

# Gluten Free

SPECIAL DIETS SERIES

CELEBRATING  
YOUR  
CHOICES



## Portland Store, Pacific Northwest Region

Whole Foods Market is excited to bring you "Celebrating Your Choices," a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product. If you have any questions, you may contact us at [WFMSpecialDiets@wholefoods.com](mailto:WFMSpecialDiets@wholefoods.com).

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## Baby & Infant Food

### Stonyfield Farm

YoBaby Banana/Vanilla Yogurt  
YoBaby Blueberry/Apple Yogurt  
YoBaby Peach/Pear Yogurt

## Baked Goods

### Kinnikinnick

Cinnamon Sugar Donuts  
Vanilla Glazed Donuts

### WFM Gluten Free Bakehouse

Banana Bread  
Cheddar Biscuits  
Chocolate Cupcakes  
Cinnamon Raisin Bread  
Cornbread  
Cranberry Orange Scones  
Cream Biscuits  
Molasses Ginger Cookies  
Morning Glory Muffins  
Peanut Butter Cookies  
Pie Shells  
Prairie Bread  
Pumpkin Pie  
Sandwich Bread  
Southern Pecan Pie  
Stuffing Cubes

## Baking Needs

### 365 Everyday Value™

Gluten Free All Purpose Baking Mix  
Gluten Free Chocolate Brownie Mix  
Gluten Free Chocolate Cake Mix  
Gluten Free Chocolate Chip Cookie Mix  
Gluten Free Muffin Mix  
Gluten Free Pizza Crust Mix  
Gluten Free Sandwich Bread Mix  
Gluten Free White Cake Mix

### Ancient Harvest

Organic Quinoa Flour 18 oz

### Arrowhead Mills

Gluten Free Pancake & Baking Mix  
Yellow Corn Meal

### Bob's Red Mill

Active Dry Yeast  
Almond Flour  
Cornstarch  
Flaxseed Meal  
Garbanzo Bean Flour  
Gluten Free All Purpose Baking Flour  
Gluten Free Brownie Mix  
Gluten Free Cornbread Mix  
Gluten Free Cornmeal  
Gluten Free Garbanzo & Fava Bean Flour  
Gluten Free Homemade Wonderful Bread Mix  
Gluten Free Pancake Mix  
Gluten Free Pizza Crust Mix  
Gluten Free Sweet White Sorghum Flour  
GlutenFree Rolled Oats  
Golden Flaxseed Meal  
Guar Gum  
Hemp Protein Powder  
Millet Flour  
Organic Amaranth Flour  
Organic Brown Rice Flour  
Organic Coconut Flour

## **Baking Needs (Cont'd)**

### **Bob's Red Mill**

- Organic Flaxseed Meal
- Organic Golden Flaxseed Meal
- Organic Quinoa Flour
- Potato Flour
- Potato Starch
- Tapioca Flour
- White Rice Flour
- Xanthan Gum

### **Cherrybrook Kitchen**

- Chocolate Frosting Mix

### **Earth Balance**

- Shortening

### **Enjoy Life**

- Semi-Sweet Chocolate Chips

### **Hain**

- Baking Powder

### **Let's Do...**

- Carnival Sprinkelz
- Chocolatey Sprinkelz

### **Let's Do... Organic**

- Organic Cornstarch
- Organic Shredded Coconut

### **Namaste**

- Brownie Mix
- Cookie Mix

### **Pamela's Products**

- Baking & Pancake Mix, 4 lb
- Chocolate Cake Mix
- Chocolate Chunk Cookie Mix
- Cornbread & Muffin Mix
- Gluten-Free Bread Mix
- Gluten-Free Bread Mix & Flour Blend

### **WFM Gluten Free Bakehouse**

- Pie Shells

## **Beverages**

### **Bard's Beer**

- Bard's Gold, Single Bottle

## **Beverages (Cont'd)**

### **Celestial Seasonings**

- Acai Mango Zinger Tea, 20 Ct
- Candy Cane Lane Decaf Tea, 20 Ct
- Cinnamon Apple Spice Tea, 20 Ct
- Country Peach Passion
- Decaf Mandarin Orchard Green Tea, 20 Ct
- Nutcracker Sweet Herbal Tea
- Peppermint Tea, 40 Ct
- Raspberry Zinger Tea, 20 Ct
- Red Zinger Tea, 20 Ct
- Sleepytime Extra Tea, 20 Ct
- Sleepytime Tea, 40 Ct
- Tension Tamer Tea, 20 Ct
- True Blueberry, 20 Ct

### **Eden**

- Organic EdenBlend, Rice & Soy Beverage, 32 oz

### **Lakefront Brewery**

- New Grist Sorghum Brewed Beer
- New Grist Sorghum Brewed Beer, Single

### **Rice Dream**

- Horchata
- Rice Nog
- Supreme Rice Beverage, Vanilla Hazelnut

### **So Delicious**

- Original (Plain) Coconut Milk Beverage
- Unsweetened Coconut Milk Beverage
- Vanilla Coconut Milk Beverage

## **Bread**

### **Food For Life**

- Brown Rice Bread, Wheat & Gluten Free
- Millet Bread, Wheat & Gluten Free
- Raisin Pecan Bread, Wheat & Gluten Free
- Rice Almond Bread, Wheat & Gluten Free
- Rice Pecan Bread, Wheat & Gluten Free
- White Rice Bread, Wheat & Gluten Free
- Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

## Bread (Cont'd)

### Glutino

- Bagels, Plain
- Bagels, Sesame Seed
- Premium Flax Seed Bread

### Kinnikinnick

- Tapioca Rice English Muffin

### WFM Gluten Free Bakehouse

- Cheddar Biscuits
- Cinnamon Raisin Bread
- Cornbread
- Cream Biscuits
- Prairie Bread
- Sandwich Bread

## Candy and Chocolate

### Endangered Species Chocolate

- Bite Size Dark Chocolate with Deep Forest Mint
- Bite Size Smooth Milk Chocolate
- Bite Size Supreme Dark Chocolate
- Dark Chocolate with Blueberries - Sea Turtle
- Dark Chocolate with Cranberries & Almonds - Wolf
- Dark Chocolate with Deep Forest Mint
- Dark Chocolate with Espresso Beans - Tiger
- Dark Chocolate with Hazelnut Toffee - Rhino
- Dark Chocolate with Raspberries - Grizzly Bear
- Intense Dark Chocolate with Cacao Nibs - Bat
- Milk Chocolate with Almonds - Crane
- Milk Chocolate with Cherries - Dolphin
- Organic Dark Chocolate Bug Bites
- Organic Health Dark Chocolate with Goji Berry, Pecans & Maca
- Organic Health Dark Chocolate with Goldenberry & Lucuma
- Organic Milk Chocolate Bug Bites
- Smooth Milk Chocolate - Sea Otter
- Smooth Organic Dark Chocolate - Butterfly

## Candy and Chocolate (Cont'd)

### Endangered Species Chocolate

- Smooth Organic Dark Chocolate with Blueberries - Cheetah
- Smooth Organic Dark Chocolate with Orange - Zebra
- Smooth Organic Milk Chocolate - Lion
- Supreme Dark Chocolate - Chimpanzee

### Enjoy Life

- Boom Choco Boom Dark Chocolate Bar

### Glee Gum

- Glee Bubblegum Flavor Gum
- Glee Cinnamon Gum
- Glee Peppermint Gum
- Glee Spearmint Gum
- Glee Tangerine Gum

### Let's Do...

- Carnival Sprinkelz
- Chocolatey Sprinkelz

### Let's Do... Organic

- Organic Classic Gummi Bears

### Scharffen Berger

- Bittersweet Chocolate Bar, 70% Cacao
- Dark Mocha Chocolate Bar, 62% Cacao
- Extra Dark Chocolate Bar, 82% Cacao
- Milk Chocolate, 41% Cacao, 1 oz
- Nibby Dark Chocolate Bar

## Canned Goods

### Amy's

- Organic Refried Beans with Green Chiles
- Organic Refried Black Beans
- Organic Refried Black Beans, Low in Sodium
- Organic Traditional Refried Beans
- Organic Traditional Refried Beans, Light in Sodium
- Organic Vegetarian Baked Beans

### Native Forest

- Artichoke Hearts, Whole
- Organic Pineapple Chunks

## Cereal

### Amy's

Organic Cream of Rice Hot Cereal Bowl

### Ancient Harvest

Organic Quinoa Flakes 12 oz

### Arrowhead Mills

Maple Buckwheat Organic Flakes

Organic Rice & Shine Hot Cereal

### Bakery On Main

Extreme Fruit & Nut Gluten Free Granola

Nutty Cranberry Gluten Free Granola

Rainforest Gluten Free Granola

### Barbara's Bakery

Honey Rice Puffins Cereal

### Bob's Red Mill

Gluten Free Mighty Tasty Hot Cereal

GlutenFree Rolled Oats

Organic Brown Rice Farina Creamy Rice Hot Cereal

### Enjoy Life

Very Berry Crunch Granola

### EnviroKidz

Gorilla Munch Organic Cereal

Koala Crisp Organic Cereal

Peanut Butter Panda Puffs Organic Cereal

### Nature's Path

Organic Fruit Juice Sweetened Corn Flakes

Organic Fruit Juice Sweetened Corn Flakes, 26.4 oz

Organic Honey'd Cornflakes

Organic Mesa Sunrise Cereal

Organic Mesa Sunrise Cereal, 26.4 oz

Organic Whole O's Cereal

### Perky's

Nutty Flax Cereal

Nutty Rice Cereal

## Cheese

### Applegate Farms

Sliced Emmentaler Swiss Cheese

Sliced Havarti Cheese

Sliced Provolone Cheese

## Cheese (Cont'd)

### Follow Your Heart

Vegan Gourmet Cheddar

Vegan Gourmet Cream Cheese

Vegan Gourmet Monterey Jack

Vegan Gourmet Mozzarella Cheese

Vegan Gourmet Nacho Cheese

## Chips, Pretzels and Snacks

### Arico

Cassava Chips, Barbecue Bliss

Cassava Chips, Ginger on Fire

Cassava Chips, Sea Salt Mist

### Food Should Taste Good

Buffalo Tortilla Chips 6 oz

Cinnamon Tortilla Chips 5.5 oz

Jalapeno Tortilla Chips 1.5 oz

Lime Tortilla Chips 5.5 oz

Potato & Chive Tortilla Chips 5.5 oz

Sweet Potato Tortilla Chips 6 oz

The Works! Tortilla Chips 6 oz

Yellow Corn Tortilla Chips 11 oz

### Food Should Taste Good

Chocolate Tortilla Chips 6 oz

Jalapeno Tortilla Chips 6 oz

Multigrain Tortilla Chips 6 oz

Olive Tortilla Chips 6 oz

### Glutino

Pretzel Sticks, Family Bag

Pretzels, Family Bag

### Kettle Brand®

Krinkle Cut Potato Chips, Lightly Salted 14 oz

Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 14 oz

Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 2 oz

Potato Chips, Honey Dijon 2 oz

Potato Chips, Honey Dijon 5 oz

Potato Chips, Honey Dijon 9 oz

Potato Chips, Lightly Salted 14 oz

Potato Chips, Lightly Salted 2 oz

Potato Chips, Lightly Salted 5 oz

## **Chips, Pretzels and Snacks (Cont'd)**

### **Kettle Brand®**

Potato Chips, New York Cheddar w/ Herbs 2 oz  
Potato Chips, New York Cheddar w/ Herbs 5 oz  
Potato Chips, Organic Chipotle Chili BBQ 5 oz  
Potato Chips, Organic Lightly Salted 5 oz  
Potato Chips, Sea Salt & Vinegar 2 oz  
Potato Chips, Sea Salt & Vinegar 5 oz  
Potato Chips, Unsalted 5 oz

### **Kettle Brand®**

Baked Potato Chips, Aged White Cheddar 4 oz  
Baked Potato Chips, Hickory Honey BBQ 4 oz  
Baked Potato Chips, Lightly Salted 4 oz  
Baked Potato Chips, Salt & Fresh Ground Pepper 4 oz  
Baked Potato Chips, Sea Salt & Vinegar 4 oz  
Krinkle Cut Potato Chips, Buffalo Bleu 2 oz  
Krinkle Cut Potato Chips, Buffalo Bleu 5 oz  
Krinkle Cut Potato Chips, Classic BBQ 14 oz  
Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 5 oz  
Potato Chips, Backyard Barbeque 5 oz  
Potato Chips, Backyard Barbeque 9 oz  
Potato Chips, Death Valley Chipotle 5 oz  
Potato Chips, Jalapeno 2 oz  
Potato Chips, Jalapeno 5 oz  
Potato Chips, Lightly Salted 9 oz  
Potato Chips, New York Cheddar w/ Herbs 9 oz  
Potato Chips, Organic Sea Salt & Black Pepper 5 oz  
Potato Chips, Sea Salt & Vinegar 9 oz  
Potato Chips, Sour Cream, Onion & Chive 5 oz  
Potato Chips, Sour Cream, Onion & Chive 9 oz  
Potato Chips, Spicy Thai 5 oz  
Potato Chips, Sweet Onion 2 oz

## **Chips, Pretzels and Snacks (Cont'd)**

### **Kettle Brand®**

Potato Chips, Sweet Onion 5 oz  
Potato Chips, Tuscan Three Cheese 5 oz

### **Lundberg Farms**

Brown Rice Cakes  
Buttery Caramel Rice Cakes  
Fiesta Lime Rice Chips  
Organic Brown Rice Cakes  
Organic Popcorn Rice Cakes  
Organic Sea Salt Rice Chips  
Organic Tamari Seaweed Rice Cakes  
Organic Unsalted Brown Rice Cakes  
Organic Wild Rice Cakes  
Pico de Gallo Rice Chips  
Sante Fe BBQ Rice Chips  
Sesame Seaweed Rice Chips

### **Mary's Gone Crackers**

Sticks & Twigs, Curry  
Sticks & Twigs, Sea Salt  
Sticks & Twigs, Tomato Chipotle

## **Condiments**

### **Eden**

Tamari Soy Sauce, Naturally Brewed 10 oz

### **Follow Your Heart**

Low Fat Ranch Dressing  
Organic Chunky Bleu Cheese Dressing  
Organic Creamy Caesar Dressing  
Vegenaise, Grapeseed Oil  
Vegenaise, High Omega-3 w/ Expeller-Pressed Canola Oil  
Vegenaise, Original

### **Organicville**

Organic Dressing, Miso Ginger Vinaigrette  
Organic Dressing, Non Dairy Ranch  
Organic Dressing, Olive Oil & Balsamic Vinaigrette  
Organic Dressing, Pomegranate Vinaigrette  
Organic Ketchup

## Condiments (Cont'd)

### Spectrum

- Canola Mayonnaise 16 oz
- Light Canola Eggless Mayonnaise 16 oz
- Light Canola Eggless Mayonnaise 32 oz
- Light Canola Eggless Mayonnaise, Squeeze Bottle
- Organic Olive Oil Mayonnaise
- Organic Roasted Garlic Mayonnaise 12 oz
- Organic Soy Mayonnaise 16 oz
- Organic Soy Mayonnaise, Squeeze Bottle

## Cookies and Snack Bars

### Arico

- Almond Cranberry Cookies
- Chocolate Chunk Cookies
- Lemon Ginger Cookies

### Enjoy Life

- Soft Baked Double Chocolate Brownie Cookies
- Soft Baked Snickerdoodle Cookies
- Very Berry Snack Bars

### EnviroKidz

- Cheetah Organic Crispy Rice Bars, Berry
- Koala Organic Crispy Rice Bars, Chocolate
- Lemur Organic Crispy Rice Bars, Peanut Choco Drizzle
- Panda Organic Crispy Rice Bars, Peanut Butter
- Penguin Organic Crispy Rice Bars, Fruity Burst

### Glutino

- Lemon Wafers

### Kinnikinnick

- KinniTOOS Chocolate Sandwich Creme Cookies

### Mi-Del

- Arrowroot Animal Cookies
- Chocolate Chip Cookies
- Ginger Snaps

### Pamela's Products

- Butter Shortbread Cookies
- Chocolate Chip Walnut Cookies

## Cookies and Snack Bars (Cont'd)

### Pamela's Products

- Chocolate Walnut Biscotti
- Chunky Chocolate Chip Cookies
- Ginger Cookies with Sliced Almonds
- Lemon Shortbread Cookies
- Organic Peanut Butter Chocolate Chip Cookies
- Shortbread Swirl Cookies
- Simplebites Extreme Chocolate Mini Cookies

### WFM Gluten Free Bakehouse

- Molasses Ginger Cookies
- Peanut Butter Cookies

## Crackers

### Blue Diamond

- Almond Nut-Thins
- Cheddar Cheese Nut-Thins
- Hazelnut Nut-Thins
- Pecan Nut-Thins
- Smokehouse Almond Nut-Thins

### Edward & Sons

- Brown Rice Snaps, Onion Garlic
- Brown Rice Snaps, Tamari Seaweed
- Brown Rice Snaps, Unsalted Sesame
- Organic Brown Rice Snaps, Black Sesame
- Organic Brown Rice Snaps, Cheddar
- Organic Brown Rice Snaps, Toasted Onion
- Organic Brown Rice Snaps, Unsalted Plain
- Organic Brown Rice Snaps, Vegetable

### Glutino

- Crackers, Cheddar
- Crackers, Original

### Mary's Gone Crackers

- Crackers, Black Pepper
- Crackers, Caraway
- Crackers, Herb
- Crackers, Onion
- Crackers, Original

## Dairy

### Brown Cow

- Apricot-Mango Whole Milk Yogurt, 6 oz
- Blueberry Whole Milk Yogurt, 6 oz
- Cherry-Vanilla Whole Milk Yogurt, 6 oz
- Chocolate Whole Milk Yogurt, 6 oz
- Coffee Whole Milk Yogurt, 6 oz
- Low Fat Blueberry Yogurt, 6 oz
- Low Fat Boysenberry Yogurt, 6 oz
- Low Fat Plain Yogurt, 32 oz
- Low Fat Vanilla Bean Yogurt, 6 oz
- Low Fat Vanilla Yogurt, 32 oz
- Maple Whole Milk Yogurt, 32 oz
- Maple Whole Milk Yogurt, 6 oz
- Non Fat Plain Yogurt, 32 oz
- Non Fat Vanilla Yogurt, 32 oz
- Peach Whole Milk Yogurt, 6 oz
- Plain Whole Milk Yogurt, 32 oz
- Raspberry Whole Milk Yogurt, 6 oz
- Strawberry Whole Milk Yogurt, 6 oz
- Vanilla Whole Milk Yogurt, 32 oz
- Vanilla Whole Milk Yogurt, 6 oz

### Earth Balance

- Buttery Sticks
- Organic Whipped Buttery Spread
- Original Buttery Spread
- Soy Free Buttery Spread
- Soy Garden Buttery Spread

### Stonyfield Farm

- Organic Banana Berry Yogurt Smoothie, 10 oz
- Organic Cream Top French Vanilla Yogurt, 32 oz
- Organic Cream Top Plain Yogurt, 32 oz
- Organic Low Fat Blueberry Yogurt, 32 oz
- Organic Low Fat Blueberry Yogurt, 6 oz
- Organic Low Fat Cherry Vanilla Yogurt, 6 oz
- Organic Low Fat Just Peachy Yogurt, Fruit on the Bottom, 6 oz
- Organic Low Fat Plain Yogurt, 32 oz
- Organic Low Fat Strawberry Yogurt, Fruit on the Bottom, 6 oz
- Organic Low Fat Vanilla Yogurt
- Organic Low Fat Vanilla, 32 oz
- Organic Peach Yogurt Smoothie, 10 oz

## Dairy (Cont'd)

### Stonyfield Farm

- Organic Raspberry Yogurt Smoothie, 10 oz
- Organic Strawberry Yogurt Smoothie, 10 oz
- Organic Strawberry Yogurt Smoothies, 4 pack
- Organic Vanilla Yogurt Smoothie, 10 oz
- Organic Wild Berry Yogurt Smoothie, 10 oz
- YoBaby Banana/Vanilla Yogurt
- YoBaby Blueberry/Apple Yogurt
- YoBaby Peach/Pear Yogurt
- YoKids Strawberry Vanilla Raspberry Yogurt

## Dairy Alternatives

### 365 Everyday Value™

- Organic Ricemilk - Original
- Organic Ricemilk - Unsweetened
- Organic Ricemilk - Vanilla
- Organic Soymilk - Chocolate, 32 oz
- Organic Soymilk - Chocolate, 64 oz
- Organic Soymilk - Original, 32 oz
- Organic Soymilk - Original, 64 oz
- Organic Soymilk - Unsweetened, 32 oz
- Organic Soymilk - Unsweetened, 64 oz
- Organic Soymilk - Vanilla, 32 oz
- Organic Soymilk - Vanilla, 64 oz

### Almond Dream

- Almond Drink, Original 64 oz
- Almond Drink, Unsweetened Original 64 oz

### Blue Diamond

- Almond Breeze, Chocolate
- Almond Breeze, Chocolate Unsweetened
- Almond Breeze, Original
- Almond Breeze, Original Unsweetened
- Almond Breeze, Unsweetened Vanilla
- Almond Breeze, Vanilla
- Almond Breeze, Vanilla Unsweetened

### Eden

- Organic EdenBlend, Rice & Soy Beverage, 32 oz

### Follow Your Heart

- Vegan Gourmet Cheddar
- Vegan Gourmet Cream Cheese

## Dairy Alternatives (Cont'd)

### Follow Your Heart

Vegan Gourmet Monterey Jack  
Vegan Gourmet Mozzarella Cheese  
Vegan Gourmet Nacho Cheese

### Hemp Dream

Hemp Dream, Original 12/32 oz  
Hemp Dream, Vanilla 12/32 oz

### Rice Dream

Enriched Rice Milk Beverage, Chocolate 32 oz  
Enriched Rice Milk Beverage, Original 8 oz  
Enriched Rice Milk Beverage, Vanilla 32 oz  
Heartwise Rice Milk Beverage, Vanilla 32 oz  
Organic Enriched Rice Milk Beverage, Original 32 oz  
Organic Enriched Rice Milk Beverage, Vanilla 64 oz  
Refrigerated Ricemilk, Original 64 oz  
Refrigerated Ricemilk, Vanilla 64 oz  
Rice Milk Beverage, Carob 32 oz  
Rice Milk Beverage, Original 32 oz  
Rice Milk Beverage, Original 8 oz  
Rice Milk Beverage, Vanilla 8 oz

### So Delicious

Blueberry Agave Sweetened Soy Yogurt  
Blueberry Cultured Coconut Milk Yogurt  
Chocolate Cultured Coconut Milk Yogurt  
French Vanilla Coconut Milk Creamer  
Hazelnut Coconut Milk Creamer  
Key Lime Dairy Free Yogurt  
Original (Plain) Coconut Milk Beverage  
Original (Plain) Coconut Milk Creamer  
Original (Plain) Coconut Milk Kefir  
Plain Agave Sweetened Soy Yogurt  
Raspberry Dairy Free Yogurt  
Strawberry Coconut Milk Kefir  
Unsweetened Coconut Milk Beverage  
Vanilla Coconut Milk Beverage  
Vanilla Coconut Milk Kefir  
Vanilla Cultured Coconut Milk Yogurt  
Vanilla Dairy Free Yogurt

## Dairy Alternatives (Cont'd)

### WestSoy

Organic Soy Beverage, Unsweetened Original 64 oz  
Plus Soy Beverage, Plain 32 oz  
Plus Soy Beverage, Vanilla 32 oz  
Plus Soy Beverage, Vanilla 64 oz

## Deli Style Meats and Cheeses

### Applegate Farms

Organic Sliced Oven Roasted Chicken  
Sliced Authentic Prosciutto  
Sliced Honey Maple Turkey  
Sliced Organic Genoa Salami  
Sliced Organic Oven Roasted Turkey  
Sliced Organic Smoked Turkey  
Sliced Organic Uncured Ham

## Desserts

### WFM Gluten Free Bakehouse

Chocolate Cupcakes  
Pumpkin Pie  
Southern Pecan Pie

## Energy and Nutrition Bars/Drinks

### Bumble Bar

Chocolate Crisp  
Original with Cashew  
Original with Hazelnut  
Original with Peanut

## Entrees and Mixes

### 365 Everyday Value™

Gluten Free All Purpose Baking Mix  
Gluten Free Chocolate Brownie Mix  
Gluten Free Chocolate Cake Mix  
Gluten Free Chocolate Chip Cookie Mix  
Gluten Free Muffin Mix  
Gluten Free Pizza Crust Mix  
Gluten Free Sandwich Bread Mix  
Gluten Free White Cake Mix

## Entrees and Mixes (Cont'd)

### Arrowhead Mills

Gluten Free Pizza Crust Mix

### Cherrybrook Kitchen

Chocolate Frosting Mix

### Edward & Sons

Chreesy Mashed Potato Mix

Organic Roasted Garlic Mashed Potato Mix

### Glutino

Macaroni & Cheese

### Ian's Natural Foods

Pasta Dinner Kit, Wheat Free Gluten Free

### Lundberg Farms

Butternut Squash Risotto

Cheddar Broccoli Risotto

Garlic Primavera Risotto

Italian Herb Risotto

Organic Alfredo Risotto

Organic Florentine Risotto

Organic Porcini Wild Mushroom Risotto

Organic Tuscan Risotto

### Mrs. Leeper's

Beef Stroganoff Dinner

Creamy Tuna Dinner

### Namaste

Brownie Mix

Cookie Mix

### Road's End Organics

Organic Golden Gravy Mix

Organic Savory Herb Gravy Mix

### Tasty Bite

Aloo Palak

Bengal Lentils

Bombay Potatoes

Channa Masala

Jaipur Vegetables

Jodhpur Lentils

Kashmir Spinach

Madras Lentils

Punjab Eggplant

Spinach Dal

Vegetable Korma

## Ethnic Foods

### Amy's

Organic Asian Noodle Stir-Fry

Organic Black Bean Enchilada Whole Meal

Organic Black Bean Tamale Verde Whole Meal

Organic Black Bean Vegetable Enchilada

Organic Cheese Enchilada

Organic Cheese Enchilada Whole Meal

Organic Cheese Tamale Verde Whole Meal

Organic Indian Mattar Paneer

Organic Indian Mattar Paneer, Light in Sodium

Organic Indian Mattar Tofu

Organic Indian Palak Paneer

Organic Indian Paneer Tikka

Organic Indian Vegetable Korma

Organic Mexican Casserole Bowl

Organic Mexican Casserole Bowl, Light in Sodium

Organic Mexican Tamale Pie

Organic Mexican Tofu Scramble

Organic Roasted Vegetable Tamale Whole Meal

Organic Santa Fe Enchilada Bowl

Organic Teriyaki Bowl

Organic Thai Stir-Fry

Organic Tortilla Casserole & Black Beans Bowl

### Annie Chun's

Pad Thai Rice Noodles

### Edward & Sons

Brown Rice Snaps, Tamari Seaweed

Miso-Cup, Original Golden Vegetable

### Food For Life

Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

### Food Merchants

Organic Polenta, Sundried Tomato & Garlic

Organic Polenta, Traditional

### Tasty Bite

Aloo Palak

Bengal Lentils

Bombay Potatoes

Channa Masala

Jaipur Vegetables

## Ethnic Foods (Cont'd)

### Tasty Bite

- Jodhpur Lentils
- Kashmir Spinach
- Madras Lentils
- Punjab Eggplant
- Spinach Dal
- Vegetable Korma

## Facial Care Products

### Pangea Organics

- Facial Mask, Japanese Matcha Tea with Acai & Goji Berry
- Scrub, Egyptian Geranium with Adzuki Bean & Cranberry

## Frozen Foods

### Amy's

- Organic Asian Noodle Stir-Fry
- Organic Baked Ziti Bowl
- Organic Black Bean Enchilada Whole Meal
- Organic Black Bean Tamale Verde Whole Meal
- Organic Black Bean Vegetable Enchilada
- Organic Brown Rice & Vegetables Bowl
- Organic Brown Rice & Vegetables Bowl, Light in Sodium
- Organic Brown Rice, Black-Eyed Peas & Veggies Bowl
- Organic Cheese Enchilada
- Organic Cheese Enchilada Whole Meal
- Organic Cheese Tamale Verde Whole Meal
- Organic Cream of Rice Hot Cereal Bowl
- Organic Garden Vegetable Lasagna
- Organic Indian Mattar Paneer
- Organic Indian Mattar Paneer, Light in Sodium
- Organic Indian Mattar Tofu
- Organic Indian Palak Paneer
- Organic Indian Paneer Tikka
- Organic Indian Vegetable Korma
- Organic Mexican Casserole Bowl
- Organic Mexican Casserole Bowl, Light in Sodium
- Organic Mexican Tamale Pie

## Frozen Foods (Cont'd)

### Amy's

- Organic Mexican Tofu Scramble
- Organic Rice Crust Spinach Pizza
- Organic Rice Mac & Cheese
- Organic Roasted Vegetable Tamale Whole Meal
- Organic Santa Fe Enchilada Bowl
- Organic Shepherd's Pie
- Organic Shepherd's Pie, Light in Sodium
- Organic Teriyaki Bowl
- Organic Thai Stir-Fry
- Organic Tofu Scramble
- Organic Tortilla Casserole & Black Beans Bowl

### Applegate Farms

- Maple Breakfast Sausage
- Organic Turkey Burgers
- Sage Breakfast Sausage

### French Meadow Bakery

- Gluten Free Chocolate Chip Cookie Dough

### Gluten Free Cafe

- Fettuccini Alfredo
- Lemon Basil Chicken
- Pasta Primavera

### Glutino

- Pizza, 3 Cheese with Brown Rice Crust
- Pizza, Chicken BBQ
- Pizza, Duo Cheese
- Pizza, Spinach Soy Cheese with Brown Rice Crust

### Ian's Natural Foods

- Alpha Tots
- Chicken Fingers, Allergen Free
- French Toast Sticks, Wheat Free Gluten Free
- Ian's Chicken Nuggets, Allergen Free
- Kids Meal, Mac n Meat Sauce
- Wafflewich, Egg & Maple Cheese, Wheat Free Gluten Free
- Wafflewich, Egg & Maple Sausage, Wheat Free Gluten Free

## Frozen Foods (Cont'd)

### It's Soy Delicious

Awesome Chocolate Non-Dairy Frozen Dessert  
Chocolate Almond Non-Dairy Frozen Dessert  
Green Tea Non-Dairy Frozen Dessert  
Vanilla Non-Dairy Frozen Dessert

### Julie's Organic Ice Cream

Glutenfreeda's Organic Gluten Free Vanilla Ice Cream Sandwich

### Kinnikinnick

Cinnamon Sugar Donuts  
Tapioca Rice English Muffin  
Vanilla Glazed Donuts

### Nature's Path

Organic Buckwheat Wildberry Waffles  
Organic Homestyle Waffles  
Organic Mesa Sunrise Waffles

### Organic So Delicious

Creamy Vanilla Non-Dairy Frozen Dessert  
Mocha Fudge Non-Dairy Frozen Dessert  
Strawberry Non-Dairy Frozen Dessert

### Purely Decadent

Blueberry Cheesecake Non-Dairy Frozen Dessert  
Cherry Nirvana Non-Dairy Frozen Dessert  
Chocolate Non-Dairy Frozen Coconut Milk Dessert  
Chocolate Peanut Butter Swirl Non-Dairy Frozen Coconut Milk Dessert  
Coconut Non-Dairy Frozen Coconut Milk Dessert  
Cookie Dough (Gluten Free) Non-Dairy Frozen Dessert  
Mint Chip Non-Dairy Frozen Coconut Milk Dessert  
Peanut Butter Zig Zag Non-Dairy Frozen Dessert  
Pomegranate Chip Non-Dairy Frozen Dessert  
Purely Vanilla Non-Dairy Frozen Dessert  
Snickerdoodle Non-Dairy Frozen Dessert  
Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert

## Frozen Foods (Cont'd)

### Rice Dream

Vanilla Frozen Dessert, Pint

### So Delicious

Coconut Almond Bar, Made with Coconut Milk  
Kidz Assorted Fruit Pops  
Vanilla Bar, Made with Coconut Milk

### Starfish

Crispy Battered Gluten Free Cod  
Crispy Battered Gluten Free Haddock

### Van's

Wheat Free Blueberry Waffles  
Wheat Free Buckwheat Waffles  
Wheat Free Flax Waffles  
Wheat Free Homestyle Waffles  
Wheat Free Mini Homestyle Waffles

## Grains and Rice

### Ancient Harvest

Inca Red Organic Quinoa 12 oz  
Traditional Organic Quinoa 12 oz

### Annie Chun's

Rice Express Sprouted Brown Rice  
Rice Express Sticky White Rice

### Lundberg Farms

Butternut Squash Risotto  
Cheddar Broccoli Risotto  
Eco-Farmed Black Japonica Field Gourmet Blend  
Eco-Farmed California White Arborio Rice  
Eco-Farmed Countrywild Gourmet Blend Rice  
Eco-Farmed Jubilee Gourmet Blend Rice  
Eco-Farmed Wild Blend Gourmet Blend Rice  
Italian Herb Risotto  
Organic Alfredo Risotto  
Organic California Brown Basmati Rice  
Organic California Brown Jasmine Rice, 25 lb  
Organic California White Basmati Rice  
Organic California White Jasmine Rice  
Organic Golden Rose Medium Grain Brown Rice  
Organic Long Grain Brown Rice

## Grains and Rice (Cont'd)

### Lundberg Farms

Organic Porcini Wild Mushroom Risotto  
Organic Short Grain Brown Rice  
Organic White Long Grain Rice  
Organic Wild Rice

## Hand & Body Lotions

### Pangea Organics

Lotion, French Chamomile with Sweet Orange & Lavender

## Hand & Body Washes

### Pangea Organics

Liquid Soap, Pyrenees Lavender with Cardamom

## Jams and Nut Butters

### Blue Diamond

Homestyle Almond Butter, Creamy  
Homestyle Almond Butter, Crunchy

### Earth Balance

Creamy Natural Peanut Butter  
Crunchy Natural Peanut Butter

## Meat and Poultry

### Applegate Farms

Chicken Apple Breakfast Sausage  
Maple Breakfast Sausage  
Organic Beef Hot Dogs  
Organic Chicken & Apple Sausage  
Organic Chicken Hot Dogs  
Organic Hot Dogs  
Organic Sliced Sunday Bacon  
Organic Spinach & Feta Sausage  
Organic Sweet Italian Sausage  
Organic Turkey Burgers  
Organic Turkey Hot Dogs  
Sage Breakfast Sausage  
Sliced Organic Turkey Bacon

## Nutritional Supplements

### Bob's Red Mill

Hemp Protein Powder

### Country Life

Cal-Snack Milk-Free Chewables, 60 ct  
DMAE 350mg Capsules, 50 ct  
Glucosamine Chondroitin Capsules, 90 ct  
L-Arginine + L-Ornithine 1000mg Capsules with B-6, 60 ct  
L-Lysine 1000mg Tablets with B-6, 100 ct  
L-Lysine 500mg Capsules with B-6, 100 ct  
L-Lysine 500mg Capsules with B-6, 250 ct  
Saw Palmetto & Pygeum Capsules, 90 ct  
Superior B-12, 50 ct  
Target-Mins Calcium-Magnesium Capsules, 180 ct  
Target-Mins Calcium-Magnesium Complex Tablets, 180 ct  
Target-Mins Calcium-Magnesium Complex Tablets, 90 ct  
Target-Mins Calcium-Magnesium-Veg Capsules, 120 ct  
Target-Mins Calcium-Magnesium-Veg Capsules, 240 ct  
Target-Mins Magnesium Capsules, 120 ct  
Target-Mins Magnesium Capsules, 60 ct

## Nuts, Seeds and Dried Fruits

### Bob's Red Mill

Hemp Protein Powder

## Pasta

### Ancient Harvest

Quinoa Supergrain Pasta, Elbows 8 oz  
Quinoa Supergrain Pasta, Garden Pagodas 8 oz  
Quinoa Supergrain Pasta, Rotelle 8 oz  
Quinoa Supergrain Pasta, Spaghetti 8 oz

### Bionaturae

Organic Gluten Free Elbows Pasta

### DeBoles Foods

Multi-Grain Penne  
Rice Angel Hair Pasta  
Rice Lasagna

## Pasta (Cont'd)

### DeBoles Foods

Rice Spaghetti

### Lundberg Farms

Organic Brown Rice Penne Pasta  
Organic Brown Rice Rotini Pasta  
Organic Brown Rice Spaghetti Pasta

### Tinkyada

Brown Rice Fettucini  
Brown Rice Little Dreams  
Brown Rice Penne  
Brown Rice Shells  
Brown Rice Spaghetti  
Brown Rice Spirals  
Organic Brown Rice Spaghetti  
Vegetable Brown Rice Spirals

## Pasta Sauce

### Amy's

Organic Low Sodium Marinara Sauce  
Organic Tomato Basil Pasta Sauce

## Personal Care

### Pangea Organics

Soap, Indian Lemongrass with Rosemary  
Soap, Pyrenees Lavender with Cardamom

### Tom's of Maine

Apricot Long Lasting Stick Deodorant  
Bay Lime Sensitive Stick Deodorant  
Calendula Long Lasting Roll-on Deodorant  
Calendula Stick Deodorant  
Cinnamint Antiplaque with Propolis & Myrrh Toothpaste  
Cinnamon Clove Whole Care Toothpaste  
Cucumber-Grapefruit Sensitive Stick Deodorant  
Fennel Anticavity SLS-Free Toothpaste  
Fennel Antiplaque Tartar Control Plus Whitening Toothpaste  
Honeysuckle Rose Stick Deodorant  
Lavender Long Lasting Stick Deodorant  
Lemongrass Long Lasting Stick Deodorant  
Orange-Mango Whole Care Gel Toothpaste

## Personal Care (Cont'd)

### Tom's of Maine

Outrageous Orange-Mango Anticavity Toothpaste  
Peppermint Anti-Plaque Tartar Control Plus Whitening Toothpaste  
Peppermint Anticavity SLS-Free Toothpaste  
Peppermint Anticavity Toothpaste  
Peppermint Baking Soda Mouthwash  
Peppermint Whole Care Gel Toothpaste  
Peppermint Whole Care Toothpaste  
Silly Strawberry Anticavity Toothpaste  
Silly Strawberry Non-Fluoride Toothpaste  
Spearmint Antiplaque SLS-Free Toothpaste  
Spearmint Anti-Plaque Tartar Control Plus Whitening Toothpaste  
Spearmint Anticavity ADA Mouthwash  
Spearmint Anticavity Toothpaste  
Spearmint Antiplaque with Propolis & Myrrh Toothpaste  
Spearmint Flat Floss  
Spearmint Whole Care Gel Toothpaste  
Spearmint Whole Care Toothpaste  
Unflavored Flat Floss  
Unflavored Round Floss  
Unscented Long Lasting Stick Deodorant  
Unscented Stick Deodorant  
Wintermint Anticavity Toothpaste  
Wintermint Sensitive SLS-Free Toothpaste  
Wintermint Whole Care Toothpaste  
Woodspice Stick Deodorant

## Prepared Foods

### Food Merchants

Organic Polenta, Sundried Tomato & Garlic  
Organic Polenta, Traditional

## Sauces, Salsas and Dips

### Amy's

Organic Black Bean & Corn Salsa

### Organicville

Organic Mild Salsa

## Sauces, Salsas and Dips (Cont'd)

### Road's End Organics

- Organic Golden Gravy Mix
- Organic Savory Herb Gravy Mix

### The Wizard's Sauce

- Organic Hot Stuff

## Seafood

### Starfish

- Crispy Battered Gluten Free Cod
- Crispy Battered Gluten Free Haddock

## Soups

### Amy's

- Organic Black Bean Chili
- Organic Black Bean Vegetable Soup
- Organic Chunky Tomato Bisque
- Organic Chunky Tomato Bisque, Light in Sodium
- Organic Chunky Vegetable Soup
- Organic Cream of Tomato Soup
- Organic Cream of Tomato Soup, Light in Sodium
- Organic Curried Lentil Soup
- Organic Fire Roasted Southwestern Vegetable Soup
- Organic Lentil Soup
- Organic Lentil Soup, Light in Sodium
- Organic Lentil Vegetable Soup
- Organic Lentil Vegetable Soup, Light in Sodium
- Organic Medium Chili
- Organic Medium Chili with Vegetables
- Organic Medium Chili, Light in Sodium
- Organic Southwestern Black Bean Chili
- Organic Spicy Chili
- Organic Spicy Chili, Light in Sodium
- Organic Split Pea Soup
- Organic Split Pea Soup, Light in Sodium
- Organic Summer Corn & Vegetable Soup
- Organic Thai Coconut Soup (Tom Kha Phak)
- Organic Tuscan Bean & Rice Soup

## Soups (Cont'd)

### Edward & Sons

- Miso-Cup, Original Golden Vegetable

### Imagine Foods

- Broccoli Soup 32 oz
- Butternut Squash Soup 16 oz
- Butternut Squash Soup 32 oz
- Chicken Broth 16 oz
- Corn & Lemongrass Soup 32 oz
- Free Range Chicken Broth 32 oz
- No Chicken Broth 32 oz
- Organic Chicken Broth, Low Sodium 32 oz
- Organic Portabello Mushroom Soup 32 oz
- Organic Potato Soup, Low Sodium 32 oz
- Organic Tomato Soup 32 oz
- Organic Tomato Soup, Low Sodium 32 oz
- Organic Vegetable Broth, Low Sodium 32 oz
- Portabello Mushroom Soup 16 oz
- Potato Leek Soup 16 oz
- Potato Leek Soup 32 oz
- Sweet Potato Soup 32 oz
- Vegetable Broth 16 oz
- Vegetable Broth 32 oz

## Specialty Foods

### WFM Gluten Free Bakehouse

- Stuffing Cubes

## Spices and Seasonings

### Bob's Red Mill

- Cornstarch

## Sweeteners

### Lundberg Farms

- Brown Rice Syrup
- Organic Brown Rice Syrup