

# Gluten Free

SPECIAL DIETS SERIES

CELEBRATING  
YOUR  
CHOICES



## Redondo Beach Store, Southern Pacific Region

Whole Foods Market is excited to bring you "Celebrating Your Choices," a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product. If you have any questions, you may contact us at [WFMSpecialDiets@wholefoods.com](mailto:WFMSpecialDiets@wholefoods.com).

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## Baby & Infant Food

### Stonyfield Farm

YoBaby Banana/Vanilla Yogurt  
YoBaby Drinkable Yogurt, Banana  
YoBaby Drinkable Yogurt, Peach  
YoBaby Peach/Pear Yogurt  
YoBaby Simply Plain Yogurt

## Baked Goods

### Gluten Free Pantry

Olive Oil & Garlic Croutons

### WFM Gluten Free Bakehouse

Cinnamon Raisin Bread  
Pizza Crust  
Prairie Bread  
Sandwich Bread

## Baking Needs

### 365 Everyday Value™

Gluten Free Chocolate Cake Mix  
Gluten Free Pancake & Waffle Mix  
Gluten Free Pizza Crust Mix  
Gluten Free White Cake Mix

### Ancient Harvest

Organic Quinoa Flour 18 oz

### Arrowhead Mills

Buckwheat Flour  
Gluten Free Brownie Mix

## Baking Needs (Cont'd)

### Arrowhead Mills

Gluten Free Chocolate Chip Cookie Mix  
Gluten Free Pancake & Baking Mix  
Soy Flour  
Yellow Corn Meal

### Authentic Foods

Blueberry Muffin Mix  
Chocolate Cake Mix  
Pancake & Baking Mix  
Pie Crust Mix

### Bob's Red Mill

Almond Flour  
Baking Powder  
Brown Rice Flour  
Cornstarch  
Flaxseeds  
Garbanzo Bean Flour  
Gluten Free All Purpose Baking Flour  
Gluten Free Biscuit & Baking Mix  
Gluten Free Chocolate Cake Mix  
Gluten Free Chocolate Chip Cookie Mix  
Gluten Free Garbanzo & Fava Bean Flour  
Gluten Free Pizza Crust Mix  
Gluten Free Sweet White Sorghum Flour  
Hazelnut Meal/Flour  
Organic Amaranth Flour  
Organic Coconut Flour  
Organic Flaxseed Meal  
Organic Golden Flaxseed Meal  
Organic Quinoa Flour  
Organic White Rice Flour  
Potato Flour  
Tapioca Flour  
White Rice Flour  
Xanthan Gum

## Baking Needs (Cont'd)

### Cherrybrook Kitchen

Chocolate Frosting Mix  
Vanilla Frosting Mix

### Cherrybrook Kitchen Gluten Free Dreams

Pancake & Waffle Mix

### Earth Balance

Shortening

### Enjoy Life

Semi-Sweet Chocolate Chips

### Gluten Free Pantry

Chocolate Truffle Brownie Mix  
Perfect Pie Crust Mix

### Let's Do... Organic

Organic Coconut Flakes  
Organic Reduced Fat Shredded Coconut  
Organic Shredded Coconut

### Namaste

Muffin Mix  
Spice Cake Mix

### Pamela's Products

Baking & Pancake Mix  
Baking & Pancake Mix, 4 lb  
Chocolate Brownie Mix  
Dark Chocolate Frosting Mix

## Beverages

### Celestial Seasonings

Antioxidant Green Tea, 20 Ct  
Bengal Spice Tea, 20 Ct  
Black Cherry Berry Tea  
Candy Cane Lane Decaf Tea, 20 Ct  
Chamomile Tea, 20 Ct  
Cinnamon Apple Spice Tea, 20 Ct  
Cool Brew Blueberry Iced Green Tea, 40 Ct  
Country Peach Passion  
Cranberry Apple Zinger Tea, 20 Ct  
Decaf Green Tea, 25 Ct  
Echinacea Complete Care Tea, 20 Ct  
Honey Vanilla Chamomile Tea, 20 Ct  
Lemon Zinger Tea, 20 Ct  
Nutcracker Sweet Herbal Tea

## Beverages (Cont'd)

### Celestial Seasonings

Peppermint Tea, 20 Ct  
Red Zinger Tea, 20 Ct  
Sleepytime Extra Tea, 20 Ct  
Sleepytime Tea, 20 Ct  
Sleepytime Tea, 40 Ct  
Sugar Plum Spice, 20 Ct  
Tension Tamer Tea, 20 Ct  
Tropical Acai Berry Green Tea, 20 Ct

### Rice Dream

Rice Nog

### So Delicious

Original (Plain) Coconut Milk Beverage  
Unsweetened Coconut Milk Beverage  
Vanilla Coconut Milk Beverage

## Bread

### Food For Life

Brown Rice Bread, Wheat & Gluten Free  
Millet Bread, Wheat & Gluten Free  
Rice Almond Bread, Wheat & Gluten Free  
Rice Pecan Bread, Wheat & Gluten Free  
Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

### Glutino

Bagels, Cinnamon 'n Raisin  
Bagels, Plain  
Premium Brown Rice Bread, Homestyle  
Premium Corn Bread  
Premium Fiber Bread

### Kinnikinnick

Candadi Yeast Free Multigrain Rice Bread  
Italian White Tapioca Rice Bread  
Robins Honey Brown Rice Bread

### WFM Gluten Free Bakehouse

Cinnamon Raisin Bread  
Prairie Bread  
Sandwich Bread

## Candy and Chocolate

### Endangered Species Chocolate

- Bite Size Dark Chocolate with Cranberries & Almonds
- Bite Size Dark Chocolate with Deep Forest Mint
- Bite Size Smooth Milk Chocolate
- Dark Chocolate with Blueberries - Sea Turtle
- Dark Chocolate with Cranberries & Almonds - Wolf
- Dark Chocolate with Deep Forest Mint
- Dark Chocolate with Espresso Beans - Tiger
- Dark Chocolate with Hazelnut Toffee - Rhino
- Dark Chocolate with Raspberries - Grizzly Bear
- Milk Chocolate with Almonds - Crane
- Milk Chocolate with Cherries - Dolphin
- Organic Health Dark Chocolate with Cacao Nibs, Yacon & Acai
- Organic Health Dark Chocolate with Goldenberry & Lucuma
- Smooth Organic Dark Chocolate - Butterfly
- Supreme Dark Chocolate - Chimpanzee

### Enjoy Life

- Boom Choco Boom Dairy-Free Rice Milk Chocolate Bar
- Boom Choco Boom Dairy-Free Rice Milk w/ Crispy Rice Chocolate Bar

### Glee Gum

- Glee Bubblegum Flavor Gum
- Glee Cinnamon Gum
- Glee Spearmint Gum
- Glee Tangerine Gum

### Glutino

- Dark Chocolate Bar
- Peanut Butter Chocolate Bar

### Scharffen Berger

- Bittersweet Chocolate Bar, 70% Cacao
- Dark Mocha Chocolate Bar, 62% Cacao
- Extra Dark Chocolate Bar, 82% Cacao

## Canned Goods

### Amy's

- Organic Refried Beans with Green Chiles
- Organic Refried Black Beans, Low in Sodium
- Organic Traditional Refried Beans
- Organic Traditional Refried Beans, Light in Sodium

### Cereal

#### Amy's

- Organic Cream of Rice Hot Cereal Bowl

#### Ancient Harvest

- Organic Quinoa Flakes 12 oz

#### Arrowhead Mills

- Maple Buckwheat Organic Flakes
- Organic Yellow Corn Grits
- Sweetened Organic Rice Flakes

#### Barbara's Bakery

- Honey Rice Puffins Cereal

#### Bob's Red Mill

- Brown Rice Farina Creamy Rice Hot Cereal
- Gluten Free Mighty Tasty Hot Cereal
- Organic Buckwheat Groats
- Organic Creamy Buckwheat Hot Cereal

#### EnviroKidz

- Amazon Frosted Flakes Organic Cereal
- Gorilla Munch Organic Cereal
- Koala Crisp Organic Cereal
- Koala Crisp Organic Cereal, 26 oz
- Leapin' Lemurs Peanut Butter & Chocolate Organic Cereal
- Peanut Butter Panda Puffs Organic Cereal

#### Glutino

- Apple & Cinnamon Cereal

#### Lundberg Farms

- Organic Pure Creamy Rice Cereal

#### Nature's Path

- Organic Crispy Rice Cereal
- Organic Fruit Juice Sweetened Corn Flakes
- Organic Fruit Juice Sweetened Corn Flakes, 26.4 oz
- Organic Honey'd Corn Flakes, 26.4 oz
- Organic Honey'd Cornflakes

## Cereal (Cont'd)

### Nature's Path

- Organic Mesa Sunrise Cereal
- Organic Mesa Sunrise Cereal, 26.4 oz

### Perky's

- Nutty Rice Cereal

## Cheese

### Applegate Farms

- American Cheese
- Sliced Emmentaler Swiss Cheese
- Sliced Havarti Cheese
- Sliced Medium Cheddar Cheese
- Sliced Muenster Cheese
- Sliced Pepperjack Cheese
- Sliced Provolone Cheese

### Follow Your Heart

- Vegan Gourmet Cheddar
- Vegan Gourmet Cream Cheese
- Vegan Gourmet Monterey Jack
- Vegan Gourmet Mozzarella Cheese
- Vegan Gourmet Sour Cream

## Chips, Pretzels and Snacks

### Food Should Taste Good

- Buffalo Tortilla Chips 6 oz
- Cinnamon Tortilla Chips 5.5 oz
- Jalapeno Tortilla Chips 1.5 oz
- Lime Tortilla Chips 5.5 oz
- Multigrain Tortilla Chips 1.5 oz
- Multigrain Tortilla Chips 12 oz
- Olive Tortilla Chips 1.5 oz
- Potato & Chive Tortilla Chips 5.5 oz
- Sweet Potato Tortilla Chips 6 oz
- The Works! Tortilla Chips 6 oz
- Yellow Corn Tortilla Chips 11 oz

### Food Should Taste Good

- Chocolate Tortilla Chips 6 oz
- Jalapeno Tortilla Chips 6 oz
- Multigrain Tortilla Chips 6 oz
- Olive Tortilla Chips 6 oz

## Chips, Pretzels and Snacks (Cont'd)

### Glutino

- Breadsticks, Pizza Flavor
- Pretzel Sticks, Family Bag
- Pretzels, Family Bag
- Pretzels, Sticks
- Pretzels, Twists

### Kettle Brand®

- Krinkle Cut Potato Chips, Lightly Salted 14 oz
- Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 2 oz
- Potato Chips, Honey Dijon 5 oz
- Potato Chips, Lightly Salted 14 oz
- Potato Chips, Lightly Salted 2 oz
- Potato Chips, Lightly Salted 5 oz
- Potato Chips, New York Cheddar w/ Herbs 2 oz
- Potato Chips, Organic Chipotle Chili BBQ 5 oz
- Potato Chips, Organic Lightly Salted 5 oz
- Potato Chips, Sea Salt & Vinegar 2 oz
- Potato Chips, Sea Salt & Vinegar 5 oz
- Potato Chips, Unsalted 5 oz
- Potato Chips, Yogurt & Green Onion 5 oz

### Kettle Brand®

- Baked Potato Chips, Aged White Cheddar 4 oz
- Baked Potato Chips, Hickory Honey BBQ 4 oz
- Baked Potato Chips, Lightly Salted 4 oz
- Baked Potato Chips, Salt & Fresh Ground Pepper 4 oz
- Baked Potato Chips, Sea Salt & Vinegar 4 oz
- Krinkle Cut Potato Chips, Buffalo Bleu 2 oz
- Krinkle Cut Potato Chips, Buffalo Bleu 5 oz
- Krinkle Cut Potato Chips, Classic BBQ 14 oz
- Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 5 oz
- Potato Chips, Backyard Barbeque 5 oz
- Potato Chips, Death Valley Chipotle 5 oz
- Potato Chips, Jalapeno 2 oz

## Chips, Pretzels and Snacks (Cont'd)

### Kettle Brand®

- Potato Chips, Jalapeno 5 oz
- Potato Chips, Organic Sea Salt & Black Pepper 5 oz
- Potato Chips, Sour Cream, Onion & Chive 5 oz
- Potato Chips, Sweet Onion 2 oz
- Potato Chips, Sweet Onion 5 oz

### Lundberg Farms

- Brown Rice Cakes
- Buttery Caramel Rice Cakes
- Fiesta Lime Rice Chips
- Organic Brown Rice Cakes
- Organic Caramel Corn Rice Cakes
- Organic Cinnamon Toast Rice Cake
- Organic Koku Seaweed Rice Cakes
- Organic Mochi Sweet Rice Cakes
- Organic Popcorn Rice Cakes
- Organic Sea Salt Rice Chips
- Organic Sesame Tamari Rice Cakes
- Organic Unsalted Brown Rice Cakes
- Organic Wild Rice Cakes
- Pico de Gallo Rice Chips
- Sante Fe BBQ Rice Chips
- Unsalted Brown Rice Cakes

## Condiments

### Follow Your Heart

- Caesar Dressing
- Honey Mustard Dressing
- Lemon Herb Dressing
- Low Fat Ranch Dressing
- Organic Chipotle Lime Ranch Dressing
- Organic Chunky Bleu Cheese Dressing
- Organic Creamy Miso Ginger Dressing
- Organic Creamy Ranch Dressing
- Organic Italian Vinaigrette Dressing
- Sesame Miso Dressing
- Spicy Southwest Ranch Dressing
- Thousand Island Dressing
- Vegenaise, High Omega-3 w/ Expeller-Pressed Canola Oil
- Vegenaise, Original

## Condiments (Cont'd)

### Organicville

- Organic Dressing, French
- Organic Dressing, Orange Cranberry Vinaigrette
- Organic Ketchup
- Organic Tangy BBQ Sauce

### Spectrum

- Canola Mayonnaise 16 oz
- Light Canola Eggless Mayonnaise 16 oz
- Light Canola Eggless Mayonnaise 32 oz
- Light Canola Eggless Mayonnaise, Squeeze Bottle
- Organic Olive Oil Mayonnaise
- Organic Soy Mayonnaise 16 oz
- Organic Soy Mayonnaise, Squeeze Bottle

### The Wizard's Sauce

- Organic Wheat-Free Vegan Worcestershire

## Cookies and Snack Bars

### Arico

- Almond Cranberry Cookies
- Chocolate Chunk Cookies
- Double Chocolate Cookies

### Bakery On Main

- Extreme Trail Mix Granola Bars
- Peanut Butter Chocolate Chip Granola Bars

### Enjoy Life

- Caramel Apple Snack Bars
- Soft Baked Chewy Chocolate Chip Cookies
- Soft Baked Double Chocolate Brownie Cookies
- Soft Baked Gingerbread Spice Cookie
- Soft Baked Happy Apple Cookies
- Soft Baked Lively Lemon Cookies
- Soft Baked Snickerdoodle Cookies
- Sunbutter Crunch Snack Bars

### EnviroKidz

- Cheetah Organic Crispy Rice Bars, Berry
- Lemur Organic Crispy Rice Bars, Peanut Choco Drizzle
- Panda Organic Crispy Rice Bars, Peanut Butter

## **Cookies and Snack Bars (Cont'd)**

### **EnviroKidz**

Penguin Organic Crispy Rice Bars, Fruity Burst

### **Glutino**

Breakfast Bars, Apple  
Breakfast Bars, Blueberry  
Chocolate Vanilla Cream Cookies  
Lemon Wafers  
Organic Bar, Chocolate & Peanut Butter  
Organic Bar, Chocolate-Banana  
Organic Bar, Wildberry  
Vanilla Cream Cookies  
Vanilla Wafers

### **Ian's Natural Foods**

Chocolate Chip Cookie Buttons, Wheat Free Gluten Free  
Crunchy Cinnamon Cookie Buttons, Wheat Free Gluten Free

### **Kinnikinnick**

KinniKritters Animal Cookies  
KinniTOOS Chocolate Sandwich Creme Cookies  
KinniTOOS Vanilla Sandwich Creme Cookies

### **Kookie Karma**

Raw Banana Bread  
Raw Granola Bar

### **Let's Do...**

Gluten Free Ice Cream Cones

### **Mi-Del**

Ginger Snaps  
Pecan Cookies

### **Pamela's Products**

Butter Shortbread Cookies  
Chunky Chocolate Chip Cookies  
Ginger Cookies with Sliced Almonds  
Lemon Shortbread Cookies  
Old Fashioned Raisin Walnut Cookies  
Organic Peanut Butter Chocolate Chip Cookies  
Shortbread Swirl Cookies  
Simplebites Chocolate Chip Mini Cookies

## **Crackers**

### **Blue Diamond**

Almond Nut-Thins  
Country Ranch Nut-Thins  
Hazelnut Nut-Thins  
Pecan Nut-Thins  
Smokehouse Almond Nut-Thins

### **Crunchmaster**

Multi-Seed Crackers, Original

### **Eden**

Brown Rice Crackers

### **Edward & Sons**

Brown Rice Snaps, Onion Garlic  
Brown Rice Snaps, Tamari Seaweed  
Brown Rice Snaps, Unsalted Sesame  
Organic Brown Rice Snaps, Cheddar  
Organic Brown Rice Snaps, Toasted Onion  
Organic Brown Rice Snaps, Vegetable

### **Foods Alive**

Original Organic Flax Crackers

### **Glutino**

Crackers, Cheddar  
Crackers, Original  
Crackers, Vegetable

### **Mary's Gone Crackers**

Crackers, Black Pepper  
Crackers, Herb  
Crackers, Onion  
Crackers, Original

## **Dairy**

### **Brown Cow**

Apricot-Mango Whole Milk Yogurt, 6 oz  
Blueberry Whole Milk Yogurt, 32 oz  
Blueberry Whole Milk Yogurt, 6 oz  
Cherry-Vanilla Whole Milk Yogurt, 6 oz  
Chocolate Whole Milk Yogurt, 6 oz  
Coffee Whole Milk Yogurt, 6 oz  
Low Fat Black Cherry Yogurt, 6 oz  
Low Fat Blueberry Yogurt, 6 oz  
Low Fat Boysenberry Yogurt, 6 oz  
Low Fat Lemon Twist Yogurt, 6 oz  
Low Fat Peach Yogurt, 6 oz

## Dairy (Cont'd)

### Brown Cow

- Low Fat Plain Yogurt, 32 oz
- Low Fat Strawberry Yogurt, 6 oz
- Low Fat Vanilla Bean Yogurt, 6 oz
- Low Fat Vanilla Yogurt, 32 oz
- Maple Whole Milk Yogurt, 32 oz
- Maple Whole Milk Yogurt, 6 oz
- Non Fat Blueberry Yogurt, 6 oz
- Non Fat Plain Yogurt, 32 oz
- Non Fat Strawberry Yogurt, 6 oz
- Non Fat Vanilla Yogurt, 32 oz
- Non Fat Vanilla Yogurt, 6 oz
- Peach Whole Milk Yogurt, 6 oz
- Plain Whole Milk Yogurt, 32 oz
- Plain Whole Milk Yogurt, 6 oz
- Raspberry Whole Milk Yogurt, 6 oz
- Strawberry Whole Milk Yogurt, 6 oz
- Vanilla Whole Milk Yogurt, 32 oz
- Vanilla Whole Milk Yogurt, 6 oz

### Earth Balance

- Buttery Spread with Olive Oil
- Buttery Sticks
- Organic Whipped Buttery Spread
- Original Buttery Spread
- Soy Free Buttery Spread
- Soy Garden Buttery Spread

### Stonyfield Farm

- Organic Cream Top Chocolate Underground, 6 oz
- Organic Cream Top French Vanilla Yogurt, 32 oz
- Organic Cream Top French Vanilla, 6 oz
- Organic Cream Top Plain Yogurt, 32 oz
- Organic Cream Top Strawberries & Cream Yogurt, 6 oz
- Organic Fat Free Black Cherry Yogurt, Fruit on the Bottom, 6 oz
- Organic Fat Free Blueberry Yogurt, Fruit on the Bottom, 6 oz
- Organic Fat Free Chocolate Underground Yogurt, 6 oz
- Organic Fat Free French Vanilla Yogurt, 32 oz

## Dairy (Cont'd)

### Stonyfield Farm

- Organic Fat Free French Vanilla Yogurt, 6 oz
- Organic Fat Free Key Lime Yogurt, 6 oz
- Organic Fat Free Lotsa Lemon Yogurt, 6 oz
- Organic Fat Free Plain Yogurt, 32 oz
- Organic Fat Free Plain Yogurt, 6 oz
- Organic Fat Free Pomegranate Berry Yogurt, 6 oz
- Organic Fat Free Strawberry Yogurt, Fruit on the Bottom, 6 oz
- Organic Fat Free Strawberry, 6 oz
- Organic Low Fat BaNilla Yogurt, 32 oz
- Organic Low Fat Blueberry Yogurt, 32 oz
- Organic Low Fat Blueberry Yogurt, 6 oz
- Organic Low Fat Cherry Vanilla Yogurt, 6 oz
- Organic Low Fat Just Peachy Yogurt, Fruit on the Bottom, 6 oz
- Organic Low Fat Plain Yogurt, 32 oz
- Organic Low Fat Plain Yogurt, 6 oz
- Organic Low Fat Raspberry Yogurt, 6 oz
- Organic Low Fat Strawberry Pomegranate Yogurt, 6 oz
- Organic Low Fat Strawberry Yogurt, 32 oz
- Organic Low Fat Strawberry Yogurt, Fruit on the Bottom, 6 oz
- Organic Low Fat Vanilla Yogurt
- Organic Low Fat Vanilla, 32 oz
- Organic O'Soy Strawberry/Peach Yogurt, 6-pack
- Organic Peach Yogurt Smoothie, 10 oz
- Organic Strawberry Yogurt Smoothies, 4 pack
- Organic Wild Berry Yogurt Smoothie, 10 oz
- Organic Wild Berry Yogurt Smoothies, 4 pack
- YoBaby Banana/Vanilla Yogurt
- YoBaby Drinkable Yogurt, Banana
- YoBaby Drinkable Yogurt, Peach
- YoBaby Peach/Pear Yogurt
- YoBaby Simply Plain Yogurt
- YoKids Squeezers Cherry/Berry Blitz
- YoKids Squeezers Screamin' Strawberry
- YoKids Strawberry BaNilla Blast Yogurt

## Dairy (Cont'd)

### Stonyfield Farm

YoKids Strawberry Vanilla Raspberry Yogurt

## Dairy Alternatives

### 365 Everyday Value™

Organic Ricemilk - Original  
Organic Ricemilk - Unsweetened  
Organic Ricemilk - Vanilla  
Organic Soymilk - Chocolate, 32 oz  
Organic Soymilk - Chocolate, 64 oz  
Organic Soymilk - Original, 32 oz  
Organic Soymilk - Original, 64 oz  
Organic Soymilk - Unsweetened, 32 oz  
Organic Soymilk - Unsweetened, 64 oz  
Organic Soymilk - Vanilla, 32 oz  
Organic Soymilk - Vanilla, 64 oz

### Almond Dream

Almond Drink, Original 64 oz  
Almond Drink, Unsweetened Original 64 oz

### Blue Diamond

Almond Breeze, Chocolate  
Almond Breeze, Chocolate Unsweetened  
Almond Breeze, Original  
Almond Breeze, Original Unsweetened  
Almond Breeze, Unsweetened Vanilla  
Almond Breeze, Vanilla  
Almond Breeze, Vanilla Unsweetened

### Follow Your Heart

Vegan Gourmet Cheddar  
Vegan Gourmet Cream Cheese  
Vegan Gourmet Monterey Jack  
Vegan Gourmet Mozzarella Cheese  
Vegan Gourmet Sour Cream

### Hemp Dream

Hemp Dream, Original 12/32 oz  
Hemp Dream, Vanilla 12/32 oz

### Rice Dream

Enriched Rice Milk Beverage, Chocolate 32 oz  
Enriched Rice Milk Beverage, Original 8 oz  
Enriched Rice Milk Beverage, Vanilla 32 oz

## Dairy Alternatives (Cont'd)

### Rice Dream

Organic Enriched Rice Milk Beverage, Original 32 oz  
Organic Enriched Rice Milk Beverage, Original 64 oz  
Organic Enriched Rice Milk Beverage, Vanilla 64 oz  
Refrigerated Ricemilk, Original 64 oz  
Refrigerated Ricemilk, Vanilla 64 oz  
Rice Milk Beverage, Original 32 oz  
Rice Milk Beverage, Original 8 oz  
Rice Milk Beverage, Vanilla 32 oz  
Rice Milk Beverage, Vanilla 8 oz

### So Delicious

Blueberry Cultured Coconut Milk Yogurt  
Chocolate Cultured Coconut Milk Yogurt  
French Vanilla Coconut Milk Creamer  
Hazelnut Coconut Milk Creamer  
Original (Plain) Coconut Milk Beverage  
Original (Plain) Coconut Milk Creamer  
Passionate Mango Cultured Coconut Milk Yogurt  
Pina Colada Cultured Coconut Milk Yogurt  
Plain Agave Sweetened Soy Yogurt  
Plain Cultured Coconut Milk Yogurt  
Raspberry Cultured Coconut Milk Yogurt  
Strawberry Banna Cultured Coconut Milk Yogurt  
Strawberry Coconut Milk Kefir  
Unsweetened Coconut Milk Beverage  
Vanilla Coconut Milk Beverage  
Vanilla Cultured Coconut Milk Yogurt

### Stonyfield Farm

Organic O'Soy Blueberry Yogurt, 6 oz  
Organic O'Soy Chocolate Yogurt, 6 oz  
Organic O'Soy Vanilla Yogurt, 6 oz

### WestSoy

Organic Soy Beverage, Unsweetened Original 64 oz  
Soy Beverage, Unsweetened Chocolate 32 oz

## **Deli Style Meats and Cheeses**

### **Applegate Farms**

- Organic Sliced Oven Roasted Chicken Salametti
- Sliced Authentic Prosciutto
- Sliced Black Forest Ham
- Sliced Genoa Salami
- Sliced Organic Herb Turkey
- Sliced Organic Oven Roasted Turkey
- Sliced Organic Roast Beef
- Sliced Organic Smoked Turkey
- Sliced Organic Uncured Ham
- Sliced Oven Roasted Sliced Turkey
- Sliced Pancetta
- Sliced Pepperoni
- Sliced Slow Cooked Ham
- Sliced Soppressata
- Sliced Turkey Bologna
- Sliced Turkey Salami

## **Energy and Nutrition Bars/Drinks**

### **Bumble Bar**

- Chocolate Crisp
- Original with Almond

## **Entrees and Mixes**

### **365 Everyday Value™**

- Gluten Free Chocolate Cake Mix
- Gluten Free Pancake & Waffle Mix
- Gluten Free Pizza Crust Mix
- Gluten Free White Cake Mix

### **Arrowhead Mills**

- Gluten Free Brownie Mix
- Gluten Free Chocolate Chip Cookie Mix

### **Authentic Foods**

- Blueberry Muffin Mix
- Chocolate Cake Mix
- Pancake & Baking Mix
- Pie Crust Mix

### **Bob's Red Mill**

- Gluten Free Chocolate Cake Mix
- Gluten Free Chocolate Chip Cookie Mix

## **Entrees and Mixes (Cont'd)**

### **Cherrybrook Kitchen**

- Chocolate Frosting Mix
- Vanilla Frosting Mix

### **Cherrybrook Kitchen Gluten Free Dreams**

- Pancake & Waffle Mix

### **DeBoles Foods**

- Rice Shells & Cheddar Pasta Dinner

### **Lundberg Farms**

- Butternut Squash Risotto
- Cheddar Broccoli Risotto
- Garlic Primavera Risotto
- Organic Alfredo Risotto
- Organic Florentine Risotto
- Organic Porcini Wild Mushroom Risotto
- Organic Tuscan Risotto

### **Namaste**

- Muffin Mix
- Spice Cake Mix

### **Pamela's Products**

- Dark Chocolate Frosting Mix

### **Tasty Bite**

- Agra Peas
- Jaipur Vegetables
- Jodhpur Lentils
- Punjab Eggplant
- Spinach Dal

## **Ethnic Foods**

### **Amy's**

- Organic Asian Noodle Stir-Fry
- Organic Black Bean Enchilada Whole Meal
- Organic Black Bean Tamale Verde Whole Meal
- Organic Black Bean Vegetable Enchilada
- Organic Black Bean Vegetable Enchilada, Light in Sodium
- Organic Cheese Enchilada
- Organic Cheese Enchilada Whole Meal
- Organic Cheese Tamale Verde Whole Meal
- Organic Indian Mattar Paneer
- Organic Indian Mattar Paneer, Light in Sodium

## Ethnic Foods (Cont'd)

### Amy's

- Organic Indian Mattar Tofu
- Organic Indian Palak Paneer
- Organic Indian Paneer Tikka
- Organic Indian Vegetable Korma
- Organic Mexican Casserole Bowl
- Organic Mexican Casserole Bowl, Light in Sodium
- Organic Mexican Tamale Pie
- Organic Roasted Vegetable Tamale Whole Meal
- Organic Santa Fe Enchilada Bowl
- Organic Teriyaki Bowl
- Organic Tortilla Casserole & Black Beans Bowl

### Annie Chun's

- Maifun Rice Noodles
- Pad Thai Rice Noodles

### Edward & Sons

- Brown Rice Snaps, Tamari Seaweed
- Miso-Cup, Organic Reduced Sodium
- Miso-Cup, Savory Seaweed

### Food For Life

- Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

### Food Merchants

- Organic Polenta, Green Chili & Cilantro

### Organicville

- Organic Island Teriyaki
- Organic Sesame Teriyaki

### Tasty Bite

- Agra Peas
- Jaipur Vegetables
- Jodhpur Lentils
- Punjab Eggplant
- Spinach Dal

## Frozen Foods

### Amy's

- Kids Baked Ziti Meal
- Organic Asian Noodle Stir-Fry

## Frozen Foods (Cont'd)

### Amy's

- Organic Baked Ziti Bowl
- Organic Black Bean Enchilada Whole Meal
- Organic Black Bean Tamale Verde Whole Meal
- Organic Black Bean Vegetable Enchilada
- Organic Black Bean Vegetable Enchilada, Light in Sodium
- Organic Brown Rice & Vegetables Bowl
- Organic Brown Rice, Black-Eyed Peas & Veggies Bowl
- Organic Cheese Enchilada
- Organic Cheese Enchilada Whole Meal
- Organic Cheese Tamale Verde Whole Meal
- Organic Cream of Rice Hot Cereal Bowl
- Organic Garden Vegetable Lasagna
- Organic Indian Mattar Paneer
- Organic Indian Mattar Paneer, Light in Sodium
- Organic Indian Mattar Tofu
- Organic Indian Palak Paneer
- Organic Indian Paneer Tikka
- Organic Indian Vegetable Korma
- Organic Mexican Casserole Bowl
- Organic Mexican Casserole Bowl, Light in Sodium
- Organic Mexican Tamale Pie
- Organic Rice Crust Cheese Pizza
- Organic Rice Crust Spinach Pizza
- Organic Rice Mac & Cheese
- Organic Roasted Vegetable Tamale Whole Meal
- Organic Santa Fe Enchilada Bowl
- Organic Shepherd's Pie, Light in Sodium
- Organic Single Serve Non-Dairy Rice Crust Cheeze Pizza
- Organic Teriyaki Bowl
- Organic Tofu Scramble
- Organic Tortilla Casserole & Black Beans Bowl

### French Meadow Bakery

- Gluten Free Chocolate Chip Cookie Dough

## Frozen Foods (Cont'd)

### Glutino

- Chicken Pad Thai
- Chicken Pomodoro
- Chicken Ranchero
- Pizza, 3 Cheese with Brown Rice Crust
- Pizza, Chicken BBQ
- Pizza, Duo Cheese
- Pizza, Spinach Feta

### Ian's Natural Foods

- Alpha Tots
- Chicken Patties, Wheat Free Gluten Free
- French Toast Sticks, Wheat Free Gluten Free
- Ian's Chicken Nuggets, Allergen Free
- Ian's Fish Sticks, Allergen Free
- Popcorn Turkey Corn Dogs

### Kinnikinnick

- Candadi Yeast Free Multigrain Rice Bread
- Italian White Tapioca Rice Bread
- Robins Honey Brown Rice Bread

### Nature's Path

- Organic Buckwheat Wildberry Waffles

### Organic So Delicious

- Chocolate Peanut Butter Non-Dairy Frozen Dessert
- Chocolate Velvet Non-Dairy Frozen Dessert
- Creamy Vanilla Non-Dairy Frozen Dessert
- Neopolitan Non-Dairy Frozen Dessert

### Purely Decadent

- Chocolate Non-Dairy Frozen Coconut Milk Dessert
- Chocolate Peanut Butter Swirl Non-Dairy Frozen Coconut Milk Dessert
- Coconut Non-Dairy Frozen Coconut Milk Dessert
- Key Lime Pie Non-Dairy Frozen Dessert
- Mint Chip Non-Dairy Frozen Coconut Milk Dessert
- Mint Chocolate Chip Non-Dairy Frozen Dessert
- Mocha Almond Fudge Non-Dairy Frozen Coconut Milk Dessert

## Frozen Foods (Cont'd)

### Purely Decadent

- Passionate Mango Non-Dairy Frozen Coconut Milk Dessert
- Peanut Butter Zig Zag Non-Dairy Frozen Dessert
- Purely Vanilla Non-Dairy Frozen Dessert
- Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert

### Rice Dream

- Cocoa Marble Fudge Frozen Dessert, Quart
- Rice Dream, Strawberry
- Vanilla Frozen Dessert, Pint
- Vanilla Frozen Dessert, Quart

### So Delicious

- Coconut Almond Bar, Made with Coconut Milk
- Kidz Assorted Fruit Pops
- Strawberry Agave Sweetened Fruit Bar
- Vanilla Bar, Made with Coconut Milk

### Starfish

- Crispy Battered Gluten Free Cod
- Crispy Battered Gluten Free Halibut

### Sweet Nothings

- Non-Dairy Fudge Bar, 6-pack

### Van's

- Wheat Free Blueberry Waffles
- Wheat Free Buckwheat Waffles
- Wheat Free Flax Waffles
- Wheat Free Mini Homestyle Waffles

## Grains and Rice

### Ancient Harvest

- Inca Red Organic Quinoa 12 oz

### Bob's Red Mill

- Rice Bran

### Lundberg Farms

- Butternut Squash Risotto
- Cheddar Broccoli Risotto
- Eco-Farmed Black Japonica Field Gourmet Blend
- Eco-Farmed California Brown Basmati Rice
- Eco-Farmed California White Jasmine Rice
- Eco-Farmed Countrywild Gourmet Blend Rice

## Grains and Rice (Cont'd)

### Lundberg Farms

- Eco-Farmed Long Grain Brown Rice
- Eco-Farmed Short Grain Brown Rice
- Eco-Farmed Wild Blend Gourmet Blend Rice
- Organic Alfredo Risotto
- Organic California Brown Basmati Rice
- Organic California White Basmati Rice
- Organic Golden Rose Medium Grain Brown Rice
- Organic Long Grain Brown Rice
- Organic Porcini Wild Mushroom Risotto
- Organic Quick Wild Rice
- Organic White Long Grain Rice
- Organic Wild Rice

## Jams and Nut Butters

### Earth Balance

- Creamy Natural Almond Butter
- Crunchy Natural Peanut Butter

## Meat and Poultry

### Applegate Farms

- Organic Beef Hot Dogs
- Organic Chicken & Apple Sausage
- Organic Chicken Hot Dogs
- Organic Fire Roasted Red Pepper Sausage
- Organic Hot Dogs
- Organic Poultry Andouille Sausage
- Organic Spinach & Feta Sausage
- Organic Sweet Italian Sausage
- Organic Turkey Hot Dogs
- Sliced Organic Turkey Bacon

## Nutritional Supplements

### Country Life

- Acetyl L-Carnitine 500mg Capsules, 60 ct
- Aller-Max Capsules, 50 ct
- DHEA 10mg Capsules, 50 ct
- Gaba Relaxer, 15 ct
- L-Carnitine 500mg Capsules with B-6, 30 ct
- L-Lysine 1000mg Tablets with B-6, 100 ct
- L-Lysine 1000mg Tablets with B-6, 50 ct

## Nutritional Supplements (Cont'd)

### Country Life

- L-Lysine 500mg Capsules with B-6, 100 ct
- L-Tyrosine 500mg Capsules with B-6, 100 ct
- Pycogenol 50mg Capsules, 24 ct
- Target-Mins Calcium-Magnesium Complex Tablets, 180 ct
- Target-Mins Calcium-Magnesium-Veg Capsules, 120 ct
- Target-Mins Calcium-Magnesium-Veg Capsules, 240 ct

## Nuts, Seeds and Dried Fruits

### Bob's Red Mill

- Flaxseeds

## Pasta

### Ancient Harvest

- Quinoa Supergrain Pasta, Elbows 8 oz
- Quinoa Supergrain Pasta, Rotelle 8 oz
- Quinoa Supergrain Pasta, Shells 8 oz
- Quinoa Supergrain Pasta, Spaghetti 8 oz

### DeBoles Foods

- Multi-Grain Penne
- Multi-Grain Spaghetti
- Rice Angel Hair Pasta
- Rice Fettuccine
- Rice Lasagna
- Rice Shells & Cheddar Pasta Dinner

### Lundberg Farms

- Organic Brown Rice Penne Pasta
- Organic Brown Rice Rotini Pasta
- Organic Brown Rice Spaghetti Pasta

### Tinkyada

- Brown Rice Fettucini
- Brown Rice Little Dreams
- Brown Rice Shells
- Brown Rice Spaghetti
- Brown Rice Spirals
- Organic Brown Rice Elbow
- Organic Brown Rice Spaghetti

## Pasta Sauce

### Amy's

- Organic Family Marinara Pasta Sauce
- Organic Low Sodium Marinara Sauce
- Organic Tomato Basil Pasta Sauce
- Organic Tomato Basil Pasta Sauce, Light in Sodium

## Personal Care

### Tom's of Maine

- Cinnamon Clove Whole Care Toothpaste
- Fennel Antiplaque Propolis & Myrrh Toothpaste
- Fennel Antiplaque Tartar Control Plus Whitening Toothpaste
- Fragrance-Free Sensitive Stick Deodorant
- Honeysuckle Rose Stick Deodorant
- Lavender Long Lasting Stick Deodorant
- Lemongrass Long Lasting Stick Deodorant
- Peppermint Anti-Plaque Tartar Control Plus Whitening Toothpaste
- Peppermint Anticavity SLS-Free Toothpaste
- Peppermint Anticavity Toothpaste
- Peppermint Tartar Control Mouthwash
- Peppermint Whole Care Gel Toothpaste
- Peppermint Whole Care Toothpaste
- Silly Strawberry Anticavity Toothpaste
- Silly Strawberry Non-Fluoride Toothpaste
- Spearmint Antiplaque SLS-Free Toothpaste
- Spearmint Anti-Plaque Plus Whitening Gel Toothpaste
- Spearmint Anti-Plaque Tartar Control Plus Whitening Toothpaste
- Spearmint Anticavity Toothpaste
- Spearmint Antiplaque with Propolis & Myrrh Toothpaste
- Spearmint Cleansing Mouthwash
- Spearmint Whole Care Toothpaste
- Unflavored Round Floss
- Unscented Stick Deodorant
- Wintermint Anticavity Toothpaste
- Wintermint Sensitive Toothpaste
- Wintermint Whole Care Toothpaste
- Woodspice Stick Deodorant

## Prepared Foods

### Food Merchants

- Organic Polenta, Green Chili & Cilantro

## Sauces, Salsas and Dips

### Amy's

- Organic Medium Salsa
- Organic Mild Salsa

### Organicville

- Organic Island Teriyaki
- Organic Mild Salsa
- Organic Sesame Teriyaki

### The Wizard's Sauce

- Organic Hot Stuff

## Seafood

### Starfish

- Crispy Battered Gluten Free Cod
- Crispy Battered Gluten Free Halibut

## Soups

### Amy's

- Organic Black Bean Chili
- Organic Black Bean Vegetable Soup
- Organic Chunky Tomato Bisque
- Organic Chunky Tomato Bisque, Light in Sodium
- Organic Chunky Vegetable Soup
- Organic Cream of Tomato Soup
- Organic Cream of Tomato Soup, Light in Sodium
- Organic Curried Lentil Soup
- Organic Fire Roasted Southwestern Vegetable Soup
- Organic Lentil Soup
- Organic Lentil Soup, Light in Sodium
- Organic Lentil Vegetable Soup
- Organic Lentil Vegetable Soup, Light in Sodium
- Organic Medium Chili
- Organic Medium Chili with Vegetables
- Organic Medium Chili, Light in Sodium
- Organic Spicy Chili
- Organic Spicy Chili, Light in Sodium

## **Soups (Cont'd)**

### **Amy's**

- Organic Split Pea Soup
- Organic Split Pea Soup, Light in Sodium
- Organic Summer Corn & Vegetable Soup
- Organic Thai Coconut Soup (Tom Kha Phak)
- Organic Tuscan Bean & Rice Soup

### **Edward & Sons**

- Miso-Cup, Organic Reduced Sodium
- Miso-Cup, Savory Seaweed

### **Imagine Foods**

- Broccoli Soup 32 oz
- Butternut Squash Soup 32 oz
- Chicken Broth 16 oz
- Corn & Lemongrass Soup 32 oz
- Free Range Chicken Broth 32 oz
- No Chicken Broth 32 oz
- Organic Chicken Broth, Low Sodium 32 oz
- Organic Corn Soup, Low Sodium 32 oz
- Organic Portabello Mushroom Soup 32 oz
- Organic Potato Soup, Low Sodium 32 oz
- Organic Tomato Soup 32 oz
- Organic Tomato Soup, Low Sodium 32 oz
- Organic Vegetable Broth, Low Sodium 32 oz
- Potato Leek Soup 32 oz
- Sweet Potato Soup 32 oz
- Tomato Basil Soup 32 oz

## **Spices and Seasonings**

### **Bob's Red Mill**

- Cornstarch

### **Sweeteners**

#### **Lundberg Farms**

- Brown Rice Syrup