

# Gluten Free

SPECIAL DIETS SERIES

CELEBRATING  
YOUR  
CHOICES



## Durham Store, South Region

Whole Foods Market is excited to bring you "Celebrating Your Choices," a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product. If you have any questions, you may contact us at [WFMSpecialDiets@wholefoods.com](mailto:WFMSpecialDiets@wholefoods.com).

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## Baby & Infant Food

### Stonyfield Farm

YoBaby Banana/Vanilla Yogurt  
YoBaby Blueberry/Apple Yogurt  
YoBaby Drinkable Yogurt, Banana  
YoBaby Drinkable Yogurt, Peach  
YoBaby Peach/Pear Yogurt

## Baked Goods

### Glutino

Cinnamon French Toast

### Kinnikinnick

Cinnamon Sugar Donuts  
Vanilla Glazed Donuts

### WFM Gluten Free Bakehouse

Almond Cookies  
Almond Scones  
Apple Pie  
Blueberry Muffins  
Cheddar Biscuits  
Cherry Pie  
Chocolate Chip Cookies  
Chocolate Cupcakes  
Cinnamon Raisin Bread  
Cornbread  
Cranberry Orange Scones  
Cream Biscuits  
Croutons  
Honey Oat Bread

## Baked Goods (Cont'd)

### WFM Gluten Free Bakehouse

Lemon Poppyseed Muffins (4 pack)  
Molasses Ginger Cookies  
Morning Glory Muffins  
Nutmeal Raisin Cookies  
Peanut Butter Cookies  
Pie Shells  
Pizza Crust  
Prairie Bread  
Sandwich Bread  
Sundried Tomato & Garlic Bread  
Vanilla Cupcakes

## Baking Needs

### 365 Everyday Value™

Gluten Free All Purpose Baking Mix  
Gluten Free Chocolate Brownie Mix  
Gluten Free Muffin Mix  
Gluten Free White Cake Mix

### Arrowhead Mills

Blue Corn Meal  
Long Grain Brown Rice Flour  
Millet Flour  
Yellow Corn Meal

### Bob's Red Mill

Almond Flour  
Brown Rice Flour  
Cornstarch  
Flaxseed Meal  
Garbanzo Bean Flour  
Gluten Free All Purpose Baking Flour  
Gluten Free Cornbread Mix  
Gluten Free Pancake Mix  
Gluten Free Pizza Crust Mix  
Gluten Free Sweet White Sorghum Flour

## Baking Needs (Cont'd)

### Bob's Red Mill

- GlutenFree Rolled Oats
- Hazelnut Meal/Flour
- Organic Coconut Flour
- Organic Golden Flaxseed Meal
- Potato Flour
- Potato Starch
- Teff Flour
- White Rice Flour
- Xanthan Gum

### Cherrybrook Kitchen

- Chocolate Frosting Mix

### Hain

- Baking Powder

### Let's Do...

- Confetti Sprinkelz

### Let's Do... Organic

- Organic Coconut Flakes
- Organic Reduced Fat Shredded Coconut
- Organic Tapioca Pearls
- Organic Tapioca Starch

### Namaste

- Brownie Mix
- Chocolate Cake Mix
- Waffle & Pancake Mix

### Pamela's Products

- Baking & Pancake Mix
- Chocolate Brownie Mix

### WFM Gluten Free Bakehouse

- Pie Shells

## Beverages

### Bard's Beer

- Bard's Gold, 6-Pack

### Celestial Seasonings

- Acai Mango Zinger Tea, 20 Ct
- Authentic Green Tea, 40 Ct
- Bengal Spice Tea, 20 Ct
- Black Cherry Berry Tea
- Chamomile Tea, 20 Ct

## Beverages (Cont'd)

### Celestial Seasonings

- China Pearl White Tea, 20 Ct
- Country Peach Passion
- Decaf Chai India Spice Tea, 20 Ct
- Honey Vanilla Chamomile Tea, 20 Ct
- Lemon Zinger Tea, 20 Ct
- Madagascar Vanilla Red Tea, 20 Ct
- Mint Magic Tea, 20 Ct
- Peppermint Tea, 20 Ct
- Peppermint Tea, 40 Ct
- Raspberry Zinger Tea, 20 Ct
- Red Zinger Tea, 20 Ct
- Sleepytime Extra Tea, 20 Ct
- Sleepytime Tea, 20 Ct
- Sleepytime Tea, 40 Ct
- Tangerine Orange Zinger Tea, 20 Ct
- Tension Tamer Tea, 20 Ct
- True Blueberry, 20 Ct
- Wild Berry Tea, 20 Ct

### Eden

- Organic EdenBlend, Rice & Soy Beverage, 32 oz
- Organic EdenBlend, Rice & Soy Beverage, 8.45 oz

### So Delicious

- Original (Plain) Coconut Milk Beverage
- Unsweetened Coconut Milk Beverage
- Vanilla Coconut Milk Beverage

## Bread

### Food For Life

- Brown Rice Bread, Wheat & Gluten Free
- Millet Bread, Wheat & Gluten Free
- Rice Almond Bread, Wheat & Gluten Free
- Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

### Glutino

- Bagels, Cinnamon 'n Raisin
- Bagels, Plain
- English Muffins
- Premium Corn Bread
- Premium Flax Seed Bread

## Bread (Cont'd)

### Glutino

Premium Pizza Crusts

### Kinnikinnick

Brown Sandwich Bread

Tapioca Rice English Muffin

Tapioca Rice Hot Dog Buns

Tapioca Rice NY Style Bagels

White Sandwich Bread

### WFM Gluten Free Bakehouse

Cheddar Biscuits

Cinnamon Raisin Bread

Cornbread

Cream Biscuits

Hamburger Buns

Honey Oat Bread

Prairie Bread

Sandwich Bread

Sundried Tomato & Garlic Bread

## Candy and Chocolate

### Endangered Species Chocolate

Bite Size Dark Chocolate with Deep Forest Mint

Bite Size Extreme Dark Chocolate

Bite Size Supreme Dark Chocolate

Dark Chocolate with Blueberries - Sea Turtle

Dark Chocolate with Cranberries & Almonds - Wolf

Dark Chocolate with Deep Forest Mint

Dark Chocolate with Espresso Beans - Tiger

Dark Chocolate with Hazelnut Toffee - Rhino

Dark Chocolate with Raspberries - Grizzly Bear

Extreme Dark Chocolate - Panther

Intense Dark Chocolate with Cacao Nibs - Bat

Milk Chocolate with Almonds - Crane

Milk Chocolate with Cherries - Dolphin

Organic Health Dark Chocolate with Cacao Nibs,  
Yacon & Acai

## Candy and Chocolate (Cont'd)

### Endangered Species Chocolate

Organic Health Dark Chocolate with Goji Berry,  
Pecans & Maca

Smooth Milk Chocolate - Sea Otter

Smooth Organic Dark Chocolate - Butterfly

Smooth Organic Dark Chocolate - Butterfly

Smooth Organic Milk Chocolate - Lion

### Enjoy Life

Boom Choco Boom Dairy-Free Rice Milk Chocolate  
Bar

Boom Choco Boom Dairy-Free Rice Milk w/ Crispy  
Rice Chocolate Bar

Boom Choco Boom Dark Chocolate Bar

### Glee Gum

Glee Cinnamon Gum

Glee Peppermint Gum

Glee Tangerine Gum

### Let's Do...

Confetti Sprinkelz

### Let's Do... Organic

Organic Jelly Gummi Bears

### Scharffen Berger

Bittersweet Chocolate Bar, 70% Cacao

## Canned Goods

### Amy's

Organic Traditional Refried Beans

### Native Forest

Organic Baby Corn

## Cereal

### Ancient Harvest

Organic Quinoa Flakes 12 oz

### Arrowhead Mills

Maple Buckwheat Organic Flakes

Organic Yellow Corn Grits

Sweetened Organic Rice Flakes

### Barbara's Bakery

Honey Rice Puffins Cereal

## Cereal (Cont'd)

### Bob's Red Mill

GlutenFree Rolled Oats  
Organic Brown Rice Farina Creamy Rice Hot Cereal

### EnviroKidz

Amazon Frosted Flakes Organic Cereal  
Koala Crisp Organic Cereal  
Leapin' Lemurs Peanut Butter & Chocolate Organic Cereal  
Peanut Butter Panda Puffs Organic Cereal

### Nature's Path

Organic Fruit Juice Sweetened Corn Flakes  
Organic Fruit Juice Sweetened Corn Flakes, 26.4 oz  
Organic Mesa Sunrise Cereal  
Organic Mesa Sunrise Cereal, 26.4 oz

### WFM Gluten Free Bakehouse

Fruit and Nut Granola

## Cheese

### Follow Your Heart

Vegan Gourmet Cheddar  
Vegan Gourmet Monterey Jack  
Vegan Gourmet Mozzarella Cheese

## Chips, Pretzels and Snacks

### Food Should Taste Good

Sweet Potato Tortilla Chips 6 oz

### Food Should Taste Good

Multigrain Tortilla Chips 6 oz  
Olive Tortilla Chips 6 oz

### Glutino

Pretzel Sticks, Family Bag  
Pretzels, Family Bag  
Pretzels, Sesame Rings  
Pretzels, Sticks

### Kettle Brand®

Krinkle Cut Potato Chips, Lightly Salted 14 oz  
Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 14 oz

## Chips, Pretzels and Snacks (Cont'd)

### Kettle Brand®

Potato Chips, Honey Dijon 2 oz  
Potato Chips, Honey Dijon 5 oz  
Potato Chips, Lightly Salted 14 oz  
Potato Chips, Lightly Salted 2 oz  
Potato Chips, Lightly Salted 5 oz  
Potato Chips, New York Cheddar w/ Herbs 5 oz  
Potato Chips, Organic Chipotle Chili BBQ 5 oz  
Potato Chips, Organic Lightly Salted 5 oz  
Potato Chips, Sea Salt & Vinegar 2 oz  
Potato Chips, Sea Salt & Vinegar 5 oz  
Potato Chips, Unsalted 5 oz  
Potato Chips, Yogurt & Green Onion 5 oz

### Kettle Brand®

Baked Potato Chips, Hickory Honey BBQ 4 oz  
Baked Potato Chips, Lightly Salted 4 oz  
Baked Potato Chips, Salt & Fresh Ground Pepper 4 oz  
Baked Potato Chips, Sea Salt & Vinegar 4 oz  
Krinkle Cut Potato Chips, Classic BBQ 14 oz  
Potato Chips, Backyard Barbeque 5 oz  
Potato Chips, Jalapeno 2 oz  
Potato Chips, Jalapeno 5 oz  
Potato Chips, Organic Sea Salt & Black Pepper 5 oz  
Potato Chips, Spicy Thai 5 oz  
Potato Chips, Sweet Onion 5 oz

### Lundberg Farms

Brown Rice Cakes  
Honey Nut Rice Cakes  
Organic Brown Rice Cakes  
Organic Popcorn Rice Cakes  
Organic Sea Salt Rice Chips  
Organic Unsalted Brown Rice Cakes  
Organic Wild Rice Cakes  
Sante Fe BBQ Rice Chips  
Unsalted Brown Rice Cakes

## **Chips, Pretzels and Snacks (Cont'd)**

### **Mary's Gone Crackers**

Sticks & Twigs, Sea Salt  
Sticks & Twigs, Tomato Chipotle

### **Mr. Krispers**

Baked Rice Krisps, Barbecue  
Baked Rice Krisps, Sea Salt & Pepper  
Baked Rice Krisps, Sour Cream & Onion

## **Condiments**

### **Eden**

Tamari Soy Sauce, Naturally Brewed 10 oz

### **Follow Your Heart**

Vegenaise, High Omega-3 w/ Expeller-Pressed Canola Oil  
Vegenaise, Original

### **Organicville**

Organic Dressing, French  
Organic Dressing, Herbs de Provence Vinaigrette  
Organic Dressing, Non Dairy Ranch  
Organic Dressing, Sundried Tomato & Garlic Vinaigrette  
Organic Dressing, Tarragon Dijon Vinaigrette

### **Spectrum**

Light Canola Eggless Mayonnaise 16 oz  
Light Canola Eggless Mayonnaise, Squeeze Bottle  
Organic Olive Oil Mayonnaise  
Organic Soy Mayonnaise 16 oz  
Organic Soy Mayonnaise, Squeeze Bottle

## **Cookies and Snack Bars**

### **Enjoy Life**

Caramel Apple Snack Bars  
Cocoa Loco Snack Bars  
Soft Baked Double Chocolate Brownie Cookies  
Soft Baked Gingerbread Spice Cookie  
Soft Baked Snickerdoodle Cookies  
Very Berry Snack Bars

## **Cookies and Snack Bars (Cont'd)**

### **EnviroKidz**

Cheetah Organic Crispy Rice Bars, Berry  
Koala Organic Crispy Rice Bars, Chocolate  
Panda Organic Crispy Rice Bars, Peanut Butter

### **Glutenfreeda's Real Cookies**

Chip Chip Hooray! Cookie Dough  
Sugar Kookies Cookie Dough

### **Glutino**

Breakfast Bars, Apple  
Vanilla Wafers

### **Jennie's**

Coconut Macaroons

### **Kinnikinnick**

KinniTOOS Chocolate Sandwich Creme Cookies  
KinniTOOS Vanilla Sandwich Creme Cookies  
Montana's Chocolate Chip Cookies

### **Let's Do...**

Gluten Free Ice Cream Cones

### **Mi-Del**

Arrowroot Animal Cookies  
Ginger Snaps

### **Pamela's Products**

Butter Shortbread Cookies  
Chocolate Chip Walnut Cookies  
Chunky Chocolate Chip Cookies  
Ginger Cookies with Sliced Almonds  
Simplebites Chocolate Chip Mini Cookies  
Simplebites Ginger Mini Snapz

### **WFM Gluten Free Bakehouse**

Almond Cookies  
Chocolate Chip Cookies  
Molasses Ginger Cookies  
Nutmeal Raisin Cookies  
Peanut Butter Cookies

## **Crackers**

### **Blue Diamond**

Almond Nut-Thins  
Cheddar Cheese Nut-Thins

## Crackers (Cont'd)

### Blue Diamond

Country Ranch Nut-Thins  
Hazelnut Nut-Thins  
Pecan Nut-Thins  
Smokehouse Almond Nut-Thins

### Edward & Sons

Brown Rice Snaps, Onion Garlic  
Organic Brown Rice Snaps, Black Sesame  
Organic Brown Rice Snaps, Unsalted Plain  
Organic Brown Rice Snaps, Vegetable

### Glutino

Crackers, Cheddar  
Crackers, Multigrain

### Mary's Gone Crackers

Crackers, Black Pepper  
Crackers, Herb  
Crackers, Onion  
Crackers, Original

## Dairy

### Brown Cow

Apricot-Mango Whole Milk Yogurt, 6 oz  
Blueberry Whole Milk Yogurt, 6 oz  
Cherry-Vanilla Whole Milk Yogurt, 6 oz  
Chocolate Whole Milk Yogurt, 6 oz  
Coffee Whole Milk Yogurt, 6 oz  
Low Fat Blueberry Yogurt, 6 oz  
Low Fat Peach Yogurt, 6 oz  
Low Fat Plain Yogurt, 32 oz  
Low Fat Vanilla Bean Yogurt, 6 oz  
Low Fat Vanilla Yogurt, 32 oz  
Maple Whole Milk Yogurt, 32 oz  
Maple Whole Milk Yogurt, 6 oz  
Non Fat Plain Yogurt, 32 oz  
Peach Whole Milk Yogurt, 6 oz  
Plain Whole Milk Yogurt, 32 oz  
Plain Whole Milk Yogurt, 6 oz  
Raspberry Whole Milk Yogurt, 6 oz  
Strawberry Whole Milk Yogurt, 6 oz  
Vanilla Whole Milk Yogurt, 32 oz  
Vanilla Whole Milk Yogurt, 6 oz

## Dairy (Cont'd)

### Earth Balance

Buttery Sticks  
Organic Whipped Buttery Spread  
Original Buttery Spread  
Soy Free Buttery Spread

### Stonyfield Farm

Fat Free French Vanilla Probiotic Multi-Pack  
Fat Free Strawberry Probiotic Multi-Pack  
Organic Cream Top Chocolate Underground, 6 oz  
Organic Cream Top French Vanilla Yogurt, 32 oz  
Organic Cream Top French Vanilla, 6 oz  
Organic Cream Top Plain Yogurt, 32 oz  
Organic Cream Top Strawberries & Cream Yogurt, 6 oz  
Organic Fat Free Black Cherry Yogurt, Fruit on the Bottom, 6 oz  
Organic Fat Free Blueberry Yogurt, Fruit on the Bottom, 6 oz  
Organic Fat Free Chocolate Underground Yogurt, 6 oz  
Organic Fat Free French Vanilla Yogurt, 32 oz  
Organic Fat Free French Vanilla Yogurt, 6 oz  
Organic Fat Free Key Lime Yogurt, 6 oz  
Organic Fat Free Lotsa Lemon Yogurt, 6 oz  
Organic Fat Free Peach Yogurt, 6 oz  
Organic Fat Free Plain Yogurt, 32 oz  
Organic Fat Free Plain Yogurt, 6 oz  
Organic Fat Free Pomegranate Berry Yogurt, 6 oz  
Organic Fat Free Strawberry Yogurt, Fruit on the Bottom, 6 oz  
Organic Low Fat BaNilla Yogurt, 32 oz  
Organic Low Fat Blueberry Yogurt, 6 oz  
Organic Low Fat Cherry Vanilla Yogurt, 6 oz  
Organic Low Fat Just Peachy Yogurt, Fruit on the Bottom, 6 oz  
Organic Low Fat Plain Yogurt, 32 oz  
Organic Low Fat Plain Yogurt, 6 oz

## Dairy (Cont'd)

### Stonyfield Farm

- Organic Low Fat Raspberry Yogurt, 6 oz
- Organic Low Fat Strawberry Yogurt, 32 oz
- Organic Low Fat Strawberry Yogurt, Fruit on the Bottom, 6 oz
- Organic Low Fat Vanilla Yogurt
- Organic Low Fat Vanilla, 32 oz
- Organic O'Soy Strawberry/Peach Yogurt, 6-pack
- Organic Peach Yogurt Smoothie, 10 oz
- Organic Strawberry Yogurt Smoothie, 10 oz
- Organic Vanilla Yogurt Smoothie, 10 oz
- Organic Wild Berry Yogurt Smoothie, 10 oz
- YoBaby Banana/Vanilla Yogurt
- YoBaby Blueberry/Apple Yogurt
- YoBaby Drinkable Yogurt, Banana
- YoBaby Drinkable Yogurt, Peach
- YoBaby Peach/Pear Yogurt
- YoKids Squeezers Cherry/Berry Blitz
- YoKids Squeezers Screamin' Strawberry
- YoKids Strawberry BaNilla Blast Yogurt
- YoKids Strawberry Vanilla Raspberry Yogurt

## Dairy Alternatives

### 365 Everyday Value™

- Organic Ricemilk - Original
- Organic Ricemilk - Unsweetened
- Organic Ricemilk - Vanilla
- Organic Soymilk - Chocolate, 32 oz
- Organic Soymilk - Chocolate, 64 oz
- Organic Soymilk - Original, 32 oz
- Organic Soymilk - Original, 64 oz
- Organic Soymilk - Unsweetened, 32 oz
- Organic Soymilk - Unsweetened, 64 oz
- Organic Soymilk - Vanilla, 32 oz
- Organic Soymilk - Vanilla, 64 oz

### Almond Dream

- Almond Drink, Original 64 oz
- Almond Drink, Unsweetened Original 64 oz

### Blue Diamond

- Almond Breeze, Chocolate
- Almond Breeze, Chocolate Unsweetened
- Almond Breeze, Original

## Dairy Alternatives (Cont'd)

### Blue Diamond

- Almond Breeze, Original Unsweetened
- Almond Breeze, Vanilla
- Almond Breeze, Vanilla Unsweetened

### Eden

- Organic EdenBlend, Rice & Soy Beverage, 32 oz
- Organic EdenBlend, Rice & Soy Beverage, 8.45 oz

### Follow Your Heart

- Vegan Gourmet Cheddar
- Vegan Gourmet Monterey Jack
- Vegan Gourmet Mozzarella Cheese

### Hemp Dream

- Hemp Dream, Original 12/32 oz
- Hemp Dream, Vanilla 12/32 oz

### Rice Dream

- Enriched Rice Milk Beverage, Chocolate 32 oz
- Enriched Rice Milk Beverage, Original 8 oz
- Enriched Rice Milk Beverage, Vanilla 32 oz
- Organic Enriched Rice Milk Beverage, Original 32 oz
- Organic Enriched Rice Milk Beverage, Original 64 oz
- Organic Enriched Rice Milk Beverage, Vanilla 64 oz
- Refrigerated Ricemilk, Original 64 oz
- Refrigerated Ricemilk, Vanilla 64 oz
- Rice Milk Beverage, Carob 32 oz
- Rice Milk Beverage, Vanilla 8 oz

### So Delicious

- Chocolate Cultured Coconut Milk Yogurt
- French Vanilla Coconut Milk Creamer
- Hazelnut Coconut Milk Creamer
- Original (Plain) Coconut Milk Beverage
- Original (Plain) Coconut Milk Creamer
- Original (Plain) Coconut Milk Kefir
- Pina Colada Cultured Coconut Milk Yogurt
- Plain Cultured Coconut Milk Yogurt
- Strawberry Cultured Coconut Milk Yogurt
- Unsweetened Coconut Milk Beverage

## Dairy Alternatives (Cont'd)

### So Delicious

Vanilla Coconut Milk Beverage  
Vanilla Coconut Milk Kefir

### Stonyfield Farm

Organic O'Soy Blueberry Yogurt, 6 oz  
Organic O'Soy Raspberry Yogurt, 6 oz  
Organic O'Soy Vanilla Yogurt, 6 oz  
Organic O'Soy Strawberry Yogurt, 6 oz

### WestSoy

Plus Soy Beverage, Plain 32 oz  
Plus Soy Beverage, Plain 64 oz  
Plus Soy Beverage, Vanilla 32 oz  
Plus Soy Beverage, Vanilla 64 oz  
Soy Beverage, Unsweetened Chocolate 32 oz

## Deli Style Meats and Cheeses

### Applegate Farms

Salametti  
Sliced Organic Genoa Salami  
Sliced Organic Oven Roasted Turkey  
Sliced Organic Uncured Ham  
Sliced Oven Roasted Sliced Turkey  
Sliced Slow Cooked Ham  
Sliced Smoked Turkey

## Desserts

### French Meadow Bakery

Gluten Free Fudge Brownie

### WFM Gluten Free Bakehouse

Apple Pie  
Cherry Pie  
Chocolate Cupcakes  
Vanilla Cupcakes

## Energy and Nutrition Bars/Drinks

### Boomi Bar

Almond Protein Plus

### Bumble Bar

Chai with Almonds  
Chocolate Crisp  
Lushus Lemon

## Energy and Nutrition Bars/Drinks (Cont'd)

### Bumble Bar

Original with Peanut

## Entrees and Mixes

### 365 Everyday Value™

Gluten Free All Purpose Baking Mix  
Gluten Free Chocolate Brownie Mix  
Gluten Free Muffin Mix  
Gluten Free White Cake Mix

### Bob's Red Mill

TVP (Textured Vegetable Protein)

### Cherrybrook Kitchen

Chocolate Frosting Mix

### Lundberg Farms

Cheddar Broccoli Risotto  
Italian Herb Risotto  
Organic Alfredo Risotto  
Organic Florentine Risotto  
Organic Porcini Wild Mushroom Risotto  
Organic Tuscan Risotto

### Namaste

Brownie Mix  
Chocolate Cake Mix  
Waffle & Pancake Mix

### Road's End Organics

Dairy Free Alfredo Style Mac & Cheese  
Dairy Free Cheddar Style Penne & Cheese  
Organic Golden Gravy Mix  
Organic Savory Herb Gravy Mix

### Tasty Bite

Kashmir Spinach  
Madras Lentils  
Punjab Eggplant  
Spinach Dal

## Ethnic Foods

### Amy's

Organic Black Bean Enchilada Whole Meal  
Organic Black Bean Tamale Verde Whole Meal

## Ethnic Foods (Cont'd)

### Amy's

- Organic Black Bean Vegetable Enchilada, Light in Sodium
- Organic Cheese Enchilada
- Organic Cheese Enchilada Whole Meal
- Organic Cheese Tamale Verde Whole Meal
- Organic Indian Mattar Paneer
- Organic Indian Mattar Paneer, Light in Sodium
- Organic Indian Palak Paneer
- Organic Indian Paneer Tikka
- Organic Indian Vegetable Korma
- Organic Mexican Casserole Bowl
- Organic Mexican Casserole Bowl, Light in Sodium
- Organic Mexican Tamale Pie
- Organic Mexican Tofu Scramble
- Organic Roasted Vegetable Tamale Whole Meal
- Organic Santa Fe Enchilada Bowl
- Organic Teriyaki Bowl
- Organic Tortilla Casserole & Black Beans Bowl

### Food For Life

- Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

### Food Merchants

- Organic Polenta, Basil & Garlic
- Organic Polenta, Traditional

### Tasty Bite

- Kashmir Spinach
- Madras Lentils
- Punjab Eggplant
- Spinach Dal

## Frozen Foods

### Amy's

- Organic Baked Ziti Bowl
- Organic Bistro Veggie Burger
- Organic Black Bean Enchilada Whole Meal
- Organic Black Bean Tamale Verde Whole Meal
- Organic Black Bean Vegetable Enchilada, Light in Sodium

## Frozen Foods (Cont'd)

### Amy's

- Organic Brown Rice & Vegetables Bowl
- Organic Brown Rice & Vegetables Bowl, Light in Sodium
- Organic Brown Rice, Black-Eyed Peas & Veggies Bowl
- Organic Cheese Enchilada
- Organic Cheese Enchilada Whole Meal
- Organic Cheese Tamale Verde Whole Meal
- Organic Garden Vegetable Lasagna
- Organic Indian Mattar Paneer
- Organic Indian Mattar Paneer, Light in Sodium
- Organic Indian Palak Paneer
- Organic Indian Paneer Tikka
- Organic Indian Vegetable Korma
- Organic Mexican Casserole Bowl
- Organic Mexican Casserole Bowl, Light in Sodium
- Organic Mexican Tamale Pie
- Organic Mexican Tofu Scramble
- Organic Rice Crust Spinach Pizza
- Organic Rice Mac & Cheese
- Organic Roasted Vegetable Tamale Whole Meal
- Organic Santa Fe Enchilada Bowl
- Organic Shepherd's Pie
- Organic Shepherd's Pie, Light in Sodium
- Organic Single Serve Non-Dairy Rice Crust Cheeze Pizza
- Organic Teriyaki Bowl
- Organic Tofu Scramble
- Organic Tortilla Casserole & Black Beans Bowl

### Applegate Farms

- Maple Breakfast Sausage
- Organic Turkey Burgers
- Sage Breakfast Sausage

### French Meadow Bakery

- Gluten Free Chocolate Chip Cookie Dough
- Gluten Free Fudge Brownie

## Frozen Foods (Cont'd)

### Gluten Free Cafe

Fettuccini Alfredo  
Lemon Basil Chicken  
Pasta Primavera

### Glutenfreeda's Real Cookies

Chip Chip Hooray! Cookie Dough  
Sugar Kookies Cookie Dough

### Glutino

Pizza, 3 Cheese with Brown Rice Crust  
Pizza, Duo Cheese  
Pizza, Spinach Feta

### Ian's Natural Foods

Chicken Patties, Wheat Free Gluten Free  
Lightly Battered Fish, Wheat Free Gluten Free  
Popcorn Turkey Corn Dogs

### It's Soy Delicious

Chocolate Almond Non-Dairy Frozen Dessert  
Green Tea Non-Dairy Frozen Dessert  
Raspberry Non-Dairy Frozen Dessert  
Vanilla Non-Dairy Frozen Dessert

### Kettle Cuisine

Angus Beef Steak Chili with Beans  
Organic Mushroom and Potato Soup

### Kinnikinnick

Brown Sandwich Bread  
Cinnamon Sugar Donuts  
Tapioca Rice English Muffin  
Tapioca Rice Hot Dog Buns  
Tapioca Rice NY Style Bagels  
Vanilla Glazed Donuts  
White Sandwich Bread

### Nature's Path

Organic Buckwheat Wildberry Waffles  
Organic Homestyle Waffles

### Organic So Delicious

Chocolate Peanut Butter Non-Dairy Frozen Dessert  
Chocolate Velvet Non-Dairy Frozen Dessert  
Creamy Vanilla Non-Dairy Frozen Dessert  
Mocha Fudge Non-Dairy Frozen Dessert

## Frozen Foods (Cont'd)

### Organic So Delicious

Strawberry Non-Dairy Frozen Dessert

### Purely Decadent

Blueberry Cheesecake Non-Dairy Frozen Dessert  
Chocolate Non-Dairy Frozen Coconut Milk Dessert  
Chocolate Obsession Non-Dairy Frozen Dessert  
Chocolate Peanut Butter Swirl Non-Dairy Frozen Coconut Milk Dessert  
Coconut Non-Dairy Frozen Coconut Milk Dessert  
Cookie Dough Non-Dairy Frozen Coconut Milk Dessert  
Mint Chip Non-Dairy Frozen Coconut Milk Dessert  
Mocha Almond Fudge Non-Dairy Frozen Coconut Milk Dessert  
Passionate Mango Non-Dairy Frozen Coconut Milk Dessert  
Peanut Butter Zig Zag Non-Dairy Frozen Dessert  
Pomegranate Chip Non-Dairy Frozen Dessert  
Praline Pecan Non-Dairy Frozen Dessert  
Purely Vanilla Non-Dairy Frozen Dessert  
Turtle Trails Non-Dairy Frozen Dessert  
Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert

### Rice Dream

Cocoa Marble Fudge Frozen Dessert, Pint  
Vanilla Frozen Dessert, Pint  
Vanilla Frozen Dessert, Quart

### So Delicious

Coconut Almond Bar, Made with Coconut Milk  
Orange Passion Fruit Agave Sweetened Fruit Bar  
Vanilla Bar, Made with Coconut Milk

### Starfish

Crispy Battered Gluten Free Cod  
Crispy Battered Gluten Free Haddock

## Frozen Foods (Cont'd)

### Sweet Nothings

Non-Dairy Fudge Bar

### Van's

Wheat Free Blueberry Waffles  
Wheat Free Buckwheat Waffles  
Wheat Free Flax Waffles  
Wheat Free Homestyle Pancakes  
Wheat Free Homestyle Waffles  
Wheat Free Mini Homestyle Waffles

## Grains and Rice

### Ancient Harvest

Inca Red Organic Quinoa 12 oz  
Traditional Organic Quinoa 12 oz

### Annie Chun's

Rice Express Sprouted Brown Rice  
Rice Express Sticky White Rice

### Lundberg Farms

Cheddar Broccoli Risotto  
Eco-Farmed Black Japonica Field Gourmet Blend  
Italian Herb Risotto  
Organic Alfredo Risotto  
Organic California White Basmati Rice  
Organic Porcini Wild Mushroom Risotto  
Organic Short Grain Brown Rice  
Organic Wild & Wehani Rice  
Organic Wild Rice

## Jams and Nut Butters

### Arrowhead Mills

Creamy Peanut Butter, 26 oz  
Crunchy Peanut Butter, 16 oz  
Crunchy Peanut Butter, 26 oz

### Blue Diamond

Homestyle Almond Butter, Creamy  
Homestyle Almond Butter, Crunchy  
Readyspread Almond Butter, Creamy

### Earth Balance

Creamy Natural Almond Butter  
Creamy Natural Peanut Butter

## Jams and Nut Butters (Cont'd)

### Earth Balance

Crunchy Natural Peanut Butter

## Meat Alternatives

### Bob's Red Mill

TVP (Textured Vegetable Protein)

### WestSoy

Extra Firm Tofu, Vacuum-Pack 12 oz

## Meat and Poultry

### Applegate Farms

Beef Hot Dogs  
Chicken Apple Breakfast Sausage  
Chicken Hot Dogs  
Maple Breakfast Sausage  
Organic Beef Hot Dogs  
Organic Chicken Hot Dogs  
Organic Hot Dogs  
Organic Poultry Andouille Sausage  
Organic Sliced Sunday Bacon  
Organic Spinach & Feta Sausage  
Organic Sweet Italian Sausage  
Organic Turkey Burgers  
Organic Turkey Hot Dogs  
Sage Breakfast Sausage  
Sliced Organic Turkey Bacon  
Sliced Sunday Bacon  
Sliced Turkey Bacon  
Turkey Hot Dogs

## Nutritional Supplements

### Country Life

L-Lysine 1000mg Tablets with B-6, 50 ct  
L-Methionine 500mg Tablets with B-6, 60 ct  
Max-Amino Capsules with B-6, 180 ct  
Melatonin 3mg Tablets, 30 ct  
Pregnenolone 10mg Capsules, 60 ct  
Pycogenol 100mg Capsules, 30 ct  
Target-Mins Calcium-Magnesium Capsules, 180 ct  
Target-Mins Calcium-Magnesium Complex Tablets, 180 ct

## Nutritional Supplements (Cont'd)

### Country Life

- Target-Mins Calcium-Magnesium Complex Tablets, 90 ct
- Target-Mins Calcium-Magnesium-Veg Capsules, 120 ct
- Target-Mins Calcium-Magnesium-Veg Capsules, 240 ct
- Target-Mins Magnesium Capsules, 60 ct

## Pasta

### Ancient Harvest

- Quinoa Supergrain Pasta, Garden Pagodas 8 oz
- Quinoa Supergrain Pasta, Spaghetti 8 oz

### Bionaturae

- Organic Gluten Free Fusilli
- Organic Gluten Free Penne Rigate
- Organic Gluten Free Spaghetti

### DeBoles Foods

- Corn Spaghetti
- Multi-Grain Spaghetti
- Rice Fettuccine
- Rice Lasagna
- Rice Penne
- Rice Spaghetti
- Rice Spirals

### Lundberg Farms

- Organic Brown Rice Rotini Pasta
- Organic Brown Rice Spaghetti Pasta

### Tinkyada

- Brown Rice Elbow
- Brown Rice Fettucini
- Brown Rice Fusilli
- Brown Rice Little Dreams
- Brown Rice Penne
- Brown Rice Shells
- Brown Rice Spirals
- Organic Brown Rice Elbow
- Organic Brown Rice Lasagne
- Vegetable Brown Rice Spirals

## Pasta Sauce

### Amy's

- Organic Tomato Basil Pasta Sauce

## Personal Care

### Tom's of Maine

- Calendula Stick Deodorant
- Cinnamon Clove Whole Care Toothpaste
- Cucumber-Grapefruit Sensitive Stick Deodorant
- Fennel Anticavity SLS-Free Toothpaste
- Fennel Antiplaque Propolis & Myrrh Toothpaste
- Fennel Antiplaque Tartar Control Plus Whitening Toothpaste
- Fragrance-Free Sensitive Stick Deodorant
- Honeysuckle Rose Stick Deodorant
- Lavender Long Lasting Roll-on Deodorant
- Lavender Long Lasting Stick Deodorant
- Lemongrass Long Lasting Stick Deodorant
- Orange-Mango Whole Care Gel Toothpaste
- Outrageous Orange-Mango Anticavity Toothpaste
- Peppermint Anti-Plaque Tartar Control Plus Whitening Toothpaste
- Peppermint Anticavity Toothpaste
- Peppermint Baking Soda Mouthwash
- Peppermint Whole Care Gel Toothpaste
- Peppermint Whole Care Toothpaste
- Silly Strawberry Anticavity Toothpaste
- Silly Strawberry Non-Fluoride Toothpaste
- Spearmint Antiplaque SLS-Free Toothpaste
- Spearmint Anti-Plaque Plus Whitening Gel Toothpaste
- Spearmint Anti-Plaque Tartar Control Plus Whitening Toothpaste
- Spearmint Anticavity ADA Mouthwash
- Spearmint Anticavity Toothpaste
- Spearmint Antiplaque with Propolis & Myrrh Toothpaste
- Spearmint Cleansing Mouthwash
- Spearmint Flat Floss
- Spearmint Whole Care Gel Toothpaste
- Spearmint Whole Care Toothpaste
- Unflavored Round Floss
- Unscented Long Lasting Roll-on Deodorant

## Personal Care (Cont'd)

### Tom's of Maine

- Unscented Long Lasting Stick Deodorant
- Unscented Stick Deodorant
- Wintermint Anticavity Toothpaste
- Wintermint Sensitive Toothpaste
- Wintermint Whole Care Toothpaste
- Woodspice Stick Deodorant

## Prepared Foods

### Food Merchants

- Organic Polenta, Basil & Garlic
- Organic Polenta, Traditional

## Sauces, Salsas and Dips

### Organicville

- Organic Medium Salsa

### Road's End Organics

- Organic Golden Gravy Mix
- Organic Savory Herb Gravy Mix

### The Wizard's Sauce

- Organic Hot Stuff

## Seafood

### Starfish

- Crispy Battered Gluten Free Cod
- Crispy Battered Gluten Free Haddock

## Soups

### Amy's

- Organic Black Bean Vegetable Soup
- Organic Chunky Tomato Bisque
- Organic Chunky Tomato Bisque, Light in Sodium
- Organic Chunky Vegetable Soup
- Organic Cream of Tomato Soup
- Organic Cream of Tomato Soup, Light in Sodium
- Organic Curried Lentil Soup
- Organic Fire Roasted Southwestern Vegetable Soup
- Organic Lentil Soup

## Soups (Cont'd)

### Amy's

- Organic Lentil Vegetable Soup
- Organic Lentil Vegetable Soup, Light in Sodium
- Organic Medium Chili
- Organic Medium Chili with Vegetables
- Organic Medium Chili, Light in Sodium
- Organic Southwestern Black Bean Chili
- Organic Spicy Chili
- Organic Spicy Chili, Light in Sodium
- Organic Split Pea Soup
- Organic Summer Corn & Vegetable Soup
- Organic Thai Coconut Soup (Tom Kha Phak)
- Organic Tuscan Bean & Rice Soup

### Imagine Foods

- Broccoli Soup 16 oz
- Broccoli Soup 32 oz
- Butternut Squash Soup 32 oz
- Creamy Tomato Soup 16 oz
- No Chicken Broth 32 oz
- Organic Chicken Broth, Low Sodium 32 oz
- Organic Portabello Mushroom Soup 32 oz
- Organic Vegetable Broth, Low Sodium 32 oz
- Portabello Mushroom Soup 16 oz
- Potato Leek Soup 16 oz
- Potato Leek Soup 32 oz
- Sweet Potato Soup 32 oz

### Kettle Cuisine

- Angus Beef Steak Chili with Beans
- Organic Mushroom and Potato Soup

## Spices and Seasonings

### Bob's Red Mill

- Cornstarch

### Edward & Sons

- Bouillon Cubes, Not-Beef
- Bouillon Cubes, Not-Chick'n

## **Sweeteners**

### **Lundberg Farms**

Organic Brown Rice Syrup