

# Gluten Free

SPECIAL DIETS SERIES

CELEBRATING  
YOUR  
CHOICES



## Westminster Store, Rocky Mountain Region

Whole Foods Market is excited to bring you "Celebrating Your Choices," a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product. If you have any questions, you may contact us at [WFMSpecialDiets@wholefoods.com](mailto:WFMSpecialDiets@wholefoods.com).

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## Baby & Infant Food

### Stonyfield Farm

YoBaby Banana/Vanilla Yogurt  
YoBaby Blueberry/Apple Yogurt  
YoBaby Peach/Pear Yogurt

## Baked Goods

### Crave

Cheesecake, Sugar-Free 8"  
Mama Z's Chocolate Cake, 6"

### WFM Gluten Free Bakehouse

Apple Pie  
Banana Bread  
Blueberry Muffins  
Carrot Cake  
Cherry Pie  
Cinnamon Raisin Bread  
Cream Biscuits  
Lemon Poppyseed Muffins (4 pack)  
Pie Shells  
Pumpkin Pie  
Southern Pecan Pie  
Stuffing Cubes

## Baking Needs

### 365 Everyday Value™

Gluten Free Chocolate Cake Mix  
Gluten Free Chocolate Chip Cookie Mix  
Gluten Free Muffin Mix

## Baking Needs (Cont'd)

### 365 Everyday Value™

Gluten Free Pancake & Waffle Mix  
Gluten Free Sandwich Bread Mix

### Ancient Harvest

Organic Quinoa Flour 18 oz

### Arrowhead Mills

Buckwheat Flour  
Gluten Free All Purpose Baking Mix  
Gluten Free Brownie Mix  
Gluten Free Pancake & Baking Mix

### Bob's Red Mill

Almond Flour  
Arrowroot Starch Flour  
Cornstarch  
Flaxseed Meal  
Gluten Free All Purpose Baking Flour  
Gluten Free Biscuit & Baking Mix  
Gluten Free Chocolate Chip Cookie Mix  
Gluten Free Cornmeal  
Gluten Free Pancake Mix  
Gluten Free Pizza Crust Mix  
Hazelnut Meal/Flour  
Organic Coconut Flour  
Organic Flaxseed Meal  
Organic Golden Flaxseed Meal  
Organic Quinoa Flour  
Potato Flour  
Potato Starch  
Xanthan Gum

### Cherrybrook Kitchen

Vanilla Frosting

### Enjoy Life

Semi-Sweet Chocolate Chips

## Baking Needs (Cont'd)

### Gluten Free Pantry

- Chocolate Truffle Brownie Mix
- Favorite Sandwich Bread Mix
- French Bread & Pizza Mix
- Muffins & Scone Mix
- Perfect Pie Crust Mix

### Kinnikinnick

- Pancake & Waffle Mix

### Let's Do...

- Carnival Sprinkelz

### Let's Do... Organic

- Organic Coconut Flakes
- Organic Shredded Coconut

### Namaste

- Brownie Mix
- Muffin Mix
- Pizza Crust Mix

### Pamela's Products

- Baking & Pancake Mix
- Chocolate Brownie Mix
- Chocolate Chunk Cookie Mix
- Gluten-Free Bread Mix

### Tropical Source

- Semi Sweet Chocolate Chips

### WFM Gluten Free Bakehouse

- Pie Shells

## Beverages

### Celestial Seasonings

- Acai Mango Zinger Tea, 20 Ct
- Antioxidant Green Tea, 20 Ct
- Bengal Spice Tea, 20 Ct
- Blueberry Breeze Green Tea, 20 Ct
- Candy Cane Lane Decaf Tea, 20 Ct
- Chamomile Tea, 20 Ct
- Cinnamon Apple Spice Tea, 20 Ct
- Cool Brew Blueberry Iced Green Tea, 40 Ct
- Cool Brew Peach Iced Tea, 40 Ct
- Cool Brew Raspberry Iced Tea, 40 Ct
- Country Peach Passion
- Cranberry Apple Zinger Tea, 20 Ct

## Beverages (Cont'd)

### Celestial Seasonings

- Decaf Mandarin Orchard Green Tea, 20 Ct
- Decaf Mint Green Tea, 20 Ct
- Fruit Tea Sampler, 20 Ct
- Lemon Zinger Tea, 20 Ct
- Mandarin Orange Spice Tea, 20 Ct
- Mint Magic Tea, 20 Ct
- Nutcracker Sweet Herbal Tea
- Peppermint Tea, 20 Ct
- Red Zinger Tea, 20 Ct
- Sleepytime Tea, 20 Ct
- Sugar Plum Spice, 20 Ct
- Tangerine Orange Zinger Tea, 20 Ct
- Tropical Acai Berry Green Tea, 20 Ct
- Tropical Strawberry, 20 Ct
- True Blueberry, 20 Ct
- Wild Berry Tea, 20 Ct

### Eden

- Organic EdenBlend, Rice & Soy Beverage, 32 oz

### Rice Dream

- Horchata
- Supreme Rice Beverage, Vanilla Hazelnut

### So Delicious

- Original (Plain) Coconut Milk Beverage
- Unsweetened Coconut Milk Beverage
- Vanilla Coconut Milk Beverage

## Bread

### Food For Life

- Brown Rice Bread, Wheat & Gluten Free
- Millet Bread, Wheat & Gluten Free
- Raisin Pecan Bread, Wheat & Gluten Free
- Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

### Glutino

- Bagels, Plain
- Bagels, Sesame Seed
- Premium Fiber Bread

## **Bread (Cont'd)**

### **WFM Gluten Free Bakehouse**

Cinnamon Raisin Bread  
Cream Biscuits

## **Candy and Chocolate**

### **Endangered Species Chocolate**

Bite Size Extreme Dark Chocolate  
Dark Chocolate with Deep Forest Mint  
Dark Chocolate with Espresso Beans - Tiger  
Extreme Dark Chocolate - Panther  
Smooth Organic Dark Chocolate with Cherry - Koala  
Smooth Organic Dark Chocolate with Orange - Zebra  
Smooth Organic Milk Chocolate with Peanut Butter - Giraffe  
Supreme Dark Chocolate - Chimpanzee

### **Enjoy Life**

Boom Choco Boom Dairy-Free Rice Milk w/ Crispy Rice Chocolate Bar

### **Glee Gum**

Glee Peppermint Gum  
Glee Tangerine Gum

### **Let's Do...**

Carnival Sprinkelz

## **Canned Goods**

### **Amy's**

Organic Refried Beans with Green Chiles  
Organic Refried Black Beans  
Organic Traditional Refried Beans

### **Native Forest**

Organic Hearts of Palm  
Organic Pineapple Chunks

## **Canned/Jarred Goods**

### **Native Forest**

Artichoke Hearts, Marinated

## **Cereal**

### **Amy's**

Organic Cream of Rice Hot Cereal Bowl

### **Ancient Harvest**

Organic Quinoa Flakes 12 oz

### **Arrowhead Mills**

Maple Buckwheat Organic Flakes

### **Barbara's Bakery**

Honey Rice Puffins Cereal

### **Bob's Red Mill**

Brown Rice Farina Creamy Rice Hot Cereal  
Gluten Free Mighty Tasty Hot Cereal  
Organic Creamy Buckwheat Hot Cereal

### **Enjoy Life**

Cinnamon Crunch Granola

### **EnviroKidz**

Gorilla Munch Organic Cereal  
Koala Crisp Organic Cereal  
Peanut Butter Panda Puffs Organic Cereal

### **Glutino**

Apple & Cinnamon Cereal  
Honey Nut Cereal

### **Lundberg Farms**

Organic Pure Creamy Rice Cereal

### **Nature's Path**

Organic Fruit Juice Sweetened Corn Flakes  
Organic Fruit Juice Sweetened Corn Flakes, 26.4 oz  
Organic Honey'd Cornflakes  
Organic Mesa Sunrise Cereal, 26.4 oz

### **Perky's**

Nutty Flax Cereal  
Nutty Rice Cereal

## **Cheese**

### **Follow Your Heart**

Vegan Gourmet Cheddar  
Vegan Gourmet Cream Cheese  
Vegan Gourmet Monterey Jack  
Vegan Gourmet Mozzarella Cheese  
Vegan Gourmet Sour Cream

## **Chips, Pretzels and Snacks**

### **Arico**

- Cassava Chips, Original
- Cassava Chips, Sea Salt Mist

### **Food Should Taste Good**

- Sweet Potato Tortilla Chips 6 oz
- The Works! Tortilla Chips 6 oz

### **Food Should Taste Good**

- Jalapeno Tortilla Chips 6 oz
- Multigrain Tortilla Chips 6 oz
- Olive Tortilla Chips 6 oz

### **Glutino**

- Pretzel Sticks, Family Bag
- Pretzels, Family Bag
- Pretzels, Sesame Rings
- Pretzels, Unsalted

### **Kettle Brand®**

- Krinkle Cut Potato Chips, Lightly Salted 14 oz
- Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 14 oz
- Potato Chips, Lightly Salted 2 oz
- Potato Chips, Lightly Salted 5 oz
- Potato Chips, Organic Chipotle Chili BBQ 5 oz
- Potato Chips, Sea Salt & Vinegar 5 oz
- Potato Chips, Unsalted 5 oz

### **Kettle Brand®**

- Baked Potato Chips, 100 Calorie, Lightly Salted .80 oz
- Baked Potato Chips, Hickory Honey BBQ 4 oz
- Baked Potato Chips, Lightly Salted 4 oz
- Baked Potato Chips, Sea Salt & Vinegar 4 oz
- Krinkle Cut Potato Chips, Buffalo Bleu 2 oz
- Krinkle Cut Potato Chips, Buffalo Bleu 5 oz
- Krinkle Cut Potato Chips, Classic BBQ 14 oz
- Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 5 oz
- Potato Chips, Backyard Barbeque 5 oz
- Potato Chips, Death Valley Chipotle 5 oz
- Potato Chips, Jalapeno 2 oz

## **Chips, Pretzels and Snacks (Cont'd)**

### **Kettle Brand®**

- Potato Chips, Sour Cream, Onion & Chive 5 oz
- Potato Chips, Spicy Thai 5 oz
- Potato Chips, Sweet Onion 2 oz

### **Lundberg Farms**

- Brown Rice Cakes
- Buttery Caramel Rice Cakes
- Fiesta Lime Rice Chips
- Organic Brown Rice Cakes
- Organic Sea Salt Rice Chips
- Pico de Gallo Rice Chips
- Sesame Seaweed Rice Chips
- Unsalted Brown Rice Cakes

### **Mr. Krispers**

- Baked Rice Krisps, Barbecue

## **Condiments**

### **Follow Your Heart**

- Vegenaise, Original

### **Organicville**

- Organic Dressing, French
- Organic Original BBQ Sauce

### **Spectrum**

- Light Canola Eggless Mayonnaise 32 oz
- Light Canola Eggless Mayonnaise, Squeeze Bottle
- Organic Olive Oil Mayonnaise
- Organic Soy Mayonnaise 16 oz
- Organic Soy Mayonnaise, Squeeze Bottle

## **Cookies and Snack Bars**

### **Enjoy Life**

- Caramel Apple Snack Bars
- Cocoa Loco Snack Bars
- Soft Baked Chewy Chocolate Chip Cookies
- Soft Baked Double Chocolate Brownie Cookies
- Soft Baked Gingerbread Spice Cookie
- Soft Baked Snickerdoodle Cookie Pack
- Sunbutter Crunch Snack Bars
- Very Berry Snack Bars

## Cookies and Snack Bars (Cont'd)

### EnviroKidz

Lemur Organic Crispy Rice Bars, Peanut Choco Drizzle  
Organic Vanilla Animal Cookies  
Panda Organic Crispy Rice Bars, Peanut Butter

### Glutino

Breakfast Bars, Blueberry  
Breakfast Bars, Cranberry  
Chocolate Coated Wafers  
Lemon Wafers  
Strawberry Wafers  
Vanilla Wafers

### Jennie's

Coconut Macaroons

### Mi-Del

Ginger Snaps

### Orgran

Outback Animals - Vanilla Cookies

### Pamela's Products

Chunky Chocolate Chip Cookies  
Ginger Cookies with Sliced Almonds  
Lemon Shortbread Cookies  
Organic Dark Chocolate Chunk Cookies  
Organic Peanut Butter Chocolate Chip Cookies  
Peanut Butter Cookies  
Simplebites Ginger Mini Snapz

## Crackers

### Blue Diamond

Almond Nut-Thins  
Cheddar Cheese Nut-Thins  
Country Ranch Nut-Thins  
Hazelnut Nut-Thins  
Pecan Nut-Thins  
Smokehouse Almond Nut-Thins

### Edward & Sons

Exotic Rice Toast, Purple Rice & Black Sesame

## Crackers (Cont'd)

### Glutino

Crackers, Cheddar  
Crackers, Original

### Mary's Gone Crackers

Crackers, Black Pepper  
Crackers, Caraway  
Crackers, Onion

## Dairy

### Brown Cow

Apricot-Mango Whole Milk Yogurt, 6 oz  
Blueberry Whole Milk Yogurt, 6 oz  
Cherry-Vanilla Whole Milk Yogurt, 6 oz  
Chocolate Whole Milk Yogurt, 6 oz  
Coffee Whole Milk Yogurt, 6 oz  
Maple Whole Milk Yogurt, 32 oz  
Maple Whole Milk Yogurt, 6 oz  
Non Fat Plain Yogurt, 32 oz  
Non Fat Vanilla Yogurt, 32 oz  
Peach Whole Milk Yogurt, 6 oz  
Plain Whole Milk Yogurt, 6 oz  
Raspberry Whole Milk Yogurt, 6 oz  
Strawberry Whole Milk Yogurt, 6 oz  
Vanilla Whole Milk Yogurt, 32 oz  
Vanilla Whole Milk Yogurt, 6 oz

### Earth Balance

Buttery Spread with Olive Oil  
Buttery Sticks  
Organic Whipped Buttery Spread  
Original Buttery Spread  
Soy Garden Buttery Spread

### Stonyfield Farm

Fat Free French Vanilla Probiotic Multi-Pack  
Fat Free Strawberry Probiotic Multi-Pack  
Organic Fat Free Blueberry Yogurt, Fruit on the Bottom, 6 oz  
Organic Fat Free Chocolate Underground Yogurt, 6 oz  
Organic Fat Free French Vanilla Yogurt, 6 oz  
Organic Fat Free Key Lime Yogurt, 6 oz  
Organic Fat Free Lotsa Lemon Yogurt, 6 oz

## Dairy (Cont'd)

### Stonyfield Farm

- Organic Fat Free Plain Yogurt, 6 oz
- Organic Low Fat Blueberry Yogurt, 6 oz
- Organic Low Fat Cherry Vanilla Yogurt, 6 oz
- Organic Low Fat Plain Yogurt, 32 oz
- Organic Low Fat Plain Yogurt, 6 oz
- Organic Low Fat Strawberry Yogurt, Fruit on the Bottom, 6 oz
- Organic Low Fat Vanilla Yogurt
- Organic Low Fat Vanilla, 32 oz
- Organic O'Soy Strawberry/Peach Yogurt, 6-pack
- Organic Strawberry Yogurt Smoothie, 10 oz
- Organic Strawberry Yogurt Smoothies, 4 pack
- Organic Vanilla Yogurt Smoothie, 10 oz
- Organic Wild Berry Yogurt Smoothies, 4 pack
- YoBaby Banana/Vanilla Yogurt
- YoBaby Blueberry/Apple Yogurt
- YoBaby Peach/Pear Yogurt
- YoKids Squeezers Cherry/Berry Blitz
- YoKids Strawberry Vanilla Raspberry Yogurt

## Dairy Alternatives

### 365 Everyday Value™

- Organic Ricemilk - Original
- Organic Ricemilk - Unsweetened
- Organic Ricemilk - Vanilla
- Organic Soymilk - Chocolate, 32 oz
- Organic Soymilk - Chocolate, 64 oz
- Organic Soymilk - Original, 32 oz
- Organic Soymilk - Original, 64 oz
- Organic Soymilk - Unsweetened, 32 oz
- Organic Soymilk - Unsweetened, 64 oz
- Organic Soymilk - Vanilla, 32 oz
- Organic Soymilk - Vanilla, 64 oz

### Blue Diamond

- Almond Breeze, Chocolate
- Almond Breeze, Chocolate Unsweetened
- Almond Breeze, Original
- Almond Breeze, Original Unsweetened

## Dairy Alternatives (Cont'd)

### Blue Diamond

- Almond Breeze, Vanilla
- Almond Breeze, Vanilla Unsweetened

### Eden

- Organic EdenBlend, Rice & Soy Beverage, 32 oz

### Follow Your Heart

- Vegan Gourmet Cheddar
- Vegan Gourmet Cream Cheese
- Vegan Gourmet Monterey Jack
- Vegan Gourmet Mozzarella Cheese
- Vegan Gourmet Sour Cream

### Rice Dream

- Enriched Rice Milk Beverage, Chocolate 32 oz
- Enriched Rice Milk Beverage, Original 8 oz
- Enriched Rice Milk Beverage, Vanilla 32 oz
- Organic Enriched Rice Milk Beverage, Original 32 oz
- Organic Enriched Rice Milk Beverage, Original 64 oz
- Organic Enriched Rice Milk Beverage, Vanilla 64 oz
- Refrigerated Ricemilk, Original 64 oz
- Refrigerated Ricemilk, Vanilla 64 oz
- Rice Milk Beverage, Carob 32 oz
- Rice Milk Beverage, Original 32 oz
- Rice Milk Beverage, Vanilla 32 oz

### So Delicious

- Blueberry Cultured Coconut Milk Yogurt
- Hazelnut Coconut Milk Creamer
- Original (Plain) Coconut Milk Beverage
- Original (Plain) Coconut Milk Creamer
- Passionate Mango Cultured Coconut Milk Yogurt
- Pina Colada Cultured Coconut Milk Yogurt
- Strawberry Banna Cultured Coconut Milk Yogurt
- Unsweetened Coconut Milk Beverage
- Vanilla Coconut Milk Beverage
- Vanilla Cultured Coconut Milk Yogurt

## Dairy Alternatives (Cont'd)

### WestSoy

Soy Beverage, Unsweetened Chocolate 32 oz

## Deli Style Meats and Cheeses

### Applegate Farms

Sliced Authentic Prosciutto  
Sliced Organic Herb Turkey  
Sliced Organic Roast Beef  
Sliced Oven Roasted Sliced Turkey  
Sliced Pepperoni  
Sliced Smoked Turkey

## Desserts

### Crave

Cheesecake, Sugar-Free 8"  
Mama Z's Chocolate Cake, 6"

### WFM Gluten Free Bakehouse

Apple Pie  
Carrot Cake  
Cherry Pie  
Pumpkin Pie  
Southern Pecan Pie

## Energy and Nutrition Bars/Drinks

### Bumble Bar

Original with Mixed Nuts

### Prana Bar

Organic Pear Ginseng

### Shakti Bar

Organic Raspberry Pomegranate

## Entrees and Mixes

### 365 Everyday Value™

Gluten Free Chocolate Cake Mix  
Gluten Free Chocolate Chip Cookie Mix  
Gluten Free Muffin Mix  
Gluten Free Pancake & Waffle Mix  
Gluten Free Sandwich Bread Mix

## Entrees and Mixes (Cont'd)

### Arrowhead Mills

Gluten Free All Purpose Baking Mix  
Gluten Free Brownie Mix

### Bob's Red Mill

Gluten Free Chocolate Chip Cookie Mix

### Kinnikinnick

Pancake & Waffle Mix

### Lundberg Farms

Butternut Squash Risotto  
Cheddar Broccoli Risotto  
Garlic Primavera Risotto  
Organic Alfredo Risotto  
Organic Florentine Risotto  
Organic Porcini Wild Mushroom Risotto  
Organic Tuscan Risotto

### Mrs. Leeper's

Beef Lasagna Dinner  
Beef Stroganoff Dinner  
Cheeseburger Mac Dinner  
Chicken Alfredo Dinner

### Namaste

Brownie Mix  
Muffin Mix  
Pizza Crust Mix

### Organ

Apple & Cinnamon Pancake Mix

### Road's End Organics

Gluten Free Alfredo Cheese Mix

### Tasty Bite

Bombay Potatoes  
Kashmir Spinach  
Madras Lentils  
Punjab Eggplant

## Ethnic Foods

### Amy's

Organic Asian Noodle Stir-Fry  
Organic Black Bean Tamale Verde Whole Meal  
Organic Black Bean Vegetable Enchilada

## Ethnic Foods (Cont'd)

### Amy's

- Organic Black Bean Vegetable Enchilada, Light in Sodium
- Organic Cheese Enchilada
- Organic Cheese Enchilada Whole Meal
- Organic Cheese Tamale Verde Whole Meal
- Organic Indian Mattar Paneer
- Organic Indian Mattar Tofu
- Organic Indian Palak Paneer
- Organic Indian Paneer Tikka
- Organic Indian Vegetable Korma
- Organic Mexican Casserole Bowl, Light in Sodium
- Organic Roasted Vegetable Tamale Whole Meal
- Organic Santa Fe Enchilada Bowl
- Organic Teriyaki Bowl
- Organic Thai Stir-Fry
- Organic Tortilla Casserole & Black Beans Bowl

### Annie Chun's

- Maifun Rice Noodles

### Edward & Sons

- Miso-Cup, Organic Japanese Restaurant Style
- Miso-Cup, Organic Reduced Sodium
- Miso-Cup, Organic Traditional with Tofu

### Food For Life

- Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

### Food Merchants

- Organic Polenta, Traditional

### Native Forest

- Organic Coconut Milk

### Native Forest

- Light Coconut Milk

### Organicville

- Organic Island Teriyaki

### Tasty Bite

- Bombay Potatoes
- Kashmir Spinach
- Madras Lentils

## Ethnic Foods (Cont'd)

### Tasty Bite

- Punjab Eggplant

## Facial Care Products

### Pangea Organics

- Facial Cream, French Chamomile & Orange Blossom
- Facial Cream, Italian Red Mandarin with Rose

## Frozen Foods

### Amy's

- Kids Baked Ziti Meal
- Organic Asian Noodle Stir-Fry
- Organic Black Bean Tamale Verde Whole Meal
- Organic Black Bean Vegetable Enchilada
- Organic Black Bean Vegetable Enchilada, Light in Sodium
- Organic Brown Rice & Vegetables Bowl
- Organic Brown Rice & Vegetables Bowl, Light in Sodium
- Organic Brown Rice, Black-Eyed Peas & Veggies Bowl
- Organic Cheese Enchilada
- Organic Cheese Enchilada Whole Meal
- Organic Cheese Tamale Verde Whole Meal
- Organic Cream of Rice Hot Cereal Bowl
- Organic Garden Vegetable Lasagna
- Organic Indian Mattar Paneer
- Organic Indian Mattar Tofu
- Organic Indian Palak Paneer
- Organic Indian Paneer Tikka
- Organic Indian Vegetable Korma
- Organic Mexican Casserole Bowl, Light in Sodium
- Organic Rice Crust Cheese Pizza
- Organic Rice Mac & Cheese
- Organic Roasted Vegetable Tamale Whole Meal
- Organic Santa Fe Enchilada Bowl
- Organic Teriyaki Bowl
- Organic Thai Stir-Fry
- Organic Tofu Scramble

## Frozen Foods (Cont'd)

### Amy's

Organic Tortilla Casserole & Black Beans Bowl

### Gluten Free Cafe

Fettuccini Alfredo

### Glutino

Pizza, 3 Cheese with Brown Rice Crust

Pizza, Chicken BBQ

Pizza, Duo Cheese

### Ian's Natural Foods

French Toast Sticks, Wheat Free Gluten Free

Ian's Chicken Nuggets, Allergen Free

Ian's Fish Sticks, Allergen Free

Popcorn Turkey Corn Dogs

Soy Cheesy French Bread Pizza, Wheat Free  
Gluten Free

Wafflewich, Egg & Maple Sausage, Wheat Free  
Gluten Free

### Julie's Organic Ice Cream

Glutenfreeda's Organic Gluten Free Vanilla Ice  
Cream Sandwich

### Organic So Delicious

Chocolate Velvet Non-Dairy Frozen Dessert

Creamy Vanilla Non-Dairy Frozen Dessert

### Purely Decadent

Chocolate Non-Dairy Frozen Coconut Milk Dessert

Chocolate Obsession Non-Dairy Frozen Dessert

Chocolate Peanut Butter Swirl Non-Dairy Frozen  
Coconut Milk Dessert

Coconut Non-Dairy Frozen Coconut Milk Dessert

Cookie Dough Non-Dairy Frozen Coconut Milk  
Dessert

Mint Chip Non-Dairy Frozen Coconut Milk Dessert

Purely Vanilla Non-Dairy Frozen Dessert

Turtle Trails Non-Dairy Frozen Dessert

Vanilla Bean Non-Dairy Frozen Coconut Milk  
Dessert

## Frozen Foods (Cont'd)

### Rice Dream

Vanilla Frozen Dessert, Quart

### So Delicious

Coconut Almond Bar, Made with Coconut Milk

Kidz Assorted Fruit Pops

Vanilla Bar, Made with Coconut Milk

### Starfish

Crispy Battered Gluten Free Haddock

### Van's

Wheat Free Blueberry Waffles

Wheat Free Buckwheat Waffles

Wheat Free Flax Waffles

Wheat Free Homestyle Waffles

Wheat Free Mini Homestyle Waffles

## Grains and Rice

### Ancient Harvest

Inca Red Organic Quinoa 12 oz

Traditional Organic Quinoa 12 oz

### Annie Chun's

Rice Express Sprouted Brown Rice

Rice Express Sticky White Rice

### Lundberg Farms

Butternut Squash Risotto

Cheddar Broccoli Risotto

Eco-Farmed California Brown Basmati Rice

Eco-Farmed California White Arborio Rice

Eco-Farmed California White Basmati Rice

Eco-Farmed California White Jasmine Rice

Organic Alfredo Risotto

Organic California Brown Basmati Rice

Organic California White Basmati Rice

Organic California White Jasmine Rice

Organic Long Grain Brown Rice

Organic Porcini Wild Mushroom Risotto

Organic Short Grain Brown Rice

Organic Wild Rice

## Hand & Body Washes

### Pangea Organics

- Liquid Soap, Italian White Sage with Geranium & Yarrow
- Shower Gel, Egyptian Basil & Mint
- Shower Gel, Italian White Sage with Geranium & Yarrow
- Shower Gel, Pyrenees Lavender with Cardamom

## Jams and Nut Butters

### Arrowhead Mills

- Organic Creamy Peanut Butter, 16 oz

### Blue Diamond

- Homestyle Almond Butter, Creamy

### Earth Balance

- Creamy Natural Peanut Butter
- Crunchy Natural Peanut Butter

## Meat Alternatives

### WestSoy

- Extra Firm Tofu, Tidal Wave 14 oz
- Firm Tofu, Water-Pack 14 oz
- Firm Tofu, Water-Pack 16 oz

## Meat and Poultry

### Applegate Farms

- Organic Chicken Hot Dogs
- Organic Sliced Sunday Bacon
- Organic Turkey Hot Dogs
- Sliced Organic Turkey Bacon
- Sliced Turkey Bacon

## Nutritional Supplements

### Country Life

- DHEA 10mg Capsules, 50 ct
- DHEA 25mg Capsules, 30 ct
- DHEA 25mg Capsules, 90 ct
- Glucosamine Chondroitin Capsules, 60 ct
- Glucosamine Chondroitin Capsules, 90 ct
- L-Arginine 500mg Capsules with B-6, 100 ct
- Max-Amino Capsules with B-6, 90 ct
- Melatonin 3mg Tablets, 30 ct

## Nutritional Supplements (Cont'd)

### Country Life

- Target-Mins Calcium-Magnesium Complex Tablets, 180 ct

## Pasta

### Ancient Harvest

- Quinoa Supergrain Pasta, Elbows 8 oz
- Quinoa Supergrain Pasta, Garden Pagodas 8 oz
- Quinoa Supergrain Pasta, Spaghetti 8 oz

### Bionaturae

- Organic Gluten Free Fusilli
- Organic Gluten Free Spaghetti

### DeBoles Foods

- Multi-Grain Penne
- Multi-Grain Spaghetti
- Rice Fettuccine
- Rice Lasagna

### Lundberg Farms

- Organic Brown Rice Penne Pasta
- Organic Brown Rice Spaghetti Pasta

### Namaste

- Pasta Pisavera
- Taco Pasta

### Tinkyada

- Brown Rice Elbow
- Brown Rice Fettucini
- Brown Rice Fusilli
- Brown Rice Lasagne
- Brown Rice Penne
- Brown Rice Spaghetti
- Brown Rice Spirals
- Organic Brown Rice Penne
- Organic Brown Rice Spaghetti
- Organic Brown Rice Spirals

## Pasta Sauce

### Amy's

- Organic Tomato Basil Pasta Sauce, Light in Sodium

## Personal Care

### Tom's of Maine

Cinnamint Antiplaque with Propolis & Myrrh Toothpaste  
Cinnamon Clove Whole Care Toothpaste  
Fennel Anticavity SLS-Free Toothpaste  
Fragrance-Free Sensitive Stick Deodorant  
Orange-Mango Whole Care Gel Toothpaste  
Peppermint Anti-Plaque Tartar Control Plus Whitening Toothpaste  
Peppermint Anticavity SLS-Free Toothpaste  
Peppermint Anticavity Toothpaste  
Peppermint Antiplaque Tartar Control Plus Whitening Toothpaste  
Peppermint Whole Care Toothpaste  
Silly Strawberry Anticavity Toothpaste  
Silly Strawberry Non-Fluoride Toothpaste  
Spearmint Antiplaque SLS-Free Toothpaste  
Spearmint Anti-Plaque Plus Whitening Gel Toothpaste  
Spearmint Anti-Plaque Tartar Control Plus Whitening Toothpaste  
Spearmint Anticavity ADA Mouthwash  
Spearmint Anticavity Toothpaste  
Spearmint Antiplaque with Propolis & Myrrh Toothpaste  
Spearmint Flat Floss  
Unscented Long Lasting Stick Deodorant  
Unscented Stick Deodorant  
Wintermint Anticavity Toothpaste  
Wintermint Sensitive Toothpaste  
Wintermint Whole Care Toothpaste  
Woodspice Stick Deodorant

## Prepared Foods

### Food Merchants

Organic Polenta, Traditional

## Sauces, Salsas and Dips

### Organicville

Organic Island Teriyaki

### Road's End Organics

Gluten Free Alfredo Cheese Mix

## Seafood

### Starfish

Crispy Battered Gluten Free Haddock

## Soups

### Amy's

Organic Black Bean Chili  
Organic Black Bean Vegetable Soup  
Organic Chunky Tomato Bisque  
Organic Chunky Tomato Bisque, Light in Sodium  
Organic Chunky Vegetable Soup  
Organic Cream of Tomato Soup, Light in Sodium  
Organic Curried Lentil Soup  
Organic Fire Roasted Southwestern Vegetable Soup  
Organic Lentil Soup  
Organic Lentil Soup, Light in Sodium  
Organic Lentil Vegetable Soup  
Organic Lentil Vegetable Soup, Light in Sodium  
Organic Medium Chili  
Organic Southwestern Black Bean Chili  
Organic Spicy Chili  
Organic Split Pea Soup  
Organic Summer Corn & Vegetable Soup  
Organic Thai Coconut Soup (Tom Kha Phak)  
Organic Tuscan Bean & Rice Soup

### Edward & Sons

Miso-Cup, Organic Japanese Restaurant Style  
Miso-Cup, Organic Reduced Sodium  
Miso-Cup, Organic Traditional with Tofu

### Imagine Foods

Broccoli Soup 32 oz  
Butternut Squash Soup 32 oz  
Creamy Tomato Soup 16 oz  
Organic Acorn Squash & Mango Soup 32 oz  
Organic Portabello Mushroom Soup 32 oz  
Organic Potato Soup, Low Sodium 32 oz  
Organic Tomato Soup 32 oz  
Organic Tomato Soup, Low Sodium 32 oz  
Organic Vegetable Broth, Low Sodium 32 oz

## **Specialty Foods**

### **WFM Gluten Free Bakehouse**

Stuffing Cubes

## **Spices and Seasonings**

### **Bob's Red Mill**

Cornstarch

### **Edward & Sons**

Bouillon Cubes, Not-Beef

Bouillon Cubes, Not-Chick'n

## **Sweeteners**

### **Lundberg Farms**

Brown Rice Syrup

Organic Brown Rice Syrup