

Gluten Free

SPECIAL DIETS SERIES

CELEBRATING
YOUR
CHOICES



Overland Park Store, Rocky Mountain Region

Whole Foods Market is excited to bring you "Celebrating Your Choices," a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product. If you have any questions, you may contact us at WFMSpecialDiets@wholefoods.com.

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Baby & Infant Food

Stonyfield Farm

YoBaby Banana/Vanilla Yogurt
YoBaby Blueberry/Apple Yogurt
YoBaby Drinkable Yogurt, Banana
YoBaby Drinkable Yogurt, Peach
YoBaby Peach/Pear Yogurt
YoBaby Simply Plain Yogurt

Baked Goods

Crave

Apple Frangipane Tart
Cheesecake, Sugar-Free 8"
Lemon Tart, 4"

Kinnikinnick

Cinnamon Sugar Donuts

WFM Gluten Free Bakehouse

Banana Bread
Blueberry Muffins
Cheddar Biscuits
Chocolate Chip Cookies
Chocolate Cupcakes
Cinnamon Raisin Bread
Cranberry Orange Scones
Cream Biscuits
Pie Shells
Prairie Bread
Pumpkin Pie
Sandwich Bread

Baked Goods (Cont'd)

WFM Gluten Free Bakehouse

Stuffing Cubes
Sundried Tomato & Garlic Bread
Vanilla Cupcakes

Baking Needs

365 Everyday Value™

Gluten Free Muffin Mix
Gluten Free White Cake Mix

Arrowhead Mills

Blue Corn Meal
Buckwheat Flour
Gluten Free Brownie Mix
Long Grain Brown Rice Flour
Soy Flour
White Rice Flour
Yellow Corn Meal

Bob's Red Mill

Almond Flour
Arrowroot Starch Flour
Baking Soda
Flaxseed Meal
Garbanzo Bean Flour
Gluten Free All Purpose Baking Flour
Gluten Free Biscuit & Baking Mix
Gluten Free Chocolate Chip Cookie Mix
Gluten Free Cornbread Mix
Gluten Free Hearty Whole Grain Bread Mix
Gluten Free Pancake Mix
Gluten Free Pizza Crust Mix
GlutenFree Rolled Oats
Hazelnut Meal/Flour
Hemp Protein Powder
Organic Amaranth Flour
Organic Coconut Flour

Baking Needs (Cont'd)

Bob's Red Mill

- Organic Flaxseed Meal
- Organic Golden Flaxseed Meal
- Organic Golden Flaxseeds
- Organic Quinoa Flour
- Potato Flour
- Potato Starch
- Tapioca Flour
- Teff Flour
- White Rice Flour
- Xanthan Gum

Cherrybrook Kitchen

- Chocolate Frosting Mix
- Vanilla Frosting

Cherrybrook Kitchen Gluten Free Dreams

- Chocolate Chip Cookie Mix
- Fudge Brownie Mix

Earth Balance

- Shortening

Enjoy Life

- Semi-Sweet Chocolate Chips

Gluten Free Pantry

- Chocolate Truffle Brownie Mix
- French Bread & Pizza Mix
- Muffins & Scone Mix

Hain

- Baking Powder

Let's Do...

- Carnival Sprinkelz
- Chocolatey Sprinkelz
- Confetti Sprinkelz

Let's Do... Organic

- Organic Coconut Flakes
- Organic Reduced Fat Shredded Coconut
- Organic Shredded Coconut
- Organic Tapioca Granules
- Organic Tapioca Pearls

Namaste

- Brownie Mix
- Pizza Crust Mix
- Sugar-Free Muffin Mix

Baking Needs (Cont'd)

Orgran

- Gluten Replacer
- Pizza & Pastry Mix

Pamela's Products

- Baking & Pancake Mix
- Baking & Pancake Mix, 4 lb
- Chocolate Brownie Mix
- Chocolate Cake Mix
- Chocolate Chunk Cookie Mix
- Classic Vanilla Cake Mix
- Confetti Frosting Mix
- Cornbread & Muffin Mix
- Dark Chocolate Frosting Mix
- Gluten-Free Bread Mix
- Vanilla Frosting Mix

Tropical Source

- Semi Sweet Chocolate Chips

WFM Gluten Free Bakehouse

- Pie Shells

Beverages

365 Every Day Value™

- Black Cherry Soda
- Cherry Vanilla Creme Soda
- Cola
- Ginger Ale
- Key Lime Soda
- Orange Creme Soda
- Raspberry Soda
- Root Beer Soda

Celestial Seasonings

- Acai Mango Zinger Tea, 20 Ct
- Bengal Spice Tea, 20 Ct
- Black Cherry Berry Tea
- Chamomile Tea, 20 Ct
- Country Peach Passion
- Fruit Tea Sampler, 20 Ct
- Herbal Tea Sampler, 20 Ct
- Honey Vanilla Chamomile Tea, 20 Ct
- Lemon Zinger Tea, 20 Ct
- Madagascar Vanilla Red Tea, 20 Ct
- Mint Magic Tea, 20 Ct

Beverages (Cont'd)

Celestial Seasonings

Moroccan Pomegranate Red Tea, 20 Ct
Peppermint Tea, 20 Ct
Red Zinger Tea, 20 Ct
Sleepytime Extra Tea, 20 Ct
Sleepytime Tea, 20 Ct
Tension Tamer Tea, 20 Ct
True Blueberry, 20 Ct

Eden

Organic EdenBlend, Rice & Soy Beverage, 32 oz

So Delicious

Original (Plain) Coconut Milk Beverage
Unsweetened Coconut Milk Beverage
Vanilla Coconut Milk Beverage

Bread

Food For Life

Brown Rice Bread, Wheat & Gluten Free
Millet Bread, Wheat & Gluten Free
Raisin Pecan Bread, Wheat & Gluten Free
Rice Almond Bread, Wheat & Gluten Free
Rice Pecan Bread, Wheat & Gluten Free
White Rice Bread, Wheat & Gluten Free
Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

Glutino

Bagels, Plain
Bagels, Sesame Seed
Premium Fiber Bread
Premium Flax Seed Bread

WFM Gluten Free Bakehouse

Cheddar Biscuits
Cinnamon Raisin Bread
Cream Biscuits
Hamburger Buns
Prairie Bread
Sandwich Bread
Sundried Tomato & Garlic Bread

Candy and Chocolate

Endangered Species Chocolate

Bite Size Dark Chocolate with Cranberries & Almonds
Bite Size Dark Chocolate with Deep Forest Mint
Bite Size Extreme Dark Chocolate
Bite Size Supreme Dark Chocolate
Dark Chocolate with Cranberries & Almonds - Wolf
Dark Chocolate with Deep Forest Mint
Dark Chocolate with Espresso Beans - Tiger
Dark Chocolate with Hazelnut Toffee - Rhino
Extreme Dark Chocolate - Panther
Milk Chocolate with Cherries - Dolphin
Smooth Milk Chocolate - Sea Otter
Supreme Dark Chocolate - Chimpanzee

Enjoy Life

Boom Choco Boom Dairy-Free Rice Milk Chocolate Bar

Glutino

Dark Chocolate Bar
Milk Chocolate Bar
Peanut Butter Chocolate Bar

Let's Do...

Carnival Sprinkelz
Chocolatey Sprinkelz
Confetti Sprinkelz

Scharffen Berger

Bittersweet Chocolate Bar, 70% Cacao
Dark Mocha Chocolate Bar, 62% Cacao

Canned Goods

Amy's

Organic Refried Beans with Green Chiles
Organic Refried Black Beans, Low in Sodium
Organic Traditional Refried Beans
Organic Vegetarian Baked Beans

Native Forest

Organic Mango Chunks
Organic Pineapple Chunks
Organic Pineapple, Crushed

Canned/Jarred Goods

Native Forest

Artichoke Hearts, Marinated

Cereal

Ancient Harvest

Organic Quinoa Flakes 12 oz

Arrowhead Mills

Maple Buckwheat Organic Flakes

Organic Rice & Shine Hot Cereal

Organic Yellow Corn Grits

Sweetened Organic Rice Flakes

Barbara's Bakery

Honey Rice Puffins Cereal

Bob's Red Mill

Gluten Free Mighty Tasty Hot Cereal

GlutenFree Rolled Oats

Enjoy Life

Cinnamon Crunch Granola

Cranapple Crunch Granola

Very Berry Crunch Granola

EnviroKidz

Gorilla Munch Organic Cereal

Koala Crisp Organic Cereal

Leapin' Lemurs Peanut Butter & Chocolate Organic Cereal

Peanut Butter Panda Puffs Organic Cereal

Glutino

Apple & Cinnamon Cereal

Honey Nut Cereal

Nature's Path

Organic Crispy Rice Cereal

Organic Fruit Juice Sweetened Corn Flakes

Organic Fruit Juice Sweetened Corn Flakes, 26.4 oz

Organic Honey'd Cornflakes

Organic Mesa Sunrise Cereal

Organic Mesa Sunrise Cereal, 26.4 oz

Organic Whole O's Cereal

Perky's

Nutty Rice Cereal

Cheese

Follow Your Heart

Vegan Gourmet Cheddar

Vegan Gourmet Monterey Jack

Vegan Gourmet Mozzarella Cheese

Vegan Gourmet Nacho Cheese

Chips, Pretzels and Snacks

Arico

Cassava Chips, Ginger on Fire

Cassava Chips, Sea Salt Mist

Food Should Taste Good

Buffalo Tortilla Chips 6 oz

Lime Tortilla Chips 5.5 oz

Multigrain Tortilla Chips 12 oz

Sweet Potato Tortilla Chips 6 oz

The Works! Tortilla Chips 6 oz

Yellow Corn Tortilla Chips 11 oz

Food Should Taste Good

Jalapeno Tortilla Chips 6 oz

Multigrain Tortilla Chips 6 oz

Olive Tortilla Chips 6 oz

Glutino

Breadsticks, Sesame

Pretzel Sticks, Family Bag

Pretzels, Family Bag

Kettle Brand®

Krinkle Cut Potato Chips, Lightly Salted 14 oz

Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 14 oz

Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 2 oz

Potato Chips, Honey Dijon 2 oz

Potato Chips, Honey Dijon 5 oz

Potato Chips, Lightly Salted 14 oz

Potato Chips, Lightly Salted 2 oz

Potato Chips, Lightly Salted 5 oz

Potato Chips, New York Cheddar w/ Herbs 2 oz

Potato Chips, Organic Chipotle Chili BBQ 5 oz

Potato Chips, Organic Lightly Salted 5 oz

Potato Chips, Sea Salt & Vinegar 2 oz

Chips, Pretzels and Snacks (Cont'd)

Kettle Brand®

- Potato Chips, Sea Salt & Vinegar 5 oz
- Potato Chips, Unsalted 5 oz
- Potato Chips, Yogurt & Green Onion 5 oz

Kettle Brand®

- Baked Potato Chips, Aged White Cheddar 4 oz
- Baked Potato Chips, Hickory Honey BBQ 4 oz
- Baked Potato Chips, Lightly Salted 4 oz
- Baked Potato Chips, Salt & Fresh Ground Pepper 4 oz
- Baked Potato Chips, Sea Salt & Vinegar 4 oz
- Krinkle Cut Potato Chips, Buffalo Bleu 2 oz
- Krinkle Cut Potato Chips, Classic BBQ 14 oz
- Potato Chips, Backyard Barbeque 5 oz
- Potato Chips, Jalapeno 2 oz
- Potato Chips, Organic Sea Salt & Black Pepper 5 oz
- Potato Chips, Sour Cream, Onion & Chive 5 oz
- Potato Chips, Spicy Thai 5 oz
- Potato Chips, Sweet Onion 2 oz
- Potato Chips, Tuscan Three Cheese 5 oz

Lundberg Farms

- Apple Cinnamon Rice Cakes
- Brown Rice Cakes
- Fiesta Lime Rice Chips
- Honey Nut Rice Cakes
- Organic Brown Rice Cakes
- Organic Caramel Corn Rice Cakes
- Organic Cinnamon Toast Rice Cake
- Organic Koku Seaweed Rice Cakes
- Organic Mochi Sweet Rice Cakes
- Organic Popcorn Rice Cakes
- Organic Sea Salt Rice Chips
- Organic Sesame Tamari Rice Cakes
- Organic Tamari Seaweed Rice Cakes
- Organic Unsalted Brown Rice Cakes
- Organic Wild Rice Cakes
- Pico de Gallo Rice Chips
- Sante Fe BBQ Rice Chips

Chips, Pretzels and Snacks (Cont'd)

Lundberg Farms

- Sesame Seaweed Rice Chips

Mary's Gone Crackers

- Sticks & Twigs, Curry
- Sticks & Twigs, Sea Salt
- Sticks & Twigs, Tomato Chipotle

Mr. Krispers

- Baked Rice Krisps, Barbecue
- Baked Rice Krisps, Nacho
- Baked Rice Krisps, Sea Salt & Pepper
- Baked Rice Krisps, Sour Cream & Onion

Condiments

Eden

- Tamari Soy Sauce, Naturally Brewed 10 oz

Follow Your Heart

- Vegenaise, High Omega-3 w/ Expeller-Pressed Canola Oil
- Vegenaise, Original

Organicville

- Organic Dressing, Herbs de Provence Vinaigrette
- Organic Dressing, Non Dairy Ranch
- Organic Dressing, Pomegranate Vinaigrette
- Organic Dressing, Sundried Tomato & Garlic Vinaigrette
- Organic Ketchup
- Organic Original BBQ Sauce

Spectrum

- Canola Mayonnaise 16 oz
- Light Canola Eggless Mayonnaise 32 oz
- Light Canola Eggless Mayonnaise, Squeeze Bottle
- Organic Olive Oil Mayonnaise
- Organic Roasted Garlic Mayonnaise 12 oz
- Organic Soy Mayonnaise 16 oz
- Organic Soy Mayonnaise, Squeeze Bottle

Cookies and Snack Bars

Arico

Chocolate Chunk Cookies
Lemon Ginger Cookies

Enjoy Life

Caramel Apple Snack Bars
Cocoa Loco Snack Bars
Soft Baked Chewy Chocolate Chip Cookies
Soft Baked Chocolate Chip Cookie Pack
Soft Baked Double Chocolate Brownie Cookies
Soft Baked Gingerbread Spice Cookie
Soft Baked No-Oats "Oatmeal" Cookie
Soft Baked Snickerdoodle Cookies
Sunbutter Crunch Snack Bars
Very Berry Snack Bars

EnviroKidz

Cheetah Organic Crispy Rice Bars, Berry
Koala Organic Crispy Rice Bars, Chocolate
Lemur Organic Crispy Rice Bars, Peanut Choco Drizzle
Organic Vanilla Animal Cookies
Panda Organic Crispy Rice Bars, Peanut Butter
Penguin Organic Crispy Rice Bars, Fruity Burst

Glutino

Breakfast Bars, Apple
Breakfast Bars, Blueberry
Breakfast Bars, Chocolate
Chocolate Coated Wafers
Lemon Wafers
Vanilla Wafers

Ian's Natural Foods

Chocolate Chip Cookie Buttons, Wheat Free Gluten Free
Crunchy Cinnamon Cookie Buttons, Wheat Free Gluten Free

Jennie's

Coconut Macarons

Kinnikinnick

KinniTOOS Chocolate Sandwich Creme Cookies
KinniTOOS Vanilla Sandwich Creme Cookies

Cookies and Snack Bars (Cont'd)

Let's Do...

Gluten Free Ice Cream Cones

Mi-Del

Chocolate Chip Cookies
Ginger Snaps

Orgran

Outback Animals - Vanilla Cookies

Pamela's Products

Butter Shortbread Cookies
Chocolate Chip Walnut Cookies
Chunky Chocolate Chip Cookies
Ginger Cookies with Sliced Almonds
Lemon Shortbread Cookies
Organic Peanut Butter Chocolate Chip Cookies
Peanut Butter Cookies
Pecan Shortbread Cookies
Shortbread Swirl Cookies
Simplebites Chocolate Chip Mini Cookies
Simplebites Ginger Mini Snapz

WFM Gluten Free Bakehouse

Chocolate Chip Cookies

Crackers

Blue Diamond

Almond Nut-Thins
Cheddar Cheese Nut-Thins
Country Ranch Nut-Thins
Hazelnut Nut-Thins
Pecan Nut-Thins
Smokehouse Almond Nut-Thins

Edward & Sons

Brown Rice Snaps, Onion Garlic
Brown Rice Snaps, Tamari Sesame
Brown Rice Snaps, Unsalted Sesame
Organic Brown Rice Snaps, Black Sesame
Organic Brown Rice Snaps, Cheddar
Organic Brown Rice Snaps, Toasted Onion
Organic Brown Rice Snaps, Unsalted Plain
Organic Brown Rice Snaps, Vegetable

Crackers (Cont'd)

Glutino

Crackers, Cheddar
Crackers, Multigrain
Crackers, Original
Crackers, Vegetable

Mary's Gone Crackers

Crackers, Black Pepper
Crackers, Caraway
Crackers, Herb
Crackers, Onion
Crackers, Original

Dairy

Brown Cow

Apricot-Mango Whole Milk Yogurt, 6 oz
Blueberry Whole Milk Yogurt, 6 oz
Cherry-Vanilla Whole Milk Yogurt, 6 oz
Chocolate Whole Milk Yogurt, 6 oz
Coffee Whole Milk Yogurt, 6 oz
Low Fat Plain Yogurt, 32 oz
Low Fat Vanilla Yogurt, 32 oz
Maple Whole Milk Yogurt, 32 oz
Maple Whole Milk Yogurt, 6 oz
Non Fat Blueberry Yogurt, 6 oz
Non Fat Plain Yogurt, 32 oz
Non Fat Vanilla Yogurt, 32 oz
Non Fat Vanilla Yogurt, 6 oz
Peach Whole Milk Yogurt, 6 oz
Plain Whole Milk Yogurt, 32 oz
Plain Whole Milk Yogurt, 6 oz
Raspberry Whole Milk Yogurt, 6 oz
Strawberry Whole Milk Yogurt, 6 oz
Vanilla Whole Milk Yogurt, 32 oz
Vanilla Whole Milk Yogurt, 6 oz

Earth Balance

Buttery Spread with Olive Oil
Buttery Sticks
Organic Whipped Buttery Spread
Original Buttery Spread
Soy Free Buttery Spread
Soy Garden Buttery Spread

Dairy (Cont'd)

Stonyfield Farm

Fat Free French Vanilla Probiotic Multi-Pack
Fat Free Strawberry Probiotic Multi-Pack
Organic Cream Top Chocolate Underground, 6 oz
Organic Cream Top French Vanilla Yogurt, 32 oz
Organic Cream Top French Vanilla, 6 oz
Organic Cream Top Plain Yogurt, 32 oz
Organic Cream Top Strawberries & Cream Yogurt, 6 oz
Organic Fat Free Black Cherry Yogurt, Fruit on the Bottom, 6 oz
Organic Fat Free Blueberry Yogurt, Fruit on the Bottom, 6 oz
Organic Fat Free Chocolate Underground Yogurt, 6 oz
Organic Fat Free French Vanilla Yogurt, 32 oz
Organic Fat Free French Vanilla Yogurt, 6 oz
Organic Fat Free Key Lime Yogurt, 6 oz
Organic Fat Free Lotsa Lemon Yogurt, 6 oz
Organic Fat Free Peach Yogurt, 6 oz
Organic Fat Free Plain Yogurt, 32 oz
Organic Fat Free Plain Yogurt, 6 oz
Organic Fat Free Pomegranate Berry Yogurt, 6 oz
Organic Fat Free Strawberry Yogurt, Fruit on the Bottom, 6 oz
Organic Fat Free Strawberry, 6 oz
Organic Low Fat Blueberry Yogurt, 6 oz
Organic Low Fat Cherry Vanilla Yogurt, 6 oz
Organic Low Fat Just Peachy Yogurt, Fruit on the Bottom, 6 oz
Organic Low Fat Plain Yogurt, 32 oz
Organic Low Fat Plain Yogurt, 6 oz
Organic Low Fat Raspberry Yogurt, 6 oz
Organic Low Fat Strawberry Pomegranate Yogurt, 6 oz
Organic Low Fat Strawberry Yogurt, 32 oz
Organic Low Fat Strawberry Yogurt, Fruit on the Bottom, 6 oz

Dairy (Cont'd)

Stonyfield Farm

- Organic Low Fat Vanilla Yogurt
- Organic Low Fat Vanilla, 32 oz
- Organic O'Soy Strawberry/Peach Yogurt, 6-pack
- Organic Strawberry Yogurt Smoothies, 4 pack
- Organic Wild Berry Yogurt Smoothies, 4 pack
- YoBaby Banana/Vanilla Yogurt
- YoBaby Blueberry/Apple Yogurt
- YoBaby Drinkable Yogurt, Banana
- YoBaby Drinkable Yogurt, Peach
- YoBaby Peach/Pear Yogurt
- YoBaby Simply Plain Yogurt
- YoKids Squeezers Cherry/Berry Blitz
- YoKids Squeezers Screamin' Strawberry
- YoKids Strawberry BaNilla Blast Yogurt
- YoKids Strawberry Vanilla Raspberry Yogurt

Dairy Alternatives

365 Everyday Value™

- Organic Ricemilk - Original
- Organic Ricemilk - Unsweetened
- Organic Ricemilk - Vanilla
- Organic Soymilk - Chocolate, 32 oz
- Organic Soymilk - Chocolate, 64 oz
- Organic Soymilk - Original, 32 oz
- Organic Soymilk - Original, 64 oz
- Organic Soymilk - Unsweetened, 32 oz
- Organic Soymilk - Unsweetened, 64 oz
- Organic Soymilk - Vanilla, 32 oz
- Organic Soymilk - Vanilla, 64 oz

Blue Diamond

- Almond Breeze, Chocolate
- Almond Breeze, Chocolate Unsweetened
- Almond Breeze, Original
- Almond Breeze, Original Unsweetened
- Almond Breeze, Unsweetened Vanilla
- Almond Breeze, Vanilla
- Almond Breeze, Vanilla Unsweetened

Dairy Alternatives (Cont'd)

Eden

- Organic EdenBlend, Rice & Soy Beverage, 32 oz

Follow Your Heart

- Vegan Gourmet Cheddar
- Vegan Gourmet Monterey Jack
- Vegan Gourmet Mozzarella Cheese
- Vegan Gourmet Nacho Cheese

Rice Dream

- Enriched Rice Milk Beverage, Chocolate 32 oz
- Enriched Rice Milk Beverage, Original 8 oz
- Enriched Rice Milk Beverage, Vanilla 32 oz
- Organic Enriched Rice Milk Beverage, Original 32 oz
- Organic Enriched Rice Milk Beverage, Original 64 oz
- Organic Enriched Rice Milk Beverage, Vanilla 64 oz
- Refrigerated Ricemilk, Original 64 oz
- Refrigerated Ricemilk, Vanilla 64 oz
- Rice Milk Beverage, Carob 32 oz
- Rice Milk Beverage, Original 32 oz
- Rice Milk Beverage, Original 8 oz

So Delicious

- Blueberry Agave Sweetened Soy Yogurt
- Blueberry Cultured Coconut Milk Yogurt
- Chocolate Cultured Coconut Milk Yogurt
- French Vanilla Coconut Milk Creamer
- Hazelnut Coconut Milk Creamer
- Original (Plain) Coconut Milk Beverage
- Original (Plain) Coconut Milk Creamer
- Original (Plain) Coconut Milk Kefir
- Passionate Mango Cultured Coconut Milk Yogurt
- Pina Colada Cultured Coconut Milk Yogurt
- Plain Agave Sweetened Soy Yogurt
- Plain Cultured Coconut Milk Yogurt
- Raspberry Cultured Coconut Milk Yogurt
- Strawberry Coconut Milk Kefir
- Strawberry Cultured Coconut Milk Yogurt
- Unsweetened Coconut Milk Beverage
- Vanilla Agave Sweetened Soy Yogurt

Dairy Alternatives (Cont'd)

So Delicious

Vanilla Coconut Milk Beverage
Vanilla Coconut Milk Kefir

WestSoy

Longevity Soy Beverage, Vanilla 32 oz
Plus Soy Beverage, Vanilla 64 oz

Deli Style Meats and Cheeses

Applegate Farms

Organic Sliced Oven Roasted Chicken
Sliced Authentic Prosciutto
Sliced Black Forest Ham
Sliced Genoa Salami
Sliced Honey Ham
Sliced Honey Maple Turkey
Sliced Organic Herb Turkey
Sliced Organic Oven Roasted Turkey
Sliced Organic Roast Beef
Sliced Organic Smoked Chicken
Sliced Organic Smoked Turkey
Sliced Organic Uncured Ham
Sliced Oven Roasted Sliced Turkey
Sliced Pepperoni
Sliced Slow Cooked Ham
Sliced Smoked Turkey
Sliced Turkey Bologna

Desserts

Crave

Apple Frangipane Tart
Cheesecake, Sugar-Free 8"
Lemon Tart, 4"

French Meadow Bakery

Gluten Free Fudge Brownie

WFM Gluten Free Bakehouse

Chocolate Cupcakes
Pumpkin Pie
Vanilla Cupcakes

Energy and Nutrition Bars/Drinks

Attune Probiotic Bars

Blueberry Vanilla Bars - 7 pack
Blueberry Vanilla Bars - individual
Chocolate Crisp Bar - individual
Chocolate Crisp Bars - 7 pack
Mint Chocolate Bars - individual

Bumble Bar

Chai with Almonds
Lushus Lemon
Original with Mixed Nuts
Original with Peanut

Prana Bar

Organic Apple Pie
Organic Apricot Goji
Organic Apricot Pumpkin
Organic Cashew Almond
Organic Coconut Acai
Organic Pear Ginseng

Entrees and Mixes

365 Everyday Value™

Gluten Free Muffin Mix
Gluten Free White Cake Mix

Arrowhead Mills

Gluten Free Brownie Mix

Bob's Red Mill

Gluten Free Chocolate Chip Cookie Mix
TVP (Textured Vegetable Protein)

Cherrybrook Kitchen

Chocolate Frosting Mix

Cherrybrook Kitchen Gluten Free Dreams

Chocolate Chip Cookie Mix
Fudge Brownie Mix

DeBoles Foods

Rice Shells & Cheddar Pasta Dinner

Glutino

Macaroni & Cheese

Lundberg Farms

Garlic Primavera Risotto
Organic Alfredo Risotto
Organic Florentine Risotto

Entrees and Mixes (Cont'd)

Lundberg Farms

Organic Tuscan Risotto

Mrs. Leeper's

Beef Stroganoff Dinner

Cheeseburger Mac Dinner

Creamy Tuna Dinner

Namaste

Brownie Mix

Pizza Crust Mix

Sugar-Free Muffin Mix

Orgran

Apple & Cinnamon Pancake Mix

Pizza & Pastry Mix

Vegetarian Gravy Mix

Pamela's Products

Confetti Frosting Mix

Dark Chocolate Frosting Mix

Vanilla Frosting Mix

Road's End Organics

Dairy Free Alfredo Style Mac & Cheese

Dairy Free Cheddar Style Penne & Cheese

Gluten Free Cheddar Cheese Mix

Tasty Bite

Agra Peas

Bengal Lentils

Bombay Potatoes

Channa Masala

Jaipur Vegetables

Jodhpur Lentils

Punjab Eggplant

Spinach Dal

Ethnic Foods

Amy's

Organic Asian Noodle Stir-Fry

Organic Black Bean Enchilada Whole Meal

Organic Black Bean Tamale Verde Whole Meal

Organic Black Bean Vegetable Enchilada

Organic Black Bean Vegetable Enchilada, Light in Sodium

Organic Cheese Enchilada

Ethnic Foods (Cont'd)

Amy's

Organic Cheese Enchilada Whole Meal

Organic Indian Mattar Paneer

Organic Indian Mattar Paneer, Light in Sodium

Organic Indian Mattar Tofu

Organic Indian Palak Paneer

Organic Indian Vegetable Korma

Organic Mexican Casserole Bowl

Organic Mexican Casserole Bowl, Light in Sodium

Organic Mexican Tofu Scramble

Organic Roasted Vegetable Tamale Whole Meal

Organic Santa Fe Enchilada Bowl

Organic Teriyaki Bowl

Organic Thai Stir-Fry

Organic Tortilla Casserole & Black Beans Bowl

Annie Chun's

Maifun Rice Noodles

Pad Thai Rice Noodles

Edward & Sons

Brown Rice Snaps, Tamari Sesame

Miso-Cup, Organic Japanese Restaurant Style

Miso-Cup, Organic Reduced Sodium

Miso-Cup, Organic Traditional with Tofu

Miso-Cup, Original Golden Vegetable

Miso-Cup, Savory Seaweed

Food For Life

Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

Food Merchants

Organic Polenta, Basil & Garlic

Organic Polenta, Traditional

Native Forest

Organic Coconut Milk

Native Forest

Light Coconut Milk

Ethnic Foods (Cont'd)

Organicville

Organic Sesame Teriyaki

Tasty Bite

Agra Peas
Bengal Lentils
Bombay Potatoes
Channa Masala
Jaipur Vegetables
Jodhpur Lentils
Punjab Eggplant
Spinach Dal

World Foods

Thai Green Curry Paste
Thai Red Curry Paste

Frozen Foods

Amy's

Organic Asian Noodle Stir-Fry
Organic Baked Ziti Bowl
Organic Black Bean Enchilada Whole Meal
Organic Black Bean Tamale Verde Whole Meal
Organic Black Bean Vegetable Enchilada
Organic Black Bean Vegetable Enchilada, Light in Sodium
Organic Brown Rice & Vegetables Bowl
Organic Brown Rice & Vegetables Bowl, Light in Sodium
Organic Brown Rice, Black-Eyed Peas & Veggies Bowl
Organic Cheese Enchilada
Organic Cheese Enchilada Whole Meal
Organic Garden Vegetable Lasagna
Organic Indian Mattar Paneer
Organic Indian Mattar Paneer, Light in Sodium
Organic Indian Mattar Tofu
Organic Indian Palak Paneer
Organic Indian Vegetable Korma
Organic Mexican Casserole Bowl
Organic Mexican Casserole Bowl, Light in Sodium
Organic Mexican Tofu Scramble
Organic Rice Crust Cheese Pizza

Frozen Foods (Cont'd)

Amy's

Organic Rice Crust Spinach Pizza
Organic Rice Mac & Cheese
Organic Roasted Vegetable Tamale Whole Meal
Organic Santa Fe Enchilada Bowl
Organic Shepherd's Pie
Organic Single Serve Non-Dairy Rice Crust Cheeze Pizza
Organic Teriyaki Bowl
Organic Thai Stir-Fry
Organic Tofu Scramble
Organic Tortilla Casserole & Black Beans Bowl

French Meadow Bakery

Gluten Free Chocolate Chip Cookie Dough
Gluten Free Fudge Brownie

Gluten Free Cafe

Fettuccini Alfredo
Lemon Basil Chicken
Pasta Primavera

Glutino

Chicken Ranchero
Pizza, 3 Cheese with Brown Rice Crust
Pizza, Chicken BBQ
Pizza, Duo Cheese
Pizza, Spinach Feta

Ian's Natural Foods

Alpha Tots
Chicken Fingers, Allergen Free
French Toast Sticks, Wheat Free Gluten Free
Ian's Chicken Nuggets, Allergen Free
Ian's Fish Sticks, Allergen Free
Popcorn Turkey Corn Dogs
Wafflewich, Egg & Maple Sausage, Wheat Free Gluten Free

It's Soy Delicious

Almond Pecan Non-Dairy Frozen Dessert
Awesome Chocolate Non-Dairy Frozen Dessert
Chocolate Peanut Butter Non-Dairy Frozen Dessert

Frozen Foods (Cont'd)

It's Soy Delicious

Green Tea Non-Dairy Frozen Dessert
Raspberry Non-Dairy Frozen Dessert
Vanilla Non-Dairy Frozen Dessert

Kettle Cuisine

Chicken Soup with Rice Noodles
New England Clam Chowder
Roasted Vegetable Soup
Tomato Soup with Garden Vegetables

Kinnikinnick

Cinnamon Sugar Donuts

Nature's Path

Organic Buckwheat Wildberry Waffles
Organic Homestyle Waffles

Organic So Delicious

Chocolate Velvet Non-Dairy Frozen Dessert
Creamy Vanilla Non-Dairy Frozen Dessert
Neopolitan Non-Dairy Frozen Dessert
Strawberry Non-Dairy Frozen Dessert

Purely Decadent

Cherry Nirvana Non-Dairy Frozen Dessert
Chocolate Non-Dairy Frozen Coconut Milk Dessert
Chocolate Obsession Non-Dairy Frozen Dessert
Chocolate Peanut Butter Swirl Non-Dairy Frozen Coconut Milk Dessert
Mint Chip Non-Dairy Frozen Coconut Milk Dessert
Mocha Almond Fudge Non-Dairy Frozen Coconut Milk Dessert
Mocha Almond Fudge Non-Dairy Frozen Dessert
Peanut Butter Zig Zag Non-Dairy Frozen Dessert
Praline Pecan Non-Dairy Frozen Dessert
Purely Vanilla Non-Dairy Frozen Dessert
Turtle Trails Non-Dairy Frozen Dessert
Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert

Frozen Foods (Cont'd)

Rice Dream

Rice Dream, Orange Vanilla Swirl
Vanilla Frozen Dessert, Pint

So Delicious

Coconut Almond Bar, Made with Coconut Milk
Kidz Assorted Fruit Pops
Orange Passion Fruit Agave Sweetened Fruit Bar
Raspberry Agave Sweetened Fruit Bar
Strawberry Agave Sweetened Fruit Bar

Starfish

Crispy Battered Gluten Free Cod
Crispy Battered Gluten Free Haddock
Crispy Battered Gluten Free Halibut

Van's

Wheat Free Blueberry Waffles
Wheat Free Buckwheat Waffles
Wheat Free Homestyle Waffles

Grains and Rice

Ancient Harvest

Inca Red Organic Quinoa 12 oz
Traditional Organic Quinoa 12 oz

Annie Chun's

Rice Express Sprouted Brown Rice

Lundberg Farms

Eco-Farmed Black Japonica Field Gourmet Blend
Eco-Farmed California Brown Basmati Rice
Eco-Farmed California White Arborio Rice
Eco-Farmed California White Basmati Rice
Eco-Farmed Countrywild Gourmet Blend Rice
Eco-Farmed Jubilee Gourmet Blend Rice
Eco-Farmed Wild Blend Gourmet Blend Rice
Organic Alfredo Risotto
Organic California Brown Basmati Rice
Organic California Brown Jasmine Rice, 25 lb
Organic California White Jasmine Rice
Organic Long Grain Brown Rice
Organic Quick Wild Rice
Organic Short Grain Brown Rice

Hand & Body Washes

Pangea Organics

- Shower Gel, Italian White Sage with Geranium & Yarrow
- Shower Gel, Malagasy Ylang Ylang & Linden Flower
- Shower Gel, Pyrenees Lavender with Cardamom

Jams and Nut Butters

Arrowhead Mills

- Organic Creamy Peanut Butter, 16 oz
- Organic Crunchy Peanut Butter, 16 oz
- Organic Crunchy Peanut Butter, 26 oz

Blue Diamond

- Homestyle Almond Butter, Creamy
- Homestyle Almond Butter, Crunchy
- Homestyle Almond Butter, Honey

Earth Balance

- Creamy Natural Almond Butter
- Creamy Natural Peanut Butter
- Crunchy Natural Peanut Butter

Maranatha

- Roasted Sesame Tahini

Lip Balms

Pangea Organics

- Lip Balm, Pyrenees Lavender with Cardamom

Meat Alternatives

Bob's Red Mill

- TVP (Textured Vegetable Protein)

WestSoy

- Extra Firm Tofu, Vacuum-Pack 12 oz
- Firm Tofu, Water-Pack 16 oz
- Soft Tofu, Water-Pack 14 oz

Meat and Poultry

Applegate Farms

- Beef Hot Dogs
- Chicken Apple Breakfast Sausage
- Chicken Hot Dogs

Meat and Poultry (Cont'd)

Applegate Farms

- Organic Beef Hot Dogs
- Organic Chicken Hot Dogs
- Organic Hot Dogs
- Organic Sliced Sunday Bacon
- Organic Turkey Hot Dogs
- Sliced Turkey Bacon
- Turkey Hot Dogs

Nutritional Supplements

BioChem

- 100% Greens & Whey Protein Powder
- 100% Greens & Whey Protein Powder Chocolate
- 100% Greens & Whey Protein Powder Vanilla
- 100% Whey Protein Chocolate Fudge 1.9lb
- 100% Whey Protein Natural Flavor
- 100% Whey Protein Natural Flavor
- 100% Whey Protein Vanilla 1.9lb
- 100% Whey Protein Vanilla 13.9oz
- 100% Yams & Whey Protein Powder Packet
- Hemp & Whey Protein Powder 1lb
- Vegan Protein Powder 12 serving Chocolate

Bob's Red Mill

- Hemp Protein Powder

Country Life

- Active Lipoic Acid, 60 ct
- B-12 500mcg Time Release 100ct
- Beta Carotene 25,000 IU 50ct
- Betaine Hydrochloride w/Pepsin 250ct
- Biotin 1000mcg 100ct
- Bromelain 500mg 60ct
- Buffer C pH Controlled 500mg 120ct Capsule
- Cal-Snack Milk-Free Chewables, 120 ct
- Chelated Magnesium 250mg Tablets, 180 ct
- Chelated Magnesium 250mg Tablets, 90 ct
- Chewable Multivitamin 60ct
- Cod Liver Oil Softgels 250ct
- Coenzyme B Complex 60ct
- DHEA 10mg Capsules, 50 ct
- DHEA 25mg Capsules, 30 ct
- DHEA Complex For Men, 60 ct
- Daily Fiber X capsule 90ct

Nutritional Supplements (Cont'd)

Country Life

Dairy-Zyme 50ct
Dolphin Pals DHA for Kids
Dolphin Pals for Kids 90ct
Evening Primrose Oil 500mg 60ct
Glucosamine Chondroitin Capsules, 90 ct
L-Carnitine 250mg Capsules with B-6, 30 ct
Liquid Multivitamin
Liquid Target-Mins Calcium-Magnesium Complex, 16 oz
Maxi Baby-dophilus Powder, 2 oz
Maxi Hair 90ct
Maxi Zyme Extra Strength 60ct
Maxine's Menopause Formula 60ct
Nature's Garlic Softgel 180ct
Nature's Garlic Softgels 90ct
Olive Leaf Extract, 60 ct
Omega-3 Fish Oils 1000mg 100ct
Para-Factors Softgels, 50 ct
Power-dophilus Capsules, 50 ct
Prenatal Omega Softgel
Rutin 500mg 50ct
Saw Palmetto & Pygeum Capsules, 90 ct
Saw Palmetto & Pygeum Extract 60ct
Selenium 100mcg Yeast Free Tablets, 180 ct
Sharp Thought 30ct
Super 10 Antioxidant 60ct
Super Potency Biotin 5mg 120ct
Tall Tree Children's Chewable 100ct
Target-Mins Calcium-Magnesium Capsules, 180 ct
Target-Mins Calcium-Magnesium Complex Tablets, 180 ct
Target-Mins Calcium-Magnesium-Potassium Tablets, 180 ct
Target-Mins Calcium-Magnesium-Veg Capsules, 120 ct
Target-Mins Calcium-Magnesium-Veg Capsules, 240 ct
Target-Mins Calcium-Magnesium-Zinc Tablets, 180 ct
Target-Mins Magnesium Capsules, 60 ct
Ultra Omegas DHA/EPA 120ct
Vitamin A & D 10,000/400 IU 100ct

Nutritional Supplements (Cont'd)

Country Life

Vitamin C 1000mg w/Rose Hips 90ct
Vitamin C 500mg Chewable 90ct
Vitamin D 400 IU 100ct Softgels
Vitamin D Dry 1000 IU 100ct
Vitamin E 1000IU 120ct Softgels
Vitamin E Complex 400IU 180ct Softgels
Vitamin E Complex 400IU 90ct Softgels
Vitamin K-1 100mcg 100ct
Well-Max, 90 ct
Your Daily Nutrition 60ct
Your Daily Probiotic 60ct
Your Daily Vitamin C 60ct

Iron Tek

Essential CLA 1000mg 90ct
Essential Protein Powder Vanilla 2lb

Nuts, Seeds and Dried Fruits

Bob's Red Mill

Hemp Protein Powder
Hulled Hemp Seeds
Organic Golden Flaxseeds

Enjoy Life

Not Nuts! Mountain Mambo Trail Mix

Pasta

Ancient Harvest

Quinoa Supergrain Pasta, Elbows 8 oz
Quinoa Supergrain Pasta, Garden Pagodas 8 oz
Quinoa Supergrain Pasta, Linguine 8 oz
Quinoa Supergrain Pasta, Shells 8 oz
Quinoa Supergrain Pasta, Spaghetti 8 oz
Quinoa Supergrain Pasta, Veggie Curls 8 oz

Bionaturae

Organic Gluten Free Penne Rigate

DeBoles Foods

Multi-Grain Penne
Multi-Grain Spaghetti
Rice Angel Hair Pasta
Rice Fettuccine

Pasta (Cont'd)

DeBoles Foods

Rice Lasagna
Rice Shells & Cheddar Pasta Dinner
Rice Spaghetti

Lundberg Farms

Organic Brown Rice Penne Pasta
Organic Brown Rice Spaghetti Pasta

Namaste

Pasta Pisavera
Say Cheez Pasta
Taco Pasta

Orgran

Rice & Corn Lasagne Mini Sheets
Rice & Corn Macaroni
Rice & Corn Penne
Rice & Corn Spaghetti
Rice & Corn Tortellini
Rice & Corn Vegetable Pasta - Animal Shapes

Tinkyada

Brown Rice Elbow
Brown Rice Fettucini
Brown Rice Fusilli
Brown Rice Penne
Brown Rice Shells
Brown Rice Spaghetti
Brown Rice Spirals
Organic Brown Rice Elbow
Organic Brown Rice Penne
Organic Brown Rice Spaghetti
Organic Brown Rice Spirals

Pasta Sauce

Amy's

Organic Family Marinara Pasta Sauce
Organic Low Sodium Marinara Sauce
Organic Tomato Basil Pasta Sauce

Personal Care

Tom's of Maine

Apricot Long Lasting Stick Deodorant
Bay Lime Sensitive Stick Deodorant
Calendula Stick Deodorant
Cinnamint Antiplaque with Propolis & Myrrh Toothpaste
Cinnamon Clove Whole Care Toothpaste
Cucumber-Grapefruit Sensitive Stick Deodorant
Fennel Anticavity SLS-Free Toothpaste
Honeysuckle Rose Stick Deodorant
Lavender Long Lasting Roll-on Deodorant
Lavender Long Lasting Stick Deodorant
Lemongrass Long Lasting Stick Deodorant
Orange-Mango Whole Care Gel Toothpaste
Outrageous Orange-Mango Anticavity Toothpaste
Peppermint Anti-Plaque Tartar Control Plus Whitening Toothpaste
Peppermint Anticavity SLS-Free Toothpaste
Peppermint Anticavity Toothpaste
Peppermint Baking Soda Mouthwash
Peppermint Tartar Control Mouthwash
Peppermint Whole Care Gel Toothpaste
Peppermint Whole Care Toothpaste
Silly Strawberry Anticavity Toothpaste
Silly Strawberry Non-Fluoride Toothpaste
Spearmint Antiplaque SLS-Free Toothpaste
Spearmint Anti-Plaque Plus Whitening Gel Toothpaste
Spearmint Anti-Plaque Tartar Control Plus Whitening Toothpaste
Spearmint Antiplaque with Propolis & Myrrh Toothpaste
Spearmint Cleansing Mouthwash
Spearmint Whole Care Gel Toothpaste
Spearmint Whole Care Toothpaste
Unscented Long Lasting Roll-on Deodorant
Unscented Long Lasting Stick Deodorant
Unscented Stick Deodorant
Wintermint Anticavity Toothpaste
Wintermint Whole Care Toothpaste

Prepared Foods

Food Merchants

- Organic Polenta, Basil & Garlic
- Organic Polenta, Traditional

Sauces, Salsas and Dips

Amy's

- Organic Medium Salsa
- Organic Mild Salsa

Organicville

- Organic Medium Salsa
- Organic Mild Salsa
- Organic Sesame Teriyaki

Orgran

- Vegetarian Gravy Mix

Road's End Organics

- Gluten Free Cheddar Cheese Mix

Seafood

Starfish

- Crispy Battered Gluten Free Cod
- Crispy Battered Gluten Free Haddock
- Crispy Battered Gluten Free Halibut

Soups

Amy's

- Organic Black Bean Chili
- Organic Black Bean Vegetable Soup
- Organic Chunky Tomato Bisque
- Organic Chunky Tomato Bisque, Light in Sodium
- Organic Chunky Vegetable Soup
- Organic Cream of Tomato Soup
- Organic Cream of Tomato Soup, Light in Sodium
- Organic Curried Lentil Soup
- Organic Fire Roasted Southwestern Vegetable Soup
- Organic Lentil Soup
- Organic Lentil Soup, Light in Sodium
- Organic Lentil Vegetable Soup
- Organic Lentil Vegetable Soup, Light in Sodium

Soups (Cont'd)

Amy's

- Organic Medium Chili
- Organic Medium Chili, Light in Sodium
- Organic Spicy Chili
- Organic Spicy Chili, Light in Sodium
- Organic Split Pea Soup
- Organic Split Pea Soup, Light in Sodium
- Organic Summer Corn & Vegetable Soup
- Organic Thai Coconut Soup (Tom Kha Phak)
- Organic Tuscan Bean & Rice Soup

Edward & Sons

- Miso-Cup, Organic Japanese Restaurant Style
- Miso-Cup, Organic Reduced Sodium
- Miso-Cup, Organic Traditional with Tofu
- Miso-Cup, Original Golden Vegetable
- Miso-Cup, Savory Seaweed

Imagine Foods

- Broccoli Soup 16 oz
- Butternut Squash Soup 16 oz
- Butternut Squash Soup 32 oz
- Corn & Lemongrass Soup 16 oz
- Creamy Tomato Soup 16 oz
- Free Range Chicken Broth 32 oz
- No Chicken Broth 32 oz
- Organic Acorn Squash & Mango Soup 32 oz
- Organic Chicken Broth, Low Sodium 32 oz
- Organic Corn Soup, Low Sodium 32 oz
- Organic Portabello Mushroom Soup 32 oz
- Organic Potato Soup, Low Sodium 32 oz
- Organic Tomato Soup 32 oz
- Organic Tomato Soup, Low Sodium 32 oz
- Organic Vegetable Broth, Low Sodium 32 oz
- Potato Leek Soup 16 oz
- Potato Leek Soup 32 oz
- Tomato Basil Soup 32 oz
- Vegetable Broth 16 oz
- Vegetable Broth 32 oz

Kettle Cuisine

- Chicken Soup with Rice Noodles
- New England Clam Chowder
- Roasted Vegetable Soup
- Tomato Soup with Garden Vegetables

Specialty Foods

WFM Gluten Free Bakehouse

Stuffing Cubes

Spices and Seasonings

Edward & Sons

Bouillon Cubes, Garden Veggie

Bouillon Cubes, Low Sodium Veggie

Bouillon Cubes, Not-Beef

Bouillon Cubes, Not-Chick'n

World Foods

Thai Green Curry Paste

Thai Red Curry Paste

Sweeteners

Lundberg Farms

Brown Rice Syrup

Organic Brown Rice Syrup