

# Gluten Free

SPECIAL DIETS SERIES

CELEBRATING  
YOUR  
CHOICES



## Sonoma Store, Northern California Region

Whole Foods Market is excited to bring you "Celebrating Your Choices," a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product. If you have any questions, you may contact us at [WFMSpecialDiets@wholefoods.com](mailto:WFMSpecialDiets@wholefoods.com).

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## Baby & Infant Food

### Stonyfield Farm

YoBaby Banana/Vanilla Yogurt  
YoBaby Blueberry/Apple Yogurt  
YoBaby Peach/Pear Yogurt  
YoBaby Simply Plain Yogurt

## Baked Goods

### Crave

Lemon Tart, 4"

### Kinnikinnick

Cinnamon Sugar Donuts  
Vanilla Glazed Donuts

### WFM Gluten Free Bakehouse

Cherry Almond Streusel Muffins  
Chocolate Chip Cookies  
Cranberry Orange Scones  
Nutmeal Raisin Cookies  
Peanut Butter Cookies  
Pie Shells  
Prairie Bread  
Vanilla Cupcakes

## Baking Needs

### 365 Everyday Value™

Gluten Free All Purpose Baking Mix  
Gluten Free Chocolate Brownie Mix  
Gluten Free Pancake & Waffle Mix  
Gluten Free White Cake Mix

## Baking Needs (Cont'd)

### Arrowhead Mills

Buckwheat Flour  
Gluten Free Brownie Mix  
Gluten Free Pancake & Baking Mix  
Long Grain Brown Rice Flour  
Yellow Corn Meal

### Bob's Red Mill

Almond Flour  
Brown Rice Flour  
Flaxseed Meal  
Garbanzo Bean Flour  
Gluten Free All Purpose Baking Flour  
Gluten Free Cornbread Mix  
GlutenFree Rolled Oats  
Golden Flaxseed Meal  
Organic Coconut Flour  
Organic Golden Flaxseed Meal  
Organic Golden Flaxseeds  
Organic Quinoa Flour  
Potato Starch  
Sweet White Rice Flour  
Tapioca Flour  
White Rice Flour  
Xanthan Gum

### Cherrybrook Kitchen Gluten Free Dreams

Pancake & Waffle Mix

### Enjoy Life

Semi-Sweet Chocolate Chips

### Let's Do... Organic

Organic Coconut Flakes  
Organic Shredded Coconut  
Organic Tapioca Pearls

## Baking Needs (Cont'd)

### Namaste

Waffle & Pancake Mix

### Pamela's Products

Baking & Pancake Mix

Chocolate Cake Mix

Chocolate Chunk Cookie Mix

Confetti Frosting Mix

Cornbread & Muffin Mix

Dark Chocolate Frosting Mix

Gluten-Free Bread Mix

### WFM Gluten Free Bakehouse

Pie Shells

## Beverages

### 365 Every Day Value™

Black Cherry Soda

Cola

Ginger Ale

Key Lime Soda

Orange Creme Soda

Raspberry Soda

Root Beer Soda

### Celestial Seasonings

Acai Mango Zinger Tea, 20 Ct

Bengal Spice Tea, 20 Ct

Black Cherry Berry Tea

Chamomile Tea, 20 Ct

Cinnamon Apple Spice Tea, 20 Ct

Decaf Green Tea, 20 Ct

Honey Lemon Ginseng Green Tea, 20 Ct

Honey Vanilla Chamomile Tea, 20 Ct

Imperial Peach White Tea, 20 Ct

Madagascar Vanilla Red Tea, 20 Ct

Mint Magic Tea, 20 Ct

Peppermint Tea, 20 Ct

Sleepytime Extra Tea, 20 Ct

Sleepytime Tea, 20 Ct

Sleepytime Throat Tamer Tea, 20 Ct

Tangerine Orange Zinger Tea, 20 Ct

Tension Tamer Tea, 20 Ct

True Blueberry, 20 Ct

## Beverages (Cont'd)

### Eden

Organic EdenBlend, Rice & Soy Beverage, 32 oz

### Lakefront Brewery

New Grist Sorghum Brewed Beer

### Rice Dream

Horchata

Rice Nog

### So Delicious

Original (Plain) Coconut Milk Beverage

Unsweetened Coconut Milk Beverage

Vanilla Coconut Milk Beverage

## Bread

### Food For Life

Brown Rice Bread, Wheat & Gluten Free

Millet Bread, Wheat & Gluten Free

Rice Almond Bread, Wheat & Gluten Free

Rice Pecan Bread, Wheat & Gluten Free

### Glutino

Premium Cinnamon & Raisin Bread

Premium Corn Bread

Premium Flax Seed Bread

Premium Pizza Crusts

### Kinnikinnick

Tapioca Rice Hamburger Buns

### WFM Gluten Free Bakehouse

Prairie Bread

## Candy and Chocolate

### Endangered Species Chocolate

Bite Size Dark Chocolate with Cranberries & Almonds

Bite Size Dark Chocolate with Deep Forest Mint

Bite Size Extreme Dark Chocolate

Bite Size Smooth Milk Chocolate

Bite Size Supreme Dark Chocolate

Dark Chocolate with Blueberries - Sea Turtle

## Candy and Chocolate (Cont'd)

### Endangered Species Chocolate

- Dark Chocolate with Cranberries & Almonds - Wolf
- Dark Chocolate with Deep Forest Mint
- Dark Chocolate with Espresso Beans - Tiger
- Dark Chocolate with Hazelnut Toffee - Rhino
- Dark Chocolate with Raspberries - Grizzly Bear
- Extreme Dark Chocolate - Panther
- Intense Dark Chocolate with Cacao Nibs - Bat
- Milk Chocolate with Almonds - Crane
- Organic Health Dark Chocolate with Goldenberry & Lucuma
- Smooth Milk Chocolate - Sea Otter
- Smooth Organic Milk Chocolate - Lion
- Supreme Dark Chocolate - Chimpanzee

### Enjoy Life

- Boom Choco Boom Dairy-Free Rice Milk w/ Crispy Rice Chocolate Bar
- Boom Choco Boom Dark Chocolate Bar

### Glee Gum

- Glee Cinnamon Gum
- Glee Peppermint Gum
- Glee Tangerine Gum

### Scharffen Berger

- Bittersweet Chocolate Bar, 70% Cacao
- Dark Mocha Chocolate Bar, 62% Cacao
- Extra Dark Chocolate Bar, 82% Cacao
- Milk Chocolate, 41% Cacao, 1 oz
- Mocha Dark Chocolate Bar
- Nibby Dark Chocolate Bar

## Canned Goods

### Amy's

- Organic Refried Beans with Green Chiles
- Organic Refried Black Beans
- Organic Traditional Refried Beans
- Organic Vegetarian Baked Beans

## Canned Goods (Cont'd)

### Native Forest

- Organic Baby Corn
- Organic Hearts of Palm
- Organic Pineapple Chunks

## Cereal

### Amy's

- Organic Cream of Rice Hot Cereal Bowl

### Ancient Harvest

- Organic Quinoa Flakes 12 oz

### Bob's Red Mill

- Brown Rice Farina Creamy Rice Hot Cereal
- Gluten Free Mighty Tasty Hot Cereal
- GlutenFree Rolled Oats

### EnviroKidz

- Gorilla Munch Organic Cereal
- Koala Crisp Organic Cereal
- Leapin' Lemurs Peanut Butter & Chocolate Organic Cereal
- Peanut Butter Panda Puffs Organic Cereal

### Nature's Path

- Organic Fruit Juice Sweetened Corn Flakes
- Organic Fruit Juice Sweetened Corn Flakes, 26.4 oz
- Organic Honey'd Cornflakes
- Organic Mesa Sunrise Cereal, 26.4 oz
- Organic Whole O's Cereal

## Cheese

### Follow Your Heart

- Vegan Gourmet Cheddar
- Vegan Gourmet Cream Cheese
- Vegan Gourmet Monterey Jack
- Vegan Gourmet Mozzarella Cheese

### Wholesome Valley Organic

- Organic Dairy Slices, American

## **Chips, Pretzels and Snacks**

### **Food Should Taste Good**

- Cinnamon Tortilla Chips 5.5 oz
- Lime Tortilla Chips 5.5 oz
- Multigrain Tortilla Chips 12 oz
- Potato & Chive Tortilla Chips 5.5 oz
- Sweet Potato Tortilla Chips 6 oz

### **Food Should Taste Good**

- Multigrain Tortilla Chips 6 oz
- Olive Tortilla Chips 6 oz

### **Glutino**

- Pretzel Sticks, Family Bag
- Pretzels, Family Bag
- Pretzels, Sesame Rings

### **Kettle Brand®**

- Krinkle Cut Potato Chips, Lightly Salted 14 oz
- Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 14 oz
- Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 2 oz
- Potato Chips, Honey Dijon 5 oz
- Potato Chips, Lightly Salted 2 oz
- Potato Chips, Lightly Salted 5 oz
- Potato Chips, New York Cheddar w/ Herbs 5 oz
- Potato Chips, Organic Chipotle Chili BBQ 5 oz
- Potato Chips, Organic Lightly Salted 5 oz
- Potato Chips, Sea Salt & Vinegar 2 oz
- Potato Chips, Sea Salt & Vinegar 5 oz
- Potato Chips, Unsalted 5 oz

### **Kettle Brand®**

- Baked Potato Chips, Aged White Cheddar 4 oz
- Baked Potato Chips, Hickory Honey BBQ 4 oz
- Baked Potato Chips, Lightly Salted 4 oz
- Baked Potato Chips, Salt & Fresh Ground Pepper 4 oz
- Baked Potato Chips, Sea Salt & Vinegar 4 oz
- Krinkle Cut Potato Chips, Buffalo Bleu 5 oz
- Krinkle Cut Potato Chips, Classic BBQ 14 oz

## **Chips, Pretzels and Snacks (Cont'd)**

### **Kettle Brand®**

- Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 5 oz
- Potato Chips, Backyard Barbeque 5 oz
- Potato Chips, Death Valley Chipotle 5 oz
- Potato Chips, Jalapeno 2 oz
- Potato Chips, Jalapeno 5 oz
- Potato Chips, Organic Sea Salt & Black Pepper 5 oz
- Potato Chips, Sour Cream, Onion & Chive 5 oz
- Potato Chips, Spicy Thai 5 oz
- Potato Chips, Sweet Onion 5 oz

### **Lundberg Farms**

- Honey Nut Rice Cakes
- Organic Brown Rice Cakes
- Organic Koku Seaweed Rice Cakes
- Organic Sea Salt Rice Chips
- Organic Sesame Tamari Rice Cakes
- Organic Tamari Seaweed Rice Cakes
- Organic Unsalted Brown Rice Cakes
- Organic Wild Rice Cakes
- Pico de Gallo Rice Chips
- Sante Fe BBQ Rice Chips
- Sesame Seaweed Rice Chips

### **Mary's Gone Crackers**

- Sticks & Twigs, Sea Salt
- Sticks & Twigs, Tomato Chipotle

## **Condiments**

### **Eden**

- Tamari Soy Sauce, Naturally Brewed 10 oz

### **Follow Your Heart**

- Organic Chunky Bleu Cheese Dressing
- Organic Creamy Caesar Dressing
- Organic Creamy Miso Ginger Dressing
- Organic Creamy Ranch Dressing
- Spicy Southwest Ranch Dressing
- Vegenaise, Grapeseed Oil
- Vegenaise, High Omega-3 w/ Expeller-Pressed Canola Oil

## Condiments (Cont'd)

### Organicville

Organic Dressing, Miso Ginger Vinaigrette  
Organic Dressing, Olive Oil & Balsamic Vinaigrette  
Organic Dressing, Tarragon Dijon Vinaigrette  
Organic Ketchup

### Spectrum

Canola Mayonnaise 16 oz  
Light Canola Eggless Mayonnaise 16 oz  
Light Canola Eggless Mayonnaise 32 oz  
Light Canola Eggless Mayonnaise, Squeeze Bottle  
Organic Olive Oil Mayonnaise  
Organic Soy Mayonnaise, Squeeze Bottle

## Cookies and Snack Bars

### Enjoy Life

Caramel Apple Snack Bars  
Cocoa Loco Snack Bars  
Very Berry Snack Bars

### EnviroKidz

Cheetah Organic Crispy Rice Bars, Berry  
Koala Organic Crispy Rice Bars, Chocolate  
Panda Organic Crispy Rice Bars, Peanut Butter  
Penguin Organic Crispy Rice Bars, Fruity Burst

### Glutenfreeda's Real Cookies

Chip Chip Hooray! Cookie Dough

### Glutino

Breakfast Bars, Blueberry  
Lemon Wafers  
Vanilla Wafers

### Jennie's

Coconut Macaroons

### Kinnikinnick

KinniTOOS Chocolate Sandwich Creme Cookies  
KinniTOOS Vanilla Sandwich Creme Cookies

## Cookies and Snack Bars (Cont'd)

### Mi-Del

Arrowroot Animal Cookies  
Ginger Snaps

### Pamela's Products

Almond Anise Biscotti  
Butter Shortbread Cookies  
Chocolate Chip Walnut Cookies  
Chocolate Walnut Biscotti  
Chunky Chocolate Chip Cookies  
Lemon Almond Biscotti  
Old Fashioned Raisin Walnut Cookies  
Pecan Shortbread Cookies  
Simplebites Chocolate Chip Mini Cookies  
Simplebites Extreme Chocolate Mini Cookies  
Simplebites Ginger Mini Snapz

### WFM Gluten Free Bakehouse

Chocolate Chip Cookies  
Nutmeal Raisin Cookies  
Peanut Butter Cookies

## Crackers

### Blue Diamond

Almond Nut-Thins  
Cheddar Cheese Nut-Thins  
Pecan Nut-Thins

### Edward & Sons

Brown Rice Snaps, Tamari Seaweed  
Organic Brown Rice Snaps, Unsalted Plain  
Organic Brown Rice Snaps, Vegetable

### Glutino

Crackers, Multigrain

### Mary's Gone Crackers

Crackers, Black Pepper  
Crackers, Caraway  
Crackers, Herb  
Crackers, Original

## Dairy

### Brown Cow

Apricot-Mango Whole Milk Yogurt, 6 oz  
Blueberry Whole Milk Yogurt, 6 oz

## Dairy (Cont'd)

### Brown Cow

Cherry-Vanilla Whole Milk Yogurt, 6 oz  
Chocolate Whole Milk Yogurt, 6 oz  
Coffee Whole Milk Yogurt, 6 oz  
Low Fat Black Cherry Yogurt, 6 oz  
Low Fat Blueberry Yogurt, 6 oz  
Low Fat Boysenberry Yogurt, 6 oz  
Low Fat Lemon Twist Yogurt, 6 oz  
Low Fat Peach Yogurt, 6 oz  
Low Fat Strawberry Yogurt, 6 oz  
Low Fat Vanilla Bean Yogurt, 6 oz  
Maple Whole Milk Yogurt, 32 oz  
Maple Whole Milk Yogurt, 6 oz  
Non Fat Blueberry Yogurt, 6 oz  
Non Fat Plain Yogurt, 32 oz  
Non Fat Strawberry Yogurt, 6 oz  
Non Fat Vanilla Yogurt, 32 oz  
Non Fat Vanilla Yogurt, 6 oz  
Peach Whole Milk Yogurt, 6 oz  
Plain Whole Milk Yogurt, 32 oz  
Plain Whole Milk Yogurt, 6 oz  
Raspberry Whole Milk Yogurt, 6 oz  
Strawberry Whole Milk Yogurt, 6 oz  
Vanilla Whole Milk Yogurt, 32 oz  
Vanilla Whole Milk Yogurt, 6 oz

### Earth Balance

Buttery Spread with Olive Oil  
Buttery Sticks  
Organic Whipped Buttery Spread  
Original Buttery Spread  
Soy Free Buttery Spread  
Soy Garden Buttery Spread

### Stonyfield Farm

Organic Cream Top French Vanilla, 6 oz  
Organic Fat Free Blueberry Yogurt, Fruit on the Bottom, 6 oz  
Organic Fat Free Chocolate Underground Yogurt, 6 oz  
Organic Fat Free French Vanilla Yogurt, 6 oz  
Organic Fat Free Pomegranate Berry Yogurt, 6 oz  
Organic Low Fat Blueberry Yogurt, 32 oz  
Organic Low Fat Blueberry Yogurt, 6 oz

## Dairy (Cont'd)

### Stonyfield Farm

Organic Low Fat Cherry Vanilla Yogurt, 6 oz  
Organic Low Fat Just Peachy Yogurt, Fruit on the Bottom, 6 oz  
Organic Low Fat Plain Yogurt, 32 oz  
Organic Low Fat Strawberry Pomegranate Yogurt, 6 oz  
Organic Low Fat Strawberry Yogurt, Fruit on the Bottom, 6 oz  
Organic Low Fat Vanilla, 32 oz  
Organic Raspberry Yogurt Smoothie, 10 oz  
Organic Strawberry Yogurt Smoothie, 10 oz  
Organic Strawberry Yogurt Smoothies, 4 pack  
Organic Vanilla Yogurt Smoothie, 10 oz  
YoBaby Banana/Vanilla Yogurt  
YoBaby Blueberry/Apple Yogurt  
YoBaby Peach/Pear Yogurt  
YoBaby Simply Plain Yogurt  
YoKids Squeezers Cherry/Berry Blitz  
YoKids Squeezers Screamin' Strawberry  
YoKids Strawberry BaNilla Blast Yogurt  
YoKids Strawberry Vanilla Raspberry Yogurt

## Dairy Alternatives

### 365 Everyday Value™

Organic Ricemilk - Original  
Organic Ricemilk - Unsweetened  
Organic Ricemilk - Vanilla  
Organic Soymilk - Chocolate, 32 oz  
Organic Soymilk - Chocolate, 64 oz  
Organic Soymilk - Original, 32 oz  
Organic Soymilk - Original, 64 oz  
Organic Soymilk - Unsweetened, 32 oz  
Organic Soymilk - Unsweetened, 64 oz  
Organic Soymilk - Vanilla, 32 oz  
Organic Soymilk - Vanilla, 64 oz

### Almond Dream

Almond Drink, Unsweetened Original 64 oz

### Blue Diamond

Almond Breeze, Chocolate  
Almond Breeze, Chocolate Unsweetened  
Almond Breeze, Original

## Dairy Alternatives (Cont'd)

### Blue Diamond

Almond Breeze, Original Unsweetened  
Almond Breeze, Vanilla  
Almond Breeze, Vanilla Unsweetened

### Eden

Organic EdenBlend, Rice & Soy Beverage, 32 oz

### Follow Your Heart

Vegan Gourmet Cheddar  
Vegan Gourmet Cream Cheese  
Vegan Gourmet Monterey Jack  
Vegan Gourmet Mozzarella Cheese

### Hemp Dream

Hemp Dream, Vanilla 12/32 oz

### Rice Dream

Enriched Rice Milk Beverage, Chocolate 32 oz  
Enriched Rice Milk Beverage, Original 8 oz  
Enriched Rice Milk Beverage, Vanilla 32 oz  
Organic Enriched Rice Milk Beverage, Original 32 oz  
Organic Enriched Rice Milk Beverage, Original 64 oz  
Organic Enriched Rice Milk Beverage, Vanilla 64 oz  
Refrigerated Ricemilk, Original 64 oz  
Refrigerated Ricemilk, Vanilla 64 oz  
Rice Milk Beverage, Original 32 oz  
Rice Milk Beverage, Original 8 oz  
Rice Milk Beverage, Vanilla 32 oz

### So Delicious

Blueberry Cultured Coconut Milk Yogurt  
French Vanilla Coconut Milk Creamer  
Hazelnut Coconut Milk Creamer  
Original (Plain) Coconut Milk Beverage  
Original (Plain) Coconut Milk Creamer  
Plain Cultured Coconut Milk Yogurt  
Unsweetened Coconut Milk Beverage  
Vanilla Agave Sweetened Soy Yogurt  
Vanilla Coconut Milk Beverage

## Dairy Alternatives (Cont'd)

### WestSoy

Organic Soy Beverage, Unsweetened Original 64 oz  
Soy Beverage, Unsweetened Chocolate 32 oz

## Deli Style Meats and Cheeses

### Applegate Farms

Organic Sliced Oven Roasted Chicken  
Salametti  
Sliced Authentic Prosciutto  
Sliced Genoa Salami  
Sliced Organic Genoa Salami  
Sliced Organic Roast Beef  
Sliced Organic Smoked Turkey  
Sliced Organic Uncured Ham  
Sliced Pepperoni  
Sliced Soppressata

## Desserts

### Crave

Lemon Tart, 4"

### WFM Gluten Free Bakehouse

Vanilla Cupcakes

## Energy and Nutrition Bars/Drinks

### Attune Probiotic Bars

Almond Milk Chocolate Bars - individual  
Raspberry Dark Chocolate Bar - individual

### Bumble Bar

Chunky Cherry  
Original with Almond  
Original with Peanut

## Entrees and Mixes

### 365 Everyday Value™

Gluten Free All Purpose Baking Mix  
Gluten Free Chocolate Brownie Mix  
Gluten Free Pancake & Waffle Mix  
Gluten Free White Cake Mix

## Entrees and Mixes (Cont'd)

### Arrowhead Mills

Gluten Free Brownie Mix

### Bob's Red Mill

TVP (Textured Vegetable Protein)

### Cherrybrook Kitchen Gluten Free Dreams

Pancake & Waffle Mix

### Edward & Sons

Chreesy Mashed Potato Mix

Organic Roasted Garlic Mashed Potato Mix

### Glutino

Macaroni & Cheese

### Lundberg Farms

Butternut Squash Risotto

Organic Alfredo Risotto

Organic Florentine Risotto

Organic Porcini Wild Mushroom Risotto

### Namaste

Waffle & Pancake Mix

### Pamela's Products

Confetti Frosting Mix

Dark Chocolate Frosting Mix

### Road's End Organics

Gluten Free Alfredo Chreese Mix

Gluten Free Cheddar Chreese Mix

### Tasty Bite

Bengal Lentils

Bombay Potatoes

Jodhpur Lentils

Kashmir Spinach

Kerala Vegetables

Madras Lentils

Massaman Vegetables

Punjab Eggplant

## Ethnic Foods

### Amy's

Organic Black Bean Tamale Verde Whole Meal

Organic Black Bean Vegetable Enchilada

Organic Black Bean Vegetable Enchilada, Light in Sodium

## Ethnic Foods (Cont'd)

### Amy's

Organic Cheese Enchilada

Organic Cheese Enchilada Whole Meal

Organic Cheese Tamale Verde Whole Meal

Organic Indian Mattar Paneer, Light in Sodium

Organic Indian Paneer Tikka

Organic Mexican Casserole Bowl

Organic Mexican Casserole Bowl, Light in Sodium

Organic Mexican Tamale Pie

Organic Santa Fe Enchilada Bowl

Organic Teriyaki Bowl

Organic Thai Stir-Fry

Organic Tortilla Casserole & Black Beans Bowl

### Annie Chun's

Maifun Rice Noodles

Pad Thai Rice Noodles

### Edward & Sons

Brown Rice Snaps, Tamari Seaweed

Miso-Cup, Organic Reduced Sodium

Miso-Cup, Organic Traditional with Tofu

### Food Merchants

Organic Polenta, Basil & Garlic

Organic Polenta, Traditional

Organic Quinoa Polenta, Heirloom Red & Black

### Native Forest

Organic Coconut Milk

### Native Forest

Light Coconut Milk

### Organicville

Organic Island Teriyaki

### Spicely

Chinese Five Spice Seasoning

Epazote

Greek Seasoning, Salt Free

Organic Curry, Thai Herb Blend

Sumac

Thai Spice, Salt Free

## Ethnic Foods (Cont'd)

### Tasty Bite

- Bengal Lentils
- Bombay Potatoes
- Jodhpur Lentils
- Kashmir Spinach
- Kerala Vegetables
- Madras Lentils
- Massaman Vegetables
- Punjab Eggplant
- Tandoori Pilaf

### World Foods

- Tahi Creamy Chili Kaffir Lime Stir Fry Sauce
- Thai Basil Curry Stir Fry Sauce
- Thai Galangal Lemon Grass Stir Fry Sauce
- Thai Green Curry Paste
- Thai Green Curry Ready To Pour Sauce
- Thai Red Curry Paste

## Frozen Foods

### Amy's

- Kids Baked Ziti Meal
- Organic Baked Ziti Bowl
- Organic Bistro Veggie Burger
- Organic Black Bean Tamale Verde Whole Meal
- Organic Black Bean Vegetable Enchilada
- Organic Black Bean Vegetable Enchilada, Light in Sodium
- Organic Brown Rice & Vegetables Bowl
- Organic Brown Rice & Vegetables Bowl, Light in Sodium
- Organic Brown Rice, Black-Eyed Peas & Veggies Bowl
- Organic Cheese Enchilada
- Organic Cheese Enchilada Whole Meal
- Organic Cheese Tamale Verde Whole Meal
- Organic Cream of Rice Hot Cereal Bowl
- Organic Garden Vegetable Lasagna
- Organic Indian Mattar Paneer, Light in Sodium
- Organic Indian Paneer Tikka
- Organic Mexican Casserole Bowl

## Frozen Foods (Cont'd)

### Amy's

- Organic Mexican Casserole Bowl, Light in Sodium
- Organic Mexican Tamale Pie
- Organic Rice Crust Cheese Pizza
- Organic Rice Crust Spinach Pizza
- Organic Rice Mac & Cheese
- Organic Santa Fe Enchilada Bowl
- Organic Shepherd's Pie, Light in Sodium
- Organic Single Serve Non-Dairy Rice Crust Cheeze Pizza
- Organic Teriyaki Bowl
- Organic Thai Stir-Fry
- Organic Tofu Scramble
- Organic Tortilla Casserole & Black Beans Bowl

### French Meadow Bakery

- Gluten Free Chocolate Chip Cookie Dough

### Gluten Free Cafe

- Fettuccini Alfredo
- Lemon Basil Chicken

### Glutenfreeda's Real Cookies

- Chip Chip Hooray! Cookie Dough

### Glutino

- Chicken Alfredo
- Chicken Pad Thai
- Chicken Ranchero
- Pizza, Duo Cheese
- Pizza, Spinach Feta

### Ian's Natural Foods

- Alpha Tots
- Chicken Fingers, Allergen Free
- Ian's Chicken Nuggets, Allergen Free
- Ian's Fish Sticks, Allergen Free
- Popcorn Turkey Corn Dogs

### It's Soy Delicious

- Awesome Chocolate Non-Dairy Frozen Dessert
- Vanilla Non-Dairy Frozen Dessert

### Julie's Organic Ice Cream

- Glutenfreeda's Organic Gluten Free Vanilla Ice Cream Sandwich

## Frozen Foods (Cont'd)

### Kettle Cuisine

- Angus Beef Steak Chili with Beans
- Chicken Chili with White Beans
- Chicken Soup with Rice Noodles
- Grilled Chicken and Corn Chowder
- New England Clam Chowder

### Kinnikinnick

- Cinnamon Sugar Donuts
- Homestyle Waffles, Cinnamon Brown Sugar
- Homestyle Waffles, Original
- Tapioca Rice Hamburger Buns
- Vanilla Glazed Donuts

### Nature's Path

- Organic Homestyle Waffles
- Organic Mesa Sunrise Waffles

### Organic So Delicious

- Chocolate Velvet Non-Dairy Frozen Dessert
- Creamy Vanilla Non-Dairy Frozen Dessert
- Mint Marble Fudge Non-Dairy Frozen Dessert
- Mocha Fudge Non-Dairy Frozen Dessert

### Purely Decadent

- Chocolate Non-Dairy Frozen Coconut Milk Dessert
- Chocolate Obsession Non-Dairy Frozen Dessert
- Chocolate Peanut Butter Swirl Non-Dairy Frozen Coconut Milk Dessert
- Mint Chip Non-Dairy Frozen Coconut Milk Dessert
- Mocha Almond Fudge Non-Dairy Frozen Coconut Milk Dessert
- Peanut Butter Zig Zag Non-Dairy Frozen Dessert
- Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert

### Rice Dream

- Cocoa Marble Fudge Frozen Dessert, Pint
- Rice Dream, Strawberry
- Vanilla Frozen Dessert, Pint
- Vanilla Frozen Dessert, Quart

## Frozen Foods (Cont'd)

### So Delicious

- Coconut Almond Bar, Made with Coconut Milk
- Kidz Assorted Fruit Pops

### Starfish

- Crispy Battered Gluten Free Cod

### Van's

- Wheat Free Blueberry Waffles
- Wheat Free Flax Waffles
- Wheat Free Homestyle Waffles
- Wheat Free Mini Homestyle Waffles

## Grains and Rice

### Ancient Harvest

- Traditional Organic Quinoa 12 oz

### Annie Chun's

- Rice Express Black Pearl Rice
- Rice Express Multi Grain Rice
- Rice Express Sticky White Rice

### Eden

- Organic Red Quinoa, Whole Grain

### Lundberg Farms

- Butternut Squash Risotto
- Eco-Farmed Black Japonica Field Gourmet Blend
- Eco-Farmed Wild Blend Gourmet Blend Rice
- Organic Alfredo Risotto
- Organic California Brown Jasmine Rice, 25 lb
- Organic California White Basmati Rice
- Organic Golden Rose Medium Grain Brown Rice
- Organic Long Grain Brown Rice
- Organic Porcini Wild Mushroom Risotto
- Organic Short Grain Brown Rice
- Organic White Long Grain Rice

### Tasty Bite

- Basmati Rice
- Brown Rice
- Long Grain Rice
- Tandoori Pilaf

## Jams and Nut Butters

### Blue Diamond

Homestyle Almond Butter, Creamy  
Homestyle Almond Butter, Honey

### Earth Balance

Creamy Natural Almond Butter  
Creamy Natural Peanut Butter

## Meat Alternatives

### Bob's Red Mill

TVP (Textured Vegetable Protein)

## Meat and Poultry

### Applegate Farms

Organic Beef Hot Dogs  
Organic Hot Dogs  
Organic Sweet Italian Sausage

## Nutritional Supplements

### BioChem

100% Whey Protein Chocolate Fudge  
100% Whey Protein Natural Flavor  
100% Whey Protein Vanilla 1.9lb  
100% Whey Protein Vanilla 13.9oz

### Country Life

Buffered C 1000mg w/Rose Hips 100ct  
Acidophilus with Pectin Capsules, 250 ct  
Beta Carotene 25,000 IU 100ct  
Betaine Hydrochloride w/Pepsin 100ct  
Biotin 1000mcg 100ct  
Cal-Snack Milk-Free Chewables, 120 ct  
Cal-Snack Milk-Free Chewables, 60 ct  
Carotenoid Complex 30ct  
Chewable Multivitamin 60ct  
Coenzyme B Complex 30ct  
Maxi-Sorb Cal/Mag Citrate with Vitamin D Softgels, 100 ct  
Neuro-PS Phosphatidylserine, 30 ct  
Papaya Chewable 25mg 200ct  
Power-dophilus Capsules, 200 ct  
Prenatal Omega Softgel  
Super Potency Biotin 5mg 120ct  
Super Potency Biotin 5mg 60ct

## Nutritional Supplements (Cont'd)

### Country Life

Target-Mins Calcium-Magnesium Complex Tablets, 180 ct  
Target-Mins Calcium-Magnesium-Veg Capsules, 120 ct  
Target-Mins Calcium-Magnesium-Veg Capsules, 240 ct  
Target-Mins Magnesium Capsules, 60 ct  
Vitamin B-2 100mg 100ct  
Vitamin B-6 200mg 90ct  
Vitamin C 500mg Chewable 90ct  
Vitamin D Dry 1000 IU 100ct  
Vitamin E Complex 400IU 180ct Softgels

### Country Life

Omega-3 Fish Oils 1000mg 200ct

## Nuts, Seeds and Dried Fruits

### Bob's Red Mill

Organic Golden Flaxseeds

### Spicely

Organic Sesame Seeds, White

## Pasta

### Ancient Harvest

Quinoa Supergrain Pasta, Elbows 8 oz  
Quinoa Supergrain Pasta, Linguine 8 oz  
Quinoa Supergrain Pasta, Shells 8 oz  
Quinoa Supergrain Pasta, Spaghetti 8 oz

### Bionaturae

Organic Gluten Free Fusilli  
Organic Gluten Free Penne Rigate  
Organic Gluten Free Rigatoni

### DeBoles Foods

Multi-Grain Penne  
Multi-Grain Spaghetti

### Lundberg Farms

Organic Brown Rice Penne Pasta  
Organic Brown Rice Rotini Pasta  
Organic Brown Rice Spaghetti Pasta

## Pasta (Cont'd)

### Tinkyada

- Brown Rice Fettucini
- Brown Rice Fusilli
- Brown Rice Lasagne
- Brown Rice Penne
- Brown Rice Spirals
- Organic Brown Rice Elbow
- Organic Brown Rice Penne
- Organic Brown Rice Spaghetti
- Organic Brown Rice Spirals

## Personal Care

### Tom's of Maine

- Apricot Long Lasting Stick Deodorant
- Bay Lime Sensitive Stick Deodorant
- Calendula Stick Deodorant
- Cinnamon Clove Whole Care Toothpaste
- Fennel Antiplaque Tartar Control Plus Whitening Toothpaste
- Orange-Mango Whole Care Gel Toothpaste
- Peppermint Anti-Plaque Tartar Control Plus Whitening Toothpaste
- Peppermint Anticavity Toothpaste
- Peppermint Baking Soda Mouthwash
- Peppermint Whole Care Toothpaste
- Silly Strawberry Anticavity Toothpaste
- Silly Strawberry Non-Fluoride Toothpaste
- Spearmint Anti-Plaque Plus Whitening Gel Toothpaste
- Spearmint Anti-Plaque Tartar Control Plus Whitening Toothpaste
- Spearmint Anticavity Toothpaste
- Spearmint Cleansing Mouthwash
- Spearmint Flat Floss
- Spearmint Whole Care Gel Toothpaste
- Spearmint Whole Care Toothpaste
- Unflavored Round Floss
- Unscented Long Lasting Roll-on Deodorant
- Unscented Stick Deodorant
- Wintermint Anticavity Toothpaste
- Wintermint Sensitive Toothpaste
- Wintermint Whole Care Toothpaste
- Woodspice Stick Deodorant

## Prepared Foods

### Food Merchants

- Organic Polenta, Basil & Garlic
- Organic Polenta, Traditional
- Organic Quinoa Polenta, Heirloom Red & Black

## Sauces, Salsas and Dips

### Amy's

- Organic Black Bean & Corn Salsa
- Organic Medium Salsa
- Organic Mild Salsa
- Organic Spicy Chipotle Salsa

### Organicville

- Organic Island Teriyaki
- Organic Medium Salsa

### Road's End Organics

- Gluten Free Alfredo Cheese Mix
- Gluten Free Cheddar Cheese Mix

### World Foods

- Tahi Creamy Chili Kaffir Lime Stir Fry Sauce
- Thai Basil Curry Stir Fry Sauce
- Thai Galangal Lemon Grass Stir Fry Sauce
- Thai Green Curry Ready To Pour Sauce

## Seafood

### Starfish

- Crispy Battered Gluten Free Cod

## Soups

### Amy's

- Organic Black Bean Chili
- Organic Black Bean Vegetable Soup
- Organic Chunky Tomato Bisque
- Organic Chunky Tomato Bisque, Light in Sodium
- Organic Chunky Vegetable Soup
- Organic Cream of Tomato Soup
- Organic Cream of Tomato Soup, Light in Sodium
- Organic Curried Lentil Soup

## Soups (Cont'd)

### Amy's

- Organic Fire Roasted Southwestern Vegetable Soup
- Organic Lentil Soup
- Organic Lentil Soup, Light in Sodium
- Organic Lentil Vegetable Soup
- Organic Lentil Vegetable Soup, Light in Sodium
- Organic Medium Chili
- Organic Medium Chili with Vegetables
- Organic Southwestern Black Bean Chili
- Organic Spicy Chili
- Organic Spicy Chili, Light in Sodium
- Organic Split Pea Soup
- Organic Split Pea Soup, Light in Sodium
- Organic Thai Coconut Soup (Tom Kha Phak)

### Edward & Sons

- Miso-Cup, Organic Reduced Sodium
- Miso-Cup, Organic Traditional with Tofu

### Imagine Foods

- Broccoli Soup 32 oz
- Butternut Squash Soup 16 oz
- Butternut Squash Soup 32 oz
- Chicken Broth 16 oz
- Corn & Lemongrass Soup 32 oz
- Creamy Tomato Soup 16 oz
- Free Range Chicken Broth 32 oz
- No Chicken Broth 32 oz
- Organic Chicken Broth, Low Sodium 32 oz
- Organic Corn Soup, Low Sodium 32 oz
- Organic Potato Soup, Low Sodium 32 oz
- Organic Tomato Soup 32 oz
- Organic Tomato Soup, Low Sodium 32 oz
- Organic Vegetable Broth, Low Sodium 32 oz
- Portabello Mushroom Soup 16 oz
- Potato Leek Soup 32 oz
- Tomato Basil Soup 32 oz
- Vegetable Broth 16 oz
- Vegetable Broth 32 oz

### Kettle Cuisine

- Angus Beef Steak Chili with Beans
- Chicken Chili with White Beans
- Chicken Soup with Rice Noodles
- Grilled Chicken and Corn Chowder

## Soups (Cont'd)

### Kettle Cuisine

- New England Clam Chowder

## Spices and Seasonings

### Spicely

- Arrowroot
- Barbecue Seasoning, Salt Free
- Beef & Burger Rub, Salt Free
- Cajun Seasoning, Salt Free
- Celery Salt
- Chinese Five Spice Seasoning
- Epazote
- Fennel, Ground
- Fenugreek Seeds
- Greek Seasoning, Salt Free
- Lamb Seasoning, Salt Free
- Lemon Grass
- Lemon Pepper
- Mace, Ground
- Oregano, Mexican
- Organic Allspice, Ground
- Organic Anise, Star Whole
- Organic Basil
- Organic Bay Leaves
- Organic Cajun Seasoning
- Organic Caraway Seeds
- Organic Cardamom, Ground
- Organic Celery Seed
- Organic Cinnamon, Ground
- Organic Cumin, Ground
- Organic Curry Powder
- Organic Curry, Thai Herb Blend
- Organic Fennel Seeds
- Organic Ginger, Ground
- Organic Marjoram, Whole
- Organic Mustard Seeds, Brown
- Organic Paprika
- Organic Peppercorns, Black
- Organic Poppy Seed
- Organic Saffron
- Organic Sesame Seeds, White
- Organic Tarragon
- Organic Thyme
- Organic Turmeric

## **Spices and Seasonings (Cont'd)**

### **Spicely**

- Paprika, Smoked
- Pickling Spice
- Poultry Seasoning, Salt Free
- Rice Seasoning, Salt Free
- Sumac
- Thai Spice, Salt Free

### **World Foods**

- Thai Green Curry Paste
- Thai Red Curry Paste

### **Sweeteners**

#### **Lundberg Farms**

- Brown Rice Syrup
- Organic Brown Rice Syrup