

# Gluten Free

SPECIAL DIETS SERIES

CELEBRATING  
YOUR  
CHOICES



## Evanston Store, Midwest Region

Whole Foods Market is excited to bring you "Celebrating Your Choices," a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product. If you have any questions, you may contact us at [WFMSpecialDiets@wholefoods.com](mailto:WFMSpecialDiets@wholefoods.com).

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## Baby & Infant Food

### Stonyfield Farm

YoBaby Banana/Vanilla Yogurt  
YoBaby Blueberry/Apple Yogurt  
YoBaby Drinkable Yogurt, Banana  
YoBaby Drinkable Yogurt, Peach  
YoBaby Peach/Pear Yogurt  
YoBaby Simply Plain Yogurt

## Baked Goods

### WFM Gluten Free Bakehouse

Apple Pie  
Banana Bread  
Blueberry Muffins  
Carrot Cake  
Cherry Almond Streusel Muffins  
Chocolate Chip Cookies  
Chocolate Cupcakes  
Cinnamon Raisin Bread  
Cranberry Orange Scones  
Molasses Ginger Cookies  
Peanut Butter Cookies  
Pie Shells  
Prairie Bread  
Pumpkin Pie  
Sandwich Bread  
Stuffing Cubes  
Vanilla Cupcakes

## Baking Needs

### 365 Everyday Value™

Gluten Free All Purpose Baking Mix  
Gluten Free Chocolate Cake Mix  
Gluten Free Chocolate Chip Cookie Mix  
Gluten Free Muffin Mix  
Gluten Free Pancake & Waffle Mix  
Gluten Free Pizza Crust Mix  
Gluten Free Sandwich Bread Mix  
Gluten Free White Cake Mix

### Arrowhead Mills

Gluten Free Chocolate Chip Cookie Mix  
Gluten Free Pancake & Baking Mix  
Gluten Free Vanilla Cake Mix  
Long Grain Brown Rice Flour  
White Rice Flour  
Yellow Corn Meal

### Bob's Red Mill

Almond Flour  
Arrowroot Starch Flour  
Baking Soda  
Flaxseed Meal  
Flaxseeds  
Garbanzo Bean Flour  
Gluten Free All Purpose Baking Flour  
Gluten Free Brownie Mix  
Gluten Free Chocolate Chip Cookie Mix  
Gluten Free Cornmeal  
Gluten Free Homemade Wonderful Bread Mix  
Gluten Free Pancake Mix  
GlutenFree Rolled Oats  
Hazelnut Meal/Flour  
Organic Brown Flaxseeds  
Organic Brown Rice Flour  
Organic Golden Flaxseed Meal  
Organic Golden Flaxseeds  
Potato Starch  
Tapioca Flour

## Baking Needs (Cont'd)

### Bob's Red Mill

Xanthan Gum

### Cherrybrook Kitchen

Chocolate Frosting Mix

Vanilla Frosting

### Earth Balance

Shortening

### Enjoy Life

Semi-Sweet Chocolate Chips

### Let's Do... Organic

Organic Shredded Coconut

Organic Tapioca Granules

Organic Tapioca Pearls

### Namaste

Waffle & Pancake Mix

### Pamela's Products

Baking & Pancake Mix

Chocolate Brownie Mix

Chocolate Cake Mix

Chocolate Chunk Cookie Mix

Gluten-Free Bread Mix

### Tropical Source

Semi Sweet Chocolate Chips

### WFM Gluten Free Bakehouse

Pie Shells

## Beverages

### Celestial Seasonings

Antioxidant Green Tea, 20 Ct

Authentic Green Tea, 20 Ct

Bengal Spice Tea, 20 Ct

Black Cherry Berry Tea

Candy Cane Lane Decaf Tea, 20 Ct

Chai Honey Vanilla White Tea, 20 Ct

Chamomile Tea, 20 Ct

China Pearl White Tea, 20 Ct

Cinnamon Apple Spice Tea, 20 Ct

Cranberry Apple Zinger Tea, 20 Ct

Decaf Green Tea, 20 Ct

Decaf Mint Green Tea, 20 Ct

## Beverages (Cont'd)

### Celestial Seasonings

Goji Berry Pomegranate Green Tea, 20 Ct

Honey Vanilla Chamomile Tea, 20 Ct

Lemon Zinger Tea, 20 Ct

Madagascar Vanilla Red Tea, 20 Ct

Mint Magic Tea, 20 Ct

Moroccan Pomegranate Red Tea, 20 Ct

Nutcracker Sweet Herbal Tea

Peppermint Tea, 20 Ct

Perfectly Pear White Tea, 20 Ct

Raspberry Zinger Tea, 20 Ct

Red Zinger Tea, 20 Ct

Sleepytime Extra Tea, 20 Ct

Sleepytime Tea, 20 Ct

Sleepytime Throat Tamer Tea, 20 Ct

Sugar Plum Spice, 20 Ct

Tangerine Orange Zinger Tea, 20 Ct

Tension Tamer Tea, 20 Ct

True Blueberry, 20 Ct

### Eden

Organic EdenBlend, Rice & Soy Beverage, 32 oz

Organic EdenBlend, Rice & Soy Beverage, 8.45 oz

### Lakefront Brewery

New Grist Sorghum Brewed Beer

### Rice Dream

Horchata

Rice Nog

### So Delicious

Original (Plain) Coconut Milk Beverage

Unsweetened Coconut Milk Beverage

Vanilla Coconut Milk Beverage

## Bread

### Enjoy Life

Cinnamon Raisin Bagels

Original Bagels

### Food For Life

Brown Rice Bread, Wheat & Gluten Free

Millet Bread, Wheat & Gluten Free

Rice Almond Bread, Wheat & Gluten Free

## Bread (Cont'd)

### Food For Life

Rice Pecan Bread, Wheat & Gluten Free  
White Rice Bread, Wheat & Gluten Free  
Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

### Glutino

Bagels, Cinnamon 'n Raisin  
Bagels, Poppy Seed  
Premium Brown Rice Bread, Homestyle  
Premium Cinnamon & Raisin Bread  
Premium Corn Bread  
Premium Fiber Bread

### WFM Gluten Free Bakehouse

Cinnamon Raisin Bread  
Prairie Bread  
Sandwich Bread

## Candy and Chocolate

### Endangered Species Chocolate

Bite Size Dark Chocolate with Cranberries & Almonds  
Bite Size Dark Chocolate with Deep Forest Mint  
Bite Size Extreme Dark Chocolate  
Bite Size Smooth Milk Chocolate  
Dark Chocolate with Blueberries - Sea Turtle  
Dark Chocolate with Cranberries & Almonds - Wolf  
Dark Chocolate with Deep Forest Mint  
Dark Chocolate with Espresso Beans - Tiger  
Dark Chocolate with Hazelnut Toffee - Rhino  
Dark Chocolate with Raspberries - Grizzly Bear  
Extreme Dark Chocolate - Panther  
Intense Dark Chocolate with Cacao Nibs - Bat  
Organic Health Dark Chocolate with Cacao Nibs, Yacon & Acai  
Smooth Organic Dark Chocolate - Butterfly  
Smooth Organic Milk Chocolate - Lion

## Candy and Chocolate (Cont'd)

### Endangered Species Chocolate

Supreme Dark Chocolate - Chimpanzee

### Glee Gum

Glee Bubblegum Flavor Gum  
Glee Cinnamon Gum  
Glee Tangerine Gum

### Scharffen Berger

Bittersweet Chocolate Bar, 70% Cacao  
Dark Mocha Chocolate Bar, 62% Cacao  
Extra Dark Chocolate Bar, 82% Cacao  
Nibby Dark Chocolate Bar

## Canned Goods

### Amy's

Organic Refried Beans with Green Chiles  
Organic Refried Black Beans  
Organic Refried Black Beans, Low in Sodium  
Organic Traditional Refried Beans  
Organic Traditional Refried Beans, Light in Sodium  
Organic Vegetarian Baked Beans

### Native Forest

Artichoke Hearts, Quartered  
Artichoke Hearts, Whole  
Green Asparagus Cuts & Tips  
Organic Baby Corn  
Organic Hearts of Palm  
Organic Mango Chunks  
Organic Pineapple Chunks  
Organic Pineapple Slices  
Organic Pineapple, Crushed  
Organic Tropical Fruit Salad

## Canned/Jarred Goods

### Native Forest

Artichoke Hearts, Marinated

## Cereal

### Amy's

Organic Cream of Rice Hot Cereal Bowl

## Cereal (Cont'd)

### Ancient Harvest

Organic Quinoa Flakes 12 oz

### Arrowhead Mills

Maple Buckwheat Organic Flakes

Organic Rice & Shine Hot Cereal

Organic Yellow Corn Grits

### Barbara's Bakery

Honey Rice Puffins Cereal

### Bob's Red Mill

Brown Rice Farina Creamy Rice Hot Cereal

Gluten Free Mighty Tasty Hot Cereal

GlutenFree Rolled Oats

### Enjoy Life

Cinnamon Crunch Granola

Very Berry Crunch Granola

### EnviroKidz

Amazon Frosted Flakes Organic Cereal

Gorilla Munch Organic Cereal

Gorilla Munch Organic Cereal, 23 oz

Koala Crisp Organic Cereal

Koala Crisp Organic Cereal, 26 oz

Leapin' Lemurs Peanut Butter & Chocolate Organic Cereal

Peanut Butter Panda Puffs Organic Cereal

Peanut Butter Panda Puffs Organic Cereal, 25 oz

### Nature's Path

Organic Crispy Rice Cereal

Organic Fruit Juice Sweetened Corn Flakes

Organic Fruit Juice Sweetened Corn Flakes, 26.4 oz

Organic Honey'd Cornflakes

Organic Mesa Sunrise Cereal

Organic Mesa Sunrise Cereal, 26.4 oz

Organic Whole O's Cereal

## Cheese

### Applegate Farms

American Cheese

Sliced Emmentaler Swiss Cheese

Sliced Havarti Cheese

## Cheese (Cont'd)

### Applegate Farms

Sliced Medium Cheddar Cheese

Sliced Organic Mild Cheddar Cheese

Sliced Organic Monterey Jack Cheese

Sliced Organic Muenster Cheese

Sliced Pepperjack Cheese

Sliced Probiotic Yogurt Cheese

Sliced Provolone Cheese

### Follow Your Heart

Vegan Gourmet Cheddar

Vegan Gourmet Mozzarella Cheese

Vegan Gourmet Nacho Cheese

Vegan Gourmet Sour Cream

### Wholesome Valley Organic

Organic Dairy Slices, American

Organic Dairy Slices, Mozzarella

## Chips, Pretzels and Snacks

### Arico

Cassava Chips, Original

Cassava Chips, Sea Salt Mist

### Food Should Taste Good

Buffalo Tortilla Chips 6 oz

Multigrain Tortilla Chips 12 oz

Potato & Chive Tortilla Chips 5.5 oz

Sweet Potato Tortilla Chips 6 oz

Yellow Corn Tortilla Chips 11 oz

### Food Should Taste Good

Jalapeno Tortilla Chips 6 oz

Multigrain Tortilla Chips 6 oz

Olive Tortilla Chips 6 oz

### Glutino

Pretzel Sticks, Family Bag

Pretzels, Family Bag

### Kettle Brand®

Krinkle Cut Potato Chips, Lightly Salted 14 oz

Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 14 oz

Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 2 oz

## **Chips, Pretzels and Snacks (Cont'd)**

### **Kettle Brand®**

Potato Chips, Honey Dijon 2 oz  
Potato Chips, Honey Dijon 5 oz  
Potato Chips, Lightly Salted 14 oz  
Potato Chips, Lightly Salted 2 oz  
Potato Chips, Lightly Salted 5 oz  
Potato Chips, New York Cheddar w/ Herbs 2 oz  
Potato Chips, New York Cheddar w/ Herbs 5 oz  
Potato Chips, Organic Chipotle Chili BBQ 5 oz  
Potato Chips, Organic Lightly Salted 5 oz  
Potato Chips, Sea Salt & Vinegar 2 oz  
Potato Chips, Sea Salt & Vinegar 5 oz  
Potato Chips, Unsalted 5 oz

### **Kettle Brand®**

Baked Potato Chips, Hickory Honey BBQ 4 oz  
Baked Potato Chips, Lightly Salted 4 oz  
Baked Potato Chips, Salt & Fresh Ground Pepper 4 oz  
Baked Potato Chips, Sea Salt & Vinegar 4 oz  
Krinkle Cut Potato Chips, Buffalo Bleu 5 oz  
Krinkle Cut Potato Chips, Classic BBQ 14 oz  
Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 5 oz  
Potato Chips, Backyard Barbeque 5 oz  
Potato Chips, Death Valley Chipotle 5 oz  
Potato Chips, Jalapeno 5 oz  
Potato Chips, Organic Sea Salt & Black Pepper 5 oz  
Potato Chips, Sea Salt & Vinegar 9 oz  
Potato Chips, Sour Cream, Onion & Chive 5 oz  
Potato Chips, Spicy Thai 5 oz  
Potato Chips, Sweet Onion 2 oz  
Potato Chips, Sweet Onion 5 oz  
Potato Chips, Tuscan Three Cheese 5 oz

## **Chips, Pretzels and Snacks (Cont'd)**

### **Lundberg Farms**

Apple Cinnamon Rice Cakes  
Honey Nut Rice Cakes  
Organic Caramel Corn Rice Cakes  
Organic Cinnamon Toast Rice Cake  
Organic Koku Seaweed Rice Cakes  
Organic Mochi Sweet Rice Cakes  
Organic Popcorn Rice Cakes  
Organic Sea Salt Rice Chips  
Organic Sesame Tamari Rice Cakes  
Organic Tamari Seaweed Rice Cakes  
Organic Unsalted Brown Rice Cakes  
Organic Wild Rice Cakes  
Pico de Gallo Rice Chips  
Sante Fe BBQ Rice Chips  
Sesame Seaweed Rice Chips  
Unsalted Brown Rice Cakes

### **Mary's Gone Crackers**

Sticks & Twigs, Curry  
Sticks & Twigs, Sea Salt  
Sticks & Twigs, Tomato Chipotle

### **Mr. Krispers**

Baked Nut Chips, Toasted Almond  
Baked Rice Krisps, Sea Salt & Pepper  
Baked Rice Krisps, Sour Cream & Onion  
Multi-Seed Chips, Original 4 Seed

## **Condiments**

### **Eden**

Tamari Soy Sauce, Naturally Brewed 10 oz

### **Follow Your Heart**

Vegenaise, High Omega-3 w/ Expeller-Pressed Canola Oil  
Vegenaise, Original

### **Organicville**

Organic Dressing, French  
Organic Dressing, Herbs de Provence Vinaigrette  
Organic Dressing, Miso Ginger Vinaigrette  
Organic Dressing, Non Dairy Ranch  
Organic Dressing, Olive Oil & Balsamic Vinaigrette

## Condiments (Cont'd)

### Organicville

- Organic Dressing, Pomegranate Vinaigrette
- Organic Dressing, Sundried Tomato & Garlic Vinaigrette
- Organic Ketchup
- Organic Original BBQ Sauce
- Organic Tangy BBQ Sauce

### Spectrum

- Canola Mayonnaise 16 oz
- Light Canola Eggless Mayonnaise 16 oz
- Light Canola Eggless Mayonnaise, Squeeze Bottle
- Organic Garlic Ranch Omega-3 Dressing
- Organic Olive Oil Mayonnaise
- Organic Omega-3 Mayonnaise with Flax 16 oz
- Organic Soy Mayonnaise 16 oz
- Organic Soy Mayonnaise, Squeeze Bottle
- Organic Wasabi Mayonnaise 12 oz

## Cookies and Snack Bars

### Enjoy Life

- Caramel Apple Snack Bars
- Soft Baked Chewy Chocolate Chip Cookies
- Soft Baked Double Chocolate Brownie Cookies
- Soft Baked Happy Apple Cookies
- Soft Baked Snickerdoodle Cookies
- Sunbutter Crunch Snack Bars

### EnviroKidz

- Cheetah Organic Crispy Rice Bars, Berry
- Koala Organic Crispy Rice Bars, Chocolate
- Lemur Organic Crispy Rice Bars, Peanut Choco Drizzle
- Panda Organic Crispy Rice Bars, Peanut Butter
- Penguin Organic Crispy Rice Bars, Fruity Burst

### Glutino

- Chocolate Coated Wafers
- Lemon Wafers
- Vanilla Wafers

## Cookies and Snack Bars (Cont'd)

### Ian's Natural Foods

- Chocolate Chip Cookie Buttons, Wheat Free Gluten Free
- Crunchy Cinnamon Cookie Buttons, Wheat Free Gluten Free

### Jennie's

- Coconut Macarons

### Kinnikinnick

- KinniTOOS Vanilla Sandwich Creme Cookies

### Mi-Del

- Arrowroot Animal Cookies
- Chocolate Chip Cookies
- Ginger Snaps
- Pecan Cookies

### Pamela's Products

- Butter Shortbread Cookies
- Chocolate Walnut Biscotti
- Chunky Chocolate Chip Cookies
- Lemon Shortbread Cookies
- Organic Chocolate Chunk Pecan Shortbread Cookies
- Organic Dark Chocolate Chunk Cookies
- Organic Espresso Chocolate Chunk Cookies
- Organic Peanut Butter Chocolate Chip Cookies
- Peanut Butter Cookies
- Simplebites Chocolate Chip Mini Cookies
- Simplebites Ginger Mini Snapz

### WFM Gluten Free Bakehouse

- Chocolate Chip Cookies
- Molasses Ginger Cookies
- Peanut Butter Cookies

## Crackers

### Blue Diamond

- Almond Nut-Thins
- Cheddar Cheese Nut-Thins
- Country Ranch Nut-Thins
- Hazelnut Nut-Thins
- Pecan Nut-Thins
- Smokehouse Almond Nut-Thins

## Crackers (Cont'd)

### Edward & Sons

Brown Rice Snaps, Tamari Sesame  
Brown Rice Snaps, Unsalted Sesame  
Organic Brown Rice Snaps, Black Sesame  
Organic Brown Rice Snaps, Cheddar  
Organic Brown Rice Snaps, Toasted Onion  
Organic Brown Rice Snaps, Unsalted Plain  
Organic Brown Rice Snaps, Vegetable

### Glutino

Crackers, Cheddar  
Crackers, Original  
Crackers, Vegetable

### Health Valley

Rice Bran Crackers

### Mary's Gone Crackers

Crackers, Black Pepper  
Crackers, Caraway  
Crackers, Herb  
Crackers, Original

### Mr. Krispers

Tasty Snack Crackers, Original Sesame

## Dairy

### Brown Cow

Apricot-Mango Whole Milk Yogurt, 6 oz  
Blueberry Whole Milk Yogurt, 6 oz  
Cherry-Vanilla Whole Milk Yogurt, 6 oz  
Chocolate Whole Milk Yogurt, 6 oz  
Coffee Whole Milk Yogurt, 6 oz  
Maple Whole Milk Yogurt, 32 oz  
Maple Whole Milk Yogurt, 6 oz  
Non Fat Lemon Yogurt, 32 oz  
Non Fat Plain Yogurt, 32 oz  
Non Fat Vanilla Yogurt, 32 oz  
Peach Whole Milk Yogurt, 6 oz  
Plain Whole Milk Yogurt, 32 oz  
Plain Whole Milk Yogurt, 6 oz  
Raspberry Whole Milk Yogurt, 6 oz  
Strawberry Whole Milk Yogurt, 6 oz  
Vanilla Whole Milk Yogurt, 32 oz  
Vanilla Whole Milk Yogurt, 6 oz

## Dairy (Cont'd)

### Earth Balance

Buttery Spread with Olive Oil  
Buttery Sticks  
Organic Whipped Buttery Spread  
Original Buttery Spread  
Soy Free Buttery Spread  
Soy Garden Buttery Spread

### Stonyfield Farm

Fat Free French Vanilla Probiotic Multi-Pack  
Fat Free Strawberry Probiotic Multi-Pack  
Organic Banana Berry Yogurt Smoothie, 10 oz  
Organic Cream Top Chocolate Underground, 6 oz  
Organic Cream Top French Vanilla Yogurt, 32 oz  
Organic Cream Top Plain Yogurt, 32 oz  
Organic Cream Top Strawberries & Cream Yogurt, 6 oz  
Organic Fat Free Black Cherry Yogurt, Fruit on the Bottom, 6 oz  
Organic Fat Free Blueberry Yogurt, Fruit on the Bottom, 6 oz  
Organic Fat Free Chocolate Underground Yogurt, 6 oz  
Organic Fat Free French Vanilla Yogurt, 32 oz  
Organic Fat Free French Vanilla Yogurt, 6 oz  
Organic Fat Free Key Lime Yogurt, 6 oz  
Organic Fat Free Lotsa Lemon Yogurt, 6 oz  
Organic Fat Free Peach Yogurt, 6 oz  
Organic Fat Free Plain Yogurt, 32 oz  
Organic Fat Free Plain Yogurt, 6 oz  
Organic Fat Free Pomegranate Berry Yogurt, 6 oz  
Organic Fat Free Strawberry Yogurt, Fruit on the Bottom, 6 oz  
Organic Fat Free Strawberry, 6 oz  
Organic Low Fat BaNilla Yogurt, 32 oz  
Organic Low Fat Blueberry Yogurt, 32 oz  
Organic Low Fat Blueberry Yogurt, 6 oz

## Dairy (Cont'd)

### Stonyfield Farm

Organic Low Fat Cherry Vanilla Yogurt, 6 oz  
Organic Low Fat Just Peachy Yogurt, Fruit on the Bottom, 6 oz  
Organic Low Fat Plain Yogurt, 32 oz  
Organic Low Fat Plain Yogurt, 6 oz  
Organic Low Fat Raspberry Yogurt, 6 oz  
Organic Low Fat Strawberry Pomegranate Yogurt, 6 oz  
Organic Low Fat Strawberry Yogurt, 32 oz  
Organic Low Fat Strawberry Yogurt, Fruit on the Bottom, 6 oz  
Organic Low Fat Vanilla Yogurt  
Organic Low Fat Vanilla, 32 oz  
Organic O'Soy Strawberry/Peach Yogurt, 6-pack  
Organic Peach Yogurt Smoothie, 10 oz  
Organic Raspberry Yogurt Smoothie, 10 oz  
Organic Strawberry Yogurt Smoothie, 10 oz  
Organic Strawberry Yogurt Smoothies, 4 pack  
Organic Vanilla Yogurt Smoothie, 10 oz  
Organic Wild Berry Yogurt Smoothie, 10 oz  
Organic Wild Berry Yogurt Smoothies, 4 pack  
YoBaby Banana/Vanilla Yogurt  
YoBaby Blueberry/Apple Yogurt  
YoBaby Drinkable Yogurt, Banana  
YoBaby Drinkable Yogurt, Peach  
YoBaby Peach/Pear Yogurt  
YoBaby Simply Plain Yogurt  
YoKids Squeezers Cherry/Berry Blitz  
YoKids Squeezers Screamin' Strawberry  
YoKids Strawberry BaNilla Blast Yogurt  
YoKids Strawberry Vanilla Raspberry Yogurt

## Dairy Alternatives

### 365 Everyday Value™

Organic Ricemilk - Original  
Organic Ricemilk - Unsweetened  
Organic Ricemilk - Vanilla  
Organic Soymilk - Chocolate, 32 oz  
Organic Soymilk - Chocolate, 64 oz  
Organic Soymilk - Original, 32 oz

## Dairy Alternatives (Cont'd)

### 365 Everyday Value™

Organic Soymilk - Original, 64 oz  
Organic Soymilk - Unsweetened, 32 oz  
Organic Soymilk - Unsweetened, 64 oz  
Organic Soymilk - Vanilla, 32 oz  
Organic Soymilk - Vanilla, 64 oz

### Almond Dream

Almond Drink, Original 64 oz

### Blue Diamond

Almond Breeze, Chocolate  
Almond Breeze, Chocolate Unsweetened  
Almond Breeze, Original  
Almond Breeze, Original Unsweetened  
Almond Breeze, Vanilla  
Almond Breeze, Vanilla Unsweetened

### Eden

Organic EdenBlend, Rice & Soy Beverage, 32 oz  
Organic EdenBlend, Rice & Soy Beverage, 8.45 oz

### Follow Your Heart

Vegan Gourmet Cheddar  
Vegan Gourmet Mozzarella Cheese  
Vegan Gourmet Nacho Cheese  
Vegan Gourmet Sour Cream

### Hemp Dream

Hemp Dream, Vanilla 12/32 oz

### Rice Dream

Enriched Rice Milk Beverage, Chocolate 32 oz  
Enriched Rice Milk Beverage, Original 8 oz  
Enriched Rice Milk Beverage, Vanilla 32 oz  
Organic Enriched Rice Milk Beverage, Original 32 oz  
Organic Enriched Rice Milk Beverage, Original 64 oz  
Organic Enriched Rice Milk Beverage, Vanilla 64 oz  
Refrigerated Ricemilk, Original 64 oz  
Refrigerated Ricemilk, Vanilla 64 oz  
Rice Milk Beverage, Original 32 oz  
Rice Milk Beverage, Original 8 oz

## Dairy Alternatives (Cont'd)

### Rice Dream

- Rice Milk Beverage, Vanilla 32 oz
- Rice Milk Beverage, Vanilla 8 oz

### So Delicious

- Blueberry Agave Sweetened Soy Yogurt
- Blueberry Cultured Coconut Milk Yogurt
- French Vanilla Coconut Milk Creamer
- Original (Plain) Coconut Milk Beverage
- Original (Plain) Coconut Milk Creamer
- Passionate Mango Cultured Coconut Milk Yogurt
- Plain Agave Sweetened Soy Yogurt
- Plain Cultured Coconut Milk Yogurt
- Raspberry Cultured Coconut Milk Yogurt
- Strawberry Banna Cultured Coconut Milk Yogurt
- Strawberry Coconut Milk Kefir
- Unsweetened Coconut Milk Beverage
- Vanilla Agave Sweetened Soy Yogurt
- Vanilla Coconut Milk Beverage
- Vanilla Coconut Milk Kefir
- Vanilla Cultured Coconut Milk Yogurt

### WestSoy

- Longevity Soy Beverage, Plain 32 oz
- Plus Soy Beverage, Plain 32 oz
- Plus Soy Beverage, Plain 64 oz
- Plus Soy Beverage, Vanilla 32 oz
- Plus Soy Beverage, Vanilla 64 oz
- Soy Beverage, Unsweetened Chocolate 32 oz

## Deli Style Meats and Cheeses

### Applegate Farms

- Organic Sliced Oven Roasted Chicken
- Sliced Authentic Prosciutto
- Sliced Coppa
- Sliced Hot Genoa Salami
- Sliced Organic Genoa Salami
- Sliced Organic Oven Roasted Turkey
- Sliced Organic Roast Beef
- Sliced Organic Smoked Chicken
- Sliced Organic Smoked Turkey
- Sliced Organic Uncured Ham
- Sliced Oven Roasted Sliced Turkey

## Deli Style Meats and Cheeses (Cont'd)

### Applegate Farms

- Sliced Pepperoni
- Sliced Smoked Turkey
- Sliced Turkey Bologna
- Sliced Turkey Salami

## Desserts

### French Meadow Bakery

- Gluten Free Fudge Brownie

### WFM Gluten Free Bakehouse

- Apple Pie
- Carrot Cake
- Chocolate Cupcakes
- Pumpkin Pie
- Vanilla Cupcakes

## Energy and Nutrition Bars/Drinks

### Bumble Bar

- Chai with Almonds
- Lushus Lemon
- Original with Cashew
- Original with Mixed Nuts
- Original with Peanut

### Prana Bar

- Organic Apricot Pumpkin
- Organic Cashew Almond
- Organic Coconut Acai
- Organic Pear Ginseng

## Entrees and Mixes

### 365 Everyday Value™

- Gluten Free All Purpose Baking Mix
- Gluten Free Chocolate Cake Mix
- Gluten Free Chocolate Chip Cookie Mix
- Gluten Free Muffin Mix
- Gluten Free Pancake & Waffle Mix
- Gluten Free Pizza Crust Mix
- Gluten Free Sandwich Bread Mix
- Gluten Free White Cake Mix

## Entrees and Mixes (Cont'd)

### Arrowhead Mills

Gluten Free Chocolate Chip Cookie Mix

### Bob's Red Mill

Gluten Free Chocolate Chip Cookie Mix  
TVP (Textured Vegetable Protein)

### Cherrybrook Kitchen

Chocolate Frosting Mix

### Edward & Sons

Chreesy Mashed Potato Mix  
Organic Home Style Mashed Potato Mix

### Glutino

Macaroni & Cheese

### Lundberg Farms

Organic Alfredo Risotto  
Organic Florentine Risotto  
Organic Porcini Wild Mushroom Risotto  
Organic Tuscan Risotto

### Namaste

Waffle & Pancake Mix

### Road's End Organics

Dairy Free Alfredo Style Mac & Chreese  
Dairy Free Cheddar Style Penne & Chreese

### Tasty Bite

Agra Peas  
Aloo Palak  
Bombay Potatoes  
Madras Lentils  
Punjab Eggplant  
Spinach Dal  
Vegetable Korma

## Ethnic Foods

### Amy's

Organic Asian Noodle Stir-Fry  
Organic Black Bean Enchilada Whole Meal  
Organic Black Bean Tamale Verde Whole Meal  
Organic Black Bean Vegetable Enchilada  
Organic Black Bean Vegetable Enchilada, Light in Sodium  
Organic Cheese Enchilada

## Ethnic Foods (Cont'd)

### Amy's

Organic Cheese Enchilada Whole Meal  
Organic Cheese Tamale Verde Whole Meal  
Organic Indian Mattar Paneer  
Organic Indian Mattar Paneer, Light in Sodium  
Organic Indian Mattar Tofu  
Organic Indian Palak Paneer  
Organic Indian Paneer Tikka  
Organic Indian Vegetable Korma  
Organic Mexican Casserole Bowl  
Organic Mexican Casserole Bowl, Light in Sodium  
Organic Mexican Tofu Scramble  
Organic Roasted Vegetable Tamale Whole Meal  
Organic Santa Fe Enchilada Bowl  
Organic Teriyaki Bowl  
Organic Thai Stir-Fry  
Organic Tortilla Casserole & Black Beans Bowl

### Edward & Sons

Brown Rice Snaps, Tamari Sesame  
Miso-Cup, Organic Reduced Sodium  
Miso-Cup, Organic Traditional with Tofu

### Food For Life

Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

### Food Merchants

Organic Polenta, Basil & Garlic  
Organic Polenta, Traditional  
Organic Quinoa Polenta, Heirloom Red & Black

### Native Forest

Organic Coconut Milk

### Native Forest

Light Coconut Milk

### Organicville

Organic Island Teriyaki  
Organic Sesame Teriyaki

## Ethnic Foods (Cont'd)

### Tasty Bite

- Agra Peas
- Aloo Palak
- Bombay Potatoes
- Madras Lentils
- Punjab Eggplant
- Spinach Dal
- Vegetable Korma

## Frozen Foods

### Amy's

- Kids Baked Ziti Meal
- Organic Asian Noodle Stir-Fry
- Organic Baked Ziti Bowl
- Organic Bistro Veggie Burger
- Organic Black Bean Enchilada Whole Meal
- Organic Black Bean Tamale Verde Whole Meal
- Organic Black Bean Vegetable Enchilada
- Organic Black Bean Vegetable Enchilada, Light in Sodium
- Organic Brown Rice & Vegetables Bowl
- Organic Brown Rice & Vegetables Bowl, Light in Sodium
- Organic Brown Rice, Black-Eyed Peas & Veggies Bowl
- Organic Cheese Enchilada
- Organic Cheese Enchilada Whole Meal
- Organic Cheese Tamale Verde Whole Meal
- Organic Cream of Rice Hot Cereal Bowl
- Organic Garden Vegetable Lasagna
- Organic Indian Mattar Paneer
- Organic Indian Mattar Paneer, Light in Sodium
- Organic Indian Mattar Tofu
- Organic Indian Palak Paneer
- Organic Indian Paneer Tikka
- Organic Indian Vegetable Korma
- Organic Mexican Casserole Bowl
- Organic Mexican Casserole Bowl, Light in Sodium
- Organic Mexican Tofu Scramble
- Organic Rice Crust Cheese Pizza
- Organic Rice Crust Spinach Pizza
- Organic Rice Mac & Cheese

## Frozen Foods (Cont'd)

### Amy's

- Organic Roasted Vegetable Tamale Whole Meal
- Organic Santa Fe Enchilada Bowl
- Organic Single Serve Non-Dairy Rice Crust Cheeze Pizza
- Organic Teriyaki Bowl
- Organic Thai Stir-Fry
- Organic Tofu Scramble
- Organic Tortilla Casserole & Black Beans Bowl

### Applegate Farms

- Maple Breakfast Sausage
- Organic Turkey Burgers
- Sage Breakfast Sausage

### French Meadow Bakery

- Gluten Free Chocolate Chip Cookie Dough
- Gluten Free Fudge Brownie

### Gluten Free Cafe

- Asian Noodles
- Fettuccini Alfredo
- Lemon Basil Chicken

### Glutino

- Chicken Ranchero
- Penne Alfredo
- Pizza, 3 Cheese with Brown Rice Crust
- Pizza, Chicken BBQ
- Pizza, Duo Cheese
- Pizza, Spinach Feta

### Ian's Natural Foods

- Alpha Tots
- Chicken Fingers, Allergen Free
- Chicken Patties, Wheat Free Gluten Free
- Soy Cheesy French Bread Pizza, Wheat Free Gluten Free

### It's Soy Delicious

- Almond Pecan Non-Dairy Frozen Dessert
- Chocolate Almond Non-Dairy Frozen Dessert
- Chocolate Peanut Butter Non-Dairy Frozen Dessert
- Vanilla Non-Dairy Frozen Dessert

## Frozen Foods (Cont'd)

### Nature's Path

Organic Buckwheat Wildberry Waffles  
Organic Homestyle Waffles  
Organic Mesa Sunrise Waffles

### Organic So Delicious

Creamy Vanilla Non-Dairy Frozen Dessert  
Mint Marble Fudge Non-Dairy Frozen Dessert  
Neopolitan Non-Dairy Frozen Dessert  
Non-Dairy Creamy Fudge Bar

### Purely Decadent

Chocolate Non-Dairy Frozen Coconut Milk Dessert  
Chocolate Obsession Non-Dairy Frozen Dessert  
Chocolate Peanut Butter Swirl Non-Dairy Frozen Coconut Milk Dessert  
Coconut Non-Dairy Frozen Coconut Milk Dessert  
Cookie Dough (Gluten Free) Non-Dairy Frozen Dessert  
Cookie Dough Non-Dairy Frozen Coconut Milk Dessert  
Mint Chip Non-Dairy Frozen Coconut Milk Dessert  
Mocha Almond Fudge Non-Dairy Frozen Coconut Milk Dessert  
Passionate Mango Non-Dairy Frozen Coconut Milk Dessert  
Pomegranate Chip Non-Dairy Frozen Dessert  
Purely Vanilla Non-Dairy Frozen Dessert  
Snickerdoodle Non-Dairy Frozen Dessert  
Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert

### Rice Dream

Cocoa Marble Fudge Frozen Dessert, Pint  
Rice Dream, Orange Vanilla Swirl  
Rice Dream, Strawberry  
Vanilla Frozen Dessert, Pint

### So Delicious

Coconut Almond Bar, Made with Coconut Milk  
Kidz Assorted Fruit Pops  
Strawberry Agave Sweetened Fruit Bar  
Vanilla Bar, Made with Coconut Milk

## Frozen Foods (Cont'd)

### Starfish

Crispy Battered Gluten Free Cod  
Crispy Battered Gluten Free Haddock  
Crispy Battered Gluten Free Halibut

### Sweet Nothings

Non-Dairy Fudge Bar

### Van's

Wheat Free Blueberry Waffles  
Wheat Free Buckwheat Waffles  
Wheat Free Flax Waffles  
Wheat Free Homestyle Pancakes  
Wheat Free Homestyle Waffles

## Grains and Rice

### Ancient Harvest

Inca Red Organic Quinoa 12 oz  
Traditional Organic Quinoa 12 oz

### Annie Chun's

Rice Express Black Pearl Rice  
Rice Express Multi Grain Rice  
Rice Express Sprouted Brown Rice  
Rice Express Sticky White Rice

### Eden

Organic Buckwheat, Hulled Whole Grain  
Wild Rice, Hand Harvested Whole Grain

### Lundberg Farms

Eco-Farmed Black Japonica Field Gourmet Blend  
Eco-Farmed California Brown Basmati Rice  
Eco-Farmed California White Arborio Rice  
Eco-Farmed California White Basmati Rice  
Eco-Farmed California White Jasmine Rice  
Eco-Farmed Countrywild Gourmet Blend Rice  
Eco-Farmed Jubilee Gourmet Blend Rice  
Eco-Farmed Long Grain Brown Rice  
Eco-Farmed Short Grain Brown Rice  
Eco-Farmed Wild Blend Gourmet Blend Rice  
Organic Alfredo Risotto  
Organic California Brown Basmati Rice  
Organic California Brown Jasmine Rice, 25 lb  
Organic California White Basmati Rice

## Grains and Rice (Cont'd)

### Lundberg Farms

- Organic California White Jasmine Rice
- Organic Golden Rose Medium Grain Brown Rice
- Organic Long Grain Brown Rice
- Organic Porcini Wild Mushroom Risotto
- Organic Short Grain Brown Rice
- Organic White Long Grain Rice

## Jams and Nut Butters

### Arrowhead Mills

- Creamy Peanut Butter, 26 oz
- Crunchy Peanut Butter, 26 oz
- Organic Creamy Peanut Butter, 16 oz

### Blue Diamond

- Homestyle Almond Butter, Creamy
- Homestyle Almond Butter, Honey

### Earth Balance

- Creamy Natural Almond Butter
- Creamy Natural Peanut Butter

## Meat Alternatives

### Bob's Red Mill

- TVP (Textured Vegetable Protein)

### WestSoy

- Extra Firm Tofu, Tidal Wave 14 oz
- Extra Firm Tofu, Vacuum-Pack 12 oz
- Firm Tofu, Water-Pack 14 oz
- Soft Tofu, Water-Pack 14 oz

## Meat and Poultry

### Applegate Farms

- Maple Breakfast Sausage
- Organic Beef Hot Dogs
- Organic Chicken & Apple Sausage
- Organic Chicken Hot Dogs
- Organic Fire Roasted Red Pepper Sausage
- Organic Hot Dogs
- Organic Sliced Sunday Bacon
- Organic Spinach & Feta Sausage
- Organic Turkey Burgers

## Meat and Poultry (Cont'd)

### Applegate Farms

- Organic Turkey Hot Dogs
- Sage Breakfast Sausage
- Sliced Organic Turkey Bacon

### Sausages by Amylu

- Andouille Chicken Sausage
- Apple & Gouda Chicken Sausage
- Apple & Maple Chicken Mini Links
- Apple & Maple Chicken Sausage
- Breakfast Club Chicken Sausage
- Chicken Weiner
- Chipotle Pepper Chicken Sausage
- Chorizo Chicken Sausage
- Cranberry & Cognac Chicken Sausage
- Cranberry & Orange Breakfast Chicken Sausage
- Farmer's Market Breakfast Chicken Sausage
- Harvest Apple Breakfast Chicken Sausage
- Italian & Parmesan Cheese Chicken Sausage
- Jalapeno Pepper & Jack Cheese Chicken Sausage
- Sugarhouse Maple Breakfast Chicken Sausage
- Sun Dried Tomato & Basil Chicken Sausage

## Nutritional Supplements

### Country Life

- Acetyl L-Carnitine 500mg Capsules, 120 ct
- L-Lysine 500mg Capsules with B-6, 100 ct
- Melatonin 1mg Tablets, 60 ct
- Melatonin 3mg Tablets, 30 ct
- Melatonin 3mg Tablets, 90 ct
- Neuro-PS Phosphatidylserine, 30 ct
- Pycogenol 100mg Capsules, 30 ct
- R-Lipoic Acid
- Superior B-12, 50 ct
- Target-Mins Calcium-Magnesium Capsules, 180 ct
- Target-Mins Calcium-Magnesium Capsules, 90 ct
- Target-Mins Calcium-Magnesium Complex Tablets, 180 ct
- Target-Mins Calcium-Magnesium Complex Tablets, 90 ct

## Nutritional Supplements (Cont'd)

### Country Life

- Target-Mins Calcium-Magnesium-Veg Capsules, 120 ct
- Target-Mins Magnesium Capsules, 60 ct
- Taurine 500mg Capsules with B-6, 100 ct

## Nuts, Seeds and Dried Fruits

### Bob's Red Mill

- Flaxseeds
- Organic Brown Flaxseeds
- Organic Golden Flaxseeds

### Enjoy Life

- Not Nuts! Beach Bash Trail Mix
- Not Nuts! Mountain Mambo Trail Mix

## Pasta

### Ancient Harvest

- Quinoa Supergrain Pasta, Elbows 8 oz
- Quinoa Supergrain Pasta, Garden Pagodas 8 oz
- Quinoa Supergrain Pasta, Linguine 8 oz
- Quinoa Supergrain Pasta, Rotelle 8 oz
- Quinoa Supergrain Pasta, Spaghetti 8 oz
- Quinoa Supergrain Pasta, Veggie Curls 8 oz

### Bionaturae

- Organic Gluten Free Elbows Pasta
- Organic Gluten Free Penne Rigate

### DeBoles Foods

- Corn Spaghetti
- Multi-Grain Penne
- Multi-Grain Spaghetti
- Rice Angel Hair Pasta
- Rice Fettuccine
- Rice Lasagna
- Rice Penne
- Rice Spirals

### Lundberg Farms

- Organic Brown Rice Penne Pasta
- Organic Brown Rice Rotini Pasta
- Organic Brown Rice Spaghetti Pasta

## Pasta (Cont'd)

### Tinkyada

- Brown Rice Elbow
- Brown Rice Fusilli
- Brown Rice Shells
- Brown Rice Spirals
- Organic Brown Rice Elbow
- Organic Brown Rice Penne
- Vegetable Brown Rice Spirals

## Pasta Sauce

### Amy's

- Organic Family Marinara Pasta Sauce
- Organic Low Sodium Marinara Sauce
- Organic Tomato Basil Pasta Sauce
- Organic Tomato Basil Pasta Sauce, Light in Sodium

## Personal Care

### Tom's of Maine

- Apricot Long Lasting Stick Deodorant
- Cinnamint Antiplaque with Propolis & Myrrh Toothpaste
- Cinnamon Clove Whole Care Toothpaste
- Cucumber-Grapefruit Sensitive Stick Deodorant
- Fennel Antiplaque Propolis & Myrrh Toothpaste
- Fennel Antiplaque Tartar Control Plus Whitening Toothpaste
- Fragrance-Free Sensitive Stick Deodorant
- Honeysuckle Rose Stick Deodorant
- Lavender Long Lasting Stick Deodorant
- Lemongrass Long Lasting Stick Deodorant
- Orange-Mango Whole Care Gel Toothpaste
- Outrageous Orange-Mango Anticavity Toothpaste
- Peppermint Anti-Plaque Tartar Control Plus Whitening Toothpaste
- Peppermint Anticavity SLS-Free Toothpaste
- Peppermint Anticavity Toothpaste
- Peppermint Baking Soda Mouthwash
- Peppermint Tartar Control Mouthwash
- Peppermint Whole Care Gel Toothpaste

## Personal Care (Cont'd)

### Tom's of Maine

- Peppermint Whole Care Toothpaste
- Silly Strawberry Anticavity Toothpaste
- Silly Strawberry Non-Fluoride Toothpaste
- Spearmint Antiplaque SLS-Free Toothpaste
- Spearmint Anti-Plaque Plus Whitening Gel Toothpaste
- Spearmint Anti-Plaque Tartar Control Plus Whitening Toothpaste
- Spearmint Anticavity ADA Mouthwash
- Spearmint Anticavity Toothpaste
- Spearmint Antiplaque with Propolis & Myrrh Toothpaste
- Spearmint Cleansing Mouthwash
- Spearmint Flat Floss
- Spearmint Whole Care Gel Toothpaste
- Spearmint Whole Care Toothpaste
- Unflavored Flat Floss
- Unflavored Round Floss
- Unscented Long Lasting Stick Deodorant
- Unscented Stick Deodorant
- Wintermint Anticavity Toothpaste
- Wintermint Whole Care Toothpaste
- Woodspice Stick Deodorant

## Prepared Foods

### Food Merchants

- Organic Polenta, Basil & Garlic
- Organic Polenta, Traditional
- Organic Quinoa Polenta, Heirloom Red & Black

## Sauces, Salsas and Dips

### Amy's

- Organic Black Bean & Corn Salsa
- Organic Medium Salsa
- Organic Mild Salsa

### Organicville

- Organic Island Teriyaki
- Organic Medium Salsa
- Organic Sesame Teriyaki

## Sauces, Salsas and Dips (Cont'd)

### The Wizard's Sauce

- Organic Hot Stuff

## Seafood

### Starfish

- Crispy Battered Gluten Free Cod
- Crispy Battered Gluten Free Haddock
- Crispy Battered Gluten Free Halibut

## Soups

### Amy's

- Organic Black Bean Chili
- Organic Black Bean Vegetable Soup
- Organic Chunky Tomato Bisque
- Organic Chunky Tomato Bisque, Light in Sodium
- Organic Chunky Vegetable Soup
- Organic Cream of Tomato Soup
- Organic Cream of Tomato Soup, Light in Sodium
- Organic Curried Lentil Soup
- Organic Fire Roasted Southwestern Vegetable Soup
- Organic Lentil Soup
- Organic Lentil Soup, Light in Sodium
- Organic Lentil Vegetable Soup
- Organic Lentil Vegetable Soup, Light in Sodium
- Organic Medium Chili
- Organic Medium Chili with Vegetables
- Organic Medium Chili, Light in Sodium
- Organic Southwestern Black Bean Chili
- Organic Spicy Chili
- Organic Spicy Chili, Light in Sodium
- Organic Split Pea Soup
- Organic Split Pea Soup, Light in Sodium
- Organic Summer Corn & Vegetable Soup
- Organic Thai Coconut Soup (Tom Kha Phak)
- Organic Tuscan Bean & Rice Soup

### Edward & Sons

- Miso-Cup, Organic Reduced Sodium
- Miso-Cup, Organic Traditional with Tofu

## **Soups (Cont'd)**

### **Imagine Foods**

- Broccoli Soup 32 oz
- Butternut Squash Soup 16 oz
- Butternut Squash Soup 32 oz
- Chicken Broth 16 oz
- Creamy Tomato Soup 16 oz
- Free Range Chicken Broth 32 oz
- No Chicken Broth 32 oz
- Organic Chicken Broth, Low Sodium 32 oz
- Organic Corn Soup, Low Sodium 32 oz
- Organic Portabello Mushroom Soup 32 oz
- Organic Potato Soup, Low Sodium 32 oz
- Organic Tomato Soup 32 oz
- Organic Tomato Soup, Low Sodium 32 oz
- Organic Vegetable Broth, Low Sodium 32 oz
- Portabello Mushroom Soup 16 oz
- Potato Leek Soup 16 oz
- Potato Leek Soup 32 oz
- Tomato Basil Soup 32 oz
- Vegetable Broth 16 oz
- Vegetable Broth 32 oz

## **Specialty Foods**

### **WFM Gluten Free Bakehouse**

- Stuffing Cubes

## **Spices and Seasonings**

### **Edward & Sons**

- Bouillon Cubes, Garden Veggie
- Bouillon Cubes, Low Sodium Veggie
- Bouillon Cubes, Not-Beef
- Bouillon Cubes, Not-Chick'n

## **Sweeteners**

### **Lundberg Farms**

- Organic Brown Rice Syrup