

# Gluten Free

SPECIAL DIETS SERIES

CELEBRATING  
YOUR  
CHOICES



## Los Gatos Store, Northern California Region

Whole Foods Market is excited to bring you "Celebrating Your Choices," a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product. If you have any questions, you may contact us at [WFMSpecialDiets@wholefoods.com](mailto:WFMSpecialDiets@wholefoods.com).

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## Baby & Infant Food

### Stonyfield Farm

YoBaby Banana/Vanilla Yogurt  
YoBaby Blueberry/Apple Yogurt  
YoBaby Drinkable Yogurt, Banana  
YoBaby Drinkable Yogurt, Peach  
YoBaby Peach/Pear Yogurt  
YoBaby Simply Plain Yogurt

## Baked Goods

### Crave

Brownie Favors  
Mama Z's Chocolate Cake, 4"

### Kinnikinnick

Cinnamon Sugar Donuts  
Vanilla Glazed Donuts

### WFM Gluten Free Bakehouse

Apple Pie  
Banana Bread  
Blueberry Muffins  
Carrot Cake  
Chocolate Chip Cookies  
Chocolate Cupcakes  
Cinnamon Raisin Bread  
Cornbread  
Cranberry Orange Scones  
Cream Biscuits  
Molasses Ginger Cookies  
Nutmeal Raisin Cookies

## Baked Goods (Cont'd)

### WFM Gluten Free Bakehouse

Peanut Butter Cookies  
Pie Shells  
Pizza Crust  
Prairie Bread  
Pumpkin Pie  
Sandwich Bread  
Southern Pecan Pie  
Stuffing Cubes

## Baking Needs

### 365 Everyday Value™

Gluten Free All Purpose Baking Mix  
Gluten Free Chocolate Brownie Mix  
Gluten Free Chocolate Chip Cookie Mix  
Gluten Free Muffin Mix  
Gluten Free Pancake & Waffle Mix  
Gluten Free Pizza Crust Mix  
Gluten Free White Cake Mix

### Arrowhead Mills

Blue Corn Meal  
Buckwheat Flour  
Gluten Free Pancake & Baking Mix  
Yellow Corn Meal

### Bob's Red Mill

Active Dry Yeast  
Almond Flour  
Baking Powder  
Baking Soda  
Brown Rice Flour  
Cornstarch  
Flaxseed Meal  
Flaxseeds  
Garbanzo Bean Flour  
Gluten Free All Purpose Baking Flour

## Baking Needs (Cont'd)

### Bob's Red Mill

- Gluten Free Brownie Mix
- Gluten Free Chocolate Cake Mix
- Gluten Free Cornbread Mix
- Gluten Free Garbanzo & Fava Bean Flour
- Gluten Free Homemade Wonderful Bread Mix
- Gluten Free Pancake Mix
- Gluten Free Sweet White Sorghum Flour
- GlutenFree Rolled Oats
- Golden Flaxseed Meal
- Hazelnut Meal/Flour
- Hemp Protein Powder
- Millet Flour
- Organic Amaranth Flour
- Organic Coconut Flour
- Organic Flaxseed Meal
- Organic Golden Flaxseed Meal
- Organic Golden Flaxseeds
- Potato Flour
- Potato Starch
- Tapioca Flour
- Teff Flour
- White Rice Flour
- Xanthan Gum

### Cherrybrook Kitchen

- Vanilla Frosting
- Vanilla Frosting Mix

### Cherrybrook Kitchen Gluten Free Dreams

- Chocolate Cake Mix

### Enjoy Life

- Semi-Sweet Chocolate Chips

### Gluten Free Pantry

- French Bread & Pizza Mix

### Let's Do...

- Carnival Sprinkelz
- Chocolatey Sprinkelz
- Confetti Sprinkelz

### Let's Do... Organic

- Organic Reduced Fat Shredded Coconut
- Organic Shredded Coconut
- Organic Tapioca Granules
- Organic Tapioca Pearls

## Baking Needs (Cont'd)

### Let's Do... Organic

- Organic Tapioca Starch

### Namaste

- Chocolate Cake Mix
- Cookie Mix
- Sugar-Free Muffin Mix

### Pamela's Products

- Baking & Pancake Mix
- Chocolate Brownie Mix
- Chocolate Cake Mix
- Chocolate Chunk Cookie Mix
- Classic Vanilla Cake Mix
- Confetti Frosting Mix
- Cornbread & Muffin Mix
- Gluten-Free Bread Mix

### Spicely

- Organic Vanilla Extract

### WFM Gluten Free Bakehouse

- Pie Shells

## Beverages

### Celestial Seasonings

- Antioxidant Green Tea, 20 Ct
- Authentic Green Tea, 20 Ct
- Bengal Spice Tea, 20 Ct
- Candy Cane Lane Decaf Tea, 20 Ct
- Chamomile Tea, 20 Ct
- Cinnamon Apple Spice Tea, 20 Ct
- Cranberry Apple Zinger Tea, 20 Ct
- Decaf Green Tea, 20 Ct
- Decaf Mandarin Orchard Green Tea, 20 Ct
- Decaf Mint Green Tea, 20 Ct
- Echinacea Complete Care Tea, 20 Ct
- Goji Berry Pomegranate Green Tea, 20 Ct
- Honey Lemon Ginseng Green Tea, 20 Ct
- Honey Vanilla Chamomile Tea, 20 Ct
- Madagascar Vanilla Red Tea, 20 Ct
- Mint Magic Tea, 20 Ct
- Moroccan Pomegranate Red Tea, 20 Ct
- Nutcracker Sweet Herbal Tea
- Peppermint Tea, 20 Ct
- Red Zinger Tea, 20 Ct

## **Beverages (Cont'd)**

### **Celestial Seasonings**

Sleepytime Extra Tea, 20 Ct  
Sleepytime Tea, 20 Ct  
Sleepytime Throat Tamer Tea, 20 Ct  
Sugar Plum Spice, 20 Ct  
Tension Tamer Tea, 20 Ct  
True Blueberry, 20 Ct

### **Rice Dream**

Rice Nog

### **So Delicious**

Original (Plain) Coconut Milk Beverage  
Unsweetened Coconut Milk Beverage  
Vanilla Coconut Milk Beverage

## **Bread**

### **Food For Life**

Brown Rice Bread, Wheat & Gluten Free  
Millet Bread, Wheat & Gluten Free  
Raisin Pecan Bread, Wheat & Gluten Free  
Rice Almond Bread, Wheat & Gluten Free  
Rice Pecan Bread, Wheat & Gluten Free  
White Rice Bread, Wheat & Gluten Free  
Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

### **Glutino**

Premium Cinnamon & Raisin Bread  
Premium Flax Seed Bread  
Premium Pizza Crusts

### **Kinnikinnick**

Tapioca Rice English Muffin  
Tapioca Rice Hamburger Buns  
Tapioca Rice Hot Dog Buns  
White Sandwich Bread

### **WFM Gluten Free Bakehouse**

Cinnamon Raisin Bread  
Cornbread  
Cream Biscuits  
Hamburger Buns  
Prairie Bread  
Sandwich Bread

## **Candy and Chocolate**

### **Endangered Species Chocolate**

Bite Size Extreme Dark Chocolate  
Dark Chocolate with Blueberries - Sea Turtle  
Dark Chocolate with Cranberries & Almonds - Wolf  
Dark Chocolate with Deep Forest Mint  
Dark Chocolate with Espresso Beans - Tiger  
Dark Chocolate with Hazelnut Toffee - Rhino  
Dark Chocolate with Raspberries - Grizzly Bear  
Extreme Dark Chocolate - Panther  
Intense Dark Chocolate with Cacao Nibs - Bat  
Milk Chocolate with Cherries - Dolphin  
Organic Health Dark Chocolate with Goldenberry & Lucuma  
Smooth Milk Chocolate - Sea Otter  
Supreme Dark Chocolate - Chimpanzee

### **Glee Gum**

Glee Bubblegum Flavor Gum  
Glee Cinnamon Gum  
Glee Peppermint Gum  
Glee Tangerine Gum

### **Let's Do...**

Carnival Sprinkelz  
Chocolatey Sprinkelz  
Confetti Sprinkelz

### **Let's Do... Organic**

Organic Classic Gummi Bears

### **Scharffen Berger**

Bittersweet Chocolate Bar, 70% Cacao  
Dark Mocha Chocolate Bar, 62% Cacao  
Extra Dark Chocolate Bar, 82% Cacao  
Milk Chocolate Nibby Bar, 41% Cacao  
Milk Chocolate, 41% Cacao, 1 oz

## **Canned Goods**

### **Amy's**

Organic Refried Beans with Green Chiles  
Organic Refried Black Beans

## Canned Goods (Cont'd)

### Amy's

- Organic Refried Black Beans, Low in Sodium
- Organic Traditional Refried Beans
- Organic Traditional Refried Beans, Light in Sodium

### Native Forest

- Artichoke Hearts, Quartered
- Artichoke Hearts, Whole
- Organic Baby Corn
- Organic Hearts of Palm
- Organic Mango Chunks
- Organic Tropical Fruit Salad

## Cereal

### Amy's

- Organic Cream of Rice Hot Cereal Bowl

### Ancient Harvest

- Organic Quinoa Flakes 12 oz

### Barbara's Bakery

- Honey Rice Puffins Cereal

### Bob's Red Mill

- Brown Rice Farina Creamy Rice Hot Cereal
- Gluten Free Mighty Tasty Hot Cereal
- GlutenFree Rolled Oats

### Enjoy Life

- Cinnamon Crunch Granola

### EnviroKidz

- Gorilla Munch Organic Cereal
- Koala Crisp Organic Cereal
- Leapin' Lemurs Peanut Butter & Chocolate Organic Cereal
- Peanut Butter Panda Puffs Organic Cereal

### Lundberg Farms

- Organic Pure Creamy Rice Cereal

### Nature's Path

- Organic Fruit Juice Sweetened Corn Flakes
- Organic Honey'd Cornflakes
- Organic Whole O's Cereal

## Cheese

### Follow Your Heart

- Vegan Gourmet Cheddar
- Vegan Gourmet Cream Cheese
- Vegan Gourmet Monterey Jack
- Vegan Gourmet Mozzarella Cheese
- Vegan Gourmet Sour Cream

## Chips, Pretzels and Snacks

### Arico

- Cassava Chips, Original

### Food Should Taste Good

- Buffalo Tortilla Chips 6 oz
- Multigrain Tortilla Chips 12 oz
- Sweet Potato Tortilla Chips 6 oz

### Food Should Taste Good

- Jalapeno Tortilla Chips 6 oz

### Glutino

- Pretzel Sticks, Family Bag
- Pretzels, Family Bag
- Pretzels, Snack Pack

### Kettle Brand®

- Krinkle Cut Potato Chips, Lightly Salted 14 oz
- Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 14 oz
- Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 2 oz
- Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 9 oz
- Potato Chips, Honey Dijon 2 oz
- Potato Chips, Honey Dijon 5 oz
- Potato Chips, Lightly Salted 2 oz
- Potato Chips, Lightly Salted 5 oz
- Potato Chips, New York Cheddar w/ Herbs 2 oz
- Potato Chips, New York Cheddar w/ Herbs 5 oz
- Potato Chips, Organic Lightly Salted 5 oz
- Potato Chips, Sea Salt & Vinegar 2 oz
- Potato Chips, Sea Salt & Vinegar 5 oz
- Potato Chips, Unsalted 5 oz
- Potato Chips, Yogurt & Green Onion 5 oz

## **Chips, Pretzels and Snacks (Cont'd)**

### **Kettle Brand®**

Baked Potato Chips, 100 Calorie, Lightly Salted .80 oz  
Baked Potato Chips, Aged White Cheddar 4 oz  
Baked Potato Chips, Hickory Honey BBQ 4 oz  
Baked Potato Chips, Lightly Salted 4 oz  
Baked Potato Chips, Salt & Fresh Ground Pepper 4 oz  
Baked Potato Chips, Sea Salt & Vinegar 4 oz  
Krinkle Cut Potato Chips, Buffalo Bleu 5 oz  
Krinkle Cut Potato Chips, Buffalo Bleu 9 oz  
Krinkle Cut Potato Chips, Classic BBQ 14 oz  
Potato Chips, Backyard Barbeque 5 oz  
Potato Chips, Jalapeno 5 oz  
Potato Chips, Lightly Salted 9 oz  
Potato Chips, Organic Sea Salt & Black Pepper 5 oz  
Potato Chips, Sea Salt & Vinegar 9 oz  
Potato Chips, Sour Cream, Onion & Chive 5 oz  
Potato Chips, Spicy Thai 5 oz  
Potato Chips, Sweet Onion 2 oz  
Potato Chips, Sweet Onion 5 oz

### **Lundberg Farms**

Apple Cinnamon Rice Cakes  
Buttery Caramel Rice Cakes  
Fiesta Lime Rice Chips  
Organic Brown Rice Cakes  
Organic Sea Salt Rice Chips  
Organic Sesame Tamari Rice Cakes  
Organic Tamari Seaweed Rice Cakes  
Organic Unsalted Brown Rice Cakes  
Organic Wild Rice Cakes  
Sante Fe BBQ Rice Chips  
Sesame Seaweed Rice Chips

### **Mary's Gone Crackers**

Sticks & Twigs, Sea Salt

## **Chips, Pretzels and Snacks (Cont'd)**

### **Mr. Krispers**

Baked Rice Krisps, Barbecue  
Baked Rice Krisps, Nacho  
Baked Rice Krisps, Sea Salt & Pepper  
Baked Rice Krisps, Sour Cream & Onion

## **Condiments**

### **Follow Your Heart**

Low Fat Ranch Dressing  
Vegenaise, Grapeseed Oil  
Vegenaise, High Omega-3 w/ Expeller-Pressed Canola Oil

### **Organicville**

Organic Dressing, French  
Organic Dressing, Non Dairy Ranch  
Organic Dressing, Pomegranate Vinaigrette  
Organic Ketchup  
Organic Original BBQ Sauce  
Organic Tangy BBQ Sauce

### **Spectrum**

Canola Mayonnaise 16 oz  
Light Canola Eggless Mayonnaise 16 oz  
Light Canola Eggless Mayonnaise 32 oz  
Light Canola Eggless Mayonnaise, Squeeze Bottle  
Organic Garlic Ranch Omega-3 Dressing  
Organic Golden Balsamic Omega-3 Dressing  
Organic Olive Oil Mayonnaise  
Organic Omega-3 Mayonnaise with Flax 16 oz  
Organic Soy Mayonnaise 16 oz  
Organic Soy Mayonnaise, Squeeze Bottle

## **Cookies and Snack Bars**

### **Enjoy Life**

Caramel Apple Snack Bars  
Cocoa Loco Snack Bars  
Soft Baked Chewy Chocolate Chip Cookies  
Soft Baked Double Chocolate Brownie Cookies  
Soft Baked Happy Apple Cookies  
Soft Baked Lively Lemon Cookies  
Soft Baked Snickerdoodle Cookies

## Cookies and Snack Bars (Cont'd)

### Enjoy Life

Very Berry Snack Bars

### EnviroKidz

Cheetah Organic Crispy Rice Bars, Berry  
Koala Organic Crispy Rice Bars, Chocolate  
Lemur Organic Crispy Rice Bars, Peanut Choco Drizzle  
Panda Organic Crispy Rice Bars, Peanut Butter  
Penguin Organic Crispy Rice Bars, Fruity Burst

### Glutenfreeda's Real Cookies

Chip Chip Hooray! Cookie Dough

### Glutino

Breakfast Bars, Blueberry  
Chocolate Coated Wafers  
Lemon Wafers  
Vanilla Wafers

### Jennie's

Coconut Macaroons

### Kinnikinnick

KinniKritters Animal Cookies  
KinniTOOS Chocolate Sandwich Creme Cookies  
KinniTOOS Vanilla Sandwich Creme Cookies  
Montana's Chocolate Chip Cookies

### Pamela's Products

Butter Shortbread Cookies  
Chocolate Chip Walnut Cookies  
Chocolate Walnut Biscotti  
Chunky Chocolate Chip Cookies  
Ginger Cookies with Sliced Almonds  
Peanut Butter Cookies  
Pecan Shortbread Cookies  
Shortbread Swirl Cookies  
Simplebites Extreme Chocolate Mini Cookies  
Simplebites Ginger Mini Snapz

### WFM Gluten Free Bakehouse

Chocolate Chip Cookies  
Molasses Ginger Cookies  
Nutmeal Raisin Cookies  
Peanut Butter Cookies

## Crackers

### Blue Diamond

Almond Nut-Thins  
Cheddar Cheese Nut-Thins  
Hazelnut Nut-Thins  
Pecan Nut-Thins

### Edward & Sons

Brown Rice Snaps, Tamari Sesame  
Organic Brown Rice Snaps, Black Sesame  
Organic Brown Rice Snaps, Cheddar  
Organic Brown Rice Snaps, Unsalted Plain  
Organic Brown Rice Snaps, Vegetable

### Glutino

Crackers, Cheddar  
Crackers, Original

### Mary's Gone Crackers

Crackers, Black Pepper  
Crackers, Caraway  
Crackers, Herb  
Crackers, Onion  
Crackers, Original

## Dairy

### Brown Cow

Apricot-Mango Whole Milk Yogurt, 6 oz  
Blueberry Whole Milk Yogurt, 6 oz  
Cherry-Vanilla Whole Milk Yogurt, 6 oz  
Chocolate Whole Milk Yogurt, 6 oz  
Coffee Whole Milk Yogurt, 6 oz  
Low Fat Black Cherry Yogurt, 6 oz  
Low Fat Blueberry Yogurt, 6 oz  
Low Fat Boysenberry Yogurt, 6 oz  
Low Fat Lemon Twist Yogurt, 6 oz  
Low Fat Peach Yogurt, 6 oz  
Low Fat Plain Yogurt, 32 oz  
Low Fat Strawberry Yogurt, 6 oz  
Low Fat Vanilla Bean Yogurt, 6 oz  
Low Fat Vanilla Yogurt, 32 oz  
Maple Whole Milk Yogurt, 6 oz  
Peach Whole Milk Yogurt, 6 oz  
Plain Whole Milk Yogurt, 32 oz  
Plain Whole Milk Yogurt, 6 oz  
Strawberry Whole Milk Yogurt, 6 oz  
Vanilla Whole Milk Yogurt, 32 oz  
Vanilla Whole Milk Yogurt, 6 oz

## Dairy (Cont'd)

### Earth Balance

- Buttery Sticks
- Organic Whipped Buttery Spread
- Original Buttery Spread
- Soy Free Buttery Spread
- Soy Garden Buttery Spread

### Stonyfield Farm

- Organic Fat Free Blueberry Yogurt, Fruit on the Bottom, 6 oz
- Organic Fat Free Chocolate Underground Yogurt, 6 oz
- Organic Fat Free Plain Yogurt, 6 oz
- Organic Low Fat Blueberry Yogurt, 32 oz
- Organic Low Fat Cherry Vanilla Yogurt, 6 oz
- Organic Low Fat Strawberry Pomegranate Yogurt, 6 oz
- Organic O'Soy Strawberry/Peach Yogurt, 6-pack
- Organic Peach Yogurt Smoothie, 10 oz
- Organic Strawberry Yogurt Smoothie, 10 oz
- Organic Strawberry Yogurt Smoothies, 4 pack
- Organic Vanilla Yogurt Smoothie, 10 oz
- Organic Wild Berry Yogurt Smoothies, 4 pack
- YoBaby Banana/Vanilla Yogurt
- YoBaby Blueberry/Apple Yogurt
- YoBaby Drinkable Yogurt, Banana
- YoBaby Drinkable Yogurt, Peach
- YoBaby Peach/Pear Yogurt
- YoBaby Simply Plain Yogurt
- YoKids Squeezers Cherry/Berry Blitz
- YoKids Squeezers Screamin' Strawberry
- YoKids Strawberry BaNilla Blast Yogurt
- YoKids Strawberry Vanilla Raspberry Yogurt

## Dairy Alternatives

### 365 Everyday Value™

- Organic Ricemilk - Original
- Organic Ricemilk - Unsweetened
- Organic Ricemilk - Vanilla
- Organic Soymilk - Chocolate, 32 oz

## Dairy Alternatives (Cont'd)

### 365 Everyday Value™

- Organic Soymilk - Chocolate, 64 oz
- Organic Soymilk - Original, 32 oz
- Organic Soymilk - Original, 64 oz
- Organic Soymilk - Unsweetened, 32 oz
- Organic Soymilk - Unsweetened, 64 oz
- Organic Soymilk - Vanilla, 32 oz
- Organic Soymilk - Vanilla, 64 oz

### Blue Diamond

- Almond Breeze, Chocolate
- Almond Breeze, Chocolate Unsweetened
- Almond Breeze, Original
- Almond Breeze, Original Unsweetened
- Almond Breeze, Vanilla
- Almond Breeze, Vanilla Unsweetened

### Follow Your Heart

- Vegan Gourmet Cheddar
- Vegan Gourmet Cream Cheese
- Vegan Gourmet Monterey Jack
- Vegan Gourmet Mozzarella Cheese
- Vegan Gourmet Sour Cream

### Rice Dream

- Enriched Rice Milk Beverage, Chocolate 32 oz
- Enriched Rice Milk Beverage, Vanilla 32 oz
- Organic Enriched Rice Milk Beverage, Original 32 oz
- Organic Enriched Rice Milk Beverage, Original 64 oz
- Organic Enriched Rice Milk Beverage, Vanilla 64 oz
- Refrigerated Ricemilk, Original 64 oz
- Refrigerated Ricemilk, Vanilla 64 oz
- Rice Milk Beverage, Vanilla 32 oz

### So Delicious

- Blueberry Dairy Free Yogurt
- Chocolate Cultured Coconut Milk Yogurt
- Cinnamon Bun Dairy Free Yogurt
- Original (Plain) Coconut Milk Beverage
- Passionate Mango Cultured Coconut Milk Yogurt
- Peach Dairy Free Yogurt
- Plain Cultured Coconut Milk Yogurt

## Dairy Alternatives (Cont'd)

### So Delicious

- Raspberry Cultured Coconut Milk Yogurt
- Raspberry Dairy Free Yogurt
- Strawberry Banna Cultured Coconut Milk Yogurt
- Unsweetened Coconut Milk Beverage
- Vanilla Coconut Milk Beverage
- Vanilla Cultured Coconut Milk Yogurt
- Vanilla Dairy Free Yogurt

## Deli Style Meats and Cheeses

### Applegate Farms

- Organic Sliced Oven Roasted Chicken
- Sliced Authentic Prosciutto
- Sliced Genoa Salami
- Sliced Hot Soppressata
- Sliced Organic Genoa Salami
- Sliced Organic Oven Roasted Turkey
- Sliced Organic Smoked Turkey
- Sliced Organic Uncured Ham
- Sliced Soppressata

## Desserts

### Crave

- Brownie Favors
- Mama Z's Chocolate Cake, 4"

### French Meadow Bakery

- Gluten Free Fudge Brownie

### WFM Gluten Free Bakehouse

- Apple Pie
- Carrot Cake
- Chocolate Cupcakes
- Pumpkin Pie
- Southern Pecan Pie

## Energy and Nutrition Bars/Drinks

### Bumble Bar

- Chocolate Crisp
- Original with Peanut

## Entrees and Mixes

### 365 Everyday Value™

- Gluten Free All Purpose Baking Mix
- Gluten Free Chocolate Brownie Mix
- Gluten Free Chocolate Chip Cookie Mix
- Gluten Free Muffin Mix
- Gluten Free Pancake & Waffle Mix
- Gluten Free Pizza Crust Mix
- Gluten Free White Cake Mix

### Bob's Red Mill

- Gluten Free Chocolate Cake Mix
- TVP (Textured Vegetable Protein)

### Cherrybrook Kitchen

- Vanilla Frosting Mix

### Cherrybrook Kitchen Gluten Free Dreams

- Chocolate Cake Mix

### Glutino

- Macaroni & Cheese

### Lundberg Farms

- Butternut Squash Risotto
- Cheddar Broccoli Risotto
- Garlic Primavera Risotto
- Italian Herb Risotto
- Organic Alfredo Risotto
- Organic Porcini Wild Mushroom Risotto
- Organic Tuscan Risotto

### Namaste

- Chocolate Cake Mix
- Cookie Mix
- Sugar-Free Muffin Mix

### Pamela's Products

- Confetti Frosting Mix

### Road's End Organics

- Dairy Free Cheddar Style Penne & Chreese

### Tasty Bite

- Aloo Palak
- Bengal Lentils
- Bombay Potatoes
- Jaipur Vegetables
- Kashmir Spinach
- Madras Lentils
- Peas Paneer
- Punjab Eggplant

## Entrees and Mixes (Cont'd)

### Tasty Bite

Spinach Dal

## Ethnic Foods

### Amy's

Organic Asian Noodle Stir-Fry  
Organic Black Bean Enchilada Whole Meal  
Organic Black Bean Vegetable Enchilada  
Organic Black Bean Vegetable Enchilada, Light in Sodium  
Organic Cheese Enchilada  
Organic Cheese Enchilada Whole Meal  
Organic Indian Mattar Paneer  
Organic Indian Mattar Paneer, Light in Sodium  
Organic Indian Mattar Tofu  
Organic Indian Palak Paneer  
Organic Indian Paneer Tikka  
Organic Indian Vegetable Korma  
Organic Mexican Casserole Bowl  
Organic Mexican Casserole Bowl, Light in Sodium  
Organic Mexican Tamale Pie  
Organic Mexican Tofu Scramble  
Organic Roasted Vegetable Tamale Whole Meal  
Organic Santa Fe Enchilada Bowl  
Organic Teriyaki Bowl  
Organic Thai Stir-Fry  
Organic Tortilla Casserole & Black Beans Bowl

### Annie Chun's

Maifun Rice Noodles  
Pad Thai Rice Noodles

### Edward & Sons

Brown Rice Snaps, Tamari Sesame  
Miso-Cup, Organic Reduced Sodium

### Food For Life

Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

## Ethnic Foods (Cont'd)

### Food Merchants

Organic Polenta, Basil & Garlic  
Organic Polenta, Mushroom & Onion  
Organic Polenta, Traditional  
Organic Quinoa Polenta, Heirloom Red & Black

### Native Forest

Organic Coconut Milk

### Organicville

Organic Sesame Teriyaki

### Spicely

Chili Con Carne Seasoning, Salt Free  
Curry, Thai Red, Salt Free  
Epazote  
Sumac  
Taco Seasoning, Salt Free

### Tasty Bite

Aloo Palak  
Bengal Lentils  
Bombay Potatoes  
Jaipur Vegetables  
Kashmir Spinach  
Madras Lentils  
Peas Paneer  
Punjab Eggplant  
Spinach Dal  
Tandoori Pilaf

## Frozen Foods

### Amy's

Kids Baked Ziti Meal  
Organic Asian Noodle Stir-Fry  
Organic Baked Ziti Bowl  
Organic Bistro Veggie Burger  
Organic Black Bean Enchilada Whole Meal  
Organic Black Bean Vegetable Enchilada  
Organic Black Bean Vegetable Enchilada, Light in Sodium  
Organic Brown Rice & Vegetables Bowl  
Organic Brown Rice & Vegetables Bowl, Light in Sodium

## Frozen Foods (Cont'd)

### Amy's

- Organic Brown Rice, Black-Eyed Peas & Veggies Bowl
- Organic Cheese Enchilada
- Organic Cheese Enchilada Whole Meal
- Organic Cream of Rice Hot Cereal Bowl
- Organic Garden Vegetable Lasagna
- Organic Indian Mattar Paneer
- Organic Indian Mattar Paneer, Light in Sodium
- Organic Indian Mattar Tofu
- Organic Indian Palak Paneer
- Organic Indian Paneer Tikka
- Organic Indian Vegetable Korma
- Organic Mexican Casserole Bowl
- Organic Mexican Casserole Bowl, Light in Sodium
- Organic Mexican Tamale Pie
- Organic Mexican Tofu Scramble
- Organic Rice Crust Cheese Pizza
- Organic Rice Crust Spinach Pizza
- Organic Rice Mac & Cheese
- Organic Roasted Vegetable Tamale Whole Meal
- Organic Santa Fe Enchilada Bowl
- Organic Shepherd's Pie, Light in Sodium
- Organic Single Serve Non-Dairy Rice Crust Cheeze Pizza
- Organic Teriyaki Bowl
- Organic Thai Stir-Fry
- Organic Tofu Scramble
- Organic Tortilla Casserole & Black Beans Bowl

### French Meadow Bakery

- Gluten Free Chocolate Chip Cookie Dough
- Gluten Free Fudge Brownie

### Glutenfreeda's Real Cookies

- Chip Chip Hooray! Cookie Dough

### Glutino

- Pizza, Chicken BBQ
- Pizza, Duo Cheese
- Pizza, Spinach Feta

## Frozen Foods (Cont'd)

### Ian's Natural Foods

- Alpha Tots
- Chicken Patties, Wheat Free Gluten Free
- Ian's Chicken Nuggets, Allergen Free
- Ian's Fish Sticks, Allergen Free
- Popcorn Turkey Corn Dogs
- Wafflewich, Egg & Maple Sausage, Wheat Free Gluten Free

### Kinnikinnick

- Cinnamon Sugar Donuts
- Tapioca Rice English Muffin
- Tapioca Rice Hamburger Buns
- Tapioca Rice Hot Dog Buns
- Vanilla Glazed Donuts
- White Sandwich Bread

### Nature's Path

- Organic Homestyle Waffles

### Organic So Delicious

- Chocolate Velvet Non-Dairy Frozen Dessert
- Creamy Vanilla Non-Dairy Frozen Dessert
- Mocha Fudge Non-Dairy Frozen Dessert

### Purely Decadent

- Blueberry Cheesecake Non-Dairy Frozen Dessert
- Chocolate Obsession Non-Dairy Frozen Dessert
- Chocolate Peanut Butter Swirl Non-Dairy Frozen Coconut Milk Dessert
- Coconut Non-Dairy Frozen Coconut Milk Dessert
- Cookie Dough Non-Dairy Frozen Coconut Milk Dessert
- Dulce De Leche Non-Dairy Frozen Dessert
- Key Lime Pie Non-Dairy Frozen Dessert
- Mint Chip Non-Dairy Frozen Coconut Milk Dessert
- Passionate Mango Non-Dairy Frozen Coconut Milk Dessert
- Peanut Butter Zig Zag Non-Dairy Frozen Dessert
- Pomegranate Chip Non-Dairy Frozen Dessert
- Snickerdoodle Non-Dairy Frozen Dessert
- Turtle Trails Non-Dairy Frozen Dessert

## Frozen Foods (Cont'd)

### Rice Dream

- Rice Dream, Strawberry
- Vanilla Frozen Dessert, Pint
- Vanilla Frozen Dessert, Quart

### So Delicious

- Coconut Almond Bar, Made with Coconut Milk

### Starfish

- Crispy Battered Gluten Free Cod
- Crispy Battered Gluten Free Halibut

### Sweet Nothings

- Non-Dairy Fudge Bar, 6-pack

### Van's

- Wheat Free Blueberry Waffles
- Wheat Free French Toast Sticks Cinnamon
- Wheat Free Homestyle Pancakes
- Wheat Free Homestyle Waffles
- Wheat Free Mini Homestyle Waffles

## Grains and Rice

### Ancient Harvest

- Traditional Organic Quinoa 12 oz

### Annie Chun's

- Rice Express Black Pearl Rice
- Rice Express Multi Grain Rice
- Rice Express Sprouted Brown Rice
- Rice Express Sticky White Rice

### Eden

- Organic Red Quinoa, Whole Grain

### Lundberg Farms

- Butternut Squash Risotto
- Cheddar Broccoli Risotto
- Eco-Farmed Countrywild Gourmet Blend Rice
- Eco-Farmed Wild Blend Gourmet Blend Rice
- Italian Herb Risotto
- Organic Alfredo Risotto
- Organic California Brown Basmati Rice
- Organic California Brown Jasmine Rice, 25 lb
- Organic California White Basmati Rice
- Organic Long Grain Brown Rice
- Organic Porcini Wild Mushroom Risotto

## Grains and Rice (Cont'd)

### Lundberg Farms

- Organic Short Grain Brown Rice
- Organic Wild Rice

### Tasty Bite

- Basmati Rice
- Brown Rice
- Tandoori Pilaf

## Jams and Nut Butters

### Blue Diamond

- Homestyle Almond Butter, Creamy

### Earth Balance

- Creamy Natural Almond Butter
- Creamy Natural Peanut Butter

### Maranatha

- Roasted Sesame Tahini

## Meat Alternatives

### Bob's Red Mill

- TVP (Textured Vegetable Protein)

## Meat and Poultry

### Applegate Farms

- Organic Beef Hot Dogs
- Organic Chicken & Apple Sausage
- Organic Fire Roasted Red Pepper Sausage
- Organic Hot Dogs
- Organic Spinach & Feta Sausage
- Organic Sweet Italian Sausage

## Nutritional Supplements

### Bob's Red Mill

- Hemp Protein Powder

### Country Life

- Acetyl L-Carnitine 500mg Capsules, 60 ct
- Cal-Snack Milk-Free Chewables, 120 ct
- DL Phenylalanine 1000mg Capsules, 30 ct
- Glucosamine Chondroitin Capsules, 90 ct
- L-Arginine + L-Ornithine 1000mg Capsules with B-6, 90 ct

## Nutritional Supplements (Cont'd)

### Country Life

- L-Arginine 500mg Capsules with B-6, 100 ct
- L-Glutamine 1000mg Capsules with B-6, 100 ct
- L-Lysine 500mg Capsules with B-6, 100 ct
- Max-Amino Capsules with B-6, 90 ct
- Melatonin 3mg Tablets, 90 ct
- R-Lipoic Acid
- Superior B-12, 50 ct
- Target-Mins Calcium Capsules, 90 ct
- Target-Mins Calcium-Magnesium Complex Tablets, 180 ct
- Target-Mins Calcium-Magnesium Complex Tablets, 90 ct
- Target-Mins Calcium-Magnesium-Potassium Tablets, 180 ct
- Target-Mins Calcium-Magnesium-Veg Capsules, 120 ct
- Target-Mins Calcium-Magnesium-Veg Capsules, 240 ct
- Target-Mins Magnesium Capsules, 60 ct

## Nuts, Seeds and Dried Fruits

### Bob's Red Mill

- Flaxseeds
- Hemp Protein Powder
- Organic Golden Flaxseeds

## Pasta

### Ancient Harvest

- Quinoa Supergrain Pasta, Elbows 8 oz
- Quinoa Supergrain Pasta, Garden Pagodas 8 oz
- Quinoa Supergrain Pasta, Shells 8 oz
- Quinoa Supergrain Pasta, Spaghetti 8 oz

### Bionaturae

- Organic Gluten Free Elbows Pasta
- Organic Gluten Free Fusilli
- Organic Gluten Free Penne Rigate
- Organic Gluten Free Spaghetti

## Pasta (Cont'd)

### DeBoles Foods

- Multi-Grain Penne
- Multi-Grain Spaghetti

### Lundberg Farms

- Organic Brown Rice Penne Pasta
- Organic Brown Rice Rotini Pasta

### Tinkyada

- Brown Rice Elbow
- Brown Rice Fettucini
- Brown Rice Fusilli
- Brown Rice Lasagne
- Brown Rice Penne
- Brown Rice Shells
- Brown Rice Spaghetti
- Brown Rice Spirals
- Organic Brown Rice Elbow
- Organic Brown Rice Penne
- Organic Brown Rice Spaghetti
- Vegetable Brown Rice Spirals

## Pasta Sauce

### Amy's

- Organic Family Marinara Pasta Sauce
- Organic Low Sodium Marinara Sauce
- Organic Tomato Basil Pasta Sauce
- Organic Tomato Basil Pasta Sauce, Light in Sodium

## Personal Care

### Pangea Organics

- Soap, Canadian Pine with White Sage

### Tom's of Maine

- Calendula Stick Deodorant
- Cinnamon Clove Whole Care Toothpaste
- Fennel Antiplaque Propolis & Myrrh Toothpaste
- Fennel Antiplaque Tartar Control Plus Whitening Toothpaste
- Lavender Long Lasting Stick Deodorant
- Lemon/Lime Anticavity Drymouth SLS-Free Toothpaste
- Orange-Mango Whole Care Gel Toothpaste

## Personal Care (Cont'd)

### Tom's of Maine

- Outrageous Orange-Mango Anticavity Toothpaste
- Peppermint Anticavity SLS-Free Toothpaste
- Peppermint Anticavity Toothpaste
- Peppermint Baking Soda Mouthwash
- Peppermint Whole Care Toothpaste
- Silly Strawberry Anticavity Toothpaste
- Silly Strawberry Non-Fluoride Toothpaste
- Spearmint Anitplaque SLS-Free Toothpaste
- Spearmint Anti-Plaque Plus Whitening Gel Toothpaste
- Spearmint Anti-Plaque Tartar Control Plus Whitening Toothpaste
- Spearmint Anticavity ADA Mouthwash
- Spearmint Anticavity Toothpaste
- Spearmint Cleansing Mouthwash
- Spearmint Flat Floss
- Spearmint Whole Care Gel Toothpaste
- Spearmint Whole Care Toothpaste
- Unflavored Flat Floss
- Unscented Long Lasting Roll-on Deodorant
- Unscented Long Lasting Stick Deodorant
- Wintermint Sensitive Toothpaste
- Woodspice Stick Deodorant

## Prepared Foods

### Food Merchants

- Organic Polenta, Basil & Garlic
- Organic Polenta, Mushroom & Onion
- Organic Polenta, Traditional
- Organic Quinoa Polenta, Heirloom Red & Black

## Sauces, Salsas and Dips

### Amy's

- Organic Black Bean & Corn Salsa
- Organic Medium Salsa
- Organic Mild Salsa
- Organic Spicy Chipotle Salsa

### Organicville

- Organic Mild Salsa
- Organic Sesame Teriyaki

## Sauces, Salsas and Dips (Cont'd)

### The Wizard's Sauce

- Organic Hot Stuff

## Seafood

### Starfish

- Crispy Battered Gluten Free Cod
- Crispy Battered Gluten Free Halibut

## Soups

### Amy's

- Organic Black Bean Chili
- Organic Black Bean Vegetable Soup
- Organic Chunky Tomato Bisque
- Organic Chunky Tomato Bisque, Light in Sodium
- Organic Cream of Tomato Soup
- Organic Cream of Tomato Soup, Light in Sodium
- Organic Curried Lentil Soup
- Organic Fire Roasted Southwestern Vegetable Soup
- Organic Lentil Soup
- Organic Lentil Soup, Light in Sodium
- Organic Lentil Vegetable Soup
- Organic Lentil Vegetable Soup, Light in Sodium
- Organic Medium Chili
- Organic Southwestern Black Bean Chili
- Organic Spicy Chili
- Organic Split Pea Soup
- Organic Split Pea Soup, Light in Sodium
- Organic Summer Corn & Vegetable Soup

### Edward & Sons

- Miso-Cup, Organic Reduced Sodium

### Imagine Foods

- Broccoli Soup 16 oz
- Broccoli Soup 32 oz
- Butternut Squash Soup 16 oz
- Butternut Squash Soup 32 oz
- Chicken Broth 16 oz
- Corn & Lemongrass Soup 16 oz
- Corn & Lemongrass Soup 32 oz

## **Soups (Cont'd)**

### **Imagine Foods**

- Creamy Tomato Soup 16 oz
- Free Range Chicken Broth 32 oz
- No Chicken Broth 32 oz
- Organic Chicken Broth, Low Sodium 32 oz
- Organic Portabello Mushroom Soup 32 oz
- Organic Tomato Soup 32 oz
- Organic Vegetable Broth, Low Sodium 32 oz
- Portabello Mushroom Soup 16 oz
- Potato Leek Soup 16 oz
- Potato Leek Soup 32 oz
- Sweet Potato Soup 32 oz
- Vegetable Broth 16 oz
- Vegetable Broth 32 oz

## **Specialty Foods**

### **WFM Gluten Free Bakehouse**

- Stuffing Cubes

## **Spices and Seasonings**

### **Bob's Red Mill**

- Cornstarch

### **Spicely**

- Bouquet Garni
- Chili California, Ground
- Chili Con Carne Seasoning, Salt Free
- Chili New Mexico, Ground
- Chili Pepper, Crushed
- Cumin Seed, Whole
- Curry, Thai Red, Salt Free
- Epazote
- Fennel Seed
- Gumbo File
- Italian Seasoning
- Melange Peppercorn
- Oregano, Mexican
- Organic Allspice, Ground
- Organic Basil
- Organic Bay Leaves
- Organic Caraway Seeds
- Organic Cardamom, Green
- Organic Cardamom, Ground
- Organic Cayenne Pepper

## **Spices and Seasonings (Cont'd)**

### **Spicely**

- Organic Chili Pepper, Crushed
- Organic Chili Powder, Salt Free
- Organic Chili, Ancho, Ground
- Organic Chili, Chipotle, Ground
- Organic Cinnamon Sticks
- Organic Cinnamon, Ground
- Organic Cloves, Ground
- Organic Cloves, Whole
- Organic Coriander Seeds
- Organic Coriander, Ground
- Organic Cumin Seeds, Whole
- Organic Cumin, Ground
- Organic Garlic Granulates
- Organic Ginger, Ground
- Organic Herbs de Provence
- Organic Onion Granulates
- Organic Oregano, Mediterranean
- Organic Paprika
- Organic Saffron
- Organic Sage, Ground
- Organic Sage, Rubbed
- Organic Tarragon
- Organic Thyme
- Organic Turmeric
- Organic Vanilla Bean
- Organic Vanilla Extract
- Paprika, Smoked
- Pumpkin Pie Spice
- Savory Leaves
- Spice Jars
- Sumac
- Taco Seasoning, Salt Free

## **Sweeteners**

### **Lundberg Farms**

- Brown Rice Syrup