

Gluten Free

SPECIAL DIETS SERIES

CELEBRATING
YOUR
CHOICES



Mill Plain Store, Pacific Northwest Region

Whole Foods Market is excited to bring you "Celebrating Your Choices," a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product. If you have any questions, you may contact us at WFMSpecialDiets@wholefoods.com.

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Baby & Infant Food

Stonyfield Farm

YoBaby Drinkable Yogurt, Banana
YoBaby Drinkable Yogurt, Peach
YoBaby Peach/Pear Yogurt

Baked Goods

Crave

Brownie Favors
Dark Chocolate Brownie
Lemon Tart, 4"

Kinnikinnick

Cinnamon Sugar Donuts
Tapioca Rice Cinnamon Buns
Vanilla Glazed Donuts

WFM Gluten Free Bakehouse

Apple Pie
Blueberry Muffins
Cheddar Biscuits
Chocolate Chip Cookies
Chocolate Cupcakes
Cornbread
Cranberry Orange Scones
Cream Biscuits
Honey Oat Bread
Nutmeal Raisin Cookies
Peanut Butter Cookies
Pie Shells
Prairie Bread

Baked Goods (Cont'd)

WFM Gluten Free Bakehouse

Sandwich Bread
Southern Pecan Pie
Stuffing Cubes

Baking Needs

365 Everyday Value™

Gluten Free All Purpose Baking Mix
Gluten Free Chocolate Brownie Mix
Gluten Free Chocolate Chip Cookie Mix
Gluten Free Muffin Mix
Gluten Free Pizza Crust Mix
Gluten Free White Cake Mix

Ancient Harvest

Organic Quinoa Flour 18 oz

Arrowhead Mills

Gluten Free All Purpose Baking Mix
Gluten Free Brownie Mix
Gluten Free Chocolate Chip Cookie Mix
Gluten Free Pancake & Baking Mix
Yellow Corn Meal

Bob's Red Mill

Active Dry Yeast
Almond Flour
Arrowroot Starch Flour
Baking Powder
Brown Rice Flour
Cornstarch
Flaxseed Meal
Flaxseeds
Garbanzo Bean Flour
Gluten Free All Purpose Baking Flour
Gluten Free Biscuit & Baking Mix
Gluten Free Brownie Mix
Gluten Free Chocolate Chip Cookie Mix

Baking Needs (Cont'd)

Bob's Red Mill

- Gluten Free Cornbread Mix
- Gluten Free Garbanzo & Fava Bean Flour
- Gluten Free Hearty Whole Grain Bread Mix
- Gluten Free Homemade Wonderful Bread Mix
- Gluten Free Pancake Mix
- Gluten Free Pizza Crust Mix
- Gluten Free Sweet White Sorghum Flour
- GlutenFree Rolled Oats
- Golden Flaxseed Meal
- Guar Gum
- Hemp Protein Powder
- Millet Flour
- Organic Amaranth Flour
- Organic Coconut Flour
- Organic Golden Flaxseed Meal
- Organic Golden Flaxseeds
- Organic White Rice Flour
- Potato Flour
- Potato Starch
- Tapioca Flour
- Teff Flour
- White Rice Flour
- Xanthan Gum

Cherrybrook Kitchen

- Vanilla Frosting

Earth Balance

- Shortening

Enjoy Life

- Semi-Sweet Chocolate Chips

Hain

- Baking Powder

Let's Do... Organic

- Organic Creamed Coconut
- Organic Shredded Coconut

Namaste

- Blondie Mix
- Bread Mix
- Muffin Mix
- Spice Cake Mix
- Sugar-Free Muffin Mix
- Vanilla Cake Mix

Baking Needs (Cont'd)

Namaste

- Waffle & Pancake Mix

Pamela's Products

- Baking & Pancake Mix
- Baking & Pancake Mix, 4 lb
- Chocolate Brownie Mix
- Chocolate Cake Mix
- Gluten-Free Bread Mix

Tropical Source

- Semi Sweet Chocolate Chips

WFM Gluten Free Bakehouse

- Pie Shells

Beverages

Bard's Beer

- Bard's Gold, 6-Pack
- Bard's Gold, Single Bottle

Celestial Seasonings

- Antioxidant Green Tea, 20 Ct
- Authentic Green Tea, 20 Ct
- Bengal Spice Tea, 20 Ct
- Black Cherry Berry Tea
- Cool Brew Blueberry Iced Green Tea, 40 Ct
- Cool Brew Peach Iced Tea, 40 Ct
- Cool Brew Raspberry Iced Tea, 40 Ct
- Country Peach Passion
- Decaf Mandarin Orchard Green Tea, 20 Ct
- Goji Berry Pomegranate Green Tea, 20 Ct
- Honey Lemon Ginseng Green Tea, 20 Ct
- Honey Vanilla Chamomile Tea, 20 Ct
- Moroccan Pomegranate Red Tea, 20 Ct
- Sleepytime Tea, 20 Ct
- Sleepytime Tea, 40 Ct
- Sleepytime Throat Tamer Tea, 20 Ct
- Tangerine Orange Zinger Tea, 20 Ct
- Tension Tamer Tea, 20 Ct
- Tropical Acai Berry Green Tea, 20 Ct
- True Blueberry, 20 Ct

Eden

- Organic EdenBlend, Rice & Soy Beverage, 32 oz

Beverages (Cont'd)

Rice Dream

Horchata
Rice Nog

So Delicious

Original (Plain) Coconut Milk Beverage
Unsweetened Coconut Milk Beverage
Vanilla Coconut Milk Beverage

Bread

Food For Life

Brown Rice Bread, Wheat & Gluten Free
Millet Bread, Wheat & Gluten Free
Raisin Pecan Bread, Wheat & Gluten Free
White Rice Bread, Wheat & Gluten Free
Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

Food for Life

Yeast Free Multi Seed Rice Bread, Wheat & Gluten Free

Glutino

Bagels, Plain
Premium Cinnamon & Raisin Bread

Kinnikinnick

Brown Sandwich Bread
Italian White Tapioca Rice Bread
Robins Honey Brown Rice Bread
Sunflower Flax Rice Bread
Tapioca Rice English Muffin
Tapioca Rice Hamburger Buns
Tapioca Rice Hot Dog Buns

WFM Gluten Free Bakehouse

Cheddar Biscuits
Cornbread
Cream Biscuits
Hamburger Buns
Honey Oat Bread
Prairie Bread
Sandwich Bread

Candy and Chocolate

Endangered Species Chocolate

Bite Size Smooth Milk Chocolate
Dark Chocolate with Blueberries - Sea Turtle
Dark Chocolate with Cranberries & Almonds - Wolf
Dark Chocolate with Hazelnut Toffee - Rhino
Dark Chocolate with Raspberries - Grizzly Bear
Extreme Dark Chocolate - Panther
Intense Dark Chocolate with Cacao Nibs - Bat
Organic Health Dark Chocolate with Goji Berry, Pecans & Maca
Organic Health Dark Chocolate with Goldenberry & Lucuma
Smooth Milk Chocolate - Sea Otter
Smooth Organic Dark Chocolate - Butterfly
Smooth Organic Dark Chocolate with Cherry - Koala
Smooth Organic Dark Chocolate with Orange - Zebra
Smooth Organic Milk Chocolate - Lion
Supreme Dark Chocolate - Chimpanzee

Enjoy Life

Boom Choco Boom Dairy-Free Rice Milk Chocolate Bar
Boom Choco Boom Dark Chocolate Bar

Glee Gum

Glee Bubblegum Flavor Gum
Glee Cinnamon Gum
Glee Spearmint Gum
Glee Tangerine Gum

Let's Do... Organic

Organic Classic Gummi Bears

Scharffen Berger

Dark Mocha Chocolate Bar, 62% Cacao
Extra Dark Chocolate Bar, 82% Cacao

Canned Goods

Amy's

- Organic Refried Beans with Green Chiles
- Organic Refried Black Beans
- Organic Refried Black Beans, Low in Sodium
- Organic Traditional Refried Beans
- Organic Traditional Refried Beans, Light in Sodium

Canned/Jarred Goods

Native Forest

- Artichoke Hearts, Marinated

Cereal

Amy's

- Organic Cream of Rice Hot Cereal Bowl

Ancient Harvest

- Organic Quinoa Flakes 12 oz

Arrowhead Mills

- Maple Buckwheat Organic Flakes
- Organic Rice & Shine Hot Cereal

Bakery On Main

- Nutty Cranberry Gluten Free Granola

Barbara's Bakery

- Honey Rice Puffins Cereal

Bob's Red Mill

- Brown Rice Farina Creamy Rice Hot Cereal
- Gluten Free Mighty Tasty Hot Cereal
- GlutenFree Rolled Oats
- Organic Creamy Buckwheat Hot Cereal

Enjoy Life

- Cinnamon Crunch Granola
- Very Berry Crunch Granola

EnviroKidz

- Amazon Frosted Flakes Organic Cereal
- Gorilla Munch Organic Cereal
- Gorilla Munch Organic Cereal, 23 oz
- Koala Crisp Organic Cereal
- Leapin' Lemurs Peanut Butter & Chocolate Organic Cereal
- Peanut Butter Panda Puffs Organic Cereal

Cereal (Cont'd)

EnviroKidz

- Peanut Butter Panda Puffs Organic Cereal, 25 oz

Glutino

- Apple & Cinnamon Cereal

Nature's Path

- Organic Crispy Rice Cereal
- Organic Fruit Juice Sweetened Corn Flakes
- Organic Fruit Juice Sweetened Corn Flakes, 26.4 oz
- Organic Honey'd Cornflakes
- Organic Mesa Sunrise Cereal
- Organic Mesa Sunrise Cereal, 26.4 oz
- Organic Whole O's Cereal

Perky's

- Nutty Flax Cereal
- Nutty Rice Cereal

Cheese

Follow Your Heart

- Vegan Gourmet Cheddar
- Vegan Gourmet Monterey Jack
- Vegan Gourmet Mozzarella Cheese
- Vegan Gourmet Nacho Cheese
- Vegan Gourmet Sour Cream

Chips, Pretzels and Snacks

Arico

- Cassava Chips, Original
- Cassava Chips, Sea Salt Mist

Food Should Taste Good

- Buffalo Tortilla Chips 6 oz
- Cinnamon Tortilla Chips 5.5 oz
- Lime Tortilla Chips 5.5 oz
- Multigrain Tortilla Chips 12 oz
- Sweet Potato Tortilla Chips 6 oz
- The Works! Tortilla Chips 6 oz
- Yellow Corn Tortilla Chips 11 oz

Food Should Taste Good

- Chocolate Tortilla Chips 6 oz
- Jalapeno Tortilla Chips 6 oz
- Multigrain Tortilla Chips 6 oz

Chips, Pretzels and Snacks (Cont'd)

Food Should Taste Good

Olive Tortilla Chips 6 oz

Glutino

Pretzel Sticks, Family Bag

Pretzels, Family Bag

Kettle Brand®

Krinkle Cut Potato Chips, Lightly Salted 14 oz

Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 14 oz

Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 9 oz

Potato Chips, Lightly Salted 5 oz

Potato Chips, New York Cheddar w/ Herbs 5 oz

Potato Chips, Organic Lightly Salted 5 oz

Potato Chips, Sea Salt & Vinegar 5 oz

Potato Chips, Unsalted 5 oz

Potato Chips, Yogurt & Green Onion 5 oz

Kettle Brand®

Baked Potato Chips, Aged White Cheddar 4 oz

Baked Potato Chips, Hickory Honey BBQ 4 oz

Baked Potato Chips, Lightly Salted 4 oz

Baked Potato Chips, Salt & Fresh Ground Pepper 4 oz

Baked Potato Chips, Sea Salt & Vinegar 4 oz

Krinkle Cut Potato Chips, Buffalo Bleu 9 oz

Krinkle Cut Potato Chips, Classic BBQ 14 oz

Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 5 oz

Potato Chips, Backyard Barbeque 5 oz

Potato Chips, Death Valley Chipotle 5 oz

Potato Chips, Jalapeno 2 oz

Potato Chips, Jalapeno 5 oz

Potato Chips, Lightly Salted 9 oz

Potato Chips, New York Cheddar w/ Herbs 9 oz

Potato Chips, Organic Sea Salt & Black Pepper 5 oz

Chips, Pretzels and Snacks (Cont'd)

Kettle Brand®

Potato Chips, Sea Salt & Vinegar 9 oz

Potato Chips, Sour Cream, Onion & Chive 5 oz

Potato Chips, Spicy Thai 5 oz

Potato Chips, Sweet Onion 2 oz

Potato Chips, Sweet Onion 5 oz

Lundberg Farms

Brown Rice Cakes

Fiesta Lime Rice Chips

Honey Nut Rice Cakes

Organic Brown Rice Cakes

Organic Sea Salt Rice Chips

Organic Unsalted Brown Rice Cakes

Organic Wild Rice Cakes

Pico de Gallo Rice Chips

Sante Fe BBQ Rice Chips

Sesame Seaweed Rice Chips

Unsalted Brown Rice Cakes

Mr. Krispers

Baked Rice Krisps, Nacho

Baked Rice Krisps, Sea Salt & Pepper

Baked Rice Krisps, Sour Cream & Onion

Condiments

Eden

Tamari Soy Sauce, Naturally Brewed 10 oz

Follow Your Heart

Vegenaise, Original

Organicville

Organic Dressing, Non Dairy Ranch

Organic Dressing, Olive Oil & Balsamic Vinaigrette

Organic Dressing, Pomegranate Vinaigrette

Organic Dressing, Sundried Tomato & Garlic Vinaigrette

Organic Ketchup

Spectrum

Light Canola Eggless Mayonnaise 16 oz

Light Canola Eggless Mayonnaise, Squeeze Bottle

Organic Garlic Ranch Omega-3 Dressing

Condiments (Cont'd)

Spectrum

Organic Olive Oil Mayonnaise
Organic Omega-3 Mayonnaise with Flax 16 oz
Organic Roasted Garlic Mayonnaise 12 oz
Organic Soy Mayonnaise, Squeeze Bottle

Cookies and Snack Bars

Enjoy Life

Caramel Apple Snack Bars
Cocoa Loco Snack Bars
Soft Baked Chewy Chocolate Chip Cookies
Soft Baked Chocolate Chip Cookie Pack
Soft Baked No-Oats "Oatmeal" Cookie
Soft Baked Snickerdoodle Cookie Pack
Sunbutter Crunch Snack Bars
Very Berry Snack Bars

EnviroKidz

Cheetah Organic Crispy Rice Bars, Berry
Koala Organic Crispy Rice Bars, Chocolate
Lemur Organic Crispy Rice Bars, Peanut Choco Drizzle
Organic Vanilla Animal Cookies
Panda Organic Crispy Rice Bars, Peanut Butter

Glutino

Breakfast Bars, Apple
Chocolate Coated Wafers

Jennie's

Coconut Macaroons

Kinnikinnick

KinniKritters Animal Cookies
KinniTOOS Chocolate Sandwich Creme Cookies
KinniTOOS Vanilla Sandwich Creme Cookies
Montana's Chocolate Chip Cookies

Let's Do...

Gluten Free Ice Cream Cones

Mi-Del

Arrowroot Animal Cookies
Chocolate Chip Cookies
Ginger Snaps

Cookies and Snack Bars (Cont'd)

Pamela's Products

Butter Shortbread Cookies
Chocolate Chip Walnut Cookies
Chunky Chocolate Chip Cookies
Lemon Shortbread Cookies
Organic Dark Chocolate Chunk Cookies
Organic Peanut Butter Chocolate Chip Cookies
Shortbread Swirl Cookies
Simplebites Extreme Chocolate Mini Cookies
Simplebites Ginger Mini Snapz

WFM Gluten Free Bakehouse

Chocolate Chip Cookies
Nutmeal Raisin Cookies
Peanut Butter Cookies

Crackers

Blue Diamond

Almond Nut-Thins
Cheddar Cheese Nut-Thins
Hazelnut Nut-Thins
Pecan Nut-Thins
Smokehouse Almond Nut-Thins

Edward & Sons

Brown Rice Snaps, Onion Garlic
Brown Rice Snaps, Tamari Seaweed
Brown Rice Snaps, Tamari Sesame
Brown Rice Snaps, Unsalted Sesame
Organic Brown Rice Snaps, Cheddar
Organic Brown Rice Snaps, Toasted Onion
Organic Brown Rice Snaps, Unsalted Plain
Organic Brown Rice Snaps, Vegetable

Glutino

Crackers, Cheddar
Crackers, Original

Mary's Gone Crackers

Crackers, Black Pepper
Crackers, Caraway
Crackers, Original

Dairy

Brown Cow

Apricot-Mango Whole Milk Yogurt, 6 oz
Blueberry Whole Milk Yogurt, 32 oz
Blueberry Whole Milk Yogurt, 6 oz
Cherry-Vanilla Whole Milk Yogurt, 6 oz
Chocolate Whole Milk Yogurt, 6 oz
Coffee Whole Milk Yogurt, 6 oz
Low Fat Blueberry Yogurt, 6 oz
Low Fat Boysenberry Yogurt, 6 oz
Low Fat Vanilla Bean Yogurt, 6 oz
Maple Whole Milk Yogurt, 32 oz
Maple Whole Milk Yogurt, 6 oz
Non Fat Plain Yogurt, 32 oz
Non Fat Vanilla Yogurt, 32 oz
Peach Whole Milk Yogurt, 6 oz
Plain Whole Milk Yogurt, 32 oz
Raspberry Whole Milk Yogurt, 6 oz
Strawberry Whole Milk Yogurt, 6 oz
Vanilla Whole Milk Yogurt, 32 oz
Vanilla Whole Milk Yogurt, 6 oz

Earth Balance

Buttery Spread with Olive Oil
Buttery Sticks
Organic Whipped Buttery Spread
Original Buttery Spread
Soy Free Buttery Spread
Soy Garden Buttery Spread

Stonyfield Farm

Fat Free Strawberry Probiotic Multi-Pack
Organic Cream Top French Vanilla Yogurt, 32 oz
Organic Fat Free French Vanilla Yogurt, 32 oz
Organic Low Fat Blueberry Yogurt, 32 oz
Organic Low Fat Blueberry Yogurt, 6 oz
Organic Low Fat Cherry Vanilla Yogurt, 6 oz
Organic Low Fat Plain Yogurt, 32 oz
Organic Low Fat Raspberry Yogurt, 6 oz
Organic Low Fat Strawberry Yogurt, Fruit on the Bottom, 6 oz
Organic Low Fat Vanilla Yogurt
Organic Strawberry Yogurt Smoothies, 4 pack
Organic Vanilla Yogurt Smoothie, 10 oz

Dairy (Cont'd)

Stonyfield Farm

Organic Wild Berry Yogurt Smoothies, 4 pack
YoBaby Drinkable Yogurt, Banana
YoBaby Drinkable Yogurt, Peach
YoBaby Peach/Pear Yogurt
YoKids Squeezers Cherry/Berry Blitz
YoKids Squeezers Screamin' Strawberry
YoKids Strawberry BaNilla Blast Yogurt

Dairy Alternatives

365 Everyday Value™

Organic Ricemilk - Original
Organic Ricemilk - Unsweetened
Organic Ricemilk - Vanilla
Organic Soymilk - Chocolate, 32 oz
Organic Soymilk - Chocolate, 64 oz
Organic Soymilk - Original, 32 oz
Organic Soymilk - Original, 64 oz
Organic Soymilk - Unsweetened, 32 oz
Organic Soymilk - Unsweetened, 64 oz
Organic Soymilk - Vanilla, 32 oz
Organic Soymilk - Vanilla, 64 oz

Blue Diamond

Almond Breeze, Chocolate
Almond Breeze, Chocolate Unsweetened
Almond Breeze, Original
Almond Breeze, Original Unsweetened
Almond Breeze, Unsweetened Vanilla
Almond Breeze, Vanilla
Almond Breeze, Vanilla Unsweetened

Eden

Organic EdenBlend, Rice & Soy Beverage, 32 oz

Follow Your Heart

Vegan Gourmet Cheddar
Vegan Gourmet Monterey Jack
Vegan Gourmet Mozzarella Cheese
Vegan Gourmet Nacho Cheese
Vegan Gourmet Sour Cream

Rice Dream

Enriched Rice Milk Beverage, Chocolate 32 oz

Dairy Alternatives (Cont'd)

Rice Dream

Enriched Rice Milk Beverage, Original 8 oz
Enriched Rice Milk Beverage, Vanilla 32 oz
Organic Enriched Rice Milk Beverage, Original 32 oz
Organic Enriched Rice Milk Beverage, Original 64 oz
Organic Enriched Rice Milk Beverage, Vanilla 64 oz
Refrigerated Ricemilk, Original 64 oz
Refrigerated Ricemilk, Vanilla 64 oz
Rice Milk Beverage, Original 32 oz

So Delicious

Blueberry Agave Sweetened Soy Yogurt
Blueberry Cultured Coconut Milk Yogurt
Blueberry Dairy Free Yogurt
Chocolate Cultured Coconut Milk Yogurt
Cinnamon Bun Dairy Free Yogurt
French Vanilla Coconut Milk Creamer
Hazelnut Coconut Milk Creamer
Key Lime Dairy Free Yogurt
Original (Plain) Coconut Milk Beverage
Original (Plain) Coconut Milk Creamer
Original (Plain) Coconut Milk Kefir
Passionate Mango Cultured Coconut Milk Yogurt
Peach Dairy Free Yogurt
Pina Colada Cultured Coconut Milk Yogurt
Plain Cultured Coconut Milk Yogurt
Raspberry Cultured Coconut Milk Yogurt
Raspberry Dairy Free Yogurt
Strawberry Coconut Milk Kefir
Strawberry Cultured Coconut Milk Yogurt
Unsweetened Coconut Milk Beverage
Vanilla Agave Sweetened Soy Yogurt
Vanilla Coconut Milk Beverage
Vanilla Coconut Milk Kefir
Vanilla Dairy Free Yogurt

WestSoy

Longevity Soy Beverage, Plain 32 oz
Organic Soy Beverage, Unsweetened Original 64 oz
Plus Soy Beverage, Plain 32 oz
Plus Soy Beverage, Plain 64 oz

Dairy Alternatives (Cont'd)

WestSoy

Plus Soy Beverage, Vanilla 32 oz
Soy Beverage, Unsweetened Chocolate 32 oz

Deli Style Meats and Cheeses

Applegate Farms

Organic Sliced Oven Roasted Chicken
Sliced Authentic Prosciutto
Sliced Black Forest Ham
Sliced Honey Maple Turkey
Sliced Organic Genoa Salami
Sliced Organic Oven Roasted Turkey
Sliced Organic Smoked Turkey
Sliced Organic Uncured Ham

Desserts

Crave

Brownie Favors
Dark Chocolate Brownie
Lemon Tart, 4"

WFM Gluten Free Bakehouse

Apple Pie
Chocolate Cupcakes
Southern Pecan Pie

Energy and Nutrition Bars/Drinks

Bumble Bar

Chocolate Crisp
Original with Almond

Prana Bar

Organic Coconut Acai

Entrees and Mixes

365 Everyday Value™

Gluten Free All Purpose Baking Mix
Gluten Free Chocolate Brownie Mix
Gluten Free Chocolate Chip Cookie Mix
Gluten Free Muffin Mix
Gluten Free Pizza Crust Mix
Gluten Free White Cake Mix

Entrees and Mixes (Cont'd)

Arrowhead Mills

- Gluten Free All Purpose Baking Mix
- Gluten Free Brownie Mix
- Gluten Free Chocolate Chip Cookie Mix
- Gluten Free Pizza Crust Mix

Bob's Red Mill

- Gluten Free Chocolate Chip Cookie Mix
- TVP (Textured Vegetable Protein)

Edward & Sons

- Organic Home Style Mashed Potato Mix
- Organic Roasted Garlic Mashed Potato Mix

Lundberg Farms

- Butternut Squash Risotto
- Cheddar Broccoli Risotto
- Garlic Primavera Risotto
- Organic Porcini Wild Mushroom Risotto

Mrs. Leeper's

- Beef Stroganoff Dinner
- Chicken Alfredo Dinner

Namaste

- Blondie Mix
- Bread Mix
- Muffin Mix
- Spice Cake Mix
- Sugar-Free Muffin Mix
- Vanilla Cake Mix
- Waffle & Pancake Mix

Road's End Organics

- Organic Golden Gravy Mix
- Organic Shiitake Mushroom Gravy Mix

Tasty Bite

- Bombay Potatoes
- Channa Masala
- Madras Lentils
- Peas Paneer
- Spinach Dal
- Vegetable Korma

Ethnic Foods

Amy's

- Organic Asian Noodle Stir-Fry
- Organic Black Bean Tamale Verde Whole Meal
- Organic Black Bean Vegetable Enchilada
- Organic Black Bean Vegetable Enchilada, Light in Sodium
- Organic Cheese Enchilada
- Organic Cheese Tamale Verde Whole Meal
- Organic Indian Mattar Tofu
- Organic Indian Palak Paneer
- Organic Indian Paneer Tikka
- Organic Indian Vegetable Korma
- Organic Mexican Casserole Bowl, Light in Sodium
- Organic Mexican Tamale Pie
- Organic Mexican Tofu Scramble
- Organic Roasted Vegetable Tamale Whole Meal
- Organic Santa Fe Enchilada Bowl
- Organic Teriyaki Bowl
- Organic Tortilla Casserole & Black Beans Bowl

Annie Chun's

- Maifun Rice Noodles

Edward & Sons

- Brown Rice Snaps, Tamari Seaweed
- Brown Rice Snaps, Tamari Sesame
- Miso-Cup, Organic Japanese Restaurant Style
- Miso-Cup, Organic Traditional with Tofu

Food For Life

- Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

Food Merchants

- Organic Polenta, Basil & Garlic
- Organic Polenta, Sundried Tomato & Garlic
- Organic Polenta, Traditional

Native Forest

- Organic Coconut Milk

Premier Japan

- Organic Wheat-Free Teriyaki Sauce

Ethnic Foods (Cont'd)

Tasty Bite

- Bombay Potatoes
- Channa Masala
- Madras Lentils
- Peas Paneer
- Spinach Dal
- Vegetable Korma

Frozen Foods

Amy's

- Organic Asian Noodle Stir-Fry
- Organic Bistro Veggie Burger
- Organic Black Bean Tamale Verde Whole Meal
- Organic Black Bean Vegetable Enchilada
- Organic Black Bean Vegetable Enchilada, Light in Sodium
- Organic Brown Rice & Vegetables Bowl
- Organic Cheese Enchilada
- Organic Cheese Tamale Verde Whole Meal
- Organic Cream of Rice Hot Cereal Bowl
- Organic Garden Vegetable Lasagna
- Organic Indian Mattar Tofu
- Organic Indian Palak Paneer
- Organic Indian Paneer Tikka
- Organic Indian Vegetable Korma
- Organic Mexican Casserole Bowl, Light in Sodium
- Organic Mexican Tamale Pie
- Organic Mexican Tofu Scramble
- Organic Rice Crust Cheese Pizza
- Organic Rice Crust Spinach Pizza
- Organic Rice Mac & Cheese
- Organic Roasted Vegetable Tamale Whole Meal
- Organic Santa Fe Enchilada Bowl
- Organic Shepherd's Pie
- Organic Single Serve Non-Dairy Rice Crust Cheeze Pizza
- Organic Teriyaki Bowl
- Organic Tofu Scramble
- Organic Tortilla Casserole & Black Beans Bowl

Frozen Foods (Cont'd)

Applegate Farms

- Maple Breakfast Sausage
- Organic Turkey Burgers
- Sage Breakfast Sausage

Glutino

- Chicken Alfredo
- Pizza, 3 Cheese with Brown Rice Crust
- Pizza, Chicken BBQ
- Pizza, Spinach Soy Cheese with Brown Rice Crust

Ian's Natural Foods

- Alpha Tots
- Chicken Fingers, Allergen Free
- Ian's Chicken Nuggets, Allergen Free
- Ian's Fish Sticks, Allergen Free
- Wafflewich, Egg & Maple Cheese, Wheat Free
Gluten Free
- Wafflewich, Egg & Maple Sausage, Wheat Free
Gluten Free

It's Soy Delicious

- Green Tea Non-Dairy Frozen Dessert
- Vanilla Non-Dairy Frozen Dessert

Julie's Organic Ice Cream

- Glutenfreeda's Organic Gluten Free Vanilla Ice Cream Sandwich

Kinnikinnick

- Brown Sandwich Bread
- Cinnamon Sugar Donuts
- Italian White Tapioca Rice Bread
- Robins Honey Brown Rice Bread
- Sunflower Flax Rice Bread
- Tapioca Rice Cinnamon Buns
- Tapioca Rice English Muffin
- Tapioca Rice Hamburger Buns
- Tapioca Rice Hot Dog Buns
- Vanilla Glazed Donuts

Nature's Path

- Organic Buckwheat Wildberry Waffles
- Organic Homestyle Waffles
- Organic Mesa Sunrise Waffles

Frozen Foods (Cont'd)

Organic So Delicious

Chocolate Velvet Non-Dairy Frozen Dessert
Creamy Vanilla Non-Dairy Frozen Dessert
Mint Marble Fudge Non-Dairy Frozen Dessert
Mocha Fudge Non-Dairy Frozen Dessert
Neopolitan Non-Dairy Frozen Dessert

Purely Decadent

Blueberry Cheesecake Non-Dairy Frozen Dessert
Chocolate Non-Dairy Frozen Coconut Milk Dessert
Chocolate Obsession Non-Dairy Frozen Dessert
Chocolate Peanut Butter Swirl Non-Dairy Frozen Coconut Milk Dessert
Coconut Non-Dairy Frozen Coconut Milk Dessert
Cookie Dough Non-Dairy Frozen Coconut Milk Dessert
Mint Chip Non-Dairy Frozen Coconut Milk Dessert
Mint Chocolate Chip Non-Dairy Frozen Dessert
Mocha Almond Fudge Non-Dairy Frozen Dessert
Passionate Mango Non-Dairy Frozen Coconut Milk Dessert
Snickerdoodle Non-Dairy Frozen Dessert
Turtle Trails Non-Dairy Frozen Dessert
Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert

Rice Dream

Vanilla Frozen Dessert, Pint

So Delicious

Coconut Almond Bar, Made with Coconut Milk
Kidz Assorted Fruit Pops
Strawberry Agave Sweetened Fruit Bar
Vanilla Bar, Made with Coconut Milk

Starfish

Crispy Battered Gluten Free Cod
Crispy Battered Gluten Free Haddock

Frozen Foods (Cont'd)

Van's

Wheat Free Blueberry Waffles
Wheat Free Flax Waffles
Wheat Free Homestyle Pancakes
Wheat Free Homestyle Waffles
Wheat Free Mini Homestyle Waffles

Grains and Rice

Ancient Harvest

Inca Red Organic Quinoa 12 oz
Traditional Organic Quinoa 12 oz

Lundberg Farms

Butternut Squash Risotto
Cheddar Broccoli Risotto
Eco-Farmed Wild Blend Gourmet Blend Rice
Organic California Brown Basmati Rice
Organic California White Basmati Rice
Organic California White Jasmine Rice
Organic Long Grain Brown Rice
Organic Porcini Wild Mushroom Risotto
Organic Short Grain Brown Rice
Organic White Long Grain Rice
Organic Wild Rice

Jams and Nut Butters

Arrowhead Mills

Creamy Peanut Butter, 16 oz
Crunchy Peanut Butter, 16 oz
Organic Creamy Peanut Butter, 16 oz

Blue Diamond

Homestyle Almond Butter, Creamy
Homestyle Almond Butter, Crunchy
Homestyle Almond Butter, Honey

Earth Balance

Creamy Natural Peanut Butter

Meat Alternatives

Applegate Farms

Organic Smoked Andouille

Meat Alternatives (Cont'd)

Bob's Red Mill

TVP (Textured Vegetable Protein)

Meat and Poultry

Applegate Farms

Chicken Apple Breakfast Sausage
Maple Breakfast Sausage
Organic Beef Hot Dogs
Organic Chicken Hot Dogs
Organic Hot Dogs
Organic Sliced Sunday Bacon
Organic Spinach & Feta Sausage
Organic Sweet Italian Sausage
Organic Turkey Burgers
Organic Turkey Hot Dogs
Sage Breakfast Sausage
Sliced Organic Turkey Bacon

Nutritional Supplements

Bob's Red Mill

Hemp Protein Powder

Country Life

5-HTP Tryptophan 50mg Capsules, 50 ct
Aller-Max Capsules, 100 ct
Cal-Snack Milk-Free Chewables, 120 ct
Cal-Snack Milk-Free Chewables, 60 ct
DHEA 25mg Capsules, 90 ct
L-Arginine 500mg Capsules with B-6, 100 ct
Melatonin 1mg Tablets, 120 ct
Melatonin 3mg Tablets, 30 ct
Neuro-PS Phosphatidylserine, 30 ct
Superior B-12, 50 ct
Target-Mins Calcium-Magnesium Complex Tablets, 180 ct
Target-Mins Calcium-Magnesium-Veg Capsules, 120 ct
Target-Mins Calcium-Magnesium-Veg Capsules, 240 ct
Vanadyl Sulfate 5000mcg Capsules, 90 ct

Nuts, Seeds and Dried Fruits

Bob's Red Mill

Flaxseeds
Hemp Protein Powder
Hulled Hemp Seeds
Organic Golden Flaxseeds

Enjoy Life

Not Nuts! Beach Bash Trail Mix

Pasta

Ancient Harvest

Quinoa Supergrain Pasta, Elbows 8 oz
Quinoa Supergrain Pasta, Spaghetti 8 oz

Bionaturae

Organic Gluten Free Elbows Pasta
Organic Gluten Free Fusilli
Organic Gluten Free Spaghetti

DeBoles Foods

Rice Fettuccine
Rice Lasagna
Rice Spaghetti

Tinkyada

Brown Rice Elbow
Brown Rice Fettucini
Brown Rice Fusilli
Brown Rice Little Dreams
Brown Rice Penne
Brown Rice Shells
Brown Rice Spaghetti
Organic Brown Rice Elbow
Organic Brown Rice Lasagne
Organic Brown Rice Penne
Organic Brown Rice Spirals
Spinach Brown Rice Spaghetti
Vegetable Brown Rice Spirals

Pasta Sauce

Amy's

Organic Tomato Basil Pasta Sauce
Organic Tomato Basil Pasta Sauce, Light in Sodium

Personal Care

Tom's of Maine

Apricot Long Lasting Stick Deodorant
Calendula Stick Deodorant
Cinnamint Antiplaque with Propolis & Myrrh Toothpaste
Cinnamon Clove Whole Care Toothpaste
Fennel Anticavity SLS-Free Toothpaste
Fennel Antiplaque Propolis & Myrrh Toothpaste
Fragrance-Free Sensitive Stick Deodorant
Honeysuckle Rose Stick Deodorant
Lavender Long Lasting Stick Deodorant
Peppermint Anti-Plaque Tartar Control Plus Whitening Toothpaste
Peppermint Baking Soda Mouthwash
Peppermint Tartar Control Mouthwash
Peppermint Whole Care Toothpaste
Silly Strawberry Anticavity Toothpaste
Silly Strawberry Non-Fluoride Toothpaste
Spearmint Anitplaque SLS-Free Toothpaste
Spearmint Cleansing Mouthwash
Spearmint Flat Floss
Spearmint Whole Care Gel Toothpaste
Unscented Long Lasting Roll-on Deodorant
Unscented Long Lasting Stick Deodorant
Unscented Stick Deodorant
Wintermint Anticavity Toothpaste
Wintermint Sensitive SLS-Free Toothpaste
Wintermint Sensitive Toothpaste
Woodspice Stick Deodorant

Prepared Foods

Food Merchants

Organic Polenta, Basil & Garlic
Organic Polenta, Sundried Tomato & Garlic
Organic Polenta, Traditional

Sauces, Salsas and Dips

Amy's

Organic Medium Salsa
Organic Mild Salsa

Premier Japan

Organic Wheat-Free Teriyaki Sauce

Sauces, Salsas and Dips (Cont'd)

Road's End Organics

Organic Golden Gravy Mix
Organic Shiitake Mushroom Gravy Mix

Seafood

Starfish

Crispy Battered Gluten Free Cod
Crispy Battered Gluten Free Haddock

Soups

Amy's

Organic Black Bean Chili
Organic Black Bean Vegetable Soup
Organic Chunky Tomato Bisque
Organic Chunky Tomato Bisque, Light in Sodium
Organic Chunky Vegetable Soup
Organic Cream of Tomato Soup
Organic Cream of Tomato Soup, Light in Sodium
Organic Curried Lentil Soup
Organic Fire Roasted Southwestern Vegetable Soup
Organic Lentil Soup
Organic Lentil Vegetable Soup
Organic Lentil Vegetable Soup, Light in Sodium
Organic Medium Chili
Organic Medium Chili with Vegetables
Organic Medium Chili, Light in Sodium
Organic Southwestern Black Bean Chili
Organic Spicy Chili
Organic Spicy Chili, Light in Sodium
Organic Split Pea Soup
Organic Split Pea Soup, Light in Sodium
Organic Summer Corn & Vegetable Soup
Organic Thai Coconut Soup (Tom Kha Phak)
Organic Tuscan Bean & Rice Soup

Edward & Sons

Miso-Cup, Organic Japanese Restaurant Style
Miso-Cup, Organic Traditional with Tofu

Soups (Cont'd)

Imagine Foods

- Broccoli Soup 32 oz
- Butternut Squash Soup 32 oz
- Free Range Chicken Broth 32 oz
- No Chicken Broth 32 oz
- Organic Chicken Broth, Low Sodium 32 oz
- Organic Portabello Mushroom Soup 32 oz
- Organic Potato Soup, Low Sodium 32 oz
- Organic Tomato Soup 32 oz
- Organic Tomato Soup, Low Sodium 32 oz
- Organic Vegetable Broth, Low Sodium 32 oz
- Portabello Mushroom Soup 16 oz
- Potato Leek Soup 32 oz
- Sweet Potato Soup 32 oz
- Tomato Basil Soup 32 oz
- Vegetable Broth 32 oz

Specialty Foods

WFM Gluten Free Bakehouse

- Stuffing Cubes

Spices and Seasonings

Bob's Red Mill

- Cornstarch