

Gluten Free

SPECIAL DIETS SERIES

CELEBRATING
YOUR
CHOICES



Poplar Store, South Region

Whole Foods Market is excited to bring you "Celebrating Your Choices," a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product. If you have any questions, you may contact us at WFMSpecialDiets@wholefoods.com.

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Baby & Infant Food

Stonyfield Farm

YoBaby Banana/Vanilla Yogurt
YoBaby Drinkable Yogurt, Banana
YoBaby Drinkable Yogurt, Peach
YoBaby Peach/Pear Yogurt
YoBaby Simply Plain Yogurt

Baked Goods

Glutino

Cinnamon French Toast

Kinnikinnick

Blueberry Muffins
Carrot Muffins
Chocolate Dipped Donuts
Cinnamon Sugar Donuts
Maple Glazed Donuts
Tapioca Rice Cinnamon Buns

WFM Gluten Free Bakehouse

Apple Pie
Banana Bread
Blueberry Muffins
Carrot Cake
Cheddar Biscuits
Cherry Almond Streusel Muffins
Cherry Pie
Chocolate Chip Cookies
Chocolate Cupcakes
Cinnamon Raisin Bread

Baked Goods (Cont'd)

WFM Gluten Free Bakehouse

Cornbread
Cranberry Orange Scones
Cream Biscuits
Croutons
Honey Oat Bread
Lemon Poppyseed Muffins (4 pack)
Molasses Ginger Cookies
Morning Glory Muffins
Nutmeal Raisin Cookies
Peach Pie
Peanut Butter Cookies
Pie Shells
Pizza Crust
Prairie Bread
Pumpkin Pie
Sandwich Bread
Southern Pecan Pie
Sundried Tomato & Garlic Bread
Vanilla Cupcakes

Baking Needs

365 Everyday Value™

Gluten Free All Purpose Baking Mix
Gluten Free Chocolate Brownie Mix
Gluten Free Chocolate Cake Mix
Gluten Free Pizza Crust Mix
Gluten Free Sandwich Bread Mix
Gluten Free White Cake Mix

Arrowhead Mills

Blue Corn Meal
Buckwheat Flour
Gluten Free All Purpose Baking Mix
Gluten Free Chocolate Chip Cookie Mix
Gluten Free Pancake & Baking Mix
Gluten Free Vanilla Cake Mix

Baking Needs (Cont'd)

Arrowhead Mills

- Long Grain Brown Rice Flour
- Millet Flour
- Soy Flour
- White Rice Flour
- Yellow Corn Meal

Bob's Red Mill

- Almond Flour
- Arrowroot Starch Flour
- Baking Soda
- Brown Rice Flour
- Cornstarch
- Flaxseed Meal
- Garbanzo Bean Flour
- Gluten Free All Purpose Baking Flour
- Gluten Free Biscuit & Baking Mix
- Gluten Free Brownie Mix
- Gluten Free Chocolate Chip Cookie Mix
- Gluten Free Cinnamon Raisin Bread
- Gluten Free Cornbread Mix
- Gluten Free Garbanzo & Fava Bean Flour
- Gluten Free Hearty Whole Grain Bread Mix
- Gluten Free Homemade Wonderful Bread Mix
- Gluten Free Pancake Mix
- Gluten Free Pizza Crust Mix
- Gluten Free Sweet White Sorghum Flour
- GlutenFree Rolled Oats
- Organic Coconut Flour
- Organic Flaxseed Meal
- Organic Golden Flaxseeds
- Potato Starch
- Tapioca Flour
- Teff Flour
- White Rice Flour
- Xanthan Gum

Cherrybrook Kitchen

- Chocolate Frosting Mix

Cherrybrook Kitchen Gluten Free Dreams

- Sugar Cookie Mix

Earth Balance

- Shortening

Baking Needs (Cont'd)

Enjoy Life

- Semi-Sweet Chocolate Chips

Gluten Free Pantry

- Brown Rice Pancake & Waffle Mix
- Coffee Cake Mix
- Favorite Sandwich Bread Mix
- Old Fashioned Cake & Cookie Mix

Hain

- Baking Powder

Kinnikinnick

- Pancake & Waffle Mix

Let's Do... Organic

- Organic Coconut Flakes
- Organic Shredded Coconut

Namaste

- Bread Mix
- Brownie Mix
- Cookie Mix
- Pizza Crust Mix
- Spice Cake Mix
- Sugar-Free Muffin Mix
- Vanilla Cake Mix
- Waffle & Pancake Mix

Pamela's Products

- Baking & Pancake Mix
- Baking & Pancake Mix, 4 lb
- Chocolate Brownie Mix
- Chocolate Cake Mix
- Dark Chocolate Frosting Mix
- Gluten-Free Bread Mix
- Vanilla Frosting Mix

Tropical Source

- Semi Sweet Chocolate Chips

WFM Gluten Free Bakehouse

- Pie Shells

Beverages

Celestial Seasonings

- Acai Mango Zinger Tea, 20 Ct
- Authentic Green Tea, 40 Ct

Beverages (Cont'd)

Celestial Seasonings

Bengal Spice Tea, 20 Ct
Black Cherry Berry Tea
Caffeine Free Celestial Tea, 40 Ct
Chai Honey Vanilla White Tea, 20 Ct
Chamomile Tea, 40 Ct
Country Peach Passion
Honey Vanilla Chamomile Tea, 20 Ct
Lemon Zinger Tea, 20 Ct
Nutcracker Sweet Herbal Tea
Peppermint Tea, 40 Ct
Perfectly Pear White Tea, 20 Ct
Raspberry Zinger Tea, 20 Ct
Red Zinger Tea, 20 Ct
Sleepytime Extra Tea, 20 Ct
Sleepytime Tea, 20 Ct
True Blueberry, 20 Ct

Eden

Organic EdenBlend, Rice & Soy Beverage, 32 oz
Organic EdenBlend, Rice & Soy Beverage, 8.45 oz

Rice Dream

Supreme Rice Beverage, Chocolate Chai
Supreme Rice Beverage, Vanilla Hazelnut

So Delicious

Original (Plain) Coconut Milk Beverage
Unsweetened Coconut Milk Beverage
Vanilla Coconut Milk Beverage

Bread

Enjoy Life

Original Bagels

Food For Life

Brown Rice Bread, Wheat & Gluten Free
Millet Bread, Wheat & Gluten Free
Raisin Pecan Bread, Wheat & Gluten Free
Rice Almond Bread, Wheat & Gluten Free
Rice Pecan Bread, Wheat & Gluten Free
White Rice Bread, Wheat & Gluten Free
Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

Bread (Cont'd)

Glutino

Bagels, Cinnamon 'n Raisin
Bagels, Plain
English Muffins
Premium Cinnamon & Raisin Bread
Premium Corn Bread
Premium Fiber Bread
Premium Flax Seed Bread
Premium Pizza Crusts

Kinnikinnick

Brown Sandwich Bread
Italian White Tapioca Rice Bread
Sunflower Flax Rice Bread
Tapioca Rice Bread
Tapioca Rice Cinnamon Raisin Bagels
Tapioca Rice English Muffin
Tapioca Rice Hamburger Buns
Tapioca Rice Hot Dog Buns
White Sandwich Bread

WFM Gluten Free Bakehouse

Cheddar Biscuits
Cinnamon Raisin Bread
Cornbread
Cream Biscuits
Hamburger Buns
Honey Oat Bread
Prairie Bread
Sandwich Bread
Sundried Tomato & Garlic Bread

Candy and Chocolate

Endangered Species Chocolate

Dark Chocolate with Blueberries - Sea Turtle
Dark Chocolate with Cranberries & Almonds - Wolf
Dark Chocolate with Deep Forest Mint
Dark Chocolate with Espresso Beans - Tiger
Dark Chocolate with Hazelnut Toffee - Rhino
Dark Chocolate with Raspberries - Grizzly Bear

Candy and Chocolate (Cont'd)

Endangered Species Chocolate

Extreme Dark Chocolate - Panther
Intense Dark Chocolate with Cacao Nibs - Bat
Milk Chocolate with Almonds - Crane
Smooth Milk Chocolate - Sea Otter
Smooth Organic Dark Chocolate - Butterfly
Supreme Dark Chocolate - Chimpanzee

Enjoy Life

Boom Choco Boom Dairy-Free Rice Milk w/ Crispy Rice Chocolate Bar
Boom Choco Boom Dark Chocolate Bar

Glee Gum

Glee Cinnamon Gum
Glee Tangerine Gum

Let's Do... Organic

Organic Classic Gummi Bears

Scharffen Berger

Bittersweet Chocolate Bar, 70% Cacao

Canned Goods

Amy's

Organic Refried Beans with Green Chiles
Organic Refried Black Beans
Organic Refried Black Beans, Low in Sodium
Organic Traditional Refried Beans
Organic Traditional Refried Beans, Light in Sodium

Native Forest

Artichoke Hearts, Quartered
Artichoke Hearts, Whole
Green Asparagus Cuts & Tips
Organic Baby Corn
Organic Papaya Chunks

Canned/Jarred Goods

Native Forest

Artichoke Hearts, Marinated

Cereal

Ancient Harvest

Organic Quinoa Flakes 12 oz

Arrowhead Mills

Maple Buckwheat Organic Flakes
Organic Rice & Shine Hot Cereal
Organic Yellow Corn Grits

Bakery On Main

Cranberry Orange Cashew Gluten Free Granola
Extreme Fruit & Nut Gluten Free Granola
Rainforest Gluten Free Granola

Barbara's Bakery

Honey Rice Puffins Cereal

Bob's Red Mill

Brown Rice Farina Creamy Rice Hot Cereal
Gluten Free Mighty Tasty Hot Cereal
GlutenFree Rolled Oats

Enjoy Life

Cinnamon Crunch Granola
Very Berry Crunch Granola

EnviroKidz

Amazon Frosted Flakes Organic Cereal
Gorilla Munch Organic Cereal
Koala Crisp Organic Cereal
Peanut Butter Panda Puffs Organic Cereal

Glutino

Honey Nut Cereal

Nature's Path

Organic Fruit Juice Sweetened Corn Flakes, 26.4 oz
Organic Honey'd Corn Flakes, 26.4 oz
Organic Honey'd Cornflakes
Organic Mesa Sunrise Cereal
Organic Whole O's Cereal

Perky's

Nutty Rice Cereal

Cheese

Follow Your Heart

Vegan Gourmet Cheddar
Vegan Gourmet Monterey Jack

Cheese (Cont'd)

Follow Your Heart

Vegan Gourmet Mozzarella Cheese
Vegan Gourmet Nacho Cheese
Vegan Gourmet Sour Cream

Wholesome Valley Organic

Organic Dairy Slices, American

Chips, Pretzels and Snacks

Arico

Cassava Chips, Barbecue Bliss
Cassava Chips, Ginger on Fire

Food Should Taste Good

Buffalo Tortilla Chips 6 oz
Sweet Potato Tortilla Chips 6 oz
The Works! Tortilla Chips 6 oz

Food Should Taste Good

Chocolate Tortilla Chips 6 oz
Jalapeno Tortilla Chips 6 oz
Multigrain Tortilla Chips 6 oz
Olive Tortilla Chips 6 oz

Glutino

Pretzel Sticks, Family Bag
Pretzels, Family Bag
Pretzels, Sesame Rings
Pretzels, Sticks
Pretzels, Unsalted

Kettle Brand®

Krinkle Cut Potato Chips, Lightly Salted 14 oz
Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 14 oz
Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 9 oz
Potato Chips, Honey Dijon 5 oz
Potato Chips, Lightly Salted 14 oz
Potato Chips, Lightly Salted 5 oz
Potato Chips, New York Cheddar w/ Herbs 5 oz
Potato Chips, Organic Chipotle Chili BBQ 5 oz
Potato Chips, Organic Lightly Salted 5 oz
Potato Chips, Sea Salt & Vinegar 5 oz

Chips, Pretzels and Snacks (Cont'd)

Kettle Brand®

Potato Chips, Unsalted 5 oz
Potato Chips, Yogurt & Green Onion 5 oz

Kettle Brand®

Baked Potato Chips, Hickory Honey BBQ 4 oz
Baked Potato Chips, Lightly Salted 4 oz
Baked Potato Chips, Salt & Fresh Ground Pepper 4 oz
Baked Potato Chips, Sea Salt & Vinegar 4 oz
Krinkle Cut Potato Chips, Buffalo Bleu 5 oz
Krinkle Cut Potato Chips, Classic BBQ 14 oz
Potato Chips, Backyard Barbeque 5 oz
Potato Chips, Death Valley Chipotle 5 oz
Potato Chips, Jalapeno 5 oz
Potato Chips, Lightly Salted 9 oz
Potato Chips, Organic Sea Salt & Black Pepper 5 oz
Potato Chips, Sour Cream, Onion & Chive 5 oz
Potato Chips, Spicy Thai 5 oz
Potato Chips, Sweet Onion 5 oz
Potato Chips, Sweet Onion 9 oz
Potato Chips, Tuscan Three Cheese 5 oz

Lundberg Farms

Organic Caramel Corn Rice Cakes
Organic Koku Seaweed Rice Cakes
Organic Sea Salt Rice Chips
Organic Sesame Tamari Rice Cakes
Organic Wild Rice Cakes
Pico de Gallo Rice Chips

Mary's Gone Crackers

Sticks & Twigs, Sea Salt
Sticks & Twigs, Tomato Chipotle

Mr. Krispers

Baked Rice Krisps, Barbecue
Baked Rice Krisps, Sea Salt & Pepper
Baked Rice Krisps, Sour Cream & Onion

Condiments

Eden

Tamari Soy Sauce, Naturally Brewed 10 oz

Follow Your Heart

Vegenaise, Grapeseed Oil

Vegenaise, High Omega-3 w/ Expeller-Pressed Canola Oil

Vegenaise, Original

Organicville

Organic Dressing, French

Organic Dressing, Herbs de Provence Vinaigrette

Organic Dressing, Miso Ginger Vinaigrette

Organic Dressing, Olive Oil & Balsamic Vinaigrette

Organic Dressing, Orange Cranberry Vinaigrette

Organic Dressing, Sesame Goddess

Organic Dressing, Sesame Tamari Vinaigrette

Organic Dressing, Sundried Tomato & Garlic Vinaigrette

Organic Dressing, Tarragon Dijon Vinaigrette

Organic Ketchup

Organic Original BBQ Sauce

Spectrum

Canola Mayonnaise 16 oz

Light Canola Eggless Mayonnaise 16 oz

Light Canola Eggless Mayonnaise 32 oz

Organic Garlic Ranch Omega-3 Dressing

Organic Golden Balsamic Omega-3 Dressing

Organic Olive Oil Mayonnaise

Organic Soy Mayonnaise 16 oz

Organic Soy Mayonnaise, Squeeze Bottle

Cookies and Snack Bars

Bakery On Main

Peanut Butter Chocolate Chip Granola Bars

Enjoy Life

Caramel Apple Snack Bars

Cocoa Loco Snack Bars

Soft Baked Chewy Chocolate Chip Cookies

Cookies and Snack Bars (Cont'd)

Enjoy Life

Soft Baked Double Chocolate Brownie Cookies

Soft Baked No-Oats "Oatmeal" Cookie

Soft Baked Snickerdoodle Cookies

Very Berry Snack Bars

EnviroKidz

Cheetah Organic Crispy Rice Bars, Berry

Koala Organic Crispy Rice Bars, Chocolate

Lemur Organic Crispy Rice Bars, Peanut Choco Drizzle

Organic Vanilla Animal Cookies

Panda Organic Crispy Rice Bars, Peanut Butter

Glutenfreeda's Real Cookies

Chip Chip Hooray! Cookie Dough

Chocolate Minty Python

Peanut, Paul & Mary

Snicker Poodles Cookie Dough

Sugar Kookies Cookie Dough

Glutino

Breakfast Bars, Apple

Breakfast Bars, Blueberry

Chocolate Chip Cookies

Chocolate Coated Wafers

Chocolate Vanilla Cream Cookies

Lemon Wafers

Vanilla Wafers

Ian's Natural Foods

Chocolate Chip Cookie Buttons, Wheat Free Gluten Free

Jennie's

Coconut Macaroons

Kinnikinnick

KinniKritters Animal Cookies

KinniTOOS Chocolate Sandwich Creme Cookies

KinniTOOS Vanilla Sandwich Creme Cookies

Mi-Del

Chocolate Chip Cookies

Ginger Snaps

Pecan Cookies

Cookies and Snack Bars (Cont'd)

Pamela's Products

- Butter Shortbread Cookies
- Chocolate Chip Walnut Cookies
- Chunky Chocolate Chip Cookies
- Ginger Cookies with Sliced Almonds
- Organic Dark Chocolate Chunk Cookies
- Organic Espresso Chocolate Chunk Cookies
- Organic Peanut Butter Chocolate Chip Cookies
- Peanut Butter Cookies
- Simplebites Chocolate Chip Mini Cookies
- Simplebites Ginger Mini Snapz

WFM Gluten Free Bakehouse

- Chocolate Chip Cookies
- Molasses Ginger Cookies
- Nutmeal Raisin Cookies
- Peanut Butter Cookies

Crackers

Blue Diamond

- Almond Nut-Thins
- Country Ranch Nut-Thins
- Hazelnut Nut-Thins
- Pecan Nut-Thins
- Smokehouse Almond Nut-Thins

Edward & Sons

- Brown Rice Snaps, Onion Garlic
- Brown Rice Snaps, Tamari Sesame
- Brown Rice Snaps, Unsalted Sesame
- Organic Brown Rice Snaps, Toasted Onion

Glutino

- Crackers, Cheddar
- Crackers, Multigrain
- Crackers, Original

Mary's Gone Crackers

- Crackers, Black Pepper
- Crackers, Caraway
- Crackers, Herb
- Crackers, Onion
- Crackers, Original

Dairy

Brown Cow

- Apricot-Mango Whole Milk Yogurt, 6 oz
- Blueberry Whole Milk Yogurt, 6 oz
- Cherry-Vanilla Whole Milk Yogurt, 6 oz
- Chocolate Whole Milk Yogurt, 6 oz
- Coffee Whole Milk Yogurt, 6 oz
- Low Fat Black Cherry Yogurt, 6 oz
- Low Fat Blueberry Yogurt, 6 oz
- Low Fat Boysenberry Yogurt, 6 oz
- Low Fat Lemon Twist Yogurt, 6 oz
- Low Fat Peach Yogurt, 6 oz
- Low Fat Plain Yogurt, 32 oz
- Low Fat Strawberry Yogurt, 6 oz
- Low Fat Vanilla Bean Yogurt, 6 oz
- Low Fat Vanilla Yogurt, 32 oz
- Maple Whole Milk Yogurt, 32 oz
- Maple Whole Milk Yogurt, 6 oz
- Non Fat Blueberry Yogurt, 6 oz
- Non Fat Plain Yogurt, 32 oz
- Non Fat Strawberry Yogurt, 6 oz
- Non Fat Vanilla Yogurt, 32 oz
- Non Fat Vanilla Yogurt, 6 oz
- Peach Whole Milk Yogurt, 6 oz
- Plain Whole Milk Yogurt, 32 oz
- Plain Whole Milk Yogurt, 6 oz
- Raspberry Whole Milk Yogurt, 6 oz
- Strawberry Whole Milk Yogurt, 6 oz
- Vanilla Whole Milk Yogurt, 32 oz
- Vanilla Whole Milk Yogurt, 6 oz

Earth Balance

- Buttery Spread with Olive Oil
- Buttery Sticks
- Organic Whipped Buttery Spread
- Original Buttery Spread
- Soy Free Buttery Spread
- Soy Garden Buttery Spread

Stonyfield Farm

- Fat Free French Vanilla Probiotic Multi-Pack
- Fat Free Strawberry Probiotic Multi-Pack
- Organic Banana Berry Yogurt Smoothie, 10 oz
- Organic Cream Top Chocolate Underground, 6 oz

Dairy (Cont'd)

Stonyfield Farm

Organic Cream Top French Vanilla Yogurt, 32 oz
Organic Cream Top French Vanilla, 6 oz
Organic Cream Top Plain Yogurt, 32 oz
Organic Cream Top Strawberries & Cream Yogurt, 6 oz
Organic Fat Free Black Cherry Yogurt, Fruit on the Bottom, 6 oz
Organic Fat Free Blueberry Yogurt, Fruit on the Bottom, 6 oz
Organic Fat Free Chocolate Underground Yogurt, 6 oz
Organic Fat Free French Vanilla Yogurt, 32 oz
Organic Fat Free French Vanilla Yogurt, 6 oz
Organic Fat Free Key Lime Yogurt, 6 oz
Organic Fat Free Lotsa Lemon Yogurt, 6 oz
Organic Fat Free Peach Yogurt, 6 oz
Organic Fat Free Plain Yogurt, 32 oz
Organic Fat Free Plain Yogurt, 6 oz
Organic Fat Free Pomegranate Berry Yogurt, 6 oz
Organic Fat Free Strawberry Yogurt, Fruit on the Bottom, 6 oz
Organic Fat Free Strawberry, 6 oz
Organic Low Fat BaNilla Yogurt, 32 oz
Organic Low Fat Blueberry Yogurt, 32 oz
Organic Low Fat Blueberry Yogurt, 6 oz
Organic Low Fat Cherry Vanilla Yogurt, 6 oz
Organic Low Fat Just Peachy Yogurt, Fruit on the Bottom, 6 oz
Organic Low Fat Plain Yogurt, 32 oz
Organic Low Fat Plain Yogurt, 6 oz
Organic Low Fat Raspberry Yogurt, 6 oz
Organic Low Fat Strawberry Pomegranate Yogurt, 6 oz
Organic Low Fat Strawberry Yogurt, 32 oz
Organic Low Fat Strawberry Yogurt, Fruit on the Bottom, 6 oz
Organic Low Fat Vanilla Yogurt
Organic Low Fat Vanilla, 32 oz

Dairy (Cont'd)

Stonyfield Farm

Organic O'Soy Strawberry/Peach Yogurt, 6-pack
Organic Peach Yogurt Smoothie, 10 oz
Organic Raspberry Yogurt Smoothie, 10 oz
Organic Strawberry Yogurt Smoothies, 4 pack
Organic Vanilla Yogurt Smoothie, 10 oz
Organic Wild Berry Yogurt Smoothie, 10 oz
Organic Wild Berry Yogurt Smoothies, 4 pack
YoBaby Banana/Vanilla Yogurt
YoBaby Drinkable Yogurt, Banana
YoBaby Drinkable Yogurt, Peach
YoBaby Peach/Pear Yogurt
YoBaby Simply Plain Yogurt
YoKids Squeezers Cherry/Berry Blitz
YoKids Squeezers Screamin' Strawberry
YoKids Strawberry BaNilla Blast Yogurt
YoKids Strawberry Vanilla Raspberry Yogurt

Dairy Alternatives

365 Everyday Value™

Organic Ricemilk - Original
Organic Ricemilk - Unsweetened
Organic Ricemilk - Vanilla
Organic Soymilk - Chocolate, 32 oz
Organic Soymilk - Chocolate, 64 oz
Organic Soymilk - Original, 32 oz
Organic Soymilk - Original, 64 oz
Organic Soymilk - Unsweetened, 32 oz
Organic Soymilk - Unsweetened, 64 oz
Organic Soymilk - Vanilla, 32 oz
Organic Soymilk - Vanilla, 64 oz

Almond Dream

Almond Drink, Unsweetened Original 64 oz

Blue Diamond

Almond Breeze, Chocolate
Almond Breeze, Chocolate Unsweetened
Almond Breeze, Original
Almond Breeze, Original Unsweetened
Almond Breeze, Vanilla
Almond Breeze, Vanilla Unsweetened

Dairy Alternatives (Cont'd)

Eden

Organic EdenBlend, Rice & Soy Beverage, 32 oz
Organic EdenBlend, Rice & Soy Beverage, 8.45 oz

Follow Your Heart

Vegan Gourmet Cheddar
Vegan Gourmet Monterey Jack
Vegan Gourmet Mozzarella Cheese
Vegan Gourmet Nacho Cheese
Vegan Gourmet Sour Cream

Hemp Dream

Hemp Dream, Original 12/32 oz

Rice Dream

Enriched Rice Milk Beverage, Chocolate 32 oz
Enriched Rice Milk Beverage, Original 8 oz
Enriched Rice Milk Beverage, Vanilla 32 oz
Heartwise Rice Milk Beverage, Original 32 oz
Organic Enriched Rice Milk Beverage, Original 64 oz
Refrigerated Ricemilk, Original 64 oz
Refrigerated Ricemilk, Vanilla 64 oz
Rice Milk Beverage, Original 32 oz
Rice Milk Beverage, Original 8 oz

So Delicious

Blueberry Agave Sweetened Soy Yogurt
Blueberry Cultured Coconut Milk Yogurt
Chocolate Cultured Coconut Milk Yogurt
Cinnamon Bun Dairy Free Yogurt
French Vanilla Coconut Milk Creamer
Hazelnut Coconut Milk Creamer
Key Lime Dairy Free Yogurt
Original (Plain) Coconut Milk Beverage
Original (Plain) Coconut Milk Creamer
Original (Plain) Coconut Milk Kefir
Peach Dairy Free Yogurt
Pina Colada Cultured Coconut Milk Yogurt
Plain Cultured Coconut Milk Yogurt
Raspberry Cultured Coconut Milk Yogurt
Raspberry Dairy Free Yogurt

Dairy Alternatives (Cont'd)

So Delicious

Strawberry Banna Cultured Coconut Milk Yogurt
Strawberry Coconut Milk Kefir
Strawberry Cultured Coconut Milk Yogurt
Unsweetened Coconut Milk Beverage
Vanilla Agave Sweetened Soy Yogurt
Vanilla Coconut Milk Beverage
Vanilla Coconut Milk Kefir
Vanilla Cultured Coconut Milk Yogurt

Stonyfield Farm

Organic O'Soy Blueberry Yogurt, 6 oz
Organic O'Soy Peach Yogurt, 6 oz
Organic O'Soy Raspberry Yogurt, 6 oz
Organic O'Soy Vanilla Yogurt, 6 oz
Organic O'Soy Strawberry Yogurt, 6 oz

WestSoy

Longevity Soy Beverage, Plain 32 oz
Longevity Soy Beverage, Vanilla 32 oz
Plus Soy Beverage, Plain 32 oz
Plus Soy Beverage, Plain 64 oz
Plus Soy Beverage, Vanilla 32 oz
Plus Soy Beverage, Vanilla 64 oz
Soy Beverage, Unsweetened Chocolate 32 oz

Deli Style Meats and Cheeses

Applegate Farms

Sliced Authentic Prosciutto
Sliced Black Forest Ham
Sliced Honey Maple Turkey
Sliced Organic Genoa Salami
Sliced Organic Herb Turkey
Sliced Organic Oven Roasted Turkey
Sliced Organic Roast Beef
Sliced Organic Smoked Chicken
Sliced Organic Smoked Turkey
Sliced Organic Uncured Ham
Sliced Oven Roasted Sliced Turkey
Sliced Slow Cooked Ham
Sliced Smoked Turkey
Sliced Turkey Bologna

Desserts

French Meadow Bakery

Gluten Free Fudge Brownie

WFM Gluten Free Bakehouse

Apple Pie
Carrot Cake
Cherry Pie
Chocolate Cupcakes
Peach Pie
Pumpkin Pie
Southern Pecan Pie
Vanilla Cupcakes

Energy and Nutrition Bars/Drinks

Bumble Bar

Chai with Almonds
Chocolate Crisp
Original with Almond
Original with Peanut

Entrees and Mixes

365 Everyday Value™

Gluten Free All Purpose Baking Mix
Gluten Free Chocolate Brownie Mix
Gluten Free Chocolate Cake Mix
Gluten Free Pizza Crust Mix
Gluten Free Sandwich Bread Mix
Gluten Free White Cake Mix

Arrowhead Mills

Gluten Free All Purpose Baking Mix
Gluten Free Chocolate Chip Cookie Mix

Bob's Red Mill

Gluten Free Chocolate Chip Cookie Mix
TVP (Textured Vegetable Protein)

Cherrybrook Kitchen

Chocolate Frosting Mix

Cherrybrook Kitchen Gluten Free Dreams

Sugar Cookie Mix

Glutino

Macaroni & Cheese

Entrees and Mixes (Cont'd)

Kinnikinnick

Pancake & Waffle Mix

Lundberg Farms

Butternut Squash Risotto
Garlic Primavera Risotto
Organic Alfredo Risotto
Organic Porcini Wild Mushroom Risotto

Namaste

Bread Mix
Brownie Mix
Cookie Mix
Pizza Crust Mix
Spice Cake Mix
Sugar-Free Muffin Mix
Vanilla Cake Mix
Waffle & Pancake Mix

Pamela's Products

Dark Chocolate Frosting Mix
Vanilla Frosting Mix

Road's End Organics

Organic Savory Herb Gravy Mix
Organic Shiitake Mushroom Gravy Mix

Tasty Bite

Aloo Palak
Bombay Potatoes
Kashmir Spinach
Punjab Eggplant
Vegetable Korma

Ethnic Foods

Amy's

Organic Asian Noodle Stir-Fry
Organic Black Bean Enchilada Whole Meal
Organic Black Bean Tamale Verde Whole Meal
Organic Black Bean Vegetable Enchilada
Organic Black Bean Vegetable Enchilada, Light in Sodium
Organic Cheese Enchilada
Organic Cheese Enchilada Whole Meal
Organic Cheese Tamale Verde Whole Meal
Organic Indian Mattar Paneer, Light in Sodium

Ethnic Foods (Cont'd)

Amy's

- Organic Indian Mattar Tofu
- Organic Indian Palak Paneer
- Organic Indian Paneer Tikka
- Organic Indian Vegetable Korma
- Organic Mexican Casserole Bowl
- Organic Mexican Tofu Scramble
- Organic Roasted Vegetable Tamale Whole Meal
- Organic Santa Fe Enchilada Bowl
- Organic Teriyaki Bowl
- Organic Tortilla Casserole & Black Beans Bowl

Annie Chun's

- Maifun Rice Noodles

Edward & Sons

- Brown Rice Snaps, Tamari Sesame

Food For Life

- Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

Food Merchants

- Organic Polenta, Basil & Garlic
- Organic Polenta, Traditional

Native Forest

- Light Coconut Milk

Tasty Bite

- Aloo Palak
- Bombay Potatoes
- Kashmir Spinach
- Punjab Eggplant
- Vegetable Korma

Frozen Foods

Amy's

- Organic Asian Noodle Stir-Fry
- Organic Baked Ziti Bowl
- Organic Bistro Veggie Burger
- Organic Black Bean Enchilada Whole Meal
- Organic Black Bean Tamale Verde Whole Meal
- Organic Black Bean Vegetable Enchilada

Frozen Foods (Cont'd)

Amy's

- Organic Black Bean Vegetable Enchilada, Light in Sodium
- Organic Brown Rice & Vegetables Bowl
- Organic Brown Rice & Vegetables Bowl, Light in Sodium
- Organic Brown Rice, Black-Eyed Peas & Veggies Bowl
- Organic Cheese Enchilada
- Organic Cheese Enchilada Whole Meal
- Organic Cheese Tamale Verde Whole Meal
- Organic Garden Vegetable Lasagna
- Organic Indian Mattar Paneer, Light in Sodium
- Organic Indian Mattar Tofu
- Organic Indian Palak Paneer
- Organic Indian Paneer Tikka
- Organic Indian Vegetable Korma
- Organic Mexican Casserole Bowl
- Organic Mexican Tofu Scramble
- Organic Rice Crust Cheese Pizza
- Organic Rice Crust Spinach Pizza
- Organic Rice Mac & Cheese
- Organic Roasted Vegetable Tamale Whole Meal
- Organic Santa Fe Enchilada Bowl
- Organic Shepherd's Pie
- Organic Single Serve Non-Dairy Rice Crust Cheeze Pizza
- Organic Teriyaki Bowl
- Organic Tofu Scramble
- Organic Tortilla Casserole & Black Beans Bowl

Applegate Farms

- Maple Breakfast Sausage
- Organic Turkey Burgers
- Sage Breakfast Sausage

French Meadow Bakery

- Gluten Free Chocolate Chip Cookie Dough
- Gluten Free Fudge Brownie

Gluten Free Cafe

- Asian Noodles
- Fettuccini Alfredo
- Lemon Basil Chicken

Frozen Foods (Cont'd)

Gluten Free Cafe

Pasta Primavera

Glutenfreeda's Real Cookies

Chip Chip Hooray! Cookie Dough

Chocolate Minty Python

Peanut, Paul & Mary

Snicker Poodles Cookie Dough

Sugar Kookies Cookie Dough

Glutino

Penne Alfredo

Pizza, 3 Cheese with Brown Rice Crust

Pizza, Chicken BBQ

Pizza, Duo Cheese

Pizza, Spinach Feta

Pizza, Spinach Soy Cheese with Brown Rice Crust

Ian's Natural Foods

Alpha Tots

Chicken Patties, Wheat Free Gluten Free

French Toast Sticks, Wheat Free Gluten Free

Ian's Chicken Nuggets, Allergen Free

Ian's Fish Sticks, Allergen Free

Popcorn Turkey Corn Dogs

Soy Cheesy French Bread Pizza, Wheat Free
Gluten Free

It's Soy Delicious

Almond Pecan Non-Dairy Frozen Dessert

Awesome Chocolate Non-Dairy Frozen Dessert

Chocolate Peanut Butter Non-Dairy Frozen Dessert

Green Tea Non-Dairy Frozen Dessert

Raspberry Non-Dairy Frozen Dessert

Vanilla Non-Dairy Frozen Dessert

Julie's Organic Ice Cream

Glutenfreeda's Organic Gluten Free Vanilla Ice
Cream Sandwich

Kinnikinnick

Blueberry Muffins

Brown Sandwich Bread

Carrot Muffins

Chocolate Dipped Donuts

Frozen Foods (Cont'd)

Kinnikinnick

Cinnamon Sugar Donuts

Italian White Tapioca Rice Bread

Maple Glazed Donuts

Sunflower Flax Rice Bread

Tapioca Rice Bread

Tapioca Rice Cinnamon Buns

Tapioca Rice Cinnamon Raisin Bagels

Tapioca Rice English Muffin

Tapioca Rice Hamburger Buns

Tapioca Rice Hot Dog Buns

White Sandwich Bread

Nature's Path

Organic Buckwheat Wildberry Waffles

Organic Homestyle Waffles

Organic So Delicious

Chocolate Velvet Non-Dairy Frozen Dessert

Creamy Vanilla Non-Dairy Frozen Dessert

Neopolitan Non-Dairy Frozen Dessert

Strawberry Non-Dairy Frozen Dessert

Purely Decadent

Blueberry Cheesecake Non-Dairy Frozen Dessert

Cherry Nirvana Non-Dairy Frozen Dessert

Chocolate Non-Dairy Frozen Coconut Milk Dessert

Chocolate Obsession Non-Dairy Frozen Dessert

Chocolate Peanut Butter Swirl Non-Dairy Frozen
Coconut Milk Dessert

Coconut Non-Dairy Frozen Coconut Milk Dessert

Cookie Dough Non-Dairy Frozen Coconut Milk
Dessert

Mint Chip Non-Dairy Frozen Coconut Milk Dessert

Mint Chocolate Chip Non-Dairy Frozen Dessert

Mocha Almond Fudge Non-Dairy Frozen Coconut
Milk Dessert

Peanut Butter Zig Zag Non-Dairy Frozen Dessert

Praline Pecan Non-Dairy Frozen Dessert

Frozen Foods (Cont'd)

Purely Decadent

Purely Vanilla Non-Dairy Frozen Dessert
Turtle Trails Non-Dairy Frozen Dessert

Rice Dream

Rice Dream, Strawberry
Vanilla Frozen Dessert, Pint
Vanilla Frozen Dessert, Quart

So Delicious

Coconut Almond Bar, Made with Coconut Milk
Orange Passion Fruit Agave Sweetened Fruit Bar
Raspberry Agave Sweetened Fruit Bar
Vanilla Bar, Made with Coconut Milk

Starfish

Crispy Battered Gluten Free Cod
Crispy Battered Gluten Free Haddock
Crispy Battered Gluten Free Halibut

Van's

Wheat Free Buckwheat Waffles
Wheat Free Flax Waffles
Wheat Free Homestyle Pancakes

Grains and Rice

Ancient Harvest

Inca Red Organic Quinoa 12 oz
Traditional Organic Quinoa 12 oz

Annie Chun's

Rice Express Sticky White Rice

Lundberg Farms

Butternut Squash Risotto
Eco-Farmed Black Japonica Field Gourmet Blend
Eco-Farmed California White Basmati Rice
Eco-Farmed Countrywild Gourmet Blend Rice
Eco-Farmed Short Grain Brown Rice
Eco-Farmed Wehani Gourmet Brown Rice
Organic Alfredo Risotto
Organic Long Grain Brown Rice
Organic Porcini Wild Mushroom Risotto
Organic Short Grain Brown Rice
Organic Wild Rice

Jams and Nut Butters

Arrowhead Mills

Crunchy Peanut Butter, 16 oz
Crunchy Peanut Butter, 26 oz

Blue Diamond

Homestyle Almond Butter, Creamy
Homestyle Almond Butter, Crunchy
Readyspread Almond Butter, Crunchy

Earth Balance

Creamy Natural Almond Butter
Creamy Natural Peanut Butter
Crunchy Natural Peanut Butter

Meat Alternatives

Bob's Red Mill

TVP (Textured Vegetable Protein)

WestSoy

Extra Firm Tofu, Vacuum-Pack 12 oz
Firm Tofu, Water-Pack 16 oz

Meat and Poultry

Applegate Farms

Beef Hot Dogs
Big Apple Hot Dogs
Chicken Apple Breakfast Sausage
Chicken Hot Dogs
Dry Cured Bacon
Greatest Little Organic Smokey Cocktail Frank
Maple Breakfast Sausage
Organic Beef Hot Dogs
Organic Chicken & Apple Sausage
Organic Chicken Hot Dogs
Organic Fire Roasted Red Pepper Sausage
Organic Hot Dogs
Organic Poultry Andouille Sausage
Organic Sliced Sunday Bacon
Organic Spinach & Feta Sausage
Organic Sweet Italian Sausage
Organic Turkey Burgers
Organic Turkey Hot Dogs
Peppered Bacon
Sage Breakfast Sausage
Sliced Organic Turkey Bacon

Meat and Poultry (Cont'd)

Applegate Farms

- Sliced Sunday Bacon
- Sliced Turkey Bacon
- Turkey Hot Dogs

Nutritional Supplements

Country Life

- 5-HTP Tryptophan 50mg Capsules, 50 ct
- Cal-Snack Milk-Free Chewables, 120 ct
- Chromium Picolinate Capsules, 50 ct
- DHEA 25mg Capsules, 30 ct
- DMAE 350mg Capsules, 50 ct
- Glycemic Factors, 50 ct
- L-Arginine 500mg Capsules with B-6, 100 ct
- L-Tyrosine 500mg Capsules with B-6, 100 ct
- Melatonin 3mg Tablets, 30 ct
- Melatonin 3mg Tablets, 90 ct
- Target-Mins Calcium Capsules, 90 ct
- Target-Mins Calcium-Magnesium Capsules, 90 ct
- Target-Mins Calcium-Magnesium Complex Tablets, 90 ct
- Target-Mins Calcium-Magnesium-Veg Capsules, 120 ct
- Target-Mins Magnesium Capsules, 120 ct
- Vanadyl Sulfate 5000mcg Capsules, 90 ct

Nuts, Seeds and Dried Fruits

Bob's Red Mill

- Hulled Hemp Seeds
- Organic Golden Flaxseeds

Pasta

Ancient Harvest

- Quinoa Supergrain Pasta, Elbows 8 oz
- Quinoa Supergrain Pasta, Garden Pagodas 8 oz
- Quinoa Supergrain Pasta, Spaghetti 8 oz

Bionaturae

- Organic Gluten Free Elbows Pasta
- Organic Gluten Free Fusilli
- Organic Gluten Free Spaghetti

Pasta (Cont'd)

DeBoles Foods

- Corn Spaghetti
- Multi-Grain Penne
- Rice Angel Hair Pasta
- Rice Fettuccine
- Rice Lasagna
- Rice Penne
- Rice Spaghetti
- Rice Spirals

Glutino

- Brown Rice Macaroni

Lundberg Farms

- Organic Brown Rice Penne Pasta
- Organic Brown Rice Rotini Pasta
- Organic Brown Rice Spaghetti Pasta

Tinkyada

- Brown Rice Elbow
- Brown Rice Fettucini
- Brown Rice Fusilli
- Brown Rice Little Dreams
- Brown Rice Shells
- Organic Brown Rice Elbow
- Organic Brown Rice Penne
- Organic Brown Rice Spaghetti
- Organic Brown Rice Spirals
- Spinach Brown Rice Spaghetti
- Vegetable Brown Rice Spirals

Pasta Sauce

Amy's

- Organic Low Sodium Marinara Sauce
- Organic Tomato Basil Pasta Sauce

Personal Care

Pangea Organics

- Soap, Tunisian Olive Oil & Coconut - Hypoallergenic

Tom's of Maine

- Apricot Long Lasting Stick Deodorant
- Calendula Stick Deodorant

Personal Care (Cont'd)

Tom's of Maine

Cinnamint Antiplaque with Propolis & Myrrh Toothpaste
Cinnamon Clove Whole Care Toothpaste
Fennel Antiplaque Propolis & Myrrh Toothpaste
Fennel Antiplaque Tartar Control Plus Whitening Toothpaste
Honeysuckle Rose Stick Deodorant
Lavender Long Lasting Roll-on Deodorant
Lavender Long Lasting Stick Deodorant
Lemongrass Long Lasting Stick Deodorant
Peppermint Anti-Plaque Tartar Control Plus Whitening Toothpaste
Peppermint Anticavity SLS-Free Toothpaste
Peppermint Anticavity Toothpaste
Peppermint Whole Care Gel Toothpaste
Peppermint Whole Care Toothpaste
Silly Strawberry Anticavity Toothpaste
Silly Strawberry Non-Fluoride Toothpaste
Spearmint Anti-Plaque Tartar Control Plus Whitening Toothpaste
Spearmint Anticavity Toothpaste
Spearmint Cleansing Mouthwash
Spearmint Whole Care Gel Toothpaste
Spearmint Whole Care Toothpaste
Unflavored Round Floss
Unscented Long Lasting Roll-on Deodorant
Unscented Stick Deodorant
Wintermint Anticavity Toothpaste
Wintermint Sensitive Toothpaste
Wintermint Whole Care Toothpaste
Woodspice Stick Deodorant

Prepared Foods

Food Merchants

Organic Polenta, Basil & Garlic
Organic Polenta, Traditional

Sauces, Salsas and Dips

Amy's

Organic Black Bean & Corn Salsa
Organic Medium Salsa
Organic Spicy Chipotle Salsa

Sauces, Salsas and Dips (Cont'd)

Organicville

Organic Medium Salsa

Road's End Organics

Organic Savory Herb Gravy Mix
Organic Shiitake Mushroom Gravy Mix

Seafood

Starfish

Crispy Battered Gluten Free Cod
Crispy Battered Gluten Free Haddock
Crispy Battered Gluten Free Halibut

Soups

Amy's

Organic Black Bean Chili
Organic Black Bean Vegetable Soup
Organic Chunky Tomato Bisque
Organic Chunky Vegetable Soup
Organic Cream of Tomato Soup
Organic Fire Roasted Southwestern Vegetable Soup
Organic Lentil Soup
Organic Lentil Vegetable Soup, Light in Sodium
Organic Medium Chili
Organic Medium Chili with Vegetables
Organic Medium Chili, Light in Sodium
Organic Southwestern Black Bean Chili
Organic Spicy Chili
Organic Spicy Chili, Light in Sodium
Organic Split Pea Soup
Organic Summer Corn & Vegetable Soup
Organic Tuscan Bean & Rice Soup

Imagine Foods

Broccoli Soup 16 oz
Broccoli Soup 32 oz
Butternut Squash Soup 32 oz
Free Range Chicken Broth 32 oz
No Chicken Broth 32 oz
Organic Acorn Squash & Mango Soup 32 oz
Organic Chicken Broth, Low Sodium 32 oz
Organic Corn Soup, Low Sodium 32 oz

Soups (Cont'd)

Imagine Foods

- Organic Portabello Mushroom Soup 32 oz
- Organic Potato Soup, Low Sodium 32 oz
- Organic Tomato Soup 32 oz
- Organic Tomato Soup, Low Sodium 32 oz
- Organic Vegetable Broth, Low Sodium 32 oz
- Potato Leek Soup 32 oz
- Sweet Potato Soup 32 oz
- Vegetable Broth 32 oz

Spices and Seasonings

Bob's Red Mill

- Cornstarch

Edward & Sons

- Bouillon Cubes, Low Sodium Veggie
- Bouillon Cubes, Not-Beef
- Bouillon Cubes, Not-Chick'n

Sweeteners

Lundberg Farms

- Brown Rice Syrup
- Organic Brown Rice Syrup