

# Gluten Free

SPECIAL DIETS SERIES

CELEBRATING  
YOUR  
CHOICES



## Chicago Ave Store, Midwest Region

Whole Foods Market is excited to bring you "Celebrating Your Choices," a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product. If you have any questions, you may contact us at [WFMSpecialDiets@wholefoods.com](mailto:WFMSpecialDiets@wholefoods.com).

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## Baby & Infant Food

### Stonyfield Farm

YoBaby Banana/Vanilla Yogurt  
YoBaby Blueberry/Apple Yogurt  
YoBaby Drinkable Yogurt, Banana  
YoBaby Drinkable Yogurt, Peach  
YoBaby Peach/Pear Yogurt  
YoBaby Simply Plain Yogurt

## Baked Goods

### WFM Gluten Free Bakehouse

Almond Scones  
Banana Bread  
Blueberry Muffins  
Carrot Cake  
Cheddar Biscuits  
Chocolate Chip Cookies  
Chocolate Cupcakes  
Cinnamon Raisin Bread  
Cranberry Orange Scones  
Cream Biscuits  
Molasses Ginger Cookies  
Morning Glory Muffins  
Peanut Butter Cookies  
Pie Shells  
Prairie Bread  
Pumpkin Pie  
Sandwich Bread

## Baking Needs

### 365 Everyday Value™

Gluten Free All Purpose Baking Mix  
Gluten Free Chocolate Brownie Mix  
Gluten Free Muffin Mix  
Gluten Free Pancake & Waffle Mix  
Gluten Free Sandwich Bread Mix

### Arrowhead Mills

Buckwheat Flour  
Gluten Free Brownie Mix  
Gluten Free Chocolate Chip Cookie Mix  
Gluten Free Pancake & Baking Mix  
Long Grain Brown Rice Flour  
Yellow Corn Meal

### Bob's Red Mill

Almond Flour  
Arrowroot Starch Flour  
Baking Soda  
Brown Rice Flour  
Flaxseed Meal  
Flaxseeds  
Garbanzo Bean Flour  
Gluten Free All Purpose Baking Flour  
Gluten Free Biscuit & Baking Mix  
Gluten Free Brownie Mix  
Gluten Free Chocolate Cake Mix  
Gluten Free Chocolate Chip Cookie Mix  
Gluten Free Cornbread Mix  
Gluten Free Cornmeal  
Gluten Free Homemade Wonderful Bread Mix  
Gluten Free Pancake Mix  
Gluten Free Pizza Crust Mix  
Gluten Free Sweet White Sorghum Flour  
GlutenFree Rolled Oats  
Hazelnut Meal/Flour  
Hemp Protein Powder  
Organic Flaxseed Meal  
Organic Golden Flaxseed Meal

## Baking Needs (Cont'd)

### Bob's Red Mill

- Organic Golden Flaxseeds
- Organic Quinoa Flour
- Potato Starch
- Tapioca Flour
- Teff Flour
- White Rice Flour

### Cherrybrook Kitchen

- Chocolate Frosting Mix

### Earth Balance

- Shortening

### Enjoy Life

- Semi-Sweet Chocolate Chips

### Let's Do...

- Carnival Sprinkelz
- Confetti Sprinkelz

### Let's Do... Organic

- Organic Cornstarch
- Organic Creamed Coconut
- Organic Reduced Fat Shredded Coconut
- Organic Shredded Coconut
- Organic Tapioca Starch

### Namaste

- Spice Cake Mix
- Waffle & Pancake Mix

### Pamela's Products

- Baking & Pancake Mix
- Chocolate Brownie Mix
- Chocolate Cake Mix
- Chocolate Chunk Cookie Mix
- Gluten-Free Bread Mix

### Tropical Source

- Semi Sweet Chocolate Chips

### WFM Gluten Free Bakehouse

- Pie Shells

## Beverages

### Celestial Seasonings

- Antioxidant Green Tea, 20 Ct
- Authentic Green Tea, 20 Ct

## Beverages (Cont'd)

### Celestial Seasonings

- Authentic Green Tea, 40 Ct
- Bengal Spice Tea, 20 Ct
- Black Cherry Berry Tea
- Candy Cane Lane Decaf Tea, 20 Ct
- Chamomile Tea, 20 Ct
- Cinnamon Apple Spice Tea, 20 Ct
- Country Peach Passion
- Decaf Green Tea, 20 Ct
- Decaf Mint Green Tea, 20 Ct
- Goji Berry Pomegranate Green Tea, 20 Ct
- Honey Vanilla Chamomile Tea, 20 Ct
- Lemon Zinger Tea, 20 Ct
- Madagascar Vanilla Red Tea, 20 Ct
- Mint Magic Tea, 20 Ct
- Nutcracker Sweet Herbal Tea
- Peppermint Tea, 20 Ct
- Peppermint Tea, 40 Ct
- Raspberry Zinger Tea, 20 Ct
- Sleepytime Extra Tea, 20 Ct
- Sleepytime Tea, 20 Ct
- Sleepytime Tea, 40 Ct
- Sugar Plum Spice, 20 Ct
- Tropical Strawberry, 20 Ct

### Eden

- Organic EdenBlend, Rice & Soy Beverage, 32 oz
- Organic EdenBlend, Rice & Soy Beverage, 8.45 oz

### Rice Dream

- Horchata
- Rice Nog
- Supreme Rice Beverage, Vanilla Hazelnut

### So Delicious

- Original (Plain) Coconut Milk Beverage
- Unsweetened Coconut Milk Beverage
- Vanilla Coconut Milk Beverage

## Bread

### Food For Life

- Brown Rice Bread, Wheat & Gluten Free
- Millet Bread, Wheat & Gluten Free

## Bread (Cont'd)

### Food For Life

Raisin Pecan Bread, Wheat & Gluten Free  
White Rice Bread, Wheat & Gluten Free  
Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

### Glutino

Bagels, Cinnamon 'n Raisin  
Bagels, Poppy Seed  
English Muffins  
Premium Brown Rice Bread with Inulin  
Premium Brown Rice Bread, Homestyle  
Premium Cinnamon & Raisin Bread  
Premium Corn Bread  
Premium Fiber Bread  
Premium Flax Seed Bread  
Premium Pizza Crusts

### WFM Gluten Free Bakehouse

Cheddar Biscuits  
Cinnamon Raisin Bread  
Cream Biscuits  
Prairie Bread  
Sandwich Bread

## Candy and Chocolate

### Endangered Species Chocolate

Bite Size Dark Chocolate with Cranberries & Almonds  
Bite Size Dark Chocolate with Deep Forest Mint  
Bite Size Extreme Dark Chocolate  
Bite Size Supreme Dark Chocolate  
Dark Chocolate with Blueberries - Sea Turtle  
Dark Chocolate with Cranberries & Almonds - Wolf  
Dark Chocolate with Espresso Beans - Tiger  
Dark Chocolate with Hazelnut Toffee - Rhino  
Dark Chocolate with Raspberries - Grizzly Bear  
Extreme Dark Chocolate - Panther

## Candy and Chocolate (Cont'd)

### Endangered Species Chocolate

Intense Dark Chocolate with Cacao Nibs - Bat  
Organic Dark Chocolate & Mint - Chimp Mints  
Organic Dark Chocolate Bug Bites  
Organic Health Dark Chocolate with Cacao Nibs, Yacon & Acai  
Organic Health Dark Chocolate with Goji Berry, Pecans & Maca  
Organic Health Dark Chocolate with Goldenberry & Lucuma  
Organic Milk Chocolate Bug Bites  
Smooth Milk Chocolate - Sea Otter  
Smooth Organic Dark Chocolate - Butterfly  
Smooth Organic Milk Chocolate - Lion  
Supreme Dark Chocolate - Chimpanzee

### Enjoy Life

Boom Choco Boom Dairy-Free Rice Milk Chocolate Bar  
Boom Choco Boom Dairy-Free Rice Milk w/ Crispy Rice Chocolate Bar  
Boom Choco Boom Dark Chocolate Bar

### Glee Gum

Glee Peppermint Gum  
Glee Spearmint Gum  
Glee Tangerine Gum

### Let's Do...

Carnival Sprinkelz  
Confetti Sprinkelz

### Let's Do... Organic

Organic Classic Gummi Bears  
Organic Super Sour Gummi Bears

## Canned Goods

### Amy's

Organic Refried Beans with Green Chiles  
Organic Refried Black Beans  
Organic Traditional Refried Beans  
Organic Vegetarian Baked Beans

## Canned Goods (Cont'd)

### Native Forest

- Artichoke Hearts, Quartered
- Artichoke Hearts, Whole
- Organic Baby Corn
- Organic Hearts of Palm
- Organic Mango Chunks
- Organic Pineapple Chunks
- Organic Pineapple Slices
- Organic Tropical Fruit Salad

## Canned/Jarred Goods

### Native Forest

- Artichoke Hearts, Marinated

## Cereal

### Amy's

- Organic Cream of Rice Hot Cereal Bowl

### Ancient Harvest

- Organic Quinoa Flakes 12 oz

### Arrowhead Mills

- Maple Buckwheat Organic Flakes
- Organic Rice & Shine Hot Cereal
- Organic Yellow Corn Grits
- Sweetened Organic Rice Flakes

### Barbara's Bakery

- Honey Rice Puffins Cereal

### Bob's Red Mill

- Brown Rice Farina Creamy Rice Hot Cereal
- Gluten Free Mighty Tasty Hot Cereal
- GlutenFree Rolled Oats
- Organic Creamy Buckwheat Hot Cereal

### Enjoy Life

- Very Berry Crunch Granola

### EnviroKidz

- Amazon Frosted Flakes Organic Cereal
- Gorilla Munch Organic Cereal
- Gorilla Munch Organic Cereal, 23 oz
- Koala Crisp Organic Cereal
- Koala Crisp Organic Cereal, 26 oz
- Leapin' Lemurs Peanut Butter & Chocolate Organic Cereal

## Cereal (Cont'd)

### EnviroKidz

- Peanut Butter Panda Puffs Organic Cereal
- Peanut Butter Panda Puffs Organic Cereal, 25 oz

### Nature's Path

- Organic Crispy Rice Cereal
- Organic Fruit Juice Sweetened Corn Flakes
- Organic Honey'd Corn Flakes, 26.4 oz
- Organic Honey'd Cornflakes
- Organic Mesa Sunrise Cereal
- Organic Mesa Sunrise Cereal, 26.4 oz
- Organic Whole O's Cereal

### Perky's

- Nutty Rice Cereal

## Cheese

### Applegate Farms

- American Cheese
- Sliced Emmentaler Swiss Cheese
- Sliced Havarti Cheese
- Sliced Organic Mild Cheddar Cheese
- Sliced Organic Monterey Jack Cheese
- Sliced Organic Muenster Cheese
- Sliced Pepperjack Cheese
- Sliced Probiotic Yogurt Cheese
- Sliced Provolone Cheese

### Follow Your Heart

- Vegan Gourmet Cheddar
- Vegan Gourmet Cream Cheese
- Vegan Gourmet Monterey Jack
- Vegan Gourmet Mozzarella Cheese
- Vegan Gourmet Nacho Cheese
- Vegan Gourmet Sour Cream

## Chips, Pretzels and Snacks

### Arico

- Cassava Chips, Barbecue Bliss
- Cassava Chips, Ginger on Fire
- Cassava Chips, Sea Salt Mist

## **Chips, Pretzels and Snacks (Cont'd)**

### **Food Should Taste Good**

Buffalo Tortilla Chips 6 oz  
Lime Tortilla Chips 5.5 oz  
Multigrain Tortilla Chips 12 oz  
Sweet Potato Tortilla Chips 6 oz  
The Works! Tortilla Chips 6 oz  
Yellow Corn Tortilla Chips 11 oz

### **Food Should Taste Good**

Chocolate Tortilla Chips 6 oz  
Jalapeno Tortilla Chips 6 oz  
Multigrain Tortilla Chips 6 oz  
Olive Tortilla Chips 6 oz

### **Glutino**

Pretzel Sticks, Family Bag  
Pretzels, Family Bag

### **Kettle Brand®**

Krinkle Cut Potato Chips, Lightly Salted 14 oz  
Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 14 oz  
Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 2 oz  
Potato Chips, Honey Dijon 2 oz  
Potato Chips, Honey Dijon 5 oz  
Potato Chips, Lightly Salted 14 oz  
Potato Chips, Lightly Salted 2 oz  
Potato Chips, Lightly Salted 5 oz  
Potato Chips, New York Cheddar w/ Herbs 2 oz  
Potato Chips, New York Cheddar w/ Herbs 5 oz  
Potato Chips, Organic Chipotle Chili BBQ 5 oz  
Potato Chips, Organic Lightly Salted 5 oz  
Potato Chips, Sea Salt & Vinegar 5 oz  
Potato Chips, Unsalted 5 oz  
Potato Chips, Yogurt & Green Onion 5 oz

### **Kettle Brand®**

Baked Potato Chips, Hickory Honey BBQ 4 oz  
Baked Potato Chips, Lightly Salted 4 oz  
Baked Potato Chips, Salt & Fresh Ground Pepper 4 oz

## **Chips, Pretzels and Snacks (Cont'd)**

### **Kettle Brand®**

Baked Potato Chips, Sea Salt & Vinegar 4 oz  
Krinkle Cut Potato Chips, Buffalo Bleu 5 oz  
Krinkle Cut Potato Chips, Classic BBQ 14 oz  
Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 5 oz  
Potato Chips, Backyard Barbeque 5 oz  
Potato Chips, Backyard Barbeque 9 oz  
Potato Chips, Death Valley Chipotle 5 oz  
Potato Chips, Jalapeno 2 oz  
Potato Chips, Jalapeno 5 oz  
Potato Chips, Lightly Salted 9 oz  
Potato Chips, Organic Sea Salt & Black Pepper 5 oz  
Potato Chips, Sea Salt & Vinegar 9 oz  
Potato Chips, Sour Cream, Onion & Chive 5 oz  
Potato Chips, Spicy Thai 5 oz  
Potato Chips, Sweet Onion 2 oz  
Potato Chips, Sweet Onion 5 oz  
Potato Chips, Tuscan Three Cheese 5 oz

### **Lundberg Farms**

Apple Cinnamon Rice Cakes  
Brown Rice Cakes  
Honey Nut Rice Cakes  
Organic Brown Rice Cakes  
Organic Caramel Corn Rice Cakes  
Organic Cinnamon Toast Rice Cake  
Organic Mochi Sweet Rice Cakes  
Organic Popcorn Rice Cakes  
Organic Sea Salt Rice Chips  
Organic Sesame Tamari Rice Cakes  
Organic Tamari Seaweed Rice Cakes  
Organic Unsalted Brown Rice Cakes  
Organic Wild Rice Cakes  
Pico de Gallo Rice Chips  
Sante Fe BBQ Rice Chips  
Sesame Seaweed Rice Chips  
Unsalted Brown Rice Cakes

## **Chips, Pretzels and Snacks (Cont'd)**

### **Mary's Gone Crackers**

- Sticks & Twigs, Curry
- Sticks & Twigs, Sea Salt
- Sticks & Twigs, Tomato Chipotle

### **Mr. Krispers**

- Baked Rice Krisps, Sour Cream & Onion

## **Condiments**

### **Eden**

- Tamari Soy Sauce, Naturally Brewed 10 oz

### **Follow Your Heart**

- Vegenaise, High Omega-3 w/ Expeller-Pressed Canola Oil
- Vegenaise, Original

### **Organicville**

- Organic Dressing, Herbs de Provence Vinaigrette
- Organic Dressing, Miso Ginger Vinaigrette
- Organic Dressing, Non Dairy Ranch
- Organic Dressing, Sesame Tamari Vinaigrette
- Organic Dressing, Sundried Tomato & Garlic Vinaigrette
- Organic Ketchup
- Organic Original BBQ Sauce
- Organic Tangy BBQ Sauce

### **Spectrum**

- Canola Mayonnaise 16 oz
- Light Canola Eggless Mayonnaise 16 oz
- Light Canola Eggless Mayonnaise 32 oz
- Light Canola Eggless Mayonnaise, Squeeze Bottle
- Organic Olive Oil Mayonnaise
- Organic Omega-3 Mayonnaise with Flax 16 oz
- Organic Soy Mayonnaise 16 oz
- Organic Soy Mayonnaise, Squeeze Bottle

## **Cookies and Snack Bars**

### **Arico**

- Almond Cranberry Cookies

## **Cookies and Snack Bars (Cont'd)**

### **Enjoy Life**

- Soft Baked Chewy Chocolate Chip Cookies
- Soft Baked Happy Apple Cookies
- Soft Baked Lively Lemon Cookies
- Soft Baked Snickerdoodle Cookies
- Very Berry Snack Bars

### **EnviroKidz**

- Cheetah Organic Crispy Rice Bars, Berry
- Koala Organic Crispy Rice Bars, Chocolate
- Panda Organic Crispy Rice Bars, Peanut Butter
- Penguin Organic Crispy Rice Bars, Fruity Burst

### **Glutino**

- Breakfast Bars, Blueberry
- Chocolate Coated Wafers
- Lemon Wafers
- Vanilla Wafers

### **Jennie's**

- Coconut Macaroons

### **Kinnikinnick**

- KinniTOOS Chocolate Sandwich Creme Cookies
- KinniTOOS Vanilla Sandwich Creme Cookies
- Montana's Chocolate Chip Cookies

### **Let's Do...**

- Gluten Free Ice Cream Cones

### **Mi-Del**

- Arrowroot Animal Cookies
- Ginger Snaps

### **Pamela's Products**

- Almond Anise Biscotti
- Chocolate Chip Walnut Cookies
- Chocolate Walnut Biscotti
- Chunky Chocolate Chip Cookies
- Ginger Cookies with Sliced Almonds
- Lemon Almond Biscotti
- Organic Chocolate Chunk Pecan Shortbread Cookies
- Organic Dark Chocolate Chunk Cookies
- Organic Espresso Chocolate Chunk Cookies
- Organic Peanut Butter Chocolate Chip Cookies

## Cookies and Snack Bars (Cont'd)

### Pamela's Products

- Organic Spicy Ginger Cookies
- Peanut Butter Cookies
- Shortbread Swirl Cookies
- Simplebites Chocolate Chip Mini Cookies
- Simplebites Ginger Mini Snapz

### WFM Gluten Free Bakehouse

- Chocolate Chip Cookies
- Molasses Ginger Cookies
- Peanut Butter Cookies

## Crackers

### Blue Diamond

- Almond Nut-Thins
- Cheddar Cheese Nut-Thins
- Country Ranch Nut-Thins
- Hazelnut Nut-Thins
- Pecan Nut-Thins
- Smokehouse Almond Nut-Thins

### Edward & Sons

- Brown Rice Snaps, Onion Garlic
- Brown Rice Snaps, Tamari Sesame
- Brown Rice Snaps, Unsalted Sesame
- Organic Brown Rice Snaps, Cheddar
- Organic Brown Rice Snaps, Toasted Onion
- Organic Brown Rice Snaps, Unsalted Plain
- Organic Brown Rice Snaps, Vegetable

### Glutino

- Crackers, Multigrain
- Crackers, Original

### Health Valley

- Rice Bran Crackers

### Mary's Gone Crackers

- Crackers, Black Pepper
- Crackers, Caraway
- Crackers, Onion
- Crackers, Original

## Dairy

### Brown Cow

- Apricot-Mango Whole Milk Yogurt, 6 oz
- Blueberry Whole Milk Yogurt, 32 oz
- Blueberry Whole Milk Yogurt, 6 oz
- Cherry-Vanilla Whole Milk Yogurt, 6 oz
- Chocolate Whole Milk Yogurt, 6 oz
- Coffee Whole Milk Yogurt, 6 oz
- Low Fat Plain Yogurt, 32 oz
- Low Fat Vanilla Yogurt, 32 oz
- Maple Whole Milk Yogurt, 32 oz
- Maple Whole Milk Yogurt, 6 oz
- Non Fat Lemon Yogurt, 32 oz
- Non Fat Plain Yogurt, 32 oz
- Non Fat Vanilla Yogurt, 32 oz
- Peach Whole Milk Yogurt, 6 oz
- Plain Whole Milk Yogurt, 32 oz
- Plain Whole Milk Yogurt, 6 oz
- Raspberry Whole Milk Yogurt, 6 oz
- Strawberry Whole Milk Yogurt, 6 oz
- Vanilla Whole Milk Yogurt, 32 oz
- Vanilla Whole Milk Yogurt, 6 oz

### Earth Balance

- Buttery Spread with Olive Oil
- Buttery Sticks
- Organic Whipped Buttery Spread
- Original Buttery Spread
- Soy Free Buttery Spread
- Soy Garden Buttery Spread

### Stonyfield Farm

- Fat Free French Vanilla Probiotic Multi-Pack
- Fat Free Strawberry Probiotic Multi-Pack
- Organic Banana Berry Yogurt Smoothie, 10 oz
- Organic Cream Top French Vanilla Yogurt, 32 oz
- Organic Cream Top Plain Yogurt, 32 oz
- Organic Fat Free Black Cherry Yogurt, Fruit on the Bottom, 6 oz
- Organic Fat Free Blueberry Yogurt, Fruit on the Bottom, 6 oz
- Organic Fat Free Chocolate Underground Yogurt, 6 oz
- Organic Fat Free French Vanilla Yogurt, 32 oz

## Dairy (Cont'd)

### Stonyfield Farm

Organic Fat Free French Vanilla Yogurt, 6 oz  
Organic Fat Free Key Lime Yogurt, 6 oz  
Organic Fat Free Lotsa Lemon Yogurt, 6 oz  
Organic Fat Free Peach Yogurt, 6 oz  
Organic Fat Free Plain Yogurt, 32 oz  
Organic Fat Free Plain Yogurt, 6 oz  
Organic Fat Free Pomegranate Berry Yogurt, 6 oz  
Organic Fat Free Strawberry Yogurt, Fruit on the Bottom, 6 oz  
Organic Fat Free Strawberry, 6 oz  
Organic Low Fat BaNilla Yogurt, 32 oz  
Organic Low Fat Blueberry Yogurt, 32 oz  
Organic Low Fat Blueberry Yogurt, 6 oz  
Organic Low Fat Cherry Vanilla Yogurt, 6 oz  
Organic Low Fat Just Peachy Yogurt, Fruit on the Bottom, 6 oz  
Organic Low Fat Plain Yogurt, 32 oz  
Organic Low Fat Plain Yogurt, 6 oz  
Organic Low Fat Raspberry Yogurt, 6 oz  
Organic Low Fat Strawberry Pomegranate Yogurt, 6 oz  
Organic Low Fat Strawberry Yogurt, 32 oz  
Organic Low Fat Strawberry Yogurt, Fruit on the Bottom, 6 oz  
Organic Low Fat Vanilla Yogurt  
Organic Low Fat Vanilla, 32 oz  
Organic O'Soy Strawberry/Peach Yogurt, 6-pack  
Organic Peach Yogurt Smoothie, 10 oz  
Organic Raspberry Yogurt Smoothie, 10 oz  
Organic Strawberry Yogurt Smoothie, 10 oz  
Organic Strawberry Yogurt Smoothies, 4 pack  
Organic Vanilla Yogurt Smoothie, 10 oz  
Organic Wild Berry Yogurt Smoothie, 10 oz  
Organic Wild Berry Yogurt Smoothies, 4 pack  
YoBaby Banana/Vanilla Yogurt  
YoBaby Blueberry/Apple Yogurt  
YoBaby Drinkable Yogurt, Banana  
YoBaby Drinkable Yogurt, Peach

## Dairy (Cont'd)

### Stonyfield Farm

YoBaby Peach/Pear Yogurt  
YoBaby Simply Plain Yogurt  
YoKids Squeezers Cherry/Berry Blitz  
YoKids Squeezers Screamin' Strawberry  
YoKids Strawberry BaNilla Blast Yogurt  
YoKids Strawberry Vanilla Raspberry Yogurt

## Dairy Alternatives

### 365 Everyday Value™

Organic Ricemilk - Original  
Organic Ricemilk - Unsweetened  
Organic Ricemilk - Vanilla  
Organic Soymilk - Chocolate, 64 oz  
Organic Soymilk - Original, 32 oz  
Organic Soymilk - Original, 64 oz  
Organic Soymilk - Unsweetened, 32 oz  
Organic Soymilk - Unsweetened, 64 oz  
Organic Soymilk - Vanilla, 32 oz  
Organic Soymilk - Vanilla, 64 oz

### Almond Dream

Almond Drink, Unsweetened Original 64 oz

### Blue Diamond

Almond Breeze, Chocolate  
Almond Breeze, Chocolate Unsweetened  
Almond Breeze, Original  
Almond Breeze, Original Unsweetened  
Almond Breeze, Unsweetened Vanilla  
Almond Breeze, Vanilla  
Almond Breeze, Vanilla Unsweetened

### Eden

Organic EdenBlend, Rice & Soy Beverage, 32 oz  
Organic EdenBlend, Rice & Soy Beverage, 8.45 oz

### Follow Your Heart

Vegan Gourmet Cheddar  
Vegan Gourmet Cream Cheese  
Vegan Gourmet Monterey Jack  
Vegan Gourmet Mozzarella Cheese  
Vegan Gourmet Nacho Cheese  
Vegan Gourmet Sour Cream

## Dairy Alternatives (Cont'd)

### Hemp Dream

Hemp Dream, Original 12/32 oz

Hemp Dream, Vanilla 12/32 oz

### Rice Dream

Enriched Rice Milk Beverage, Chocolate 32 oz

Enriched Rice Milk Beverage, Original 8 oz

Enriched Rice Milk Beverage, Vanilla 32 oz

Organic Enriched Rice Milk Beverage, Original 32 oz

Organic Enriched Rice Milk Beverage, Original 64 oz

Organic Enriched Rice Milk Beverage, Vanilla 64 oz

Refrigerated Ricemilk, Original 64 oz

Refrigerated Ricemilk, Vanilla 64 oz

Rice Milk Beverage, Carob 32 oz

Rice Milk Beverage, Original 32 oz

Rice Milk Beverage, Vanilla 32 oz

### So Delicious

Blueberry Agave Sweetened Soy Yogurt

Blueberry Cultured Coconut Milk Yogurt

Chocolate Cultured Coconut Milk Yogurt

French Vanilla Coconut Milk Creamer

Original (Plain) Coconut Milk Beverage

Original (Plain) Coconut Milk Creamer

Original (Plain) Coconut Milk Kefir

Passionate Mango Cultured Coconut Milk Yogurt

Pina Colada Cultured Coconut Milk Yogurt

Raspberry Cultured Coconut Milk Yogurt

Strawberry Banna Cultured Coconut Milk Yogurt

Strawberry Cultured Coconut Milk Yogurt

Unsweetened Coconut Milk Beverage

Vanilla Agave Sweetened Soy Yogurt

Vanilla Coconut Milk Beverage

Vanilla Cultured Coconut Milk Yogurt

### WestSoy

Organic Soy Beverage, Unsweetened Original 64 oz

Plus Soy Beverage, Plain 32 oz

Plus Soy Beverage, Plain 64 oz

## Dairy Alternatives (Cont'd)

### WestSoy

Plus Soy Beverage, Vanilla 32 oz

Plus Soy Beverage, Vanilla 64 oz

Soy Beverage, Unsweetened Chocolate 32 oz

## Deli Style Meats and Cheeses

### Applegate Farms

Organic Sliced Oven Roasted Chicken

Sliced Authentic Prosciutto

Sliced Genoa Salami

Sliced Honey Maple Turkey

Sliced Organic Herb Turkey

Sliced Organic Oven Roasted Turkey

Sliced Organic Roast Beef

Sliced Organic Smoked Chicken

Sliced Organic Smoked Turkey

Sliced Organic Uncured Ham

Sliced Oven Roasted Sliced Turkey

Sliced Pepperoni

Sliced Smoked Turkey

Sliced Soppressata

Sliced Turkey Bologna

Sliced Turkey Salami

## Desserts

### French Meadow Bakery

Gluten Free Fudge Brownie

### WFM Gluten Free Bakehouse

Carrot Cake

Chocolate Cupcakes

Pumpkin Pie

## Energy and Nutrition Bars/Drinks

### Bumble Bar

Chocolate Crisp

Original with Almond

Original with Cashew

Original with Peanut

### Prana Bar

Organic Apple Pie

Organic Apricot Pumpkin

## Energy and Nutrition Bars/Drinks (Cont'd)

### Prana Bar

- Organic Cashew Almond
- Organic Coconut Acai
- Organic Pear Ginseng

### Shakti Bar

- Organic Raspberry Pomegranate

## Entrees and Mixes

### 365 Everyday Value™

- Gluten Free All Purpose Baking Mix
- Gluten Free Chocolate Brownie Mix
- Gluten Free Muffin Mix
- Gluten Free Pancake & Waffle Mix
- Gluten Free Sandwich Bread Mix

### Arrowhead Mills

- Gluten Free Brownie Mix
- Gluten Free Chocolate Chip Cookie Mix
- Gluten Free Pizza Crust Mix

### Bob's Red Mill

- Gluten Free Chocolate Cake Mix
- Gluten Free Chocolate Chip Cookie Mix

### Cherrybrook Kitchen

- Chocolate Frosting Mix

### Edward & Sons

- Organic Home Style Mashed Potato Mix
- Organic Roasted Garlic Mashed Potato Mix

### Lundberg Farms

- Organic Alfredo Risotto
- Organic Florentine Risotto
- Organic Porcini Wild Mushroom Risotto
- Organic Tuscan Risotto

### Namaste

- Spice Cake Mix
- Waffle & Pancake Mix

### Road's End Organics

- Dairy Free Alfredo Style Mac & Cheese
- Dairy Free Cheddar Style Penne & Cheese

## Entrees and Mixes (Cont'd)

### Tasty Bite

- Agra Peas
- Bengal Lentils
- Channa Masala
- Jaipur Vegetables
- Kashmir Spinach
- Madras Lentils
- Vegetable Korma

## Ethnic Foods

### Amy's

- Organic Asian Noodle Stir-Fry
- Organic Black Bean Enchilada Whole Meal
- Organic Black Bean Tamale Verde Whole Meal
- Organic Black Bean Vegetable Enchilada
- Organic Black Bean Vegetable Enchilada, Light in Sodium
- Organic Cheese Enchilada
- Organic Cheese Enchilada Whole Meal
- Organic Cheese Tamale Verde Whole Meal
- Organic Indian Mattar Paneer
- Organic Indian Mattar Paneer, Light in Sodium
- Organic Indian Mattar Tofu
- Organic Indian Palak Paneer
- Organic Indian Paneer Tikka
- Organic Indian Vegetable Korma
- Organic Mexican Casserole Bowl
- Organic Mexican Casserole Bowl, Light in Sodium
- Organic Mexican Tamale Pie
- Organic Mexican Tofu Scramble
- Organic Roasted Vegetable Tamale Whole Meal
- Organic Santa Fe Enchilada Bowl
- Organic Teriyaki Bowl
- Organic Thai Stir-Fry
- Organic Tortilla Casserole & Black Beans Bowl

### Edward & Sons

- Brown Rice Snaps, Tamari Sesame
- Miso-Cup, Organic Reduced Sodium

## Ethnic Foods (Cont'd)

### Food For Life

Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

### Food Merchants

Organic Polenta, Basil & Garlic  
Organic Polenta, Sundried Tomato & Garlic  
Organic Polenta, Traditional

### Native Forest

Organic Coconut Milk

### Native Forest

Light Coconut Milk

### Organicville

Organic Island Teriyaki  
Organic Sesame Teriyaki

### Premier Japan

Organic Wheat-Free Hoisin Sauce

### Tasty Bite

Agra Peas  
Bengal Lentils  
Channa Masala  
Jaipur Vegetables  
Kashmir Spinach  
Madras Lentils  
Vegetable Korma

## Frozen Foods

### Amy's

Kids Baked Ziti Meal  
Organic Asian Noodle Stir-Fry  
Organic Baked Ziti Bowl  
Organic Bistro Veggie Burger  
Organic Black Bean Enchilada Whole Meal  
Organic Black Bean Tamale Verde Whole Meal  
Organic Black Bean Vegetable Enchilada  
Organic Black Bean Vegetable Enchilada, Light in Sodium  
Organic Brown Rice & Vegetables Bowl  
Organic Brown Rice & Vegetables Bowl, Light in Sodium  
Organic Brown Rice, Black-Eyed Peas & Veggies Bowl

## Frozen Foods (Cont'd)

### Amy's

Organic Cheese Enchilada  
Organic Cheese Enchilada Whole Meal  
Organic Cheese Tamale Verde Whole Meal  
Organic Cream of Rice Hot Cereal Bowl  
Organic Garden Vegetable Lasagna  
Organic Indian Mattar Paneer  
Organic Indian Mattar Paneer, Light in Sodium  
Organic Indian Mattar Tofu  
Organic Indian Palak Paneer  
Organic Indian Paneer Tikka  
Organic Indian Vegetable Korma  
Organic Mexican Casserole Bowl  
Organic Mexican Casserole Bowl, Light in Sodium  
Organic Mexican Tamale Pie  
Organic Mexican Tofu Scramble  
Organic Rice Crust Cheese Pizza  
Organic Rice Crust Spinach Pizza  
Organic Rice Mac & Cheese  
Organic Roasted Vegetable Tamale Whole Meal  
Organic Santa Fe Enchilada Bowl  
Organic Shepherd's Pie  
Organic Shepherd's Pie, Light in Sodium  
Organic Single Serve Non-Dairy Rice Crust Cheeze Pizza  
Organic Teriyaki Bowl  
Organic Thai Stir-Fry  
Organic Tofu Scramble  
Organic Tortilla Casserole & Black Beans Bowl

### Applegate Farms

Maple Breakfast Sausage  
Sage Breakfast Sausage

### French Meadow Bakery

Gluten Free Chocolate Chip Cookie Dough  
Gluten Free Fudge Brownie

### Gluten Free Cafe

Asian Noodles  
Lemon Basil Chicken

## Frozen Foods (Cont'd)

### Glutino

- Chicken Alfredo
- Chicken Pomodoro
- Pizza, 3 Cheese with Brown Rice Crust
- Pizza, Chicken BBQ
- Pizza, Spinach Feta
- Pizza, Spinach Soy Cheese with Brown Rice Crust

### Ian's Natural Foods

- Alpha Tots
- Ian's Chicken Nuggets, Allergen Free
- Ian's Fish Sticks, Allergen Free
- Lightly Battered Fish, Wheat Free Gluten Free

### It's Soy Delicious

- Almond Pecan Non-Dairy Frozen Dessert
- Chocolate Almond Non-Dairy Frozen Dessert
- Chocolate Peanut Butter Non-Dairy Frozen Dessert
- Vanilla Non-Dairy Frozen Dessert

### Nature's Path

- Organic Buckwheat Wildberry Waffles
- Organic Homestyle Waffles

### Organic So Delicious

- Chocolate Velvet Non-Dairy Frozen Dessert
- Creamy Vanilla Non-Dairy Frozen Dessert
- Mocha Fudge Non-Dairy Frozen Dessert
- Non-Dairy Creamy Fudge Bar

### Purely Decadent

- Blueberry Cheesecake Non-Dairy Frozen Dessert
- Chocolate Non-Dairy Frozen Coconut Milk Dessert
- Chocolate Obsession Non-Dairy Frozen Dessert
- Chocolate Peanut Butter Swirl Non-Dairy Frozen Coconut Milk Dessert
- Coconut Non-Dairy Frozen Coconut Milk Dessert
- Cookie Dough (Gluten Free) Non-Dairy Frozen Dessert

## Frozen Foods (Cont'd)

### Purely Decadent

- Cookie Dough Non-Dairy Frozen Coconut Milk Dessert
- Dulce De Leche Non-Dairy Frozen Dessert
- Mint Chip Non-Dairy Frozen Coconut Milk Dessert
- Mint Chocolate Chip Non-Dairy Frozen Dessert
- Mocha Almond Fudge Non-Dairy Frozen Coconut Milk Dessert
- Mocha Almond Fudge Non-Dairy Frozen Dessert
- Peanut Butter Zig Zag Non-Dairy Frozen Dessert
- Pomegranate Chip Non-Dairy Frozen Dessert
- Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert

### Rice Dream

- Rice Dream, Orange Vanilla Swirl
- Rice Dream, Strawberry
- Vanilla Frozen Dessert, Pint
- Vanilla Frozen Dessert, Quart

### So Delicious

- Coconut Almond Bar, Made with Coconut Milk
- Kidz Assorted Fruit Pops
- Strawberry Agave Sweetened Fruit Bar
- Vanilla Bar, Made with Coconut Milk

### Starfish

- Crispy Battered Gluten Free Cod
- Crispy Battered Gluten Free Halibut

### Sweet Nothings

- Non-Dairy Fudge Bar

### Van's

- Wheat Free Blueberry Waffles
- Wheat Free Buckwheat Waffles
- Wheat Free Flax Waffles
- Wheat Free Homestyle Pancakes
- Wheat Free Homestyle Waffles
- Wheat Free Mini Homestyle Waffles

## Grains and Rice

### Ancient Harvest

- Inca Red Organic Quinoa 12 oz
- Traditional Organic Quinoa 12 oz

### Annie Chun's

- Rice Express Black Pearl Rice
- Rice Express Multi Grain Rice
- Rice Express Sprouted Brown Rice
- Rice Express Sticky White Rice

### Eden

- Wild Rice, Hand Harvested Whole Grain

### Lundberg Farms

- Eco-Farmed California Brown Basmati Rice
- Eco-Farmed California White Arborio Rice
- Eco-Farmed California White Basmati Rice
- Eco-Farmed California White Jasmine Rice
- Eco-Farmed Countrywild Gourmet Blend Rice
- Eco-Farmed Long Grain Brown Rice
- Eco-Farmed Wild Blend Gourmet Blend Rice
- Organic Alfredo Risotto
- Organic California Brown Basmati Rice
- Organic California Brown Jasmine Rice, 25 lb
- Organic California White Basmati Rice
- Organic California White Jasmine Rice
- Organic Golden Rose Medium Grain Brown Rice
- Organic Long Grain Brown Rice
- Organic Porcini Wild Mushroom Risotto
- Organic Short Grain Brown Rice
- Organic White Long Grain Rice

## Hand & Body Lotions

### Pangea Organics

- Lotion, French Chamomile with Sweet Orange & Lavender

## Hand & Body Washes

### Pangea Organics

- Liquid Soap, Canadian Pine with White Sage
- Liquid Soap, Pyrenees Lavender with Cardamom
- Shower Gel, Italian White Sage with Geranium & Yarrow

## Hand & Body Washes (Cont'd)

### Pangea Organics

- Shower Gel, Malagasy Ylang Ylang & Linden Flower

## Jams and Nut Butters

### Arrowhead Mills

- Creamy Peanut Butter, 26 oz
- Crunchy Peanut Butter, 26 oz
- Organic Creamy Peanut Butter, 16 oz

### Blue Diamond

- Homestyle Almond Butter, Creamy
- Homestyle Almond Butter, Crunchy
- Homestyle Almond Butter, Honey

### Earth Balance

- Creamy Natural Peanut Butter
- Crunchy Natural Peanut Butter

### Maranatha

- Roasted Sesame Tahini

## Meat Alternatives

### WestSoy

- Extra Firm Tofu, Tidal Wave 14 oz

## Meat and Poultry

### Applegate Farms

- Chicken Apple Breakfast Sausage
- Maple Breakfast Sausage
- Organic Beef Hot Dogs
- Organic Chicken Hot Dogs
- Organic Hot Dogs
- Organic Sliced Sunday Bacon
- Organic Turkey Hot Dogs
- Sage Breakfast Sausage

### Sausages by Amylu

- Andouille Chicken Sausage
- Apple & Gouda Chicken Sausage
- Apple & Maple Chicken Mini Links
- Apple & Maple Chicken Sausage
- Breakfast Club Chicken Sausage
- Chicken Weiner
- Chipotle Pepper Chicken Sausage
- Chorizo Chicken Sausage

## Meat and Poultry (Cont'd)

### Sausages by Amylu

- Cranberry & Cognac Chicken Sausage
- Cranberry & Orange Breakfast Chicken Sausage
- Italian & Parmesan Cheese Chicken Sausage
- Italian with Red Pepper & Onions Chicken Sausage
- Jalapeno Pepper & Jack Cheese Chicken Sausage
- Sun Dried Tomato & Basil Chicken Sausage

## Nutritional Supplements

### Bob's Red Mill

- Hemp Protein Powder

### Country Life

- Glucosamine Chondroitin Capsules, 90 ct
- L-Lysine 500mg Capsules with B-6, 100 ct
- Melatonin 3mg Tablets, 30 ct
- Target-Mins Calcium-Magnesium Capsules, 180 ct
- Target-Mins Calcium-Magnesium Complex Tablets, 90 ct
- Target-Mins Calcium-Magnesium-Veg Capsules, 120 ct
- Target-Mins Magnesium Capsules, 120 ct

## Nuts, Seeds and Dried Fruits

### Bob's Red Mill

- Flaxseeds
- Hemp Protein Powder
- Organic Golden Flaxseeds

## Pasta

### Ancient Harvest

- Quinoa Supergrain Pasta, Elbows 8 oz
- Quinoa Supergrain Pasta, Garden Pagodas 8 oz
- Quinoa Supergrain Pasta, Spaghetti 8 oz

### Bionaturae

- Organic Gluten Free Linguine
- Organic Gluten Free Spaghetti

## Pasta (Cont'd)

### DeBoles Foods

- Corn Elbow Pasta
- Corn Spaghetti
- Multi-Grain Penne
- Multi-Grain Spaghetti
- Rice Fettuccine
- Rice Lasagna
- Rice Spaghetti

### Lundberg Farms

- Organic Brown Rice Rotini Pasta

### Tinkyada

- Brown Rice Elbow
- Brown Rice Fettucini
- Brown Rice Fusilli
- Brown Rice Little Dreams
- Brown Rice Penne
- Brown Rice Shells
- Brown Rice Spaghetti
- Organic Brown Rice Penne
- Organic Brown Rice Spaghetti
- Organic Brown Rice Spirals

## Pasta Sauce

### Amy's

- Organic Family Marinara Pasta Sauce
- Organic Tomato Basil Pasta Sauce

## Personal Care

### Tom's of Maine

- Apricot Long Lasting Stick Deodorant
- Calendula Stick Deodorant
- Cinnamint Antiplaque with Propolis & Myrrh Toothpaste
- Cucumber-Grapefruit Sensitive Stick Deodorant
- Fennel Anticavity SLS-Free Toothpaste
- Fennel Antiplaque Tartar Control Plus Whitening Toothpaste
- Fragrance-Free Sensitive Stick Deodorant
- Honeysuckle Rose Stick Deodorant
- Lavender Long Lasting Roll-on Deodorant
- Lemongrass Long Lasting Stick Deodorant

## Personal Care (Cont'd)

### Tom's of Maine

Orange-Mango Whole Care Gel Toothpaste  
Peppermint Anti-Plaque Tartar Control Plus Whitening Toothpaste  
Peppermint Anticavity Toothpaste  
Peppermint Baking Soda Mouthwash  
Peppermint Whole Care Gel Toothpaste  
Peppermint Whole Care Toothpaste  
Silly Strawberry Anticavity Toothpaste  
Silly Strawberry Non-Fluoride Toothpaste  
Spearmint Antiplaque SLS-Free Toothpaste  
Spearmint Anti-Plaque Plus Whitening Gel Toothpaste  
Spearmint Anti-Plaque Tartar Control Plus Whitening Toothpaste  
Spearmint Anticavity ADA Mouthwash  
Spearmint Anticavity Toothpaste  
Spearmint Flat Floss  
Spearmint Whole Care Gel Toothpaste  
Unscented Long Lasting Stick Deodorant  
Unscented Stick Deodorant  
Wintermint Anticavity Toothpaste  
Wintermint Whole Care Toothpaste  
Woodspice Stick Deodorant

## Prepared Foods

### Food Merchants

Organic Polenta, Basil & Garlic  
Organic Polenta, Sundried Tomato & Garlic  
Organic Polenta, Traditional

## Sauces, Salsas and Dips

### Amy's

Organic Black Bean & Corn Salsa  
Organic Medium Salsa  
Organic Mild Salsa  
Organic Spicy Chipotle Salsa

### Organicville

Organic Island Teriyaki  
Organic Medium Salsa  
Organic Mild Salsa  
Organic Sesame Teriyaki

## Sauces, Salsas and Dips (Cont'd)

### Premier Japan

Organic Wheat-Free Hoisin Sauce

## Seafood

### Starfish

Crispy Battered Gluten Free Cod  
Crispy Battered Gluten Free Halibut

## Soups

### Amy's

Organic Black Bean Chili  
Organic Black Bean Vegetable Soup  
Organic Chunky Tomato Bisque  
Organic Chunky Tomato Bisque, Light in Sodium  
Organic Chunky Vegetable Soup  
Organic Cream of Tomato Soup  
Organic Cream of Tomato Soup, Light in Sodium  
Organic Curried Lentil Soup  
Organic Fire Roasted Southwestern Vegetable Soup  
Organic Lentil Soup  
Organic Lentil Soup, Light in Sodium  
Organic Lentil Vegetable Soup  
Organic Lentil Vegetable Soup, Light in Sodium  
Organic Medium Chili  
Organic Medium Chili with Vegetables  
Organic Medium Chili, Light in Sodium  
Organic Spicy Chili  
Organic Spicy Chili, Light in Sodium  
Organic Split Pea Soup  
Organic Split Pea Soup, Light in Sodium  
Organic Summer Corn & Vegetable Soup  
Organic Thai Coconut Soup (Tom Kha Phak)  
Organic Tuscan Bean & Rice Soup

### Edward & Sons

Miso-Cup, Organic Reduced Sodium

### Imagine Foods

Broccoli Soup 16 oz  
Broccoli Soup 32 oz

## **Soups (Cont'd)**

### **Imagine Foods**

- Butternut Squash Soup 16 oz
- Butternut Squash Soup 32 oz
- Chicken Broth 16 oz
- Creamy Tomato Soup 16 oz
- Free Range Chicken Broth 32 oz
- No Chicken Broth 32 oz
- Organic Chicken Broth, Low Sodium 32 oz
- Organic Corn Soup, Low Sodium 32 oz
- Organic Portabello Mushroom Soup 32 oz
- Organic Potato Soup, Low Sodium 32 oz
- Organic Tomato Soup 32 oz
- Organic Tomato Soup, Low Sodium 32 oz
- Organic Vegetable Broth, Low Sodium 32 oz
- Portabello Mushroom Soup 16 oz
- Potato Leek Soup 16 oz
- Potato Leek Soup 32 oz
- Tomato Basil Soup 32 oz
- Vegetable Broth 16 oz

## **Sweeteners**

### **Lundberg Farms**

- Brown Rice Syrup
- Organic Brown Rice Syrup