

# Gluten Free

SPECIAL DIETS SERIES

CELEBRATING  
YOUR  
CHOICES



## Alfalfas Broadway Store, Rocky Mountain Region

Whole Foods Market is excited to bring you "Celebrating Your Choices," a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product. If you have any questions, you may contact us at [WFMSpecialDiets@wholefoods.com](mailto:WFMSpecialDiets@wholefoods.com).

..  
..  
--  
--

## Baby & Infant Food

### Stonyfield Farm

YoBaby Blueberry/Apple Yogurt  
YoBaby Drinkable Yogurt, Banana  
YoBaby Drinkable Yogurt, Peach  
YoBaby Peach/Pear Yogurt

## Baked Goods

### Crave

Mama Z's Chocolate Cake, 6"

### Kinnikinnick

Cinnamon Sugar Donuts

### WFM Gluten Free Bakehouse

Chocolate Chip Cookies  
Morning Glory Muffins  
Pie Shells  
Prairie Bread  
Pumpkin Pie  
Vanilla Cupcakes

## Baking Needs

### 365 Everyday Value™

Gluten Free Chocolate Cake Mix  
Gluten Free Chocolate Chip Cookie Mix  
Gluten Free Muffin Mix  
Gluten Free Pancake & Waffle Mix

## Baking Needs (Cont'd)

### Arrowhead Mills

Gluten Free All Purpose Baking Mix  
Gluten Free Pancake & Baking Mix  
Soy Flour  
Yellow Corn Meal

### Bob's Red Mill

Almond Flour  
Brown Rice Flour  
Garbanzo Bean Flour  
Gluten Free All Purpose Baking Flour  
Gluten Free Cornbread Mix  
Gluten Free Pancake Mix  
Gluten Free Sweet White Sorghum Flour  
Organic Coconut Flour  
Organic Flaxseed Meal  
Organic Golden Flaxseed Meal  
Potato Starch  
Tapioca Flour  
Xanthan Gum

### Cherrybrook Kitchen Gluten Free Dreams

Chocolate Chip Cookie Mix

### Enjoy Life

Semi-Sweet Chocolate Chips

### Let's Do... Organic

Organic Cornstarch  
Organic Creamed Coconut  
Organic Reduced Fat Shredded Coconut  
Organic Shredded Coconut  
Organic Tapioca Starch

### Namaste

Brownie Mix

### Pamela's Products

Baking & Pancake Mix  
Baking & Pancake Mix, 4 lb

## Baking Needs (Cont'd)

### Pamela's Products

- Chocolate Brownie Mix
- Chocolate Cake Mix
- Chocolate Chunk Cookie Mix
- Confetti Frosting Mix
- Cornbread & Muffin Mix
- Gluten-Free Bread Mix

### WFM Gluten Free Bakehouse

- Pie Shells

## Beverages

### Celestial Seasonings

- Antioxidant Green Tea, 20 Ct
- Bengal Spice Tea, 20 Ct
- Chamomile Tea, 20 Ct
- Decaf Mint Green Tea, 20 Ct
- Mint Magic Tea, 20 Ct
- Peppermint Tea, 20 Ct
- Peppermint Tea, 40 Ct
- Perfectly Pear White Tea, 20 Ct
- Sleepytime Extra Tea, 20 Ct
- Sleepytime Tea, 20 Ct
- Sleepytime Tea, 40 Ct
- Tension Tamer Tea, 20 Ct
- True Blueberry, 20 Ct

### Eden

- Organic EdenBlend, Rice & Soy Beverage, 32 oz

### So Delicious

- Original (Plain) Coconut Milk Beverage
- Unsweetened Coconut Milk Beverage
- Vanilla Coconut Milk Beverage

## Bread

### Food For Life

- Brown Rice Bread, Wheat & Gluten Free
- Millet Bread, Wheat & Gluten Free
- Raisin Pecan Bread, Wheat & Gluten Free
- Rice Almond Bread, Wheat & Gluten Free
- Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

## Bread (Cont'd)

### Food for Life

- Yeast Free Multi Seed Rice Bread, Wheat & Gluten Free

### Glutino

- Bagels, Plain
- Bagels, Sesame Seed
- Premium Fiber Bread
- Premium Flax Seed Bread
- Premium Pizza Crusts

### Kinnikinnick

- Tapioca Rice NY Style Bagels
- White Sandwich Bread

### WFM Gluten Free Bakehouse

- Prairie Bread

## Candy and Chocolate

### Endangered Species Chocolate

- Bite Size Dark Chocolate with Cranberries & Almonds
- Bite Size Dark Chocolate with Deep Forest Mint
- Bite Size Extreme Dark Chocolate
- Bite Size Supreme Dark Chocolate
- Dark Chocolate with Blueberries - Sea Turtle
- Dark Chocolate with Deep Forest Mint
- Dark Chocolate with Espresso Beans - Tiger
- Dark Chocolate with Hazelnut Toffee - Rhino
- Dark Chocolate with Raspberries - Grizzly Bear
- Intense Dark Chocolate with Cacao Nibs - Bat
- Smooth Milk Chocolate - Sea Otter
- Smooth Organic Dark Chocolate - Butterfly
- Smooth Organic Dark Chocolate with Blueberries - Cheetah
- Smooth Organic Dark Chocolate with Cherry - Koala
- Smooth Organic Dark Chocolate with Orange - Zebra

## Candy and Chocolate (Cont'd)

### Endangered Species Chocolate

Smooth Organic Milk Chocolate with Peanut Butter  
- Giraffe

### Enjoy Life

Boom Choco Boom Dark Chocolate Bar

### Glutino

Milk Chocolate Bar  
Peanut Butter Chocolate Bar

## Canned Goods

### Amy's

Organic Refried Black Beans  
Organic Refried Black Beans, Low in Sodium  
Organic Traditional Refried Beans

### Native Forest

Artichoke Hearts, Quartered  
Organic Hearts of Palm  
Organic Mango Chunks  
Organic Papaya Chunks

## Canned/Jarred Goods

### Native Forest

Artichoke Hearts, Marinated

## Cereal

### Amy's

Organic Cream of Rice Hot Cereal Bowl

### Ancient Harvest

Organic Quinoa Flakes 12 oz

### Arrowhead Mills

Organic Rice & Shine Hot Cereal

### Barbara's Bakery

Honey Rice Puffins Cereal

### Enjoy Life

Cinnamon Crunch Granola  
Cranapple Crunch Granola  
Very Berry Crunch Granola

### EnviroKidz

Gorilla Munch Organic Cereal  
Koala Crisp Organic Cereal

## Cereal (Cont'd)

### EnviroKidz

Leapin' Lemurs Peanut Butter & Chocolate Organic  
Cereal  
Peanut Butter Panda Puffs Organic Cereal

### Glutino

Apple & Cinnamon Cereal

### Lundberg Farms

Organic Pure Creamy Rice Cereal

### Nature's Path

Organic Honey'd Cornflakes  
Organic Mesa Sunrise Cereal  
Organic Whole O's Cereal

## Cheese

### Follow Your Heart

Vegan Gourmet Cheddar  
Vegan Gourmet Monterey Jack  
Vegan Gourmet Mozzarella Cheese

## Chips, Pretzels and Snacks

### Arico

Cassava Chips, Barbecue Bliss  
Cassava Chips, Sea Salt Mist

### Food Should Taste Good

Buffalo Tortilla Chips 6 oz  
Cinnamon Tortilla Chips 5.5 oz  
Lime Tortilla Chips 5.5 oz  
Multigrain Tortilla Chips 12 oz  
Sweet Potato Tortilla Chips 6 oz  
The Works! Tortilla Chips 6 oz  
Yellow Corn Tortilla Chips 11 oz

### Food Should Taste Good

Jalapeno Tortilla Chips 6 oz  
Multigrain Tortilla Chips 6 oz  
Olive Tortilla Chips 6 oz

### Glutino

Pretzels, Family Bag

### Kettle Brand®

Krinkle Cut Potato Chips, Lightly Salted 14 oz

## **Chips, Pretzels and Snacks (Cont'd)**

### **Kettle Brand®**

Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 14 oz  
Potato Chips, Honey Dijon 5 oz  
Potato Chips, Lightly Salted 5 oz  
Potato Chips, New York Cheddar w/ Herbs 5 oz  
Potato Chips, Organic Lightly Salted 5 oz  
Potato Chips, Sea Salt & Vinegar 5 oz  
Potato Chips, Yogurt & Green Onion 5 oz

### **Kettle Brand®**

Baked Potato Chips, Hickory Honey BBQ 4 oz  
Baked Potato Chips, Lightly Salted 4 oz  
Baked Potato Chips, Salt & Fresh Ground Pepper 4 oz  
Baked Potato Chips, Sea Salt & Vinegar 4 oz  
Potato Chips, Backyard Barbeque 5 oz  
Potato Chips, Organic Sea Salt & Black Pepper 5 oz  
Potato Chips, Spicy Thai 5 oz  
Potato Chips, Tuscan Three Cheese 5 oz

### **Lundberg Farms**

Apple Cinnamon Rice Cakes  
Brown Rice Cakes  
Fiesta Lime Rice Chips  
Honey Nut Rice Cakes  
Organic Brown Rice Cakes  
Organic Caramel Corn Rice Cakes  
Organic Cinnamon Toast Rice Cake  
Organic Mochi Sweet Rice Cakes  
Organic Sea Salt Rice Chips  
Organic Sesame Tamari Rice Cakes  
Organic Tamari Seaweed Rice Cakes  
Organic Unsalted Brown Rice Cakes  
Organic Wild Rice Cakes  
Pico de Gallo Rice Chips  
Sante Fe BBQ Rice Chips  
Sesame Seaweed Rice Chips  
Unsalted Brown Rice Cakes

### **Mary's Gone Crackers**

Sticks & Twigs, Curry  
Sticks & Twigs, Sea Salt

## **Chips, Pretzels and Snacks (Cont'd)**

### **Mr. Krispers**

Baked Rice Krisps, Nacho  
Baked Rice Krisps, Sea Salt & Pepper  
Baked Rice Krisps, Sour Cream & Onion

## **Condiments**

### **Eden**

Tamari Soy Sauce, Naturally Brewed 10 oz

### **Follow Your Heart**

Vegenaise, High Omega-3 w/ Expeller-Pressed Canola Oil  
Vegenaise, Original

### **Organicville**

Organic Dressing, French  
Organic Dressing, Non Dairy Ranch  
Organic Dressing, Pomegranate Vinaigrette  
Organic Dressing, Sundried Tomato & Garlic Vinaigrette  
Organic Ketchup  
Organic Original BBQ Sauce

### **Spectrum**

Light Canola Eggless Mayonnaise 16 oz  
Light Canola Eggless Mayonnaise, Squeeze Bottle  
Organic Olive Oil Mayonnaise  
Organic Omega-3 Mayonnaise with Flax 16 oz  
Organic Roasted Garlic Mayonnaise 12 oz  
Organic Soy Mayonnaise, Squeeze Bottle  
Organic Wasabi Mayonnaise 12 oz

## **Cookies and Snack Bars**

### **Enjoy Life**

Caramel Apple Snack Bars  
Soft Baked Chocolate Chip Cookie Pack  
Soft Baked Lively Lemon Cookies  
Soft Baked Snickerdoodle Cookie Pack  
Soft Baked Snickerdoodle Cookies

### **EnviroKidz**

Koala Organic Crispy Rice Bars, Chocolate  
Panda Organic Crispy Rice Bars, Peanut Butter

## Cookies and Snack Bars (Cont'd)

### Glutino

- Breakfast Bars, Cranberry
- Chocolate Coated Wafers
- Chocolate Vanilla Cream Cookies
- Lemon Wafers
- Strawberry Wafers

### Jennie's

- Coconut Macaroons

### Kinnikinnick

- Montana's Chocolate Chip Cookies

### Mi-Del

- Chocolate Chip Cookies
- Ginger Snaps

### Pamela's Products

- Chunky Chocolate Chip Cookies
- Ginger Cookies with Sliced Almonds
- Pecan Shortbread Cookies

### WFM Gluten Free Bakehouse

- Chocolate Chip Cookies

## Crackers

### Blue Diamond

- Almond Nut-Thins
- Cheddar Cheese Nut-Thins
- Hazelnut Nut-Thins
- Pecan Nut-Thins
- Smokehouse Almond Nut-Thins

### Edward & Sons

- Brown Rice Snaps, Onion Garlic
- Brown Rice Snaps, Tamari Seaweed
- Brown Rice Snaps, Tamari Sesame
- Brown Rice Snaps, Unsalted Sesame
- Organic Brown Rice Snaps, Black Sesame
- Organic Brown Rice Snaps, Cheddar
- Organic Brown Rice Snaps, Vegetable

### Mary's Gone Crackers

- Crackers, Black Pepper
- Crackers, Caraway
- Crackers, Herb
- Crackers, Onion
- Crackers, Original

## Dairy

### Brown Cow

- Apricot-Mango Whole Milk Yogurt, 6 oz
- Blueberry Whole Milk Yogurt, 6 oz
- Cherry-Vanilla Whole Milk Yogurt, 6 oz
- Chocolate Whole Milk Yogurt, 6 oz
- Coffee Whole Milk Yogurt, 6 oz
- Low Fat Black Cherry Yogurt, 6 oz
- Low Fat Blueberry Yogurt, 6 oz
- Low Fat Boysenberry Yogurt, 6 oz
- Low Fat Lemon Twist Yogurt, 6 oz
- Low Fat Peach Yogurt, 6 oz
- Low Fat Plain Yogurt, 32 oz
- Low Fat Vanilla Bean Yogurt, 6 oz
- Low Fat Vanilla Yogurt, 32 oz
- Maple Whole Milk Yogurt, 32 oz
- Maple Whole Milk Yogurt, 6 oz
- Non Fat Blueberry Yogurt, 6 oz
- Non Fat Vanilla Yogurt, 32 oz
- Non Fat Vanilla Yogurt, 6 oz
- Peach Whole Milk Yogurt, 6 oz
- Plain Whole Milk Yogurt, 32 oz
- Plain Whole Milk Yogurt, 6 oz
- Raspberry Whole Milk Yogurt, 6 oz
- Strawberry Whole Milk Yogurt, 6 oz
- Vanilla Whole Milk Yogurt, 32 oz
- Vanilla Whole Milk Yogurt, 6 oz

### Earth Balance

- Buttery Sticks
- Organic Whipped Buttery Spread
- Original Buttery Spread
- Soy Free Buttery Spread
- Soy Garden Buttery Spread

### Stonyfield Farm

- Fat Free French Vanilla Probiotic Multi-Pack
- Organic Cream Top Chocolate Underground, 6 oz
- Organic Cream Top French Vanilla Yogurt, 32 oz
- Organic Cream Top French Vanilla, 6 oz
- Organic Cream Top Plain Yogurt, 32 oz
- Organic Cream Top Strawberries & Cream Yogurt, 6 oz
- Organic Fat Free Black Cherry Yogurt, Fruit on the Bottom, 6 oz

## Dairy (Cont'd)

### Stonyfield Farm

Organic Fat Free Chocolate Underground Yogurt, 6 oz  
Organic Fat Free French Vanilla Yogurt, 32 oz  
Organic Fat Free French Vanilla Yogurt, 6 oz  
Organic Fat Free Plain Yogurt, 32 oz  
Organic Fat Free Plain Yogurt, 6 oz  
Organic Fat Free Strawberry, 6 oz  
Organic Low Fat Blueberry Yogurt, 32 oz  
Organic Low Fat Blueberry Yogurt, 6 oz  
Organic Low Fat Cherry Vanilla Yogurt, 6 oz  
Organic Low Fat Just Peachy Yogurt, Fruit on the Bottom, 6 oz  
Organic Low Fat Plain Yogurt, 32 oz  
Organic Low Fat Raspberry Yogurt, 6 oz  
Organic Low Fat Strawberry Pomegranate Yogurt, 6 oz  
Organic Low Fat Strawberry Yogurt, 32 oz  
Organic Low Fat Strawberry Yogurt, Fruit on the Bottom, 6 oz  
Organic Low Fat Vanilla Yogurt  
Organic Low Fat Vanilla, 32 oz  
Organic Peach Yogurt Smoothie, 10 oz  
Organic Raspberry Yogurt Smoothie, 10 oz  
Organic Strawberry Yogurt Smoothie, 10 oz  
Organic Strawberry Yogurt Smoothies, 4 pack  
Organic Wild Berry Yogurt Smoothie, 10 oz  
YoBaby Blueberry/Apple Yogurt  
YoBaby Drinkable Yogurt, Banana  
YoBaby Drinkable Yogurt, Peach  
YoBaby Peach/Pear Yogurt  
YoKids Squeezers Cherry/Berry Blitz  
YoKids Squeezers Screamin' Strawberry  
YoKids Strawberry Vanilla Raspberry Yogurt

## Dairy Alternatives

### 365 Everyday Value™

Organic Ricemilk - Original  
Organic Ricemilk - Unsweetened  
Organic Ricemilk - Vanilla  
Organic Soymilk - Chocolate, 64 oz

## Dairy Alternatives (Cont'd)

### 365 Everyday Value™

Organic Soymilk - Original, 32 oz  
Organic Soymilk - Original, 64 oz  
Organic Soymilk - Unsweetened, 32 oz  
Organic Soymilk - Unsweetened, 64 oz  
Organic Soymilk - Vanilla, 32 oz  
Organic Soymilk - Vanilla, 64 oz

### Almond Dream

Almond Drink, Original 64 oz  
Almond Drink, Unsweetened Original 64 oz

### Blue Diamond

Almond Breeze, Chocolate  
Almond Breeze, Chocolate Unsweetened  
Almond Breeze, Original  
Almond Breeze, Original Unsweetened  
Almond Breeze, Vanilla  
Almond Breeze, Vanilla Unsweetened

### Eden

Organic EdenBlend, Rice & Soy Beverage, 32 oz

### Follow Your Heart

Vegan Gourmet Cheddar  
Vegan Gourmet Monterey Jack  
Vegan Gourmet Mozzarella Cheese

### Hemp Dream

Hemp Dream, Original 12/32 oz  
Hemp Dream, Vanilla 12/32 oz

### Rice Dream

Enriched Rice Milk Beverage, Chocolate 32 oz  
Enriched Rice Milk Beverage, Vanilla 32 oz  
Organic Enriched Rice Milk Beverage, Original 32 oz  
Organic Enriched Rice Milk Beverage, Original 64 oz  
Organic Enriched Rice Milk Beverage, Vanilla 64 oz  
Refrigerated Ricemilk, Original 64 oz  
Refrigerated Ricemilk, Vanilla 64 oz  
Rice Milk Beverage, Original 32 oz  
Rice Milk Beverage, Original 8 oz

## Dairy Alternatives (Cont'd)

### So Delicious

- Blueberry Cultured Coconut Milk Yogurt
- Chocolate Cultured Coconut Milk Yogurt
- French Vanilla Coconut Milk Creamer
- Hazelnut Coconut Milk Creamer
- Original (Plain) Coconut Milk Beverage
- Original (Plain) Coconut Milk Creamer
- Original (Plain) Coconut Milk Kefir
- Passionate Mango Cultured Coconut Milk Yogurt
- Pina Colada Cultured Coconut Milk Yogurt
- Plain Cultured Coconut Milk Yogurt
- Raspberry Cultured Coconut Milk Yogurt
- Strawberry Coconut Milk Kefir
- Strawberry Cultured Coconut Milk Yogurt
- Unsweetened Coconut Milk Beverage
- Vanilla Coconut Milk Beverage
- Vanilla Coconut Milk Kefir
- Vanilla Cultured Coconut Milk Yogurt

### WestSoy

- Longevity Soy Beverage, Plain 32 oz
- Longevity Soy Beverage, Vanilla 32 oz
- Plus Soy Beverage, Plain 32 oz
- Soy Beverage, Unsweetened Chocolate 32 oz

## Deli Style Meats and Cheeses

### Applegate Farms

- Organic Sliced Oven Roasted Chicken
- Sliced Authentic Prosciutto
- Sliced Black Forest Ham
- Sliced Genoa Salami
- Sliced Honey Ham
- Sliced Honey Maple Turkey
- Sliced Organic Herb Turkey
- Sliced Organic Oven Roasted Turkey
- Sliced Organic Roast Beef
- Sliced Organic Smoked Chicken
- Sliced Organic Smoked Turkey
- Sliced Organic Uncured Ham
- Sliced Oven Roasted Sliced Turkey
- Sliced Pepperoni
- Sliced Slow Cooked Ham
- Sliced Smoked Turkey

## Desserts

### Crave

- Mama Z's Chocolate Cake, 6"

### French Meadow Bakery

- Gluten Free Fudge Brownie

### WFM Gluten Free Bakehouse

- Pumpkin Pie
- Vanilla Cupcakes

## Energy and Nutrition Bars/Drinks

### Bumble Bar

- Chai with Almonds
- Chocolate Crisp
- Lushus Lemon
- Original with Almond
- Original with Peanut

## Entrees and Mixes

### 365 Everyday Value™

- Gluten Free Chocolate Cake Mix
- Gluten Free Chocolate Chip Cookie Mix
- Gluten Free Muffin Mix
- Gluten Free Pancake & Waffle Mix

### Arrowhead Mills

- Gluten Free All Purpose Baking Mix

### Cherrybrook Kitchen Gluten Free Dreams

- Chocolate Chip Cookie Mix

### DeBoles Foods

- Rice Shells & Cheddar Pasta Dinner

### Edward & Sons

- Chreesy Mashed Potato Mix
- Organic Roasted Garlic Mashed Potato Mix

### Lundberg Farms

- Garlic Primavera Risotto
- Italian Herb Risotto
- Organic Alfredo Risotto
- Organic Florentine Risotto
- Organic Tuscan Risotto

### Namaste

- Brownie Mix

## Entrees and Mixes (Cont'd)

### Orgran

Pasta Ready Meal - Spaghetti with Tomato & Basil Sauce

### Pamela's Products

Confetti Frosting Mix

### Tasty Bite

Bombay Potatoes

Jodhpur Lentils

Kashmir Spinach

Spinach Dal

### Tasty Bite

Peas Paneer & Basmati Rice

## Ethnic Foods

### Amy's

Organic Asian Noodle Stir-Fry

Organic Black Bean Enchilada Whole Meal

Organic Black Bean Tamale Verde Whole Meal

Organic Black Bean Vegetable Enchilada

Organic Black Bean Vegetable Enchilada, Light in Sodium

Organic Cheese Enchilada

Organic Cheese Tamale Verde Whole Meal

Organic Indian Mattar Paneer

Organic Indian Mattar Paneer, Light in Sodium

Organic Indian Mattar Tofu

Organic Indian Palak Paneer

Organic Indian Paneer Tikka

Organic Indian Vegetable Korma

Organic Mexican Casserole Bowl

Organic Mexican Casserole Bowl, Light in Sodium

Organic Roasted Vegetable Tamale Whole Meal

Organic Teriyaki Bowl

Organic Thai Stir-Fry

Organic Tortilla Casserole & Black Beans Bowl

### Annie Chun's

Maifun Rice Noodles

Pad Thai Rice Noodles

## Ethnic Foods (Cont'd)

### Edward & Sons

Brown Rice Snaps, Tamari Seaweed

Brown Rice Snaps, Tamari Sesame

Miso-Cup, Organic Japanese Restaurant Style

Miso-Cup, Organic Traditional with Tofu

Miso-Cup, Original Golden Vegetable

### Food For Life

Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

### Food Merchants

Organic Polenta, Basil & Garlic

Organic Polenta, Sundried Tomato & Garlic

Organic Polenta, Traditional

### Native Forest

Organic Coconut Milk

Organic Papaya Chutney

### Native Forest

Light Coconut Milk

### Organicville

Organic Sesame Teriyaki

### Premier Japan

Organic Wheat-Free Hoisin Sauce

### Tasty Bite

Bombay Potatoes

Jodhpur Lentils

Kashmir Spinach

Spinach Dal

### Tasty Bite

Peas Paneer & Basmati Rice

### World Foods

Thai Green Curry Paste

## Frozen Foods

### Amy's

Organic Asian Noodle Stir-Fry

Organic Baked Ziti Bowl

Organic Black Bean Enchilada Whole Meal

Organic Black Bean Tamale Verde Whole Meal

Organic Black Bean Vegetable Enchilada

## Frozen Foods (Cont'd)

### Amy's

- Organic Black Bean Vegetable Enchilada, Light in Sodium
- Organic Brown Rice & Vegetables Bowl
- Organic Brown Rice & Vegetables Bowl, Light in Sodium
- Organic Brown Rice, Black-Eyed Peas & Veggies Bowl
- Organic Cheese Enchilada
- Organic Cheese Tamale Verde Whole Meal
- Organic Cream of Rice Hot Cereal Bowl
- Organic Indian Mattar Paneer
- Organic Indian Mattar Paneer, Light in Sodium
- Organic Indian Mattar Tofu
- Organic Indian Palak Paneer
- Organic Indian Paneer Tikka
- Organic Indian Vegetable Korma
- Organic Mexican Casserole Bowl
- Organic Mexican Casserole Bowl, Light in Sodium
- Organic Rice Crust Cheese Pizza
- Organic Rice Crust Spinach Pizza
- Organic Rice Mac & Cheese
- Organic Roasted Vegetable Tamale Whole Meal
- Organic Single Serve Non-Dairy Rice Crust Cheeze Pizza
- Organic Teriyaki Bowl
- Organic Thai Stir-Fry
- Organic Tofu Scramble
- Organic Tortilla Casserole & Black Beans Bowl

### French Meadow Bakery

- Gluten Free Chocolate Chip Cookie Dough
- Gluten Free Fudge Brownie

### Glutino

- Chicken Ranchero
- Pizza, 3 Cheese with Brown Rice Crust
- Pizza, Chicken BBQ
- Pizza, Duo Cheese
- Pizza, Spinach Feta

## Frozen Foods (Cont'd)

### Ian's Natural Foods

- Alpha Tots
- Wafflewich, Egg & Maple Sausage, Wheat Free Gluten Free

### It's Soy Delicious

- Awesome Chocolate Non-Dairy Frozen Dessert
- Chocolate Almond Non-Dairy Frozen Dessert
- Chocolate Peanut Butter Non-Dairy Frozen Dessert

### Kettle Cuisine

- New England Clam Chowder
- Roasted Vegetable Soup

### Kinnikinnick

- Cinnamon Sugar Donuts
- Tapioca Rice NY Style Bagels
- White Sandwich Bread

### Nature's Path

- Organic Buckwheat Wildberry Waffles

### Organic So Delicious

- Chocolate Velvet Non-Dairy Frozen Dessert
- Creamy Vanilla Non-Dairy Frozen Dessert
- Non-Dairy Creamy Fudge Bar

### Purely Decadent

- Chocolate Non-Dairy Frozen Coconut Milk Dessert
- Chocolate Obsession Non-Dairy Frozen Dessert
- Chocolate Peanut Butter Swirl Non-Dairy Frozen Coconut Milk Dessert
- Coconut Non-Dairy Frozen Coconut Milk Dessert
- Mint Chocolate Chip Non-Dairy Frozen Dessert
- Passionate Mango Non-Dairy Frozen Coconut Milk Dessert
- Pomegranate Chip Non-Dairy Frozen Dessert
- Purely Vanilla Non-Dairy Frozen Dessert
- Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert

## Frozen Foods (Cont'd)

### Rice Dream

Neapolitan Frozen Dessert, Quart  
Vanilla Frozen Dessert, Pint  
Vanilla Frozen Dessert, Quart

### So Delicious

Creamy Orange Bar  
Creamy Raspberry Bar  
Kidz Assorted Fruit Pops

### Starfish

Crispy Battered Gluten Free Cod  
Crispy Battered Gluten Free Haddock

### Van's

Wheat Free Blueberry Waffles  
Wheat Free Buckwheat Waffles  
Wheat Free Homestyle Waffles

## Grains and Rice

### Ancient Harvest

Traditional Organic Quinoa 12 oz

### Annie Chun's

Rice Express Sprouted Brown Rice

### Lundberg Farms

Eco-Farmed California White Arborio Rice  
Eco-Farmed Wild Blend Gourmet Blend Rice  
Italian Herb Risotto  
Organic Alfredo Risotto  
Organic California Brown Basmati Rice  
Organic California Brown Jasmine Rice, 25 lb  
Organic California White Jasmine Rice  
Organic Long Grain Brown Rice  
Organic Short Grain Brown Rice

## Hand & Body Lotions

### Pangea Organics

Lotion, Chilean Red Clover with Geranium & Grapefruit  
Lotion, Egyptian Basil & Mint  
Lotion, Indian Lemongrass with Rosemary  
Lotion, Pyrenees Lavender with Cardamom

## Hand & Body Washes

### Pangea Organics

Liquid Soap, Canadian Pine with White Sage  
Liquid Soap, Italian White Sage with Geranium & Yarrow  
Liquid Soap, Pyrenees Lavender with Cardamom  
Shower Gel, Canadian Pine White Sage  
Shower Gel, Malagasy Ylang Ylang & Linden Flower  
Shower Gel, Pyrenees Lavender with Cardamom

## Jams and Nut Butters

### Arrowhead Mills

Organic Crunchy Peanut Butter, 26 oz

### Blue Diamond

Homestyle Almond Butter, Creamy  
Homestyle Almond Butter, Honey

### Earth Balance

Creamy Natural Peanut Butter  
Crunchy Natural Peanut Butter

## Lip Balms

### Pangea Organics

Lip Balm, Egyptian Fennel with Grapefruit & Sweet Orange  
Lip Balm, Pyrenees Lavender with Cardamom

## Meat Alternatives

### WestSoy

Extra Firm Tofu, Tidal Wave 14 oz  
Extra Firm Tofu, Vacuum-Pack 12 oz  
Firm Tofu, Water-Pack 16 oz  
Soft Tofu, Water-Pack 14 oz

## Meat and Poultry

### Applegate Farms

Beef Hot Dogs  
Chicken Apple Breakfast Sausage  
Organic Beef Hot Dogs  
Organic Hot Dogs  
Organic Sliced Sunday Bacon

## Nutritional Supplements

### Country Life

Cal-Snack Milk-Free Chewables, 60 ct  
L-Lysine 500mg Capsules with B-6, 100 ct  
Melatonin 3mg Tablets, 30 ct

## Pasta

### Ancient Harvest

Quinoa Supergrain Pasta, Elbows 8 oz  
Quinoa Supergrain Pasta, Garden Pagodas 8 oz  
Quinoa Supergrain Pasta, Linguine 8 oz  
Quinoa Supergrain Pasta, Spaghetti 8 oz

### DeBoles Foods

Multi-Grain Penne  
Rice Lasagna  
Rice Shells & Cheddar Pasta Dinner  
Rice Spaghetti

### Lundberg Farms

Organic Brown Rice Rotini Pasta  
Organic Brown Rice Spaghetti Pasta

### Orgran

Buckwheat Spirals  
Pasta Ready Meal - Spaghetti with Tomato & Basil Sauce

### Tinkyada

Brown Rice Elbow  
Brown Rice Fettucini  
Brown Rice Fusilli  
Brown Rice Little Dreams  
Brown Rice Penne  
Brown Rice Shells  
Brown Rice Spaghetti  
Brown Rice Spirals  
Organic Brown Rice Spaghetti  
Vegetable Brown Rice Spirals

## Personal Care

### Pangea Organics

Soap, Indian Lemongrass with Rosemary  
Soap, Pyrenees Lavender with Cardamom  
Soap, Pyrenees Lavender with Damiana Tea

## Personal Care (Cont'd)

### Tom's of Maine

Calendula Stick Deodorant  
Fennel Anticavity SLS-Free Toothpaste  
Fennel Antiplaque Propolis & Myrrh Toothpaste  
Fennel Antiplaque Tartar Control Plus Whitening Toothpaste  
Fragrance-Free Sensitive Stick Deodorant  
Lavender Long Lasting Stick Deodorant  
Orange-Mango Whole Care Gel Toothpaste  
Outrageous Orange-Mango Anticavity Toothpaste  
Peppermint Anticavity Toothpaste  
Peppermint Antiplaque Tartar Control Plus Whitening Toothpaste  
Peppermint Baking Soda Mouthwash  
Peppermint Whole Care Toothpaste  
Silly Strawberry Anticavity Toothpaste  
Spearmint Antiplaque SLS-Free Toothpaste  
Spearmint Anti-Plaque Tartar Control Plus Whitening Toothpaste  
Spearmint Anticavity Toothpaste  
Spearmint Cleansing Mouthwash  
Spearmint Flat Floss  
Spearmint Whole Care Gel Toothpaste  
Spearmint Whole Care Toothpaste  
Unflavored Flat Floss  
Unscented Stick Deodorant  
Wintermint Anticavity Toothpaste  
Woodspice Stick Deodorant

## Prepared Foods

### Food Merchants

Organic Polenta, Basil & Garlic  
Organic Polenta, Sundried Tomato & Garlic  
Organic Polenta, Traditional

## Sauces, Salsas and Dips

### Amy's

Organic Black Bean & Corn Salsa  
Organic Medium Salsa  
Organic Spicy Chipotle Salsa

## Sauces, Salsas and Dips (Cont'd)

### Native Forest

Organic Papaya Chutney

### Organicville

Organic Medium Salsa

Organic Mild Salsa

Organic Sesame Teriyaki

### Premier Japan

Organic Wheat-Free Hoisin Sauce

## Seafood

### Starfish

Crispy Battered Gluten Free Cod

Crispy Battered Gluten Free Haddock

## Soups

### Amy's

Organic Black Bean Vegetable Soup

Organic Chunky Tomato Bisque

Organic Chunky Tomato Bisque, Light in Sodium

Organic Chunky Vegetable Soup

Organic Cream of Tomato Soup

Organic Cream of Tomato Soup, Light in Sodium

Organic Curried Lentil Soup

Organic Fire Roasted Southwestern Vegetable Soup

Organic Lentil Soup

Organic Lentil Soup, Light in Sodium

Organic Lentil Vegetable Soup

Organic Lentil Vegetable Soup, Light in Sodium

Organic Medium Chili, Light in Sodium

Organic Southwestern Black Bean Chili

Organic Spicy Chili

Organic Spicy Chili, Light in Sodium

Organic Split Pea Soup

Organic Split Pea Soup, Light in Sodium

Organic Summer Corn & Vegetable Soup

Organic Thai Coconut Soup (Tom Kha Phak)

Organic Tuscan Bean & Rice Soup

## Soups (Cont'd)

### Edward & Sons

Miso-Cup, Organic Japanese Restaurant Style

Miso-Cup, Organic Traditional with Tofu

Miso-Cup, Original Golden Vegetable

### Imagine Foods

Broccoli Soup 16 oz

Broccoli Soup 32 oz

Butternut Squash Soup 16 oz

Butternut Squash Soup 32 oz

Chicken Broth 16 oz

Corn & Lemongrass Soup 16 oz

Creamy Tomato Soup 16 oz

Free Range Chicken Broth 32 oz

No Chicken Broth 32 oz

Organic Acorn Squash & Mango Soup 32 oz

Organic Chicken Broth, Low Sodium 32 oz

Organic Corn Soup, Low Sodium 32 oz

Organic Portabello Mushroom Soup 32 oz

Organic Potato Soup, Low Sodium 32 oz

Organic Tomato Soup, Low Sodium 32 oz

Potato Leek Soup 32 oz

Tomato Basil Soup 32 oz

Vegetable Broth 32 oz

### Kettle Cuisine

New England Clam Chowder

Roasted Vegetable Soup

## Spices and Seasonings

### Edward & Sons

Bouillon Cubes, Low Sodium Veggie

Bouillon Cubes, Not-Chick'n

### World Foods

Thai Green Curry Paste

## Sweeteners

### Lundberg Farms

Organic Brown Rice Syrup