

# Gluten Free

SPECIAL DIETS SERIES

CELEBRATING  
YOUR  
CHOICES



## Somerset Store, Midwest Region

Whole Foods Market is excited to bring you "Celebrating Your Choices," a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product. If you have any questions, you may contact us at [WFMSpecialDiets@wholefoods.com](mailto:WFMSpecialDiets@wholefoods.com).

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## Baby & Infant Food

### Stonyfield Farm

YoBaby Banana/Vanilla Yogurt  
YoBaby Blueberry/Apple Yogurt  
YoBaby Drinkable Yogurt, Banana  
YoBaby Drinkable Yogurt, Peach  
YoBaby Peach/Pear Yogurt  
YoBaby Simply Plain Yogurt

## Baked Goods

### WFM Gluten Free Bakehouse

Almond Scones  
Apple Pie  
Banana Bread  
Blueberry Muffins  
Carrot Cake  
Cheddar Biscuits  
Cherry Almond Streusel Muffins  
Chocolate Chip Cookies  
Chocolate Cupcakes  
Cinnamon Raisin Bread  
Cornbread  
Cranberry Orange Scones  
Cream Biscuits  
Honey Oat Bread  
Lemon Poppyseed Muffins (4 pack)  
Molasses Ginger Cookies  
Morning Glory Muffins  
Nutmeal Raisin Cookies  
Peanut Butter Cookies

## Baked Goods (Cont'd)

### WFM Gluten Free Bakehouse

Pie Shells  
Pizza Crust  
Prairie Bread  
Pumpkin Pie  
Sandwich Bread  
Stuffing Cubes  
Sundried Tomato & Garlic Bread  
Vanilla Cupcakes

## Baking Needs

### 365 Everyday Value™

Gluten Free All Purpose Baking Mix  
Gluten Free Chocolate Brownie Mix  
Gluten Free Chocolate Cake Mix  
Gluten Free Chocolate Chip Cookie Mix  
Gluten Free Muffin Mix  
Gluten Free Pancake & Waffle Mix  
Gluten Free Pizza Crust Mix  
Gluten Free Sandwich Bread Mix  
Gluten Free White Cake Mix

### Arrowhead Mills

Gluten Free Brownie Mix  
Gluten Free Pancake & Baking Mix  
Long Grain Brown Rice Flour  
White Rice Flour  
Yellow Corn Meal

### Bob's Red Mill

Almond Flour  
Arrowroot Starch Flour  
Baking Powder  
Baking Soda  
Flaxseed Meal  
Flaxseeds  
Garbanzo Bean Flour

## Baking Needs (Cont'd)

### Bob's Red Mill

- Gluten Free All Purpose Baking Flour
- Gluten Free Biscuit & Baking Mix
- Gluten Free Chocolate Chip Cookie Mix
- Gluten Free Cornbread Mix
- Gluten Free Cornmeal
- Gluten Free Garbanzo & Fava Bean Flour
- Gluten Free Pancake Mix
- Gluten Free Sweet White Sorghum Flour
- GlutenFree Rolled Oats
- Hazelnut Meal/Flour
- Organic Amaranth Flour
- Organic Brown Flaxseeds
- Organic Brown Rice Flour
- Organic Coconut Flour
- Organic Flaxseed Meal
- Organic Golden Flaxseed Meal
- Organic Golden Flaxseeds
- Organic Quinoa Flour
- Potato Starch
- Tapioca Flour
- Teff Flour
- White Rice Flour
- Xanthan Gum

### Cherrybrook Kitchen

- Vanilla Frosting

### Earth Balance

- Shortening

### Enjoy Life

- Semi-Sweet Chocolate Chips

### Hain

- Baking Powder

### Let's Do...

- Carnival Sprinkelz
- Confetti Sprinkelz

### Let's Do... Organic

- Organic Cornstarch
- Organic Creamed Coconut
- Organic Reduced Fat Shredded Coconut
- Organic Shredded Coconut
- Organic Tapioca Granules
- Organic Tapioca Pearls

## Baking Needs (Cont'd)

### Let's Do... Organic

- Organic Tapioca Starch

### Namaste

- Brownie Mix
- Chocolate Cake Mix
- Cookie Mix
- Pizza Crust Mix
- Spice Cake Mix
- Waffle & Pancake Mix

### Pamela's Products

- Baking & Pancake Mix
- Chocolate Brownie Mix
- Chocolate Chunk Cookie Mix
- Gluten-Free Bread Mix

### Tropical Source

- Semi Sweet Chocolate Chips

### WFM Gluten Free Bakehouse

- Pie Shells

## Beverages

### Bard's Beer

- Bard's Gold, 6-Pack

### Celestial Seasonings

- Authentic Green Tea, 40 Ct
- Bengal Spice Tea, 20 Ct
- Candy Cane Lane Decaf Tea, 20 Ct
- Chamomile Tea, 20 Ct
- Cinnamon Apple Spice Tea, 20 Ct
- Decaf Green Tea, 25 Ct
- Decaf Mint Green Tea, 20 Ct
- Honey Vanilla Chamomile Tea, 20 Ct
- Imperial Peach White Tea, 20 Ct
- Lemon Zinger Tea, 20 Ct
- Moroccan Pomegranate Red Tea, 20 Ct
- Nutcracker Sweet Herbal Tea
- Peppermint Tea, 20 Ct
- Red Zinger Tea, 20 Ct
- Sleepytime Extra Tea, 20 Ct
- Sleepytime Tea, 20 Ct
- Sugar Plum Spice, 20 Ct
- Tension Tamer Tea, 20 Ct
- True Blueberry, 20 Ct

## Beverages (Cont'd)

### Eden

Organic EdenBlend, Rice & Soy Beverage, 32 oz

### Lakefront Brewery

New Grist Sorghum Brewed Beer

### Rice Dream

Rice Nog

### So Delicious

Original (Plain) Coconut Milk Beverage

Unsweetened Coconut Milk Beverage

Vanilla Coconut Milk Beverage

## Bread

### Enjoy Life

Cinnamon Raisin Bagels

Original Bagels

### Food For Life

Brown Rice Bread, Wheat & Gluten Free

Millet Bread, Wheat & Gluten Free

Raisin Pecan Bread, Wheat & Gluten Free

Rice Almond Bread, Wheat & Gluten Free

Rice Pecan Bread, Wheat & Gluten Free

White Rice Bread, Wheat & Gluten Free

Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

### Food for Life

Yeast Free Multi Seed Rice Bread, Wheat & Gluten Free

### Glutino

Bagels, Poppy Seed

Premium Fiber Bread

Premium Flax Seed Bread

### WFM Gluten Free Bakehouse

Cheddar Biscuits

Cinnamon Raisin Bread

Cornbread

Cream Biscuits

Hamburger Buns

Honey Oat Bread

Prairie Bread

Sandwich Bread

## Bread (Cont'd)

### WFM Gluten Free Bakehouse

Sundried Tomato & Garlic Bread

## Candy and Chocolate

### Endangered Species Chocolate

Bite Size Dark Chocolate with Cranberries & Almonds

Bite Size Dark Chocolate with Deep Forest Mint

Dark Chocolate with Blueberries - Sea Turtle

Dark Chocolate with Cranberries & Almonds - Wolf

Dark Chocolate with Deep Forest Mint

Dark Chocolate with Hazelnut Toffee - Rhino

Dark Chocolate with Raspberries - Grizzly Bear

Extreme Dark Chocolate - Panther

Intense Dark Chocolate with Cacao Nibs - Bat

Smooth Milk Chocolate - Sea Otter

### Enjoy Life

Boom Choco Boom Dairy-Free Rice Milk Chocolate Bar

Boom Choco Boom Dairy-Free Rice Milk w/ Crispy Rice Chocolate Bar

Boom Choco Boom Dark Chocolate Bar

### Let's Do...

Carnival Sprinkelz

Confetti Sprinkelz

### Let's Do... Organic

Organic Jelly Gummi Bears

### Scharffen Berger

Extra Dark Chocolate Bar, 82% Cacao

## Canned Goods

### Amy's

Organic Refried Beans with Green Chiles

Organic Refried Black Beans

Organic Traditional Refried Beans

## Canned Goods (Cont'd)

### Amy's

Organic Traditional Refried Beans, Light in Sodium  
Organic Vegetarian Baked Beans

### Native Forest

Artichoke Hearts, Quartered  
Artichoke Hearts, Whole  
Green Asparagus Spears  
Organic Hearts of Palm  
Organic Mango Chunks  
Organic Papaya Chunks  
Organic Pineapple Chunks  
Organic Pineapple Slices  
Organic Pineapple, Crushed  
Organic Tropical Fruit Salad

## Canned/Jarred Goods

### Native Forest

Artichoke Hearts, Marinated

## Cereal

### Amy's

Organic Cream of Rice Hot Cereal Bowl

### Ancient Harvest

Organic Quinoa Flakes 12 oz

### Arrowhead Mills

Maple Buckwheat Organic Flakes  
Organic Rice & Shine Hot Cereal  
Organic Yellow Corn Grits  
Sweetened Organic Rice Flakes

### Barbara's Bakery

Honey Rice Puffins Cereal

### Bob's Red Mill

Gluten Free Mighty Tasty Hot Cereal  
GlutenFree Rolled Oats  
Organic Brown Rice Farina Creamy Rice Hot Cereal  
Organic Creamy Buckwheat Hot Cereal

### Enjoy Life

Cinnamon Crunch Granola  
Very Berry Crunch Granola

## Cereal (Cont'd)

### EnviroKidz

Amazon Frosted Flakes Organic Cereal  
Gorilla Munch Organic Cereal  
Gorilla Munch Organic Cereal, 23 oz  
Koala Crisp Organic Cereal  
Koala Crisp Organic Cereal, 26 oz  
Leapin' Lemurs Peanut Butter & Chocolate Organic Cereal  
Peanut Butter Panda Puffs Organic Cereal

### Nature's Path

Organic Crispy Rice Cereal  
Organic Fruit Juice Sweetened Corn Flakes  
Organic Fruit Juice Sweetened Corn Flakes, 26.4 oz  
Organic Honey'd Cornflakes  
Organic Mesa Sunrise Cereal  
Organic Mesa Sunrise Cereal, 26.4 oz  
Organic Whole O's Cereal

## Cheese

### Applegate Farms

American Cheese  
Sliced Aged Cheddar Cheese  
Sliced Emmentaler Swiss Cheese  
Sliced Havarti Cheese  
Sliced Medium Cheddar Cheese  
Sliced Organic Mild Cheddar Cheese  
Sliced Organic Monterey Jack Cheese  
Sliced Organic Muenster Cheese  
Sliced Provolone Cheese

### Follow Your Heart

Vegan Gourmet Cheddar  
Vegan Gourmet Cream Cheese  
Vegan Gourmet Monterey Jack  
Vegan Gourmet Mozzarella Cheese  
Vegan Gourmet Nacho Cheese

### Wholesome Valley Organic

Organic Dairy Slices, American  
Organic Dairy Slices, Mozzarella

## **Chips, Pretzels and Snacks**

### **Food Should Taste Good**

- Lime Tortilla Chips 5.5 oz
- Multigrain Tortilla Chips 12 oz
- Sweet Potato Tortilla Chips 6 oz
- The Works! Tortilla Chips 6 oz
- Yellow Corn Tortilla Chips 11 oz

### **Food Should Taste Good**

- Jalapeno Tortilla Chips 6 oz
- Multigrain Tortilla Chips 6 oz

### **Glutino**

- Pretzel Sticks, Family Bag
- Pretzels, Family Bag

### **Kettle Brand®**

- Krinkle Cut Potato Chips, Lightly Salted 14 oz
- Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 14 oz
- Potato Chips, Honey Dijon 5 oz
- Potato Chips, Lightly Salted 2 oz
- Potato Chips, Lightly Salted 5 oz
- Potato Chips, New York Cheddar w/ Herbs 5 oz
- Potato Chips, Organic Lightly Salted 5 oz
- Potato Chips, Sea Salt & Vinegar 5 oz
- Potato Chips, Unsalted 5 oz

### **Kettle Brand®**

- Baked Potato Chips, Hickory Honey BBQ 4 oz
- Baked Potato Chips, Lightly Salted 4 oz
- Baked Potato Chips, Salt & Fresh Ground Pepper 4 oz
- Baked Potato Chips, Sea Salt & Vinegar 4 oz
- Krinkle Cut Potato Chips, Buffalo Bleu 5 oz
- Krinkle Cut Potato Chips, Classic BBQ 14 oz
- Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 5 oz
- Potato Chips, Death Valley Chipotle 5 oz
- Potato Chips, Jalapeno 2 oz
- Potato Chips, Jalapeno 5 oz
- Potato Chips, Lightly Salted 9 oz
- Potato Chips, Organic Sea Salt & Black Pepper 5 oz

## **Chips, Pretzels and Snacks (Cont'd)**

### **Kettle Brand®**

- Potato Chips, Sour Cream, Onion & Chive 5 oz
- Potato Chips, Spicy Thai 5 oz
- Potato Chips, Sweet Onion 5 oz

### **Lundberg Farms**

- Fiesta Lime Rice Chips
- Honey Nut Rice Cakes
- Organic Brown Rice Cakes
- Organic Caramel Corn Rice Cakes
- Organic Cinnamon Toast Rice Cake
- Organic Mochi Sweet Rice Cakes
- Organic Popcorn Rice Cakes
- Organic Sea Salt Rice Chips
- Organic Sesame Tamari Rice Cakes
- Organic Tamari Seaweed Rice Cakes
- Organic Unsalted Brown Rice Cakes
- Organic Wild Rice Cakes
- Pico de Gallo Rice Chips
- Sante Fe BBQ Rice Chips
- Sesame Seaweed Rice Chips

### **Mary's Gone Crackers**

- Sticks & Twigs, Curry
- Sticks & Twigs, Sea Salt
- Sticks & Twigs, Tomato Chipotle

### **Mr. Krispers**

- Baked Rice Krisps, Sea Salt & Pepper
- Baked Rice Krisps, Sour Cream & Onion

## **Condiments**

### **Eden**

- Tamari Soy Sauce, Naturally Brewed 20 oz

### **Follow Your Heart**

- Vegenaise, Grapeseed Oil
- Vegenaise, High Omega-3 w/ Expeller-Pressed Canola Oil
- Vegenaise, Original

### **Organicville**

- Organic Dressing, French
- Organic Dressing, Herbs de Provence Vinaigrette
- Organic Dressing, Non Dairy Ranch
- Organic Dressing, Pomegranate Vinaigrette

## Condiments (Cont'd)

### Organicville

- Organic Dressing, Sundried Tomato & Garlic Vinaigrette
- Organic Ketchup
- Organic Original BBQ Sauce
- Organic Tangy BBQ Sauce

### Spectrum

- Canola Mayonnaise 16 oz
- Light Canola Eggless Mayonnaise 16 oz
- Light Canola Eggless Mayonnaise 32 oz
- Light Canola Eggless Mayonnaise, Squeeze Bottle
- Organic Olive Oil Mayonnaise
- Organic Omega-3 Mayonnaise with Flax 16 oz
- Organic Soy Mayonnaise 16 oz
- Organic Soy Mayonnaise, Squeeze Bottle

## Cookies and Snack Bars

### Arico

- Chocolate Chunk Cookies

### Enjoy Life

- Caramel Apple Snack Bars
- Cocoa Loco Snack Bars
- Soft Baked Chewy Chocolate Chip Cookies
- Soft Baked Double Chocolate Brownie Cookies
- Soft Baked Lively Lemon Cookies
- Soft Baked Snickerdoodle Cookies
- Sunbutter Crunch Snack Bars
- Very Berry Snack Bars

### EnviroKidz

- Cheetah Organic Crispy Rice Bars, Berry
- Koala Organic Crispy Rice Bars, Chocolate
- Lemur Organic Crispy Rice Bars, Peanut Choco Drizzle
- Panda Organic Crispy Rice Bars, Peanut Butter
- Penguin Organic Crispy Rice Bars, Fruity Burst

### Glutino

- Breakfast Bars, Apple
- Breakfast Bars, Blueberry
- Chocolate Coated Wafers

## Cookies and Snack Bars (Cont'd)

### Glutino

- Lemon Wafers
- Vanilla Cream Cookies
- Vanilla Wafers

### Ian's Natural Foods

- Crunchy Cinnamon Cookie Buttons, Wheat Free Gluten Free

### Jennie's

- Coconut Macarons

### Kinnikinnick

- KinniTOOS Chocolate Sandwich Creme Cookies
- KinniTOOS Vanilla Sandwich Creme Cookies
- Montana's Chocolate Chip Cookies

### Let's Do...

- Gluten Free Ice Cream Cones

### Mi-Del

- Arrowroot Animal Cookies
- Chocolate Chip Cookies

### Pamela's Products

- Chunky Chocolate Chip Cookies
- Organic Chocolate Chunk Pecan Shortbread Cookies
- Organic Dark Chocolate Chunk Cookies
- Organic Espresso Chocolate Chunk Cookies
- Organic Peanut Butter Chocolate Chip Cookies
- Peanut Butter Cookies
- Simplebites Chocolate Chip Mini Cookies
- Simplebites Ginger Mini Snapz

### WFM Gluten Free Bakehouse

- Chocolate Chip Cookies
- Molasses Ginger Cookies
- Nutmeal Raisin Cookies
- Peanut Butter Cookies

## Crackers

### Blue Diamond

- Almond Nut-Thins
- Cheddar Cheese Nut-Thins
- Country Ranch Nut-Thins
- Hazelnut Nut-Thins

## Crackers (Cont'd)

### Blue Diamond

Pecan Nut-Thins  
Smokehouse Almond Nut-Thins

### Edward & Sons

Brown Rice Snaps, Onion Garlic  
Brown Rice Snaps, Tamari Sesame  
Brown Rice Snaps, Unsalted Sesame  
Organic Brown Rice Snaps, Cheddar  
Organic Brown Rice Snaps, Unsalted Plain  
Organic Brown Rice Snaps, Vegetable

### Glutino

Crackers, Multigrain  
Crackers, Original  
Crackers, Vegetable

### Health Valley

Rice Bran Crackers

### Mary's Gone Crackers

Crackers, Black Pepper  
Crackers, Caraway  
Crackers, Herb  
Crackers, Original

## Dairy

### Brown Cow

Blueberry Whole Milk Yogurt, 6 oz  
Cherry-Vanilla Whole Milk Yogurt, 6 oz  
Chocolate Whole Milk Yogurt, 6 oz  
Coffee Whole Milk Yogurt, 6 oz  
Low Fat Vanilla Yogurt, 32 oz  
Maple Whole Milk Yogurt, 6 oz  
Non Fat Plain Yogurt, 32 oz  
Non Fat Vanilla Yogurt, 32 oz  
Plain Whole Milk Yogurt, 32 oz  
Plain Whole Milk Yogurt, 6 oz  
Raspberry Whole Milk Yogurt, 6 oz  
Strawberry Whole Milk Yogurt, 6 oz  
Vanilla Whole Milk Yogurt, 32 oz  
Vanilla Whole Milk Yogurt, 6 oz

### Earth Balance

Buttery Spread with Olive Oil  
Buttery Sticks  
Organic Whipped Buttery Spread

## Dairy (Cont'd)

### Earth Balance

Original Buttery Spread  
Soy Free Buttery Spread  
Soy Garden Buttery Spread

### Stonyfield Farm

Fat Free French Vanilla Probiotic Multi-Pack  
Fat Free Strawberry Probiotic Multi-Pack  
Organic Banana Berry Yogurt Smoothie, 10 oz  
Organic Cream Top Chocolate Underground, 6 oz  
Organic Cream Top French Vanilla Yogurt, 32 oz  
Organic Cream Top French Vanilla, 6 oz  
Organic Cream Top Plain Yogurt, 32 oz  
Organic Cream Top Strawberries & Cream Yogurt, 6 oz  
Organic Fat Free Black Cherry Yogurt, Fruit on the Bottom, 6 oz  
Organic Fat Free Blueberry Yogurt, Fruit on the Bottom, 6 oz  
Organic Fat Free Chocolate Underground Yogurt, 6 oz  
Organic Fat Free French Vanilla Yogurt, 32 oz  
Organic Fat Free French Vanilla Yogurt, 6 oz  
Organic Fat Free Key Lime Yogurt, 6 oz  
Organic Fat Free Lotsa Lemon Yogurt, 6 oz  
Organic Fat Free Peach Yogurt, 6 oz  
Organic Fat Free Plain Yogurt, 32 oz  
Organic Fat Free Plain Yogurt, 6 oz  
Organic Fat Free Pomegranate Berry Yogurt, 6 oz  
Organic Fat Free Strawberry Yogurt, Fruit on the Bottom, 6 oz  
Organic Low Fat BaNilla Yogurt, 32 oz  
Organic Low Fat Blueberry Yogurt, 32 oz  
Organic Low Fat Blueberry Yogurt, 6 oz  
Organic Low Fat Cherry Vanilla Yogurt, 6 oz  
Organic Low Fat Just Peachy Yogurt, Fruit on the Bottom, 6 oz

## Dairy (Cont'd)

### Stonyfield Farm

Organic Low Fat Plain Yogurt, 32 oz  
Organic Low Fat Plain Yogurt, 6 oz  
Organic Low Fat Raspberry Yogurt, 6 oz  
Organic Low Fat Strawberry Pomegranate Yogurt, 6 oz  
Organic Low Fat Strawberry Yogurt, 32 oz  
Organic Low Fat Strawberry Yogurt, Fruit on the Bottom, 6 oz  
Organic Low Fat Vanilla Yogurt  
Organic Low Fat Vanilla, 32 oz  
Organic O'Soy Strawberry/Peach Yogurt, 6-pack  
Organic Peach Yogurt Smoothie, 10 oz  
Organic Raspberry Yogurt Smoothie, 10 oz  
Organic Strawberry Yogurt Smoothie, 10 oz  
Organic Strawberry Yogurt Smoothies, 4 pack  
Organic Vanilla Yogurt Smoothie, 10 oz  
Organic Wild Berry Yogurt Smoothie, 10 oz  
Organic Wild Berry Yogurt Smoothies, 4 pack  
YoBaby Banana/Vanilla Yogurt  
YoBaby Blueberry/Apple Yogurt  
YoBaby Drinkable Yogurt, Banana  
YoBaby Drinkable Yogurt, Peach  
YoBaby Peach/Pear Yogurt  
YoBaby Simply Plain Yogurt  
YoKids Squeezers Cherry/Berry Blitz  
YoKids Squeezers Screamin' Strawberry  
YoKids Strawberry BaNilla Blast Yogurt  
YoKids Strawberry Vanilla Raspberry Yogurt

## Dairy Alternatives

### 365 Everyday Value™

Organic Ricemilk - Original  
Organic Ricemilk - Unsweetened  
Organic Ricemilk - Vanilla  
Organic Soymilk - Chocolate, 32 oz  
Organic Soymilk - Chocolate, 64 oz  
Organic Soymilk - Original, 32 oz  
Organic Soymilk - Original, 64 oz  
Organic Soymilk - Unsweetened, 32 oz  
Organic Soymilk - Unsweetened, 64 oz

## Dairy Alternatives (Cont'd)

### 365 Everyday Value™

Organic Soymilk - Vanilla, 32 oz  
Organic Soymilk - Vanilla, 64 oz

### Almond Dream

Almond Drink, Unsweetened Original 64 oz

### Blue Diamond

Almond Breeze, Chocolate  
Almond Breeze, Chocolate Unsweetened  
Almond Breeze, Original  
Almond Breeze, Original Unsweetened  
Almond Breeze, Unsweetened Vanilla  
Almond Breeze, Vanilla  
Almond Breeze, Vanilla Unsweetened

### Eden

Organic EdenBlend, Rice & Soy Beverage, 32 oz

### Follow Your Heart

Vegan Gourmet Cheddar  
Vegan Gourmet Cream Cheese  
Vegan Gourmet Monterey Jack  
Vegan Gourmet Mozzarella Cheese  
Vegan Gourmet Nacho Cheese

### Hemp Dream

Hemp Dream, Original 12/32 oz  
Hemp Dream, Vanilla 12/32 oz

### Rice Dream

Enriched Rice Milk Beverage, Chocolate 32 oz  
Enriched Rice Milk Beverage, Original 8 oz  
Enriched Rice Milk Beverage, Vanilla 32 oz  
Organic Enriched Rice Milk Beverage, Original 32 oz  
Organic Enriched Rice Milk Beverage, Original 64 oz  
Organic Enriched Rice Milk Beverage, Vanilla 64 oz  
Refrigerated Ricemilk, Original 64 oz  
Refrigerated Ricemilk, Vanilla 64 oz  
Rice Milk Beverage, Carob 32 oz  
Rice Milk Beverage, Original 32 oz  
Rice Milk Beverage, Original 8 oz  
Rice Milk Beverage, Vanilla 32 oz

## Dairy Alternatives (Cont'd)

### Rice Dream

Rice Milk Beverage, Vanilla 8 oz

### So Delicious

Blueberry Agave Sweetened Soy Yogurt  
Blueberry Cultured Coconut Milk Yogurt  
Chocolate Cultured Coconut Milk Yogurt  
French Vanilla Coconut Milk Creamer  
Hazelnut Coconut Milk Creamer  
Original (Plain) Coconut Milk Beverage  
Original (Plain) Coconut Milk Creamer  
Original (Plain) Coconut Milk Kefir  
Passionate Mango Cultured Coconut Milk Yogurt  
Pina Colada Cultured Coconut Milk Yogurt  
Plain Agave Sweetened Soy Yogurt  
Raspberry Cultured Coconut Milk Yogurt  
Strawberry Banna Cultured Coconut Milk Yogurt  
Strawberry Coconut Milk Kefir  
Strawberry Cultured Coconut Milk Yogurt  
Unsweetened Coconut Milk Beverage  
Vanilla Agave Sweetened Soy Yogurt  
Vanilla Coconut Milk Beverage  
Vanilla Coconut Milk Kefir  
Vanilla Cultured Coconut Milk Yogurt

### Stonyfield Farm

Organic O'Soy Raspberry Yogurt, 6 oz  
Organic O'Soy Strawberry Yogurt, 6 oz

### WestSoy

Longevity Soy Beverage, Vanilla 32 oz  
Organic Soy Beverage, Unsweetened Original 64 oz  
Plus Soy Beverage, Plain 32 oz  
Plus Soy Beverage, Plain 64 oz  
Plus Soy Beverage, Vanilla 32 oz  
Plus Soy Beverage, Vanilla 64 oz  
Soy Beverage, Unsweetened Chocolate 32 oz

## Deli Style Meats and Cheeses

### Applegate Farms

Organic Sliced Oven Roasted Chicken  
Sliced Black Forest Ham

## Deli Style Meats and Cheeses (Cont'd)

### Applegate Farms

Sliced Honey Maple Turkey  
Sliced Organic Genoa Salami  
Sliced Organic Herb Turkey  
Sliced Organic Oven Roasted Turkey  
Sliced Organic Roast Beef  
Sliced Organic Smoked Chicken  
Sliced Organic Smoked Turkey  
Sliced Organic Uncured Ham  
Sliced Pepperoni  
Sliced Soppressata  
Sliced Turkey Bologna  
Sliced Turkey Salami

## Desserts

### French Meadow Bakery

Gluten Free Fudge Brownie

### WFM Gluten Free Bakehouse

Apple Pie  
Carrot Cake  
Chocolate Cupcakes  
Pumpkin Pie  
Vanilla Cupcakes

## Energy and Nutrition Bars/Drinks

### Bumble Bar

Chocolate Crisp  
Original with Cashew  
Original with Peanut

### Prana Bar

Organic Apple Pie  
Organic Apricot Pumpkin  
Organic Cashew Almond  
Organic Pear Ginseng

## Entrees and Mixes

### 365 Everyday Value™

Gluten Free All Purpose Baking Mix  
Gluten Free Chocolate Brownie Mix  
Gluten Free Chocolate Cake Mix

## Entrees and Mixes (Cont'd)

### 365 Everyday Value™

- Gluten Free Chocolate Chip Cookie Mix
- Gluten Free Muffin Mix
- Gluten Free Pancake & Waffle Mix
- Gluten Free Pizza Crust Mix
- Gluten Free Sandwich Bread Mix
- Gluten Free White Cake Mix

### Arrowhead Mills

- Gluten Free Brownie Mix
- Gluten Free Pizza Crust Mix

### Bob's Red Mill

- Gluten Free Chocolate Chip Cookie Mix
- TVP (Textured Vegetable Protein)

### Edward & Sons

- Organic Home Style Mashed Potato Mix
- Organic Roasted Garlic Mashed Potato Mix

### Glutino

- Macaroni & Cheese

### Ian's Natural Foods

- Pasta Dinner Kit, Wheat Free Gluten Free

### Lundberg Farms

- Organic Alfredo Risotto
- Organic Florentine Risotto
- Organic Porcini Wild Mushroom Risotto
- Organic Tuscan Risotto

### Namaste

- Brownie Mix
- Chocolate Cake Mix
- Cookie Mix
- Pizza Crust Mix
- Spice Cake Mix
- Waffle & Pancake Mix

### Road's End Organics

- Dairy Free Alfredo Style Mac & Cheese
- Dairy Free Cheddar Style Penne & Cheese
- Organic Golden Gravy Mix
- Organic Savory Herb Gravy Mix
- Organic Shiitake Mushroom Gravy Mix

## Ethnic Foods

### Amy's

- Organic Asian Noodle Stir-Fry
- Organic Black Bean Enchilada Whole Meal
- Organic Black Bean Tamale Verde Whole Meal
- Organic Black Bean Vegetable Enchilada
- Organic Black Bean Vegetable Enchilada, Light in Sodium
- Organic Cheese Enchilada
- Organic Cheese Enchilada Whole Meal
- Organic Cheese Tamale Verde Whole Meal
- Organic Indian Mattar Paneer
- Organic Indian Mattar Paneer, Light in Sodium
- Organic Indian Mattar Tofu
- Organic Indian Palak Paneer
- Organic Indian Paneer Tikka
- Organic Indian Vegetable Korma
- Organic Mexican Casserole Bowl
- Organic Mexican Casserole Bowl, Light in Sodium
- Organic Mexican Tamale Pie
- Organic Mexican Tofu Scramble
- Organic Santa Fe Enchilada Bowl
- Organic Teriyaki Bowl
- Organic Thai Stir-Fry
- Organic Tortilla Casserole & Black Beans Bowl

### Annie Chun's

- Maifun Rice Noodles
- Pad Thai Rice Noodles

### Edward & Sons

- Brown Rice Snaps, Tamari Sesame
- Miso-Cup, Savory Seaweed

### Food For Life

- Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

### Food Merchants

- Organic Polenta, Basil & Garlic
- Organic Polenta, Traditional
- Organic Quinoa Polenta, Heirloom Red & Black

## Ethnic Foods (Cont'd)

### Native Forest

Organic Coconut Milk

### Native Forest

Light Coconut Milk

### Organicville

Organic Sesame Teriyaki

## Facial Care Products

### Pangea Organics

Facial Cream, French Chamomile & Orange Blossom

Facial Mask, Japanese Matcha Tea with Acai & Goji Berry

## Frozen Foods

### Amy's

Kids Baked Ziti Meal

Organic Asian Noodle Stir-Fry

Organic Baked Ziti Bowl

Organic Bistro Veggie Burger

Organic Black Bean Enchilada Whole Meal

Organic Black Bean Tamale Verde Whole Meal

Organic Black Bean Vegetable Enchilada

Organic Black Bean Vegetable Enchilada, Light in Sodium

Organic Brown Rice & Vegetables Bowl

Organic Brown Rice & Vegetables Bowl, Light in Sodium

Organic Brown Rice, Black-Eyed Peas & Veggies Bowl

Organic Cheese Enchilada

Organic Cheese Enchilada Whole Meal

Organic Cheese Tamale Verde Whole Meal

Organic Cream of Rice Hot Cereal Bowl

Organic Garden Vegetable Lasagna

Organic Indian Mattar Paneer

Organic Indian Mattar Paneer, Light in Sodium

Organic Indian Mattar Tofu

Organic Indian Palak Paneer

Organic Indian Paneer Tikka

Organic Indian Vegetable Korma

## Frozen Foods (Cont'd)

### Amy's

Organic Mexican Casserole Bowl

Organic Mexican Casserole Bowl, Light in Sodium

Organic Mexican Tamale Pie

Organic Mexican Tofu Scramble

Organic Rice Crust Cheese Pizza

Organic Rice Crust Spinach Pizza

Organic Rice Mac & Cheese

Organic Santa Fe Enchilada Bowl

Organic Shepherd's Pie, Light in Sodium

Organic Single Serve Non-Dairy Rice Crust Cheeze Pizza

Organic Teriyaki Bowl

Organic Thai Stir-Fry

Organic Tofu Scramble

Organic Tortilla Casserole & Black Beans Bowl

### Applegate Farms

Maple Breakfast Sausage

Organic Turkey Burgers

Sage Breakfast Sausage

### French Meadow Bakery

Gluten Free Chocolate Chip Cookie Dough

Gluten Free Fudge Brownie

### Glutino

Penne Alfredo

Pizza, 3 Cheese with Brown Rice Crust

Pizza, Chicken BBQ

Pizza, Duo Cheese

Pizza, Spinach Feta

Pizza, Spinach Soy Cheese with Brown Rice Crust

### Ian's Natural Foods

Alpha Tots

French Toast Sticks, Wheat Free Gluten Free

Ian's Chicken Nuggets, Allergen Free

Ian's Fish Sticks, Allergen Free

Lightly Battered Fish, Wheat Free Gluten Free

Soy Cheesy French Bread Pizza, Wheat Free Gluten Free

## Frozen Foods (Cont'd)

### Ian's Natural Foods

Wafflewich, Egg & Maple Cheese, Wheat Free  
Gluten Free

Wafflewich, Egg & Maple Sausage, Wheat Free  
Gluten Free

### It's Soy Delicious

Almond Pecan Non-Dairy Frozen Dessert

Raspberry Non-Dairy Frozen Dessert

Vanilla Non-Dairy Frozen Dessert

### Julie's Organic Ice Cream

Glutenfreeda's Organic Gluten Free Vanilla Ice  
Cream Sandwich

### Nature's Path

Organic Buckwheat Wildberry Waffles

Organic Homestyle Waffles

### Organic So Delicious

Chocolate Velvet Non-Dairy Frozen Dessert

Creamy Vanilla Non-Dairy Frozen Dessert

Neopolitan Non-Dairy Frozen Dessert

Non-Dairy Creamy Fudge Bar

### Purely Decadent

Chocolate Non-Dairy Frozen Coconut Milk Dessert

Chocolate Obsession Non-Dairy Frozen Dessert

Chocolate Peanut Butter Swirl Non-Dairy Frozen  
Coconut Milk Dessert

Coconut Non-Dairy Frozen Coconut Milk Dessert

Cookie Dough (Gluten Free) Non-Dairy Frozen  
Dessert

Cookie Dough Non-Dairy Frozen Coconut Milk  
Dessert

Mint Chip Non-Dairy Frozen Coconut Milk Dessert

Mint Chocolate Chip Non-Dairy Frozen Dessert

Mocha Almond Fudge Non-Dairy Frozen Coconut  
Milk Dessert

Mocha Almond Fudge Non-Dairy Frozen Dessert

Passionate Mango Non-Dairy Frozen Coconut Milk  
Dessert

## Frozen Foods (Cont'd)

### Purely Decadent

Peanut Butter Zig Zag Non-Dairy Frozen Dessert

Pomegranate Chip Non-Dairy Frozen Dessert

Snickerdoodle Non-Dairy Frozen Dessert

Vanilla Bean Non-Dairy Frozen Coconut Milk  
Dessert

### Rice Dream

Cocoa Marble Fudge Frozen Dessert, Pint

Rice Dream, Orange Vanilla Swirl

Rice Dream, Strawberry

Vanilla Frozen Dessert, Pint

### So Delicious

Coconut Almond Bar, Made with Coconut Milk

Kidz Assorted Fruit Pops

Vanilla Bar, Made with Coconut Milk

### Starfish

Crispy Battered Gluten Free Cod

Crispy Battered Gluten Free Haddock

Crispy Battered Gluten Free Halibut

### Sweet Nothings

Non-Dairy Fudge Bar

### Van's

Wheat Free Blueberry Waffles

Wheat Free Buckwheat Waffles

Wheat Free Flax Waffles

Wheat Free French Toast Sticks Cinnamon

Wheat Free Homestyle Pancakes

Wheat Free Homestyle Waffles

Wheat Free Mini Homestyle Waffles

## Grains and Rice

### Ancient Harvest

Inca Red Organic Quinoa 12 oz

Traditional Organic Quinoa 12 oz

### Annie Chun's

Rice Express Black Pearl Rice

Rice Express Multi Grain Rice

Rice Express Sprouted Brown Rice

Rice Express Sticky White Rice

## Grains and Rice (Cont'd)

### Eden

- Organic Buckwheat, Hulled Whole Grain
- Organic Millet, Whole Grain
- Organic Quinoa, Whole Grain
- Organic Red Quinoa, Whole Grain
- Wild Rice, Hand Harvested Whole Grain

### Lundberg Farms

- Eco-Farmed Black Japonica Field Gourmet Blend
- Eco-Farmed California Brown Basmati Rice
- Eco-Farmed California White Arborio Rice
- Eco-Farmed California White Basmati Rice
- Eco-Farmed Countrywild Gourmet Blend Rice
- Eco-Farmed Jubilee Gourmet Blend Rice
- Eco-Farmed Long Grain Brown Rice
- Eco-Farmed Short Grain Brown Rice
- Eco-Farmed Wild Blend Gourmet Blend Rice
- Organic Alfredo Risotto
- Organic California Brown Basmati Rice
- Organic California Brown Jasmine Rice, 25 lb
- Organic California White Basmati Rice
- Organic California White Jasmine Rice
- Organic Golden Rose Medium Grain Brown Rice
- Organic Long Grain Brown Rice
- Organic Porcini Wild Mushroom Risotto
- Organic Short Grain Brown Rice
- Organic White Long Grain Rice
- Organic Wild Rice

## Jams and Nut Butters

### Arrowhead Mills

- Creamy Peanut Butter, 16 oz
- Creamy Peanut Butter, 26 oz
- Crunchy Peanut Butter, 26 oz

### Blue Diamond

- Homestyle Almond Butter, Creamy
- Homestyle Almond Butter, Crunchy
- Homestyle Almond Butter, Honey

## Jams and Nut Butters (Cont'd)

### Earth Balance

- Creamy Natural Almond Butter
- Creamy Natural Peanut Butter
- Crunchy Natural Peanut Butter

## Lip Balms

### Pangea Organics

- Lip Balm, Pyrenees Lavender with Cardamom

## Meat Alternatives

### Bob's Red Mill

- TVP (Textured Vegetable Protein)

## Meat and Poultry

### Applegate Farms

- Maple Breakfast Sausage
- Organic Beef Hot Dogs
- Organic Chicken & Apple Sausage
- Organic Chicken Hot Dogs
- Organic Fire Roasted Red Pepper Sausage
- Organic Hot Dogs
- Organic Sliced Sunday Bacon
- Organic Spinach & Feta Sausage
- Organic Sweet Italian Sausage
- Organic Turkey Burgers
- Organic Turkey Hot Dogs
- Sage Breakfast Sausage
- Sliced Organic Turkey Bacon

### Sausages by Amylu

- Andouille Chicken Sausage
- Apple & Gouda Chicken Sausage
- Apple & Maple Chicken Mini Links
- Breakfast Club Chicken Sausage
- Chorizo Chicken Sausage
- Farmer's Market Breakfast Chicken Sausage
- Harvest Apple Breakfast Chicken Sausage
- Italian with Red Pepper & Onions Chicken Sausage
- Sun Dried Tomato & Basil Chicken Sausage

## Nutritional Supplements

### Country Life

Acetyl L-Carnitine 500mg Capsules, 60 ct  
Glycemic Factors, 100 ct  
L-Arginine + L-Ornithine 1000mg Capsules with B-6, 60 ct  
NAC N-Acetyl Cysteine 750mg Capsules, 60 ct  
Prosta-Max For Men, 50 ct  
Target-Mins Calcium-Magnesium Capsules, 180 ct  
Target-Mins Calcium-Magnesium Capsules, 90 ct  
Target-Mins Calcium-Magnesium Complex Tablets, 180 ct  
Target-Mins Calcium-Magnesium Mini-Tablets, 120 ct  
Target-Mins Calcium-Magnesium-Potassium Tablets, 90 ct  
Target-Mins Calcium-Magnesium-Veg Capsules, 120 ct  
Target-Mins Calcium-Magnesium-Veg Capsules, 240 ct  
Target-Mins Magnesium Capsules, 60 ct  
Vanadyl Sulfate 5000mcg Capsules, 90 ct

## Nuts, Seeds and Dried Fruits

### Bob's Red Mill

Flaxseeds  
Organic Brown Flaxseeds  
Organic Golden Flaxseeds

## Pasta

### Ancient Harvest

Quinoa Supergrain Pasta, Elbows 8 oz  
Quinoa Supergrain Pasta, Linguine 8 oz  
Quinoa Supergrain Pasta, Spaghetti 8 oz

### Bionaturae

Organic Gluten Free Elbows Pasta  
Organic Gluten Free Fusilli  
Organic Gluten Free Linguine  
Organic Gluten Free Penne Rigate  
Organic Gluten Free Rigatoni  
Organic Gluten Free Spaghetti

## Pasta (Cont'd)

### DeBoles Foods

Corn Elbow Pasta  
Corn Spaghetti  
Multi-Grain Penne  
Rice Angel Hair Pasta  
Rice Fettuccine  
Rice Lasagna  
Rice Spaghetti  
Rice Spirals

### Lundberg Farms

Organic Brown Rice Penne Pasta  
Organic Brown Rice Rotini Pasta  
Organic Brown Rice Spaghetti Pasta

### Tinkyada

Brown Rice Elbow  
Brown Rice Fusilli  
Brown Rice Lasagne  
Brown Rice Little Dreams  
Brown Rice Shells  
Brown Rice Spirals  
Organic Brown Rice Penne  
Organic Brown Rice Spaghetti

## Pasta Sauce

### Amy's

Organic Family Marinara Pasta Sauce  
Organic Low Sodium Marinara Sauce  
Organic Tomato Basil Pasta Sauce  
Organic Tomato Basil Pasta Sauce, Light in Sodium

## Personal Care

### Tom's of Maine

Apricot Long Lasting Stick Deodorant  
Bay Lime Sensitive Stick Deodorant  
Calendula Long Lasting Roll-on Deodorant  
Calendula Stick Deodorant  
Cinnamint Antiplaque with Propolis & Myrrh Toothpaste  
Cinnamon Clove Whole Care Toothpaste  
Fennel Anticavity SLS-Free Toothpaste

## Personal Care (Cont'd)

### Tom's of Maine

Fennel Antiplaque Propolis & Myrrh Toothpaste  
Fennel Antiplaque Tartar Control Plus Whitening Toothpaste  
Fragrance-Free Sensitive Stick Deodorant  
Lavender Long Lasting Stick Deodorant  
Lemongrass Long Lasting Stick Deodorant  
Orange-Mango Whole Care Gel Toothpaste  
Outrageous Orange-Mango Anticavity Toothpaste  
Peppermint Anti-Plaque Tartar Control Plus Whitening Toothpaste  
Peppermint Anticavity SLS-Free Toothpaste  
Peppermint Anticavity Toothpaste  
Peppermint Baking Soda Mouthwash  
Peppermint Tartar Control Mouthwash  
Peppermint Whole Care Gel Toothpaste  
Peppermint Whole Care Toothpaste  
Silly Strawberry Anticavity Toothpaste  
Silly Strawberry Non-Fluoride Toothpaste  
Spearmint Antiplaque SLS-Free Toothpaste  
Spearmint Anti-Plaque Plus Whitening Gel Toothpaste  
Spearmint Anti-Plaque Tartar Control Plus Whitening Toothpaste  
Spearmint Anticavity ADA Mouthwash  
Spearmint Anticavity Toothpaste  
Spearmint Antiplaque with Propolis & Myrrh Toothpaste  
Spearmint Cleansing Mouthwash  
Spearmint Flat Floss  
Spearmint Whole Care Gel Toothpaste  
Spearmint Whole Care Toothpaste  
Unflavored Round Floss  
Unscented Long Lasting Roll-on Deodorant  
Unscented Long Lasting Stick Deodorant  
Unscented Stick Deodorant  
Wintermint Anticavity Toothpaste  
Wintermint Sensitive Toothpaste  
Wintermint Whole Care Toothpaste  
Woodspice Stick Deodorant

## Prepared Foods

### Food Merchants

Organic Polenta, Basil & Garlic  
Organic Polenta, Traditional  
Organic Quinoa Polenta, Heirloom Red & Black

## Sauces, Salsas and Dips

### Amy's

Organic Medium Salsa  
Organic Mild Salsa

### Organicville

Organic Mild Salsa  
Organic Sesame Teriyaki

### Road's End Organics

Non-Dairy Nacho Chreese Dip, Spicy  
Organic Golden Gravy Mix  
Organic Savory Herb Gravy Mix  
Organic Shiitake Mushroom Gravy Mix

## Seafood

### Starfish

Crispy Battered Gluten Free Cod  
Crispy Battered Gluten Free Haddock  
Crispy Battered Gluten Free Halibut

## Soups

### Amy's

Organic Black Bean Chili  
Organic Black Bean Vegetable Soup  
Organic Chunky Tomato Bisque, Light in Sodium  
Organic Chunky Vegetable Soup  
Organic Cream of Tomato Soup  
Organic Cream of Tomato Soup, Light in Sodium  
Organic Curried Lentil Soup  
Organic Fire Roasted Southwestern Vegetable Soup  
Organic Lentil Soup  
Organic Lentil Soup, Light in Sodium  
Organic Lentil Vegetable Soup  
Organic Lentil Vegetable Soup, Light in Sodium

## **Soups (Cont'd)**

### **Amy's**

- Organic Medium Chili with Vegetables
- Organic Medium Chili, Light in Sodium
- Organic Southwestern Black Bean Chili
- Organic Spicy Chili
- Organic Spicy Chili, Light in Sodium
- Organic Split Pea Soup
- Organic Split Pea Soup, Light in Sodium
- Organic Summer Corn & Vegetable Soup
- Organic Thai Coconut Soup (Tom Kha Phak)
- Organic Tuscan Bean & Rice Soup

### **Edward & Sons**

- Miso-Cup, Savory Seaweed

### **Imagine Foods**

- Broccoli Soup 16 oz
- Broccoli Soup 32 oz
- Butternut Squash Soup 16 oz
- Butternut Squash Soup 32 oz
- Chicken Broth 16 oz
- Creamy Tomato Soup 16 oz
- Free Range Chicken Broth 32 oz
- No Chicken Broth 32 oz
- Organic Chicken Broth, Low Sodium 32 oz
- Organic Corn Soup, Low Sodium 32 oz
- Organic Portabello Mushroom Soup 32 oz
- Organic Potato Soup, Low Sodium 32 oz
- Organic Tomato Soup 32 oz
- Organic Tomato Soup, Low Sodium 32 oz
- Organic Vegetable Broth, Low Sodium 32 oz
- Portabello Mushroom Soup 16 oz
- Potato Leek Soup 16 oz
- Potato Leek Soup 32 oz
- Tomato Basil Soup 32 oz
- Vegetable Broth 16 oz
- Vegetable Broth 32 oz

## **Specialty Foods**

### **WFM Gluten Free Bakehouse**

- Stuffing Cubes

## **Spices and Seasonings**

### **Edward & Sons**

- Bouillon Cubes, Low Sodium Veggie
- Bouillon Cubes, Not-Beef
- Bouillon Cubes, Not-Chick'n

## **Sweeteners**

### **Lundberg Farms**

- Organic Brown Rice Syrup