

# Gluten Free

SPECIAL DIETS SERIES

CELEBRATING  
YOUR  
CHOICES



## Monterey Store, Northern California Region

Whole Foods Market is excited to bring you "Celebrating Your Choices," a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product. If you have any questions, you may contact us at [WFMSpecialDiets@wholefoods.com](mailto:WFMSpecialDiets@wholefoods.com).

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## Baby & Infant Food

### Stonyfield Farm

YoBaby Banana/Vanilla Yogurt  
YoBaby Blueberry/Apple Yogurt  
YoBaby Drinkable Yogurt, Banana  
YoBaby Drinkable Yogurt, Peach

## Baked Goods

### Kinnikinnick

Vanilla Glazed Donuts

### WFM Gluten Free Bakehouse

Apple Pie  
Banana Bread  
Blueberry Muffins  
Carrot Cake  
Cheddar Biscuits  
Cherry Almond Streusel Muffins  
Chocolate Chip Cookies  
Chocolate Cupcakes  
Cinnamon Raisin Bread  
Cornbread  
Cranberry Orange Scones  
Cream Biscuits  
Molasses Ginger Cookies  
Morning Glory Muffins  
Nutmeal Raisin Cookies  
Peanut Butter Cookies  
Pie Shells  
Prairie Bread  
Sandwich Bread

## Baked Goods (Cont'd)

### WFM Gluten Free Bakehouse

Stuffing Cubes  
Sundried Tomato & Garlic Bread  
Vanilla Cupcakes

## Baking Needs

### 365 Everyday Value™

Gluten Free All Purpose Baking Mix  
Gluten Free Chocolate Brownie Mix  
Gluten Free Chocolate Cake Mix  
Gluten Free Chocolate Chip Cookie Mix  
Gluten Free Pancake & Waffle Mix  
Gluten Free Pizza Crust Mix  
Gluten Free White Cake Mix

### Ancient Harvest

Organic Quinoa Flour 18 oz

### Arrowhead Mills

Blue Corn Meal  
Buckwheat Flour  
Gluten Free Brownie Mix  
Gluten Free Pancake & Baking Mix  
Long Grain Brown Rice Flour  
Yellow Corn Meal

### Bob's Red Mill

Active Dry Yeast  
Almond Flour  
Baking Powder  
Baking Soda  
Brown Rice Flour  
Cornstarch  
Flaxseed Meal  
Garbanzo Bean Flour  
Gluten Free All Purpose Baking Flour  
Gluten Free Cornbread Mix  
Gluten Free Homemade Wonderful Bread Mix

## Baking Needs (Cont'd)

### Bob's Red Mill

- Gluten Free Pancake Mix
- Gluten Free Pizza Crust Mix
- GlutenFree Rolled Oats
- Hemp Protein Powder
- Organic Coconut Flour
- Organic Flaxseed Meal
- Organic Golden Flaxseeds
- Organic Quinoa Flour
- Potato Starch
- Tapioca Flour
- Teff Flour
- White Rice Flour
- Xanthan Gum

### Cherrybrook Kitchen

- Chocolate Frosting Mix
- Vanilla Frosting

### Enjoy Life

- Semi-Sweet Chocolate Chips

### Hain

- Baking Powder

### Let's Do... Organic

- Organic Coconut Flakes
- Organic Reduced Fat Shredded Coconut
- Organic Tapioca Pearls
- Organic Tapioca Starch

### Namaste

- Brownie Mix
- Cookie Mix

### Pamela's Products

- Baking & Pancake Mix
- Baking & Pancake Mix, 4 lb
- Chocolate Brownie Mix
- Chocolate Cake Mix
- Chocolate Chunk Cookie Mix
- Confetti Frosting Mix
- Cornbread & Muffin Mix
- Dark Chocolate Frosting Mix
- Gluten-Free Bread Mix
- Vanilla Frosting Mix

## Baking Needs (Cont'd)

### Spicely

- Organic Vanilla Extract

### WFM Gluten Free Bakehouse

- Pie Shells

## Beverages

### Celestial Seasonings

- Acai Mango Zinger Tea, 20 Ct
- Antioxidant Green Tea, 20 Ct
- Authentic Green Tea, 20 Ct
- Bengal Spice Tea, 20 Ct
- Black Cherry Berry Tea
- Candy Cane Lane Decaf Tea, 20 Ct
- Chamomile Tea, 20 Ct
- China Pearl White Tea, 20 Ct
- Cinnamon Apple Spice Tea, 20 Ct
- Country Peach Passion
- Decaf Chai India Spice Tea, 20 Ct
- Decaf Green Tea, 20 Ct
- Decaf Green Tea, 25 Ct
- Decaf Mint Green Tea, 20 Ct
- Echinacea Complete Care Tea, 20 Ct
- Fruit Tea Sampler, 20 Ct
- Honey Lemon Ginseng Green Tea, 20 Ct
- Honey Vanilla Chamomile Tea, 20 Ct
- Lemon Zinger Tea, 20 Ct
- Madagascar Vanilla Red Tea, 20 Ct
- Mint Magic Tea, 20 Ct
- Moroccan Pomegranate Red Tea, 20 Ct
- Nutcracker Sweet Herbal Tea
- Peppermint Tea, 20 Ct
- Peppermint Tea, 40 Ct
- Perfectly Pear White Tea, 20 Ct
- Perfectly Plum White Tea, 20 Ct
- Raspberry Zinger Tea, 20 Ct
- Sleepytime Extra Tea, 20 Ct
- Sleepytime Tea, 20 Ct
- Sleepytime Tea, 40 Ct
- Sugar Plum Spice, 20 Ct
- Tension Tamer Tea, 20 Ct

### Eden

- Organic EdenBlend, Rice & Soy Beverage, 32 oz

## Beverages (Cont'd)

### Rice Dream

Horchata

### So Delicious

Original (Plain) Coconut Milk Beverage

Unsweetened Coconut Milk Beverage

Vanilla Coconut Milk Beverage

## Bread

### Food For Life

Brown Rice Bread, Wheat & Gluten Free

Millet Bread, Wheat & Gluten Free

Raisin Pecan Bread, Wheat & Gluten Free

Rice Almond Bread, Wheat & Gluten Free

Rice Pecan Bread, Wheat & Gluten Free

Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

### Food for Life

Yeast Free Multi Seed Rice Bread, Wheat & Gluten Free

### Glutino

Premium Brown Rice Bread, Homestyle

Premium Cinnamon & Raisin Bread

Premium Corn Bread

Premium Flax Seed Bread

### Kinnikinnick

Tapioca Rice Cinnamon Raisin Bagels

Tapioca Rice English Muffin

Tapioca Rice Hamburger Buns

Tapioca Rice NY Style Bagels

### WFM Gluten Free Bakehouse

Cheddar Biscuits

Cinnamon Raisin Bread

Cornbread

Cream Biscuits

Prairie Bread

Sandwich Bread

Sundried Tomato & Garlic Bread

## Candy and Chocolate

### Endangered Species Chocolate

Dark Chocolate with Blueberries - Sea Turtle

Dark Chocolate with Cranberries & Almonds - Wolf

Dark Chocolate with Deep Forest Mint

Dark Chocolate with Espresso Beans - Tiger

Dark Chocolate with Hazelnut Toffee - Rhino

Dark Chocolate with Raspberries - Grizzly Bear

Extreme Dark Chocolate - Panther

Intense Dark Chocolate with Cacao Nibs - Bat

Organic Health Dark Chocolate with Cacao Nibs, Yacon & Acai

Organic Health Dark Chocolate with Goji Berry, Pecans & Maca

Smooth Milk Chocolate - Sea Otter

Smooth Organic Dark Chocolate - Butterfly

Smooth Organic Dark Chocolate with Orange - Zebra

Smooth Organic Milk Chocolate - Lion

Supreme Dark Chocolate - Chimpanzee

### Enjoy Life

Boom Choco Boom Dairy-Free Rice Milk Chocolate Bar

Boom Choco Boom Dairy-Free Rice Milk w/ Crispy Rice Chocolate Bar

Boom Choco Boom Dark Chocolate Bar

### Glee Gum

Glee Bubblegum Flavor Gum

### Let's Do... Organic

Organic Classic Gummi Bears

### Scharffen Berger

Bittersweet Chocolate Bar, 70% Cacao

Nibby Dark Chocolate Bar

## Canned Goods

### Amy's

Organic Refried Beans with Green Chiles

Organic Refried Black Beans

## Canned Goods (Cont'd)

### Amy's

- Organic Refried Black Beans, Low in Sodium
- Organic Traditional Refried Beans
- Organic Traditional Refried Beans, Light in Sodium
- Organic Vegetarian Baked Beans

### Native Forest

- Artichoke Hearts, Quartered
- Artichoke Hearts, Whole
- Organic Hearts of Palm
- Organic Mango Chunks
- Organic Pineapple Chunks
- Organic Pineapple Slices

## Cereal

### Ancient Harvest

- Organic Quinoa Flakes 12 oz

### Arrowhead Mills

- Organic Rice & Shine Hot Cereal

### Barbara's Bakery

- Honey Rice Puffins Cereal

### Bob's Red Mill

- Brown Rice Farina Creamy Rice Hot Cereal
- GlutenFree Rolled Oats

### Enjoy Life

- Cinnamon Crunch Granola

### EnviroKidz

- Gorilla Munch Organic Cereal
- Koala Crisp Organic Cereal
- Leapin' Lemurs Peanut Butter & Chocolate Organic Cereal
- Peanut Butter Panda Puffs Organic Cereal

### Nature's Path

- Organic Fruit Juice Sweetened Corn Flakes
- Organic Honey'd Cornflakes
- Organic Mesa Sunrise Cereal
- Organic Whole O's Cereal

## Cheese

### Follow Your Heart

- Vegan Gourmet Cheddar
- Vegan Gourmet Monterey Jack
- Vegan Gourmet Mozzarella Cheese

## Chips, Pretzels and Snacks

### Food Should Taste Good

- Buffalo Tortilla Chips 6 oz
- Multigrain Tortilla Chips 12 oz
- Sweet Potato Tortilla Chips 6 oz
- The Works! Tortilla Chips 6 oz
- Yellow Corn Tortilla Chips 11 oz

### Food Should Taste Good

- Jalapeno Tortilla Chips 6 oz
- Multigrain Tortilla Chips 6 oz
- Olive Tortilla Chips 6 oz

### Glutino

- Pretzel Sticks, Family Bag
- Pretzels, Family Bag
- Pretzels, Snack Pack
- Pretzels, Twists
- Pretzels, Unsalted

### Hain Pure Food

- Mini Munch Rice Snacks, Honey Nut
- Mini Munch Rice Snacks, Lightly Salted

### Kettle Brand®

- Krinkle Cut Potato Chips, Lightly Salted 14 oz
- Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 14 oz
- Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 2 oz
- Potato Chips, Honey Dijon 5 oz
- Potato Chips, Lightly Salted 2 oz
- Potato Chips, Lightly Salted 5 oz
- Potato Chips, New York Cheddar w/ Herbs 2 oz
- Potato Chips, New York Cheddar w/ Herbs 5 oz
- Potato Chips, Organic Chipotle Chili BBQ 5 oz
- Potato Chips, Organic Lightly Salted 5 oz
- Potato Chips, Sea Salt & Vinegar 5 oz

## **Chips, Pretzels and Snacks (Cont'd)**

### **Kettle Brand®**

- Potato Chips, Unsalted 5 oz
- Potato Chips, Yogurt & Green Onion 5 oz

### **Kettle Brand®**

- Baked Potato Chips, Aged White Cheddar 4 oz
- Baked Potato Chips, Hickory Honey BBQ 4 oz
- Baked Potato Chips, Lightly Salted 4 oz
- Baked Potato Chips, Sea Salt & Vinegar 4 oz
- Krinkle Cut Potato Chips, Buffalo Bleu 5 oz
- Krinkle Cut Potato Chips, Classic BBQ 14 oz
- Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 5 oz
- Potato Chips, Backyard Barbeque 5 oz
- Potato Chips, Death Valley Chipotle 5 oz
- Potato Chips, Jalapeno 5 oz
- Potato Chips, Organic Sea Salt & Black Pepper 5 oz
- Potato Chips, Sour Cream, Onion & Chive 5 oz
- Potato Chips, Spicy Thai 5 oz
- Potato Chips, Sweet Onion 5 oz
- Potato Chips, Tuscan Three Cheese 5 oz

### **Lundberg Farms**

- Organic Koku Seaweed Rice Cakes
- Organic Mochi Sweet Rice Cakes
- Organic Sea Salt Rice Chips
- Organic Sesame Tamari Rice Cakes
- Organic Tamari Seaweed Rice Cakes
- Organic Unsalted Brown Rice Cakes
- Organic Wild Rice Cakes
- Pico de Gallo Rice Chips
- Sante Fe BBQ Rice Chips
- Sesame Seaweed Rice Chips

### **Mary's Gone Crackers**

- Sticks & Twigs, Sea Salt
- Sticks & Twigs, Tomato Chipotle

## **Condiments**

### **Follow Your Heart**

- Low Fat Ranch Dressing
- Organic Creamy Caesar Dressing
- Organic Creamy Ranch Dressing
- Vegenaise, Grapeseed Oil
- Vegenaise, High Omega-3 w/ Expeller-Pressed Canola Oil

### **Organicville**

- Organic Dressing, French
- Organic Dressing, Herbs de Provence Vinaigrette
- Organic Dressing, Miso Ginger Vinaigrette
- Organic Dressing, Olive Oil & Balsamic Vinaigrette
- Organic Dressing, Orange Cranberry Vinaigrette
- Organic Dressing, Pomegranate Vinaigrette
- Organic Dressing, Sesame Goddess
- Organic Dressing, Sesame Tamari Vinaigrette
- Organic Dressing, Sundried Tomato & Garlic Vinaigrette
- Organic Ketchup
- Organic Tangy BBQ Sauce

### **Spectrum**

- Canola Mayonnaise 16 oz
- Light Canola Eggless Mayonnaise 16 oz
- Light Canola Eggless Mayonnaise 32 oz
- Light Canola Eggless Mayonnaise, Squeeze Bottle
- Organic Olive Oil Mayonnaise
- Organic Omega-3 Mayonnaise with Flax 16 oz
- Organic Soy Mayonnaise, Squeeze Bottle

## **Cookies and Snack Bars**

### **Arico**

- Almond Cranberry Cookies
- Chocolate Chunk Cookies
- Peanut Butter Cookies

### **Cherrybrook Kitchen Gluten Free Dreams**

- Vanilla Graham Mini Cookies

## Cookies and Snack Bars (Cont'd)

### Enjoy Life

- Caramel Apple Snack Bars
- Cocoa Loco Snack Bars
- Soft Baked Chewy Chocolate Chip Cookies
- Soft Baked Double Chocolate Brownie Cookies
- Soft Baked Gingerbread Spice Cookie
- Soft Baked Happy Apple Cookies
- Soft Baked Lively Lemon Cookies
- Soft Baked Snickerdoodle Cookies
- Very Berry Snack Bars

### EnviroKidz

- Cheetah Organic Crispy Rice Bars, Berry
- Koala Organic Crispy Rice Bars, Chocolate
- Lemur Organic Crispy Rice Bars, Peanut Choco Drizzle
- Panda Organic Crispy Rice Bars, Peanut Butter

### Glutino

- Chocolate Coated Wafers
- Lemon Wafers
- Organic Bar, Chocolate-Banana
- Organic Bar, Wildberry
- Vanilla Cream Cookies
- Vanilla Wafers

### Jennie's

- Coconut Macaroons

### Kinnikinnick

- KinniTOOS Chocolate Sandwich Creme Cookies
- KinniTOOS Vanilla Sandwich Creme Cookies
- Montana's Chocolate Chip Cookies
- S'moreables Graham Style Crackers

### Let's Do...

- Gluten Free Ice Cream Cones

### Mi-Del

- Arrowroot Animal Cookies
- Chocolate Chip Cookies
- Ginger Snaps

### Pamela's Products

- Chocolate Chip Walnut Cookies
- Chunky Chocolate Chip Cookies
- Ginger Cookies with Sliced Almonds

## Cookies and Snack Bars (Cont'd)

### Pamela's Products

- Lemon Shortbread Cookies
- Organic Chocolate Chunk Pecan Shortbread Cookies
- Organic Dark Chocolate Chunk Cookies
- Peanut Butter Cookies
- Pecan Shortbread Cookies
- Simplebites Chocolate Chip Mini Cookies
- Simplebites Ginger Mini Snapz

### WFM Gluten Free Bakehouse

- Chocolate Chip Cookies
- Molasses Ginger Cookies
- Nutmeal Raisin Cookies
- Peanut Butter Cookies

## Crackers

### Blue Diamond

- Almond Nut-Thins
- Cheddar Cheese Nut-Thins
- Hazelnut Nut-Thins
- Pecan Nut-Thins
- Smokehouse Almond Nut-Thins

### Edward & Sons

- Brown Rice Snaps, Tamari Seaweed
- Brown Rice Snaps, Unsalted Sesame
- Organic Brown Rice Snaps, Unsalted Plain

### Glutino

- Crackers, Cheddar
- Crackers, Multigrain
- Crackers, Original

### Mary's Gone Crackers

- Crackers, Black Pepper
- Crackers, Caraway
- Crackers, Herb
- Crackers, Onion
- Crackers, Original

## Dairy

### Brown Cow

- Apricot-Mango Whole Milk Yogurt, 6 oz
- Blueberry Whole Milk Yogurt, 6 oz

## Dairy (Cont'd)

### Brown Cow

Cherry-Vanilla Whole Milk Yogurt, 6 oz  
Chocolate Whole Milk Yogurt, 6 oz  
Coffee Whole Milk Yogurt, 6 oz  
Low Fat Black Cherry Yogurt, 6 oz  
Low Fat Blueberry Yogurt, 6 oz  
Low Fat Boysenberry Yogurt, 6 oz  
Low Fat Lemon Twist Yogurt, 6 oz  
Low Fat Peach Yogurt, 6 oz  
Low Fat Strawberry Yogurt, 6 oz  
Low Fat Vanilla Bean Yogurt, 6 oz  
Maple Whole Milk Yogurt, 6 oz  
Non Fat Blueberry Yogurt, 6 oz  
Non Fat Plain Yogurt, 32 oz  
Non Fat Strawberry Yogurt, 6 oz  
Non Fat Vanilla Yogurt, 32 oz  
Non Fat Vanilla Yogurt, 6 oz  
Peach Whole Milk Yogurt, 6 oz  
Plain Whole Milk Yogurt, 32 oz  
Plain Whole Milk Yogurt, 6 oz  
Raspberry Whole Milk Yogurt, 6 oz  
Strawberry Whole Milk Yogurt, 6 oz  
Vanilla Whole Milk Yogurt, 32 oz  
Vanilla Whole Milk Yogurt, 6 oz

### Earth Balance

Buttery Spread with Olive Oil  
Organic Whipped Buttery Spread  
Original Buttery Spread  
Soy Free Buttery Spread

### Stonyfield Farm

Organic Banana Berry Yogurt Smoothie, 10 oz  
Organic Fat Free Blueberry Yogurt, Fruit on the Bottom, 6 oz  
Organic Fat Free Chocolate Underground Yogurt, 6 oz  
Organic Fat Free French Vanilla Yogurt, 32 oz  
Organic Fat Free French Vanilla Yogurt, 6 oz  
Organic Fat Free Strawberry Yogurt, Fruit on the Bottom, 6 oz  
Organic Low Fat Plain Yogurt, 32 oz

## Dairy (Cont'd)

### Stonyfield Farm

Organic O'Soy Strawberry/Peach Yogurt, 6-pack  
Organic Peach Yogurt Smoothie, 10 oz  
Organic Strawberry Yogurt Smoothie, 10 oz  
Organic Strawberry Yogurt Smoothies, 4 pack  
Organic Vanilla Yogurt Smoothie, 10 oz  
Organic Wild Berry Yogurt Smoothies, 4 pack  
YoBaby Banana/Vanilla Yogurt  
YoBaby Blueberry/Apple Yogurt  
YoBaby Drinkable Yogurt, Banana  
YoBaby Drinkable Yogurt, Peach  
YoKids Squeezers Cherry/Berry Blitz  
YoKids Squeezers Screamin' Strawberry  
YoKids Strawberry BaNilla Blast Yogurt  
YoKids Strawberry Vanilla Raspberry Yogurt

## Dairy Alternatives

### 365 Everyday Value™

Organic Ricemilk - Original  
Organic Ricemilk - Unsweetened  
Organic Ricemilk - Vanilla  
Organic Soymilk - Chocolate, 32 oz  
Organic Soymilk - Chocolate, 64 oz  
Organic Soymilk - Original, 32 oz  
Organic Soymilk - Original, 64 oz  
Organic Soymilk - Unsweetened, 32 oz  
Organic Soymilk - Unsweetened, 64 oz  
Organic Soymilk - Vanilla, 32 oz  
Organic Soymilk - Vanilla, 64 oz

### Almond Dream

Almond Drink, Original 64 oz

### Blue Diamond

Almond Breeze, Chocolate  
Almond Breeze, Chocolate Unsweetened  
Almond Breeze, Original  
Almond Breeze, Original Unsweetened  
Almond Breeze, Vanilla  
Almond Breeze, Vanilla Unsweetened

## Dairy Alternatives (Cont'd)

### Eden

Organic EdenBlend, Rice & Soy Beverage, 32 oz

### Follow Your Heart

Vegan Gourmet Cheddar

Vegan Gourmet Monterey Jack

Vegan Gourmet Mozzarella Cheese

### Hemp Dream

Hemp Dream, Original 12/32 oz

Hemp Dream, Vanilla 12/32 oz

### Rice Dream

Enriched Rice Milk Beverage, Chocolate 32 oz

Enriched Rice Milk Beverage, Vanilla 32 oz

Organic Enriched Rice Milk Beverage, Original 32 oz

Organic Enriched Rice Milk Beverage, Original 64 oz

Organic Enriched Rice Milk Beverage, Vanilla 64 oz

Refrigerated Ricemilk, Original 64 oz

Refrigerated Ricemilk, Vanilla 64 oz

Rice Milk Beverage, Original 32 oz

Rice Milk Beverage, Original 8 oz

Rice Milk Beverage, Vanilla 32 oz

### So Delicious

Blueberry Cultured Coconut Milk Yogurt

Hazelnut Coconut Milk Creamer

Original (Plain) Coconut Milk Beverage

Original (Plain) Coconut Milk Creamer

Passionate Mango Cultured Coconut Milk Yogurt

Plain Cultured Coconut Milk Yogurt

Raspberry Cultured Coconut Milk Yogurt

Unsweetened Coconut Milk Beverage

Vanilla Coconut Milk Beverage

Vanilla Cultured Coconut Milk Yogurt

### WestSoy

Plus Soy Beverage, Vanilla 64 oz

Soy Beverage, Unsweetened Chocolate 32 oz

## Deli Style Meats and Cheeses

### Applegate Farms

Organic Sliced Oven Roasted Chicken

Sliced Authentic Prosciutto

Sliced Organic Genoa Salami

Sliced Organic Herb Turkey

Sliced Organic Oven Roasted Turkey

Sliced Organic Smoked Turkey

Sliced Organic Uncured Ham

Sliced Pepperoni

## Desserts

### WFM Gluten Free Bakehouse

Apple Pie

Carrot Cake

Chocolate Cupcakes

Vanilla Cupcakes

## Energy and Nutrition Bars/Drinks

### Bumble Bar

Chocolate Crisp

Chunky Cherry

Original with Peanut

## Entrees and Mixes

### 365 Everyday Value™

Gluten Free All Purpose Baking Mix

Gluten Free Chocolate Brownie Mix

Gluten Free Chocolate Cake Mix

Gluten Free Chocolate Chip Cookie Mix

Gluten Free Pancake & Waffle Mix

Gluten Free Pizza Crust Mix

Gluten Free White Cake Mix

### Arrowhead Mills

Gluten Free Brownie Mix

### Bob's Red Mill

TVP (Textured Vegetable Protein)

### Cherrybrook Kitchen

Chocolate Frosting Mix

### DeBoles Foods

Rice Elbows & Cheese Pasta Dinner

## Entrees and Mixes (Cont'd)

### Edward & Sons

Organic Home Style Mashed Potato Mix

### Glutino

Macaroni & Cheese

### Lundberg Farms

Organic Alfredo Risotto

### Namaste

Brownie Mix

Cookie Mix

### Pamela's Products

Confetti Frosting Mix

Dark Chocolate Frosting Mix

Vanilla Frosting Mix

### Tasty Bite

Bombay Potatoes

Jaipur Vegetables

Jodhpur Lentils

Kashmir Spinach

Madras Lentils

Massaman Vegetables

Peas Paneer

Spinach Dal

## Ethnic Foods

### Amy's

Organic Asian Noodle Stir-Fry

Organic Black Bean Enchilada Whole Meal

Organic Black Bean Tamale Verde Whole Meal

Organic Black Bean Vegetable Enchilada

Organic Black Bean Vegetable Enchilada, Light in Sodium

Organic Cheese Enchilada

Organic Cheese Enchilada Whole Meal

Organic Cheese Tamale Verde Whole Meal

Organic Indian Mattar Paneer

Organic Indian Mattar Paneer, Light in Sodium

Organic Indian Mattar Tofu

Organic Indian Palak Paneer

Organic Indian Paneer Tikka

Organic Indian Vegetable Korma

Organic Mexican Casserole Bowl

## Ethnic Foods (Cont'd)

### Amy's

Organic Mexican Casserole Bowl, Light in Sodium

Organic Mexican Tamale Pie

Organic Mexican Tofu Scramble

Organic Roasted Vegetable Tamale Whole Meal

Organic Santa Fe Enchilada Bowl

Organic Teriyaki Bowl

Organic Thai Stir-Fry

Organic Tortilla Casserole & Black Beans Bowl

### Annie Chun's

Maifun Rice Noodles

Pad Thai Rice Noodles

### Edward & Sons

Brown Rice Snaps, Tamari Seaweed

Miso-Cup, Organic Reduced Sodium

Miso-Cup, Organic Traditional with Tofu

### Food For Life

Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

### Food Merchants

Organic Polenta, Basil & Garlic

Organic Polenta, Traditional

Organic Quinoa Polenta, Heirloom Red & Black

### Organicville

Organic Island Teriyaki

Organic Sesame Teriyaki

### Spicely

Curry Powder, Salt Free

Epazote

Fajita Seasoning, Salt Free

Galangal

Garam Masala, Salt Free

Jerk Seasoning, Salt Free

Organic Chinese Five Spice

Organic Garam Masala

Organic Mexican Seasoning

Panch Phoron, Salt Free

Taco Seasoning, Salt Free

Tandoori Masala, Salt Free

## Ethnic Foods (Cont'd)

### Spicely

Thai Spice, Salt Free

### Tasty Bite

Bombay Potatoes  
Jaipur Vegetables  
Jodhpur Lentils  
Kashmir Spinach  
Madras Lentils  
Massaman Vegetables  
Peas Paneer  
Spinach Dal

## Frozen Foods

### Amy's

Kids Baked Ziti Meal  
Organic Asian Noodle Stir-Fry  
Organic Baked Ziti Bowl  
Organic Black Bean Enchilada Whole Meal  
Organic Black Bean Tamale Verde Whole Meal  
Organic Black Bean Vegetable Enchilada  
Organic Black Bean Vegetable Enchilada, Light in Sodium  
Organic Brown Rice & Vegetables Bowl  
Organic Brown Rice & Vegetables Bowl, Light in Sodium  
Organic Brown Rice, Black-Eyed Peas & Veggies Bowl  
Organic Cheese Enchilada  
Organic Cheese Enchilada Whole Meal  
Organic Cheese Tamale Verde Whole Meal  
Organic Garden Vegetable Lasagna  
Organic Indian Mattar Paneer  
Organic Indian Mattar Paneer, Light in Sodium  
Organic Indian Mattar Tofu  
Organic Indian Palak Paneer  
Organic Indian Paneer Tikka  
Organic Indian Vegetable Korma  
Organic Mexican Casserole Bowl  
Organic Mexican Casserole Bowl, Light in Sodium  
Organic Mexican Tamale Pie  
Organic Mexican Tofu Scramble

## Frozen Foods (Cont'd)

### Amy's

Organic Rice Crust Cheese Pizza  
Organic Rice Crust Spinach Pizza  
Organic Rice Mac & Cheese  
Organic Roasted Vegetable Tamale Whole Meal  
Organic Santa Fe Enchilada Bowl  
Organic Shepherd's Pie  
Organic Shepherd's Pie, Light in Sodium  
Organic Teriyaki Bowl  
Organic Thai Stir-Fry  
Organic Tofu Scramble  
Organic Tortilla Casserole & Black Beans Bowl

### French Meadow Bakery

Gluten Free Chocolate Chip Cookie Dough

### Gluten Free Cafe

Asian Noodles  
Fettuccini Alfredo

### Glutino

Chicken Pomodoro  
Chicken Ranchero  
Pizza, Duo Cheese  
Pizza, Spinach Soy Cheese with Brown Rice Crust

### Ian's Natural Foods

Alpha Tots  
Ian's Chicken Nuggets, Allergen Free  
Ian's Fish Sticks, Allergen Free  
Popcorn Turkey Corn Dogs  
Soy Cheesy French Bread Pizza, Wheat Free  
Gluten Free

### It's Soy Delicious

Almond Pecan Non-Dairy Frozen Dessert  
Awesome Chocolate Non-Dairy Frozen Dessert  
Chocolate Peanut Butter Non-Dairy Frozen Dessert  
Green Tea Non-Dairy Frozen Dessert  
Raspberry Non-Dairy Frozen Dessert  
Vanilla Non-Dairy Frozen Dessert

## Frozen Foods (Cont'd)

### Julie's Organic Ice Cream

Glutenfreeda's Organic Gluten Free Vanilla Ice Cream Sandwich

### Kettle Cuisine

Chicken Soup with Rice Noodles

### Kinnikinnick

Homestyle Waffles, Cinnamon Brown Sugar

Homestyle Waffles, Original

Tapioca Rice Cinnamon Raisin Bagels

Tapioca Rice English Muffin

Tapioca Rice Hamburger Buns

Tapioca Rice NY Style Bagels

Vanilla Glazed Donuts

### Nature's Path

Organic Buckwheat Wildberry Waffles

### Organic So Delicious

Chocolate Peanut Butter Non-Dairy Frozen Dessert

Chocolate Velvet Non-Dairy Frozen Dessert

Creamy Vanilla Non-Dairy Frozen Dessert

Mint Marble Fudge Non-Dairy Frozen Dessert

Mocha Fudge Non-Dairy Frozen Dessert

### Purely Decadent

Belgian Chocolate Non-Dairy Frozen Dessert

Blueberry Cheesecake Non-Dairy Frozen Dessert

Chocolate Non-Dairy Frozen Coconut Milk Dessert

Chocolate Peanut Butter Swirl Non-Dairy Frozen Coconut Milk Dessert

Coconut Non-Dairy Frozen Coconut Milk Dessert

Cookie Dough Non-Dairy Frozen Coconut Milk Dessert

Mint Chip Non-Dairy Frozen Coconut Milk Dessert

Mint Chocolate Chip Non-Dairy Frozen Dessert

Mocha Almond Fudge Non-Dairy Frozen Coconut Milk Dessert

Mocha Almond Fudge Non-Dairy Frozen Dessert

## Frozen Foods (Cont'd)

### Purely Decadent

Passionate Mango Non-Dairy Frozen Coconut Milk Dessert

Peanut Butter Zig Zag Non-Dairy Frozen Dessert

Pomegranate Chip Non-Dairy Frozen Dessert

Snickerdoodle Non-Dairy Frozen Dessert

Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert

### Rice Dream

Cocoa Marble Fudge Frozen Dessert, Pint

Cocoa Marble Fudge Frozen Dessert, Quart

Vanilla Frozen Dessert, Quart

### So Delicious

Creamy Orange Bar

Creamy Raspberry Bar

### Starfish

Crispy Battered Gluten Free Cod

Crispy Battered Gluten Free Haddock

Crispy Battered Gluten Free Halibut

### Sweet Nothings

Non-Dairy Fudge Bar, 6-pack

### Van's

Wheat Free Blueberry Waffles

Wheat Free Buckwheat Waffles

Wheat Free Homestyle Waffles

## Grains and Rice

### Ancient Harvest

Traditional Organic Quinoa 12 oz

### Annie Chun's

Rice Express Black Pearl Rice

Rice Express Multi Grain Rice

Rice Express Sprouted Brown Rice

Rice Express Sticky White Rice

### Lundberg Farms

Eco-Farmed California White Arborio Rice

Eco-Farmed Countrywild Gourmet Blend Rice

Eco-Farmed Wild Blend Gourmet Blend Rice

Organic Alfredo Risotto

Organic California Brown Basmati Rice

## Grains and Rice (Cont'd)

### Lundberg Farms

Organic California Brown Jasmine Rice, 25 lb  
Organic California White Basmati Rice  
Organic California White Jasmine Rice  
Organic Long Grain Brown Rice  
Organic Short Grain Brown Rice  
Organic White Long Grain Rice  
Organic Wild Rice

### Tasty Bite

Basmati Rice

## Jams and Nut Butters

### Blue Diamond

Homestyle Almond Butter, Creamy  
Homestyle Almond Butter, Crunchy  
Homestyle Almond Butter, Honey

### Earth Balance

Creamy Natural Peanut Butter  
Crunchy Natural Peanut Butter

## Meat Alternatives

### Bob's Red Mill

TVP (Textured Vegetable Protein)

## Meat and Poultry

### Applegate Farms

Organic Beef Hot Dogs  
Organic Chicken & Apple Sausage  
Organic Fire Roasted Red Pepper Sausage  
Organic Hot Dogs  
Organic Spinach & Feta Sausage  
Organic Sweet Italian Sausage

## Nutritional Supplements

### Bob's Red Mill

Hemp Protein Powder

### Country Life

Active Lipoic Acid, 60 ct  
Cal-Snack Milk-Free Chewables, 120 ct  
Cal-Snack Milk-Free Chewables, 60 ct

## Nutritional Supplements (Cont'd)

### Country Life

DHEA 25mg Capsules, 90 ct  
DMAE 350mg Capsules, 50 ct  
L-Arginine + L-Ornithine 1000mg Capsules with B-6, 60 ct  
L-Arginine + L-Ornithine 1000mg Capsules with B-6, 90 ct  
L-Arginine 500mg Capsules with B-6, 100 ct  
L-Arginine 500mg Capsules with B-6, 50 ct  
L-Lysine 1000mg Tablets with B-6, 100 ct  
L-Lysine 500mg Capsules with B-6, 100 ct  
L-Tyrosine 500mg Capsules with B-6, 100 ct  
Max-Amino Capsules with B-6, 90 ct  
Saw Palmetto & Pygeum Capsules, 90 ct  
Superior B-12 Sublingual Tablets, 120 ct  
Superior B-12, 50 ct  
Target-Mins Calcium-Magnesium Capsules, 180 ct  
Target-Mins Calcium-Magnesium Capsules, 90 ct  
Target-Mins Calcium-Magnesium Complex Tablets, 180 ct  
Target-Mins Calcium-Magnesium Complex Tablets, 90 ct  
Target-Mins Calcium-Magnesium-Potassium Tablets, 180 ct  
Target-Mins Calcium-Magnesium-Veg Capsules, 240 ct  
Target-Mins Magnesium Capsules, 60 ct  
Taurine 500mg Capsules with B-6, 100 ct  
Yohimbe Power 1000 Capsules, 90 ct

## Nuts, Seeds and Dried Fruits

### Bob's Red Mill

Hemp Protein Powder  
Organic Golden Flaxseeds

### Enjoy Life

Not Nuts! Beach Bash Trail Mix  
Not Nuts! Mountain Mambo Trail Mix

### Spicely

Sesame Seed, Black

## Pasta

### Ancient Harvest

- Quinoa Supergrain Pasta, Elbows 8 oz
- Quinoa Supergrain Pasta, Linguine 8 oz
- Quinoa Supergrain Pasta, Shells 8 oz

### Bionaturae

- Organic Gluten Free Elbows Pasta
- Organic Gluten Free Fusilli
- Organic Gluten Free Penne Rigate
- Organic Gluten Free Spaghetti

### DeBoles Foods

- Multi-Grain Penne
- Rice Elbows & Cheese Pasta Dinner
- Rice Spaghetti

### Lundberg Farms

- Organic Brown Rice Penne Pasta
- Organic Brown Rice Rotini Pasta
- Organic Brown Rice Spaghetti Pasta

### Tinkyada

- Brown Rice Elbow
- Brown Rice Fettucini
- Brown Rice Fusilli
- Brown Rice Lasagne
- Brown Rice Little Dreams
- Brown Rice Penne
- Brown Rice Shells
- Brown Rice Spaghetti
- Brown Rice Spirals
- Organic Brown Rice Elbow
- Organic Brown Rice Lasagne
- Organic Brown Rice Penne
- Organic Brown Rice Spaghetti
- Organic Brown Rice Spirals

## Pasta Sauce

### Amy's

- Organic Family Marinara Pasta Sauce
- Organic Low Sodium Marinara Sauce
- Organic Tomato Basil Pasta Sauce
- Organic Tomato Basil Pasta Sauce, Light in Sodium

## Personal Care

### Pangea Organics

- Soap, Pyrenees Lavender with Cardamom

### Tom's of Maine

- Bay Lime Sensitive Stick Deodorant
- Calendula Stick Deodorant
- Cinnamint Antiplaque with Propolis & Myrrh Toothpaste
- Cinnamon Clove Whole Care Toothpaste
- Cucumber-Grapefruit Sensitive Stick Deodorant
- Fennel Anticavity SLS-Free Toothpaste
- Fennel Antiplaque Propolis & Myrrh Toothpaste
- Fennel Antiplaque Tartar Control Plus Whitening Toothpaste
- Lavender Long Lasting Stick Deodorant
- Lemongrass Long Lasting Stick Deodorant
- Orange-Mango Whole Care Gel Toothpaste
- Outrageous Orange-Mango Anticavity Toothpaste
- Peppermint Anti-Plaque Tartar Control Plus Whitening Toothpaste
- Peppermint Anticavity SLS-Free Toothpaste
- Peppermint Anticavity Toothpaste
- Peppermint Baking Soda Mouthwash
- Peppermint Whole Care Gel Toothpaste
- Silly Strawberry Anticavity Toothpaste
- Silly Strawberry Non-Fluoride Toothpaste
- Spearmint Antiplaque SLS-Free Toothpaste
- Spearmint Anti-Plaque Plus Whitening Gel Toothpaste
- Spearmint Anti-Plaque Tartar Control Plus Whitening Toothpaste
- Spearmint Anticavity ADA Mouthwash
- Spearmint Anticavity Toothpaste
- Spearmint Antiplaque with Propolis & Myrrh Toothpaste
- Spearmint Cleansing Mouthwash
- Spearmint Flat Floss
- Spearmint Whole Care Gel Toothpaste
- Spearmint Whole Care Toothpaste
- Unflavored Flat Floss
- Unflavored Round Floss
- Unscented Long Lasting Roll-on Deodorant
- Unscented Stick Deodorant

## Personal Care (Cont'd)

### Tom's of Maine

Wintermint Anticavity Toothpaste  
Wintermint Sensitive Toothpaste  
Woodspice Stick Deodorant

## Prepared Foods

### Food Merchants

Organic Polenta, Basil & Garlic  
Organic Polenta, Traditional  
Organic Quinoa Polenta, Heirloom Red & Black

## Sauces, Salsas and Dips

### Amy's

Organic Black Bean & Corn Salsa  
Organic Medium Salsa  
Organic Mild Salsa  
Organic Spicy Chipotle Salsa

### Organicville

Organic Island Teriyaki  
Organic Medium Salsa  
Organic Mild Salsa  
Organic Pineapple Salsa  
Organic Sesame Teriyaki

## Seafood

### Starfish

Crispy Battered Gluten Free Cod  
Crispy Battered Gluten Free Haddock  
Crispy Battered Gluten Free Halibut

## Soups

### Amy's

Organic Black Bean Chili  
Organic Black Bean Vegetable Soup  
Organic Chunky Tomato Bisque  
Organic Chunky Vegetable Soup  
Organic Cream of Tomato Soup  
Organic Cream of Tomato Soup, Light in Sodium  
Organic Curried Lentil Soup

## Soups (Cont'd)

### Amy's

Organic Fire Roasted Southwestern Vegetable Soup  
Organic Lentil Soup  
Organic Lentil Soup, Light in Sodium  
Organic Lentil Vegetable Soup  
Organic Lentil Vegetable Soup, Light in Sodium  
Organic Medium Chili  
Organic Medium Chili with Vegetables  
Organic Medium Chili, Light in Sodium  
Organic Southwestern Black Bean Chili  
Organic Spicy Chili  
Organic Spicy Chili, Light in Sodium  
Organic Split Pea Soup  
Organic Split Pea Soup, Light in Sodium  
Organic Summer Corn & Vegetable Soup  
Organic Thai Coconut Soup (Tom Kha Phak)  
Organic Tuscan Bean & Rice Soup

### Edward & Sons

Miso-Cup, Organic Reduced Sodium  
Miso-Cup, Organic Traditional with Tofu

### Imagine Foods

Broccoli Soup 16 oz  
Broccoli Soup 32 oz  
Butternut Squash Soup 16 oz  
Butternut Squash Soup 32 oz  
Chicken Broth 16 oz  
Corn & Lemongrass Soup 16 oz  
Corn & Lemongrass Soup 32 oz  
Creamy Tomato Soup 16 oz  
Free Range Chicken Broth 32 oz  
No Chicken Broth 32 oz  
Organic Chicken Broth, Low Sodium 32 oz  
Organic Corn Soup, Low Sodium 32 oz  
Organic Portabello Mushroom Soup 32 oz  
Organic Potato Soup, Low Sodium 32 oz  
Organic Sweet Pea Soup 32 oz  
Organic Tomato Soup 32 oz  
Organic Tomato Soup, Low Sodium 32 oz  
Organic Vegetable Broth, Low Sodium 32 oz  
Portabello Mushroom Soup 16 oz  
Potato Leek Soup 16 oz  
Potato Leek Soup 32 oz  
Sweet Potato Soup 32 oz

## Soups (Cont'd)

### Imagine Foods

Tomato Basil Soup 32 oz  
Vegetable Broth 16 oz  
Vegetable Broth 32 oz

### Kettle Cuisine

Chicken Soup with Rice Noodles

## Specialty Foods

### WFM Gluten Free Bakehouse

Stuffing Cubes

## Spices and Seasonings

### Bob's Red Mill

Cornstarch

### Spicely

Allspice, Ground  
Arrowroot  
Black Caraway Seed (Nigella Seed)  
Cajun Seasoning, Salt Free  
Celery Salt  
Chili California, Ground  
Chili Habanero, Ground  
Chili New Mexico, Ground  
Chili Pepper, Whole  
Chili Powder  
Cinnamon Sticks  
Cloves, Whole  
Cumin Seed, Whole  
Cumin, Ground  
Curry Powder, Salt Free  
Epazote  
Fajita Seasoning, Salt Free  
Fenugreek Seeds  
Fenugreek, Ground  
Fish Grill & Broil, Salt Free  
Galangal  
Garam Masala, Salt Free  
Garlic, Minced  
Garlic, Toasted  
Greek Yogurt & Dip (Tsatsiki)  
Italian Seasoning  
Jerk Seasoning, Salt Free

## Spices and Seasonings (Cont'd)

### Spicely

Lemon Pepper  
Melange Peppercorn  
Oregano, Mexican  
Organic Allspice, Ground  
Organic Allspice, Whole  
Organic Anise, Star Whole  
Organic Basil  
Organic Bay Leaves  
Organic Cajun Seasoning  
Organic Caraway Seeds  
Organic Cardamom, Ground  
Organic Cayenne Pepper  
Organic Chili Pepper, Crushed  
Organic Chili Powder, Salt Free  
Organic Chili, Ancho, Ground  
Organic Chinese Five Spice  
Organic Cinnamon Sticks  
Organic Cinnamon, Ground  
Organic Cloves, Ground  
Organic Cloves, Whole  
Organic Coriander Seeds  
Organic Coriander, Ground  
Organic Cumin Seeds, Whole  
Organic Cumin, Ground  
Organic Curry Powder  
Organic Fennel Seeds  
Organic Garam Masala  
Organic Garlic Granulates  
Organic Herbs de Provence  
Organic Juniper Berries  
Organic Mexican Seasoning  
Organic Mustard Seeds, Brown  
Organic Mustard Seeds, Yellow  
Organic Mustard, Ground  
Organic Nutmeg, Ground  
Organic Nutmeg, Whole  
Organic Onion Granulates  
Organic Oregano, Mediterranean  
Organic Paprika  
Organic Pepper, Black, Ground  
Organic Peppercorns, Black  
Organic Poppy Seed  
Organic Rosemary, Whole

## **Spices and Seasonings (Cont'd)**

### **Spicely**

- Organic Saffron
- Organic Sage, Rubbed
- Organic Sage, Whole
- Organic Tarragon
- Organic Thyme
- Organic Turmeric
- Organic Vanilla Extract
- Panch Phoron, Salt Free
- Paprika
- Paprika, Smoked
- Poultry Seasoning, Salt Free
- Pumpkin Pie Spice
- Sesame Seed, Black
- Shrimp/Crab Grill & Broil, Salt Free
- Sichuan (Szechuan) Peppercorn
- Taco Seasoning, Salt Free
- Tandoori Masala, Salt Free
- Thai Spice, Salt Free

### **Sweeteners**

#### **Lundberg Farms**

- Organic Brown Rice Syrup