

# Gluten Free

SPECIAL DIETS SERIES

CELEBRATING  
YOUR  
CHOICES



## Indian School Plaza Store, Rocky Mountain Region

Whole Foods Market is excited to bring you "Celebrating Your Choices," a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product. If you have any questions, you may contact us at [WFMSpecialDiets@wholefoods.com](mailto:WFMSpecialDiets@wholefoods.com).

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## Baby & Infant Food

### Stonyfield Farm

YoBaby Banana/Vanilla Yogurt  
YoBaby Blueberry/Apple Yogurt  
YoBaby Drinkable Yogurt, Banana  
YoBaby Drinkable Yogurt, Peach  
YoBaby Peach/Pear Yogurt

## Baked Goods

### Crave

Apple Frangipane Tart

### WFM Gluten Free Bakehouse

Cheddar Biscuits  
Chocolate Chip Cookies  
Chocolate Cupcakes  
Cinnamon Raisin Bread  
Cornbread  
Cream Biscuits  
Nutmeal Raisin Cookies  
Pie Shells  
Pizza Crust  
Prairie Bread  
Pumpkin Pie  
Sandwich Bread  
Vanilla Cupcakes

## Baking Needs

### 365 Everyday Value™

Gluten Free Chocolate Brownie Mix  
Gluten Free Chocolate Cake Mix  
Gluten Free Chocolate Chip Cookie Mix  
Gluten Free Muffin Mix  
Gluten Free Pizza Crust Mix  
Gluten Free Sandwich Bread Mix  
Gluten Free White Cake Mix

### Arrowhead Mills

Buckwheat Flour  
Gluten Free All Purpose Baking Mix  
Gluten Free Brownie Mix  
Gluten Free Chocolate Chip Cookie Mix  
Gluten Free Pancake & Baking Mix  
Soy Flour  
White Rice Flour  
Wild Rice Pancake & Waffle Mix  
Yellow Corn Meal

### Bob's Red Mill

Almond Flour  
Arrowroot Starch Flour  
Cornstarch  
Flaxseed Meal  
Gluten Free All Purpose Baking Flour  
Gluten Free Chocolate Cake Mix  
Gluten Free Chocolate Chip Cookie Mix  
Organic Amaranth Flour  
Organic Coconut Flour  
Organic Flaxseed Meal  
Potato Flour  
Potato Starch  
Tapioca Flour  
White Rice Flour  
Xanthan Gum

## Baking Needs (Cont'd)

### Earth Balance

Shortening

### Enjoy Life

Semi-Sweet Chocolate Chips

### Gluten Free Pantry

Favorite Sandwich Bread Mix

### Hain

Baking Powder

### Let's Do... Organic

Organic Coconut Flakes

Organic Shredded Coconut

### Namaste

Brownie Mix

Sugar-Free Muffin Mix

### Pamela's Products

Baking & Pancake Mix, 4 lb

Chocolate Brownie Mix

Chocolate Cake Mix

Classic Vanilla Cake Mix

Gluten-Free Bread Mix

### WFM Gluten Free Bakehouse

Pie Shells

## Beverages

### Celestial Seasonings

Authentic Green Tea, 20 Ct

Authentic Green Tea, 40 Ct

Bengal Spice Tea, 20 Ct

Black Cherry Berry Tea

Blueberry Breeze Green Tea, 20 Ct

Chamomile Tea, 20 Ct

Country Peach Passion

Cranberry Apple Zinger Tea, 20 Ct

Decaf Green Tea, 20 Ct

Decaf Mandarin Orchard Green Tea, 20 Ct

Goji Berry Pomegranate Green Tea, 20 Ct

Honey Vanilla Chamomile Tea, 20 Ct

Lemon Zinger Tea, 20 Ct

Mint Magic Tea, 20 Ct

Peppermint Tea, 20 Ct

Peppermint Tea, 40 Ct

## Beverages (Cont'd)

### Celestial Seasonings

Red Zinger Tea, 20 Ct

Sleepytime Extra Tea, 20 Ct

Sleepytime Tea, 20 Ct

Sleepytime Tea, 40 Ct

Sleepytime Throat Tamer Tea, 20 Ct

Tangerine Orange Zinger Tea, 20 Ct

Tension Tamer Tea, 20 Ct

### Rice Dream

Horchata

Rice Nog

### So Delicious

Original (Plain) Coconut Milk Beverage

Unsweetened Coconut Milk Beverage

Vanilla Coconut Milk Beverage

## Bread

### Food For Life

Brown Rice Bread, Wheat & Gluten Free

Millet Bread, Wheat & Gluten Free

Raisin Pecan Bread, Wheat & Gluten Free

Rice Pecan Bread, Wheat & Gluten Free

Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

### WFM Gluten Free Bakehouse

Cheddar Biscuits

Cinnamon Raisin Bread

Cornbread

Cream Biscuits

Hamburger Buns

Prairie Bread

Sandwich Bread

## Candy and Chocolate

### Endangered Species Chocolate

Bite Size Dark Chocolate with Cranberries & Almonds

Bite Size Dark Chocolate with Deep Forest Mint

Bite Size Extreme Dark Chocolate

Bite Size Smooth Milk Chocolate

Bite Size Supreme Dark Chocolate

## Candy and Chocolate (Cont'd)

### Endangered Species Chocolate

- Dark Chocolate with Blueberries - Sea Turtle
- Dark Chocolate with Deep Forest Mint
- Dark Chocolate with Espresso Beans - Tiger
- Dark Chocolate with Hazelnut Toffee - Rhino
- Dark Chocolate with Raspberries - Grizzly Bear
- Extreme Dark Chocolate - Panther
- Organic Health Dark Chocolate with Cacao Nibs, Yacon & Acai
- Organic Health Dark Chocolate with Goji Berry, Pecans & Maca
- Organic Health Dark Chocolate with Goldenberry & Lucuma
- Smooth Milk Chocolate - Sea Otter
- Smooth Organic Dark Chocolate - Butterfly
- Smooth Organic Dark Chocolate - Butterfly
- Smooth Organic Dark Chocolate with Cherry - Koala
- Smooth Organic Milk Chocolate - Lion

### Enjoy Life

- Boom Choco Boom Dairy-Free Rice Milk w/ Crispy Rice Chocolate Bar

### Glee Gum

- Glee Peppermint Gum
- Glee Tangerine Gum

### Scharffen Berger

- Extra Dark Chocolate Bar, 82% Cacao

## Canned Goods

### Amy's

- Organic Refried Beans with Green Chiles
- Organic Refried Black Beans
- Organic Traditional Refried Beans

### Native Forest

- Artichoke Hearts, Quartered
- Organic Hearts of Palm
- Organic Pineapple Chunks

## Cereal

### Amy's

- Organic Cream of Rice Hot Cereal Bowl

### Ancient Harvest

- Organic Quinoa Flakes 12 oz

### Arrowhead Mills

- Maple Buckwheat Organic Flakes
- Organic Rice & Shine Hot Cereal
- Sweetened Organic Rice Flakes

### Barbara's Bakery

- Honey Rice Puffins Cereal

### Bob's Red Mill

- Brown Rice Farina Creamy Rice Hot Cereal
- Gluten Free Mighty Tasty Hot Cereal
- Organic Creamy Buckwheat Hot Cereal

### Enjoy Life

- Cranapple Crunch Granola
- Very Berry Crunch Granola

### EnviroKidz

- Gorilla Munch Organic Cereal
- Koala Crisp Organic Cereal
- Peanut Butter Panda Puffs Organic Cereal

### Nature's Path

- Organic Fruit Juice Sweetened Corn Flakes
- Organic Honey'd Cornflakes
- Organic Mesa Sunrise Cereal

## Cheese

### Follow Your Heart

- Vegan Gourmet Cheddar
- Vegan Gourmet Monterey Jack
- Vegan Gourmet Mozzarella Cheese

## Chips, Pretzels and Snacks

### Arico

- Cassava Chips, Barbecue Bliss
- Cassava Chips, Ginger on Fire

### Food Should Taste Good

- Buffalo Tortilla Chips 6 oz
- The Works! Tortilla Chips 6 oz

## **Chips, Pretzels and Snacks (Cont'd)**

### **Food Should Taste Good**

Jalapeno Tortilla Chips 6 oz

### **Glutino**

Pretzel Sticks, Family Bag

Pretzels, Family Bag

### **Kettle Brand®**

Krinkle Cut Potato Chips, Lightly Salted 14 oz

Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 14 oz

Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 2 oz

Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 9 oz

Potato Chips, Honey Dijon 2 oz

Potato Chips, Honey Dijon 5 oz

Potato Chips, Lightly Salted 14 oz

Potato Chips, Lightly Salted 2 oz

Potato Chips, Lightly Salted 5 oz

Potato Chips, New York Cheddar w/ Herbs 2 oz

Potato Chips, New York Cheddar w/ Herbs 5 oz

Potato Chips, Organic Chipotle Chili BBQ 5 oz

Potato Chips, Organic Lightly Salted 5 oz

Potato Chips, Sea Salt & Vinegar 2 oz

Potato Chips, Sea Salt & Vinegar 5 oz

Potato Chips, Unsalted 5 oz

Potato Chips, Yogurt & Green Onion 5 oz

### **Kettle Brand®**

Baked Potato Chips, Hickory Honey BBQ 4 oz

Baked Potato Chips, Lightly Salted 4 oz

Baked Potato Chips, Salt & Fresh Ground Pepper 4 oz

Baked Potato Chips, Sea Salt & Vinegar 4 oz

Krinkle Cut Potato Chips, Buffalo Bleu 2 oz

Krinkle Cut Potato Chips, Buffalo Bleu 5 oz

Krinkle Cut Potato Chips, Classic BBQ 14 oz

## **Chips, Pretzels and Snacks (Cont'd)**

### **Kettle Brand®**

Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 5 oz

Potato Chips, Backyard Barbeque 5 oz

Potato Chips, Death Valley Chipotle 5 oz

Potato Chips, Jalapeno 2 oz

Potato Chips, Jalapeno 5 oz

Potato Chips, Organic Sea Salt & Black Pepper 5 oz

Potato Chips, Sour Cream, Onion & Chive 5 oz

Potato Chips, Spicy Thai 5 oz

Potato Chips, Sweet Onion 2 oz

Potato Chips, Sweet Onion 5 oz

Potato Chips, Tuscan Three Cheese 5 oz

### **Lundberg Farms**

Apple Cinnamon Rice Cakes

Brown Rice Cakes

Fiesta Lime Rice Chips

Honey Nut Rice Cakes

Organic Brown Rice Cakes

Organic Sea Salt Rice Chips

Organic Unsalted Brown Rice Cakes

Organic Wild Rice Cakes

Pico de Gallo Rice Chips

Sante Fe BBQ Rice Chips

Sesame Seaweed Rice Chips

Unsalted Brown Rice Cakes

### **Mary's Gone Crackers**

Sticks & Twigs, Tomato Chipotle

### **Mr. Krispers**

Baked Rice Krisps, Sea Salt & Pepper

Baked Rice Krisps, Sour Cream & Onion

Multi-Seed Chips, Original 4 Seed

## **Condiments**

### **Follow Your Heart**

Vegenaise, High Omega-3 w/ Expeller-Pressed Canola Oil

Vegenaise, Original

### **Organicville**

Organic Dressing, Miso Ginger Vinaigrette

Organic Dressing, Non Dairy Ranch

## Condiments (Cont'd)

### Organicville

Organic Dressing, Pomegranate Vinaigrette  
Organic Dressing, Sesame Tamari Vinaigrette  
Organic Ketchup

### Spectrum

Canola Mayonnaise 16 oz  
Light Canola Eggless Mayonnaise 32 oz  
Light Canola Eggless Mayonnaise, Squeeze Bottle  
Organic Omega-3 Mayonnaise with Flax 16 oz  
Organic Roasted Garlic Mayonnaise 12 oz  
Organic Soy Mayonnaise 16 oz  
Organic Soy Mayonnaise, Squeeze Bottle

## Cookies and Snack Bars

### Enjoy Life

Cocoa Loco Snack Bars  
Soft Baked Chewy Chocolate Chip Cookies  
Soft Baked Double Chocolate Brownie Cookies  
Soft Baked Gingerbread Spice Cookie  
Soft Baked Snickerdoodle Cookies  
Very Berry Snack Bars

### EnviroKidz

Cheetah Organic Crispy Rice Bars, Berry  
Koala Organic Crispy Rice Bars, Chocolate  
Lemur Organic Crispy Rice Bars, Peanut Choco  
Drizzle  
Panda Organic Crispy Rice Bars, Peanut Butter  
Penguin Organic Crispy Rice Bars, Fruity Burst

### Glutino

Breakfast Bars, Apple  
Breakfast Bars, Blueberry  
Chocolate Coated Wafers  
Lemon Wafers  
Vanilla Wafers

### Ian's Natural Foods

Chocolate Chip Cookie Buttons, Wheat Free Gluten  
Free

## Cookies and Snack Bars (Cont'd)

### Jennie's

Coconut Macaroons

### Kinnikinnick

KinniTOOS Chocolate Sandwich Creme Cookies  
KinniTOOS Vanilla Sandwich Creme Cookies  
Montana's Chocolate Chip Cookies

### Pamela's Products

Butter Shortbread Cookies  
Chocolate Chip Walnut Cookies  
Chunky Chocolate Chip Cookies  
Ginger Cookies with Sliced Almonds  
Lemon Shortbread Cookies  
Organic Dark Chocolate Chunk Cookies  
Organic Espresso Chocolate Chunk Cookies  
Organic Peanut Butter Chocolate Chip Cookies  
Peanut Butter Cookies  
Pecan Shortbread Cookies  
Shortbread Swirl Cookies  
Simplebites Extreme Chocolate Mini Cookies  
Simplebites Ginger Mini Snapz

### WFM Gluten Free Bakehouse

Chocolate Chip Cookies  
Nutmeal Raisin Cookies

## Crackers

### Blue Diamond

Almond Nut-Thins  
Cheddar Cheese Nut-Thins  
Country Ranch Nut-Thins  
Hazelnut Nut-Thins  
Pecan Nut-Thins  
Smokehouse Almond Nut-Thins

### Edward & Sons

Brown Rice Snaps, Tamari Seaweed  
Brown Rice Snaps, Tamari Sesame  
Brown Rice Snaps, Unsalted Sesame  
Exotic Rice Toast, Purple Rice & Black Sesame  
Organic Brown Rice Snaps, Cheddar  
Organic Brown Rice Snaps, Toasted Onion  
Organic Brown Rice Snaps, Unsalted Plain

## Crackers (Cont'd)

### Edward & Sons

Organic Brown Rice Snaps, Vegetable

### Glutino

Crackers, Cheddar  
Crackers, Multigrain  
Crackers, Original  
Crackers, Vegetable

### Mary's Gone Crackers

Crackers, Black Pepper  
Crackers, Caraway  
Crackers, Herb  
Crackers, Onion  
Crackers, Original

## Dairy

### Brown Cow

Apricot-Mango Whole Milk Yogurt, 6 oz  
Blueberry Whole Milk Yogurt, 6 oz  
Cherry-Vanilla Whole Milk Yogurt, 6 oz  
Chocolate Whole Milk Yogurt, 6 oz  
Coffee Whole Milk Yogurt, 6 oz  
Low Fat Black Cherry Yogurt, 6 oz  
Low Fat Blueberry Yogurt, 6 oz  
Low Fat Boysenberry Yogurt, 6 oz  
Low Fat Lemon Twist Yogurt, 6 oz  
Low Fat Peach Yogurt, 6 oz  
Low Fat Strawberry Yogurt, 6 oz  
Low Fat Vanilla Bean Yogurt, 6 oz  
Low Fat Vanilla Yogurt, 32 oz  
Maple Whole Milk Yogurt, 32 oz  
Maple Whole Milk Yogurt, 6 oz  
Non Fat Blueberry Yogurt, 6 oz  
Non Fat Lemon Yogurt, 32 oz  
Non Fat Plain Yogurt, 32 oz  
Non Fat Vanilla Yogurt, 6 oz  
Peach Whole Milk Yogurt, 6 oz  
Plain Whole Milk Yogurt, 32 oz  
Plain Whole Milk Yogurt, 6 oz  
Raspberry Whole Milk Yogurt, 6 oz  
Strawberry Whole Milk Yogurt, 6 oz  
Vanilla Whole Milk Yogurt, 32 oz  
Vanilla Whole Milk Yogurt, 6 oz

## Dairy (Cont'd)

### Earth Balance

Buttery Sticks  
Organic Whipped Buttery Spread  
Original Buttery Spread  
Soy Free Buttery Spread  
Soy Garden Buttery Spread

### Stonyfield Farm

Fat Free French Vanilla Probiotic Multi-Pack  
Fat Free Strawberry Probiotic Multi-Pack  
Organic Banana Berry Yogurt Smoothie, 10 oz  
Organic Cream Top Chocolate Underground, 6 oz  
Organic Cream Top French Vanilla Yogurt, 32 oz  
Organic Cream Top French Vanilla, 6 oz  
Organic Cream Top Plain Yogurt, 32 oz  
Organic Cream Top Strawberries & Cream Yogurt, 6 oz  
Organic Fat Free Black Cherry Yogurt, Fruit on the Bottom, 6 oz  
Organic Fat Free Blueberry Yogurt, Fruit on the Bottom, 6 oz  
Organic Fat Free Chocolate Underground Yogurt, 6 oz  
Organic Fat Free French Vanilla Yogurt, 6 oz  
Organic Fat Free Key Lime Yogurt, 6 oz  
Organic Fat Free Lotsa Lemon Yogurt, 6 oz  
Organic Fat Free Peach Yogurt, 6 oz  
Organic Fat Free Plain Yogurt, 32 oz  
Organic Fat Free Plain Yogurt, 6 oz  
Organic Fat Free Strawberry Yogurt, Fruit on the Bottom, 6 oz  
Organic Low Fat Blueberry Yogurt, 32 oz  
Organic Low Fat Blueberry Yogurt, 6 oz  
Organic Low Fat Cherry Vanilla Yogurt, 6 oz  
Organic Low Fat Just Peachy Yogurt, Fruit on the Bottom, 6 oz  
Organic Low Fat Plain Yogurt, 32 oz  
Organic Low Fat Plain Yogurt, 6 oz

## Dairy (Cont'd)

### Stonyfield Farm

Organic Low Fat Strawberry Pomegranate Yogurt, 6 oz  
Organic Low Fat Strawberry Yogurt, 32 oz  
Organic Low Fat Vanilla Yogurt  
Organic Low Fat Vanilla, 32 oz  
Organic O'Soy Strawberry/Peach Yogurt, 6-pack  
Organic Peach Yogurt Smoothie, 10 oz  
Organic Raspberry Yogurt Smoothie, 10 oz  
Organic Strawberry Yogurt Smoothie, 10 oz  
Organic Strawberry Yogurt Smoothies, 4 pack  
Organic Vanilla Yogurt Smoothie, 10 oz  
Organic Wild Berry Yogurt Smoothie, 10 oz  
Organic Wild Berry Yogurt Smoothies, 4 pack  
YoBaby Banana/Vanilla Yogurt  
YoBaby Blueberry/Apple Yogurt  
YoBaby Drinkable Yogurt, Banana  
YoBaby Drinkable Yogurt, Peach  
YoBaby Peach/Pear Yogurt  
YoKids Squeezers Cherry/Berry Blitz  
YoKids Squeezers Screamin' Strawberry  
YoKids Strawberry BaNilla Blast Yogurt  
YoKids Strawberry Vanilla Raspberry Yogurt

## Dairy Alternatives

### 365 Everyday Value™

Organic Ricemilk - Original  
Organic Ricemilk - Unsweetened  
Organic Ricemilk - Vanilla  
Organic Soymilk - Chocolate, 32 oz  
Organic Soymilk - Chocolate, 64 oz  
Organic Soymilk - Original, 32 oz  
Organic Soymilk - Original, 64 oz  
Organic Soymilk - Unsweetened, 32 oz  
Organic Soymilk - Unsweetened, 64 oz  
Organic Soymilk - Vanilla, 32 oz  
Organic Soymilk - Vanilla, 64 oz

### Almond Dream

Almond Drink, Unsweetened Original 64 oz

## Dairy Alternatives (Cont'd)

### Blue Diamond

Almond Breeze, Chocolate  
Almond Breeze, Chocolate Unsweetened  
Almond Breeze, Original  
Almond Breeze, Unsweetened Vanilla  
Almond Breeze, Vanilla  
Almond Breeze, Vanilla Unsweetened

### Follow Your Heart

Vegan Gourmet Cheddar  
Vegan Gourmet Monterey Jack  
Vegan Gourmet Mozzarella Cheese

### Rice Dream

Enriched Rice Milk Beverage, Chocolate 32 oz  
Enriched Rice Milk Beverage, Original 8 oz  
Enriched Rice Milk Beverage, Vanilla 32 oz  
Organic Enriched Rice Milk Beverage, Original 32 oz  
Refrigerated Ricemilk, Original 64 oz  
Refrigerated Ricemilk, Vanilla 64 oz  
Rice Milk Beverage, Carob 32 oz  
Rice Milk Beverage, Original 32 oz  
Rice Milk Beverage, Vanilla 32 oz

### So Delicious

Blueberry Agave Sweetened Soy Yogurt  
Blueberry Cultured Coconut Milk Yogurt  
Chocolate Cultured Coconut Milk Yogurt  
French Vanilla Coconut Milk Creamer  
Hazelnut Coconut Milk Creamer  
Original (Plain) Coconut Milk Beverage  
Original (Plain) Coconut Milk Creamer  
Original (Plain) Coconut Milk Kefir  
Passionate Mango Cultured Coconut Milk Yogurt  
Pina Colada Cultured Coconut Milk Yogurt  
Plain Agave Sweetened Soy Yogurt  
Plain Cultured Coconut Milk Yogurt  
Raspberry Cultured Coconut Milk Yogurt  
Strawberry Banna Cultured Coconut Milk Yogurt  
Strawberry Coconut Milk Kefir  
Strawberry Cultured Coconut Milk Yogurt  
Unsweetened Coconut Milk Beverage

## Dairy Alternatives (Cont'd)

### So Delicious

Vanilla Agave Sweetened Soy Yogurt  
Vanilla Coconut Milk Beverage  
Vanilla Coconut Milk Kefir  
Vanilla Cultured Coconut Milk Yogurt

### WestSoy

Plus Soy Beverage, Plain 32 oz  
Plus Soy Beverage, Vanilla 32 oz  
Soy Beverage, Unsweetened Chocolate 32 oz

## Deli Style Meats and Cheeses

### Applegate Farms

Organic Sliced Oven Roasted Chicken  
Sliced Authentic Prosciutto  
Sliced Black Forest Ham  
Sliced Genoa Salami  
Sliced Honey Ham  
Sliced Honey Maple Turkey  
Sliced Organic Herb Turkey  
Sliced Organic Oven Roasted Turkey  
Sliced Organic Roast Beef  
Sliced Organic Smoked Turkey  
Sliced Organic Uncured Ham  
Sliced Oven Roasted Sliced Turkey  
Sliced Pepperoni  
Sliced Slow Cooked Ham  
Sliced Smoked Turkey

## Desserts

### Crave

Apple Frangipane Tart

### French Meadow Bakery

Gluten Free Fudge Brownie

### WFM Gluten Free Bakehouse

Chocolate Cupcakes  
Pumpkin Pie  
Vanilla Cupcakes

## Energy and Nutrition Bars/Drinks

### Boomi Bar

Healthy Hazel

### Bumble Bar

Chocolate Crisp  
Original with Almond  
Original with Mixed Nuts  
Original with Peanut

## Entrees and Mixes

### 365 Everyday Value™

Gluten Free Chocolate Brownie Mix  
Gluten Free Chocolate Cake Mix  
Gluten Free Chocolate Chip Cookie Mix  
Gluten Free Muffin Mix  
Gluten Free Pizza Crust Mix  
Gluten Free Sandwich Bread Mix  
Gluten Free White Cake Mix

### Arrowhead Mills

Gluten Free All Purpose Baking Mix  
Gluten Free Brownie Mix  
Gluten Free Chocolate Chip Cookie Mix

### Bob's Red Mill

Gluten Free Chocolate Cake Mix  
Gluten Free Chocolate Chip Cookie Mix

### Edward & Sons

Organic Roasted Garlic Mashed Potato Mix

### Lundberg Farms

Butternut Squash Risotto  
Cheddar Broccoli Risotto  
Garlic Primavera Risotto  
Italian Herb Risotto  
Organic Alfredo Risotto  
Organic Tuscan Risotto

### Mrs. Leeper's

Beef Stroganoff Dinner

### Namaste

Brownie Mix  
Sugar-Free Muffin Mix

### Organ

Buckwheat Pancake Mix

## Entrees and Mixes (Cont'd)

### Road's End Organics

- Dairy Free Alfredo Style Mac & Chreese
- Dairy Free Cheddar Style Penne & Chreese

### Tasty Bite

- Bombay Potatoes
- Jaipur Vegetables
- Jodhpur Lentils
- Punjab Eggplant

## Ethnic Foods

### Amy's

- Organic Asian Noodle Stir-Fry
- Organic Black Bean Enchilada Whole Meal
- Organic Black Bean Tamale Verde Whole Meal
- Organic Black Bean Vegetable Enchilada
- Organic Black Bean Vegetable Enchilada, Light in Sodium
- Organic Cheese Enchilada
- Organic Cheese Enchilada Whole Meal
- Organic Cheese Tamale Verde Whole Meal
- Organic Indian Mattar Paneer
- Organic Indian Mattar Paneer, Light in Sodium
- Organic Indian Mattar Tofu
- Organic Indian Palak Paneer
- Organic Indian Paneer Tikka
- Organic Indian Vegetable Korma
- Organic Mexican Casserole Bowl
- Organic Mexican Casserole Bowl, Light in Sodium
- Organic Mexican Tamale Pie
- Organic Mexican Tofu Scramble
- Organic Santa Fe Enchilada Bowl
- Organic Teriyaki Bowl
- Organic Thai Stir-Fry
- Organic Tortilla Casserole & Black Beans Bowl

### Annie Chun's

- Maifun Rice Noodles

### Edward & Sons

- Brown Rice Snaps, Tamari Seaweed
- Brown Rice Snaps, Tamari Sesame

## Ethnic Foods (Cont'd)

### Edward & Sons

- Miso-Cup, Organic Japanese Restaurant Style
- Miso-Cup, Organic Traditional with Tofu

### Food For Life

- Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

### Food Merchants

- Organic Polenta, Basil & Garlic
- Organic Polenta, Sundried Tomato & Garlic
- Organic Polenta, Traditional

### Native Forest

- Light Coconut Milk

### Organicville

- Organic Sesame Teriyaki

### Premier Japan

- Organic Wheat-Free Hoisin Sauce
- Organic Wheat-Free Teriyaki Sauce

### Tasty Bite

- Bombay Potatoes
- Jaipur Vegetables
- Jodhpur Lentils
- Punjab Eggplant

## Facial Care Products

### Pangea Organics

- Facial Cream, Egyptian Fennel with Rosemary & Mint
- Facial Cream, Malagasy Ylang Ylang & Linden Flower
- Scrub, Egyptian Geranium with Adzuki Bean & Cranberry

## Frozen Foods

### Amy's

- Kids Baked Ziti Meal
- Organic Asian Noodle Stir-Fry
- Organic Baked Ziti Bowl
- Organic Bistro Veggie Burger
- Organic Black Bean Enchilada Whole Meal
- Organic Black Bean Tamale Verde Whole Meal

## Frozen Foods (Cont'd)

### Amy's

Organic Black Bean Vegetable Enchilada  
Organic Black Bean Vegetable Enchilada, Light in Sodium  
Organic Brown Rice & Vegetables Bowl, Light in Sodium  
Organic Brown Rice, Black-Eyed Peas & Veggies Bowl  
Organic Cheese Enchilada  
Organic Cheese Enchilada Whole Meal  
Organic Cheese Tamale Verde Whole Meal  
Organic Cream of Rice Hot Cereal Bowl  
Organic Garden Vegetable Lasagna  
Organic Indian Mattar Paneer  
Organic Indian Mattar Paneer, Light in Sodium  
Organic Indian Mattar Tofu  
Organic Indian Palak Paneer  
Organic Indian Paneer Tikka  
Organic Indian Vegetable Korma  
Organic Mexican Casserole Bowl  
Organic Mexican Casserole Bowl, Light in Sodium  
Organic Mexican Tamale Pie  
Organic Mexican Tofu Scramble  
Organic Rice Crust Cheese Pizza  
Organic Rice Crust Spinach Pizza  
Organic Rice Mac & Cheese  
Organic Santa Fe Enchilada Bowl  
Organic Shepherd's Pie  
Organic Shepherd's Pie, Light in Sodium  
Organic Single Serve Non-Dairy Rice Crust Cheeze Pizza  
Organic Teriyaki Bowl  
Organic Thai Stir-Fry  
Organic Tofu Scramble  
Organic Tortilla Casserole & Black Beans Bowl

### French Meadow Bakery

Gluten Free Chocolate Chip Cookie Dough  
Gluten Free Fudge Brownie

## Frozen Foods (Cont'd)

### Gluten Free Cafe

Asian Noodles  
Fettuccini Alfredo  
Lemon Basil Chicken  
Pasta Primavera

### Glutino

Pizza, Duo Cheese  
Pizza, Spinach Feta

### Ian's Natural Foods

Alpha Tots  
Ian's Chicken Nuggets, Allergen Free  
Ian's Fish Sticks, Allergen Free  
Soy Cheesy French Bread Pizza, Wheat Free  
Gluten Free  
Wafflewich, Egg & Maple Cheese, Wheat Free  
Gluten Free  
Wafflewich, Egg & Maple Sausage, Wheat Free  
Gluten Free

### It's Soy Delicious

Awesome Chocolate Non-Dairy Frozen Dessert  
Chocolate Almond Non-Dairy Frozen Dessert  
Chocolate Peanut Butter Non-Dairy Frozen Dessert  
Vanilla Non-Dairy Frozen Dessert

### Julie's Organic Ice Cream

Glutenfreeda's Organic Gluten Free Vanilla Ice Cream Sandwich

### Kettle Cuisine

Roasted Vegetable Soup  
Tomato Soup with Garden Vegetables

### Nature's Path

Organic Buckwheat Wildberry Waffles

### Organic So Delicious

Chocolate Velvet Non-Dairy Frozen Dessert  
Creamy Vanilla Non-Dairy Frozen Dessert  
Neopolitan Non-Dairy Frozen Dessert  
Non-Dairy Creamy Vanilla Bar  
Strawberry Non-Dairy Frozen Dessert

### Purely Decadent

Cherry Nirvana Non-Dairy Frozen Dessert

## Frozen Foods (Cont'd)

### Purely Decadent

Chocolate Non-Dairy Frozen Coconut Milk Dessert  
Chocolate Obsession Non-Dairy Frozen Dessert  
Chocolate Peanut Butter Swirl Non-Dairy Frozen Coconut Milk Dessert  
Cookie Dough Non-Dairy Frozen Coconut Milk Dessert  
Dulce De Leche Non-Dairy Frozen Dessert  
Mint Chip Non-Dairy Frozen Coconut Milk Dessert  
Mocha Almond Fudge Non-Dairy Frozen Coconut Milk Dessert  
Praline Pecan Non-Dairy Frozen Dessert  
Purely Vanilla Non-Dairy Frozen Dessert  
Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert

### Rice Dream

Cocoa Marble Fudge Frozen Dessert, Quart  
Rice Dream, Orange Vanilla Swirl  
Vanilla Frozen Dessert, Pint  
Vanilla Frozen Dessert, Quart

### So Delicious

Kidz Assorted Fruit Pops  
Orange Passion Fruit Agave Sweetened Fruit Bar  
Raspberry Agave Sweetened Fruit Bar  
Strawberry Agave Sweetened Fruit Bar  
Vanilla Bar, Made with Coconut Milk

### Van's

Wheat Free Blueberry Waffles  
Wheat Free Buckwheat Waffles  
Wheat Free Flax Waffles  
Wheat Free Mini Homestyle Waffles

## Grains and Rice

### Ancient Harvest

Inca Red Organic Quinoa 12 oz

### Annie Chun's

Rice Express Sprouted Brown Rice

## Grains and Rice (Cont'd)

### Lundberg Farms

Butternut Squash Risotto  
Cheddar Broccoli Risotto  
Eco-Farmed California Brown Basmati Rice  
Eco-Farmed California White Basmati Rice  
Eco-Farmed Wild Blend Gourmet Blend Rice  
Italian Herb Risotto  
Organic Alfredo Risotto  
Organic California Brown Basmati Rice  
Organic California White Basmati Rice  
Organic California White Jasmine Rice  
Organic Long Grain Brown Rice  
Organic Short Grain Brown Rice  
Organic White Long Grain Rice  
Organic Wild Rice

## Hand & Body Lotions

### Pangea Organics

Lotion, French Chamomile with Sweet Orange & Lavender  
Lotion, Pyrenees Lavender with Cardamom

## Hand & Body Washes

### Pangea Organics

Shower Gel, Canadian Pine White Sage  
Shower Gel, Italian White Sage with Geranium & Yarrow  
Shower Gel, Malagasy Ylang Ylang & Linden Flower

## Jams and Nut Butters

### Arrowhead Mills

Creamy Peanut Butter, 26 oz  
Crunchy Peanut Butter, 26 oz  
Organic Creamy Peanut Butter, 16 oz  
Organic Crunchy Peanut Butter, 16 oz

### Blue Diamond

Homestyle Almond Butter, Crunchy

### Earth Balance

Creamy Natural Almond Butter  
Creamy Natural Peanut Butter  
Crunchy Natural Peanut Butter

## Lip Balms

### Pangea Organics

Lip Balm, Pyrenees Lavender with Cardamom

## Meat Alternatives

### WestSoy

Soft Tofu, Water-Pack 14 oz

## Meat and Poultry

### Applegate Farms

Beef Hot Dogs  
Chicken Apple Breakfast Sausage  
Chicken Hot Dogs  
Organic Beef Hot Dogs  
Organic Hot Dogs  
Organic Sliced Sunday Bacon  
Turkey Hot Dogs

## Nutritional Supplements

### Country Life

Active Lipoic Acid, 60 ct  
Cal-Snack Milk-Free Chewables, 120 ct  
DHEA 10mg Capsules, 50 ct  
DHEA 25mg Capsules, 30 ct  
DHEA Complex For Men, 60 ct  
DMAE 350mg Capsules, 50 ct  
L-Arginine 500mg Capsules with B-6, 100 ct  
L-Carnitine 500mg Capsules with B-6, 60 ct  
L-Glutamine 1000mg Capsules with B-6, 100 ct  
L-Lysine 500mg Capsules with B-6, 100 ct  
L-Lysine 500mg Capsules with B-6, 50 ct  
L-Tyrosine 500mg Capsules with B-6, 100 ct  
Lipoic Acid 100mg Capsules, 50 ct  
Max-Amino Capsules with B-6, 180 ct  
Melatonin 3mg Tablets, 90 ct  
NAC N-Acetyl Cysteine 750mg Capsules, 30 ct  
Neuro-PS Phosphatidylserine, 30 ct  
Pregnenolone 10mg Capsules, 60 ct  
Target-Mins Calcium Capsules, 90 ct  
Target-Mins Calcium-Magnesium Complex Tablets, 180 ct  
Target-Mins Calcium-Magnesium-Potassium Tablets, 180 ct

## Nutritional Supplements (Cont'd)

### Country Life

Target-Mins Calcium-Magnesium-Potassium Tablets, 90 ct  
Target-Mins Calcium-Magnesium-Veg Capsules, 120 ct  
Target-Mins Calcium-Magnesium-Veg Capsules, 240 ct

## Pasta

### Ancient Harvest

Quinoa Supergrain Pasta, Elbows 8 oz  
Quinoa Supergrain Pasta, Garden Pagodas 8 oz  
Quinoa Supergrain Pasta, Rotelle 8 oz  
Quinoa Supergrain Pasta, Shells 8 oz  
Quinoa Supergrain Pasta, Spaghetti 8 oz

### Bionaturae

Organic Gluten Free Elbows Pasta  
Organic Gluten Free Penne Rigate

### DeBoles Foods

Multi-Grain Penne  
Multi-Grain Spaghetti  
Rice Fettuccine  
Rice Lasagna  
Rice Spaghetti  
Rice Spirals

### Mrs. Leeper's

Corn Spaghetti

### Orgran

Buckwheat Spirals  
Rice & Corn Spaghetti  
Vegetable Rice Spirals

### Tinkyada

Brown Rice Elbow  
Brown Rice Fettucini  
Brown Rice Fusilli  
Brown Rice Little Dreams  
Brown Rice Shells  
Brown Rice Spaghetti  
Organic Brown Rice Elbow  
Organic Brown Rice Penne  
Organic Brown Rice Spaghetti  
Organic Brown Rice Spirals

## Pasta (Cont'd)

### Tinkyada

Vegetable Brown Rice Spirals

## Pasta Sauce

### Amy's

Organic Family Marinara Pasta Sauce

Organic Tomato Basil Pasta Sauce

## Personal Care

### Tom's of Maine

Apricot Long Lasting Stick Deodorant  
Bay Lime Sensitive Stick Deodorant  
Calendula Stick Deodorant  
Cinnamint Antiplaque with Propolis & Myrrh Toothpaste  
Cinnamon Clove Whole Care Toothpaste  
Cucumber-Grapefruit Sensitive Stick Deodorant  
Fennel Anticavity SLS-Free Toothpaste  
Fennel Antiplaque Tartar Control Plus Whitening Toothpaste  
Honeysuckle Rose Stick Deodorant  
Lavender Long Lasting Roll-on Deodorant  
Lavender Long Lasting Stick Deodorant  
Lemongrass Long Lasting Stick Deodorant  
Orange-Mango Whole Care Gel Toothpaste  
Outrageous Orange-Mango Anticavity Toothpaste  
Peppermint Anti-Plaque Tartar Control Plus Whitening Toothpaste  
Peppermint Anticavity SLS-Free Toothpaste  
Peppermint Anticavity Toothpaste  
Peppermint Baking Soda Mouthwash  
Peppermint Tartar Control Mouthwash  
Peppermint Whole Care Gel Toothpaste  
Peppermint Whole Care Toothpaste  
Silly Strawberry Anticavity Toothpaste  
Silly Strawberry Non-Fluoride Toothpaste  
Spearmint Anti-Plaque Plus Whitening Gel Toothpaste  
Spearmint Anticavity ADA Mouthwash  
Spearmint Antiplaque with Propolis & Myrrh Toothpaste

## Personal Care (Cont'd)

### Tom's of Maine

Spearmint Flat Floss  
Spearmint Whole Care Gel Toothpaste  
Spearmint Whole Care Toothpaste  
Unscented Long Lasting Stick Deodorant  
Unscented Stick Deodorant  
Wintermint Anticavity Toothpaste  
Wintermint Sensitive Toothpaste  
Wintermint Whole Care Toothpaste  
Woodspice Stick Deodorant

## Prepared Foods

### Food Merchants

Organic Polenta, Basil & Garlic  
Organic Polenta, Sundried Tomato & Garlic  
Organic Polenta, Traditional

## Sauces, Salsas and Dips

### Amy's

Organic Black Bean & Corn Salsa  
Organic Spicy Chipotle Salsa

### Organicville

Organic Sesame Teriyaki

### Premier Japan

Organic Wheat-Free Hoisin Sauce  
Organic Wheat-Free Teriyaki Sauce

### Road's End Organics

Non-Dairy Nacho Chreese Dip, Spicy

## Soups

### Amy's

Organic Black Bean Chili  
Organic Black Bean Vegetable Soup  
Organic Chunky Tomato Bisque  
Organic Chunky Tomato Bisque, Light in Sodium  
Organic Chunky Vegetable Soup  
Organic Cream of Tomato Soup  
Organic Cream of Tomato Soup, Light in Sodium  
Organic Curried Lentil Soup

## **Soups (Cont'd)**

### **Amy's**

- Organic Fire Roasted Southwestern Vegetable Soup
- Organic Lentil Soup
- Organic Lentil Vegetable Soup
- Organic Lentil Vegetable Soup, Light in Sodium
- Organic Medium Chili with Vegetables
- Organic Medium Chili, Light in Sodium
- Organic Southwestern Black Bean Chili
- Organic Spicy Chili
- Organic Split Pea Soup, Light in Sodium
- Organic Summer Corn & Vegetable Soup
- Organic Thai Coconut Soup (Tom Kha Phak)
- Organic Tuscan Bean & Rice Soup

### **Edward & Sons**

- Miso-Cup, Organic Japanese Restaurant Style
- Miso-Cup, Organic Traditional with Tofu

### **Imagine Foods**

- Broccoli Soup 16 oz
- Broccoli Soup 32 oz
- Butternut Squash Soup 32 oz
- Chicken Broth 16 oz
- Creamy Tomato Soup 16 oz
- Free Range Chicken Broth 32 oz
- Organic Acorn Squash & Mango Soup 32 oz
- Organic Chicken Broth, Low Sodium 32 oz
- Organic Portabello Mushroom Soup 32 oz
- Organic Potato Soup, Low Sodium 32 oz
- Organic Tomato Soup 32 oz
- Organic Tomato Soup, Low Sodium 32 oz
- Potato Leek Soup 32 oz
- Vegetable Broth 16 oz
- Vegetable Broth 32 oz

### **Kettle Cuisine**

- Roasted Vegetable Soup
- Tomato Soup with Garden Vegetables

## **Spices and Seasonings**

### **Bob's Red Mill**

- Cornstarch

## **Spices and Seasonings (Cont'd)**

### **Edward & Sons**

- Bouillon Cubes, Garden Veggie
- Bouillon Cubes, Low Sodium Veggie
- Bouillon Cubes, Not-Beef
- Bouillon Cubes, Not-Chick'n

### **Sweeteners**

#### **Lundberg Farms**

- Organic Brown Rice Syrup