

# Gluten Free

SPECIAL DIETS SERIES

CELEBRATING  
YOUR  
CHOICES



## Cherry Creek Store, Rocky Mountain Region

Whole Foods Market is excited to bring you "Celebrating Your Choices," a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product. If you have any questions, you may contact us at [WFMSpecialDiets@wholefoods.com](mailto:WFMSpecialDiets@wholefoods.com).

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## Baby & Infant Food

### Stonyfield Farm

YoBaby Banana/Vanilla Yogurt  
YoBaby Blueberry/Apple Yogurt  
YoBaby Drinkable Yogurt, Banana  
YoBaby Drinkable Yogurt, Peach  
YoBaby Peach/Pear Yogurt  
YoBaby Simply Plain Yogurt

## Baked Goods

### Crave

Apple Frangipane Tart  
Cheesecake, Sugar-Free 8"  
Lemon Tart, 4"  
Mama Z's Chocolate Cake, 6"  
Vanilla Cupcakes

### WFM Gluten Free Bakehouse

Almond Scones  
Apple Pie  
Banana Bread  
Blueberry Muffins  
Carrot Cake  
Cheddar Biscuits  
Cherry Pie  
Chocolate Chip Cookies  
Chocolate Cupcakes  
Cornbread  
Cranberry Orange Scones  
Cream Biscuits  
Lemon Poppyseed Muffins (4 pack)

## Baked Goods (Cont'd)

### WFM Gluten Free Bakehouse

Molasses Ginger Cookies  
Pie Shells  
Prairie Bread  
Pumpkin Pie  
Sandwich Bread  
Stuffing Cubes  
Vanilla Cupcakes

## Baking Needs

### 365 Everyday Value™

Gluten Free All Purpose Baking Mix  
Gluten Free Chocolate Brownie Mix  
Gluten Free Chocolate Cake Mix  
Gluten Free Chocolate Chip Cookie Mix  
Gluten Free Pancake & Waffle Mix  
Gluten Free Pizza Crust Mix  
Gluten Free White Cake Mix

### Ancient Harvest

Organic Quinoa Flour 18 oz

### Arrowhead Mills

Buckwheat Flour  
Gluten Free All Purpose Baking Mix  
Gluten Free Brownie Mix  
Gluten Free Pancake & Baking Mix  
Long Grain Brown Rice Flour  
Millet Flour  
Soy Flour  
White Rice Flour  
Yellow Corn Meal

### Bob's Red Mill

Almond Flour  
Arrowroot Starch Flour  
Brown Rice Flour  
Flaxseed Meal

## Baking Needs (Cont'd)

### Bob's Red Mill

- Garbanzo Bean Flour
- Gluten Free All Purpose Baking Flour
- Gluten Free Homemade Wonderful Bread Mix
- Gluten Free Pancake Mix
- Gluten Free Pizza Crust Mix
- Gluten Free Sweet White Sorghum Flour
- GlutenFree Rolled Oats
- Organic Coconut Flour
- Organic Flaxseed Meal
- Organic Golden Flaxseed Meal
- Organic Golden Flaxseeds
- Potato Starch
- Tapioca Flour
- White Rice Flour
- Xanthan Gum

### Cherrybrook Kitchen

- Chocolate Frosting Mix
- Vanilla Frosting

### Earth Balance

- Shortening

### Enjoy Life

- Semi-Sweet Chocolate Chips

### Hain

- Baking Powder

### Let's Do...

- Chocolatey Sprinkelz
- Confetti Sprinkelz

### Let's Do... Organic

- Organic Coconut Flakes
- Organic Cornstarch
- Organic Reduced Fat Shredded Coconut
- Organic Shredded Coconut
- Organic Tapioca Pearls

### Namaste

- Brownie Mix
- Muffin Mix

### Pamela's Products

- Baking & Pancake Mix
- Baking & Pancake Mix, 4 lb
- Chocolate Brownie Mix

## Baking Needs (Cont'd)

### Pamela's Products

- Chocolate Chunk Cookie Mix
- Classic Vanilla Cake Mix
- Confetti Frosting Mix
- Gluten-Free Bread Mix
- Vanilla Frosting Mix

### Tropical Source

- Semi Sweet Chocolate Chips

### WFM Gluten Free Bakehouse

- Pie Shells

## Beverages

### Celestial Seasonings

- Authentic Green Tea, 20 Ct
- Authentic Green Tea, 40 Ct
- Bengal Spice Tea, 20 Ct
- Black Cherry Berry Tea
- Candy Cane Lane Decaf Tea, 20 Ct
- Chai India Spice Tea, 20 Ct
- Chamomile Tea, 20 Ct
- China Pearl White Tea, 20 Ct
- Cinnamon Apple Spice Tea, 20 Ct
- Country Peach Passion
- Cranberry Apple Zinger Tea, 20 Ct
- Decaf Green Tea, 20 Ct
- Echinacea Complete Care Tea, 20 Ct
- Honey Vanilla Chamomile Tea, 20 Ct
- Imperial Peach White Tea, 20 Ct
- Lemon Zinger Tea, 20 Ct
- Madagascar Vanilla Red Tea, 20 Ct
- Mandarin Orange Spice Tea, 20 Ct
- Mint Magic Tea, 20 Ct
- Peppermint Tea, 20 Ct
- Perfectly Pear White Tea, 20 Ct
- Raspberry Zinger Tea, 20 Ct
- Red Zinger Tea, 20 Ct
- Sleepytime Extra Tea, 20 Ct
- Sleepytime Tea, 20 Ct
- Sleepytime Tea, 40 Ct
- Sleepytime Throat Tamer Tea, 20 Ct
- Sugar Plum Spice, 20 Ct
- Tangerine Orange Zinger Tea, 20 Ct
- Tension Tamer Tea, 20 Ct

## Beverages (Cont'd)

### Celestial Seasonings

Tropical Strawberry, 20 Ct

True Blueberry, 20 Ct

### Eden

Organic EdenBlend, Rice & Soy Beverage, 32 oz

Organic EdenBlend, Rice & Soy Beverage, 8.45 oz

### Rice Dream

Horchata

Supreme Rice Beverage, Chocolate Chai

Supreme Rice Beverage, Vanilla Hazelnut

### So Delicious

Original (Plain) Coconut Milk Beverage

Unsweetened Coconut Milk Beverage

Vanilla Coconut Milk Beverage

## Bread

### Food For Life

Brown Rice Bread, Wheat & Gluten Free

Millet Bread, Wheat & Gluten Free

Raisin Pecan Bread, Wheat & Gluten Free

White Rice Bread, Wheat & Gluten Free

Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

### Glutino

Premium Cinnamon & Raisin Bread

Premium Fiber Bread

### WFM Gluten Free Bakehouse

Cheddar Biscuits

Cornbread

Cream Biscuits

Prairie Bread

Sandwich Bread

## Candy and Chocolate

### Endangered Species Chocolate

Dark Chocolate with Blueberries - Sea Turtle

Dark Chocolate with Cranberries & Almonds - Wolf

## Candy and Chocolate (Cont'd)

### Endangered Species Chocolate

Dark Chocolate with Deep Forest Mint

Dark Chocolate with Espresso Beans - Tiger

Dark Chocolate with Hazelnut Toffee - Rhino

Dark Chocolate with Raspberries - Grizzly Bear

Extreme Dark Chocolate - Panther

Intense Dark Chocolate with Cacao Nibs - Bat

Smooth Milk Chocolate - Sea Otter

### Enjoy Life

Boom Choco Boom Dairy-Free Rice Milk Chocolate Bar

Boom Choco Boom Dairy-Free Rice Milk w/ Crispy Rice Chocolate Bar

### Glutino

Dark Chocolate Bar

Peanut Butter Chocolate Bar

### Let's Do...

Chocolatey Sprinkelz

Confetti Sprinkelz

### Scharffen Berger

Bittersweet Chocolate Bar, 70% Cacao

Dark Mocha Chocolate Bar, 62% Cacao

Extra Dark Chocolate Bar, 82% Cacao

Mocha Dark Chocolate Bar

Nibby Dark Chocolate Bar

## Canned Goods

### Amy's

Organic Refried Beans with Green Chiles

Organic Refried Black Beans

Organic Refried Black Beans, Low in Sodium

Organic Traditional Refried Beans

Organic Vegetarian Baked Beans

### Native Forest

Artichoke Hearts, Quartered

Organic Hearts of Palm

Organic Mango Chunks

Organic Papaya Chunks

## Canned Goods (Cont'd)

### Native Forest

Organic Pineapple Chunks  
Organic Pineapple Slices

## Canned/Jarred Goods

### Native Forest

Artichoke Hearts, Marinated

## Cereal

### Amy's

Organic Cream of Rice Hot Cereal Bowl

### Ancient Harvest

Organic Quinoa Flakes 12 oz

### Arrowhead Mills

Maple Buckwheat Organic Flakes  
Organic Rice & Shine Hot Cereal  
Organic Yellow Corn Grits  
Sweetened Organic Rice Flakes

### Barbara's Bakery

Honey Rice Puffins Cereal

### Bob's Red Mill

Brown Rice Farina Creamy Rice Hot Cereal  
Gluten Free Mighty Tasty Hot Cereal  
GlutenFree Rolled Oats

### Enjoy Life

Cinnamon Crunch Granola  
Cranapple Crunch Granola  
Very Berry Crunch Granola

### EnviroKidz

Gorilla Munch Organic Cereal  
Koala Crisp Organic Cereal  
Leapin' Lemurs Peanut Butter & Chocolate Organic Cereal  
Peanut Butter Panda Puffs Organic Cereal

### Glutino

Apple & Cinnamon Cereal  
Honey Nut Cereal

## Cereal (Cont'd)

### Nature's Path

Organic Fruit Juice Sweetened Corn Flakes  
Organic Honey'd Cornflakes  
Organic Mesa Sunrise Cereal  
Organic Whole O's Cereal

### Perky's

Nutty Rice Cereal

## Cheese

### Follow Your Heart

Vegan Gourmet Cheddar  
Vegan Gourmet Cream Cheese  
Vegan Gourmet Monterey Jack  
Vegan Gourmet Mozzarella Cheese  
Vegan Gourmet Sour Cream

## Chips, Pretzels and Snacks

### Arico

Cassava Chips, Ginger on Fire  
Cassava Chips, Original  
Cassava Chips, Sea Salt Mist

### Food Should Taste Good

Buffalo Tortilla Chips 6 oz  
Cinnamon Tortilla Chips 5.5 oz  
Lime Tortilla Chips 5.5 oz  
Multigrain Tortilla Chips 12 oz  
Sweet Potato Tortilla Chips 6 oz  
The Works! Tortilla Chips 6 oz  
Yellow Corn Tortilla Chips 11 oz

### Food Should Taste Good

Jalapeno Tortilla Chips 6 oz  
Multigrain Tortilla Chips 6 oz  
Olive Tortilla Chips 6 oz

### Glutino

Breadsticks, Pizza Flavor  
Breadsticks, Sesame  
Pretzel Sticks, Family Bag  
Pretzels, Family Bag

### Kettle Brand®

Krinkle Cut Potato Chips, Lightly Salted 14 oz

## **Chips, Pretzels and Snacks (Cont'd)**

### **Kettle Brand®**

Potato Chips, Honey Dijon 2 oz  
Potato Chips, Honey Dijon 5 oz  
Potato Chips, Lightly Salted 2 oz  
Potato Chips, Lightly Salted 5 oz  
Potato Chips, New York Cheddar w/ Herbs 2 oz  
Potato Chips, New York Cheddar w/ Herbs 5 oz  
Potato Chips, Organic Chipotle Chili BBQ 5 oz  
Potato Chips, Organic Lightly Salted 5 oz  
Potato Chips, Sea Salt & Vinegar 2 oz  
Potato Chips, Sea Salt & Vinegar 5 oz  
Potato Chips, Unsalted 5 oz  
Potato Chips, Yogurt & Green Onion 5 oz

### **Kettle Brand®**

Baked Potato Chips, Hickory Honey BBQ 4 oz  
Baked Potato Chips, Lightly Salted 4 oz  
Baked Potato Chips, Salt & Fresh Ground Pepper 4 oz  
Baked Potato Chips, Sea Salt & Vinegar 4 oz  
Krinkle Cut Potato Chips, Buffalo Bleu 5 oz  
Krinkle Cut Potato Chips, Classic BBQ 14 oz  
Potato Chips, Backyard Barbeque 5 oz  
Potato Chips, Death Valley Chipotle 5 oz  
Potato Chips, Jalapeno 2 oz  
Potato Chips, Jalapeno 5 oz  
Potato Chips, Organic Sea Salt & Black Pepper 5 oz  
Potato Chips, Sour Cream, Onion & Chive 5 oz  
Potato Chips, Spicy Thai 5 oz  
Potato Chips, Tuscan Three Cheese 5 oz

### **Lundberg Farms**

Apple Cinnamon Rice Cakes  
Brown Rice Cakes  
Buttery Caramel Rice Cakes  
Fiesta Lime Rice Chips  
Honey Nut Rice Cakes  
Organic Brown Rice Cakes

## **Chips, Pretzels and Snacks (Cont'd)**

### **Lundberg Farms**

Organic Cinnamon Toast Rice Cake  
Organic Koku Seaweed Rice Cakes  
Organic Mochi Sweet Rice Cakes  
Organic Popcorn Rice Cakes  
Organic Sea Salt Rice Chips  
Organic Sesame Tamari Rice Cakes  
Organic Tamari Seaweed Rice Cakes  
Organic Unsalted Brown Rice Cakes  
Organic Wild Rice Cakes  
Pico de Gallo Rice Chips  
Sante Fe BBQ Rice Chips  
Sesame Seaweed Rice Chips  
Unsalted Brown Rice Cakes

### **Mary's Gone Crackers**

Sticks & Twigs, Curry  
Sticks & Twigs, Sea Salt  
Sticks & Twigs, Tomato Chipotle

### **Mr. Krispers**

Baked Rice Krisps, Barbecue  
Baked Rice Krisps, Nacho  
Baked Rice Krisps, Sea Salt & Pepper  
Baked Rice Krisps, Sour Cream & Onion  
Multi-Seed Chips, Original 4 Seed

## **Condiments**

### **Follow Your Heart**

Vegenaise, High Omega-3 w/ Expeller-Pressed Canola Oil  
Vegenaise, Original

### **Organicville**

Organic Dressing, French  
Organic Dressing, Herbs de Provence Vinaigrette  
Organic Dressing, Non Dairy Ranch  
Organic Dressing, Sundried Tomato & Garlic Vinaigrette  
Organic Ketchup  
Organic Original BBQ Sauce

### **Spectrum**

Light Canola Eggless Mayonnaise 16 oz  
Light Canola Eggless Mayonnaise 32 oz

## Condiments (Cont'd)

### Spectrum

Light Canola Eggless Mayonnaise, Squeeze Bottle  
Organic Olive Oil Mayonnaise  
Organic Roasted Garlic Mayonnaise 12 oz  
Organic Soy Mayonnaise 16 oz  
Organic Soy Mayonnaise, Squeeze Bottle  
Organic Wasabi Mayonnaise 12 oz

## Cookies and Snack Bars

### Arico

Almond Cranberry Cookies  
Chocolate Chunk Cookies  
Lemon Ginger Cookies  
Peanut Butter Cookies

### Enjoy Life

Caramel Apple Snack Bars  
Cocoa Loco Snack Bars  
Soft Baked Chewy Chocolate Chip Cookies  
Soft Baked Chocolate Chip Cookie Pack  
Soft Baked Double Chocolate Brownie Cookies  
Soft Baked Snickerdoodle Cookie Pack  
Soft Baked Snickerdoodle Cookies  
Sunbutter Crunch Snack Bars  
Very Berry Snack Bars

### EnviroKidz

Cheetah Organic Crispy Rice Bars, Berry  
Koala Organic Crispy Rice Bars, Chocolate  
Organic Vanilla Animal Cookies  
Panda Organic Crispy Rice Bars, Peanut Butter

### Glutino

Breakfast Bars, Apple  
Breakfast Bars, Blueberry  
Breakfast Bars, Cranberry  
Chocolate Chip Cookies  
Chocolate Coated Wafers  
Lemon Wafers  
Strawberry Wafers  
Vanilla Wafers

## Cookies and Snack Bars (Cont'd)

### Ian's Natural Foods

Chocolate Chip Cookie Buttons, Wheat Free Gluten Free  
Crunchy Cinnamon Cookie Buttons, Wheat Free Gluten Free

### Jennie's

Coconut Macarons

### Kinnikinnick

KinniTOOS Vanilla Sandwich Creme Cookies  
Montana's Chocolate Chip Cookies

### Mi-Del

Chocolate Chip Cookies  
Ginger Snaps

### Pamela's Products

Chocolate Chip Walnut Cookies  
Chunky Chocolate Chip Cookies  
Ginger Cookies with Sliced Almonds  
Peanut Butter Cookies  
Pecan Shortbread Cookies  
Simplebites Chocolate Chip Mini Cookies  
Simplebites Extreme Chocolate Mini Cookies  
Simplebites Ginger Mini Snapz

### WFM Gluten Free Bakehouse

Chocolate Chip Cookies  
Molasses Ginger Cookies

## Crackers

### Blue Diamond

Almond Nut-Thins  
Cheddar Cheese Nut-Thins  
Country Ranch Nut-Thins  
Hazelnut Nut-Thins  
Pecan Nut-Thins  
Smokehouse Almond Nut-Thins

### Edward & Sons

Brown Rice Snaps, Onion Garlic  
Brown Rice Snaps, Tamari Seaweed  
Brown Rice Snaps, Tamari Sesame  
Brown Rice Snaps, Unsalted Sesame  
Organic Brown Rice Snaps, Black Sesame  
Organic Brown Rice Snaps, Cheddar

## Crackers (Cont'd)

### Edward & Sons

Organic Brown Rice Snaps, Toasted Onion  
Organic Brown Rice Snaps, Unsalted Plain  
Organic Brown Rice Snaps, Vegetable

### Glutino

Crackers, Cheddar  
Crackers, Multigrain  
Crackers, Original  
Crackers, Vegetable

### Mary's Gone Crackers

Crackers, Black Pepper  
Crackers, Caraway  
Crackers, Herb  
Crackers, Onion  
Crackers, Original

## Dairy

### Brown Cow

Apricot-Mango Whole Milk Yogurt, 6 oz  
Blueberry Whole Milk Yogurt, 6 oz  
Cherry-Vanilla Whole Milk Yogurt, 6 oz  
Chocolate Whole Milk Yogurt, 6 oz  
Coffee Whole Milk Yogurt, 6 oz  
Low Fat Plain Yogurt, 32 oz  
Low Fat Vanilla Yogurt, 32 oz  
Maple Whole Milk Yogurt, 32 oz  
Maple Whole Milk Yogurt, 6 oz  
Non Fat Blueberry Yogurt, 6 oz  
Non Fat Lemon Yogurt, 32 oz  
Non Fat Plain Yogurt, 32 oz  
Non Fat Vanilla Yogurt, 32 oz  
Non Fat Vanilla Yogurt, 6 oz  
Peach Whole Milk Yogurt, 6 oz  
Plain Whole Milk Yogurt, 32 oz  
Plain Whole Milk Yogurt, 6 oz  
Raspberry Whole Milk Yogurt, 6 oz  
Strawberry Whole Milk Yogurt, 6 oz  
Vanilla Whole Milk Yogurt, 32 oz  
Vanilla Whole Milk Yogurt, 6 oz

### Earth Balance

Buttery Sticks  
Organic Whipped Buttery Spread

## Dairy (Cont'd)

### Earth Balance

Original Buttery Spread  
Soy Free Buttery Spread  
Soy Garden Buttery Spread

### Stonyfield Farm

Fat Free French Vanilla Probiotic Multi-Pack  
Fat Free Strawberry Probiotic Multi-Pack  
Organic Banana Berry Yogurt Smoothie, 10 oz  
Organic Cream Top French Vanilla Yogurt, 32 oz  
Organic Cream Top French Vanilla, 6 oz  
Organic Cream Top Plain Yogurt, 32 oz  
Organic Cream Top Strawberries & Cream Yogurt, 6 oz  
Organic Fat Free Black Cherry Yogurt, Fruit on the Bottom, 6 oz  
Organic Fat Free Blueberry Yogurt, Fruit on the Bottom, 6 oz  
Organic Fat Free Chocolate Underground Yogurt, 6 oz  
Organic Fat Free French Vanilla Yogurt, 32 oz  
Organic Fat Free French Vanilla Yogurt, 6 oz  
Organic Fat Free Key Lime Yogurt, 6 oz  
Organic Fat Free Lotsa Lemon Yogurt, 6 oz  
Organic Fat Free Peach Yogurt, 6 oz  
Organic Fat Free Plain Yogurt, 32 oz  
Organic Fat Free Plain Yogurt, 6 oz  
Organic Fat Free Pomegranate Berry Yogurt, 6 oz  
Organic Fat Free Strawberry Yogurt, Fruit on the Bottom, 6 oz  
Organic Low Fat BaNilla Yogurt, 32 oz  
Organic Low Fat Blueberry Yogurt, 32 oz  
Organic Low Fat Blueberry Yogurt, 6 oz  
Organic Low Fat Cherry Vanilla Yogurt, 6 oz  
Organic Low Fat Just Peachy Yogurt, Fruit on the Bottom, 6 oz  
Organic Low Fat Plain Yogurt, 32 oz  
Organic Low Fat Plain Yogurt, 6 oz

## Dairy (Cont'd)

### Stonyfield Farm

Organic Low Fat Raspberry Yogurt, 6 oz  
Organic Low Fat Strawberry Pomegranate Yogurt, 6 oz  
Organic Low Fat Strawberry Yogurt, 32 oz  
Organic Low Fat Strawberry Yogurt, Fruit on the Bottom, 6 oz  
Organic Low Fat Vanilla Yogurt  
Organic Low Fat Vanilla, 32 oz  
Organic O'Soy Strawberry/Peach Yogurt, 6-pack  
Organic Peach Yogurt Smoothie, 10 oz  
Organic Raspberry Yogurt Smoothie, 10 oz  
Organic Strawberry Yogurt Smoothie, 10 oz  
Organic Strawberry Yogurt Smoothies, 4 pack  
Organic Vanilla Yogurt Smoothie, 10 oz  
Organic Wild Berry Yogurt Smoothie, 10 oz  
Organic Wild Berry Yogurt Smoothies, 4 pack  
YoBaby Banana/Vanilla Yogurt  
YoBaby Blueberry/Apple Yogurt  
YoBaby Drinkable Yogurt, Banana  
YoBaby Drinkable Yogurt, Peach  
YoBaby Peach/Pear Yogurt  
YoBaby Simply Plain Yogurt  
YoKids Squeezers Cherry/Berry Blitz  
YoKids Squeezers Screamin' Strawberry  
YoKids Strawberry BaNilla Blast Yogurt  
YoKids Strawberry Vanilla Raspberry Yogurt

## Dairy Alternatives

### 365 Everyday Value™

Organic Ricemilk - Original  
Organic Ricemilk - Unsweetened  
Organic Ricemilk - Vanilla  
Organic Soymilk - Chocolate, 32 oz  
Organic Soymilk - Chocolate, 64 oz  
Organic Soymilk - Original, 32 oz  
Organic Soymilk - Original, 64 oz  
Organic Soymilk - Unsweetened, 32 oz  
Organic Soymilk - Unsweetened, 64 oz  
Organic Soymilk - Vanilla, 32 oz  
Organic Soymilk - Vanilla, 64 oz

## Dairy Alternatives (Cont'd)

### Blue Diamond

Almond Breeze, Chocolate  
Almond Breeze, Chocolate Unsweetened  
Almond Breeze, Original  
Almond Breeze, Original Unsweetened  
Almond Breeze, Unsweetened Vanilla  
Almond Breeze, Vanilla  
Almond Breeze, Vanilla Unsweetened

### Eden

Organic EdenBlend, Rice & Soy Beverage, 32 oz  
Organic EdenBlend, Rice & Soy Beverage, 8.45 oz

### Follow Your Heart

Vegan Gourmet Cheddar  
Vegan Gourmet Cream Cheese  
Vegan Gourmet Monterey Jack  
Vegan Gourmet Mozzarella Cheese  
Vegan Gourmet Sour Cream

### Hemp Dream

Hemp Dream, Original 12/32 oz  
Hemp Dream, Vanilla 12/32 oz

### Rice Dream

Enriched Rice Milk Beverage, Chocolate 32 oz  
Enriched Rice Milk Beverage, Original 8 oz  
Enriched Rice Milk Beverage, Vanilla 32 oz  
Organic Enriched Rice Milk Beverage, Original 32 oz  
Organic Enriched Rice Milk Beverage, Original 64 oz  
Organic Enriched Rice Milk Beverage, Vanilla 64 oz  
Refrigerated Ricemilk, Original 64 oz  
Refrigerated Ricemilk, Vanilla 64 oz  
Rice Milk Beverage, Carob 32 oz  
Rice Milk Beverage, Original 32 oz  
Rice Milk Beverage, Original 8 oz  
Rice Milk Beverage, Vanilla 32 oz

### So Delicious

Blueberry Cultured Coconut Milk Yogurt  
Chocolate Cultured Coconut Milk Yogurt

## Dairy Alternatives (Cont'd)

### So Delicious

- French Vanilla Coconut Milk Creamer
- Hazelnut Coconut Milk Creamer
- Original (Plain) Coconut Milk Beverage
- Original (Plain) Coconut Milk Creamer
- Original (Plain) Coconut Milk Kefir
- Passionate Mango Cultured Coconut Milk Yogurt
- Pina Colada Cultured Coconut Milk Yogurt
- Plain Cultured Coconut Milk Yogurt
- Raspberry Cultured Coconut Milk Yogurt
- Strawberry Banna Cultured Coconut Milk Yogurt
- Strawberry Coconut Milk Kefir
- Strawberry Cultured Coconut Milk Yogurt
- Unsweetened Coconut Milk Beverage
- Vanilla Coconut Milk Beverage
- Vanilla Coconut Milk Kefir

### WestSoy

- Longevity Soy Beverage, Vanilla 32 oz
- Plus Soy Beverage, Plain 64 oz
- Plus Soy Beverage, Vanilla 64 oz
- Soy Beverage, Unsweetened Chocolate 32 oz

## Deli Style Meats and Cheeses

### Applegate Farms

- Canadian Bacon
- Organic Sliced Oven Roasted Chicken
- Sliced Authentic Prosciutto
- Sliced Black Forest Ham
- Sliced Coppa
- Sliced Genoa Salami
- Sliced Honey Ham
- Sliced Honey Maple Turkey
- Sliced Hot Genoa Salami
- Sliced Hot Soppressata
- Sliced Organic Genoa Salami
- Sliced Organic Herb Turkey
- Sliced Organic Oven Roasted Turkey
- Sliced Organic Roast Beef
- Sliced Organic Smoked Chicken
- Sliced Organic Smoked Turkey
- Sliced Organic Uncured Ham

## Deli Style Meats and Cheeses (Cont'd)

### Applegate Farms

- Sliced Oven Roasted Sliced Turkey
- Sliced Pepperoni
- Sliced Slow Cooked Ham
- Sliced Smoked Turkey
- Sliced Soppressata
- Sliced Turkey Bologna

## Desserts

### Crave

- Apple Frangipane Tart
- Cheesecake, Sugar-Free 8"
- Lemon Tart, 4"
- Mama Z's Chocolate Cake, 6"
- Vanilla Cupcakes

### French Meadow Bakery

- Gluten Free Fudge Brownie

### WFM Gluten Free Bakehouse

- Apple Pie
- Carrot Cake
- Cherry Pie
- Chocolate Cupcakes
- Pumpkin Pie
- Vanilla Cupcakes

## Energy and Nutrition Bars/Drinks

### Bumble Bar

- Chai with Almonds
- Chocolate Crisp
- Lushus Lemon
- Original with Almond
- Original with Peanut

## Entrees and Mixes

### 365 Everyday Value™

- Gluten Free All Purpose Baking Mix
- Gluten Free Chocolate Brownie Mix
- Gluten Free Chocolate Cake Mix
- Gluten Free Chocolate Chip Cookie Mix
- Gluten Free Pancake & Waffle Mix

## Entrees and Mixes (Cont'd)

### 365 Everyday Value™

Gluten Free Pizza Crust Mix  
Gluten Free White Cake Mix

### Arrowhead Mills

Gluten Free All Purpose Baking Mix  
Gluten Free Brownie Mix

### Cherrybrook Kitchen

Chocolate Frosting Mix

### DeBoles Foods

Rice Shells & Cheddar Pasta Dinner

### Lundberg Farms

Garlic Primavera Risotto  
Italian Herb Risotto  
Organic Alfredo Risotto  
Organic Florentine Risotto  
Organic Tuscan Risotto

### Namaste

Brownie Mix  
Muffin Mix

### Orgran

Falafel Mix

### Pamela's Products

Confetti Frosting Mix  
Vanilla Frosting Mix

### Road's End Organics

Dairy Free Alfredo Style Mac & Cheese  
Dairy Free Cheddar Style Penne & Cheese

### Tasty Bite

Agra Peas  
Bombay Potatoes  
Jodhpur Lentils  
Kashmir Spinach

### Tasty Bite

Spinach Dal & Basmati Rice

## Ethnic Foods

### Amy's

Organic Asian Noodle Stir-Fry  
Organic Black Bean Enchilada Whole Meal

## Ethnic Foods (Cont'd)

### Amy's

Organic Black Bean Tamale Verde Whole Meal  
Organic Black Bean Vegetable Enchilada  
Organic Black Bean Vegetable Enchilada, Light in Sodium  
Organic Cheese Enchilada  
Organic Cheese Enchilada Whole Meal  
Organic Cheese Tamale Verde Whole Meal  
Organic Indian Mattar Paneer  
Organic Indian Mattar Paneer, Light in Sodium  
Organic Indian Mattar Tofu  
Organic Indian Palak Paneer  
Organic Indian Paneer Tikka  
Organic Indian Vegetable Korma  
Organic Mexican Casserole Bowl  
Organic Mexican Casserole Bowl, Light in Sodium  
Organic Mexican Tamale Pie  
Organic Roasted Vegetable Tamale Whole Meal  
Organic Santa Fe Enchilada Bowl  
Organic Teriyaki Bowl  
Organic Thai Stir-Fry  
Organic Tortilla Casserole & Black Beans Bowl

### Annie Chun's

Maifun Rice Noodles  
Pad Thai Rice Noodles

### Edward & Sons

Brown Rice Snaps, Tamari Seaweed  
Brown Rice Snaps, Tamari Sesame  
Miso-Cup, Organic Japanese Restaurant Style  
Miso-Cup, Organic Reduced Sodium  
Miso-Cup, Organic Traditional with Tofu

### Food For Life

Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

### Food Merchants

Organic Polenta, Basil & Garlic  
Organic Polenta, Sundried Tomato & Garlic  
Organic Polenta, Traditional

## Ethnic Foods (Cont'd)

### Organicville

Organic Island Teriyaki

### Orgran

Falafel Mix

### Tasty Bite

Agra Peas

Bombay Potatoes

Jodhpur Lentils

Kashmir Spinach

### Tasty Bite

Spinach Dal & Basmati Rice

## Facial Care Products

### Pangea Organics

Facial Cleanser, Egyptian Calendula & Blood Orange

Facial Cream, Egyptian Fennel with Rosemary & Mint

Facial Cream, Malagasy Ylang Ylang & Linden Flower

## Frozen Foods

### Amy's

Kids Baked Ziti Meal

Organic Asian Noodle Stir-Fry

Organic Baked Ziti Bowl

Organic Bistro Veggie Burger

Organic Black Bean Enchilada Whole Meal

Organic Black Bean Tamale Verde Whole Meal

Organic Black Bean Vegetable Enchilada

Organic Black Bean Vegetable Enchilada, Light in Sodium

Organic Brown Rice & Vegetables Bowl

Organic Brown Rice & Vegetables Bowl, Light in Sodium

Organic Brown Rice, Black-Eyed Peas & Veggies Bowl

Organic Cheese Enchilada

Organic Cheese Enchilada Whole Meal

Organic Cheese Tamale Verde Whole Meal

Organic Cream of Rice Hot Cereal Bowl

Organic Garden Vegetable Lasagna

## Frozen Foods (Cont'd)

### Amy's

Organic Indian Mattar Paneer

Organic Indian Mattar Paneer, Light in Sodium

Organic Indian Mattar Tofu

Organic Indian Palak Paneer

Organic Indian Paneer Tikka

Organic Indian Vegetable Korma

Organic Mexican Casserole Bowl

Organic Mexican Casserole Bowl, Light in Sodium

Organic Mexican Tamale Pie

Organic Rice Crust Cheese Pizza

Organic Rice Crust Spinach Pizza

Organic Rice Mac & Cheese

Organic Roasted Vegetable Tamale Whole Meal

Organic Santa Fe Enchilada Bowl

Organic Shepherd's Pie

Organic Shepherd's Pie, Light in Sodium

Organic Single Serve Non-Dairy Rice Crust Cheeze Pizza

Organic Teriyaki Bowl

Organic Thai Stir-Fry

Organic Tofu Scramble

Organic Tortilla Casserole & Black Beans Bowl

### French Meadow Bakery

Gluten Free Chocolate Chip Cookie Dough

Gluten Free Fudge Brownie

### Gluten Free Cafe

Asian Noodles

Lemon Basil Chicken

### Glutino

Chicken Alfredo

Pizza, Duo Cheese

Pizza, Spinach Feta

### Ian's Natural Foods

Alpha Tots

French Toast Sticks, Wheat Free Gluten Free

Ian's Chicken Nuggets, Allergen Free

Ian's Fish Sticks, Allergen Free

## Frozen Foods (Cont'd)

### Ian's Natural Foods

Kids Meal, Mac No Cheese  
Soy Cheesy French Bread Pizza, Wheat Free  
Gluten Free  
Wafflewich, Egg & Maple Cheese, Wheat Free  
Gluten Free

### It's Soy Delicious

Almond Pecan Non-Dairy Frozen Dessert  
Awesome Chocolate Non-Dairy Frozen Dessert  
Green Tea Non-Dairy Frozen Dessert  
Raspberry Non-Dairy Frozen Dessert  
Vanilla Non-Dairy Frozen Dessert

### Nature's Path

Organic Buckwheat Wildberry Waffles  
Organic Homestyle Waffles

### Organic So Delicious

Chocolate Velvet Non-Dairy Frozen Dessert  
Creamy Vanilla Non-Dairy Frozen Dessert  
Mocha Fudge Non-Dairy Frozen Dessert

### Purely Decadent

Cherry Nirvana Non-Dairy Frozen Dessert  
Chocolate Non-Dairy Frozen Coconut Milk Dessert  
Chocolate Obsession Non-Dairy Frozen Dessert  
Chocolate Peanut Butter Swirl Non-Dairy Frozen  
Coconut Milk Dessert  
Cookie Dough Non-Dairy Frozen Coconut Milk  
Dessert  
Dulce De Leche Non-Dairy Frozen Dessert  
Mint Chip Non-Dairy Frozen Coconut Milk Dessert  
Mint Chocolate Chip Non-Dairy Frozen Dessert  
Mocha Almond Fudge Non-Dairy Frozen Coconut  
Milk Dessert  
Peanut Butter Zig Zag Non-Dairy Frozen Dessert  
Purely Vanilla Non-Dairy Frozen Dessert  
Snickerdoodle Non-Dairy Frozen Dessert  
Turtle Trails Non-Dairy Frozen Dessert

## Frozen Foods (Cont'd)

### Rice Dream

Cocoa Marble Fudge Frozen Dessert, Quart  
Neapolitan Frozen Dessert, Quart  
Rice Dream, Orange Vanilla Swirl  
Rice Dream, Strawberry  
Vanilla Frozen Dessert, Pint

### So Delicious

Creamy Raspberry Bar  
Kidz Assorted Fruit Pops  
Raspberry Agave Sweetened Fruit Bar  
Strawberry Agave Sweetened Fruit Bar

### Starfish

Crispy Battered Gluten Free Cod  
Crispy Battered Gluten Free Haddock  
Crispy Battered Gluten Free Halibut

### Van's

Wheat Free Blueberry Waffles  
Wheat Free Buckwheat Waffles  
Wheat Free Flax Waffles  
Wheat Free Homestyle Pancakes  
Wheat Free Homestyle Waffles  
Wheat Free Mini Homestyle Waffles

## Grains and Rice

### Annie Chun's

Rice Express Sprouted Brown Rice  
Rice Express Sticky White Rice

### Lundberg Farms

Eco-Farmed California Brown Basmati Rice  
Eco-Farmed California White Arborio Rice  
Eco-Farmed California White Basmati Rice  
Eco-Farmed California White Jasmine Rice  
Eco-Farmed Jubilee Gourmet Blend Rice  
Eco-Farmed Wild Blend Gourmet Blend Rice  
Italian Herb Risotto  
Organic Alfredo Risotto  
Organic California Brown Basmati Rice  
Organic California Brown Jasmine Rice, 25 lb  
Organic California White Jasmine Rice  
Organic Long Grain Brown Rice  
Organic Short Grain Brown Rice

## Grains and Rice (Cont'd)

### Lundberg Farms

Organic Wild Rice

## Hand & Body Lotions

### Pangea Organics

Lotion, Chilean Red Clover with Geranium & Grapefruit

Lotion, French Chamomile with Sweet Orange & Lavender

## Hand & Body Washes

### Pangea Organics

Liquid Soap, Pyrenees Lavender with Cardamom  
Shower Gel, Italian White Sage with Geranium & Yarrow

Shower Gel, Pyrenees Lavender with Cardamom

## Jams and Nut Butters

### Arrowhead Mills

Organic Creamy Peanut Butter, 26 oz

Organic Crunchy Peanut Butter, 26 oz

### Blue Diamond

Homestyle Almond Butter, Creamy

Homestyle Almond Butter, Crunchy

### Earth Balance

Creamy Natural Almond Butter

Creamy Natural Peanut Butter

Crunchy Natural Peanut Butter

## Lip Balms

### Pangea Organics

Lip Balm, Egyptian Fennel with Grapefruit & Sweet Orange

## Meat Alternatives

### WestSoy

Extra Firm Tofu, Tidal Wave 14 oz

Extra Firm Tofu, Vacuum-Pack 12 oz

## Meat and Poultry

### Applegate Farms

Beef Hot Dogs

Chicken Apple Breakfast Sausage

Chicken Hot Dogs

Organic Beef Hot Dogs

Organic Chicken & Apple Sausage

Organic Chicken Hot Dogs

Organic Fire Roasted Red Pepper Sausage

Organic Hot Dogs

Organic Poultry Andouille Sausage

Organic Sliced Sunday Bacon

Organic Spinach & Feta Sausage

Organic Sweet Italian Sausage

Organic Turkey Hot Dogs

Sliced Organic Turkey Bacon

Sliced Turkey Bacon

Turkey Hot Dogs

## Nutritional Supplements

### Country Life

Acetyl L-Carnitine 500mg Capsules, 60 ct

Cal-Snack Milk-Free Chewables, 60 ct

DHEA 10mg Capsules, 50 ct

DHEA 25mg Capsules, 90 ct

DHEA Complex For Men, 60 ct

DHEA Complex For Women, 60 ct

Glucosamine Chondroitin Capsules, 60 ct

Glucosamine Chondroitin Capsules, 90 ct

L-Carnitine 500mg Capsules with B-6, 60 ct

L-Tyrosine 500mg Capsules with B-6, 50 ct

Max-Amino Capsules with B-6, 180 ct

Target-Mins Calcium Capsules, 90 ct

Target-Mins Calcium-Magnesium Capsules, 180 ct

Target-Mins Calcium-Magnesium Complex Tablets, 90 ct

Target-Mins Calcium-Magnesium-Potassium Tablets, 180 ct

Target-Mins Calcium-Magnesium-Veg Capsules, 240 ct

Target-Mins Magnesium Capsules, 60 ct

## Nuts, Seeds and Dried Fruits

### Bob's Red Mill

Organic Golden Flaxseeds

### Enjoy Life

Not Nuts! Mountain Mambo Trail Mix

## Pasta

### Ancient Harvest

Quinoa Supergrain Pasta, Elbows 8 oz  
Quinoa Supergrain Pasta, Garden Pagodas 8 oz  
Quinoa Supergrain Pasta, Linguine 8 oz  
Quinoa Supergrain Pasta, Shells 8 oz  
Quinoa Supergrain Pasta, Spaghetti 8 oz  
Quinoa Supergrain Pasta, Veggie Curls 8 oz

### DeBoles Foods

Multi-Grain Penne  
Multi-Grain Spaghetti  
Rice Angel Hair Pasta  
Rice Fettuccine  
Rice Lasagna  
Rice Shells & Cheddar Pasta Dinner  
Rice Spaghetti

### Lundberg Farms

Organic Brown Rice Penne Pasta  
Organic Brown Rice Spaghetti Pasta

### Namaste

Pasta Pisavera  
Taco Pasta

### Organ

Buckwheat Spirals  
Rice & Corn Penne  
Rice & Corn Spaghetti  
Rice & Millet Spirals  
Vegetable Rice Spirals

### Tinkyada

Brown Rice Elbow  
Brown Rice Fettucini  
Brown Rice Fusilli  
Brown Rice Lasagne  
Brown Rice Penne  
Brown Rice Shells  
Brown Rice Spaghetti

## Pasta (Cont'd)

### Tinkyada

Brown Rice Spirals  
Organic Brown Rice Elbow  
Organic Brown Rice Spaghetti  
Vegetable Brown Rice Spirals

## Personal Care

### Pangea Organics

Soap, Canadian Pine with White Sage  
Soap, Pyrenees Lavender with Cardamom  
Soap, Tunisian Olive Oil & Coconut -  
Hypoallergenic

### Tom's of Maine

Apricot Long Lasting Stick Deodorant  
Bay Lime Sensitive Stick Deodorant  
Calendula Long Lasting Roll-on Deodorant  
Calendula Stick Deodorant  
Cinnamint Antiplaque with Propolis & Myrrh  
Toothpaste  
Cinnamon Clove Whole Care Toothpaste  
Cucumber-Grapefruit Sensitive Stick Deodorant  
Fennel Anticavity SLS-Free Toothpaste  
Fennel Antiplaque Propolis & Myrrh Toothpaste  
Honeysuckle Rose Stick Deodorant  
Lavender Long Lasting Stick Deodorant  
Lemongrass Long Lasting Stick Deodorant  
Orange-Mango Whole Care Gel Toothpaste  
Outrageous Orange-Mango Anticavity Toothpaste  
Peppermint Anti-Plaque Tartar Control Plus  
Whitening Toothpaste  
Peppermint Anticavity SLS-Free Toothpaste  
Peppermint Anticavity Toothpaste  
Peppermint Antiplaque Tartar Control Plus  
Whitening Toothpaste  
Peppermint Baking Soda Mouthwash  
Peppermint Tartar Control Mouthwash  
Peppermint Whole Care Gel Toothpaste  
Peppermint Whole Care Toothpaste  
Silly Strawberry Anticavity Toothpaste  
Silly Strawberry Non-Fluoride Toothpaste

## Personal Care (Cont'd)

### Tom's of Maine

- Spearmint Anti-Plaque Plus Whitening Gel Toothpaste
- Spearmint Anti-Plaque Tartar Control Plus Whitening Toothpaste
- Spearmint Anticavity ADA Mouthwash
- Spearmint Anticavity Toothpaste
- Spearmint Antiplaque with Propolis & Myrrh Toothpaste
- Spearmint Cleansing Mouthwash
- Spearmint Flat Floss
- Spearmint Whole Care Gel Toothpaste
- Spearmint Whole Care Toothpaste
- Unflavored Round Floss
- Unscented Long Lasting Stick Deodorant
- Unscented Stick Deodorant
- Wintermint Anticavity Toothpaste
- Wintermint Whole Care Toothpaste
- Woodspice Stick Deodorant

## Prepared Foods

### Food Merchants

- Organic Polenta, Basil & Garlic
- Organic Polenta, Sundried Tomato & Garlic
- Organic Polenta, Traditional

## Sauces, Salsas and Dips

### Amy's

- Organic Black Bean & Corn Salsa
- Organic Medium Salsa
- Organic Mild Salsa
- Organic Spicy Chipotle Salsa

### Organicville

- Organic Island Teriyaki
- Organic Mild Salsa

## Seafood

### Starfish

- Crispy Battered Gluten Free Cod
- Crispy Battered Gluten Free Haddock
- Crispy Battered Gluten Free Halibut

## Soups

### Amy's

- Organic Black Bean Vegetable Soup
- Organic Chunky Tomato Bisque
- Organic Chunky Tomato Bisque, Light in Sodium
- Organic Chunky Vegetable Soup
- Organic Cream of Tomato Soup
- Organic Cream of Tomato Soup, Light in Sodium
- Organic Curried Lentil Soup
- Organic Fire Roasted Southwestern Vegetable Soup
- Organic Lentil Soup
- Organic Lentil Soup, Light in Sodium
- Organic Lentil Vegetable Soup
- Organic Lentil Vegetable Soup, Light in Sodium
- Organic Medium Chili
- Organic Medium Chili with Vegetables
- Organic Medium Chili, Light in Sodium
- Organic Southwestern Black Bean Chili
- Organic Spicy Chili
- Organic Spicy Chili, Light in Sodium
- Organic Split Pea Soup
- Organic Split Pea Soup, Light in Sodium
- Organic Summer Corn & Vegetable Soup
- Organic Thai Coconut Soup (Tom Kha Phak)
- Organic Tuscan Bean & Rice Soup

### Edward & Sons

- Miso-Cup, Organic Japanese Restaurant Style
- Miso-Cup, Organic Reduced Sodium
- Miso-Cup, Organic Traditional with Tofu

### Imagine Foods

- Broccoli Soup 16 oz
- Broccoli Soup 32 oz
- Butternut Squash Soup 16 oz
- Butternut Squash Soup 32 oz
- Chicken Broth 16 oz
- Corn & Lemongrass Soup 16 oz
- Creamy Tomato Soup 16 oz
- Free Range Chicken Broth 32 oz
- No Chicken Broth 32 oz
- Organic Acorn Squash & Mango Soup 32 oz
- Organic Chicken Broth, Low Sodium 32 oz

## **Soups (Cont'd)**

### **Imagine Foods**

- Organic Corn Soup, Low Sodium 32 oz
- Organic Portabello Mushroom Soup 32 oz
- Organic Potato Soup, Low Sodium 32 oz
- Organic Tomato Soup 32 oz
- Organic Tomato Soup, Low Sodium 32 oz
- Organic Vegetable Broth, Low Sodium 32 oz
- Potato Leek Soup 16 oz
- Potato Leek Soup 32 oz
- Tomato Basil Soup 32 oz
- Vegetable Broth 16 oz
- Vegetable Broth 32 oz

## **Specialty Foods**

### **WFM Gluten Free Bakehouse**

- Stuffing Cubes

## **Spices and Seasonings**

### **Edward & Sons**

- Bouillon Cubes, Garden Veggie
- Bouillon Cubes, Low Sodium Veggie
- Bouillon Cubes, Not-Chick'n

## **Sweeteners**

### **Lundberg Farms**

- Organic Brown Rice Syrup