten Free Linguine
- Organic Gluten Free Spaghetti

DeBoles Foods

- Corn Elbow Pasta
- Corn Spaghetti
- Multi-Grain Penne
- Multi-Grain Spaghetti
- Rice Angel Hair Pasta
- Rice Fettuccine
- Rice Lasagna
- Rice Spaghetti

Lundberg Farms

- Organic Brown Rice Penne Pasta
- Organic Brown Rice Rotini Pasta
- Organic Brown Rice Spaghetti Pasta

Tinkyada

- Brown Rice Elbow
- Brown Rice Fettucini
- Brown Rice Fusilli
- Brown Rice Lasagne
- Brown Rice Little Dreams
- Brown Rice Penne
- Brown Rice Shells
- Brown Rice Spirals
- Organic Brown Rice Lasagne

Pasta (Cont'd)

Tinkyada

- Organic Brown Rice Penne
- Organic Brown Rice Spaghetti
- Spinach Brown Rice Spaghetti
- Vegetable Brown Rice Spirals

Pasta Sauce

Amy's

- Organic Tomato Basil Pasta Sauce

Personal Care

Tom's of Maine

- Calendula Long Lasting Roll-on Deodorant
- Calendula Stick Deodorant
- Cinnamint Antiplaque with Propolis & Myrrh Toothpaste
- Cinnamon Clove Whole Care Toothpaste
- Fennel Antiplaque Tartar Control Plus Whitening Toothpaste
- Fragrance-Free Sensitive Stick Deodorant
- Lemongrass Long Lasting Stick Deodorant
- Orange-Mango Whole Care Gel Toothpaste
- Peppermint Anticavity Toothpaste
- Peppermint Tartar Control Mouthwash
- Silly Strawberry Anticavity Toothpaste
- Silly Strawberry Non-Fluoride Toothpaste
- Spearmint Antiplaque SLS-Free Toothpaste
- Spearmint Anticavity ADA Mouthwash
- Spearmint Anticavity Toothpaste
- Spearmint Antiplaque with Propolis & Myrrh Toothpaste
- Spearmint Cleansing Mouthwash
- Spearmint Flat Floss
- Spearmint Whole Care Gel Toothpaste
- Unflavored Flat Floss
- Unscented Long Lasting Roll-on Deodorant
- Unscented Long Lasting Stick Deodorant
- Unscented Stick Deodorant
- Wintermint Sensitive Toothpaste
- Woodspice Stick Deodorant

Prepared Foods

Food Merchants

- Organic Polenta, Basil & Garlic
- Organic Polenta, Traditional

Sauces, Salsas and Dips

Amy's

- Organic Medium Salsa
- Organic Mild Salsa

Organicville

- Organic Medium Salsa
- Organic Mild Salsa
- Organic Sesame Teriyaki

Road's End Organics

- Non-Dairy Nacho Chreese Dip, Spicy

Seafood

Starfish

- Crispy Battered Gluten Free Cod
- Crispy Battered Gluten Free Haddock
- Crispy Battered Gluten Free Halibut

Soups

Amy's

- Organic Black Bean Vegetable Soup
- Organic Chunky Tomato Bisque
- Organic Chunky Tomato Bisque, Light in Sodium
- Organic Chunky Vegetable Soup
- Organic Cream of Tomato Soup
- Organic Cream of Tomato Soup, Light in Sodium
- Organic Curried Lentil Soup
- Organic Fire Roasted Southwestern Vegetable Soup
- Organic Lentil Soup, Light in Sodium
- Organic Lentil Vegetable Soup
- Organic Lentil Vegetable Soup, Light in Sodium
- Organic Medium Chili
- Organic Medium Chili, Light in Sodium
- Organic Southwestern Black Bean Chili
- Organic Split Pea Soup
- Organic Split Pea Soup, Light in Sodium

Soups (Cont'd)

Amy's

- Organic Summer Corn & Vegetable Soup
- Organic Thai Coconut Soup (Tom Kha Phak)
- Organic Tuscan Bean & Rice Soup

Edward & Sons

- Miso-Cup, Organic Japanese Restaurant Style
- Miso-Cup, Organic Reduced Sodium
- Miso-Cup, Organic Traditional with Tofu

Imagine Foods

- Broccoli Soup 32 oz
- Butternut Squash Soup 16 oz
- Butternut Squash Soup 32 oz
- Chicken Broth 16 oz
- Creamy Tomato Soup 16 oz
- Free Range Chicken Broth 32 oz
- No Chicken Broth 32 oz
- Organic Chicken Broth, Low Sodium 32 oz
- Organic Corn Soup, Low Sodium 32 oz
- Organic Portabello Mushroom Soup 32 oz
- Organic Potato Soup, Low Sodium 32 oz
- Organic Tomato Soup 32 oz
- Organic Tomato Soup, Low Sodium 32 oz
- Organic Vegetable Broth, Low Sodium 32 oz
- Potato Leek Soup 32 oz
- Sweet Potato Soup 32 oz
- Tomato Basil Soup 32 oz
- Vegetable Broth 16 oz
- Vegetable Broth 32 oz

Specialty Foods

WFM Gluten Free Bakehouse

- Stuffing Cubes

Sweeteners

Lundberg Farms

- Brown Rice Syrup
- Organic Brown Rice Syrup