

Gluten Free

SPECIAL DIETS SERIES

CELEBRATING
YOUR
CHOICES



Woburn Store, North Atlantic Region

Whole Foods Market is excited to bring you "Celebrating Your Choices," a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product. If you have any questions, you may contact us at WFMSpecialDiets@wholefoods.com.

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Baby & Infant Food

Stonyfield Farm

YoBaby Banana/Vanilla Yogurt
YoBaby Blueberry/Apple Yogurt
YoBaby Drinkable Yogurt, Banana
YoBaby Drinkable Yogurt, Peach
YoBaby Peach/Pear Yogurt
YoBaby Simply Plain Yogurt

Baked Goods

Kinnikinnick

Blueberry Muffins
Carrot Muffins
Chocolate Chip Muffins

WFM Gluten Free Bakehouse

Almond Cookies
Almond Scones
Carrot Cake
Cheddar Biscuits
Chocolate Chip Cookies
Chocolate Cupcakes
Cinnamon Raisin Bread
Cornbread
Cranberry Orange Scones
Cream Biscuits
Lemon Poppyseed Muffins (4 pack)
Morning Glory Muffins
Nutmeal Raisin Cookies
Peanut Butter Cookies
Pie Shells

Baked Goods (Cont'd)

WFM Gluten Free Bakehouse

Pizza Crust
Prairie Bread
Sandwich Bread
Southern Pecan Pie
Stuffing Cubes
Vanilla Cupcakes

Baking Needs

365 Everyday Value™

Gluten Free All Purpose Baking Mix
Gluten Free Chocolate Brownie Mix
Gluten Free Chocolate Cake Mix
Gluten Free Chocolate Chip Cookie Mix
Gluten Free Muffin Mix
Gluten Free Pancake & Waffle Mix
Gluten Free White Cake Mix

Aleia's Gluten Free Foods

Gluten Free Italian Bread Crumbs

Arrowhead Mills

Buckwheat Flour
Gluten Free All Purpose Baking Mix
Gluten Free Pancake & Baking Mix
Long Grain Brown Rice Flour
Millet Flour
Soy Flour
Yellow Corn Meal

Bob's Red Mill

Almond Flour
Baking Soda
Flaxseed Meal
Garbanzo Bean Flour
Gluten Free Biscuit & Baking Mix
Gluten Free Cinnamon Raisin Bread
Gluten Free Cornbread Mix

Baking Needs (Cont'd)

Bob's Red Mill

- Gluten Free Garbanzo & Fava Bean Flour
- Gluten Free Hearty Whole Grain Bread Mix
- Gluten Free Pizza Crust Mix
- Gluten Free Sweet White Sorghum Flour
- Hemp Protein Powder
- Organic Flaxseed Meal
- Organic Golden Flaxseed Meal
- Organic Golden Flaxseeds
- Potato Flour
- Potato Starch
- Teff Flour

Cherrybrook Kitchen

- Chocolate Frosting Mix
- Vanilla Frosting
- Vanilla Frosting Mix

Cherrybrook Kitchen Gluten Free Dreams

- Chocolate Cake Mix
- Fudge Brownie Mix
- Pancake & Waffle Mix

Earth Balance

- Shortening

Enjoy Life

- Semi-Sweet Chocolate Chips

Gluten Free Pantry

- Brown Rice Pancake & Waffle Mix
- Chocolate Chip Cookie & Cake Mix
- Chocolate Truffle Brownie Mix
- Favorite Sandwich Bread Mix
- French Bread & Pizza Mix

Hain

- Baking Powder

Let's Do... Organic

- Organic Coconut Flakes
- Organic Reduced Fat Shredded Coconut
- Organic Shredded Coconut
- Organic Tapioca Granules
- Organic Tapioca Starch

Namaste

- Biscuits, Piecrust & More
- Blondie Mix

Baking Needs (Cont'd)

Namaste

- Brownie Mix
- Cookie Mix
- Pizza Crust Mix
- Spice Cake Mix
- Vanilla Cake Mix

Pamela's Products

- Baking & Pancake Mix, 4 lb
- Chocolate Brownie Mix
- Dark Chocolate Frosting Mix
- Gluten-Free Bread Mix

WFM Gluten Free Bakehouse

- Pie Shells

Beverages

Celestial Seasonings

- Authentic Green Tea, 20 Ct
- Authentic Green Tea, 40 Ct
- Bengal Spice Tea, 20 Ct
- Chamomile Tea, 20 Ct
- Chamomile Tea, 40 Ct
- Cinnamon Apple Spice Tea, 20 Ct
- Country Peach Passion
- Cranberry Apple Zinger Tea, 20 Ct
- Decaf Green Tea, 20 Ct
- Decaf Green Tea, 25 Ct
- Decaf Mandarin Orchard Green Tea, 20 Ct
- Decaf Mint Green Tea, 20 Ct
- Grandma's Tummy Mint Tea, 20 Ct
- Honey Lemon Ginseng Green Tea, 20 Ct
- Honey Vanilla Chamomile Tea, 20 Ct
- Lemon Zinger Tea, 20 Ct
- Mint Magic Tea, 20 Ct
- Peppermint Tea, 20 Ct
- Peppermint Tea, 40 Ct
- Raspberry Zinger Tea, 20 Ct
- Sleepytime Tea, 20 Ct
- Sleepytime Tea, 40 Ct
- Sleepytime Throat Tamer Tea, 20 Ct
- Tension Tamer Tea, 20 Ct
- True Blueberry, 20 Ct
- Wild Berry Tea, 20 Ct

Beverages (Cont'd)

Rice Dream

Rice Nog

So Delicious

Original (Plain) Coconut Milk Beverage

Unsweetened Coconut Milk Beverage

Vanilla Coconut Milk Beverage

Bread

Aleia's Gluten Free Foods

Gluten Free Cinnamon Raisin Bread

Gluten Free Farmhouse White Bread

Gluten Free Italian Bread Crumbs

Enjoy Life

Original Bagels

Food For Life

Brown Rice Bread, Wheat & Gluten Free

Millet Bread, Wheat & Gluten Free

Raisin Pecan Bread, Wheat & Gluten Free

Rice Pecan Bread, Wheat & Gluten Free

White Rice Bread, Wheat & Gluten Free

Glutino

Bagels, Cinnamon 'n Raisin

Bagels, Plain

Bagels, Sesame Seed

English Muffins

Premium Cinnamon & Raisin Bread

Premium Corn Bread

Premium Fiber Bread

Premium Pizza Crusts

Kinnikinnick

Italian White Tapioca Rice Bread

Tapioca Rice English Muffin

Tapioca Rice Hot Dog Buns

White Sandwich Bread

Yeast Free Tapioca Rice Bread

WFM Gluten Free Bakehouse

Cheddar Biscuits

Cinnamon Raisin Bread

Cornbread

Cream Biscuits

Hamburger Buns

Bread (Cont'd)

WFM Gluten Free Bakehouse

Prairie Bread

Sandwich Bread

Candy and Chocolate

Endangered Species Chocolate

Bite Size Dark Chocolate with Cranberries & Almonds

Bite Size Dark Chocolate with Deep Forest Mint

Bite Size Extreme Dark Chocolate

Bite Size Smooth Milk Chocolate

Dark Chocolate with Blueberries - Sea Turtle

Dark Chocolate with Cranberries & Almonds - Wolf

Dark Chocolate with Raspberries - Grizzly Bear

Extreme Dark Chocolate - Panther

Intense Dark Chocolate with Cacao Nibs - Bat

Milk Chocolate with Almonds - Crane

Organic Health Dark Chocolate with Cacao Nibs, Yacon & Acai

Smooth Milk Chocolate - Sea Otter

Smooth Organic Milk Chocolate - Lion

Supreme Dark Chocolate - Chimpanzee

Enjoy Life

Boom Choco Boom Dairy-Free Rice Milk Chocolate Bar

Boom Choco Boom Dark Chocolate Bar

Glee Gum

Glee Bubblegum Flavor Gum

Glee Cinnamon Gum

Glee Peppermint Gum

Glee Spearmint Gum

Glee Tangerine Gum

Let's Do... Organic

Organic Jelly Gummi Bears

Organic Super Sour Gummi Bears

Candy and Chocolate (Cont'd)

Scharffen Berger

Extra Dark Chocolate Bar, 82% Cacao

Canned Goods

Amy's

Organic Refried Black Beans
Organic Refried Black Beans, Low in Sodium
Organic Traditional Refried Beans
Organic Traditional Refried Beans, Light in Sodium
Organic Vegetarian Baked Beans

Native Forest

Artichoke Hearts, Whole
Green Asparagus Cuts & Tips
Green Asparagus Spears
Organic Hearts of Palm
Organic Mango Chunks
Organic Papaya Chunks

Canned/Jarred Goods

Native Forest

Artichoke Hearts, Marinated

Cereal

Ancient Harvest

Organic Quinoa Flakes 12 oz

Arrowhead Mills

Maple Buckwheat Organic Flakes
Organic Rice & Shine Hot Cereal

Bakery On Main

Apple Raisin Walnut Gluten Free Granola
Cranberry Orange Cashew Gluten Free Granola
Extreme Fruit & Nut Gluten Free Granola
Nutty Cranberry Gluten Free Granola
Rainforest Gluten Free Granola

Barbara's Bakery

Honey Rice Puffins Cereal

Cereal (Cont'd)

Bob's Red Mill

Gluten Free Mighty Tasty Hot Cereal

Enjoy Life

Cranapple Crunch Granola
Very Berry Crunch Granola

EnviroKidz

Amazon Frosted Flakes Organic Cereal
Gorilla Munch Organic Cereal
Gorilla Munch Organic Cereal, 23 oz
Koala Crisp Organic Cereal
Koala Crisp Organic Cereal, 26 oz
Leapin' Lemurs Peanut Butter & Chocolate Organic Cereal
Peanut Butter Panda Puffs Organic Cereal

Glutino

Apple & Cinnamon Cereal
Honey Nut Cereal

Nature's Path

Organic Fruit Juice Sweetened Corn Flakes
Organic Fruit Juice Sweetened Corn Flakes, 26.4 oz
Organic Honey'd Cornflakes
Organic Mesa Sunrise Cereal
Organic Mesa Sunrise Cereal, 26.4 oz
Organic Whole O's Cereal

Cheese

Applegate Farms

American Cheese
Sliced Aged Cheddar Cheese
Sliced Emmentaler Swiss Cheese
Sliced Havarti Cheese
Sliced Medium Cheddar Cheese
Sliced Muenster Cheese
Sliced Organic Mild Cheddar Cheese
Sliced Organic Monterey Jack Cheese
Sliced Organic Muenster Cheese
Sliced Provolone Cheese

Follow Your Heart

Vegan Gourmet Monterey Jack
Vegan Gourmet Mozzarella Cheese
Vegan Gourmet Nacho Cheese

Cheese (Cont'd)

Follow Your Heart

Vegan Gourmet Sour Cream

Wholesome Valley Organic

Organic Dairy Slices, American
Organic Dairy Slices, Mozzarella

Chips, Pretzels and Snacks

Arico

Cassava Chips, Sea Salt Mist

Food Should Taste Good

Lime Tortilla Chips 5.5 oz
Sweet Potato Tortilla Chips 6 oz
The Works! Tortilla Chips 6 oz
Yellow Corn Tortilla Chips 11 oz

Food Should Taste Good

Jalapeno Tortilla Chips 6 oz
Multigrain Tortilla Chips 6 oz
Olive Tortilla Chips 6 oz

Glutino

Breadsticks, Pizza Flavor
Breadsticks, Sesame
Pretzel Sticks, Family Bag
Pretzels, Family Bag

Hain Pure Food

Mini Munch Rice Snacks, Apple Cinnamon
Mini Munch Rice Snacks, Honey Nut
Mini Munch Rice Snacks, Lightly Salted

Kettle Brand®

Krinkle Cut Potato Chips, Lightly Salted 14 oz
Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 14 oz
Potato Chips, Honey Dijon 5 oz
Potato Chips, Lightly Salted 14 oz
Potato Chips, Lightly Salted 2 oz
Potato Chips, Lightly Salted 5 oz
Potato Chips, Organic Lightly Salted 5 oz
Potato Chips, Sea Salt & Vinegar 5 oz
Potato Chips, Unsalted 5 oz

Chips, Pretzels and Snacks (Cont'd)

Kettle Brand®

Baked Potato Chips, Hickory Honey BBQ 4 oz
Baked Potato Chips, Lightly Salted 4 oz
Baked Potato Chips, Salt & Fresh Ground Pepper 4 oz
Baked Potato Chips, Sea Salt & Vinegar 4 oz
Krinkle Cut Potato Chips, Classic BBQ 14 oz
Potato Chips, Backyard Barbeque 5 oz
Potato Chips, Jalapeno 2 oz
Potato Chips, Jalapeno 5 oz
Potato Chips, Lightly Salted 9 oz
Potato Chips, Organic Sea Salt & Black Pepper 5 oz
Potato Chips, Sea Salt & Vinegar 9 oz
Potato Chips, Spicy Thai 5 oz
Potato Chips, Sweet Onion 2 oz
Potato Chips, Sweet Onion 5 oz

Lundberg Farms

Apple Cinnamon Rice Cakes
Brown Rice Cakes
Honey Nut Rice Cakes
Organic Brown Rice Cakes
Organic Koku Seaweed Rice Cakes
Organic Mochi Sweet Rice Cakes
Organic Popcorn Rice Cakes
Organic Sea Salt Rice Chips
Organic Sesame Tamari Rice Cakes
Organic Tamari Seaweed Rice Cakes
Organic Unsalted Brown Rice Cakes
Sante Fe BBQ Rice Chips
Sesame Seaweed Rice Chips
Unsalted Brown Rice Cakes

Condiments

Eden

Tamari Soy Sauce, Naturally Brewed 10 oz
Tamari Soy Sauce, Naturally Brewed 20 oz

Follow Your Heart

Vegenaise, Grapeseed Oil
Vegenaise, High Omega-3 w/ Expeller-Pressed Canola Oil

Condiments (Cont'd)

Follow Your Heart

Vegenaise, Original

Organicville

Organic Dressing, French
Organic Dressing, Non Dairy Ranch
Organic Dressing, Olive Oil & Balsamic Vinaigrette
Organic Dressing, Orange Cranberry Vinaigrette
Organic Dressing, Sundried Tomato & Garlic Vinaigrette
Organic Ketchup
Organic Original BBQ Sauce

Spectrum

Canola Mayonnaise 16 oz
Light Canola Eggless Mayonnaise 16 oz
Light Canola Eggless Mayonnaise 32 oz
Light Canola Eggless Mayonnaise, Squeeze Bottle
Organic Olive Oil Mayonnaise
Organic Omega-3 Mayonnaise with Flax 16 oz
Organic Soy Mayonnaise, Squeeze Bottle

Cookies and Snack Bars

Aleia's Gluten Free Foods

Gluten Free Almond Horn Cookies
Gluten Free Chocolate Chip Cookies
Gluten Free Coconut Macaroons
Gluten Free Peanut Butter Cookies

Arico

Peanut Butter Cookies

Aunt Gussie's Cookies

Gluten Free Chocolate Chip Cookies
Gluten Free Sugar Free Vanilla Spritz Cookies

Bakery On Main

Extreme Trail Mix Granola Bars
Peanut Butter Chocolate Chip Granola Bars

Cherrybrook Kitchen Gluten Free Dreams

Chocolate Chip Mini Cookies

Cookies and Snack Bars (Cont'd)

Enjoy Life

Caramel Apple Snack Bars
Cocoa Loco Snack Bars
Soft Baked Chewy Chocolate Chip Cookies
Soft Baked Double Chocolate Brownie Cookies
Soft Baked Happy Apple Cookies
Soft Baked No-Oats "Oatmeal" Cookie
Very Berry Snack Bars

EnviroKidz

Koala Organic Crispy Rice Bars, Chocolate
Lemur Organic Crispy Rice Bars, Peanut Choco Drizzle
Panda Organic Crispy Rice Bars, Peanut Butter
Penguin Organic Crispy Rice Bars, Fruity Burst

Glutino

Breakfast Bars, Apple
Breakfast Bars, Blueberry
Breakfast Bars, Chocolate
Chocolate Chip Cookies
Chocolate Coated Wafers
Chocolate Vanilla Cream Cookies
Lemon Wafers
Strawberry Wafers
Vanilla Cream Cookies
Vanilla Wafers

Ian's Natural Foods

Chocolate Chip Cookie Buttons, Wheat Free Gluten Free
Crunchy Cinnamon Cookie Buttons, Wheat Free Gluten Free

Jennie's

Coconut Macaroons

Kinnikinnick

KinniKritters Animal Cookies
KinniTOOS Chocolate Sandwich Creme Cookies
KinniTOOS Vanilla Sandwich Creme Cookies
Montana's Chocolate Chip Cookies
S'moreables Graham Style Crackers

Cookies and Snack Bars (Cont'd)

Mi-Del

Chocolate Chip Cookies
Ginger Snaps

Pamela's Products

Butter Shortbread Cookies
Chocolate Chip Walnut Cookies
Chocolate Walnut Biscotti
Chunky Chocolate Chip Cookies
Ginger Cookies with Sliced Almonds
Lemon Shortbread Cookies
Old Fashioned Raisin Walnut Cookies
Organic Dark Chocolate Chunk Cookies
Organic Peanut Butter Chocolate Chip Cookies
Organic Spicy Ginger Cookies
Pecan Shortbread Cookies
Shortbread Swirl Cookies
Simplebites Chocolate Chip Mini Cookies

WFM Gluten Free Bakehouse

Almond Cookies
Chocolate Chip Cookies
Nutmeal Raisin Cookies
Peanut Butter Cookies

Crackers

Blue Diamond

Almond Nut-Thins
Cheddar Cheese Nut-Thins
Country Ranch Nut-Thins
Hazelnut Nut-Thins
Pecan Nut-Thins

Edward & Sons

Brown Rice Snaps, Onion Garlic
Brown Rice Snaps, Tamari Seaweed
Brown Rice Snaps, Tamari Sesame
Brown Rice Snaps, Unsalted Sesame
Organic Brown Rice Snaps, Black Sesame
Organic Brown Rice Snaps, Cheddar
Organic Brown Rice Snaps, Salsa
Organic Brown Rice Snaps, Toasted Onion
Organic Brown Rice Snaps, Unsalted Plain
Organic Brown Rice Snaps, Vegetable

Crackers (Cont'd)

Glutino

Crackers, Cheddar
Crackers, Original

Mary's Gone Crackers

Crackers, Black Pepper
Crackers, Onion
Crackers, Original

Dairy

Brown Cow

Apricot-Mango Whole Milk Yogurt, 6 oz
Blueberry Whole Milk Yogurt, 6 oz
Cherry-Vanilla Whole Milk Yogurt, 6 oz
Chocolate Whole Milk Yogurt, 6 oz
Coffee Whole Milk Yogurt, 6 oz
Maple Whole Milk Yogurt, 32 oz
Maple Whole Milk Yogurt, 6 oz
Non Fat Plain Yogurt, 32 oz
Non Fat Vanilla Yogurt, 32 oz
Peach Whole Milk Yogurt, 6 oz
Plain Whole Milk Yogurt, 32 oz
Plain Whole Milk Yogurt, 6 oz
Raspberry Whole Milk Yogurt, 6 oz
Strawberry Whole Milk Yogurt, 6 oz
Vanilla Whole Milk Yogurt, 32 oz
Vanilla Whole Milk Yogurt, 6 oz

Earth Balance

Buttery Sticks
Organic Whipped Buttery Spread
Original Buttery Spread
Soy Free Buttery Spread
Soy Garden Buttery Spread

Stonyfield Farm

Fat Free French Vanilla Probiotic Multi-Pack
Fat Free Strawberry Probiotic Multi-Pack
Organic Banana Berry Yogurt Smoothie, 10 oz
Organic Cream Top Chocolate Underground, 6 oz
Organic Cream Top French Vanilla Yogurt, 32 oz
Organic Cream Top French Vanilla, 6 oz

Dairy (Cont'd)

Stonyfield Farm

Organic Cream Top Plain Yogurt, 32 oz
Organic Cream Top Strawberries & Cream Yogurt, 6 oz
Organic Fat Free Black Cherry Yogurt, Fruit on the Bottom, 6 oz
Organic Fat Free Blueberry Yogurt, Fruit on the Bottom, 6 oz
Organic Fat Free Chocolate Underground Yogurt, 6 oz
Organic Fat Free French Vanilla Yogurt, 32 oz
Organic Fat Free French Vanilla Yogurt, 6 oz
Organic Fat Free Key Lime Yogurt, 6 oz
Organic Fat Free Lotsa Lemon Yogurt, 6 oz
Organic Fat Free Peach Yogurt, 6 oz
Organic Fat Free Plain Yogurt, 32 oz
Organic Fat Free Plain Yogurt, 6 oz
Organic Fat Free Pomegranate Berry Yogurt, 6 oz
Organic Fat Free Strawberry Yogurt, Fruit on the Bottom, 6 oz
Organic Low Fat BaNilla Yogurt, 32 oz
Organic Low Fat Blueberry Yogurt, 32 oz
Organic Low Fat Blueberry Yogurt, 6 oz
Organic Low Fat Cherry Vanilla Yogurt, 6 oz
Organic Low Fat Just Peachy Yogurt, Fruit on the Bottom, 6 oz
Organic Low Fat Plain Yogurt, 32 oz
Organic Low Fat Plain Yogurt, 6 oz
Organic Low Fat Raspberry Yogurt, 6 oz
Organic Low Fat Strawberry Pomegranate Yogurt, 6 oz
Organic Low Fat Strawberry Yogurt, 32 oz
Organic Low Fat Strawberry Yogurt, Fruit on the Bottom, 6 oz
Organic Low Fat Vanilla Yogurt
Organic Low Fat Vanilla, 32 oz
Organic O'Soy Strawberry/Peach Yogurt, 6-pack
Organic Peach Yogurt Smoothie, 10 oz
Organic Raspberry Yogurt Smoothie, 10 oz

Dairy (Cont'd)

Stonyfield Farm

Organic Strawberry Yogurt Smoothie, 10 oz
Organic Strawberry Yogurt Smoothies, 4 pack
Organic Vanilla Yogurt Smoothie, 10 oz
Organic Wild Berry Yogurt Smoothie, 10 oz
Organic Wild Berry Yogurt Smoothies, 4 pack
YoBaby Banana/Vanilla Yogurt
YoBaby Blueberry/Apple Yogurt
YoBaby Drinkable Yogurt, Banana
YoBaby Drinkable Yogurt, Peach
YoBaby Peach/Pear Yogurt
YoBaby Simply Plain Yogurt
YoKids Squeezers Cherry/Berry Blitz
YoKids Squeezers Screamin' Strawberry
YoKids Strawberry BaNilla Blast Yogurt
YoKids Strawberry Vanilla Raspberry Yogurt

Dairy Alternatives

365 Everyday Value™

Organic Ricemilk - Original
Organic Ricemilk - Unsweetened
Organic Ricemilk - Vanilla
Organic Soymilk - Chocolate, 32 oz
Organic Soymilk - Chocolate, 64 oz
Organic Soymilk - Original, 32 oz
Organic Soymilk - Original, 64 oz
Organic Soymilk - Unsweetened, 32 oz
Organic Soymilk - Unsweetened, 64 oz
Organic Soymilk - Vanilla, 32 oz
Organic Soymilk - Vanilla, 64 oz

Almond Dream

Almond Drink, Original 64 oz
Almond Drink, Unsweetened Original 64 oz

Blue Diamond

Almond Breeze, Chocolate
Almond Breeze, Chocolate Unsweetened
Almond Breeze, Original
Almond Breeze, Original Unsweetened
Almond Breeze, Vanilla
Almond Breeze, Vanilla Unsweetened

Dairy Alternatives (Cont'd)

Follow Your Heart

Vegan Gourmet Monterey Jack
Vegan Gourmet Mozzarella Cheese
Vegan Gourmet Nacho Cheese
Vegan Gourmet Sour Cream

Hemp Dream

Hemp Dream, Original 12/32 oz

Rice Dream

Enriched Rice Milk Beverage, Chocolate 32 oz
Enriched Rice Milk Beverage, Original 8 oz
Enriched Rice Milk Beverage, Vanilla 32 oz
Organic Enriched Rice Milk Beverage, Original 32 oz
Organic Enriched Rice Milk Beverage, Original 64 oz
Organic Enriched Rice Milk Beverage, Vanilla 64 oz
Refrigerated Ricemilk, Original 64 oz
Refrigerated Ricemilk, Vanilla 64 oz
Rice Milk Beverage, Original 32 oz
Rice Milk Beverage, Vanilla 32 oz

So Delicious

Blueberry Agave Sweetened Soy Yogurt
Blueberry Cultured Coconut Milk Yogurt
Chocolate Cultured Coconut Milk Yogurt
Cinnamon Bun Dairy Free Yogurt
French Vanilla Coconut Milk Creamer
Hazelnut Coconut Milk Creamer
Key Lime Dairy Free Yogurt
Original (Plain) Coconut Milk Beverage
Original (Plain) Coconut Milk Creamer
Original (Plain) Coconut Milk Kefir
Passionate Mango Cultured Coconut Milk Yogurt
Pina Colada Cultured Coconut Milk Yogurt
Plain Agave Sweetened Soy Yogurt
Raspberry Dairy Free Yogurt
Strawberry Coconut Milk Kefir
Unsweetened Coconut Milk Beverage
Vanilla Agave Sweetened Soy Yogurt
Vanilla Coconut Milk Beverage
Vanilla Coconut Milk Kefir

Dairy Alternatives (Cont'd)

So Delicious

Vanilla Cultured Coconut Milk Yogurt

Stonyfield Farm

Organic O'Soy Blueberry Yogurt, 6 oz
Organic O'Soy Chocolate Yogurt, 6 oz
Organic O'Soy Vanilla Yogurt, 6 oz
Organic O'Soy Strawberry Yogurt, 6 oz

WestSoy

Longevity Soy Beverage, Plain 32 oz
Longevity Soy Beverage, Vanilla 32 oz
Organic Soy Beverage, Unsweetened Original 64 oz
Plus Soy Beverage, Plain 32 oz
Plus Soy Beverage, Plain 64 oz
Plus Soy Beverage, Vanilla 64 oz

Deli Style Meats and Cheeses

Applegate Farms

Canadian Bacon
Organic Sliced Oven Roasted Chicken
Sliced Authentic Prosciutto
Sliced Black Forest Ham
Sliced Genoa Salami
Sliced Honey Ham
Sliced Honey Maple Turkey
Sliced Hot Genoa Salami
Sliced Organic Genoa Salami
Sliced Organic Herb Turkey
Sliced Organic Oven Roasted Turkey
Sliced Organic Roast Beef
Sliced Organic Smoked Chicken
Sliced Organic Smoked Turkey
Sliced Organic Uncured Ham
Sliced Oven Roasted Sliced Turkey
Sliced Pepperoni
Sliced Slow Cooked Ham
Sliced Smoked Turkey
Sliced Soppressata
Sliced Turkey Bologna
Sliced Turkey Salami

Desserts

WFM Gluten Free Bakehouse

- Carrot Cake
- Chocolate Cupcakes
- Southern Pecan Pie
- Vanilla Cupcakes

Energy and Nutrition Bars/Drinks

Prana Bar

- Organic Cashew Almond

Entrees and Mixes

365 Everyday Value™

- Gluten Free All Purpose Baking Mix
- Gluten Free Chocolate Brownie Mix
- Gluten Free Chocolate Cake Mix
- Gluten Free Chocolate Chip Cookie Mix
- Gluten Free Muffin Mix
- Gluten Free Pancake & Waffle Mix
- Gluten Free White Cake Mix

Aleia's Gluten Free Foods

- Gluten Free Plain Stuffing Mix
- Gluten Free Savory Stuffing Mix

Arrowhead Mills

- Gluten Free All Purpose Baking Mix

Cherrybrook Kitchen

- Chocolate Frosting Mix
- Vanilla Frosting Mix

Cherrybrook Kitchen Gluten Free Dreams

- Chocolate Cake Mix
- Fudge Brownie Mix
- Pancake & Waffle Mix

Glutino

- Macaroni & Cheese

Lundberg Farms

- Butternut Squash Risotto
- Cheddar Broccoli Risotto
- Organic Alfredo Risotto
- Organic Florentine Risotto
- Organic Porcini Wild Mushroom Risotto
- Organic Tuscan Risotto

Entrees and Mixes (Cont'd)

Namaste

- Blondie Mix
- Brownie Mix
- Cookie Mix
- Pizza Crust Mix
- Spice Cake Mix
- Vanilla Cake Mix

Pamela's Products

- Dark Chocolate Frosting Mix

Road's End Organics

- Gluten Free Alfredo Chreese Mix
- Gluten Free Cheddar Chreese Mix
- Organic Savory Herb Gravy Mix

Tasty Bite

- Aloo Palak
- Channa Masala
- Jodhpur Lentils
- Kashmir Spinach
- Kerala Vegetables
- Madras Lentils
- Massaman Vegetables
- Peas Paneer
- Punjab Eggplant
- Spinach Dal
- Spinach Soy
- Vegetable Supreme & Basmati Rice

Ethnic Foods

Amy's

- Organic Asian Noodle Stir-Fry
- Organic Black Bean Enchilada Whole Meal
- Organic Black Bean Tamale Verde Whole Meal
- Organic Black Bean Vegetable Enchilada
- Organic Black Bean Vegetable Enchilada, Light in Sodium
- Organic Cheese Enchilada
- Organic Cheese Enchilada Whole Meal
- Organic Indian Mattar Paneer
- Organic Indian Mattar Paneer, Light in Sodium
- Organic Indian Palak Paneer
- Organic Indian Paneer Tikka
- Organic Indian Vegetable Korma

Ethnic Foods (Cont'd)

Amy's

- Organic Mexican Casserole Bowl
- Organic Mexican Tamale Pie
- Organic Mexican Tofu Scramble
- Organic Roasted Vegetable Tamale Whole Meal
- Organic Teriyaki Bowl
- Organic Thai Stir-Fry
- Organic Tortilla Casserole & Black Beans Bowl

Edward & Sons

- Brown Rice Snaps, Tamari Seaweed
- Brown Rice Snaps, Tamari Sesame
- Miso-Cup, Organic Reduced Sodium
- Miso-Cup, Organic Traditional with Tofu
- Miso-Cup, Savory Seaweed

Food Merchants

- Organic Polenta, Traditional

Native Forest

- Organic Coconut Milk

Organicville

- Organic Sesame Teriyaki

Premier Japan

- Organic Wheat-Free Hoisin Sauce
- Organic Wheat-Free Teriyaki Sauce

Tasty Bite

- Aloo Palak
- Channa Masala
- Jodhpur Lentils
- Kashmir Spinach
- Kerala Vegetables
- Madras Lentils
- Massaman Vegetables
- Peas Paneer
- Punjab Eggplant
- Spinach Dal
- Spinach Soy
- Vegetable Supreme & Basmati Rice

World Foods

- IndoChina Cambodian Pineapple Lemon Grass Stir Fry Sauce

Ethnic Foods (Cont'd)

World Foods

- Thai Basil Curry Stir Fry Sauce
- Thai Green Curry Ready To Pour Sauce
- Thai Red Curry Ready To Pour Sauce

Frozen Foods

Amy's

- Kids Baked Ziti Meal
- Organic Asian Noodle Stir-Fry
- Organic Baked Ziti Bowl
- Organic Black Bean Enchilada Whole Meal
- Organic Black Bean Tamale Verde Whole Meal
- Organic Black Bean Vegetable Enchilada
- Organic Black Bean Vegetable Enchilada, Light in Sodium
- Organic Brown Rice & Vegetables Bowl
- Organic Brown Rice & Vegetables Bowl, Light in Sodium
- Organic Brown Rice, Black-Eyed Peas & Veggies Bowl
- Organic Cheese Enchilada
- Organic Cheese Enchilada Whole Meal
- Organic Indian Mattar Paneer
- Organic Indian Mattar Paneer, Light in Sodium
- Organic Indian Palak Paneer
- Organic Indian Paneer Tikka
- Organic Indian Vegetable Korma
- Organic Mexican Casserole Bowl
- Organic Mexican Tamale Pie
- Organic Mexican Tofu Scramble
- Organic Rice Crust Cheese Pizza
- Organic Rice Crust Spinach Pizza
- Organic Rice Mac & Cheese
- Organic Roasted Vegetable Tamale Whole Meal
- Organic Shepherd's Pie
- Organic Single Serve Non-Dairy Rice Crust Cheeze Pizza
- Organic Teriyaki Bowl
- Organic Thai Stir-Fry
- Organic Tofu Scramble
- Organic Tortilla Casserole & Black Beans Bowl

Frozen Foods (Cont'd)

Applegate Farms

Organic Turkey Burgers
Sage Breakfast Sausage

Caesar's

Manicotti, Gluten-Free Wheat-Free
Stuffed Shells, Gluten-Free Wheat-Free
Vegetable Lasagna, Gluten-Free Wheat-Free

Gluten Free Cafe

Fettuccini Alfredo
Lemon Basil Chicken
Pasta Primavera

Glutino

Chicken Alfredo
Chicken Pomodoro
Penne Alfredo
Pizza, 3 Cheese with Brown Rice Crust
Pizza, Chicken BBQ
Pizza, Duo Cheese
Pizza, Spinach Feta

Ian's Natural Foods

Alpha Tots
Chicken Fingers, Allergen Free
Chicken Patties, Wheat Free Gluten Free
French Toast Sticks, Wheat Free Gluten Free
Ian's Chicken Nuggets, Allergen Free
Ian's Fish Sticks, Allergen Free
Lightly Battered Fish, Wheat Free Gluten Free
Popcorn Turkey Corn Dogs
Wafflewich, Egg & Maple Cheese, Wheat Free
Gluten Free
Wafflewich, Egg & Maple Sausage, Wheat Free
Gluten Free

It's Soy Delicious

Chocolate Almond Non-Dairy Frozen Dessert
Vanilla Non-Dairy Frozen Dessert

Kettle Cuisine

Angus Beef Steak Chili with Beans
Chicken Chili with White Beans
Chicken Soup with Rice Noodles
Grilled Chicken and Corn Chowder

Frozen Foods (Cont'd)

Kettle Cuisine

New England Clam Chowder
Organic Carrot and Coriander Soup
Roasted Vegetable Soup
Tomato Soup with Garden Vegetables

Kinnikinnick

Blueberry Muffins
Carrot Muffins
Chocolate Chip Muffins
Italian White Tapioca Rice Bread
Tapioca Rice English Muffin
Tapioca Rice Hot Dog Buns
White Sandwich Bread
Yeast Free Tapioca Rice Bread

Nature's Path

Organic Buckwheat Wildberry Waffles
Organic Homestyle Waffles
Organic Mesa Sunrise Waffles

Organic So Delicious

Chocolate Peanut Butter Non-Dairy Frozen Dessert
Chocolate Velvet Non-Dairy Frozen Dessert
Mint Marble Fudge Non-Dairy Frozen Dessert
Neopolitan Non-Dairy Frozen Dessert
Strawberry Non-Dairy Frozen Dessert

Purely Decadent

Cherry Nirvana Non-Dairy Frozen Dessert
Chocolate Non-Dairy Frozen Coconut Milk Dessert
Coconut Non-Dairy Frozen Coconut Milk Dessert
Cookie Dough (Gluten Free) Non-Dairy Frozen
Dessert
Cookie Dough Non-Dairy Frozen Coconut Milk
Dessert
Mint Chip Non-Dairy Frozen Coconut Milk Dessert
Mint Chocolate Chip Non-Dairy Frozen Dessert
Mocha Almond Fudge Non-Dairy Frozen Coconut
Milk Dessert
Passionate Mango Non-Dairy Frozen Coconut Milk
Dessert

Frozen Foods (Cont'd)

Purely Decadent

- Peanut Butter Zig Zag Non-Dairy Frozen Dessert
- Purely Vanilla Non-Dairy Frozen Dessert
- Snickerdoodle Non-Dairy Frozen Dessert
- Turtle Trails Non-Dairy Frozen Dessert
- Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert

Rice Dream

- Vanilla Frozen Dessert, Quart

So Delicious

- Coconut Almond Bar, Made with Coconut Milk
- Creamy Raspberry Bar
- Fudge Bar, Sugar Free
- Raspberry Agave Sweetened Fruit Bar
- Vanilla Bar, Made with Coconut Milk

Starfish

- Crispy Battered Gluten Free Cod
- Crispy Battered Gluten Free Haddock

Sweet Nothings

- Non-Dairy Fudge Bar, 6-pack

Van's

- Wheat Free Blueberry Waffles
- Wheat Free Buckwheat Waffles
- Wheat Free Flax Waffles
- Wheat Free Homestyle Pancakes
- Wheat Free Homestyle Waffles
- Wheat Free Mini Homestyle Waffles

Grains and Rice

Ancient Harvest

- Inca Red Organic Quinoa 12 oz
- Traditional Organic Quinoa 12 oz

Annie Chun's

- Rice Express Sprouted Brown Rice
- Rice Express Sticky White Rice

Eden

- Organic Quinoa, Whole Grain
- Organic Red Quinoa, Whole Grain

Grains and Rice (Cont'd)

Lundberg Farms

- Butternut Squash Risotto
- Cheddar Broccoli Risotto
- Eco-Farmed Black Japonica Field Gourmet Blend
- Eco-Farmed California Brown Basmati Rice
- Eco-Farmed California White Arborio Rice
- Eco-Farmed California White Jasmine Rice
- Eco-Farmed Countrywild Gourmet Blend Rice
- Eco-Farmed Jubilee Gourmet Blend Rice
- Eco-Farmed Long Grain Brown Rice
- Eco-Farmed Wild Blend Gourmet Blend Rice
- Organic Alfredo Risotto
- Organic California Brown Basmati Rice
- Organic California Brown Jasmine Rice, 25 lb
- Organic California White Basmati Rice
- Organic Golden Rose Medium Grain Brown Rice
- Organic Long Grain Brown Rice
- Organic Porcini Wild Mushroom Risotto
- Organic Short Grain Brown Rice
- Organic White Long Grain Rice
- Organic Wild & White Basmati Rice
- Organic Wild Rice

Jams and Nut Butters

Arrowhead Mills

- Creamy Peanut Butter, 26 oz
- Crunchy Peanut Butter, 26 oz

Blue Diamond

- Homestyle Almond Butter, Creamy
- Homestyle Almond Butter, Crunchy
- Homestyle Almond Butter, Honey

Earth Balance

- Creamy Natural Almond Butter
- Crunchy Natural Peanut Butter

Meat Alternatives

Applegate Farms

- Organic Smoked Andouille

Meat and Poultry

Applegate Farms

- Beef Hot Dogs
- Big Apple Hot Dogs
- Chicken Apple Breakfast Sausage
- Chicken Hot Dogs
- Dry Cured Bacon
- Greatest Little Organic Smokey Cocktail Frank
- Organic Beef Hot Dogs
- Organic Chicken Hot Dogs
- Organic Hot Dogs
- Organic Sliced Sunday Bacon
- Organic Spinach & Feta Sausage
- Organic Turkey Burgers
- Organic Turkey Hot Dogs
- Peppered Bacon
- Sage Breakfast Sausage
- Sliced Organic Turkey Bacon
- Sliced Sunday Bacon
- Sliced Turkey Bacon
- Turkey Hot Dogs

Nutritional Supplements

Bob's Red Mill

- Hemp Protein Powder

Country Life

- 5-HTP Tryptophan 50mg Capsules, 50 ct
- Active Lipoic Acid, 60 ct
- DMAE 350mg Capsules, 50 ct
- Glucosamine Chondroitin Capsules, 60 ct
- L-Carnitine 500mg Capsules with B-6, 60 ct
- L-Glutamine 1000mg Capsules with B-6, 100 ct
- Melatonin 1mg Tablets, 120 ct
- Neuro-PS Phosphatidylserine, 30 ct
- R-Lipoic Acid
- Target-Mins Calcium-Magnesium Capsules, 90 ct
- Target-Mins Calcium-Magnesium-Veg Capsules, 240 ct
- Target-Mins Magnesium Capsules, 60 ct

Nuts, Seeds and Dried Fruits

Bob's Red Mill

- Hemp Protein Powder
- Organic Golden Flaxseeds

Enjoy Life

- Not Nuts! Mountain Mambo Trail Mix

Pasta

Ancient Harvest

- Quinoa Supergrain Pasta, Elbows 8 oz
- Quinoa Supergrain Pasta, Garden Pagodas 8 oz
- Quinoa Supergrain Pasta, Linguine 8 oz
- Quinoa Supergrain Pasta, Rotelle 8 oz
- Quinoa Supergrain Pasta, Shells 8 oz
- Quinoa Supergrain Pasta, Spaghetti 8 oz

Bionaturae

- Organic Gluten Free Elbows Pasta
- Organic Gluten Free Fusilli
- Organic Gluten Free Linguine
- Organic Gluten Free Penne Rigate
- Organic Gluten Free Rigatoni
- Organic Gluten Free Spaghetti

DeBoles Foods

- Corn Elbow Pasta
- Multi-Grain Spaghetti
- Rice Angel Hair Pasta
- Rice Lasagna
- Rice Spaghetti

Glutino

- Brown Rice Penne

Lundberg Farms

- Organic Brown Rice Penne Pasta
- Organic Brown Rice Rotini Pasta

Tinkyada

- Brown Rice Elbow
- Brown Rice Fettucini
- Brown Rice Fusilli
- Brown Rice Lasagne
- Brown Rice Penne
- Brown Rice Shells
- Brown Rice Spaghetti
- Organic Brown Rice Elbow

Pasta (Cont'd)

Tinkyada

Spinach Brown Rice Spaghetti
Vegetable Brown Rice Spirals

Pasta Sauce

Amy's

Organic Family Marinara Pasta Sauce
Organic Low Sodium Marinara Sauce

Personal Care

Tom's of Maine

Calendula Stick Deodorant
Cinnamint Antiplaque with Propolis & Myrrh Toothpaste
Cinnamon Clove Whole Care Toothpaste
Fragrance-Free Sensitive Stick Deodorant
Lavender Long Lasting Roll-on Deodorant
Lemongrass Long Lasting Stick Deodorant
Outrageous Orange-Mango Anticavity Toothpaste
Peppermint Anti-Plaque Tartar Control Plus Whitening Toothpaste
Peppermint Anticavity SLS-Free Toothpaste
Peppermint Anticavity Toothpaste
Peppermint Baking Soda Mouthwash
Peppermint Tartar Control Mouthwash
Peppermint Whole Care Toothpaste
Silly Strawberry Anticavity Toothpaste
Silly Strawberry Non-Fluoride Toothpaste
Spearmint Antiplaque SLS-Free Toothpaste
Spearmint Anti-Plaque Plus Whitening Gel Toothpaste
Spearmint Anti-Plaque Tartar Control Plus Whitening Toothpaste
Spearmint Anticavity ADA Mouthwash
Spearmint Anticavity Toothpaste
Spearmint Cleansing Mouthwash
Spearmint Flat Floss
Spearmint Whole Care Gel Toothpaste
Unscented Long Lasting Stick Deodorant
Unscented Stick Deodorant
Wintermint Anticavity Toothpaste
Wintermint Sensitive Toothpaste

Personal Care (Cont'd)

Tom's of Maine

Wintermint Whole Care Toothpaste
Woodspice Stick Deodorant

Prepared Foods

Food Merchants

Organic Polenta, Traditional

Sauces, Salsas and Dips

Amy's

Organic Medium Salsa
Organic Mild Salsa
Organic Spicy Chipotle Salsa

Organicville

Organic Medium Salsa
Organic Sesame Teriyaki

Premier Japan

Organic Wheat-Free Hoisin Sauce
Organic Wheat-Free Teriyaki Sauce

Road's End Organics

Gluten Free Alfredo Cheese Mix
Gluten Free Cheddar Cheese Mix
Organic Savory Herb Gravy Mix

World Foods

IndoChina Cambodian Pineapple Lemon Grass Stir Fry Sauce
Thai Basil Curry Stir Fry Sauce
Thai Green Curry Ready To Pour Sauce
Thai Red Curry Ready To Pour Sauce

Seafood

Starfish

Crispy Battered Gluten Free Cod
Crispy Battered Gluten Free Haddock

Soups

Amy's

Organic Black Bean Vegetable Soup
Organic Chunky Tomato Bisque

Soups (Cont'd)

Amy's

- Organic Chunky Tomato Bisque, Light in Sodium
- Organic Chunky Vegetable Soup
- Organic Cream of Tomato Soup
- Organic Cream of Tomato Soup, Light in Sodium
- Organic Curried Lentil Soup
- Organic Fire Roasted Southwestern Vegetable Soup
- Organic Lentil Soup
- Organic Lentil Soup, Light in Sodium
- Organic Lentil Vegetable Soup
- Organic Lentil Vegetable Soup, Light in Sodium
- Organic Medium Chili
- Organic Medium Chili, Light in Sodium
- Organic Southwestern Black Bean Chili
- Organic Spicy Chili
- Organic Spicy Chili, Light in Sodium
- Organic Split Pea Soup
- Organic Split Pea Soup, Light in Sodium
- Organic Summer Corn & Vegetable Soup
- Organic Thai Coconut Soup (Tom Kha Phak)
- Organic Tuscan Bean & Rice Soup

Edward & Sons

- Miso-Cup, Organic Reduced Sodium
- Miso-Cup, Organic Traditional with Tofu
- Miso-Cup, Savory Seaweed

Imagine Foods

- Broccoli Soup 16 oz
- Broccoli Soup 32 oz
- Butternut Squash Soup 16 oz
- Butternut Squash Soup 32 oz
- Chicken Broth 16 oz
- Corn & Lemongrass Soup 32 oz
- Creamy Tomato Soup 16 oz
- Free Range Chicken Broth 32 oz
- No Chicken Broth 32 oz
- Organic Acorn Squash & Mango Soup 32 oz
- Organic Chicken Broth, Low Sodium 32 oz
- Organic Portabello Mushroom Soup 32 oz
- Organic Potato Soup, Low Sodium 32 oz
- Organic Sweet Pea Soup 32 oz
- Organic Tomato Soup, Low Sodium 32 oz

Soups (Cont'd)

Imagine Foods

- Organic Vegetable Broth, Low Sodium 32 oz
- Potato Leek Soup 32 oz
- Sweet Potato Soup 32 oz
- Tomato Basil Soup 32 oz
- Vegetable Broth 32 oz

Kettle Cuisine

- Angus Beef Steak Chili with Beans
- Chicken Chili with White Beans
- Chicken Soup with Rice Noodles
- Grilled Chicken and Corn Chowder
- New England Clam Chowder
- Organic Carrot and Coriander Soup
- Roasted Vegetable Soup
- Tomato Soup with Garden Vegetables

Specialty Foods

WFM Gluten Free Bakehouse

- Stuffing Cubes

Sweeteners

Lundberg Farms

- Brown Rice Syrup
- Organic Brown Rice Syrup