

# Gluten Free

SPECIAL DIETS SERIES

CELEBRATING  
YOUR  
CHOICES



## Sherman Oaks West Store, Southern Pacific Region

Whole Foods Market is excited to bring you "Celebrating Your Choices," a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product. If you have any questions, you may contact us at [WFMSpecialDiets@wholefoods.com](mailto:WFMSpecialDiets@wholefoods.com).

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## Baby & Infant Food

### Stonyfield Farm

YoBaby Banana/Vanilla Yogurt  
YoBaby Drinkable Yogurt, Banana  
YoBaby Drinkable Yogurt, Peach  
YoBaby Peach/Pear Yogurt  
YoBaby Simply Plain Yogurt

## Baked Goods

### Glutino

Cinnamon French Toast

### WFM Gluten Free Bakehouse

Blueberry Muffins  
Carrot Cake  
Chocolate Chip Cookies  
Chocolate Cupcakes  
Cinnamon Raisin Bread  
Cornbread  
Croutons  
Pie Shells  
Prairie Bread  
Sandwich Bread  
Sundried Tomato & Garlic Bread  
Vanilla Cupcakes

## Baking Needs

### 365 Everyday Value™

Gluten Free Chocolate Brownie Mix  
Gluten Free Chocolate Chip Cookie Mix

## Baking Needs (Cont'd)

### 365 Everyday Value™

Gluten Free Muffin Mix  
Gluten Free Pancake & Waffle Mix  
Gluten Free Pizza Crust Mix  
Gluten Free White Cake Mix

### Ancient Harvest

Organic Quinoa Flour 18 oz

### Arrowhead Mills

Gluten Free All Purpose Baking Mix  
Gluten Free Pancake & Baking Mix  
Gluten Free Vanilla Cake Mix  
Long Grain Brown Rice Flour  
Soy Flour  
White Rice Flour  
Yellow Corn Meal

### Authentic Foods

Garfava Flour  
Pancake & Baking Mix  
Sorghum Flour, Superfine

### Bob's Red Mill

Almond Flour  
Baking Soda  
Brown Rice Flour  
Cornstarch  
Flaxseed Meal  
Flaxseeds  
Garbanzo Bean Flour  
Gluten Free All Purpose Baking Flour  
Gluten Free Cornmeal  
Gluten Free Pancake Mix  
GlutenFree Rolled Oats  
Organic Coconut Flour  
Organic Flaxseed Meal  
Organic Golden Flaxseed Meal  
Potato Flour

## Baking Needs (Cont'd)

### Bob's Red Mill

- Potato Starch
- Sweet White Rice Flour
- Tapioca Flour
- White Rice Flour
- Xanthan Gum

### Cherrybrook Kitchen

- Chocolate Frosting Mix
- Vanilla Frosting

### Cherrybrook Kitchen Gluten Free Dreams

- Chocolate Cake Mix

### Earth Balance

- Shortening

### Gluten Free Pantry

- Chocolate Truffle Brownie Mix
- Favorite Sandwich Bread Mix
- French Bread & Pizza Mix
- Yankee Cornbread & Muffin Mix

### Let's Do... Organic

- Organic Coconut Flakes
- Organic Reduced Fat Shredded Coconut
- Organic Shredded Coconut
- Organic Tapioca Starch

### Pamela's Products

- Baking & Pancake Mix
- Baking & Pancake Mix, 4 lb
- Chocolate Brownie Mix
- Chocolate Cake Mix
- Classic Vanilla Cake Mix
- Cornbread & Muffin Mix
- Gluten-Free Bread Mix
- Gluten-Free Bread Mix & Flour Blend
- Vanilla Frosting Mix

### WFM Gluten Free Bakehouse

- Pie Shells

## Beverages

### 365 Every Day Value™

- Black Cherry Soda
- Cherry Vanilla Creme Soda
- Cola

## Beverages (Cont'd)

### 365 Every Day Value™

- Ginger Ale
- Key Lime Soda
- Orange Creme Soda
- Raspberry Soda
- Root Beer Soda

### Celestial Seasonings

- Acai Mango Zinger Tea, 20 Ct
- Antioxidant Green Tea, 20 Ct
- Authentic Green Tea, 20 Ct
- Bengal Spice Tea, 20 Ct
- Black Cherry Berry Tea
- Chai Honey Vanilla White Tea, 20 Ct
- Chamomile Tea, 20 Ct
- China Pearl White Tea, 20 Ct
- Cinnamon Apple Spice Tea, 20 Ct
- Country Peach Passion
- Decaf Green Tea, 25 Ct
- Decaf Mint Green Tea, 20 Ct
- Honey Vanilla Chamomile Tea, 20 Ct
- Lemon Zinger Tea, 20 Ct
- Madagascar Vanilla Red Tea, 20 Ct
- Mandarin Orange Spice Tea, 20 Ct
- Mint Magic Tea, 20 Ct
- Moroccan Pomegranate Red Tea, 20 Ct
- Peppermint Tea, 20 Ct
- Peppermint Tea, 40 Ct
- Perfectly Plum White Tea, 20 Ct
- Raspberry Zinger Tea, 20 Ct
- Red Zinger Tea, 20 Ct
- Sleepytime Extra Tea, 20 Ct
- Sleepytime Tea, 20 Ct
- Sleepytime Tea, 40 Ct
- Tangerine Orange Zinger Tea, 20 Ct
- Tension Tamer Tea, 20 Ct
- Tropical Strawberry, 20 Ct
- True Blueberry, 20 Ct
- Wild Berry Tea, 20 Ct

### Eden

- Organic EdenBlend, Rice & Soy Beverage, 32 oz
- Organic EdenBlend, Rice & Soy Beverage, 8.45 oz

## Beverages (Cont'd)

### Rice Dream

- Rice Nog
- Supreme Rice Beverage, Chocolate Chai

### So Delicious

- Original (Plain) Coconut Milk Beverage
- Unsweetened Coconut Milk Beverage
- Vanilla Coconut Milk Beverage

## Bread

### Food For Life

- Brown Rice Bread, Wheat & Gluten Free
- Millet Bread, Wheat & Gluten Free
- Raisin Pecan Bread, Wheat & Gluten Free
- Rice Almond Bread, Wheat & Gluten Free
- Rice Pecan Bread, Wheat & Gluten Free
- Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

### Food for Life

- Yeast Free Multi Seed Rice Bread, Wheat & Gluten Free

### Glutino

- English Muffins
- Premium Brown Rice Bread, Homestyle
- Premium Cinnamon & Raisin Bread
- Premium Corn Bread

### WFM Gluten Free Bakehouse

- Cinnamon Raisin Bread
- Cornbread
- Hamburger Buns
- Prairie Bread
- Sandwich Bread
- Sundried Tomato & Garlic Bread

## Candy and Chocolate

### Endangered Species Chocolate

- Bite Size Dark Chocolate with Cranberries & Almonds
- Bite Size Dark Chocolate with Deep Forest Mint
- Bite Size Extreme Dark Chocolate
- Bite Size Smooth Milk Chocolate

## Candy and Chocolate (Cont'd)

### Endangered Species Chocolate

- Dark Chocolate with Blueberries - Sea Turtle
- Dark Chocolate with Cranberries & Almonds - Wolf
- Dark Chocolate with Deep Forest Mint
- Dark Chocolate with Hazelnut Toffee - Rhino
- Dark Chocolate with Raspberries - Grizzly Bear
- Extreme Dark Chocolate - Panther
- Milk Chocolate with Almonds - Crane
- Milk Chocolate with Cherries - Dolphin
- Organic Health Dark Chocolate with Cacao Nibs, Yacon & Acai
- Organic Health Dark Chocolate with Goji Berry, Pecans & Maca
- Smooth Milk Chocolate - Sea Otter
- Smooth Organic Dark Chocolate - Butterfly
- Smooth Organic Milk Chocolate - Lion

### Enjoy Life

- Boom Choco Boom Dark Chocolate Bar

### Glee Gum

- Glee Cinnamon Gum
- Glee Peppermint Gum
- Glee Tangerine Gum
- Glee Triple Berry Gum

### Glutino

- Dark Chocolate Bar
- Peanut Butter Chocolate Bar

### Let's Do... Organic

- Organic Classic Gummi Bears
- Organic Super Sour Gummi Bears

### Scharffen Berger

- Dark Mocha Chocolate Bar, 62% Cacao
- Milk Chocolate Nibby Bar, 41% Cacao
- Mocha Dark Chocolate Bar

## Canned Goods

### Amy's

- Organic Refried Beans with Green Chiles
- Organic Refried Black Beans, Low in Sodium
- Organic Traditional Refried Beans

## Canned Goods (Cont'd)

### Amy's

Organic Traditional Refried Beans, Light in Sodium  
Organic Vegetarian Baked Beans

### Native Forest

Green Asparagus Spears  
Organic Baby Corn  
Organic Hearts of Palm

## Cereal

### Ancient Harvest

Organic Quinoa Flakes 12 oz

### Arrowhead Mills

Maple Buckwheat Organic Flakes  
Organic Rice & Shine Hot Cereal  
Sweetened Organic Rice Flakes

### Bakery On Main

Apple Raisin Walnut Gluten Free Granola  
Extreme Fruit & Nut Gluten Free Granola  
Rainforest Gluten Free Granola

### Barbara's Bakery

Honey Rice Puffins Cereal

### Bob's Red Mill

Brown Rice Farina Creamy Rice Hot Cereal  
GlutenFree Rolled Oats  
Whole Grain Teff

### EnviroKidz

Gorilla Munch Organic Cereal  
Koala Crisp Organic Cereal  
Koala Crisp Organic Cereal, 26 oz  
Leapin' Lemurs Peanut Butter & Chocolate Organic Cereal  
Peanut Butter Panda Puffs Organic Cereal  
Peanut Butter Panda Puffs Organic Cereal, 25 oz

### Lundberg Farms

Organic Pure Creamy Rice Cereal

### Nature's Path

Organic Crispy Rice Cereal  
Organic Fruit Juice Sweetened Corn Flakes

## Cereal (Cont'd)

### Nature's Path

Organic Fruit Juice Sweetened Corn Flakes, 26.4 oz  
Organic Honey'd Cornflakes  
Organic Mesa Sunrise Cereal  
Organic Whole O's Cereal

## Cheese

### Applegate Farms

American Cheese  
Sliced Aged Cheddar Cheese  
Sliced Emmentaler Swiss Cheese  
Sliced Havarti Cheese  
Sliced Medium Cheddar Cheese  
Sliced Muenster Cheese  
Sliced Organic Monterey Jack Cheese  
Sliced Pepperjack Cheese  
Sliced Provolone Cheese

### Follow Your Heart

Vegan Gourmet Cheddar  
Vegan Gourmet Cream Cheese  
Vegan Gourmet Monterey Jack  
Vegan Gourmet Mozzarella Cheese  
Vegan Gourmet Nacho Cheese  
Vegan Gourmet Sour Cream

### Wholesome Valley Organic

Organic Dairy Slices, American  
Organic Dairy Slices, Cheddar

## Chips, Pretzels and Snacks

### Arico

Cassava Chips, Barbecue Bliss  
Cassava Chips, Ginger on Fire

### Food Should Taste Good

Buffalo Tortilla Chips 6 oz  
Cinnamon Tortilla Chips 5.5 oz  
Jalapeno Tortilla Chips 1.5 oz  
Lime Tortilla Chips 5.5 oz  
Multigrain Tortilla Chips 12 oz  
Potato & Chive Tortilla Chips 5.5 oz  
Sweet Potato Tortilla Chips 6 oz  
The Works! Tortilla Chips 6 oz  
Yellow Corn Tortilla Chips 11 oz

## **Chips, Pretzels and Snacks (Cont'd)**

### **Food Should Taste Good**

- Chocolate Tortilla Chips 6 oz
- Jalapeno Tortilla Chips 6 oz
- Olive Tortilla Chips 6 oz

### **Glutino**

- Breadsticks, Pizza Flavor
- Pretzel Sticks, Family Bag
- Pretzels, Family Bag
- Pretzels, Sesame Rings
- Pretzels, Unsalted

### **Kettle Brand®**

- Krinkle Cut Potato Chips, Lightly Salted 14 oz
- Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 14 oz
- Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 2 oz
- Potato Chips, Lightly Salted 2 oz
- Potato Chips, Lightly Salted 5 oz
- Potato Chips, New York Cheddar w/ Herbs 2 oz
- Potato Chips, New York Cheddar w/ Herbs 5 oz
- Potato Chips, Sea Salt & Vinegar 2 oz
- Potato Chips, Sea Salt & Vinegar 5 oz
- Potato Chips, Unsalted 5 oz
- Potato Chips, Yogurt & Green Onion 5 oz

### **Kettle Brand®**

- Baked Potato Chips, Aged White Cheddar 4 oz
- Baked Potato Chips, Hickory Honey BBQ 4 oz
- Baked Potato Chips, Lightly Salted 4 oz
- Baked Potato Chips, Salt & Fresh Ground Pepper 4 oz
- Baked Potato Chips, Sea Salt & Vinegar 4 oz
- Krinkle Cut Potato Chips, Buffalo Bleu 2 oz
- Krinkle Cut Potato Chips, Buffalo Bleu 5 oz
- Krinkle Cut Potato Chips, Classic BBQ 14 oz

## **Chips, Pretzels and Snacks (Cont'd)**

### **Kettle Brand®**

- Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 5 oz
- Potato Chips, Backyard Barbeque 5 oz
- Potato Chips, Death Valley Chipotle 5 oz
- Potato Chips, Jalapeno 5 oz
- Potato Chips, Organic Sea Salt & Black Pepper 5 oz
- Potato Chips, Sour Cream, Onion & Chive 5 oz
- Potato Chips, Spicy Thai 5 oz
- Potato Chips, Sweet Onion 2 oz
- Potato Chips, Sweet Onion 5 oz
- Potato Chips, Tuscan Three Cheese 5 oz

### **Lundberg Farms**

- Apple Cinnamon Rice Cakes
- Brown Rice Cakes
- Fiesta Lime Rice Chips
- Honey Nut Rice Cakes
- Organic Brown Rice Cakes
- Organic Mochi Sweet Rice Cakes
- Organic Popcorn Rice Cakes
- Organic Sea Salt Rice Chips
- Organic Tamari Seaweed Rice Cakes
- Organic Unsalted Brown Rice Cakes
- Organic Wild Rice Cakes
- Pico de Gallo Rice Chips
- Sante Fe BBQ Rice Chips
- Sesame Seaweed Rice Chips
- Unsalted Brown Rice Cakes

### **Mary's Gone Crackers**

- Sticks & Twigs, Sea Salt
- Sticks & Twigs, Tomato Chipotle

## **Condiments**

### **Follow Your Heart**

- Caesar Dressing
- Honey Mustard Dressing
- Lemon Herb Dressing
- Low Fat Ranch Dressing
- Organic Chipotle Lime Ranch Dressing
- Organic Chunky Bleu Cheese Dressing
- Organic Creamy Miso Ginger Dressing
- Organic Italian Vinaigrette Dressing

## Condiments (Cont'd)

### Follow Your Heart

Sesame Dijon Dressing  
Spicy Southwest Ranch Dressing  
Unforgettables Balsamic Vinaigrette Sauce, Lowfat  
Vegenaise, Grapeseed Oil  
Vegenaise, High Omega-3 w/ Expeller-Pressed  
Canola Oil  
Vegenaise, Original

### Organicville

Organic Dressing, Herbs de Provence Vinaigrette  
Organic Ketchup  
Organic Original BBQ Sauce

### Spectrum

Canola Mayonnaise 16 oz  
Organic Golden Balsamic Omega-3 Dressing  
Organic Olive Oil Mayonnaise  
Organic Roasted Garlic Mayonnaise 12 oz  
Organic Soy Mayonnaise 16 oz  
Organic Soy Mayonnaise, Squeeze Bottle  
Organic Wasabi Mayonnaise 12 oz

## Cookies and Snack Bars

### Arico

Almond Cranberry Cookies  
Chocolate Chunk Cookies  
Lemon Ginger Cookies

### Enjoy Life

Cocoa Loco Snack Bars  
Soft Baked Chewy Chocolate Chip Cookies  
Soft Baked Double Chocolate Brownie Cookies  
Soft Baked Gingerbread Spice Cookie  
Soft Baked Happy Apple Cookies  
Soft Baked Lively Lemon Cookies  
Soft Baked No-Oats "Oatmeal" Cookie  
Soft Baked Snickerdoodle Cookies  
Very Berry Snack Bars

### EnviroKidz

Cheetah Organic Crispy Rice Bars, Berry  
Koala Organic Crispy Rice Bars, Chocolate

## Cookies and Snack Bars (Cont'd)

### EnviroKidz

Lemur Organic Crispy Rice Bars, Peanut Choco  
Drizzle  
Panda Organic Crispy Rice Bars, Peanut Butter

### Glutino

Breakfast Bars, Apple  
Chocolate Chip Cookies  
Chocolate Coated Wafers  
Chocolate Vanilla Cream Cookies  
Lemon Wafers  
Organic Bar, Chocolate-Banana  
Organic Bar, Wildberry  
Strawberry Wafers  
Vanilla Cream Cookies  
Vanilla Wafers

### Ian's Natural Foods

Crunchy Cinnamon Cookie Buttons, Wheat Free  
Gluten Free

### Kinnikinnick

KinniKritters Animal Cookies  
KinniTOOS Chocolate Sandwich Creme Cookies  
KinniTOOS Vanilla Sandwich Creme Cookies  
S'moreables Graham Style Crackers

### Let's Do...

Gluten Free Ice Cream Cones

### Pamela's Products

Chocolate Chip Walnut Cookies  
Old Fashioned Raisin Walnut Cookies  
Organic Chocolate Chunk Pecan Shortbread  
Cookies  
Organic Espresso Chocolate Chunk Cookies  
Organic Spicy Ginger Cookies  
Peanut Butter Cookies  
Shortbread Swirl Cookies  
Simplebites Chocolate Chip Mini Cookies  
Simplebites Extreme Chocolate Mini Cookies

### WFM Gluten Free Bakehouse

Chocolate Chip Cookies

## Crackers

### Blue Diamond

Almond Nut-Thins  
Cheddar Cheese Nut-Thins  
Country Ranch Nut-Thins  
Smokehouse Almond Nut-Thins

### Edward & Sons

Brown Rice Snaps, Unsalted Sesame  
Organic Brown Rice Snaps, Black Sesame  
Organic Brown Rice Snaps, Cheddar  
Organic Brown Rice Snaps, Toasted Onion  
Organic Brown Rice Snaps, Unsalted Plain  
Organic Brown Rice Snaps, Vegetable

### Glutino

Crackers, Cheddar  
Crackers, Multigrain  
Crackers, Original  
Crackers, Vegetable

### Mary's Gone Crackers

Crackers, Black Pepper  
Crackers, Caraway  
Crackers, Herb  
Crackers, Onion  
Crackers, Original

## Dairy

### Brown Cow

Apricot-Mango Whole Milk Yogurt, 6 oz  
Blueberry Whole Milk Yogurt, 32 oz  
Blueberry Whole Milk Yogurt, 6 oz  
Cherry-Vanilla Whole Milk Yogurt, 6 oz  
Chocolate Whole Milk Yogurt, 6 oz  
Coffee Whole Milk Yogurt, 6 oz  
Low Fat Plain Yogurt, 32 oz  
Low Fat Vanilla Bean Yogurt, 6 oz  
Low Fat Vanilla Yogurt, 32 oz  
Maple Whole Milk Yogurt, 32 oz  
Maple Whole Milk Yogurt, 6 oz  
Non Fat Plain Yogurt, 32 oz  
Non Fat Vanilla Yogurt, 32 oz  
Non Fat Vanilla Yogurt, 6 oz  
Peach Whole Milk Yogurt, 6 oz  
Plain Whole Milk Yogurt, 32 oz  
Raspberry Whole Milk Yogurt, 6 oz  
Strawberry Whole Milk Yogurt, 6 oz

## Dairy (Cont'd)

### Brown Cow

Vanilla Whole Milk Yogurt, 32 oz  
Vanilla Whole Milk Yogurt, 6 oz

### Earth Balance

Buttery Spread with Olive Oil  
Buttery Sticks  
Organic Whipped Buttery Spread  
Original Buttery Spread  
Soy Free Buttery Spread  
Soy Garden Buttery Spread

### Stonyfield Farm

Organic Cream Top French Vanilla Yogurt, 32 oz  
Organic Cream Top Plain Yogurt, 32 oz  
Organic Cream Top Strawberries & Cream Yogurt, 6 oz  
Organic Fat Free Black Cherry Yogurt, Fruit on the Bottom, 6 oz  
Organic Fat Free Blueberry Yogurt, Fruit on the Bottom, 6 oz  
Organic Fat Free Chocolate Underground Yogurt, 6 oz  
Organic Fat Free French Vanilla Yogurt, 32 oz  
Organic Fat Free French Vanilla Yogurt, 6 oz  
Organic Fat Free Key Lime Yogurt, 6 oz  
Organic Fat Free Plain Yogurt, 32 oz  
Organic Fat Free Plain Yogurt, 6 oz  
Organic Fat Free Pomegranate Berry Yogurt, 6 oz  
Organic Fat Free Strawberry Yogurt, Fruit on the Bottom, 6 oz  
Organic Low Fat Blueberry Yogurt, 32 oz  
Organic Low Fat Blueberry Yogurt, 6 oz  
Organic Low Fat Cherry Vanilla Yogurt, 6 oz  
Organic Low Fat Just Peachy Yogurt, Fruit on the Bottom, 6 oz  
Organic Low Fat Plain Yogurt, 32 oz  
Organic Low Fat Plain Yogurt, 6 oz  
Organic Low Fat Raspberry Yogurt, 6 oz  
Organic Low Fat Strawberry Pomegranate Yogurt, 6 oz

## Dairy (Cont'd)

### Stonyfield Farm

Organic Low Fat Strawberry Yogurt, Fruit on the Bottom, 6 oz  
Organic Low Fat Vanilla, 32 oz  
Organic O'Soy Strawberry/Peach Yogurt, 6-pack  
Organic Strawberry Yogurt Smoothie, 10 oz  
Organic Strawberry Yogurt Smoothies, 4 pack  
Organic Wild Berry Yogurt Smoothie, 10 oz  
Organic Wild Berry Yogurt Smoothies, 4 pack  
YoBaby Banana/Vanilla Yogurt  
YoBaby Drinkable Yogurt, Banana  
YoBaby Drinkable Yogurt, Peach  
YoBaby Peach/Pear Yogurt  
YoBaby Simply Plain Yogurt  
YoKids Squeezers Cherry/Berry Blitz  
YoKids Squeezers Screamin' Strawberry  
YoKids Strawberry BaNilla Blast Yogurt  
YoKids Strawberry Vanilla Raspberry Yogurt

## Dairy Alternatives

### 365 Everyday Value™

Organic Ricemilk - Original  
Organic Ricemilk - Unsweetened  
Organic Ricemilk - Vanilla  
Organic Soymilk - Chocolate, 32 oz  
Organic Soymilk - Chocolate, 64 oz  
Organic Soymilk - Original, 32 oz  
Organic Soymilk - Original, 64 oz  
Organic Soymilk - Unsweetened, 32 oz  
Organic Soymilk - Unsweetened, 64 oz  
Organic Soymilk - Vanilla, 32 oz  
Organic Soymilk - Vanilla, 64 oz

### Almond Dream

Almond Drink, Original 64 oz  
Almond Drink, Unsweetened Original 64 oz

### Blue Diamond

Almond Breeze, Chocolate  
Almond Breeze, Chocolate Unsweetened  
Almond Breeze, Original  
Almond Breeze, Original Unsweetened  
Almond Breeze, Unsweetened Vanilla

## Dairy Alternatives (Cont'd)

### Blue Diamond

Almond Breeze, Vanilla  
Almond Breeze, Vanilla Unsweetened

### Eden

Organic EdenBlend, Rice & Soy Beverage, 32 oz  
Organic EdenBlend, Rice & Soy Beverage, 8.45 oz

### Follow Your Heart

Vegan Gourmet Cheddar  
Vegan Gourmet Cream Cheese  
Vegan Gourmet Monterey Jack  
Vegan Gourmet Mozzarella Cheese  
Vegan Gourmet Nacho Cheese  
Vegan Gourmet Sour Cream

### Hemp Dream

Hemp Dream, Vanilla 12/32 oz

### Rice Dream

Enriched Rice Milk Beverage, Chocolate 32 oz  
Enriched Rice Milk Beverage, Original 8 oz  
Enriched Rice Milk Beverage, Vanilla 32 oz  
Organic Enriched Rice Milk Beverage, Original 32 oz  
Organic Enriched Rice Milk Beverage, Original 64 oz  
Organic Enriched Rice Milk Beverage, Vanilla 64 oz  
Refrigerated Ricemilk, Original 64 oz  
Refrigerated Ricemilk, Vanilla 64 oz  
Rice Milk Beverage, Carob 32 oz  
Rice Milk Beverage, Original 32 oz  
Rice Milk Beverage, Original 8 oz  
Rice Milk Beverage, Vanilla 32 oz

### So Delicious

Blueberry Cultured Coconut Milk Yogurt  
Chocolate Cultured Coconut Milk Yogurt  
French Vanilla Coconut Milk Creamer  
Hazelnut Coconut Milk Creamer  
Original (Plain) Coconut Milk Beverage  
Original (Plain) Coconut Milk Creamer  
Original (Plain) Coconut Milk Kefir

## Dairy Alternatives (Cont'd)

### So Delicious

- Passionate Mango Cultured Coconut Milk Yogurt
- Pina Colada Cultured Coconut Milk Yogurt
- Plain Cultured Coconut Milk Yogurt
- Raspberry Cultured Coconut Milk Yogurt
- Strawberry Banna Cultured Coconut Milk Yogurt
- Strawberry Coconut Milk Kefir
- Unsweetened Coconut Milk Beverage
- Vanilla Coconut Milk Beverage
- Vanilla Coconut Milk Kefir
- Vanilla Cultured Coconut Milk Yogurt

## Deli Style Meats and Cheeses

### Applegate Farms

- Organic Sliced Oven Roasted Chicken
- Salametti
- Sliced Authentic Prosciutto
- Sliced Black Forest Ham
- Sliced Genoa Salami
- Sliced Honey Ham
- Sliced Honey Maple Turkey
- Sliced Hot Genoa Salami
- Sliced Hot Soppressata
- Sliced Organic Genoa Salami
- Sliced Organic Herb Turkey
- Sliced Organic Oven Roasted Turkey
- Sliced Organic Roast Beef
- Sliced Organic Smoked Chicken
- Sliced Organic Smoked Turkey
- Sliced Organic Uncured Ham
- Sliced Oven Roasted Sliced Turkey
- Sliced Pepperoni
- Sliced Slow Cooked Ham
- Sliced Smoked Turkey
- Sliced Soppressata
- Sliced Turkey Bologna
- Sliced Turkey Salami

## Desserts

### WFM Gluten Free Bakehouse

- Carrot Cake
- Chocolate Cupcakes

## Desserts (Cont'd)

### WFM Gluten Free Bakehouse

- Vanilla Cupcakes

## Energy and Nutrition Bars/Drinks

### Attune Probiotic Bars

- Blueberry Vanilla Bars - individual

### Boomi Bar

- Almond Protein Plus
- Cashew Almond
- Cranberry Apple
- Fruit & Nut

### Bumble Bar

- Awesome Apricot
- Chai with Almonds
- Chunky Cherry

## Entrees and Mixes

### 365 Everyday Value™

- Gluten Free Chocolate Brownie Mix
- Gluten Free Chocolate Chip Cookie Mix
- Gluten Free Muffin Mix
- Gluten Free Pancake & Waffle Mix
- Gluten Free Pizza Crust Mix
- Gluten Free White Cake Mix

### Arrowhead Mills

- Gluten Free All Purpose Baking Mix

### Authentic Foods

- Falafel Mix
- Pancake & Baking Mix

### Bob's Red Mill

- TVP (Textured Vegetable Protein)

### Cherrybrook Kitchen

- Chocolate Frosting Mix

### Cherrybrook Kitchen Gluten Free Dreams

- Chocolate Cake Mix

### Glutino

- Macaroni & Cheese

## Entrees and Mixes (Cont'd)

### Lundberg Farms

- Butternut Squash Risotto
- Cheddar Broccoli Risotto
- Garlic Primavera Risotto
- Organic Florentine Risotto
- Organic Porcini Wild Mushroom Risotto

### Pamela's Products

- Vanilla Frosting Mix

### Road's End Organics

- Dairy Free Alfredo Style Mac & Chreese

### Tasty Bite

- Bombay Potatoes
- Jaipur Vegetables
- Madras Lentils
- Paneer Makhani
- Punjab Eggplant
- Spinach Dal

## Ethnic Foods

### Amy's

- Organic Asian Noodle Stir-Fry
- Organic Black Bean Enchilada Whole Meal
- Organic Black Bean Tamale Verde Whole Meal
- Organic Black Bean Vegetable Enchilada
- Organic Black Bean Vegetable Enchilada, Light in Sodium
- Organic Cheese Enchilada
- Organic Cheese Enchilada Whole Meal
- Organic Cheese Tamale Verde Whole Meal
- Organic Indian Mattar Paneer
- Organic Indian Mattar Paneer, Light in Sodium
- Organic Indian Mattar Tofu
- Organic Indian Palak Paneer
- Organic Indian Paneer Tikka
- Organic Indian Vegetable Korma
- Organic Mexican Casserole Bowl
- Organic Mexican Tamale Pie
- Organic Mexican Tofu Scramble
- Organic Roasted Vegetable Tamale Whole Meal
- Organic Santa Fe Enchilada Bowl
- Organic Teriyaki Bowl

## Ethnic Foods (Cont'd)

### Amy's

- Organic Thai Stir-Fry
- Organic Tortilla Casserole & Black Beans Bowl

### Authentic Foods

- Falafel Mix

### Edward & Sons

- Miso-Cup, Organic Reduced Sodium
- Miso-Cup, Organic Traditional with Tofu
- Miso-Cup, Savory Seaweed

### Food For Life

- Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

### Food Merchants

- Organic Polenta, Basil & Garlic
- Organic Polenta, Sundried Tomato & Garlic
- Organic Quinoa Polenta, Heirloom Red & Black

### Native Forest

- Organic Hot Mango Chutney
- Organic Mango Passion Chutney

### Premier Japan

- Organic Wheat-Free Teriyaki Sauce

### Tasty Bite

- Bombay Potatoes
- Good Korma Simmer Sauce
- Jaipur Vegetables
- Madras Lentils
- Paneer Makhani
- Punjab Eggplant
- Spinach Dal

## Frozen Foods

### Amy's

- Kids Baked Ziti Meal
- Organic Asian Noodle Stir-Fry
- Organic Baked Ziti Bowl
- Organic Bistro Veggie Burger
- Organic Black Bean Enchilada Whole Meal
- Organic Black Bean Tamale Verde Whole Meal
- Organic Black Bean Vegetable Enchilada

## Frozen Foods (Cont'd)

### Amy's

Organic Black Bean Vegetable Enchilada, Light in Sodium  
Organic Brown Rice & Vegetables Bowl  
Organic Brown Rice & Vegetables Bowl, Light in Sodium  
Organic Brown Rice, Black-Eyed Peas & Veggies Bowl  
Organic Cheese Enchilada  
Organic Cheese Enchilada Whole Meal  
Organic Cheese Tamale Verde Whole Meal  
Organic Garden Vegetable Lasagna  
Organic Indian Mattar Paneer  
Organic Indian Mattar Paneer, Light in Sodium  
Organic Indian Mattar Tofu  
Organic Indian Palak Paneer  
Organic Indian Paneer Tikka  
Organic Indian Vegetable Korma  
Organic Mexican Casserole Bowl  
Organic Mexican Tamale Pie  
Organic Mexican Tofu Scramble  
Organic Rice Crust Cheese Pizza  
Organic Rice Crust Spinach Pizza  
Organic Rice Mac & Cheese  
Organic Roasted Vegetable Tamale Whole Meal  
Organic Santa Fe Enchilada Bowl  
Organic Shepherd's Pie  
Organic Single Serve Non-Dairy Rice Crust Cheeze Pizza  
Organic Teriyaki Bowl  
Organic Thai Stir-Fry  
Organic Tofu Scramble  
Organic Tortilla Casserole & Black Beans Bowl

### French Meadow Bakery

Gluten Free Chocolate Chip Cookie Dough

### Glutino

Penne Alfredo  
Pizza, 3 Cheese with Brown Rice Crust  
Pizza, Chicken BBQ  
Pizza, Duo Cheese  
Pizza, Spinach Feta

## Frozen Foods (Cont'd)

### Ian's Natural Foods

Alpha Tots  
Ian's Chicken Nuggets, Allergen Free  
Lightly Battered Fish, Wheat Free Gluten Free

### It's Soy Delicious

Chocolate Almond Non-Dairy Frozen Dessert  
Vanilla Non-Dairy Frozen Dessert

### Nature's Path

Organic Buckwheat Wildberry Waffles

### Organic So Delicious

Chocolate Velvet Non-Dairy Frozen Dessert  
Creamy Vanilla Non-Dairy Frozen Dessert  
Neopolitan Non-Dairy Frozen Dessert  
Strawberry Non-Dairy Frozen Dessert

### Purely Decadent

Cherry Nirvana Non-Dairy Frozen Dessert  
Chocolate Non-Dairy Frozen Coconut Milk Dessert  
Chocolate Obsession Non-Dairy Frozen Dessert  
Chocolate Peanut Butter Swirl Non-Dairy Frozen Coconut Milk Dessert  
Coconut Non-Dairy Frozen Coconut Milk Dessert  
Cookie Dough Non-Dairy Frozen Coconut Milk Dessert  
Mint Chip Non-Dairy Frozen Coconut Milk Dessert  
Mocha Almond Fudge Non-Dairy Frozen Coconut Milk Dessert  
Passionate Mango Non-Dairy Frozen Coconut Milk Dessert  
Pomegranate Chip Non-Dairy Frozen Dessert  
Purely Vanilla Non-Dairy Frozen Dessert

### Rice Dream

Cocoa Marble Fudge Frozen Dessert, Pint

### So Delicious

Fudge Bar, Sugar Free  
Kidz Assorted Fruit Pops

## Frozen Foods (Cont'd)

### Starfish

Crispy Battered Gluten Free Cod

### Van's

Wheat Free Buckwheat Waffles

Wheat Free Flax Waffles

Wheat Free French Toast Sticks Cinnamon

Wheat Free Homestyle Waffles

## Grains and Rice

### Ancient Harvest

Inca Red Organic Quinoa 12 oz

Traditional Organic Quinoa 12 oz

### Bob's Red Mill

Organic Quinoa Grain

Rice Bran

### Eden

Organic Millet, Whole Grain

Organic Red Quinoa, Whole Grain

### Lundberg Farms

Butternut Squash Risotto

Cheddar Broccoli Risotto

Eco-Farmed Countrywild Gourmet Blend Rice

Eco-Farmed Jubilee Gourmet Blend Rice

Eco-Farmed Short Grain Brown Rice

Organic California White Basmati Rice

Organic California White Jasmine Rice

Organic Long Grain Brown Rice

Organic Porcini Wild Mushroom Risotto

Organic White Long Grain Rice

Organic Wild Rice

## Jams and Nut Butters

### Arrowhead Mills

Creamy Peanut Butter, 26 oz

Crunchy Peanut Butter, 16 oz

### Blue Diamond

Homestyle Almond Butter, Creamy

Homestyle Almond Butter, Crunchy

## Jams and Nut Butters (Cont'd)

### Earth Balance

Creamy Natural Almond Butter

Creamy Natural Peanut Butter

Crunchy Natural Peanut Butter

## Meat Alternatives

### Bob's Red Mill

TVP (Textured Vegetable Protein)

## Meat and Poultry

### Applegate Farms

Big Apple Hot Dogs

Chicken Hot Dogs

Organic Beef Hot Dogs

Organic Fire Roasted Red Pepper Sausage

Organic Sliced Sunday Bacon

Organic Turkey Hot Dogs

Sliced Organic Turkey Bacon

## Nutritional Supplements

### BioChem

100% Berries & Whey Protein Powder 2lb

100% Greens & Whey Protein Powder

100% Greens & Whey Protein Powder Chocolate

100% Raw Foods & Whey Powder

100% Whey Protein Chocolate Fudge

100% Whey Protein Natural Flavor

100% Whey Protein Vanilla 13.9oz

Hemp & Whey Protein Powder 1lb

Ultimate Protein System Chocolate 1lb

### Country Life

Buffered C 1000mg w/Rose Hips 250ct

Acerola Vitamin C 500mg Chewable 90ct

Chromium Complex 200mcg Capsules, 100 ct

Chromium Complex 200mcg Capsules, 50 ct

Citrus Bioflavonoids Complete 1000mg 100ct Tablet

CoQ10 60mg - 60 capsules

CoQ10, Mega Q-Gel 100mg 30ct

Daily Dophilus - 112 ct

Daily Total One 30ct Capsule

## Nutritional Supplements (Cont'd)

### Country Life

Dairy-Zyme 50ct  
Dolphin Pals for Kids 90ct  
L-Lysine 1000mg Tablets with B-6, 100 ct  
L-Lysine 1000mg Tablets with B-6, 50 ct  
L-Lysine 500mg Capsules with B-6, 250 ct  
Liquid Multivitamin  
Liquid Target-Mins Calcium-Magnesium Complex, 16 oz  
Liquid Target-Mins Calcium-Magnesium Complex, 32 oz  
Max-Amino Capsules with B-6, 90 ct  
Maxi C Complex 90ct  
Maxi Hair 60ct  
Maxi Hair 90ct  
Maxi-Baby Care Liquid 6oz  
Maxi-Sorb Vegetarian Support 120ct  
Maxine Maxi-Sorb 60ct Tablet  
Men's DAily Nutrition 120ct  
Omega-3 Fish Oils 1000mg 100ct  
Papaya Chewable 25mg 500ct  
Power-dophilus Capsules, 100 ct  
Power-dophilus Capsules, 50 ct  
Pycogenol 50mg Capsules, 24 ct  
Resveratrol Plus 60ct Capsule  
Selenium 100mcg Yeast Free Tablets, 90 ct  
Stress M Rapid Release 60ct  
Super Potency Biotin 5mg 120ct  
Target-Mins Calcium-Magnesium Complex Tablets, 90 ct  
Target-Mins Calcium-Magnesium-Potassium Tablets, 180 ct  
Target-Mins Magnesium Capsules, 120 ct  
Target-Mins Magnesium Capsules, 60 ct  
Target-Mins Total Mins Tablets, 60 ct  
Target-Mins Zinc 50mg Tablets, 90 ct  
Ultimate Daily Nutrition 60ct  
Vitamin D 400 IU 100ct Softgels  
Vitamin D Dry 1000 IU 100ct  
Vitamin D3 2500 IU 200ct  
Vitamin D3 2500 IU 60ct  
Vitamin D3 5000 IU 200ct Softgels  
Women's Daily Nutrition 120ct  
Women's Daily Nutrition 60ct

## Nutritional Supplements (Cont'd)

### Country Life

Omega-3 Fish Oils 1000mg 200ct

### Iron Tek

Essential CLA 1000mg 90ct  
Essential Liquid Carnitine 1000 Vanilla 16oz Liquid

## Nuts, Seeds and Dried Fruits

### Bob's Red Mill

Flaxseeds

## Pasta

### Ancient Harvest

Quinoa Supergrain Pasta, Elbows 8 oz  
Quinoa Supergrain Pasta, Garden Pagodas 8 oz  
Quinoa Supergrain Pasta, Linguine 8 oz  
Quinoa Supergrain Pasta, Rotelle 8 oz  
Quinoa Supergrain Pasta, Shells 8 oz  
Quinoa Supergrain Pasta, Veggie Curls 8 oz

### Bionaturae

Organic Gluten Free Elbows Pasta  
Organic Gluten Free Fusilli  
Organic Gluten Free Penne Rigate

### DeBoles Foods

Corn Spaghetti  
Multi-Grain Penne  
Multi-Grain Spaghetti  
Rice Angel Hair Pasta  
Rice Fettuccine  
Rice Lasagna  
Rice Spaghetti

### Lundberg Farms

Organic Brown Rice Penne Pasta  
Organic Brown Rice Rotini Pasta  
Organic Brown Rice Spaghetti Pasta

### Mrs. Leeper's

Corn Rotelli  
Corn Spaghetti

## Pasta (Cont'd)

### Tinkyada

- Brown Rice Elbow
- Brown Rice Fettucini
- Brown Rice Penne
- Brown Rice Shells
- Brown Rice Spaghetti
- Brown Rice Spirals
- Organic Brown Rice Elbow
- Organic Brown Rice Penne
- Organic Brown Rice Spirals
- Spinach Brown Rice Spaghetti
- Vegetable Brown Rice Spirals

## Pasta Sauce

### Amy's

- Organic Family Marinara Pasta Sauce
- Organic Low Sodium Marinara Sauce

## Personal Care

### Tom's of Maine

- Calendula Stick Deodorant
- Cinnamint Antiplaque with Propolis & Myrrh Toothpaste
- Cinnamon Clove Whole Care Toothpaste
- Cucumber-Grapefruit Sensitive Stick Deodorant
- Fennel Antiplaque Propolis & Myrrh Toothpaste
- Fennel Antiplaque Tartar Control Plus Whitening Toothpaste
- Lavender Long Lasting Roll-on Deodorant
- Lavender Long Lasting Stick Deodorant
- Lemongrass Long Lasting Stick Deodorant
- Orange-Mango Whole Care Gel Toothpaste
- Outrageous Orange-Mango Anticavity Toothpaste
- Peppermint Anti-Plaque Tartar Control Plus Whitening Toothpaste
- Peppermint Anticavity SLS-Free Toothpaste
- Peppermint Anticavity Toothpaste
- Peppermint Antiplaque Tartar Control Plus Whitening Toothpaste
- Peppermint Tartar Control Mouthwash

## Personal Care (Cont'd)

### Tom's of Maine

- Peppermint Whole Care Gel Toothpaste
- Peppermint Whole Care Toothpaste
- Silly Strawberry Anticavity Toothpaste
- Silly Strawberry Non-Fluoride Toothpaste
- Spearmint Antiplaque SLS-Free Toothpaste
- Spearmint Anti-Plaque Tartar Control Plus Whitening Toothpaste
- Spearmint Anticavity ADA Mouthwash
- Spearmint Anticavity Toothpaste
- Spearmint Antiplaque with Propolis & Myrrh Toothpaste
- Spearmint Flat Floss
- Spearmint Whole Care Gel Toothpaste
- Unscented Long Lasting Stick Deodorant
- Unscented Stick Deodorant
- Wintermint Sensitive Toothpaste
- Wintermint Whole Care Toothpaste
- Woodspice Stick Deodorant

## Prepared Foods

### Food Merchants

- Organic Polenta, Basil & Garlic
- Organic Polenta, Sundried Tomato & Garlic
- Organic Quinoa Polenta, Heirloom Red & Black

## Sauces, Salsas and Dips

### Amy's

- Organic Black Bean & Corn Salsa
- Organic Medium Salsa
- Organic Mild Salsa
- Organic Spicy Chipotle Salsa

### Follow Your Heart

- Unforgettables Balsamic Vinaigrette Sauce, Lowfat

### Native Forest

- Organic Hot Mango Chutney
- Organic Mango Passion Chutney

## Sauces, Salsas and Dips (Cont'd)

### Organicville

- Organic Medium Salsa
- Organic Mild Salsa

### Premier Japan

- Organic Wheat-Free Teriyaki Sauce

### Tasty Bite

- Good Korma Simmer Sauce

## Seafood

### Starfish

- Crispy Battered Gluten Free Cod

## Soups

### Amy's

- Organic Black Bean Chili
- Organic Black Bean Vegetable Soup
- Organic Chunky Tomato Bisque
- Organic Chunky Tomato Bisque, Light in Sodium
- Organic Chunky Vegetable Soup
- Organic Cream of Tomato Soup
- Organic Cream of Tomato Soup, Light in Sodium
- Organic Curried Lentil Soup
- Organic Fire Roasted Southwestern Vegetable Soup
- Organic Lentil Soup
- Organic Lentil Soup, Light in Sodium
- Organic Lentil Vegetable Soup
- Organic Lentil Vegetable Soup, Light in Sodium
- Organic Medium Chili
- Organic Medium Chili with Vegetables
- Organic Medium Chili, Light in Sodium
- Organic Southwestern Black Bean Chili
- Organic Spicy Chili
- Organic Spicy Chili, Light in Sodium
- Organic Split Pea Soup
- Organic Split Pea Soup, Light in Sodium
- Organic Summer Corn & Vegetable Soup
- Organic Thai Coconut Soup (Tom Kha Phak)
- Organic Tuscan Bean & Rice Soup

## Soups (Cont'd)

### Edward & Sons

- Miso-Cup, Organic Reduced Sodium
- Miso-Cup, Organic Traditional with Tofu
- Miso-Cup, Savory Seaweed

### Imagine Foods

- Butternut Squash Soup 32 oz
- Corn & Lemongrass Soup 32 oz
- Free Range Chicken Broth 32 oz
- No Chicken Broth 32 oz
- Organic Acorn Squash & Mango Soup 32 oz
- Organic Portabello Mushroom Soup 32 oz
- Organic Potato Soup, Low Sodium 32 oz
- Organic Sweet Pea Soup 32 oz
- Organic Tomato Soup, Low Sodium 32 oz
- Organic Vegetable Broth, Low Sodium 32 oz
- Potato Leek Soup 32 oz
- Sweet Potato Soup 32 oz
- Tomato Basil Soup 32 oz

## Spices and Seasonings

### Bob's Red Mill

- Cornstarch

### Edward & Sons

- Bouillon Cubes, Garden Veggie
- Bouillon Cubes, Not-Beef
- Bouillon Cubes, Not-Chick'n

## Sweeteners

### Lundberg Farms

- Brown Rice Syrup
- Organic Brown Rice Syrup