

Gluten Free

SPECIAL DIETS SERIES

CELEBRATING
YOUR
CHOICES



Petaluma Store, Northern California Region

Whole Foods Market is excited to bring you "Celebrating Your Choices," a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product. If you have any questions, you may contact us at WFMSpecialDiets@wholefoods.com.

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Baby & Infant Food

Stonyfield Farm

YoBaby Banana/Vanilla Yogurt
YoBaby Blueberry/Apple Yogurt
YoBaby Drinkable Yogurt, Banana
YoBaby Drinkable Yogurt, Peach
YoBaby Peach/Pear Yogurt
YoBaby Simply Plain Yogurt

Baked Goods

Crave

Lemon Tart, 4"

Kinnikinnick

Cinnamon Sugar Donuts

WFM Gluten Free Bakehouse

Apple Pie
Cheddar Biscuits
Chocolate Chip Cookies
Chocolate Cupcakes
Cinnamon Raisin Bread
Cornbread
Cranberry Orange Scones
Lemon Poppyseed Muffins (4 pack)
Molasses Ginger Cookies
Peanut Butter Cookies
Pie Shells
Prairie Bread
Pumpkin Pie
Sandwich Bread

Baked Goods (Cont'd)

WFM Gluten Free Bakehouse

Stuffing Cubes

Baking Needs

365 Everyday Value™

Gluten Free All Purpose Baking Mix
Gluten Free Chocolate Brownie Mix
Gluten Free Chocolate Cake Mix
Gluten Free Chocolate Chip Cookie Mix
Gluten Free Muffin Mix
Gluten Free Pancake & Waffle Mix
Gluten Free Pizza Crust Mix
Gluten Free White Cake Mix

Arrowhead Mills

Buckwheat Flour
Gluten Free Brownie Mix
Long Grain Brown Rice Flour
Yellow Corn Meal

Bob's Red Mill

Active Dry Yeast
Almond Flour
Brown Rice Flour
Flaxseed Meal
Garbanzo Bean Flour
Gluten Free All Purpose Baking Flour
Gluten Free Cornbread Mix
Gluten Free Garbanzo & Fava Bean Flour
Gluten Free Homemade Wonderful Bread Mix
Gluten Free Pancake Mix
Gluten Free Pizza Crust Mix
GlutenFree Rolled Oats
Organic Amaranth Flour
Organic Coconut Flour
Organic Flaxseed Meal
Organic Golden Flaxseeds

Baking Needs (Cont'd)

Bob's Red Mill

- Organic Quinoa Flour
- Potato Starch
- Sweet White Rice Flour
- Tapioca Flour
- Teff Flour
- White Rice Flour
- Xanthan Gum

Cherrybrook Kitchen Gluten Free Dreams

- Chocolate Cake Mix
- Pancake & Waffle Mix

Earth Balance

- Shortening

Enjoy Life

- Semi-Sweet Chocolate Chips

Let's Do...

- Confetti Sprinkelz

Let's Do... Organic

- Organic Coconut Flakes
- Organic Reduced Fat Shredded Coconut
- Organic Tapioca Granules
- Organic Tapioca Pearls
- Organic Tapioca Starch

Namaste

- Chocolate Cake Mix
- Cookie Mix
- Muffin Mix
- Spice Cake Mix
- Sugar-Free Muffin Mix
- Waffle & Pancake Mix

Pamela's Products

- Baking & Pancake Mix
- Baking & Pancake Mix, 4 lb
- Chocolate Brownie Mix
- Chocolate Chunk Cookie Mix
- Classic Vanilla Cake Mix
- Cornbread & Muffin Mix
- Gluten-Free Bread Mix
- Vanilla Frosting Mix

Baking Needs (Cont'd)

WFM Gluten Free Bakehouse

- Pie Shells

Beverages

Celestial Seasonings

- Acai Mango Zinger Tea, 20 Ct
- Bengal Spice Tea, 20 Ct
- Caffeine Free Celestial Tea, 40 Ct
- Candy Cane Lane Decaf Tea, 20 Ct
- Chamomile Tea, 20 Ct
- China Pearl White Tea, 20 Ct
- Cinnamon Apple Spice Tea, 20 Ct
- Country Peach Passion
- Cranberry Pomegranate Green Tea, 20 Ct
- Decaf Chai India Spice Tea, 20 Ct
- Goji Berry Pomegranate Green Tea, 20 Ct
- Grandma's Tummy Mint Tea, 20 Ct
- Honey Lemon Ginseng Green Tea, 20 Ct
- Honey Vanilla Chamomile Tea, 20 Ct
- Lemon Zinger Tea, 20 Ct
- Madagascar Vanilla Red Tea, 20 Ct
- Peppermint Tea, 20 Ct
- Peppermint Tea, 40 Ct
- Red Zinger Tea, 20 Ct
- Sleepytime Extra Tea, 20 Ct
- Sleepytime Tea, 20 Ct
- Sleepytime Tea, 40 Ct
- Sugar Plum Spice, 20 Ct
- Tension Tamer Tea, 20 Ct
- Tropical Acai Berry Green Tea, 20 Ct
- True Blueberry, 20 Ct

Eden

- Organic EdenBlend, Rice & Soy Beverage, 32 oz
- Organic EdenBlend, Rice & Soy Beverage, 8.45 oz

Lakefront Brewery

- New Grist Sorghum Brewed Beer

Rice Dream

- Horchata
- Rice Nog

Beverages (Cont'd)

So Delicious

Original (Plain) Coconut Milk Beverage
Unsweetened Coconut Milk Beverage
Vanilla Coconut Milk Beverage

Bread

Food For Life

Brown Rice Bread, Wheat & Gluten Free
Millet Bread, Wheat & Gluten Free
Raisin Pecan Bread, Wheat & Gluten Free
Rice Almond Bread, Wheat & Gluten Free
Rice Pecan Bread, Wheat & Gluten Free
White Rice Bread, Wheat & Gluten Free
Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

Glutino

Premium Brown Rice Bread, Homestyle
Premium Cinnamon & Raisin Bread
Premium Fiber Bread
Premium Flax Seed Bread
Premium Pizza Crusts

Kinnikinnick

Candadi Yeast Free Multigrain Rice Bread
Italian White Tapioca Rice Bread
Tapioca Rice English Muffin
Tapioca Rice Hamburger Buns
Tapioca Rice Hot Dog Buns
Tapioca Rice NY Style Bagels
White Sandwich Bread

WFM Gluten Free Bakehouse

Cheddar Biscuits
Cinnamon Raisin Bread
Cornbread
Prairie Bread
Sandwich Bread

Candy and Chocolate

Endangered Species Chocolate

Bite Size Dark Chocolate with Cranberries & Almonds
Bite Size Extreme Dark Chocolate
Bite Size Smooth Milk Chocolate

Candy and Chocolate (Cont'd)

Endangered Species Chocolate

Dark Chocolate with Blueberries - Sea Turtle
Dark Chocolate with Cranberries & Almonds - Wolf
Dark Chocolate with Deep Forest Mint
Dark Chocolate with Espresso Beans - Tiger
Dark Chocolate with Hazelnut Toffee - Rhino
Dark Chocolate with Raspberries - Grizzly Bear
Extreme Dark Chocolate - Panther
Intense Dark Chocolate with Cacao Nibs - Bat
Milk Chocolate with Almonds - Crane
Milk Chocolate with Cherries - Dolphin
Organic Health Dark Chocolate with Cacao Nibs, Yacon & Acai
Organic Health Dark Chocolate with Goji Berry, Pecans & Maca
Organic Health Dark Chocolate with Goldenberry & Lucuma
Smooth Milk Chocolate - Sea Otter
Smooth Organic Dark Chocolate - Butterfly
Smooth Organic Dark Chocolate - Butterfly
Smooth Organic Dark Chocolate with Cherry - Koala
Smooth Organic Dark Chocolate with Orange - Zebra
Supreme Dark Chocolate - Chimpanzee

Glee Gum

Glee Bubblegum Flavor Gum
Glee Peppermint Gum
Glee Tangerine Gum

Let's Do...

Confetti Sprinkelz

Let's Do... Organic

Organic Classic Gummi Bears

Canned Goods

Amy's

- Organic Refried Black Beans
- Organic Refried Black Beans, Low in Sodium
- Organic Traditional Refried Beans
- Organic Traditional Refried Beans, Light in Sodium
- Organic Vegetarian Baked Beans

Native Forest

- Artichoke Hearts, Quartered
- Artichoke Hearts, Whole
- Organic Baby Corn
- Organic Hearts of Palm
- Organic Pineapple Chunks
- Organic Pineapple Slices

Cereal

Amy's

- Organic Cream of Rice Hot Cereal Bowl

Ancient Harvest

- Organic Quinoa Flakes 12 oz

Arrowhead Mills

- Organic Rice & Shine Hot Cereal

Barbara's Bakery

- Honey Rice Puffins Cereal

Bob's Red Mill

- Brown Rice Farina Creamy Rice Hot Cereal
- Gluten Free Mighty Tasty Hot Cereal
- GlutenFree Rolled Oats

Enjoy Life

- Cinnamon Crunch Granola
- Very Berry Crunch Granola

EnviroKidz

- Amazon Frosted Flakes Organic Cereal
- Gorilla Munch Organic Cereal
- Koala Crisp Organic Cereal
- Peanut Butter Panda Puffs Organic Cereal

Nature's Path

- Organic Fruit Juice Sweetened Corn Flakes
- Organic Honey'd Cornflakes
- Organic Whole O's Cereal

Cheese

Follow Your Heart

- Vegan Gourmet Cheddar
- Vegan Gourmet Cream Cheese
- Vegan Gourmet Monterey Jack
- Vegan Gourmet Mozzarella Cheese
- Vegan Gourmet Sour Cream

Chips, Pretzels and Snacks

Arico

- Cassava Chips, Barbecue Bliss
- Cassava Chips, Ginger on Fire
- Cassava Chips, Original
- Cassava Chips, Sea Salt Mist

Food Should Taste Good

- Buffalo Tortilla Chips 6 oz
- Cinnamon Tortilla Chips 5.5 oz
- Lime Tortilla Chips 5.5 oz
- Multigrain Tortilla Chips 12 oz
- Potato & Chive Tortilla Chips 5.5 oz
- Sweet Potato Tortilla Chips 6 oz
- Yellow Corn Tortilla Chips 11 oz

Food Should Taste Good

- Jalapeno Tortilla Chips 6 oz
- Multigrain Tortilla Chips 6 oz
- Olive Tortilla Chips 6 oz

Glutino

- Pretzel Sticks, Family Bag
- Pretzels, Family Bag
- Pretzels, Sesame Rings
- Pretzels, Sticks
- Pretzels, Twists
- Pretzels, Unsalted

Hain Pure Food

- Mini Munch Rice Snacks, Lightly Salted

Kettle Brand®

- Krinkle Cut Potato Chips, Lightly Salted 14 oz
- Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 14 oz
- Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 9 oz
- Potato Chips, Honey Dijon 5 oz
- Potato Chips, Lightly Salted 5 oz

Chips, Pretzels and Snacks (Cont'd)

Kettle Brand®

Potato Chips, New York Cheddar w/ Herbs 2 oz
Potato Chips, New York Cheddar w/ Herbs 5 oz
Potato Chips, Organic Chipotle Chili BBQ 5 oz
Potato Chips, Organic Lightly Salted 5 oz
Potato Chips, Sea Salt & Vinegar 5 oz
Potato Chips, Unsalted 5 oz
Potato Chips, Yogurt & Green Onion 5 oz

Kettle Brand®

Baked Potato Chips, 100 Calorie, Lightly Salted .80 oz
Baked Potato Chips, Aged White Cheddar 4 oz
Baked Potato Chips, Hickory Honey BBQ 4 oz
Baked Potato Chips, Lightly Salted 4 oz
Baked Potato Chips, Sea Salt & Vinegar 4 oz
Krinkle Cut Potato Chips, Buffalo Bleu 5 oz
Krinkle Cut Potato Chips, Buffalo Bleu 9 oz
Krinkle Cut Potato Chips, Classic BBQ 14 oz
Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 5 oz
Potato Chips, Backyard Barbeque 5 oz
Potato Chips, Death Valley Chipotle 5 oz
Potato Chips, Jalapeno 2 oz
Potato Chips, Jalapeno 5 oz
Potato Chips, Jalapeno 9 oz
Potato Chips, Lightly Salted 9 oz
Potato Chips, Organic Sea Salt & Black Pepper 5 oz
Potato Chips, Sea Salt & Vinegar 9 oz
Potato Chips, Sour Cream, Onion & Chive 5 oz
Potato Chips, Spicy Thai 5 oz
Potato Chips, Sweet Onion 2 oz
Potato Chips, Sweet Onion 5 oz
Potato Chips, Sweet Onion 9 oz

Chips, Pretzels and Snacks (Cont'd)

Lundberg Farms

Brown Rice Cakes
Organic Brown Rice Cakes
Organic Koku Seaweed Rice Cakes
Organic Sea Salt Rice Chips
Organic Sesame Tamari Rice Cakes
Organic Tamari Seaweed Rice Cakes
Organic Unsalted Brown Rice Cakes
Organic Wild Rice Cakes
Pico de Gallo Rice Chips
Sante Fe BBQ Rice Chips
Sesame Seaweed Rice Chips

Mary's Gone Crackers

Sticks & Twigs, Sea Salt

Mr. Krispers

Baked Nut Chips, Toasted Almond
Baked Rice Krisps, Barbecue
Baked Rice Krisps, Nacho
Baked Rice Krisps, Sea Salt & Pepper
Baked Rice Krisps, Sour Cream & Onion

Condiments

Follow Your Heart

Low Fat Ranch Dressing
Organic Balsamic Vinaigrette Dressing
Organic Chunky Bleu Cheese Dressing
Organic Creamy Miso Ginger Dressing
Organic Italian Vinaigrette Dressing
Spicy Southwest Ranch Dressing
Vegenaise, High Omega-3 w/ Expeller-Pressed Canola Oil

Organicville

Organic Dressing, Olive Oil & Balsamic Vinaigrette
Organic Dressing, Pomegranate Vinaigrette
Organic Dressing, Sesame Goddess
Organic Dressing, Sundried Tomato & Garlic Vinaigrette
Organic Dressing, Tarragon Dijon Vinaigrette
Organic Ketchup

Condiments (Cont'd)

Spectrum

- Canola Mayonnaise 16 oz
- Light Canola Eggless Mayonnaise 16 oz
- Light Canola Eggless Mayonnaise 32 oz
- Light Canola Eggless Mayonnaise, Squeeze Bottle
- Organic Golden Balsamic Omega-3 Dressing
- Organic Olive Oil Mayonnaise
- Organic Omega-3 Mayonnaise with Flax 16 oz
- Organic Soy Mayonnaise 16 oz
- Organic Soy Mayonnaise, Squeeze Bottle

Cookies and Snack Bars

Arico

- Almond Cranberry Cookies
- Lemon Ginger Cookies

Cherrybrook Kitchen Gluten Free Dreams

- Vanilla Graham Mini Cookies

Enjoy Life

- Caramel Apple Snack Bars
- Cocoa Loco Snack Bars
- Soft Baked Double Chocolate Brownie Cookies
- Soft Baked Happy Apple Cookies
- Soft Baked Snickerdoodle Cookies

EnviroKidz

- Cheetah Organic Crispy Rice Bars, Berry
- Koala Organic Crispy Rice Bars, Chocolate
- Organic Vanilla Animal Cookies
- Penguin Organic Crispy Rice Bars, Fruity Burst

Glutenfreeda's Real Cookies

- Peanut, Paul & Mary

Glutino

- Chocolate Coated Wafers
- Chocolate Vanilla Cream Cookies
- Lemon Wafers
- Organic Bar, Chocolate & Peanut Butter
- Organic Bar, Chocolate-Banana
- Vanilla Cream Cookies
- Vanilla Wafers

Cookies and Snack Bars (Cont'd)

Jennie's

- Coconut Macaroons

Kinnikinnick

- KinniTOOS Chocolate Sandwich Creme Cookies
- KinniTOOS Vanilla Sandwich Creme Cookies
- Montana's Chocolate Chip Cookies
- S'moreables Graham Style Crackers

Kookie Karma

- Raw Carob Truffle
- Raw Lemon Fig

Let's Do...

- Gluten Free Ice Cream Cones

Mi-Del

- Chocolate Chip Cookies
- Ginger Snaps

Pamela's Products

- Butter Shortbread Cookies
- Chocolate Chip Walnut Cookies
- Chocolate Walnut Biscotti
- Chunky Chocolate Chip Cookies
- Lemon Almond Biscotti
- Old Fashioned Raisin Walnut Cookies
- Organic Spicy Ginger Cookies
- Peanut Butter Cookies
- Pecan Shortbread Cookies
- Simplebites Chocolate Chip Mini Cookies
- Simplebites Extreme Chocolate Mini Cookies
- Simplebites Ginger Mini Snapz

WFM Gluten Free Bakehouse

- Chocolate Chip Cookies
- Molasses Ginger Cookies
- Peanut Butter Cookies

Crackers

Blue Diamond

- Almond Nut-Thins
- Cheddar Cheese Nut-Thins
- Country Ranch Nut-Thins
- Hazelnut Nut-Thins
- Pecan Nut-Thins
- Smokehouse Almond Nut-Thins

Crackers (Cont'd)

Edward & Sons

Brown Rice Snaps, Tamari Sesame
Organic Brown Rice Snaps, Unsalted Plain
Organic Brown Rice Snaps, Vegetable

Glutino

Crackers, Cheddar
Crackers, Original
Crackers, Vegetable

Mary's Gone Crackers

Crackers, Black Pepper
Crackers, Caraway
Crackers, Herb
Crackers, Onion
Crackers, Original

Dairy

Brown Cow

Apricot-Mango Whole Milk Yogurt, 6 oz
Blueberry Whole Milk Yogurt, 6 oz
Cherry-Vanilla Whole Milk Yogurt, 6 oz
Chocolate Whole Milk Yogurt, 6 oz
Coffee Whole Milk Yogurt, 6 oz
Low Fat Black Cherry Yogurt, 6 oz
Low Fat Blueberry Yogurt, 6 oz
Low Fat Boysenberry Yogurt, 6 oz
Low Fat Lemon Twist Yogurt, 6 oz
Low Fat Peach Yogurt, 6 oz
Low Fat Strawberry Yogurt, 6 oz
Low Fat Vanilla Bean Yogurt, 6 oz
Low Fat Vanilla Yogurt, 32 oz
Maple Whole Milk Yogurt, 32 oz
Maple Whole Milk Yogurt, 6 oz
Non Fat Blueberry Yogurt, 6 oz
Non Fat Plain Yogurt, 32 oz
Non Fat Vanilla Yogurt, 32 oz
Non Fat Vanilla Yogurt, 6 oz
Peach Whole Milk Yogurt, 6 oz
Plain Whole Milk Yogurt, 32 oz
Plain Whole Milk Yogurt, 6 oz
Raspberry Whole Milk Yogurt, 6 oz
Strawberry Whole Milk Yogurt, 6 oz
Vanilla Whole Milk Yogurt, 32 oz
Vanilla Whole Milk Yogurt, 6 oz

Dairy (Cont'd)

Earth Balance

Buttery Spread with Olive Oil
Buttery Sticks
Organic Whipped Buttery Spread
Original Buttery Spread
Soy Free Buttery Spread

Stonyfield Farm

Fat Free French Vanilla Probiotic Multi-Pack
Fat Free Strawberry Probiotic Multi-Pack
Organic Cream Top French Vanilla Yogurt, 32 oz
Organic Fat Free Blueberry Yogurt, Fruit on the Bottom, 6 oz
Organic Fat Free Chocolate Underground Yogurt, 6 oz
Organic Fat Free French Vanilla Yogurt, 32 oz
Organic Fat Free French Vanilla Yogurt, 6 oz
Organic Fat Free Plain Yogurt, 32 oz
Organic Fat Free Pomegranate Berry Yogurt, 6 oz
Organic Fat Free Strawberry Yogurt, Fruit on the Bottom, 6 oz
Organic Low Fat Blueberry Yogurt, 32 oz
Organic Low Fat Plain Yogurt, 32 oz
Organic Low Fat Strawberry Yogurt, 32 oz
Organic Low Fat Strawberry Yogurt, Fruit on the Bottom, 6 oz
Organic Low Fat Vanilla Yogurt
Organic Low Fat Vanilla, 32 oz
Organic Peach Yogurt Smoothie, 10 oz
Organic Raspberry Yogurt Smoothie, 10 oz
Organic Strawberry Yogurt Smoothie, 10 oz
Organic Vanilla Yogurt Smoothie, 10 oz
Organic Wild Berry Yogurt Smoothies, 4 pack
YoBaby Banana/Vanilla Yogurt
YoBaby Blueberry/Apple Yogurt
YoBaby Drinkable Yogurt, Banana
YoBaby Drinkable Yogurt, Peach
YoBaby Peach/Pear Yogurt
YoBaby Simply Plain Yogurt

Dairy (Cont'd)

Stonyfield Farm

YoKids Squeezers Cherry/Berry Blitz
YoKids Squeezers Screamin' Strawberry
YoKids Strawberry BaNilla Blast Yogurt
YoKids Strawberry Vanilla Raspberry Yogurt

Dairy Alternatives

365 Everyday Value™

Organic Ricemilk - Original
Organic Ricemilk - Unsweetened
Organic Ricemilk - Vanilla
Organic Soymilk - Chocolate, 32 oz
Organic Soymilk - Chocolate, 64 oz
Organic Soymilk - Original, 32 oz
Organic Soymilk - Original, 64 oz
Organic Soymilk - Unsweetened, 32 oz
Organic Soymilk - Unsweetened, 64 oz
Organic Soymilk - Vanilla, 32 oz
Organic Soymilk - Vanilla, 64 oz

Almond Dream

Almond Drink, Unsweetened Original 64 oz

Blue Diamond

Almond Breeze, Chocolate
Almond Breeze, Chocolate Unsweetened
Almond Breeze, Original
Almond Breeze, Original Unsweetened
Almond Breeze, Unsweetened Vanilla
Almond Breeze, Vanilla
Almond Breeze, Vanilla Unsweetened

Eden

Organic EdenBlend, Rice & Soy Beverage, 32 oz
Organic EdenBlend, Rice & Soy Beverage, 8.45 oz

Follow Your Heart

Vegan Gourmet Cheddar
Vegan Gourmet Cream Cheese
Vegan Gourmet Monterey Jack
Vegan Gourmet Mozzarella Cheese
Vegan Gourmet Sour Cream

Dairy Alternatives (Cont'd)

Hemp Dream

Hemp Dream, Original 12/32 oz
Hemp Dream, Vanilla 12/32 oz

Rice Dream

Enriched Rice Milk Beverage, Chocolate 32 oz
Enriched Rice Milk Beverage, Original 8 oz
Enriched Rice Milk Beverage, Vanilla 32 oz
Organic Enriched Rice Milk Beverage, Original 32 oz
Organic Enriched Rice Milk Beverage, Original 64 oz
Organic Enriched Rice Milk Beverage, Vanilla 64 oz
Refrigerated Ricemilk, Original 64 oz
Refrigerated Ricemilk, Vanilla 64 oz
Rice Milk Beverage, Original 32 oz
Rice Milk Beverage, Vanilla 32 oz

So Delicious

Blueberry Cultured Coconut Milk Yogurt
Blueberry Dairy Free Yogurt
Chocolate Cultured Coconut Milk Yogurt
Hazelnut Coconut Milk Creamer
Original (Plain) Coconut Milk Beverage
Original (Plain) Coconut Milk Creamer
Original (Plain) Coconut Milk Kefir
Pina Colada Cultured Coconut Milk Yogurt
Raspberry Cultured Coconut Milk Yogurt
Raspberry Dairy Free Yogurt
Unsweetened Coconut Milk Beverage
Vanilla Coconut Milk Beverage
Vanilla Coconut Milk Kefir
Vanilla Cultured Coconut Milk Yogurt
Vanilla Dairy Free Yogurt

WestSoy

Organic Soy Beverage, Unsweetened Original 64 oz
Plus Soy Beverage, Plain 64 oz
Plus Soy Beverage, Vanilla 64 oz
Soy Beverage, Unsweetened Chocolate 32 oz

Deli Style Meats and Cheeses

Applegate Farms

- Organic Sliced Oven Roasted Chicken
- Salametti
- Sliced Authentic Prosciutto
- Sliced Genoa Salami
- Sliced Organic Genoa Salami
- Sliced Organic Herb Turkey
- Sliced Organic Oven Roasted Turkey
- Sliced Organic Roast Beef
- Sliced Organic Smoked Turkey
- Sliced Organic Uncured Ham
- Sliced Pancetta
- Sliced Pepperoni
- Sliced Soppressata

Desserts

Crave

- Lemon Tart, 4"

French Meadow Bakery

- Gluten Free Fudge Brownie

WFM Gluten Free Bakehouse

- Apple Pie
- Chocolate Cupcakes
- Pumpkin Pie

Energy and Nutrition Bars/Drinks

Bumble Bar

- Chocolate Crisp
- Chunky Cherry
- Original with Peanut

Entrees and Mixes

365 Everyday Value™

- Gluten Free All Purpose Baking Mix
- Gluten Free Chocolate Brownie Mix
- Gluten Free Chocolate Cake Mix
- Gluten Free Chocolate Chip Cookie Mix
- Gluten Free Muffin Mix
- Gluten Free Pancake & Waffle Mix
- Gluten Free Pizza Crust Mix
- Gluten Free White Cake Mix

Entrees and Mixes (Cont'd)

Arrowhead Mills

- Gluten Free Brownie Mix

Bob's Red Mill

- TVP (Textured Vegetable Protein)

Cherrybrook Kitchen Gluten Free Dreams

- Chocolate Cake Mix
- Pancake & Waffle Mix

Edward & Sons

- Chreesy Mashed Potato Mix
- Organic Home Style Mashed Potato Mix
- Organic Roasted Garlic Mashed Potato Mix

Lundberg Farms

- Butternut Squash Risotto
- Garlic Primavera Risotto
- Organic Alfredo Risotto
- Organic Florentine Risotto
- Organic Porcini Wild Mushroom Risotto

Namaste

- Chocolate Cake Mix
- Cookie Mix
- Muffin Mix
- Spice Cake Mix
- Sugar-Free Muffin Mix
- Waffle & Pancake Mix

Pamela's Products

- Vanilla Frosting Mix

Road's End Organics

- Dairy Free Cheddar Style Penne & Chreese
- Gluten Free Cheddar Chreese Mix

Tasty Bite

- Agra Peas
- Bombay Potatoes
- Channa Masala
- Kashmir Spinach
- Kerala Vegetables
- Paneer Makhani
- Punjab Eggplant
- Spinach Soy

Ethnic Foods

Amy's

- Organic Asian Noodle Stir-Fry
- Organic Black Bean Enchilada Whole Meal
- Organic Black Bean Tamale Verde Whole Meal
- Organic Black Bean Vegetable Enchilada
- Organic Black Bean Vegetable Enchilada, Light in Sodium
- Organic Cheese Enchilada
- Organic Cheese Enchilada Whole Meal
- Organic Cheese Tamale Verde Whole Meal
- Organic Indian Mattar Paneer
- Organic Indian Mattar Paneer, Light in Sodium
- Organic Indian Mattar Tofu
- Organic Indian Palak Paneer
- Organic Indian Paneer Tikka
- Organic Indian Vegetable Korma
- Organic Mexican Casserole Bowl
- Organic Mexican Casserole Bowl, Light in Sodium
- Organic Mexican Tofu Scramble
- Organic Roasted Vegetable Tamale Whole Meal
- Organic Santa Fe Enchilada Bowl
- Organic Teriyaki Bowl
- Organic Thai Stir-Fry
- Organic Tortilla Casserole & Black Beans Bowl

Edward & Sons

- Brown Rice Snaps, Tamari Sesame
- Miso-Cup, Organic Reduced Sodium
- Miso-Cup, Original Golden Vegetable
- Miso-Cup, Savory Seaweed

Food For Life

- Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

Food Merchants

- Organic Polenta, Basil & Garlic
- Organic Polenta, Traditional
- Organic Quinoa Polenta, Heirloom Red & Black

Native Forest

- Light Coconut Milk

Ethnic Foods (Cont'd)

Organicville

- Organic Sesame Teriyaki

Spicely

- Organic Garam Masala
- Sumac
- Taco Seasoning, Salt Free
- Tandoori Masala, Salt Free

Tasty Bite

- Agra Peas
- Bombay Potatoes
- Channa Masala
- Kashmir Spinach
- Kerala Vegetables
- Paneer Makhani
- Punjab Eggplant
- Spinach Soy

World Foods

- Malaysian Rendang Curry Ready to Pour Sauce
- Tahi Creamy Chili Kaffir Lime Stir Fry Sauce
- Thai Basil Curry Stir Fry Sauce
- Thai Galangal Lemon Grass Stir Fry Sauce
- Thai Ginger Lemon Grass Stir Fry Sauce
- Thai Red Curry Ready To Pour Sauce
- Thai Yellow Curry Ready to Pour Sauce

Facial Care Products

Pangea Organics

- Facial Cream, Nigerian Ginger, Sweet Lavender & Thyme

Frozen Foods

Amy's

- Kids Baked Ziti Meal
- Organic Asian Noodle Stir-Fry
- Organic Baked Ziti Bowl
- Organic Bistro Veggie Burger
- Organic Black Bean Enchilada Whole Meal
- Organic Black Bean Tamale Verde Whole Meal
- Organic Black Bean Vegetable Enchilada

Frozen Foods (Cont'd)

Amy's

Organic Black Bean Vegetable Enchilada, Light in Sodium
Organic Brown Rice & Vegetables Bowl
Organic Brown Rice, Black-Eyed Peas & Veggies Bowl
Organic Cheese Enchilada
Organic Cheese Enchilada Whole Meal
Organic Cheese Tamale Verde Whole Meal
Organic Cream of Rice Hot Cereal Bowl
Organic Garden Vegetable Lasagna
Organic Indian Mattar Paneer
Organic Indian Mattar Paneer, Light in Sodium
Organic Indian Mattar Tofu
Organic Indian Palak Paneer
Organic Indian Paneer Tikka
Organic Indian Vegetable Korma
Organic Mexican Casserole Bowl
Organic Mexican Casserole Bowl, Light in Sodium
Organic Mexican Tofu Scramble
Organic Rice Crust Cheese Pizza
Organic Rice Crust Spinach Pizza
Organic Rice Mac & Cheese
Organic Roasted Vegetable Tamale Whole Meal
Organic Santa Fe Enchilada Bowl
Organic Shepherd's Pie, Light in Sodium
Organic Single Serve Non-Dairy Rice Crust Cheeze Pizza
Organic Teriyaki Bowl
Organic Thai Stir-Fry
Organic Tofu Scramble
Organic Tortilla Casserole & Black Beans Bowl

French Meadow Bakery

Gluten Free Chocolate Chip Cookie Dough
Gluten Free Fudge Brownie

Gluten Free Cafe

Fettuccini Alfredo
Lemon Basil Chicken

Frozen Foods (Cont'd)

Glutenfreeda's Real Cookies

Peanut, Paul & Mary

Glutino

Pizza, 3 Cheese with Brown Rice Crust
Pizza, Duo Cheese
Pizza, Spinach Feta

Ian's Natural Foods

Alpha Tots
Chicken Patties, Wheat Free Gluten Free
Ian's Chicken Nuggets, Allergen Free
Ian's Fish Sticks, Allergen Free
Popcorn Turkey Corn Dogs

It's Soy Delicious

Almond Pecan Non-Dairy Frozen Dessert
Awesome Chocolate Non-Dairy Frozen Dessert
Green Tea Non-Dairy Frozen Dessert

Julie's Organic Ice Cream

Glutenfreeda's Organic Gluten Free Vanilla Ice Cream Sandwich

Kettle Cuisine

Angus Beef Steak Chili with Beans
Chicken Chili with White Beans
Chicken Soup with Rice Noodles
Grilled Chicken and Corn Chowder
New England Clam Chowder

Kinnikinnick

Candadi Yeast Free Multigrain Rice Bread
Cinnamon Sugar Donuts
Italian White Tapioca Rice Bread
Tapioca Rice English Muffin
Tapioca Rice Hamburger Buns
Tapioca Rice Hot Dog Buns
Tapioca Rice NY Style Bagels
White Sandwich Bread

Nature's Path

Organic Buckwheat Wildberry Waffles
Organic Homestyle Waffles

Organic So Delicious

Chocolate Peanut Butter Non-Dairy Frozen Dessert
Chocolate Velvet Non-Dairy Frozen Dessert

Frozen Foods (Cont'd)

Organic So Delicious

Creamy Vanilla Non-Dairy Frozen Dessert
Mocha Fudge Non-Dairy Frozen Dessert

Purely Decadent

Blueberry Cheesecake Non-Dairy Frozen Dessert
Chocolate Obsession Non-Dairy Frozen Dessert
Mint Chip Non-Dairy Frozen Coconut Milk Dessert
Mocha Almond Fudge Non-Dairy Frozen Coconut Milk Dessert
Mocha Almond Fudge Non-Dairy Frozen Dessert
Peanut Butter Zig Zag Non-Dairy Frozen Dessert
Turtle Trails Non-Dairy Frozen Dessert
Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert

Rice Dream

Cocoa Marble Fudge Frozen Dessert, Pint
Vanilla Frozen Dessert, Pint
Vanilla Frozen Dessert, Quart

So Delicious

Coconut Almond Bar, Made with Coconut Milk
Kidz Assorted Fruit Pops
Vanilla Bar, Made with Coconut Milk

Van's

Wheat Free Blueberry Waffles
Wheat Free French Toast Sticks Cinnamon
Wheat Free Homestyle Pancakes
Wheat Free Homestyle Waffles

Grains and Rice

Ancient Harvest

Traditional Organic Quinoa 12 oz

Eden

Organic Quinoa, Whole Grain
Organic Red Quinoa, Whole Grain

Grains and Rice (Cont'd)

Lundberg Farms

Butternut Squash Risotto
Eco-Farmed California White Arborio Rice
Eco-Farmed Countrywild Gourmet Blend Rice
Eco-Farmed Wild Blend Gourmet Blend Rice
Organic Alfredo Risotto
Organic California Brown Basmati Rice
Organic California Brown Jasmine Rice, 25 lb
Organic California White Basmati Rice
Organic California White Jasmine Rice
Organic Golden Rose Medium Grain Brown Rice
Organic Long Grain Brown Rice
Organic Porcini Wild Mushroom Risotto
Organic Short Grain Brown Rice
Organic White Long Grain Rice

Tasty Bite

Brown Rice
Jasmine Rice
Long Grain Rice

Jams and Nut Butters

Blue Diamond

Homestyle Almond Butter, Crunchy

Maranatha

Roasted Sesame Tahini

Meat Alternatives

Bob's Red Mill

TVP (Textured Vegetable Protein)

Meat and Poultry

Applegate Farms

Organic Beef Hot Dogs
Organic Chicken & Apple Sausage
Organic Fire Roasted Red Pepper Sausage
Organic Hot Dogs
Organic Spinach & Feta Sausage
Organic Sweet Italian Sausage

Nutritional Supplements

Country Life

Cal-Snack Milk-Free Chewables, 120 ct
Chromium Picolinate Capsules, 50 ct
Circu-Pressure, 60 ct
Circulation Factors, 50 ct
Glucosamine Chondroitin Capsules, 90 ct
R-Lipoic Acid
Target-Mins Calcium-Magnesium Capsules, 180 ct
Target-Mins Calcium-Magnesium-Potassium Tablets, 180 ct
Target-Mins Calcium-Magnesium-Veg Capsules, 120 ct
Target-Mins Magnesium Capsules, 60 ct

Nuts, Seeds and Dried Fruits

Bob's Red Mill

Organic Golden Flaxseeds

Spicely

Organic Sesame Seeds, White
Sesame Seed, Black

Oils

Foods Alive

High Lignan 100% Gold Flax Oil Organic

Pasta

Ancient Harvest

Quinoa Supergrain Pasta, Elbows 8 oz
Quinoa Supergrain Pasta, Garden Pagodas 8 oz
Quinoa Supergrain Pasta, Linguine 8 oz
Quinoa Supergrain Pasta, Rotelle 8 oz
Quinoa Supergrain Pasta, Shells 8 oz
Quinoa Supergrain Pasta, Spaghetti 8 oz

Bionaturae

Organic Gluten Free Elbows Pasta
Organic Gluten Free Fusilli
Organic Gluten Free Linguine
Organic Gluten Free Penne Rigate
Organic Gluten Free Rigatoni
Organic Gluten Free Spaghetti

Pasta (Cont'd)

DeBoles Foods

Multi-Grain Penne
Multi-Grain Spaghetti

Lundberg Farms

Organic Brown Rice Rotini Pasta
Organic Brown Rice Spaghetti Pasta

Mrs. Leeper's

Corn Spaghetti

Tinkyada

Brown Rice Elbow
Brown Rice Fettucini
Brown Rice Fusilli
Brown Rice Lasagne
Brown Rice Little Dreams
Brown Rice Penne
Brown Rice Shells
Brown Rice Spaghetti
Organic Brown Rice Elbow
Organic Brown Rice Lasagne
Organic Brown Rice Penne
Organic Brown Rice Spaghetti
Vegetable Brown Rice Spirals

Pasta Sauce

Amy's

Organic Family Marinara Pasta Sauce
Organic Low Sodium Marinara Sauce
Organic Tomato Basil Pasta Sauce
Organic Tomato Basil Pasta Sauce, Light in Sodium

Personal Care

Pangea Organics

Soap, Canadian Pine with White Sage
Soap, Malagasy Cinnamon Cassia with Cloves

Tom's of Maine

Apricot Long Lasting Stick Deodorant
Calendula Stick Deodorant
Cinnamint Antiplaque with Propolis & Myrrh Toothpaste
Cinnamon Clove Whole Care Toothpaste

Personal Care (Cont'd)

Tom's of Maine

Cucumber-Grapefruit Sensitive Stick Deodorant
Fennel Anticavity SLS-Free Toothpaste
Fennel Antiplaque Propolis & Myrrh Toothpaste
Fennel Antiplaque Tartar Control Plus Whitening Toothpaste
Lavender Long Lasting Roll-on Deodorant
Lavender Long Lasting Stick Deodorant
Lemongrass Long Lasting Stick Deodorant
Orange-Mango Whole Care Gel Toothpaste
Outrageous Orange-Mango Anticavity Toothpaste
Peppermint Anti-Plaque Tartar Control Plus Whitening Toothpaste
Peppermint Anticavity SLS-Free Toothpaste
Peppermint Anticavity Toothpaste
Peppermint Baking Soda Mouthwash
Peppermint Tartar Control Mouthwash
Peppermint Whole Care Gel Toothpaste
Peppermint Whole Care Toothpaste
Silly Strawberry Anticavity Toothpaste
Silly Strawberry Non-Fluoride Toothpaste
Spearmint Antiplaque SLS-Free Toothpaste
Spearmint Anti-Plaque Plus Whitening Gel Toothpaste
Spearmint Anti-Plaque Tartar Control Plus Whitening Toothpaste
Spearmint Anticavity ADA Mouthwash
Spearmint Anticavity Toothpaste
Spearmint Antiplaque with Propolis & Myrrh Toothpaste
Spearmint Cleansing Mouthwash
Spearmint Flat Floss
Spearmint Whole Care Toothpaste
Unflavored Flat Floss
Unflavored Round Floss
Unscented Long Lasting Stick Deodorant
Unscented Stick Deodorant
Wintermint Anticavity Toothpaste
Woodspice Stick Deodorant

Prepared Foods

Food Merchants

Organic Polenta, Basil & Garlic
Organic Polenta, Traditional
Organic Quinoa Polenta, Heirloom Red & Black

Sauces, Salsas and Dips

Amy's

Organic Black Bean & Corn Salsa
Organic Medium Salsa
Organic Mild Salsa
Organic Spicy Chipotle Salsa

Organicville

Organic Sesame Teriyaki

Road's End Organics

Gluten Free Cheddar Cheese Mix

World Foods

Malaysian Rendang Curry Ready to Pour Sauce
Tahi Creamy Chili Kaffir Lime Stir Fry Sauce
Thai Basil Curry Stir Fry Sauce
Thai Galangal Lemon Grass Stir Fry Sauce
Thai Ginger Lemon Grass Stir Fry Sauce
Thai Red Curry Ready To Pour Sauce
Thai Yellow Curry Ready to Pour Sauce

Soups

Amy's

Organic Black Bean Chili
Organic Black Bean Vegetable Soup
Organic Chunky Tomato Bisque
Organic Chunky Tomato Bisque, Light in Sodium
Organic Chunky Vegetable Soup
Organic Cream of Tomato Soup
Organic Cream of Tomato Soup, Light in Sodium
Organic Curried Lentil Soup
Organic Fire Roasted Southwestern Vegetable Soup
Organic Lentil Soup
Organic Lentil Soup, Light in Sodium

Soups (Cont'd)

Amy's

- Organic Lentil Vegetable Soup
- Organic Lentil Vegetable Soup, Light in Sodium
- Organic Medium Chili
- Organic Medium Chili with Vegetables
- Organic Medium Chili, Light in Sodium
- Organic Southwestern Black Bean Chili
- Organic Spicy Chili
- Organic Spicy Chili, Light in Sodium
- Organic Split Pea Soup
- Organic Split Pea Soup, Light in Sodium
- Organic Summer Corn & Vegetable Soup
- Organic Thai Coconut Soup (Tom Kha Phak)
- Organic Tuscan Bean & Rice Soup

Edward & Sons

- Miso-Cup, Organic Reduced Sodium
- Miso-Cup, Original Golden Vegetable
- Miso-Cup, Savory Seaweed

Imagine Foods

- Broccoli Soup 16 oz
- Broccoli Soup 32 oz
- Butternut Squash Soup 16 oz
- Butternut Squash Soup 32 oz
- Chicken Broth 16 oz
- Corn & Lemongrass Soup 16 oz
- Corn & Lemongrass Soup 32 oz
- Creamy Tomato Soup 16 oz
- Free Range Chicken Broth 32 oz
- No Chicken Broth 32 oz
- Organic Acorn Squash & Mango Soup 32 oz
- Organic Chicken Broth, Low Sodium 32 oz
- Organic Portabello Mushroom Soup 32 oz
- Organic Potato Soup, Low Sodium 32 oz
- Organic Sweet Pea Soup 32 oz
- Organic Tomato Soup 32 oz
- Organic Tomato Soup, Low Sodium 32 oz
- Organic Vegetable Broth, Low Sodium 32 oz
- Portabello Mushroom Soup 16 oz
- Potato Leek Soup 16 oz
- Potato Leek Soup 32 oz
- Sweet Potato Soup 32 oz
- Tomato Basil Soup 32 oz
- Vegetable Broth 32 oz

Soups (Cont'd)

Kettle Cuisine

- Angus Beef Steak Chili with Beans
- Chicken Chili with White Beans
- Chicken Soup with Rice Noodles
- Grilled Chicken and Corn Chowder
- New England Clam Chowder

Specialty Foods

WFM Gluten Free Bakehouse

- Stuffing Cubes

Spices and Seasonings

Spicely

- Cardamom, Ground
- Celery Salt
- Chili Chipotle, Ground
- Chili Pepper, Crushed
- Cloves, Whole
- Cumin, Ground
- Fenugreek Seeds
- Gumbo File
- Lamb Seasoning, Salt Free
- Oregano, Mexican
- Organic Allspice, Ground
- Organic Anise, Star Whole
- Organic Bay Leaves
- Organic Caraway Seeds
- Organic Cardamom, Ground
- Organic Chili Pepper, Crushed
- Organic Coriander, Ground
- Organic Cumin, Ground
- Organic Fennel Seeds
- Organic Garam Masala
- Organic Garlic Granulates
- Organic Ginger, Ground
- Organic Marjoram, Whole
- Organic Nutmeg, Ground
- Organic Oregano, Mediterranean
- Organic Pepper, White, Ground
- Organic Saffron
- Organic Sage, Ground
- Organic Sesame Seeds, White
- Organic Thyme

Spices and Seasonings (Cont'd)

Spicely

- Paprika, Smoked
- Poppy Seed
- Poultry Seasoning, Salt Free
- Pumpkin Pie Spice
- Sesame Seed, Black
- Sumac
- Taco Seasoning, Salt Free
- Tandoori Masala, Salt Free
- Vegetable Seasoning, Salt Free

Sweeteners

Lundberg Farms

- Organic Brown Rice Syrup