

Gluten Free

SPECIAL DIETS SERIES

CELEBRATING
YOUR
CHOICES



Charles River Plaza Store, North Atlantic Region

Whole Foods Market is excited to bring you "Celebrating Your Choices," a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product. If you have any questions, you may contact us at WFMSpecialDiets@wholefoods.com.

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Baby & Infant Food

Stonyfield Farm

YoBaby Banana/Vanilla Yogurt
YoBaby Blueberry/Apple Yogurt
YoBaby Drinkable Yogurt, Banana
YoBaby Drinkable Yogurt, Peach
YoBaby Peach/Pear Yogurt
YoBaby Simply Plain Yogurt

Baked Goods

Kinnikinnick

Chocolate Chip Muffins
Cinnamon Sugar Donuts
Maple Glazed Donuts
Vanilla Glazed Donuts

WFM Gluten Free Bakehouse

Almond Scones
Blueberry Muffins
Cherry Almond Streusel Muffins
Chocolate Chip Cookies
Chocolate Cupcakes
Cinnamon Raisin Bread
Cranberry Orange Scones
Molasses Ginger Cookies
Morning Glory Muffins
Nutmeal Raisin Cookies
Pizza Crust
Sandwich Bread
Stuffing Cubes
Sundried Tomato & Garlic Bread

Baked Goods (Cont'd)

WFM Gluten Free Bakehouse

Vanilla Cupcakes

Baking Needs

365 Everyday Value™

Gluten Free All Purpose Baking Mix
Gluten Free Chocolate Brownie Mix
Gluten Free Chocolate Cake Mix
Gluten Free Chocolate Chip Cookie Mix
Gluten Free Muffin Mix
Gluten Free Pancake & Waffle Mix
Gluten Free Sandwich Bread Mix

Arrowhead Mills

Blue Corn Meal
Buckwheat Flour
Gluten Free All Purpose Baking Mix
Gluten Free Brownie Mix
Gluten Free Vanilla Cake Mix
Long Grain Brown Rice Flour
Millet Flour
Soy Flour
White Rice Flour
Yellow Corn Meal

Bob's Red Mill

Almond Flour
Flaxseed Meal
Garbanzo Bean Flour
Gluten Free All Purpose Baking Flour
Gluten Free Cornbread Mix
Gluten Free Garbanzo & Fava Bean Flour
Gluten Free Pancake Mix
Gluten Free Pizza Crust Mix
Gluten Free Sweet White Sorghum Flour
GlutenFree Rolled Oats
Organic Coconut Flour

Baking Needs (Cont'd)

Bob's Red Mill

- Organic Flaxseed Meal
- Organic Golden Flaxseed Meal
- Organic Golden Flaxseeds
- Potato Flour
- Teff Flour
- Xanthan Gum

Cherrybrook Kitchen

- Vanilla Frosting

Cherrybrook Kitchen Gluten Free Dreams

- Chocolate Chip Cookie Mix
- Fudge Brownie Mix
- Pancake & Waffle Mix

Earth Balance

- Shortening

Enjoy Life

- Semi-Sweet Chocolate Chips

Hain

- Baking Powder

Kinnikinnick

- Pancake & Waffle Mix

Let's Do...

- Carnival Sprinkelz
- Chocolatey Sprinkelz
- Confetti Sprinkelz

Let's Do... Organic

- Organic Coconut Flakes
- Organic Reduced Fat Shredded Coconut
- Organic Shredded Coconut
- Organic Tapioca Granules
- Organic Tapioca Pearls

Little Bay Baking Company

- Cornbread & Muffin Mix
- Pumpkin & Quick Bread Mix
- Waffle & Donut Hole Mix

Pamela's Products

- Baking & Pancake Mix
- Baking & Pancake Mix, 4 lb
- Chocolate Brownie Mix
- Confetti Frosting Mix

Baking Needs (Cont'd)

Pamela's Products

- Dark Chocolate Frosting Mix

Beverages

Celestial Seasonings

- Acai Mango Zinger Tea, 20 Ct
- Antioxidant Green Tea, 20 Ct
- Bengal Spice Tea, 20 Ct
- Caffeine Free Celestial Tea, 40 Ct
- Chamomile Tea, 20 Ct
- Cinnamon Apple Spice Tea, 20 Ct
- Country Peach Passion
- Decaf Green Tea, 20 Ct
- Decaf Mint Green Tea, 20 Ct
- Honey Vanilla Chamomile Tea, 20 Ct
- Lemon Zinger Tea, 20 Ct
- Mandarin Orange Spice Tea, 20 Ct
- Peppermint Tea, 20 Ct
- Peppermint Tea, 40 Ct
- Red Zinger Tea, 20 Ct
- Sleepytime Extra Tea, 20 Ct
- Sleepytime Tea, 20 Ct
- Sleepytime Tea, 40 Ct
- Sleepytime Throat Tamer Tea, 20 Ct
- Tropical Acai Berry Green Tea, 20 Ct
- True Blueberry, 20 Ct

Eden

- Organic EdenBlend, Rice & Soy Beverage, 32 oz

So Delicious

- Original (Plain) Coconut Milk Beverage
- Unsweetened Coconut Milk Beverage
- Vanilla Coconut Milk Beverage

Bread

Enjoy Life

- Cinnamon Raisin Bagels
- Original Bagels

Food For Life

- Millet Bread, Wheat & Gluten Free
- Raisin Pecan Bread, Wheat & Gluten Free
- Rice Almond Bread, Wheat & Gluten Free

Bread (Cont'd)

Food For Life

White Rice Bread, Wheat & Gluten Free

Food for Life

Yeast Free Multi Seed Rice Bread, Wheat & Gluten Free

Glutino

Bagels, Cinnamon 'n Raisin
Bagels, Sesame Seed
Premium Cinnamon & Raisin Bread
Premium Corn Bread
Premium Flax Seed Bread
Premium Pizza Crusts

Kinnikinnick

Tapioca Rice NY Style Bagels

WFM Gluten Free Bakehouse

Cinnamon Raisin Bread
Hamburger Buns
Sandwich Bread
Sundried Tomato & Garlic Bread

Candy and Chocolate

Endangered Species Chocolate

Bite Size Dark Chocolate with Cranberries & Almonds
Bite Size Dark Chocolate with Deep Forest Mint
Bite Size Extreme Dark Chocolate
Bite Size Smooth Milk Chocolate
Bite Size Supreme Dark Chocolate
Dark Chocolate with Espresso Beans - Tiger
Extreme Dark Chocolate - Panther
Milk Chocolate with Almonds - Crane
Organic Health Dark Chocolate with Cacao Nibs, Yacon & Acai
Organic Health Dark Chocolate with Goji Berry, Pecans & Maca
Organic Health Dark Chocolate with Goldenberry & Lucuma
Smooth Organic Dark Chocolate - Butterfly
Smooth Organic Milk Chocolate - Lion
Supreme Dark Chocolate - Chimpanzee

Candy and Chocolate (Cont'd)

Enjoy Life

Boom Choco Boom Dairy-Free Rice Milk Chocolate Bar
Boom Choco Boom Dairy-Free Rice Milk w/ Crispy Rice Chocolate Bar
Boom Choco Boom Dark Chocolate Bar

Glee Gum

Glee Bubblegum Flavor Gum
Glee Cinnamon Gum
Glee Peppermint Gum
Glee Tangerine Gum

Let's Do...

Carnival Sprinkelz
Chocolatey Sprinkelz
Confetti Sprinkelz

Scharffen Berger

Bittersweet Chocolate Bar, 70% Cacao
Dark Mocha Chocolate Bar, 62% Cacao
Extra Dark Chocolate Bar, 82% Cacao
Mocha Dark Chocolate Bar

Canned Goods

Amy's

Organic Refried Black Beans
Organic Refried Black Beans, Low in Sodium
Organic Traditional Refried Beans
Organic Traditional Refried Beans, Light in Sodium
Organic Vegetarian Baked Beans

Native Forest

Artichoke Hearts, Quartered
Artichoke Hearts, Whole
Green Asparagus Cuts & Tips
Green Asparagus Spears
Organic Baby Corn
Organic Hearts of Palm
Organic Mango Chunks
Organic Papaya Chunks

Canned/Jarred Goods

Native Forest

Artichoke Hearts, Marinated

Cereal

Amy's

Organic Cream of Rice Hot Cereal Bowl

Ancient Harvest

Organic Quinoa Flakes 12 oz

Arrowhead Mills

Maple Buckwheat Organic Flakes

Organic Rice & Shine Hot Cereal

Organic Yellow Corn Grits

Bakery On Main

Apple Raisin Walnut Gluten Free Granola

Extreme Fruit & Nut Gluten Free Granola

Nutty Cranberry Gluten Free Granola

Rainforest Gluten Free Granola

Barbara's Bakery

Honey Rice Puffins Cereal

Bob's Red Mill

GlutenFree Rolled Oats

EnviroKidz

Amazon Frosted Flakes Organic Cereal

Gorilla Munch Organic Cereal

Gorilla Munch Organic Cereal, 23 oz

Koala Crisp Organic Cereal

Leapin' Lemurs Peanut Butter & Chocolate Organic Cereal

Peanut Butter Panda Puffs Organic Cereal

Peanut Butter Panda Puffs Organic Cereal, 25 oz

Glutino

Apple & Cinnamon Cereal

Honey Nut Cereal

Nature's Path

Organic Fruit Juice Sweetened Corn Flakes

Organic Fruit Juice Sweetened Corn Flakes, 26.4 oz

Organic Honey'd Cornflakes

Organic Mesa Sunrise Cereal

Organic Mesa Sunrise Cereal, 26.4 oz

Organic Whole O's Cereal

Cheese

Applegate Farms

American Cheese

Sliced Aged Cheddar Cheese

Sliced Emmentaler Swiss Cheese

Sliced Havarti Cheese

Sliced Medium Cheddar Cheese

Sliced Muenster Cheese

Sliced Pepperjack Cheese

Sliced Provolone Cheese

Follow Your Heart

Vegan Gourmet Cheddar

Vegan Gourmet Cream Cheese

Vegan Gourmet Monterey Jack

Vegan Gourmet Mozzarella Cheese

Vegan Gourmet Nacho Cheese

Vegan Gourmet Sour Cream

Wholesome Valley Organic

Organic Dairy Slices, American

Organic Dairy Slices, Mozzarella

Chips, Pretzels and Snacks

Arico

Cassava Chips, Barbecue Bliss

Cassava Chips, Sea Salt Mist

Food Should Taste Good

Buffalo Tortilla Chips 6 oz

Lime Tortilla Chips 5.5 oz

Multigrain Tortilla Chips 1.5 oz

Sweet Potato Tortilla Chips 6 oz

The Works! Tortilla Chips 6 oz

Yellow Corn Tortilla Chips 11 oz

Food Should Taste Good

Jalapeno Tortilla Chips 6 oz

Multigrain Tortilla Chips 6 oz

Olive Tortilla Chips 6 oz

Glutino

Breadsticks, Pizza Flavor

Breadsticks, Sesame

Pretzels, Family Bag

Pretzels, Unsalted

Chips, Pretzels and Snacks (Cont'd)

Kettle Brand®

Krinkle Cut Potato Chips, Lightly Salted 14 oz
Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 14 oz
Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 2 oz
Potato Chips, Honey Dijon 5 oz
Potato Chips, Lightly Salted 14 oz
Potato Chips, Lightly Salted 2 oz
Potato Chips, Lightly Salted 5 oz
Potato Chips, New York Cheddar w/ Herbs 2 oz
Potato Chips, New York Cheddar w/ Herbs 5 oz
Potato Chips, Organic Lightly Salted 5 oz
Potato Chips, Sea Salt & Vinegar 2 oz
Potato Chips, Sea Salt & Vinegar 5 oz
Potato Chips, Unsalted 5 oz

Kettle Brand®

Baked Potato Chips, Aged White Cheddar 4 oz
Baked Potato Chips, Hickory Honey BBQ 4 oz
Baked Potato Chips, Lightly Salted 4 oz
Baked Potato Chips, Salt & Fresh Ground Pepper 4 oz
Krinkle Cut Potato Chips, Classic BBQ 14 oz
Potato Chips, Backyard Barbeque 5 oz
Potato Chips, Death Valley Chipotle 5 oz
Potato Chips, Jalapeno 5 oz
Potato Chips, Lightly Salted 9 oz
Potato Chips, Organic Sea Salt & Black Pepper 5 oz
Potato Chips, Sea Salt & Vinegar 9 oz
Potato Chips, Sour Cream, Onion & Chive 5 oz
Potato Chips, Spicy Thai 5 oz
Potato Chips, Sweet Onion 2 oz
Potato Chips, Sweet Onion 5 oz

Lundberg Farms

Apple Cinnamon Rice Cakes
Brown Rice Cakes
Buttery Caramel Rice Cakes

Chips, Pretzels and Snacks (Cont'd)

Lundberg Farms

Honey Nut Rice Cakes
Organic Brown Rice Cakes
Organic Koku Seaweed Rice Cakes
Organic Mochi Sweet Rice Cakes
Organic Popcorn Rice Cakes
Organic Sea Salt Rice Chips
Organic Sesame Tamari Rice Cakes
Organic Unsalted Brown Rice Cakes
Organic Wild Rice Cakes
Sante Fe BBQ Rice Chips
Sesame Seaweed Rice Chips
Unsalted Brown Rice Cakes

Condiments

Eden

Tamari Soy Sauce, Naturally Brewed 10 oz
Tamari Soy Sauce, Naturally Brewed 20 oz

Follow Your Heart

Vegenaise, Grapeseed Oil
Vegenaise, High Omega-3 w/ Expeller-Pressed Canola Oil
Vegenaise, Original

Organicville

Organic Dressing, Herbs de Provence Vinaigrette
Organic Dressing, Non Dairy Ranch
Organic Dressing, Olive Oil & Balsamic Vinaigrette
Organic Dressing, Orange Cranberry Vinaigrette
Organic Ketchup
Organic Original BBQ Sauce
Organic Tangy BBQ Sauce

Spectrum

Canola Mayonnaise 16 oz
Light Canola Eggless Mayonnaise 16 oz
Light Canola Eggless Mayonnaise 32 oz
Light Canola Eggless Mayonnaise, Squeeze Bottle
Organic Olive Oil Mayonnaise
Organic Soy Mayonnaise 16 oz

Condiments (Cont'd)

Spectrum

- Organic Soy Mayonnaise, Squeeze Bottle
- Organic Wasabi Mayonnaise 12 oz

Cookies and Snack Bars

Aleia's Gluten Free Foods

- Gluten Free Almond Horn Cookies
- Gluten Free Chocolate Chip Cookies
- Gluten Free Chocolate Coconut Macaroons
- Gluten Free Coconut Macaroons

Aunt Gussie's Cookies

- Gluten Free Chocolate Chip Cookies
- Gluten Free Chocolate Spritz Cookies
- Gluten Free Sugar Free Chocolate Chip Cookies with Almonds

Bakery On Main

- Peanut Butter Chocolate Chip Granola Bars

Enjoy Life

- Cocoa Loco Snack Bars
- Soft Baked Snickerdoodle Cookies

EnviroKidz

- Cheetah Organic Crispy Rice Bars, Berry
- Koala Organic Crispy Rice Bars, Chocolate
- Lemur Organic Crispy Rice Bars, Peanut Choco Drizzle
- Panda Organic Crispy Rice Bars, Peanut Butter
- Penguin Organic Crispy Rice Bars, Fruity Burst

Gilbert's Gourmet Goodies

- Chocolate Chip Paradise Cookie
- Chocolate Chip Paradise Cookies, Bite-Sized
- Sensational Sugar Cookies, Bite-Sized

Glutino

- Breakfast Bars, Blueberry
- Breakfast Bars, Chocolate
- Breakfast Bars, Cranberry
- Chocolate Chip Cookies
- Chocolate Coated Wafers
- Chocolate Vanilla Cream Cookies

Cookies and Snack Bars (Cont'd)

Glutino

- Lemon Wafers
- Vanilla Cream Cookies
- Vanilla Wafers

Ian's Natural Foods

- Chocolate Chip Cookie Buttons, Wheat Free Gluten Free

Kinnikinnick

- KinniTOOS Chocolate Sandwich Creme Cookies
- KinniTOOS Vanilla Sandwich Creme Cookies
- S'moreables Graham Style Crackers

Mi-Del

- Arrowroot Animal Cookies
- Chocolate Chip Cookies

Pamela's Products

- Butter Shortbread Cookies
- Chocolate Chip Walnut Cookies
- Chunky Chocolate Chip Cookies
- Ginger Cookies with Sliced Almonds
- Organic Peanut Butter Chocolate Chip Cookies
- Peanut Butter Cookies
- Simplebites Chocolate Chip Mini Cookies

WFM Gluten Free Bakehouse

- Chocolate Chip Cookies
- Molasses Ginger Cookies
- Nutmeal Raisin Cookies

Crackers

Blue Diamond

- Almond Nut-Thins
- Cheddar Cheese Nut-Thins
- Hazelnut Nut-Thins
- Pecan Nut-Thins
- Smokehouse Almond Nut-Thins

Edward & Sons

- Brown Rice Snaps, Tamari Seaweed
- Brown Rice Snaps, Tamari Sesame
- Brown Rice Snaps, Unsalted Sesame
- Exotic Rice Toast, Brown Jasmine Rice & Spring Onion

Crackers (Cont'd)

Edward & Sons

Exotic Rice Toast, Purple Rice & Black Sesame
Organic Brown Rice Snaps, Black Sesame
Organic Brown Rice Snaps, Cheddar
Organic Brown Rice Snaps, Toasted Onion
Organic Brown Rice Snaps, Unsalted Plain

Glutino

Crackers, Cheddar
Crackers, Original

Mary's Gone Crackers

Crackers, Black Pepper
Crackers, Caraway
Crackers, Herb
Crackers, Onion
Crackers, Original

Dairy

Brown Cow

Apricot-Mango Whole Milk Yogurt, 6 oz
Blueberry Whole Milk Yogurt, 32 oz
Blueberry Whole Milk Yogurt, 6 oz
Cherry-Vanilla Whole Milk Yogurt, 6 oz
Coffee Whole Milk Yogurt, 6 oz
Maple Whole Milk Yogurt, 32 oz
Maple Whole Milk Yogurt, 6 oz
Non Fat Plain Yogurt, 32 oz
Non Fat Vanilla Yogurt, 32 oz
Peach Whole Milk Yogurt, 6 oz
Plain Whole Milk Yogurt, 32 oz
Plain Whole Milk Yogurt, 6 oz
Strawberry Whole Milk Yogurt, 6 oz
Vanilla Whole Milk Yogurt, 6 oz

Earth Balance

Buttery Sticks
Organic Whipped Buttery Spread
Original Buttery Spread
Soy Free Buttery Spread
Soy Garden Buttery Spread

Stonyfield Farm

Fat Free French Vanilla Probiotic Multi-Pack
Fat Free Strawberry Probiotic Multi-Pack

Dairy (Cont'd)

Stonyfield Farm

Organic Banana Berry Yogurt Smoothie, 10 oz
Organic Cream Top Chocolate Underground, 6 oz
Organic Cream Top French Vanilla Yogurt, 32 oz
Organic Cream Top French Vanilla, 6 oz
Organic Cream Top Plain Yogurt, 32 oz
Organic Cream Top Strawberries & Cream Yogurt, 6 oz
Organic Fat Free Black Cherry Yogurt, Fruit on the Bottom, 6 oz
Organic Fat Free Blueberry Yogurt, Fruit on the Bottom, 6 oz
Organic Fat Free Chocolate Underground Yogurt, 6 oz
Organic Fat Free French Vanilla Yogurt, 32 oz
Organic Fat Free French Vanilla Yogurt, 6 oz
Organic Fat Free Key Lime Yogurt, 6 oz
Organic Fat Free Lotsa Lemon Yogurt, 6 oz
Organic Fat Free Peach Yogurt, 6 oz
Organic Fat Free Plain Yogurt, 32 oz
Organic Fat Free Plain Yogurt, 6 oz
Organic Fat Free Pomegranate Berry Yogurt, 6 oz
Organic Fat Free Strawberry Yogurt, Fruit on the Bottom, 6 oz
Organic Low Fat BaNilla Yogurt, 32 oz
Organic Low Fat Blueberry Yogurt, 32 oz
Organic Low Fat Blueberry Yogurt, 6 oz
Organic Low Fat Cherry Vanilla Yogurt, 6 oz
Organic Low Fat Just Peachy Yogurt, Fruit on the Bottom, 6 oz
Organic Low Fat Plain Yogurt, 32 oz
Organic Low Fat Plain Yogurt, 6 oz
Organic Low Fat Raspberry Yogurt, 6 oz
Organic Low Fat Strawberry Pomegranate Yogurt, 6 oz
Organic Low Fat Strawberry Yogurt, 32 oz
Organic Low Fat Strawberry Yogurt, Fruit on the Bottom, 6 oz

Dairy (Cont'd)

Stonyfield Farm

- Organic Low Fat Vanilla Yogurt
- Organic Low Fat Vanilla, 32 oz
- Organic O'Soy Strawberry/Peach Yogurt, 6-pack
- Organic Peach Yogurt Smoothie, 10 oz
- Organic Raspberry Yogurt Smoothie, 10 oz
- Organic Strawberry Yogurt Smoothie, 10 oz
- Organic Strawberry Yogurt Smoothies, 4 pack
- Organic Vanilla Yogurt Smoothie, 10 oz
- Organic Wild Berry Yogurt Smoothie, 10 oz
- Organic Wild Berry Yogurt Smoothies, 4 pack
- YoBaby Banana/Vanilla Yogurt
- YoBaby Blueberry/Apple Yogurt
- YoBaby Drinkable Yogurt, Banana
- YoBaby Drinkable Yogurt, Peach
- YoBaby Peach/Pear Yogurt
- YoBaby Simply Plain Yogurt
- YoKids Squeezers Cherry/Berry Blitz
- YoKids Squeezers Screamin' Strawberry
- YoKids Strawberry BaNilla Blast Yogurt
- YoKids Strawberry Vanilla Raspberry Yogurt

Dairy Alternatives

365 Everyday Value™

- Organic Ricemilk - Original
- Organic Ricemilk - Unsweetened
- Organic Ricemilk - Vanilla
- Organic Soymilk - Chocolate, 32 oz
- Organic Soymilk - Chocolate, 64 oz
- Organic Soymilk - Original, 32 oz
- Organic Soymilk - Original, 64 oz
- Organic Soymilk - Unsweetened, 32 oz
- Organic Soymilk - Unsweetened, 64 oz
- Organic Soymilk - Vanilla, 32 oz
- Organic Soymilk - Vanilla, 64 oz

Almond Dream

- Almond Drink, Original 64 oz
- Almond Drink, Unsweetened Original 64 oz

Dairy Alternatives (Cont'd)

Blue Diamond

- Almond Breeze, Chocolate
- Almond Breeze, Chocolate Unsweetened
- Almond Breeze, Original
- Almond Breeze, Original Unsweetened
- Almond Breeze, Vanilla
- Almond Breeze, Vanilla Unsweetened

Eden

- Organic EdenBlend, Rice & Soy Beverage, 32 oz

Follow Your Heart

- Vegan Gourmet Cheddar
- Vegan Gourmet Cream Cheese
- Vegan Gourmet Monterey Jack
- Vegan Gourmet Mozzarella Cheese
- Vegan Gourmet Nacho Cheese
- Vegan Gourmet Sour Cream

Rice Dream

- Enriched Rice Milk Beverage, Chocolate 32 oz
- Enriched Rice Milk Beverage, Original 8 oz
- Enriched Rice Milk Beverage, Vanilla 32 oz
- Organic Enriched Rice Milk Beverage, Original 32 oz
- Organic Enriched Rice Milk Beverage, Original 64 oz
- Organic Enriched Rice Milk Beverage, Vanilla 64 oz
- Refrigerated Ricemilk, Original 64 oz
- Refrigerated Ricemilk, Vanilla 64 oz
- Rice Milk Beverage, Original 32 oz
- Rice Milk Beverage, Original 8 oz
- Rice Milk Beverage, Vanilla 32 oz

So Delicious

- Blueberry Agave Sweetened Soy Yogurt
- Blueberry Cultured Coconut Milk Yogurt
- French Vanilla Coconut Milk Creamer
- Hazelnut Coconut Milk Creamer
- Original (Plain) Coconut Milk Beverage
- Original (Plain) Coconut Milk Creamer
- Original (Plain) Coconut Milk Kefir
- Strawberry Coconut Milk Kefir
- Unsweetened Coconut Milk Beverage

Dairy Alternatives (Cont'd)

So Delicious

Vanilla Agave Sweetened Soy Yogurt
Vanilla Coconut Milk Beverage
Vanilla Coconut Milk Kefir

Stonyfield Farm

Organic O'Soy Blueberry Yogurt, 6 oz
Organic O'Soy Chocolate Yogurt, 6 oz
Organic O'Soy Vanilla Yogurt, 6 oz
Organic O'Soy Strawberry Yogurt, 6 oz

WestSoy

Longevity Soy Beverage, Plain 32 oz
Longevity Soy Beverage, Vanilla 32 oz
Plus Soy Beverage, Plain 32 oz
Plus Soy Beverage, Plain 64 oz
Plus Soy Beverage, Vanilla 32 oz
Plus Soy Beverage, Vanilla 64 oz
Soy Beverage, Unsweetened Chocolate 32 oz

Deli Style Meats and Cheeses

Applegate Farms

Organic Sliced Oven Roasted Chicken
Salametti
Sliced Authentic Prosciutto
Sliced Coppa
Sliced Genoa Salami
Sliced Organic Herb Turkey
Sliced Organic Oven Roasted Turkey
Sliced Organic Roast Beef
Sliced Organic Smoked Chicken
Sliced Organic Smoked Turkey
Sliced Organic Uncured Ham
Sliced Oven Roasted Sliced Turkey
Sliced Pepperoni
Sliced Slow Cooked Ham
Sliced Smoked Turkey
Sliced Soppressata

Desserts

WFM Gluten Free Bakehouse

Chocolate Cupcakes
Vanilla Cupcakes

Entrees and Mixes

365 Everyday Value™

Gluten Free All Purpose Baking Mix
Gluten Free Chocolate Brownie Mix
Gluten Free Chocolate Cake Mix
Gluten Free Chocolate Chip Cookie Mix
Gluten Free Muffin Mix
Gluten Free Pancake & Waffle Mix
Gluten Free Sandwich Bread Mix

Arrowhead Mills

Gluten Free All Purpose Baking Mix
Gluten Free Brownie Mix
Gluten Free Pizza Crust Mix

Cherrybrook Kitchen Gluten Free Dreams

Chocolate Chip Cookie Mix
Fudge Brownie Mix
Pancake & Waffle Mix

Glutino

Macaroni & Cheese

Kinnikinnick

Pancake & Waffle Mix

Lundberg Farms

Butternut Squash Risotto
Cheddar Broccoli Risotto
Garlic Primavera Risotto
Organic Alfredo Risotto
Organic Florentine Risotto
Organic Porcini Wild Mushroom Risotto
Organic Tuscan Risotto

Pamela's Products

Confetti Frosting Mix
Dark Chocolate Frosting Mix

Road's End Organics

Dairy Free Cheddar Style Penne & Chreese
Gluten Free Cheddar Chreese Mix

Tasty Bite

Jodhpur Lentils
Kerala Vegetables
Massaman Vegetables
Paneer Makhani
Punjab Eggplant
Spinach Dal

Ethnic Foods

Amy's

- Organic Asian Noodle Stir-Fry
- Organic Black Bean Enchilada Whole Meal
- Organic Black Bean Tamale Verde Whole Meal
- Organic Black Bean Vegetable Enchilada
- Organic Black Bean Vegetable Enchilada, Light in Sodium
- Organic Cheese Enchilada
- Organic Cheese Enchilada Whole Meal
- Organic Cheese Tamale Verde Whole Meal
- Organic Indian Mattar Paneer
- Organic Indian Mattar Paneer, Light in Sodium
- Organic Indian Mattar Tofu
- Organic Indian Palak Paneer
- Organic Indian Paneer Tikka
- Organic Indian Vegetable Korma
- Organic Mexican Casserole Bowl
- Organic Mexican Casserole Bowl, Light in Sodium
- Organic Mexican Tamale Pie
- Organic Mexican Tofu Scramble
- Organic Roasted Vegetable Tamale Whole Meal
- Organic Santa Fe Enchilada Bowl
- Organic Teriyaki Bowl
- Organic Thai Stir-Fry
- Organic Tortilla Casserole & Black Beans Bowl

Annie Chun's

- Maifun Rice Noodles

Edward & Sons

- Brown Rice Snaps, Tamari Seaweed
- Brown Rice Snaps, Tamari Sesame
- Miso-Cup, Organic Reduced Sodium
- Miso-Cup, Organic Traditional with Tofu
- Miso-Cup, Original Golden Vegetable
- Miso-Cup, Savory Seaweed

Food Merchants

- Organic Polenta, Basil & Garlic
- Organic Polenta, Traditional

Native Forest

- Organic Coconut Milk

Ethnic Foods (Cont'd)

Native Forest

- Light Coconut Milk

Organicville

- Organic Island Teriyaki
- Organic Sesame Teriyaki

Premier Japan

- Organic Wheat-Free Hoisin Sauce

Tasty Bite

- Jodhpur Lentils
- Kerala Vegetables
- Massaman Vegetables
- Paneer Makhani
- Punjab Eggplant
- Spinach Dal

World Foods

- Thai Red Curry Ready To Pour Sauce

Frozen Foods

Amy's

- Organic Asian Noodle Stir-Fry
- Organic Baked Ziti Bowl
- Organic Bistro Veggie Burger
- Organic Black Bean Enchilada Whole Meal
- Organic Black Bean Tamale Verde Whole Meal
- Organic Black Bean Vegetable Enchilada
- Organic Black Bean Vegetable Enchilada, Light in Sodium
- Organic Brown Rice & Vegetables Bowl
- Organic Brown Rice & Vegetables Bowl, Light in Sodium
- Organic Brown Rice, Black-Eyed Peas & Veggies Bowl
- Organic Cheese Enchilada
- Organic Cheese Enchilada Whole Meal
- Organic Cheese Tamale Verde Whole Meal
- Organic Cream of Rice Hot Cereal Bowl
- Organic Garden Vegetable Lasagna
- Organic Indian Mattar Paneer
- Organic Indian Mattar Paneer, Light in Sodium
- Organic Indian Mattar Tofu
- Organic Indian Palak Paneer

Frozen Foods (Cont'd)

Amy's

- Organic Indian Paneer Tikka
- Organic Indian Vegetable Korma
- Organic Mexican Casserole Bowl
- Organic Mexican Casserole Bowl, Light in Sodium
- Organic Mexican Tamale Pie
- Organic Mexican Tofu Scramble
- Organic Rice Crust Cheese Pizza
- Organic Rice Crust Spinach Pizza
- Organic Rice Mac & Cheese
- Organic Roasted Vegetable Tamale Whole Meal
- Organic Santa Fe Enchilada Bowl
- Organic Single Serve Non-Dairy Rice Crust Cheeze Pizza
- Organic Teriyaki Bowl
- Organic Thai Stir-Fry
- Organic Tofu Scramble
- Organic Tortilla Casserole & Black Beans Bowl

Applegate Farms

- Maple Breakfast Sausage
- Organic Turkey Burgers
- Sage Breakfast Sausage

Caesar's

- Cheese Lasagna, Gluten-Free Wheat-Free
- Stuffed Shells, Gluten-Free Wheat-Free
- Vegetable Lasagna, Gluten-Free Wheat-Free

French Meadow Bakery

- Gluten Free Chocolate Chip Cookie Dough

Gluten Free Cafe

- Asian Noodles
- Fettuccini Alfredo
- Lemon Basil Chicken
- Pasta Primavera

Glutino

- Duo Mushroom Penne
- Pizza, Chicken BBQ
- Pizza, Duo Cheese
- Pizza, Spinach Feta

Frozen Foods (Cont'd)

Ian's Natural Foods

- Alpha Tots
- Chicken Fingers, Allergen Free
- Chicken Patties, Wheat Free Gluten Free
- French Toast Sticks, Wheat Free Gluten Free
- Lightly Battered Fish, Wheat Free Gluten Free
- Soy Cheesy French Bread Pizza, Wheat Free Gluten Free
- Wafflewich, Egg & Maple Sausage, Wheat Free Gluten Free

It's Soy Delicious

- Almond Pecan Non-Dairy Frozen Dessert
- Awesome Chocolate Non-Dairy Frozen Dessert
- Chocolate Almond Non-Dairy Frozen Dessert
- Green Tea Non-Dairy Frozen Dessert
- Vanilla Non-Dairy Frozen Dessert

Kettle Cuisine

- Angus Beef Steak Chili with Beans
- Chicken Chili with White Beans
- Chicken Soup with Rice Noodles
- Grilled Chicken and Corn Chowder
- New England Clam Chowder
- Organic Carrot and Coriander Soup
- Organic Mushroom and Potato Soup
- Roasted Vegetable Soup
- Tomato Soup with Garden Vegetables

Kinnikinnick

- Chocolate Chip Muffins
- Cinnamon Sugar Donuts
- Maple Glazed Donuts
- Tapioca Rice NY Style Bagels
- Vanilla Glazed Donuts

Nature's Path

- Organic Buckwheat Wildberry Waffles
- Organic Homestyle Waffles
- Organic Mesa Sunrise Waffles

Organic So Delicious

- Chocolate Peanut Butter Non-Dairy Frozen Dessert
- Chocolate Velvet Non-Dairy Frozen Dessert

Frozen Foods (Cont'd)

Organic So Delicious

Creamy Vanilla Non-Dairy Frozen Dessert
Mint Marble Fudge Non-Dairy Frozen Dessert
Neopolitan Non-Dairy Frozen Dessert
Non-Dairy Creamy Fudge Bar

Purely Decadent

Belgian Chocolate Non-Dairy Frozen Dessert
Chocolate Non-Dairy Frozen Coconut Milk Dessert
Chocolate Obsession Non-Dairy Frozen Dessert
Coconut Non-Dairy Frozen Coconut Milk Dessert
Cookie Dough (Gluten Free) Non-Dairy Frozen Dessert
Dulce De Leche Non-Dairy Frozen Dessert
Mint Chip Non-Dairy Frozen Coconut Milk Dessert
Mint Chocolate Chip Non-Dairy Frozen Dessert
Mocha Almond Fudge Non-Dairy Frozen Coconut Milk Dessert
Passionate Mango Non-Dairy Frozen Coconut Milk Dessert
Peanut Butter Zig Zag Non-Dairy Frozen Dessert
Pomegranate Chip Non-Dairy Frozen Dessert
Praline Pecan Non-Dairy Frozen Dessert
Purely Vanilla Non-Dairy Frozen Dessert
Turtle Trails Non-Dairy Frozen Dessert
Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert

Rice Dream

Rice Dream, Strawberry
Vanilla Frozen Dessert, Pint

So Delicious

Coconut Almond Bar, Made with Coconut Milk
Fudge Bar, Sugar Free
Orange Passion Fruit Agave Sweetened Fruit Bar
Raspberry Agave Sweetened Fruit Bar
Vanilla Bar, Made with Coconut Milk

Frozen Foods (Cont'd)

Starfish

Crispy Battered Gluten Free Cod
Crispy Battered Gluten Free Haddock
Crispy Battered Gluten Free Halibut

Sweet Nothings

Non-Dairy Fudge Bar

Van's

Wheat Free Blueberry Waffles
Wheat Free Buckwheat Waffles
Wheat Free Flax Waffles
Wheat Free Homestyle Pancakes
Wheat Free Homestyle Waffles
Wheat Free Mini Homestyle Waffles

Grains and Rice

Ancient Harvest

Inca Red Organic Quinoa 12 oz
Traditional Organic Quinoa 12 oz

Annie Chun's

Rice Express Sprouted Brown Rice
Rice Express Sticky White Rice

Eden

Organic Millet, Whole Grain
Organic Quinoa, Whole Grain
Organic Red Quinoa, Whole Grain

Lundberg Farms

Butternut Squash Risotto
Cheddar Broccoli Risotto
Eco-Farmed Black Japonica Field Gourmet Blend
Eco-Farmed California Brown Basmati Rice
Eco-Farmed California White Arborio Rice
Eco-Farmed California White Basmati Rice
Eco-Farmed California White Jasmine Rice
Eco-Farmed Countrywild Gourmet Blend Rice
Eco-Farmed Jubilee Gourmet Blend Rice
Eco-Farmed Long Grain Brown Rice
Eco-Farmed Short Grain Brown Rice
Eco-Farmed Wehani Gourmet Brown Rice
Organic Alfredo Risotto
Organic California Brown Basmati Rice

Grains and Rice (Cont'd)

Lundberg Farms

- Organic California Brown Jasmine Rice, 25 lb
- Organic California White Basmati Rice
- Organic Golden Rose Medium Grain Brown Rice
- Organic Long Grain Brown Rice
- Organic Porcini Wild Mushroom Risotto
- Organic Quick Wild Rice
- Organic Short Grain Brown Rice
- Organic White Long Grain Rice
- Organic Wild & Wehani Rice
- Organic Wild & White Basmati Rice
- Organic Wild Rice

Jams and Nut Butters

Arrowhead Mills

- Creamy Peanut Butter, 26 oz

Blue Diamond

- Homestyle Almond Butter, Creamy
- Homestyle Almond Butter, Crunchy
- Homestyle Almond Butter, Honey

Earth Balance

- Creamy Natural Almond Butter
- Creamy Natural Peanut Butter
- Crunchy Natural Peanut Butter

Meat Alternatives

Applegate Farms

- Organic Smoked Andouille

Meat and Poultry

Applegate Farms

- Beef Hot Dogs
- Big Apple Hot Dogs
- Chicken Apple Breakfast Sausage
- Chicken Hot Dogs
- Maple Breakfast Sausage
- Organic Beef Hot Dogs
- Organic Chicken Hot Dogs
- Organic Fire Roasted Red Pepper Sausage
- Organic Hot Dogs

Meat and Poultry (Cont'd)

Applegate Farms

- Organic Poultry Andouille Sausage
- Organic Smoked Bratwurst
- Organic Smoked Kielbasa
- Organic Spinach & Feta Sausage
- Organic Turkey Burgers
- Organic Turkey Hot Dogs
- Sage Breakfast Sausage
- Sliced Sunday Bacon
- Sliced Turkey Bacon

Nutritional Supplements

Country Life

- Cal-Snack Milk-Free Chewables, 120 ct
- Melatonin 1mg Tablets, 120 ct
- Melatonin 3mg Tablets, 30 ct
- Saw Palmetto & Pygeum Capsules, 90 ct
- Superior B-12, 50 ct
- Target-Mins Calcium-Magnesium Capsules, 90 ct
- Target-Mins Calcium-Magnesium Complex Tablets, 90 ct
- Target-Mins Calcium-Magnesium-Veg Capsules, 120 ct

Nuts, Seeds and Dried Fruits

Bob's Red Mill

- Organic Golden Flaxseeds

Pasta

Ancient Harvest

- Quinoa Supergrain Pasta, Elbows 8 oz
- Quinoa Supergrain Pasta, Garden Pagodas 8 oz
- Quinoa Supergrain Pasta, Linguine 8 oz
- Quinoa Supergrain Pasta, Rotelle 8 oz
- Quinoa Supergrain Pasta, Shells 8 oz
- Quinoa Supergrain Pasta, Spaghetti 8 oz

Bionaturae

- Organic Gluten Free Elbows Pasta
- Organic Gluten Free Fusilli
- Organic Gluten Free Penne Rigate

Pasta (Cont'd)

Bionaturae

Organic Gluten Free Rigatoni
Organic Gluten Free Spaghetti

DeBoles Foods

Multi-Grain Penne
Multi-Grain Spaghetti
Rice Angel Hair Pasta
Rice Lasagna
Rice Penne
Rice Spirals

Glutino

Brown Rice Fusilli

Lundberg Farms

Organic Brown Rice Penne Pasta
Organic Brown Rice Rotini Pasta
Organic Brown Rice Spaghetti Pasta

Tinkyada

Brown Rice Elbow
Brown Rice Fettucini
Brown Rice Fusilli
Brown Rice Grand Shells
Brown Rice Lasagne
Brown Rice Penne
Brown Rice Shells
Brown Rice Spaghetti
Brown Rice Spirals
Organic Brown Rice Spaghetti
Spinach Brown Rice Spaghetti
Vegetable Brown Rice Spirals

Pasta Sauce

Amy's

Organic Family Marinara Pasta Sauce
Organic Tomato Basil Pasta Sauce
Organic Tomato Basil Pasta Sauce, Light in Sodium

Personal Care

Tom's of Maine

Apricot Long Lasting Stick Deodorant
Calendula Stick Deodorant

Personal Care (Cont'd)

Tom's of Maine

Cinnamint Antiplaque with Propolis & Myrrh Toothpaste
Cinnamon Clove Whole Care Toothpaste
Cucumber-Grapefruit Sensitive Stick Deodorant
Fennel Anticavity SLS-Free Toothpaste
Fennel Antiplaque Propolis & Myrrh Toothpaste
Fennel Antiplaque Tartar Control Plus Whitening Toothpaste
Fragrance-Free Sensitive Stick Deodorant
Honeysuckle Rose Stick Deodorant
Lavender Long Lasting Roll-on Deodorant
Lavender Long Lasting Stick Deodorant
Lemon/Lime Anticavity Drymouth SLS-Free Toothpaste
Lemongrass Long Lasting Stick Deodorant
Orange-Mango Whole Care Gel Toothpaste
Outrageous Orange-Mango Anticavity Toothpaste
Peppermint Anti-Plaque Tartar Control Plus Whitening Toothpaste
Peppermint Anticavity SLS-Free Toothpaste
Peppermint Anticavity Toothpaste
Peppermint Baking Soda Mouthwash
Peppermint Whole Care Gel Toothpaste
Peppermint Whole Care Toothpaste
Silly Strawberry Anticavity Toothpaste
Silly Strawberry Non-Fluoride Toothpaste
Spearmint Anti-Plaque Plus Whitening Gel Toothpaste
Spearmint Anti-Plaque Tartar Control Plus Whitening Toothpaste
Spearmint Anticavity ADA Mouthwash
Spearmint Anticavity Toothpaste
Spearmint Cleansing Mouthwash
Spearmint Flat Floss
Spearmint Whole Care Gel Toothpaste
Spearmint Whole Care Toothpaste
Unflavored Flat Floss
Unscented Long Lasting Stick Deodorant
Unscented Stick Deodorant
Wintermint Anticavity Toothpaste
Wintermint Sensitive Toothpaste

Personal Care (Cont'd)

Tom's of Maine

Wintermint Whole Care Toothpaste
Woodspice Stick Deodorant

Prepared Foods

Food Merchants

Organic Polenta, Basil & Garlic
Organic Polenta, Traditional

Sauces, Salsas and Dips

Amy's

Organic Medium Salsa
Organic Mild Salsa
Organic Spicy Chipotle Salsa

Organicville

Organic Island Teriyaki
Organic Medium Salsa
Organic Mild Salsa
Organic Sesame Teriyaki

Premier Japan

Organic Wheat-Free Hoisin Sauce

Road's End Organics

Gluten Free Cheddar Chreese Mix

The Wizard's Sauce

Organic Hot Stuff

World Foods

Thai Red Curry Ready To Pour Sauce

Seafood

Starfish

Crispy Battered Gluten Free Cod
Crispy Battered Gluten Free Haddock
Crispy Battered Gluten Free Halibut

Soups

Amy's

Organic Black Bean Chili
Organic Black Bean Vegetable Soup
Organic Chunky Tomato Bisque

Soups (Cont'd)

Amy's

Organic Chunky Tomato Bisque, Light in Sodium
Organic Chunky Vegetable Soup
Organic Cream of Tomato Soup
Organic Cream of Tomato Soup, Light in Sodium
Organic Curried Lentil Soup
Organic Fire Roasted Southwestern Vegetable Soup
Organic Lentil Soup
Organic Lentil Soup, Light in Sodium
Organic Lentil Vegetable Soup
Organic Lentil Vegetable Soup, Light in Sodium
Organic Medium Chili with Vegetables
Organic Medium Chili, Light in Sodium
Organic Spicy Chili
Organic Spicy Chili, Light in Sodium
Organic Split Pea Soup
Organic Split Pea Soup, Light in Sodium
Organic Summer Corn & Vegetable Soup
Organic Thai Coconut Soup (Tom Kha Phak)
Organic Tuscan Bean & Rice Soup

Edward & Sons

Miso-Cup, Organic Reduced Sodium
Miso-Cup, Organic Traditional with Tofu
Miso-Cup, Original Golden Vegetable
Miso-Cup, Savory Seaweed

Imagine Foods

Broccoli Soup 16 oz
Broccoli Soup 32 oz
Butternut Squash Soup 16 oz
Butternut Squash Soup 32 oz
Chicken Broth 16 oz
Corn & Lemongrass Soup 16 oz
Corn & Lemongrass Soup 32 oz
Creamy Tomato Soup 16 oz
Free Range Chicken Broth 32 oz
No Chicken Broth 32 oz
Organic Acorn Squash & Mango Soup 32 oz
Organic Chicken Broth, Low Sodium 32 oz
Organic Portabello Mushroom Soup 32 oz
Organic Sweet Pea Soup 32 oz
Organic Tomato Soup 32 oz

Soups (Cont'd)

Imagine Foods

- Organic Vegetable Broth, Low Sodium 32 oz
- Portabello Mushroom Soup 16 oz
- Potato Leek Soup 32 oz
- Sweet Potato Soup 32 oz
- Tomato Basil Soup 32 oz
- Vegetable Broth 32 oz

Kettle Cuisine

- Angus Beef Steak Chili with Beans
- Chicken Chili with White Beans
- Chicken Soup with Rice Noodles
- Grilled Chicken and Corn Chowder
- New England Clam Chowder
- Organic Carrot and Coriander Soup
- Organic Mushroom and Potato Soup
- Roasted Vegetable Soup
- Tomato Soup with Garden Vegetables

Specialty Foods

WFM Gluten Free Bakehouse

- Stuffing Cubes

Sweeteners

Lundberg Farms

- Brown Rice Syrup
- Organic Brown Rice Syrup