

# Gluten Free

SPECIAL DIETS SERIES

CELEBRATING  
YOUR  
CHOICES



## Mill Valley Store, Northern California Region

Whole Foods Market is excited to bring you "Celebrating Your Choices," a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product. If you have any questions, you may contact us at [WFMSpecialDiets@wholefoods.com](mailto:WFMSpecialDiets@wholefoods.com).

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## Baby & Infant Food

### Stonyfield Farm

YoBaby Banana/Vanilla Yogurt  
YoBaby Blueberry/Apple Yogurt  
YoBaby Drinkable Yogurt, Banana  
YoBaby Drinkable Yogurt, Peach

## Baked Goods

### Crave

Confetti Cupcakes, 4-Pack  
Lemon Tart, 4"  
Mama Z's Chocolate Cake, 4"

### WFM Gluten Free Bakehouse

Banana Bread  
Carrot Cake  
Cherry Almond Streusel Muffins  
Chocolate Chip Cookies  
Cinnamon Raisin Bread  
Cornbread  
Cream Biscuits  
Molasses Ginger Cookies  
Peanut Butter Cookies  
Pie Shells  
Pizza Crust  
Prairie Bread  
Pumpkin Pie  
Sandwich Bread  
Stuffing Cubes

## Baking Needs

### 365 Everyday Value™

Gluten Free All Purpose Baking Mix  
Gluten Free Chocolate Brownie Mix  
Gluten Free Chocolate Chip Cookie Mix  
Gluten Free Muffin Mix  
Gluten Free Pancake & Waffle Mix  
Gluten Free Pizza Crust Mix  
Gluten Free Sandwich Bread Mix  
Gluten Free White Cake Mix

### Ancient Harvest

Organic Quinoa Flour 18 oz

### Arrowhead Mills

Blue Corn Meal  
Buckwheat Flour  
Long Grain Brown Rice Flour  
Yellow Corn Meal

### Bob's Red Mill

Almond Flour  
Baking Soda  
Brown Rice Flour  
Cornstarch  
Flaxseed Meal  
Garbanzo Bean Flour  
Gluten Free All Purpose Baking Flour  
Gluten Free Brownie Mix  
Gluten Free Chocolate Chip Cookie Mix  
Gluten Free Cornbread Mix  
Gluten Free Garbanzo & Fava Bean Flour  
Gluten Free Homemade Wonderful Bread Mix  
Gluten Free Pancake Mix  
Gluten Free Pizza Crust Mix  
Gluten Free Sweet White Sorghum Flour  
GlutenFree Rolled Oats  
Golden Flaxseed Meal  
Hemp Protein Powder  
Millet Flour  
Organic Coconut Flour

## Baking Needs (Cont'd)

### Bob's Red Mill

- Organic Flaxseed Meal
- Organic Golden Flaxseeds
- Organic Quinoa Flour
- Tapioca Flour
- Teff Flour
- White Rice Flour
- Xanthan Gum

### Cherrybrook Kitchen

- Vanilla Frosting

### Enjoy Life

- Semi-Sweet Chocolate Chips

### Hain

- Baking Powder

### Let's Do...

- Carnival Sprinkelz

### Let's Do... Organic

- Organic Reduced Fat Shredded Coconut
- Organic Shredded Coconut
- Organic Tapioca Pearls
- Organic Tapioca Starch

### Namaste

- Brownie Mix
- Waffle & Pancake Mix

### Pamela's Products

- Baking & Pancake Mix
- Baking & Pancake Mix, 4 lb
- Chocolate Brownie Mix
- Chocolate Cake Mix
- Chocolate Chunk Cookie Mix
- Classic Vanilla Cake Mix
- Confetti Frosting Mix
- Cornbread & Muffin Mix
- Gluten-Free Bread Mix
- Vanilla Frosting Mix

### WFM Gluten Free Bakehouse

- Pie Shells

## Beverages

### Celestial Seasonings

- Acai Mango Zinger Tea, 20 Ct
- Authentic Green Tea, 20 Ct
- Bengal Spice Tea, 20 Ct
- Chamomile Tea, 20 Ct
- Cinnamon Apple Spice Tea, 20 Ct
- Country Peach Passion
- Decaf Chai India Spice Tea, 20 Ct
- Decaf Green Tea, 20 Ct
- Goji Berry Pomegranate Green Tea, 20 Ct
- Honey Lemon Ginseng Green Tea, 20 Ct
- Honey Vanilla Chamomile Tea, 20 Ct
- Lemon Zinger Tea, 20 Ct
- Madagascar Vanilla Red Tea, 20 Ct
- Mandarin Orange Spice Tea, 20 Ct
- Mint Magic Tea, 20 Ct
- Peppermint Tea, 20 Ct
- Red Zinger Tea, 20 Ct
- Sleepytime Extra Tea, 20 Ct
- Sleepytime Tea, 20 Ct
- Sleepytime Tea, 40 Ct
- Tangerine Orange Zinger Tea, 20 Ct
- Tension Tamer Tea, 20 Ct
- True Blueberry, 20 Ct
- Wild Berry Tea, 20 Ct

### Eden

- Organic EdenBlend, Rice & Soy Beverage, 32 oz
- Organic EdenBlend, Rice & Soy Beverage, 8.45 oz

### Rice Dream

- Supreme Rice Beverage, Vanilla Hazelnut

### So Delicious

- Original (Plain) Coconut Milk Beverage
- Unsweetened Coconut Milk Beverage
- Vanilla Coconut Milk Beverage

## Bread

### Food For Life

- Brown Rice Bread, Wheat & Gluten Free
- Millet Bread, Wheat & Gluten Free
- Rice Almond Bread, Wheat & Gluten Free
- Rice Pecan Bread, Wheat & Gluten Free
- White Rice Bread, Wheat & Gluten Free

## Bread (Cont'd)

### Food For Life

Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

### Glutino

Premium Cinnamon & Raisin Bread  
Premium Corn Bread  
Premium Flax Seed Bread

### Kinnikinnick

Tapioca Rice English Muffin  
Tapioca Rice Hamburger Buns  
Tapioca Rice Hot Dog Buns

### WFM Gluten Free Bakehouse

Cinnamon Raisin Bread  
Cornbread  
Cream Biscuits  
Prairie Bread  
Sandwich Bread

## Candy and Chocolate

### Endangered Species Chocolate

Bite Size Dark Chocolate with Cranberries & Almonds  
Bite Size Dark Chocolate with Deep Forest Mint  
Bite Size Extreme Dark Chocolate  
Bite Size Smooth Milk Chocolate  
Bite Size Supreme Dark Chocolate  
Dark Chocolate with Blueberries - Sea Turtle  
Dark Chocolate with Cranberries & Almonds - Wolf  
Dark Chocolate with Espresso Beans - Tiger  
Dark Chocolate with Hazelnut Toffee - Rhino  
Dark Chocolate with Raspberries - Grizzly Bear  
Extreme Dark Chocolate - Panther  
Intense Dark Chocolate with Cacao Nibs - Bat  
Milk Chocolate with Almonds - Crane  
Smooth Milk Chocolate - Sea Otter

## Candy and Chocolate (Cont'd)

### Endangered Species Chocolate

Smooth Organic Dark Chocolate with Cherry - Koala  
Supreme Dark Chocolate - Chimpanzee

### Enjoy Life

Boom Choco Boom Dairy-Free Rice Milk w/ Crispy Rice Chocolate Bar  
Boom Choco Boom Dark Chocolate Bar

### Glee Gum

Glee Bubblegum Flavor Gum  
Glee Peppermint Gum  
Glee Tangerine Gum

### Let's Do...

Carnival Sprinkelz

### Scharffen Berger

Bittersweet Chocolate Bar, 70% Cacao  
Dark Mocha Chocolate Bar, 62% Cacao  
Extra Dark Chocolate Bar, 82% Cacao  
Milk Chocolate Nibby Bar, 41% Cacao

## Canned Goods

### Amy's

Organic Refried Black Beans  
Organic Refried Black Beans, Low in Sodium  
Organic Traditional Refried Beans  
Organic Traditional Refried Beans, Light in Sodium  
Organic Vegetarian Baked Beans

### Native Forest

Artichoke Hearts, Quartered  
Artichoke Hearts, Whole  
Organic Baby Corn  
Organic Hearts of Palm  
Organic Mango Chunks  
Organic Papaya Chunks  
Organic Pineapple Slices  
Organic Pineapple, Crushed  
Organic Tropical Fruit Salad

## Cereal

### Ancient Harvest

Organic Quinoa Flakes 12 oz

### Arrowhead Mills

Organic Rice & Shine Hot Cereal

### Bob's Red Mill

Brown Rice Farina Creamy Rice Hot Cereal

Gluten Free Mighty Tasty Hot Cereal

GlutenFree Rolled Oats

### Enjoy Life

Cinnamon Crunch Granola

Very Berry Crunch Granola

### EnviroKidz

Gorilla Munch Organic Cereal

Koala Crisp Organic Cereal

Leapin' Lemurs Peanut Butter & Chocolate Organic Cereal

Peanut Butter Panda Puffs Organic Cereal

### Lundberg Farms

Organic Pure Creamy Rice Cereal

### Nature's Path

Organic Fruit Juice Sweetened Corn Flakes

Organic Honey'd Cornflakes

Organic Mesa Sunrise Cereal

Organic Whole O's Cereal

## Cheese

### Follow Your Heart

Vegan Gourmet Cheddar

Vegan Gourmet Mozzarella Cheese

Vegan Gourmet Nacho Cheese

Vegan Gourmet Sour Cream

## Chips, Pretzels and Snacks

### Food Should Taste Good

Buffalo Tortilla Chips 6 oz

Lime Tortilla Chips 5.5 oz

Sweet Potato Tortilla Chips 6 oz

The Works! Tortilla Chips 6 oz

Yellow Corn Tortilla Chips 11 oz

## Chips, Pretzels and Snacks (Cont'd)

### Food Should Taste Good

Jalapeno Tortilla Chips 6 oz

Multigrain Tortilla Chips 6 oz

Olive Tortilla Chips 6 oz

### Glutino

Pretzel Sticks, Family Bag

Pretzels, Family Bag

Pretzels, Sesame Rings

Pretzels, Sticks

Pretzels, Twists

Pretzels, Unsalted

### Hain Pure Food

Mini Munch Rice Snacks, Lightly Salted

### Kettle Brand®

Krinkle Cut Potato Chips, Lightly Salted 14 oz

Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 14 oz

Potato Chips, Honey Dijon 2 oz

Potato Chips, Honey Dijon 5 oz

Potato Chips, Lightly Salted 5 oz

Potato Chips, New York Cheddar w/ Herbs 2 oz

Potato Chips, Organic Lightly Salted 5 oz

Potato Chips, Sea Salt & Vinegar 2 oz

Potato Chips, Sea Salt & Vinegar 5 oz

Potato Chips, Unsalted 5 oz

Potato Chips, Yogurt & Green Onion 5 oz

### Kettle Brand®

Baked Potato Chips, Aged White Cheddar 4 oz

Baked Potato Chips, Hickory Honey BBQ 4 oz

Baked Potato Chips, Lightly Salted 4 oz

Baked Potato Chips, Salt & Fresh Ground Pepper 4 oz

Baked Potato Chips, Sea Salt & Vinegar 4 oz

Krinkle Cut Potato Chips, Buffalo Bleu 2 oz

Krinkle Cut Potato Chips, Classic BBQ 14 oz

Potato Chips, Backyard Barbeque 5 oz

Potato Chips, Jalapeno 5 oz

## **Chips, Pretzels and Snacks (Cont'd)**

### **Kettle Brand®**

- Potato Chips, Lightly Salted 9 oz
- Potato Chips, Organic Sea Salt & Black Pepper 5 oz
- Potato Chips, Sour Cream, Onion & Chive 5 oz
- Potato Chips, Sweet Onion 5 oz

### **Lundberg Farms**

- Brown Rice Cakes
- Organic Brown Rice Cakes
- Organic Koku Seaweed Rice Cakes
- Organic Sesame Tamari Rice Cakes
- Organic Tamari Seaweed Rice Cakes
- Organic Wild Rice Cakes
- Pico de Gallo Rice Chips
- Sesame Seaweed Rice Chips

### **Mary's Gone Crackers**

- Sticks & Twigs, Sea Salt

## **Condiments**

### **Follow Your Heart**

- Vegenaise, High Omega-3 w/ Expeller-Pressed Canola Oil

### **Organicville**

- Organic Dressing, French
- Organic Dressing, Olive Oil & Balsamic Vinaigrette
- Organic Dressing, Sundried Tomato & Garlic Vinaigrette
- Organic Ketchup
- Organic Original BBQ Sauce

### **Spectrum**

- Canola Mayonnaise 16 oz
- Light Canola Eggless Mayonnaise 16 oz
- Light Canola Eggless Mayonnaise, Squeeze Bottle
- Organic Olive Oil Mayonnaise
- Organic Omega-3 Mayonnaise with Flax 16 oz
- Organic Soy Mayonnaise 16 oz
- Organic Soy Mayonnaise, Squeeze Bottle

## **Cookies and Snack Bars**

### **Bakery On Main**

- Extreme Trail Mix Granola Bars

### **Enjoy Life**

- Caramel Apple Snack Bars
- Soft Baked Chewy Chocolate Chip Cookies
- Soft Baked Double Chocolate Brownie Cookies
- Soft Baked Snickerdoodle Cookies

### **EnviroKidz**

- Cheetah Organic Crispy Rice Bars, Berry
- Koala Organic Crispy Rice Bars, Chocolate
- Panda Organic Crispy Rice Bars, Peanut Butter

### **Glutino**

- Lemon Wafers
- Organic Bar, Chocolate-Banana
- Vanilla Wafers

### **Jennie's**

- Coconut Macaroons

### **Kinnikinnick**

- KinniKritters Animal Cookies
- KinniTOOS Chocolate Sandwich Creme Cookies
- KinniTOOS Vanilla Sandwich Creme Cookies
- S'moreables Graham Style Crackers

### **Kookie Karma**

- Raw Carob Truffle
- Raw Cherry Cashew
- Raw Lemon Fig

### **Let's Do...**

- Gluten Free Ice Cream Cones

### **Mi-Del**

- Arrowroot Animal Cookies
- Chocolate Chip Cookies
- Ginger Snaps

### **Pamela's Products**

- Chocolate Chip Walnut Cookies
- Chunky Chocolate Chip Cookies
- Ginger Cookies with Sliced Almonds
- Organic Chocolate Chunk Pecan Shortbread Cookies
- Organic Dark Chocolate Chunk Cookies
- Peanut Butter Cookies

## Cookies and Snack Bars (Cont'd)

### Pamela's Products

Pecan Shortbread Cookies  
Simplebites Chocolate Chip Mini Cookies  
Simplebites Extreme Chocolate Mini Cookies  
Simplebites Ginger Mini Snapz

### WFM Gluten Free Bakehouse

Chocolate Chip Cookies  
Molasses Ginger Cookies  
Peanut Butter Cookies

## Crackers

### Blue Diamond

Almond Nut-Thins  
Cheddar Cheese Nut-Thins  
Hazelnut Nut-Thins  
Pecan Nut-Thins

### Edward & Sons

Brown Rice Snaps, Tamari Sesame  
Organic Brown Rice Snaps, Unsalted Plain  
Organic Brown Rice Snaps, Vegetable

### Glutino

Crackers, Cheddar

### Mary's Gone Crackers

Crackers, Black Pepper  
Crackers, Caraway  
Crackers, Herb  
Crackers, Onion  
Crackers, Original

## Dairy

### Brown Cow

Apricot-Mango Whole Milk Yogurt, 6 oz  
Blueberry Whole Milk Yogurt, 6 oz  
Cherry-Vanilla Whole Milk Yogurt, 6 oz  
Chocolate Whole Milk Yogurt, 6 oz  
Coffee Whole Milk Yogurt, 6 oz  
Low Fat Black Cherry Yogurt, 6 oz  
Low Fat Blueberry Yogurt, 6 oz  
Low Fat Boysenberry Yogurt, 6 oz  
Low Fat Lemon Twist Yogurt, 6 oz  
Low Fat Peach Yogurt, 6 oz

## Dairy (Cont'd)

### Brown Cow

Low Fat Strawberry Yogurt, 6 oz  
Low Fat Vanilla Bean Yogurt, 6 oz  
Maple Whole Milk Yogurt, 6 oz  
Non Fat Blueberry Yogurt, 6 oz  
Non Fat Plain Yogurt, 32 oz  
Non Fat Strawberry Yogurt, 6 oz  
Non Fat Vanilla Yogurt, 32 oz  
Non Fat Vanilla Yogurt, 6 oz  
Peach Whole Milk Yogurt, 6 oz  
Plain Whole Milk Yogurt, 32 oz  
Plain Whole Milk Yogurt, 6 oz  
Raspberry Whole Milk Yogurt, 6 oz  
Strawberry Whole Milk Yogurt, 6 oz  
Vanilla Whole Milk Yogurt, 32 oz  
Vanilla Whole Milk Yogurt, 6 oz

### Earth Balance

Buttery Sticks  
Organic Whipped Buttery Spread  
Original Buttery Spread

### Stonyfield Farm

Organic Cream Top French Vanilla Yogurt, 32 oz  
Organic Fat Free Black Cherry Yogurt, Fruit on the Bottom, 6 oz  
Organic Fat Free Blueberry Yogurt, Fruit on the Bottom, 6 oz  
Organic Fat Free Chocolate Underground Yogurt, 6 oz  
Organic Fat Free French Vanilla Yogurt, 32 oz  
Organic Fat Free French Vanilla Yogurt, 6 oz  
Organic Fat Free Plain Yogurt, 6 oz  
Organic Fat Free Strawberry Yogurt, Fruit on the Bottom, 6 oz  
Organic Low Fat Blueberry Yogurt, 6 oz  
Organic Low Fat Strawberry Pomegranate Yogurt, 6 oz  
Organic Low Fat Strawberry Yogurt, Fruit on the Bottom, 6 oz  
Organic Low Fat Vanilla Yogurt  
Organic Low Fat Vanilla, 32 oz  
Organic Peach Yogurt Smoothie, 10 oz

## Dairy (Cont'd)

### Stonyfield Farm

Organic Raspberry Yogurt Smoothie, 10 oz  
Organic Strawberry Yogurt Smoothies, 4 pack  
Organic Wild Berry Yogurt Smoothies, 4 pack  
YoBaby Banana/Vanilla Yogurt  
YoBaby Blueberry/Apple Yogurt  
YoBaby Drinkable Yogurt, Banana  
YoBaby Drinkable Yogurt, Peach  
YoKids Squeezers Cherry/Berry Blitz  
YoKids Squeezers Screamin' Strawberry

## Dairy Alternatives

### 365 Everyday Value™

Organic Ricemilk - Original  
Organic Ricemilk - Unsweetened  
Organic Ricemilk - Vanilla  
Organic Soymilk - Chocolate, 32 oz  
Organic Soymilk - Original, 32 oz  
Organic Soymilk - Original, 64 oz  
Organic Soymilk - Unsweetened, 32 oz  
Organic Soymilk - Unsweetened, 64 oz  
Organic Soymilk - Vanilla, 32 oz  
Organic Soymilk - Vanilla, 64 oz

### Almond Dream

Almond Drink, Original 64 oz  
Almond Drink, Unsweetened Original 64 oz

### Blue Diamond

Almond Breeze, Chocolate  
Almond Breeze, Chocolate Unsweetened  
Almond Breeze, Original  
Almond Breeze, Original Unsweetened  
Almond Breeze, Vanilla  
Almond Breeze, Vanilla Unsweetened

### Eden

Organic EdenBlend, Rice & Soy Beverage, 32 oz  
Organic EdenBlend, Rice & Soy Beverage, 8.45 oz

## Dairy Alternatives (Cont'd)

### Follow Your Heart

Vegan Gourmet Cheddar  
Vegan Gourmet Mozzarella Cheese  
Vegan Gourmet Nacho Cheese  
Vegan Gourmet Sour Cream

### Hemp Dream

Hemp Dream, Original 12/32 oz  
Hemp Dream, Vanilla 12/32 oz

### Rice Dream

Enriched Rice Milk Beverage, Chocolate 32 oz  
Enriched Rice Milk Beverage, Vanilla 32 oz  
Organic Enriched Rice Milk Beverage, Original 32 oz  
Organic Enriched Rice Milk Beverage, Vanilla 64 oz  
Refrigerated Ricemilk, Original 64 oz  
Refrigerated Ricemilk, Vanilla 64 oz  
Rice Milk Beverage, Original 32 oz  
Rice Milk Beverage, Original 8 oz  
Rice Milk Beverage, Vanilla 32 oz  
Rice Milk Beverage, Vanilla 8 oz

### So Delicious

Blueberry Cultured Coconut Milk Yogurt  
Blueberry Dairy Free Yogurt  
Cinnamon Bun Dairy Free Yogurt  
Key Lime Dairy Free Yogurt  
Original (Plain) Coconut Milk Beverage  
Original (Plain) Coconut Milk Creamer  
Passionate Mango Cultured Coconut Milk Yogurt  
Peach Dairy Free Yogurt  
Plain Cultured Coconut Milk Yogurt  
Raspberry Cultured Coconut Milk Yogurt  
Raspberry Dairy Free Yogurt  
Strawberry Cultured Coconut Milk Yogurt  
Unsweetened Coconut Milk Beverage  
Vanilla Coconut Milk Beverage

### WestSoy

Longevity Soy Beverage, Plain 32 oz  
Longevity Soy Beverage, Vanilla 32 oz  
Soy Beverage, Unsweetened Chocolate 32 oz

## Deli Style Meats and Cheeses

### Applegate Farms

- Organic Sliced Oven Roasted Chicken
- Salametti
- Sliced Authentic Prosciutto
- Sliced Genoa Salami
- Sliced Organic Genoa Salami
- Sliced Organic Oven Roasted Turkey
- Sliced Organic Roast Beef
- Sliced Organic Smoked Turkey
- Sliced Organic Uncured Ham
- Sliced Pepperoni
- Sliced Soppressata

## Desserts

### Crave

- Confetti Cupcakes, 4-Pack
- Lemon Tart, 4"
- Mama Z's Chocolate Cake, 4"

### French Meadow Bakery

- Gluten Free Fudge Brownie

### WFM Gluten Free Bakehouse

- Carrot Cake
- Pumpkin Pie

## Energy and Nutrition Bars/Drinks

### Bumble Bar

- Chocolate Crisp
- Chunky Cherry
- Original with Peanut

## Entrees and Mixes

### 365 Everyday Value™

- Gluten Free All Purpose Baking Mix
- Gluten Free Chocolate Brownie Mix
- Gluten Free Chocolate Chip Cookie Mix
- Gluten Free Muffin Mix
- Gluten Free Pancake & Waffle Mix
- Gluten Free Pizza Crust Mix
- Gluten Free Sandwich Bread Mix
- Gluten Free White Cake Mix

## Entrees and Mixes (Cont'd)

### Bob's Red Mill

- Gluten Free Chocolate Chip Cookie Mix

### DeBoles Foods

- Rice Elbows & Cheese Pasta Dinner

### Lundberg Farms

- Organic Alfredo Risotto

### Namaste

- Brownie Mix
- Waffle & Pancake Mix

### Pamela's Products

- Confetti Frosting Mix
- Vanilla Frosting Mix

### Road's End Organics

- Dairy Free Cheddar Style Penne & Chreese

### Tasty Bite

- Agra Peas
- Bombay Potatoes
- Madras Lentils
- Massaman Vegetables
- Peas Paneer
- Punjab Eggplant
- Spinach Dal

## Ethnic Foods

### Amy's

- Organic Black Bean Enchilada Whole Meal
- Organic Black Bean Tamale Verde Whole Meal
- Organic Black Bean Vegetable Enchilada
- Organic Black Bean Vegetable Enchilada, Light in Sodium
- Organic Cheese Enchilada
- Organic Cheese Enchilada Whole Meal
- Organic Cheese Tamale Verde Whole Meal
- Organic Indian Mattar Paneer, Light in Sodium
- Organic Indian Palak Paneer
- Organic Indian Paneer Tikka
- Organic Indian Vegetable Korma
- Organic Mexican Tamale Pie
- Organic Roasted Vegetable Tamale Whole Meal

## Ethnic Foods (Cont'd)

### Amy's

Organic Teriyaki Bowl

### Annie Chun's

Maifun Rice Noodles

### Edward & Sons

Brown Rice Snaps, Tamari Sesame

Miso-Cup, Organic Traditional with Tofu

Miso-Cup, Original Golden Vegetable

### Food For Life

Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

### Food Merchants

Organic Polenta, Basil & Garlic

Organic Polenta, Traditional

Organic Quinoa Polenta, Heirloom Red & Black

### Organicville

Organic Island Teriyaki

### Spicely

Adobo Seasoning

Fajita Seasoning, Salt Free

Garam Masala, Salt Free

Organic Curry, Thai Herb Blend

Organic Garam Masala

Organic Mexican Seasoning

Ras El Hanout, Salt Free

Sambal Ulek, Salt Free

Sumac

Taco Seasoning, Salt Free

### Tasty Bite

Agra Peas

Bombay Potatoes

Madras Lentils

Massaman Vegetables

Peas Paneer

Punjab Eggplant

Spinach Dal

## Frozen Foods

### Amy's

Organic Baked Ziti Bowl

Organic Bistro Veggie Burger

Organic Black Bean Enchilada Whole Meal

Organic Black Bean Tamale Verde Whole Meal

Organic Black Bean Vegetable Enchilada

Organic Black Bean Vegetable Enchilada, Light in Sodium

Organic Brown Rice & Vegetables Bowl

Organic Brown Rice & Vegetables Bowl, Light in Sodium

Organic Brown Rice, Black-Eyed Peas & Veggies Bowl

Organic Cheese Enchilada

Organic Cheese Enchilada Whole Meal

Organic Cheese Tamale Verde Whole Meal

Organic Garden Vegetable Lasagna

Organic Indian Mattar Paneer, Light in Sodium

Organic Indian Palak Paneer

Organic Indian Paneer Tikka

Organic Indian Vegetable Korma

Organic Mexican Tamale Pie

Organic Rice Crust Cheese Pizza

Organic Rice Crust Spinach Pizza

Organic Rice Mac & Cheese

Organic Roasted Vegetable Tamale Whole Meal

Organic Shepherd's Pie

Organic Teriyaki Bowl

Organic Tofu Scramble

### Caesar's

Vegetable Lasagna, Gluten-Free Wheat-Free

### French Meadow Bakery

Gluten Free Chocolate Chip Cookie Dough

Gluten Free Fudge Brownie

### Glutino

Pizza, Duo Cheese

Pizza, Spinach Feta

### Ian's Natural Foods

Ian's Chicken Nuggets, Allergen Free

Ian's Fish Sticks, Allergen Free

## Frozen Foods (Cont'd)

### It's Soy Delicious

Awesome Chocolate Non-Dairy Frozen Dessert  
Vanilla Non-Dairy Frozen Dessert

### Julie's Organic Ice Cream

Glutenfreeda's Organic Gluten Free Vanilla Ice Cream Sandwich

### Kinnikinnick

Tapioca Rice English Muffin  
Tapioca Rice Hamburger Buns  
Tapioca Rice Hot Dog Buns

### Nature's Path

Organic Buckwheat Wildberry Waffles  
Organic Homestyle Waffles

### Purely Decadent

Chocolate Non-Dairy Frozen Coconut Milk Dessert  
Chocolate Obsession Non-Dairy Frozen Dessert  
Chocolate Peanut Butter Swirl Non-Dairy Frozen Coconut Milk Dessert  
Coconut Non-Dairy Frozen Coconut Milk Dessert  
Cookie Dough (Gluten Free) Non-Dairy Frozen Dessert  
Mint Chip Non-Dairy Frozen Coconut Milk Dessert  
Mint Chocolate Chip Non-Dairy Frozen Dessert  
Mocha Almond Fudge Non-Dairy Frozen Coconut Milk Dessert  
Passionate Mango Non-Dairy Frozen Coconut Milk Dessert  
Peanut Butter Zig Zag Non-Dairy Frozen Dessert  
Pomegranate Chip Non-Dairy Frozen Dessert  
Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert

### So Delicious

Coconut Almond Bar, Made with Coconut Milk  
Kidz Assorted Fruit Pops  
Vanilla Bar, Made with Coconut Milk

## Frozen Foods (Cont'd)

### Van's

Wheat Free Blueberry Waffles  
Wheat Free Flax Waffles  
Wheat Free Homestyle Waffles

## Grains and Rice

### Ancient Harvest

Traditional Organic Quinoa 12 oz

### Annie Chun's

Rice Express Black Pearl Rice  
Rice Express Multi Grain Rice  
Rice Express Sprouted Brown Rice  
Rice Express Sticky White Rice

### Eden

Organic Quinoa, Whole Grain  
Organic Red Quinoa, Whole Grain

### Lundberg Farms

Eco-Farmed Countrywild Gourmet Blend Rice  
Organic Alfredo Risotto  
Organic California Brown Basmati Rice  
Organic California Brown Jasmine Rice, 25 lb  
Organic California White Basmati Rice  
Organic California White Jasmine Rice  
Organic Long Grain Brown Rice  
Organic Short Grain Brown Rice  
Organic Wild Rice

### Tasty Bite

Jasmine Rice

## Jams and Nut Butters

### Blue Diamond

Homestyle Almond Butter, Creamy  
Homestyle Almond Butter, Crunchy  
Homestyle Almond Butter, Honey

### Earth Balance

Creamy Natural Peanut Butter  
Crunchy Natural Peanut Butter

## Meat and Poultry

### Applegate Farms

- Organic Beef Hot Dogs
- Organic Chicken & Apple Sausage
- Organic Hot Dogs
- Organic Spinach & Feta Sausage
- Organic Sweet Italian Sausage

## Nutritional Supplements

### Bob's Red Mill

- Hemp Protein Powder

### Country Life

- 5-HTP Tryptophan 50mg Capsules, 50 ct
- Cal-Snack Milk-Free Chewables, 60 ct
- DHEA 10mg Capsules, 50 ct
- DHEA Complex For Men, 60 ct
- Melatonin 3mg Tablets, 90 ct
- Pregnenolone 10mg Capsules, 60 ct
- Target-Mins Calcium Capsules, 90 ct
- Target-Mins Calcium-Magnesium Complex Tablets, 180 ct
- Target-Mins Calcium-Magnesium Complex Tablets, 90 ct
- Target-Mins Magnesium Capsules, 60 ct

## Nuts, Seeds and Dried Fruits

### Bob's Red Mill

- Hemp Protein Powder
- Hulled Hemp Seeds
- Organic Golden Flaxseeds

### Spicely

- Organic Sesame Seeds, White

## Pasta

### Ancient Harvest

- Quinoa Supergrain Pasta, Shells 8 oz

### Bionaturae

- Organic Gluten Free Elbows Pasta
- Organic Gluten Free Fusilli
- Organic Gluten Free Linguine
- Organic Gluten Free Penne Rigate
- Organic Gluten Free Rigatoni
- Organic Gluten Free Spaghetti

## Pasta (Cont'd)

### DeBoles Foods

- Multi-Grain Penne
- Multi-Grain Spaghetti
- Rice Elbows & Cheese Pasta Dinner

### Lundberg Farms

- Organic Brown Rice Penne Pasta
- Organic Brown Rice Rotini Pasta

### Tinkyada

- Brown Rice Elbow
- Brown Rice Fettucini
- Brown Rice Fusilli
- Brown Rice Little Dreams
- Brown Rice Penne
- Brown Rice Shells
- Brown Rice Spaghetti
- Organic Brown Rice Elbow
- Organic Brown Rice Penne
- Organic Brown Rice Spaghetti
- Organic Brown Rice Spirals
- Spinach Brown Rice Spaghetti
- Vegetable Brown Rice Spirals

## Pasta Sauce

### Amy's

- Organic Family Marinara Pasta Sauce
- Organic Tomato Basil Pasta Sauce

## Personal Care

### Pangea Organics

- Soap, Indian Green Tea with Mint & Rose Petals
- Soap, Malagasy Cinnamon Cassia with Cloves
- Soap, Tunisian Olive Oil & Coconut - Hypoallergenic

### Tom's of Maine

- Apricot Long Lasting Stick Deodorant
- Calendula Long Lasting Roll-on Deodorant
- Cinnamint Antiplaque with Propolis & Myrrh Toothpaste
- Cinnamon Clove Whole Care Toothpaste
- Cucumber-Grapefruit Sensitive Stick Deodorant

## Personal Care (Cont'd)

### Tom's of Maine

Fennel Anticavity SLS-Free Toothpaste  
Fennel Antiplaque Tartar Control Plus Whitening Toothpaste  
Fragrance-Free Sensitive Stick Deodorant  
Honeysuckle Rose Stick Deodorant  
Lavender Long Lasting Roll-on Deodorant  
Lavender Long Lasting Stick Deodorant  
Lemongrass Long Lasting Stick Deodorant  
Orange-Mango Whole Care Gel Toothpaste  
Outrageous Orange-Mango Anticavity Toothpaste  
Peppermint Anti-Plaque Tartar Control Plus Whitening Toothpaste  
Peppermint Anticavity SLS-Free Toothpaste  
Peppermint Anticavity Toothpaste  
Peppermint Baking Soda Mouthwash  
Peppermint Whole Care Gel Toothpaste  
Peppermint Whole Care Toothpaste  
Silly Strawberry Anticavity Toothpaste  
Silly Strawberry Non-Fluoride Toothpaste  
Spearmint Antiplaque SLS-Free Toothpaste  
Spearmint Anti-Plaque Plus Whitening Gel Toothpaste  
Spearmint Anti-Plaque Tartar Control Plus Whitening Toothpaste  
Spearmint Anticavity Toothpaste  
Spearmint Antiplaque with Propolis & Myrrh Toothpaste  
Spearmint Cleansing Mouthwash  
Spearmint Flat Floss  
Spearmint Whole Care Gel Toothpaste  
Unflavored Flat Floss  
Unscented Long Lasting Roll-on Deodorant  
Unscented Long Lasting Stick Deodorant  
Unscented Stick Deodorant  
Wintermint Anticavity Toothpaste  
Wintermint Sensitive SLS-Free Toothpaste  
Wintermint Sensitive Toothpaste  
Wintermint Whole Care Toothpaste  
Woodspice Stick Deodorant

## Prepared Foods

### Food Merchants

Organic Polenta, Basil & Garlic  
Organic Polenta, Traditional  
Organic Quinoa Polenta, Heirloom Red & Black

## Sauces, Salsas and Dips

### Amy's

Organic Black Bean & Corn Salsa  
Organic Medium Salsa  
Organic Mild Salsa

### Organicville

Organic Island Teriyaki

### Road's End Organics

Non-Dairy Nacho Chreese Dip, Mild

## Soups

### Amy's

Organic Black Bean Chili  
Organic Black Bean Vegetable Soup  
Organic Chunky Tomato Bisque  
Organic Chunky Vegetable Soup  
Organic Cream of Tomato Soup  
Organic Cream of Tomato Soup, Light in Sodium  
Organic Curried Lentil Soup  
Organic Lentil Soup  
Organic Lentil Soup, Light in Sodium  
Organic Lentil Vegetable Soup  
Organic Lentil Vegetable Soup, Light in Sodium  
Organic Medium Chili  
Organic Spicy Chili  
Organic Split Pea Soup  
Organic Split Pea Soup, Light in Sodium  
Organic Summer Corn & Vegetable Soup  
Organic Thai Coconut Soup (Tom Kha Phak)  
Organic Tuscan Bean & Rice Soup

### Edward & Sons

Miso-Cup, Organic Traditional with Tofu  
Miso-Cup, Original Golden Vegetable

## Soups (Cont'd)

### Imagine Foods

Broccoli Soup 32 oz  
Butternut Squash Soup 32 oz  
Free Range Chicken Broth 32 oz  
No Chicken Broth 32 oz  
Organic Chicken Broth, Low Sodium 32 oz  
Organic Corn Soup, Low Sodium 32 oz  
Organic Potato Soup, Low Sodium 32 oz  
Organic Tomato Soup, Low Sodium 32 oz  
Organic Vegetable Broth, Low Sodium 32 oz  
Potato Leek Soup 32 oz  
Vegetable Broth 32 oz

## Specialty Foods

### WFM Gluten Free Bakehouse

Stuffing Cubes

## Spices and Seasonings

### Bob's Red Mill

Cornstarch

### Spicely

Adobo Seasoning  
All Purpose Seasoning  
Allspice, Ground  
Apple Pie Spice  
Cajun Seasoning, Salt Free  
Cayenne Pepper  
Celery Salt  
Chili Pepper, Crushed  
Coriander, Ground  
Cream of Tarter  
Cumin Seed, Whole  
Fajita Seasoning, Salt Free  
Flax Seed  
Garam Masala, Salt Free  
Gumbo File  
Lemon Pepper  
Mace, Ground  
Melange Peppercorn  
Orange Peel  
Oregano, Mexican  
Organic Allspice, Ground  
Organic Anise, Star Whole

## Spices and Seasonings (Cont'd)

### Spicely

Organic Bay Leaves  
Organic Cajun Seasoning  
Organic Caraway Seeds  
Organic Cardamom, Ground  
Organic Cayenne Pepper  
Organic Chili Pepper, Crushed  
Organic Chili, Ancho, Ground  
Organic Chili, Chipotle, Ground  
Organic Cinnamon Sticks  
Organic Cinnamon, Ground  
Organic Cloves, Ground  
Organic Cloves, Whole  
Organic Coriander Seeds  
Organic Coriander, Ground  
Organic Cumin Seeds, Whole  
Organic Cumin, Ground  
Organic Curry Powder  
Organic Curry, Thai Herb Blend  
Organic Dill Weed  
Organic Fennel Seeds  
Organic Garam Masala  
Organic Garlic Granulates  
Organic Ginger, Ground  
Organic Herbs de Provence  
Organic Juniper Berries  
Organic Marjoram, Whole  
Organic Mexican Seasoning  
Organic Mustard Seeds, Yellow  
Organic Mustard, Ground  
Organic Nutmeg, Ground  
Organic Nutmeg, Whole  
Organic Onion Granulates  
Organic Oregano, Mediterranean  
Organic Paprika  
Organic Pepper, Black, Ground  
Organic Pepper, White, Ground  
Organic Peppercorns, Black  
Organic Rosemary, Whole  
Organic Saffron  
Organic Sage, Ground  
Organic Sage, Whole  
Organic Sesame Seeds, White  
Organic Tarragon

## **Spices and Seasonings (Cont'd)**

### **Spicely**

- Organic Thyme
- Organic Turmeric
- Organic Vanilla Bean
- Paprika, Smoked
- Peppercorn, Green
- Poultry Seasoning, Salt Free
- Pumpkin Pie Spice
- Ras El Hanout, Salt Free
- Sambal Ulek, Salt Free
- Spearmint
- Sumac
- Taco Seasoning, Salt Free
- Thyme, Ground
- Tumeric

### **Sweeteners**

#### **Lundberg Farms**

- Organic Brown Rice Syrup