

Gluten Free

SPECIAL DIETS SERIES

CELEBRATING
YOUR
CHOICES



Oracle Store, Southern Pacific Region

Whole Foods Market is excited to bring you "Celebrating Your Choices," a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product. If you have any questions, you may contact us at WFMSpecialDiets@wholefoods.com.

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Baby & Infant Food

Stonyfield Farm

YoBaby Banana/Vanilla Yogurt
YoBaby Peach/Pear Yogurt

Baked Goods

Glutino

Cinnamon French Toast

WFM Gluten Free Bakehouse

Almond Scones
Banana Bread
Blueberry Muffins
Carrot Cake
Cheddar Biscuits
Cherry Almond Streusel Muffins
Cherry Pie
Chocolate Chip Cookies
Chocolate Cupcakes
Cranberry Orange Scones
Molasses Ginger Cookies
Peach Pie
Peanut Butter Cookies
Pie Shells
Pizza Crust
Prairie Bread
Sandwich Bread
Sundried Tomato & Garlic Bread

Baking Needs

365 Everyday Value™

Gluten Free All Purpose Baking Mix
Gluten Free Chocolate Brownie Mix
Gluten Free Chocolate Chip Cookie Mix
Gluten Free Muffin Mix
Gluten Free Pancake & Waffle Mix
Gluten Free Sandwich Bread Mix

Arrowhead Mills

Gluten Free Vanilla Cake Mix
Yellow Corn Meal

Bob's Red Mill

Arrowroot Starch Flour
Baking Powder
Brown Rice Flour
Cornstarch
Flaxseed Meal
Flaxseeds
Garbanzo Bean Flour
Gluten Free All Purpose Baking Flour
Gluten Free Biscuit & Baking Mix
Gluten Free Chocolate Cake Mix
Gluten Free Chocolate Chip Cookie Mix
Gluten Free Cinnamon Raisin Bread
Gluten Free Cornbread Mix
Gluten Free Hearty Whole Grain Bread Mix
Gluten Free Homemade Wonderful Bread Mix
Gluten Free Pizza Crust Mix
GlutenFree Rolled Oats
Hemp Protein Powder
Organic Amaranth Flour
Organic Coconut Flour
Organic Flaxseed Meal
Organic Golden Flaxseed Meal
Potato Flour
Potato Starch
Tapioca Flour
Teff Flour

Baking Needs (Cont'd)

Bob's Red Mill

White Rice Flour
Xanthan Gum

Cherrybrook Kitchen Gluten Free Dreams

Chocolate Cake Mix
Chocolate Chip Cookie Mix
Pancake & Waffle Mix
Sugar Cookie Mix

Enjoy Life

Semi-Sweet Chocolate Chips

Gluten Free Pantry

Brown Rice Pancake & Waffle Mix
Chocolate Truffle Brownie Mix
Favorite Sandwich Bread Mix
Muffins & Scone Mix
Perfect Pie Crust Mix

Let's Do... Organic

Organic Cornstarch
Organic Reduced Fat Shredded Coconut
Organic Shredded Coconut

Namaste

Bread Mix
Cookie Mix
Vanilla Cake Mix

Pamela's Products

Baking & Pancake Mix
Baking & Pancake Mix, 4 lb
Chocolate Chunk Cookie Mix
Dark Chocolate Frosting Mix
Gluten-Free Bread Mix

Spicely

Organic Vanilla Extract

Tropical Source

Semi Sweet Chocolate Chips

WFM Gluten Free Bakehouse

Pie Shells

Beverages

Celestial Seasonings

Antioxidant Green Tea, 20 Ct
Bengal Spice Tea, 20 Ct
Black Cherry Berry Tea
Candy Cane Lane Decaf Tea, 20 Ct
Chai Honey Vanilla White Tea, 20 Ct
Chamomile Tea, 20 Ct
Cinnamon Apple Spice Tea, 20 Ct
Cool Brew Blueberry Iced Green Tea, 40 Ct
Decaf Mint Green Tea, 20 Ct
Goji Berry Pomegranate Green Tea, 20 Ct
Imperial Peach White Tea, 20 Ct
Lemon Zinger Tea, 20 Ct
Madagascar Vanilla Red Tea, 20 Ct
Mandarin Orange Spice Tea, 20 Ct
Mint Magic Tea, 20 Ct
Nutcracker Sweet Herbal Tea
Red Zinger Tea, 20 Ct
Sleepytime Extra Tea, 20 Ct
Sleepytime Tea, 20 Ct
Sleepytime Throat Tamer Tea, 20 Ct
Sugar Plum Spice, 20 Ct
Tangerine Orange Zinger Tea, 20 Ct
True Blueberry, 20 Ct

Eden

Organic EdenBlend, Rice & Soy Beverage, 32 oz

Rice Dream

Rice Nog
Supreme Rice Beverage, Vanilla Hazelnut

So Delicious

Unsweetened Coconut Milk Beverage
Vanilla Coconut Milk Beverage

Bread

Food For Life

Brown Rice Bread, Wheat & Gluten Free
Millet Bread, Wheat & Gluten Free
Raisin Pecan Bread, Wheat & Gluten Free
Rice Almond Bread, Wheat & Gluten Free
Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

Bread (Cont'd)

Food for Life

Yeast Free Multi Seed Rice Bread, Wheat & Gluten Free

French Meadow Bakery

Gluten Free Tortillas, 7"

Glutino

Bagels, Cinnamon 'n Raisin
Bagels, Plain
Bagels, Sesame Seed
English Muffins
Premium Brown Rice Bread, Homestyle
Premium Cinnamon & Raisin Bread
Premium Corn Bread
Premium Fiber Bread
Premium Flax Seed Bread

WFM Gluten Free Bakehouse

Cheddar Biscuits
Hamburger Buns
Prairie Bread
Sandwich Bread
Sundried Tomato & Garlic Bread

Candy and Chocolate

Endangered Species Chocolate

Bite Size Supreme Dark Chocolate
Dark Chocolate with Blueberries - Sea Turtle
Dark Chocolate with Cranberries & Almonds - Wolf
Dark Chocolate with Deep Forest Mint
Dark Chocolate with Hazelnut Toffee - Rhino
Dark Chocolate with Raspberries - Grizzly Bear
Extreme Dark Chocolate - Panther
Intense Dark Chocolate with Cacao Nibs - Bat
Milk Chocolate with Almonds - Crane
Organic Health Dark Chocolate with Goji Berry, Pecans & Maca
Smooth Milk Chocolate - Sea Otter
Smooth Organic Dark Chocolate - Butterfly

Candy and Chocolate (Cont'd)

Endangered Species Chocolate

Smooth Organic Dark Chocolate with Blueberries - Cheetah
Smooth Organic Dark Chocolate with Cherry - Koala
Smooth Organic Dark Chocolate with Orange - Zebra
Smooth Organic Milk Chocolate - Lion
Supreme Dark Chocolate - Chimpanzee

Enjoy Life

Boom Choco Boom Dairy-Free Rice Milk Chocolate Bar
Boom Choco Boom Dairy-Free Rice Milk w/ Crispy Rice Chocolate Bar
Boom Choco Boom Dark Chocolate Bar

Glutino

Dark Chocolate Bar

Scharffen Berger

Dark Mocha Chocolate Bar, 62% Cacao
Extra Dark Chocolate Bar, 82% Cacao

Canned Goods

Amy's

Organic Refried Beans with Green Chiles
Organic Refried Black Beans, Low in Sodium
Organic Traditional Refried Beans
Organic Traditional Refried Beans, Light in Sodium

Native Forest

Organic Pineapple Chunks

Cereal

Ancient Harvest

Organic Quinoa Flakes 12 oz

Arrowhead Mills

Maple Buckwheat Organic Flakes

Bakery On Main

Apple Raisin Walnut Gluten Free Granola
Cranberry Orange Cashew Gluten Free Granola
Extreme Fruit & Nut Gluten Free Granola

Cereal (Cont'd)

Barbara's Bakery

Honey Rice Puffins Cereal

Bob's Red Mill

Brown Rice Farina Creamy Rice Hot Cereal
GlutenFree Rolled Oats

Enjoy Life

Cinnamon Crunch Granola
Cranapple Crunch Granola

EnviroKidz

Amazon Frosted Flakes Organic Cereal
Gorilla Munch Organic Cereal
Gorilla Munch Organic Cereal, 23 oz
Koala Crisp Organic Cereal
Koala Crisp Organic Cereal, 26 oz
Leapin' Lemurs Peanut Butter & Chocolate Organic Cereal
Peanut Butter Panda Puffs Organic Cereal
Peanut Butter Panda Puffs Organic Cereal, 25 oz

Nature's Path

Organic Fruit Juice Sweetened Corn Flakes
Organic Fruit Juice Sweetened Corn Flakes, 26.4 oz
Organic Honey'd Cornflakes
Organic Mesa Sunrise Cereal
Organic Mesa Sunrise Cereal, 26.4 oz

Perky's

Nutty Rice Cereal

Cheese

Applegate Farms

American Cheese
Sliced Aged Cheddar Cheese
Sliced Emmentaler Swiss Cheese
Sliced Havarti Cheese
Sliced Muenster Cheese
Sliced Organic Mild Cheddar Cheese
Sliced Pepperjack Cheese
Sliced Provolone Cheese

Cheese (Cont'd)

Follow Your Heart

Vegan Gourmet Monterey Jack
Vegan Gourmet Mozzarella Cheese
Vegan Gourmet Sour Cream

Chips, Pretzels and Snacks

Food Should Taste Good

Buffalo Tortilla Chips 6 oz
Jalapeno Tortilla Chips 1.5 oz
Lime Tortilla Chips 5.5 oz
Multigrain Tortilla Chips 1.5 oz
Olive Tortilla Chips 1.5 oz
Potato & Chive Tortilla Chips 5.5 oz
Sweet Potato Tortilla Chips 6 oz

Food Should Taste Good

Chocolate Tortilla Chips 6 oz
Multigrain Tortilla Chips 6 oz
Olive Tortilla Chips 6 oz

Glutino

Breadsticks, Sesame
Pretzels, Family Bag
Pretzels, Sesame Rings
Pretzels, Sticks
Pretzels, Twists
Pretzels, Unsalted

Hain Pure Food

Mini Munch Rice Snacks, Honey Nut

Kettle Brand®

Krinkle Cut Potato Chips, Lightly Salted 14 oz
Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 14 oz
Potato Chips, Honey Dijon 5 oz
Potato Chips, Lightly Salted 14 oz
Potato Chips, Lightly Salted 5 oz
Potato Chips, New York Cheddar w/ Herbs 2 oz
Potato Chips, Organic Lightly Salted 5 oz
Potato Chips, Sea Salt & Vinegar 2 oz
Potato Chips, Sea Salt & Vinegar 5 oz
Potato Chips, Unsalted 5 oz
Potato Chips, Yogurt & Green Onion 5 oz

Chips, Pretzels and Snacks (Cont'd)

Kettle Brand®

Baked Potato Chips, Lightly Salted 4 oz
Krinkle Cut Potato Chips, Buffalo Bleu 2 oz
Krinkle Cut Potato Chips, Buffalo Bleu 5 oz
Krinkle Cut Potato Chips, Classic BBQ 14 oz
Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 5 oz
Potato Chips, Backyard Barbeque 5 oz
Potato Chips, Death Valley Chipotle 5 oz
Potato Chips, Jalapeno 5 oz
Potato Chips, Lightly Salted 9 oz
Potato Chips, New York Cheddar w/ Herbs 9 oz
Potato Chips, Spicy Thai 5 oz
Potato Chips, Sweet Onion 2 oz
Potato Chips, Sweet Onion 5 oz

Lundberg Farms

Brown Rice Cakes
Organic Koku Seaweed Rice Cakes
Organic Sea Salt Rice Chips
Organic Unsalted Brown Rice Cakes
Organic Wild Rice Cakes
Sesame Seaweed Rice Chips
Unsalted Brown Rice Cakes

Mary's Gone Crackers

Sticks & Twigs, Curry
Sticks & Twigs, Sea Salt
Sticks & Twigs, Tomato Chipotle

Condiments

Eden

Tamari Soy Sauce, Naturally Brewed 10 oz

Follow Your Heart

Organic Chunky Bleu Cheese Dressing
Organic Creamy Ranch Dressing
Organic Italian Vinaigrette Dressing
Vegenaise, Original

Condiments (Cont'd)

Organicville

Organic Dressing, Miso Ginger Vinaigrette
Organic Dressing, Sundried Tomato & Garlic Vinaigrette
Organic Dressing, Tarragon Dijon Vinaigrette
Organic Ketchup
Organic Original BBQ Sauce

Spectrum

Canola Mayonnaise 16 oz
Light Canola Eggless Mayonnaise 16 oz
Light Canola Eggless Mayonnaise, Squeeze Bottle
Organic Olive Oil Mayonnaise
Organic Omega-3 Mayonnaise with Flax 16 oz
Organic Soy Mayonnaise 16 oz

Cookies and Snack Bars

Arico

Double Chocolate Cookies

Cherrybrook Kitchen Gluten Free Dreams

Vanilla Graham Mini Cookies

Enjoy Life

Caramel Apple Snack Bars
Cocoa Loco Snack Bars
Soft Baked Chewy Chocolate Chip Cookies
Soft Baked Chocolate Chip Cookie Pack
Soft Baked Double Chocolate Brownie Cookies
Soft Baked Gingerbread Spice Cookie
Soft Baked Happy Apple Cookies
Soft Baked Lively Lemon Cookies
Soft Baked No-Oats "Oatmeal" Cookie
Soft Baked Snickerdoodle Cookie Pack
Soft Baked Snickerdoodle Cookies
Sunbutter Crunch Snack Bars

EnviroKidz

Cheetah Organic Crispy Rice Bars, Berry
Lemur Organic Crispy Rice Bars, Peanut Choco Drizzle
Penguin Organic Crispy Rice Bars, Fruity Burst

Cookies and Snack Bars (Cont'd)

Glutino

- Breakfast Bars, Apple
- Breakfast Bars, Blueberry
- Breakfast Bars, Chocolate
- Chocolate Coated Wafers
- Lemon Wafers
- Organic Bar, Chocolate-Banana
- Strawberry Wafers
- Vanilla Wafers

Jennie's

- Coconut Macaroons

Kinnikinnick

- KinniTOOS Chocolate Sandwich Creme Cookies
- KinniTOOS Vanilla Sandwich Creme Cookies

Let's Do...

- Gluten Free Ice Cream Cones

Mi-Del

- Arrowroot Animal Cookies
- Chocolate Chip Cookies
- Ginger Snaps

Pamela's Products

- Chocolate Chip Walnut Cookies
- Chunky Chocolate Chip Cookies
- Ginger Cookies with Sliced Almonds
- Lemon Shortbread Cookies
- Old Fashioned Raisin Walnut Cookies
- Organic Chocolate Chunk Pecan Shortbread Cookies
- Organic Dark Chocolate Chunk Cookies
- Organic Espresso Chocolate Chunk Cookies
- Organic Peanut Butter Chocolate Chip Cookies
- Organic Spicy Ginger Cookies
- Peanut Butter Cookies
- Pecan Shortbread Cookies
- Shortbread Swirl Cookies
- Simplebites Chocolate Chip Mini Cookies
- Simplebites Ginger Mini Snapz

WFM Gluten Free Bakehouse

- Chocolate Chip Cookies
- Molasses Ginger Cookies
- Peanut Butter Cookies

Crackers

Blue Diamond

- Almond Nut-Thins
- Cheddar Cheese Nut-Thins
- Country Ranch Nut-Thins
- Hazelnut Nut-Thins
- Pecan Nut-Thins
- Smokehouse Almond Nut-Thins

Crunchmaster

- Multi-Seed Crackers, Original
- Multi-Seed Crackers, Roasted Garlic

Edward & Sons

- Brown Rice Snaps, Onion Garlic
- Brown Rice Snaps, Tamari Seaweed
- Brown Rice Snaps, Tamari Sesame
- Brown Rice Snaps, Unsalted Sesame
- Organic Brown Rice Snaps, Toasted Onion
- Organic Brown Rice Snaps, Unsalted Plain
- Organic Brown Rice Snaps, Vegetable

Glutino

- Crackers, Cheddar
- Crackers, Multigrain
- Crackers, Original
- Crackers, Vegetable

Mary's Gone Crackers

- Crackers, Black Pepper
- Crackers, Caraway
- Crackers, Onion
- Crackers, Original

Dairy

Brown Cow

- Apricot-Mango Whole Milk Yogurt, 6 oz
- Blueberry Whole Milk Yogurt, 6 oz
- Cherry-Vanilla Whole Milk Yogurt, 6 oz
- Chocolate Whole Milk Yogurt, 6 oz
- Coffee Whole Milk Yogurt, 6 oz
- Low Fat Blueberry Yogurt, 6 oz
- Low Fat Boysenberry Yogurt, 6 oz
- Low Fat Plain Yogurt, 32 oz
- Low Fat Strawberry Yogurt, 6 oz
- Low Fat Vanilla Bean Yogurt, 6 oz
- Low Fat Vanilla Yogurt, 32 oz
- Maple Whole Milk Yogurt, 32 oz

Dairy (Cont'd)

Brown Cow

- Maple Whole Milk Yogurt, 6 oz
- Non Fat Blueberry Yogurt, 6 oz
- Non Fat Plain Yogurt, 32 oz
- Non Fat Strawberry Yogurt, 6 oz
- Non Fat Vanilla Yogurt, 32 oz
- Non Fat Vanilla Yogurt, 6 oz
- Peach Whole Milk Yogurt, 6 oz
- Plain Whole Milk Yogurt, 32 oz
- Plain Whole Milk Yogurt, 6 oz
- Raspberry Whole Milk Yogurt, 6 oz
- Strawberry Whole Milk Yogurt, 6 oz
- Vanilla Whole Milk Yogurt, 32 oz
- Vanilla Whole Milk Yogurt, 6 oz

Earth Balance

- Buttery Spread with Olive Oil
- Buttery Sticks
- Organic Whipped Buttery Spread
- Original Buttery Spread
- Soy Free Buttery Spread
- Soy Garden Buttery Spread

Stonyfield Farm

- Organic Banana Berry Yogurt Smoothie, 10 oz
- Organic Cream Top Chocolate Underground, 6 oz
- Organic Cream Top French Vanilla, 6 oz
- Organic Cream Top Plain Yogurt, 32 oz
- Organic Cream Top Strawberries & Cream Yogurt, 6 oz
- Organic Fat Free Black Cherry Yogurt, Fruit on the Bottom, 6 oz
- Organic Fat Free Blueberry Yogurt, Fruit on the Bottom, 6 oz
- Organic Fat Free Chocolate Underground Yogurt, 6 oz
- Organic Fat Free French Vanilla Yogurt, 32 oz
- Organic Fat Free French Vanilla Yogurt, 6 oz
- Organic Fat Free Key Lime Yogurt, 6 oz
- Organic Fat Free Lotsa Lemon Yogurt, 6 oz
- Organic Fat Free Peach Yogurt, 6 oz
- Organic Fat Free Plain Yogurt, 32 oz

Dairy (Cont'd)

Stonyfield Farm

- Organic Fat Free Plain Yogurt, 6 oz
- Organic Fat Free Pomegranate Berry Yogurt, 6 oz
- Organic Fat Free Strawberry Yogurt, Fruit on the Bottom, 6 oz
- Organic Low Fat Blueberry Yogurt, 6 oz
- Organic Low Fat Cherry Vanilla Yogurt, 6 oz
- Organic Low Fat Just Peachy Yogurt, Fruit on the Bottom, 6 oz
- Organic Low Fat Plain Yogurt, 32 oz
- Organic Low Fat Plain Yogurt, 6 oz
- Organic Low Fat Raspberry Yogurt, 6 oz
- Organic Low Fat Strawberry Yogurt, Fruit on the Bottom, 6 oz
- Organic Peach Yogurt Smoothie, 10 oz
- Organic Raspberry Yogurt Smoothie, 10 oz
- Organic Strawberry Yogurt Smoothies, 4 pack
- Organic Vanilla Yogurt Smoothie, 10 oz
- Organic Wild Berry Yogurt Smoothies, 4 pack
- YoBaby Banana/Vanilla Yogurt
- YoBaby Peach/Pear Yogurt
- YoKids Strawberry BaNilla Blast Yogurt

Dairy Alternatives

365 Everyday Value™

- Organic Ricemilk - Original
- Organic Ricemilk - Unsweetened
- Organic Ricemilk - Vanilla
- Organic Soymilk - Chocolate, 32 oz
- Organic Soymilk - Original, 32 oz
- Organic Soymilk - Original, 64 oz
- Organic Soymilk - Unsweetened, 32 oz
- Organic Soymilk - Unsweetened, 64 oz
- Organic Soymilk - Vanilla, 32 oz
- Organic Soymilk - Vanilla, 64 oz

Blue Diamond

- Almond Breeze, Chocolate
- Almond Breeze, Chocolate Unsweetened
- Almond Breeze, Original

Dairy Alternatives (Cont'd)

Blue Diamond

Almond Breeze, Original Unsweetened
Almond Breeze, Vanilla
Almond Breeze, Vanilla Unsweetened

Eden

Organic EdenBlend, Rice & Soy Beverage, 32 oz

Follow Your Heart

Vegan Gourmet Monterey Jack
Vegan Gourmet Mozzarella Cheese
Vegan Gourmet Sour Cream

Rice Dream

Enriched Rice Milk Beverage, Chocolate 32 oz
Enriched Rice Milk Beverage, Vanilla 32 oz
Organic Enriched Rice Milk Beverage, Original 32 oz
Organic Enriched Rice Milk Beverage, Vanilla 64 oz
Refrigerated Ricemilk, Original 64 oz
Refrigerated Ricemilk, Vanilla 64 oz
Rice Milk Beverage, Carob 32 oz
Rice Milk Beverage, Original 32 oz
Rice Milk Beverage, Vanilla 32 oz

So Delicious

French Vanilla Coconut Milk Creamer
Hazelnut Coconut Milk Creamer
Original (Plain) Coconut Milk Creamer
Pina Colada Cultured Coconut Milk Yogurt
Plain Cultured Coconut Milk Yogurt
Strawberry Coconut Milk Kefir
Unsweetened Coconut Milk Beverage
Vanilla Coconut Milk Beverage
Vanilla Dairy Free Yogurt

Stonyfield Farm

Organic O'Soy Peach Yogurt, 6 oz
Organic O'Soy Vanilla Yogurt, 6 oz

WestSoy

Longevity Soy Beverage, Vanilla 32 oz
Plus Soy Beverage, Plain 64 oz
Soy Beverage, Unsweetened Chocolate 32 oz

Deli Style Meats and Cheeses

Applegate Farms

Organic Sliced Oven Roasted Chicken
Salametti
Sliced Authentic Prosciutto
Sliced Black Forest Ham
Sliced Honey Ham
Sliced Honey Maple Turkey
Sliced Organic Genoa Salami
Sliced Organic Herb Turkey
Sliced Organic Oven Roasted Turkey
Sliced Organic Roast Beef
Sliced Organic Smoked Chicken
Sliced Organic Smoked Turkey
Sliced Organic Uncured Ham
Sliced Oven Roasted Sliced Turkey
Sliced Pancetta
Sliced Pepperoni
Sliced Slow Cooked Ham
Sliced Smoked Turkey
Sliced Soppressata
Sliced Turkey Bologna

Desserts

WFM Gluten Free Bakehouse

Carrot Cake
Cherry Pie
Chocolate Cupcakes
Peach Pie

Energy and Nutrition Bars/Drinks

Bumble Bar

Chai with Almonds
Cherry Chocolate
Chocolate Crisp
Chunky Cherry
Lushus Lemon
Original with Almond

Entrees and Mixes

365 Everyday Value™

Gluten Free All Purpose Baking Mix
Gluten Free Chocolate Brownie Mix
Gluten Free Chocolate Chip Cookie Mix
Gluten Free Muffin Mix

Entrees and Mixes (Cont'd)

365 Everyday Value™

Gluten Free Pancake & Waffle Mix
Gluten Free Sandwich Bread Mix

Bob's Red Mill

Gluten Free Chocolate Cake Mix
Gluten Free Chocolate Chip Cookie Mix
TVP (Textured Vegetable Protein)

Cherrybrook Kitchen Gluten Free Dreams

Chocolate Cake Mix
Chocolate Chip Cookie Mix
Pancake & Waffle Mix
Sugar Cookie Mix

Glutino

Macaroni & Cheese

Ian's Natural Foods

Pizza Dinner Kit, Wheat Free Gluten Free

Lundberg Farms

Butternut Squash Risotto
Cheddar Broccoli Risotto
Garlic Primavera Risotto
Italian Herb Risotto
Organic Florentine Risotto
Organic Porcini Wild Mushroom Risotto
Organic Tuscan Risotto

Namaste

Bread Mix
Cookie Mix
Vanilla Cake Mix

Pamela's Products

Dark Chocolate Frosting Mix

Road's End Organics

Dairy Free Alfredo Style Mac & Cheese
Dairy Free Cheddar Style Penne & Cheese
Organic Golden Gravy Mix

Tasty Bite

Bombay Potatoes
Paneer Makhani
Punjab Eggplant
Spinach Dal

Ethnic Foods

Amy's

Organic Asian Noodle Stir-Fry
Organic Black Bean Vegetable Enchilada
Organic Black Bean Vegetable Enchilada, Light in Sodium
Organic Cheese Enchilada
Organic Cheese Enchilada Whole Meal
Organic Indian Mattar Paneer, Light in Sodium
Organic Indian Palak Paneer
Organic Indian Paneer Tikka
Organic Indian Vegetable Korma
Organic Mexican Casserole Bowl
Organic Mexican Tamale Pie
Organic Roasted Vegetable Tamale Whole Meal
Organic Santa Fe Enchilada Bowl
Organic Teriyaki Bowl
Organic Tortilla Casserole & Black Beans Bowl

Annie Chun's

Maifun Rice Noodles

Edward & Sons

Brown Rice Snaps, Tamari Seaweed
Brown Rice Snaps, Tamari Sesame
Miso-Cup, Organic Reduced Sodium
Miso-Cup, Organic Traditional with Tofu

Food For Life

Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

French Meadow Bakery

Gluten Free Tortillas, 7"

Native Forest

Organic Hot Mango Chutney
Organic Mango Passion Chutney
Organic Pineapple Chutney

Spicely

Curry Powder, Salt Free
Garam Masala, Salt Free

Tasty Bite

Bombay Potatoes
Paneer Makhani
Punjab Eggplant

Ethnic Foods (Cont'd)

Tasty Bite

Spinach Dal

Frozen Foods

Amy's

Organic Asian Noodle Stir-Fry
Organic Bistro Veggie Burger
Organic Black Bean Vegetable Enchilada
Organic Black Bean Vegetable Enchilada, Light in Sodium
Organic Brown Rice & Vegetables Bowl
Organic Brown Rice, Black-Eyed Peas & Veggies Bowl
Organic Cheese Enchilada
Organic Cheese Enchilada Whole Meal
Organic Indian Mattar Paneer, Light in Sodium
Organic Indian Palak Paneer
Organic Indian Paneer Tikka
Organic Indian Vegetable Korma
Organic Mexican Casserole Bowl
Organic Mexican Tamale Pie
Organic Rice Crust Cheese Pizza
Organic Rice Crust Spinach Pizza
Organic Rice Mac & Cheese
Organic Roasted Vegetable Tamale Whole Meal
Organic Santa Fe Enchilada Bowl
Organic Shepherd's Pie
Organic Single Serve Non-Dairy Rice Crust Cheeze Pizza
Organic Teriyaki Bowl
Organic Tortilla Casserole & Black Beans Bowl

Gluten Free Cafe

Fettuccini Alfredo
Lemon Basil Chicken
Pasta Primavera

Glutino

Duo Mushroom Penne
Pizza, 3 Cheese with Brown Rice Crust
Pizza, Chicken BBQ
Pizza, Duo Cheese

Frozen Foods (Cont'd)

Glutino

Pizza, Spinach Feta

Ian's Natural Foods

Chicken Patties, Wheat Free Gluten Free
Wafflewich, Egg & Maple Sausage, Wheat Free Gluten Free

Julie's Organic Ice Cream

Glutenfreeda's Organic Gluten Free Vanilla Ice Cream Sandwich

Nature's Path

Organic Homestyle Waffles

Organic So Delicious

Chocolate Velvet Non-Dairy Frozen Dessert
Creamy Vanilla Non-Dairy Frozen Dessert

Purely Decadent

Chocolate Non-Dairy Frozen Coconut Milk Dessert
Chocolate Peanut Butter Swirl Non-Dairy Frozen Coconut Milk Dessert
Coconut Non-Dairy Frozen Coconut Milk Dessert
Cookie Dough Non-Dairy Frozen Coconut Milk Dessert
Mint Chip Non-Dairy Frozen Coconut Milk Dessert
Passionate Mango Non-Dairy Frozen Coconut Milk Dessert
Peanut Butter Zig Zag Non-Dairy Frozen Dessert
Pomegranate Chip Non-Dairy Frozen Dessert
Purely Vanilla Non-Dairy Frozen Dessert
Snickerdoodle Non-Dairy Frozen Dessert
Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert

Rice Dream

Vanilla Frozen Dessert, Pint
Vanilla Frozen Dessert, Quart

So Delicious

Coconut Almond Bar, Made with Coconut Milk
Kidz Assorted Fruit Pops
Vanilla Bar, Made with Coconut Milk

Frozen Foods (Cont'd)

Sweet Nothings

Non-Dairy Fudge Bar, 6-pack

Van's

Wheat Free Blueberry Waffles
Wheat Free Buckwheat Waffles
Wheat Free Homestyle Pancakes

Grains and Rice

Ancient Harvest

Traditional Organic Quinoa 12 oz

Annie Chun's

Rice Express Sprouted Brown Rice

Bob's Red Mill

Organic Quinoa Grain

Lundberg Farms

Butternut Squash Risotto
Cheddar Broccoli Risotto
Eco-Farmed California White Basmati Rice
Eco-Farmed Wild Blend Gourmet Blend Rice
Italian Herb Risotto
Organic California Brown Basmati Rice
Organic California Brown Jasmine Rice, 25 lb
Organic California White Basmati Rice
Organic Long Grain Brown Rice
Organic Porcini Wild Mushroom Risotto
Organic Short Grain Brown Rice

Jams and Nut Butters

Arrowhead Mills

Creamy Peanut Butter, 26 oz
Crunchy Peanut Butter, 26 oz
Organic Creamy Peanut Butter, 16 oz
Organic Crunchy Peanut Butter, 16 oz

Blue Diamond

Homestyle Almond Butter, Creamy
Homestyle Almond Butter, Crunchy

Earth Balance

Creamy Natural Peanut Butter

Meat Alternatives

Bob's Red Mill

TVP (Textured Vegetable Protein)

WestSoy

Extra Firm Tofu, Tidal Wave 14 oz
Soft Tofu, Water-Pack 14 oz

Meat and Poultry

Applegate Farms

Organic Chicken Hot Dogs
Organic Fire Roasted Red Pepper Sausage
Organic Hot Dogs
Organic Sliced Sunday Bacon
Organic Spinach & Feta Sausage
Organic Sweet Italian Sausage
Organic Turkey Hot Dogs
Sliced Organic Turkey Bacon

Nutritional Supplements

Bob's Red Mill

Hemp Protein Powder

Country Life

Target-Mins Calcium-Magnesium-Veg Capsules,
120 ct

Nuts, Seeds and Dried Fruits

Bob's Red Mill

Flaxseeds
Hemp Protein Powder

Enjoy Life

Not Nuts! Beach Bash Trail Mix
Not Nuts! Mountain Mambo Trail Mix

Spicely

Organic Sesame Seeds, White

Pasta

Ancient Harvest

Quinoa Supergrain Pasta, Elbows 8 oz
Quinoa Supergrain Pasta, Garden Pagodas 8 oz
Quinoa Supergrain Pasta, Linguine 8 oz
Quinoa Supergrain Pasta, Spaghetti 8 oz

Pasta (Cont'd)

Bionaturae

Organic Gluten Free Elbows Pasta
Organic Gluten Free Penne Rigate

DeBoles Foods

Multi-Grain Penne
Rice Angel Hair Pasta
Rice Spaghetti

Lundberg Farms

Organic Brown Rice Penne Pasta
Organic Brown Rice Spaghetti Pasta

Namaste

Pasta Pisavera

Tinkyada

Brown Rice Fettucini
Brown Rice Fusilli
Brown Rice Penne
Brown Rice Shells
Brown Rice Spaghetti
Brown Rice Spirals
Organic Brown Rice Lasagne
Organic Brown Rice Penne
Organic Brown Rice Spirals

Pasta Sauce

Amy's

Organic Family Marinara Pasta Sauce
Organic Low Sodium Marinara Sauce
Organic Tomato Basil Pasta Sauce, Light in Sodium

Personal Care

Tom's of Maine

Apricot Long Lasting Stick Deodorant
Cinnamint Antiplaque with Propolis & Myrrh Toothpaste
Fennel Antiplaque Propolis & Myrrh Toothpaste
Lavender Long Lasting Roll-on Deodorant
Lavender Long Lasting Stick Deodorant
Peppermint Anti-Plaque Tartar Control Plus Whitening Toothpaste

Personal Care (Cont'd)

Tom's of Maine

Peppermint Anticavity SLS-Free Toothpaste
Peppermint Anticavity Toothpaste
Peppermint Antiplaque Tartar Control Plus Whitening Toothpaste
Peppermint Baking Soda Mouthwash
Peppermint Tartar Control Mouthwash
Peppermint Whole Care Gel Toothpaste
Peppermint Whole Care Toothpaste
Silly Strawberry Anticavity Toothpaste
Silly Strawberry Non-Fluoride Toothpaste
Spearmint Anticavity ADA Mouthwash
Spearmint Anticavity Toothpaste
Spearmint Antiplaque with Propolis & Myrrh Toothpaste
Spearmint Flat Floss
Unscented Stick Deodorant
Wintermint Anticavity Toothpaste
Wintermint Sensitive SLS-Free Toothpaste
Wintermint Sensitive Toothpaste
Woodspice Stick Deodorant

Sauces, Salsas and Dips

Native Forest

Organic Hot Mango Chutney
Organic Mango Passion Chutney
Organic Pineapple Chutney

Organicville

Organic Mild Salsa

Road's End Organics

Organic Golden Gravy Mix

Soups

Amy's

Organic Black Bean Vegetable Soup
Organic Chunky Tomato Bisque
Organic Cream of Tomato Soup, Light in Sodium
Organic Curried Lentil Soup
Organic Fire Roasted Southwestern Vegetable Soup
Organic Lentil Soup

Soups (Cont'd)

Amy's

- Organic Lentil Soup, Light in Sodium
- Organic Lentil Vegetable Soup, Light in Sodium
- Organic Medium Chili
- Organic Medium Chili with Vegetables
- Organic Split Pea Soup, Light in Sodium
- Organic Thai Coconut Soup (Tom Kha Phak)
- Organic Tuscan Bean & Rice Soup

Edward & Sons

- Miso-Cup, Organic Reduced Sodium
- Miso-Cup, Organic Traditional with Tofu

Imagine Foods

- Broccoli Soup 32 oz
- Butternut Squash Soup 32 oz
- Corn & Lemongrass Soup 32 oz
- Free Range Chicken Broth 32 oz
- No Chicken Broth 32 oz
- Organic Chicken Broth, Low Sodium 32 oz
- Organic Corn Soup, Low Sodium 32 oz
- Organic Portabello Mushroom Soup 32 oz
- Organic Potato Soup, Low Sodium 32 oz
- Organic Tomato Soup 32 oz
- Organic Tomato Soup, Low Sodium 32 oz
- Organic Vegetable Broth, Low Sodium 32 oz
- Potato Leek Soup 32 oz
- Sweet Potato Soup 32 oz

Spices and Seasonings

Bob's Red Mill

- Cornstarch

Spicely

- Anise, Ground
- Arrowroot
- Cardamom, Black
- Cumin Seed, Whole
- Curry Powder, Salt Free
- Garam Masala, Salt Free
- Mustard Seeds, Yellow
- Nutmeg, Ground
- Organic Allspice, Ground
- Organic Basil

Spices and Seasonings (Cont'd)

Spicely

- Organic Bay Leaves
- Organic Cayenne Pepper
- Organic Chili Powder, Salt Free
- Organic Chili, Ancho, Ground
- Organic Cinnamon, Ground
- Organic Cloves, Ground
- Organic Coriander, Ground
- Organic Cumin, Ground
- Organic Curry Powder
- Organic Juniper Berries
- Organic Onion Granulates
- Organic Sesame Seeds, White
- Organic Tarragon
- Organic Thyme
- Organic Vanilla Extract
- Paprika
- Paprika, Smoked
- Pepper, White, Ground
- Poultry Seasoning, Salt Free
- Rib Eye Seasoning, Salt Free
- Thyme