

# Gluten Free

SPECIAL DIETS SERIES

CELEBRATING  
YOUR  
CHOICES



## Tenaya Store, Southern Pacific Region

Whole Foods Market is excited to bring you "Celebrating Your Choices," a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product. If you have any questions, you may contact us at [WFMSpecialDiets@wholefoods.com](mailto:WFMSpecialDiets@wholefoods.com).

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## Baby & Infant Food

### Stonyfield Farm

YoBaby Drinkable Yogurt, Banana  
YoBaby Drinkable Yogurt, Peach

## Baked Goods

### Kinnikinnick

Blueberry Muffins  
Chocolate Chip Muffins

### WFM Gluten Free Bakehouse

Carrot Cake  
Cheddar Biscuits  
Chocolate Chip Cookies  
Chocolate Cupcakes  
Cinnamon Raisin Bread  
Cornbread  
Honey Oat Bread  
Peanut Butter Cookies  
Pie Shells  
Prairie Bread  
Sandwich Bread  
Stuffing Cubes  
Sundried Tomato & Garlic Bread  
Vanilla Cupcakes

## Baking Needs

### 365 Everyday Value™

Gluten Free All Purpose Baking Mix  
Gluten Free Chocolate Brownie Mix

## Baking Needs (Cont'd)

### 365 Everyday Value™

Gluten Free Chocolate Chip Cookie Mix  
Gluten Free Muffin Mix  
Gluten Free Pancake & Waffle Mix  
Gluten Free Pizza Crust Mix  
Gluten Free Sandwich Bread Mix

### Arrowhead Mills

Gluten Free All Purpose Baking Mix  
Gluten Free Brownie Mix  
Gluten Free Pancake & Baking Mix  
Long Grain Brown Rice Flour  
Yellow Corn Meal

### Authentic Foods

Lemon Cake Mix

### Bob's Red Mill

Almond Flour  
Arrowroot Starch Flour  
Baking Soda  
Cornstarch  
Flaxseed Meal  
Flaxseeds  
Gluten Free All Purpose Baking Flour  
Gluten Free Biscuit & Baking Mix  
Gluten Free Brownie Mix  
Gluten Free Chocolate Chip Cookie Mix  
Gluten Free Cinnamon Raisin Bread  
Gluten Free Cornbread Mix  
Gluten Free Homemade Wonderful Bread Mix  
Gluten Free Pizza Crust Mix  
Gluten Free Sweet White Sorghum Flour  
GlutenFree Rolled Oats  
Organic Amaranth Flour  
Organic Coconut Flour  
Organic Flaxseed Meal  
Organic Golden Flaxseed Meal

## Baking Needs (Cont'd)

### Bob's Red Mill

- Organic Quinoa Flour
- Potato Flour
- Potato Starch
- Tapioca Flour
- White Rice Flour
- Xanthan Gum

### Chebe

- All-Purpose Mix
- Bread Sticks Mix, Garlic & Onion
- Cheese Bread Mix
- Cinnamon Rolls Mix
- Pizza Crust Mix

### Cherrybrook Kitchen

- Chocolate Frosting Mix

### Cherrybrook Kitchen Gluten Free Dreams

- Chocolate Cake Mix

### Earth Balance

- Shortening

### Enjoy Life

- Semi-Sweet Chocolate Chips

### Gluten Free Pantry

- Brown Rice Pancake & Waffle Mix
- Favorite Sandwich Bread Mix
- Old Fashioned Cake & Cookie Mix
- Perfect Pie Crust Mix
- Spice Cake & Gingerbread Mix

### Let's Do...

- Confetti Sprinkels

### Let's Do... Organic

- Organic Coconut Flakes
- Organic Reduced Fat Shredded Coconut

### Namaste

- Brownie Mix
- Spice Cake Mix
- Sugar-Free Muffin Mix

### Pamela's Products

- Baking & Pancake Mix
- Baking & Pancake Mix, 4 lb
- Chocolate Brownie Mix

## Baking Needs (Cont'd)

### Pamela's Products

- Chocolate Cake Mix
- Classic Vanilla Cake Mix
- Gluten-Free Bread Mix
- Gluten-Free Bread Mix & Flour Blend
- Vanilla Frosting Mix

### Tropical Source

- Semi Sweet Chocolate Chips

### WFM Gluten Free Bakehouse

- Pie Shells

## Beverages

### Celestial Seasonings

- Black Cherry Berry Tea
- Candy Cane Lane Decaf Tea, 20 Ct
- Country Peach Passion
- Decaf Green Tea, 25 Ct
- Decaf Mint Green Tea, 20 Ct
- Honey Vanilla Chamomile Tea, 20 Ct
- Mint Magic Tea, 20 Ct
- Peppermint Tea, 40 Ct
- Sleepytime Extra Tea, 20 Ct
- Sleepytime Tea, 20 Ct
- Sleepytime Throat Tamer Tea, 20 Ct
- Tangerine Orange Zinger Tea, 20 Ct
- Tension Tamer Tea, 20 Ct
- Tropical Acai Berry Green Tea, 20 Ct
- Tropical Grapefruit Green Tea, 20 Ct
- True Blueberry, 20 Ct

### Rice Dream

- Rice Nog
- Supreme Rice Beverage, Vanilla Hazelnut

### So Delicious

- Original (Plain) Coconut Milk Beverage
- Unsweetened Coconut Milk Beverage
- Vanilla Coconut Milk Beverage

## Bread

### Food For Life

- Brown Rice Bread, Wheat & Gluten Free
- Millet Bread, Wheat & Gluten Free

## **Bread (Cont'd)**

### **Food For Life**

Raisin Pecan Bread, Wheat & Gluten Free  
Rice Almond Bread, Wheat & Gluten Free  
White Rice Bread, Wheat & Gluten Free  
Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

### **Glutino**

Bagels, Cinnamon 'n Raisin  
Bagels, Poppy Seed  
Bagels, Sesame Seed  
English Muffins  
Premium Brown Rice Bread with Inulin  
Premium Brown Rice Bread, Homestyle  
Premium Cinnamon & Raisin Bread  
Premium Corn Bread  
Premium Fiber Bread  
Premium Flax Seed Bread

### **Kinnikinnick**

Candadi Yeast Free Multigrain Rice Bread  
Italian White Tapioca Rice Bread  
Tapioca Rice English Muffin  
Tapioca Rice Hamburger Buns  
Tapioca Rice NY Style Bagels

### **WFM Gluten Free Bakehouse**

Cheddar Biscuits  
Cinnamon Raisin Bread  
Cornbread  
Honey Oat Bread  
Prairie Bread  
Sandwich Bread  
Sundried Tomato & Garlic Bread

## **Candy and Chocolate**

### **Endangered Species Chocolate**

Bite Size Extreme Dark Chocolate  
Dark Chocolate with Deep Forest Mint  
Dark Chocolate with Hazelnut Toffee - Rhino  
Extreme Dark Chocolate - Panther  
Organic Health Dark Chocolate with Cacao Nibs, Yacon & Acai  
Smooth Milk Chocolate - Sea Otter

## **Candy and Chocolate (Cont'd)**

### **Endangered Species Chocolate**

Smooth Organic Dark Chocolate - Butterfly  
Smooth Organic Dark Chocolate with Cherry - Koala  
Smooth Organic Dark Chocolate with Orange - Zebra

### **Enjoy Life**

Boom Choco Boom Dairy-Free Rice Milk Chocolate Bar  
Boom Choco Boom Dark Chocolate Bar

### **Glee Gum**

Glee Bubblegum Flavor Gum  
Glee Cinnamon Gum  
Glee Peppermint Gum  
Glee Tangerine Gum

### **Glutino**

Dark Chocolate Bar  
Milk Chocolate Bar

### **Let's Do...**

Confetti Sprinkelz

### **Let's Do... Organic**

Organic Jelly Gummi Bears

### **Scharffen Berger**

Bittersweet Chocolate Bar, 70% Cacao

## **Canned Goods**

### **Amy's**

Organic Refried Beans with Green Chiles  
Organic Refried Black Beans  
Organic Refried Black Beans, Low in Sodium  
Organic Traditional Refried Beans  
Organic Vegetarian Baked Beans

### **Native Forest**

Organic Baby Corn  
Organic Tropical Fruit Salad

### **Cereal**

#### **Amy's**

Organic Cream of Rice Hot Cereal Bowl

## Cereal (Cont'd)

### Ancient Harvest

Organic Quinoa Flakes 12 oz

### Arrowhead Mills

Maple Buckwheat Organic Flakes

Organic Rice & Shine Hot Cereal

### Bakery On Main

Apple Raisin Walnut Gluten Free Granola

Extreme Fruit & Nut Gluten Free Granola

Nutty Cranberry Gluten Free Granola

Rainforest Gluten Free Granola

### Barbara's Bakery

Honey Rice Puffins Cereal

### Bob's Red Mill

Brown Rice Farina Creamy Rice Hot Cereal

GlutenFree Rolled Oats

Organic Buckwheat Groats

### Enjoy Life

Cinnamon Crunch Granola

Cranapple Crunch Granola

Very Berry Crunch Granola

### EnviroKidz

Amazon Frosted Flakes Organic Cereal

Gorilla Munch Organic Cereal

Koala Crisp Organic Cereal

Leapin' Lemurs Peanut Butter & Chocolate Organic Cereal

Peanut Butter Panda Puffs Organic Cereal

### Glutino

Apple & Cinnamon Cereal

Honey Nut Cereal

### Lundberg Farms

Organic Pure Creamy Rice Cereal

### Nature's Path

Organic Fruit Juice Sweetened Corn Flakes

Organic Honey'd Cornflakes

Organic Whole O's Cereal

### Perky's

Nutty Flax Cereal

## Cheese

### Applegate Farms

Sliced Muenster Cheese

Sliced Organic Muenster Cheese

### Follow Your Heart

Vegan Gourmet Cream Cheese

Vegan Gourmet Sour Cream

### Wholesome Valley Organic

Organic Dairy Slices, Mozzarella

## Chips, Pretzels and Snacks

### Arico

Cassava Chips, Barbecue Bliss

Cassava Chips, Ginger on Fire

Cassava Chips, Original

Cassava Chips, Sea Salt Mist

### Food Should Taste Good

Olive Tortilla Chips 1.5 oz

Sweet Potato Tortilla Chips 6 oz

The Works! Tortilla Chips 6 oz

Yellow Corn Tortilla Chips 11 oz

### Food Should Taste Good

Chocolate Tortilla Chips 6 oz

Jalapeno Tortilla Chips 6 oz

### Glutino

Breadsticks, Sesame

Pretzel Sticks, Family Bag

Pretzels, Family Bag

Pretzels, Sesame Rings

Pretzels, Twists

Pretzels, Unsalted

### Kettle Brand®

Potato Chips, Honey Dijon 5 oz

Potato Chips, Lightly Salted 5 oz

Potato Chips, Organic Lightly Salted 5 oz

Potato Chips, Sea Salt & Vinegar 2 oz

Potato Chips, Sea Salt & Vinegar 5 oz

Potato Chips, Unsalted 5 oz

### Kettle Brand®

Baked Potato Chips, Aged White Cheddar 4 oz

Baked Potato Chips, Lightly Salted 4 oz

## **Chips, Pretzels and Snacks (Cont'd)**

### **Kettle Brand®**

Baked Potato Chips, Salt & Fresh Ground Pepper 4 oz  
Baked Potato Chips, Sea Salt & Vinegar 4 oz  
Krinkle Cut Potato Chips, Buffalo Bleu 5 oz  
Potato Chips, Backyard Barbeque 5 oz  
Potato Chips, Death Valley Chipotle 5 oz  
Potato Chips, Jalapeno 5 oz  
Potato Chips, Organic Sea Salt & Black Pepper 5 oz  
Potato Chips, Sea Salt & Vinegar 9 oz  
Potato Chips, Sour Cream, Onion & Chive 5 oz  
Potato Chips, Spicy Thai 5 oz  
Potato Chips, Sweet Onion 5 oz  
Potato Chips, Tuscan Three Cheese 5 oz

### **Lundberg Farms**

Apple Cinnamon Rice Cakes  
Buttery Caramel Rice Cakes  
Organic Brown Rice Cakes  
Organic Caramel Corn Rice Cakes  
Organic Koku Seaweed Rice Cakes  
Organic Mochi Sweet Rice Cakes  
Organic Sea Salt Rice Chips  
Organic Sesame Tamari Rice Cakes  
Organic Unsalted Brown Rice Cakes  
Organic Wild Rice Cakes  
Pico de Gallo Rice Chips  
Sante Fe BBQ Rice Chips  
Sesame Seaweed Rice Chips  
Sesame Tamari Rice Cakes  
Unsalted Brown Rice Cakes

### **Mary's Gone Crackers**

Sticks & Twigs, Sea Salt  
Sticks & Twigs, Tomato Chipotle

### **Mr. Krispers**

Baked Rice Krisps, Nacho  
Baked Rice Krisps, Sea Salt & Pepper

## **Condiments**

### **Eden**

Tamari Soy Sauce, Naturally Brewed 10 oz

### **Follow Your Heart**

Lemon Herb Dressing  
Vegenaise, High Omega-3 w/ Expeller-Pressed Canola Oil  
Vegenaise, Original

### **Organicville**

Organic Dressing, French  
Organic Dressing, Non Dairy Ranch  
Organic Dressing, Olive Oil & Balsamic Vinaigrette  
Organic Dressing, Orange Cranberry Vinaigrette  
Organic Dressing, Pomegranate Vinaigrette  
Organic Dressing, Sundried Tomato & Garlic Vinaigrette  
Organic Dressing, Tarragon Dijon Vinaigrette  
Organic Ketchup  
Organic Original BBQ Sauce

### **Spectrum**

Canola Mayonnaise 16 oz  
Light Canola Eggless Mayonnaise 16 oz  
Light Canola Eggless Mayonnaise 32 oz  
Organic Golden Balsamic Omega-3 Dressing  
Organic Olive Oil Mayonnaise  
Organic Soy Mayonnaise 16 oz  
Organic Soy Mayonnaise, Squeeze Bottle

## **Cookies and Snack Bars**

### **Arico**

Almond Cranberry Cookies  
Chocolate Chunk Cookies  
Peanut Butter Cookies

### **Enjoy Life**

Caramel Apple Snack Bars  
Cocoa Loco Snack Bars  
Soft Baked Chewy Chocolate Chip Cookies  
Soft Baked Double Chocolate Brownie Cookies  
Soft Baked Gingerbread Spice Cookie  
Soft Baked Lively Lemon Cookies

## Cookies and Snack Bars (Cont'd)

### Enjoy Life

- Soft Baked No-Oats "Oatmeal" Cookie
- Soft Baked Snickerdoodle Cookie Pack
- Soft Baked Snickerdoodle Cookies
- Sunbutter Crunch Snack Bars
- Very Berry Snack Bars

### EnviroKidz

- Cheetah Organic Crispy Rice Bars, Berry
- Koala Organic Crispy Rice Bars, Chocolate
- Panda Organic Crispy Rice Bars, Peanut Butter

### Glutino

- Breakfast Bars, Apple
- Breakfast Bars, Blueberry
- Chocolate Coated Wafers
- Organic Bar, Chocolate-Banana
- Organic Bar, Wildberry
- Strawberry Wafers
- Vanilla Wafers

### Jennie's

- Almond Macaroons
- Coconut Macaroons

### Kinnikinnick

- KinniKritters Animal Cookies
- KinniTOOS Chocolate Sandwich Creme Cookies
- KinniTOOS Vanilla Sandwich Creme Cookies
- S'moreables Graham Style Crackers

### Let's Do...

- Gluten Free Ice Cream Cones

### Mi-Del

- Arrowroot Animal Cookies
- Ginger Snaps
- Pecan Cookies

### Pamela's Products

- Butter Shortbread Cookies
- Chocolate Chip Walnut Cookies
- Chunky Chocolate Chip Cookies
- Lemon Shortbread Cookies
- Organic Espresso Chocolate Chunk Cookies
- Organic Peanut Butter Chocolate Chip Cookies

## Cookies and Snack Bars (Cont'd)

### Pamela's Products

- Peanut Butter Cookies
- Pecan Shortbread Cookies
- Simplebites Extreme Chocolate Mini Cookies
- Simplebites Ginger Mini Snapz

### WFM Gluten Free Bakehouse

- Chocolate Chip Cookies
- Peanut Butter Cookies

## Crackers

### Blue Diamond

- Almond Nut-Thins
- Cheddar Cheese Nut-Thins
- Country Ranch Nut-Thins
- Hazelnut Nut-Thins
- Pecan Nut-Thins
- Smokehouse Almond Nut-Thins

### Eden

- Nori Maki Rice Crackers

### Edward & Sons

- Brown Rice Snaps, Onion Garlic
- Brown Rice Snaps, Tamari Seaweed
- Brown Rice Snaps, Tamari Sesame
- Brown Rice Snaps, Unsalted Sesame
- Exotic Rice Toast, Brown Jasmine Rice & Spring Onion
- Exotic Rice Toast, Purple Rice & Black Sesame
- Exotic Rice Toast, Thai Red Rice & Flaxseed
- Organic Brown Rice Snaps, Cheddar
- Organic Brown Rice Snaps, Unsalted Plain
- Organic Brown Rice Snaps, Vegetable

### Glutino

- Crackers, Cheddar
- Crackers, Multigrain
- Crackers, Original
- Crackers, Vegetable

### Mary's Gone Crackers

- Crackers, Black Pepper
- Crackers, Caraway
- Crackers, Herb

## Dairy

### Brown Cow

Apricot-Mango Whole Milk Yogurt, 6 oz  
Blueberry Whole Milk Yogurt, 32 oz  
Blueberry Whole Milk Yogurt, 6 oz  
Cherry-Vanilla Whole Milk Yogurt, 6 oz  
Chocolate Whole Milk Yogurt, 6 oz  
Coffee Whole Milk Yogurt, 6 oz  
Low Fat Black Cherry Yogurt, 6 oz  
Low Fat Blueberry Yogurt, 6 oz  
Low Fat Lemon Twist Yogurt, 6 oz  
Low Fat Plain Yogurt, 32 oz  
Low Fat Strawberry Yogurt, 6 oz  
Low Fat Vanilla Bean Yogurt, 6 oz  
Low Fat Vanilla Yogurt, 32 oz  
Maple Whole Milk Yogurt, 32 oz  
Maple Whole Milk Yogurt, 6 oz  
Non Fat Blueberry Yogurt, 6 oz  
Non Fat Vanilla Yogurt, 32 oz  
Non Fat Vanilla Yogurt, 6 oz  
Peach Whole Milk Yogurt, 6 oz  
Plain Whole Milk Yogurt, 32 oz  
Plain Whole Milk Yogurt, 6 oz  
Raspberry Whole Milk Yogurt, 6 oz  
Strawberry Whole Milk Yogurt, 6 oz  
Vanilla Whole Milk Yogurt, 32 oz  
Vanilla Whole Milk Yogurt, 6 oz

### Earth Balance

Buttery Spread with Olive Oil  
Buttery Sticks  
Organic Whipped Buttery Spread  
Original Buttery Spread  
Soy Free Buttery Spread  
Soy Garden Buttery Spread

### Stonyfield Farm

Organic Cream Top Chocolate Underground, 6 oz  
Organic Cream Top French Vanilla Yogurt, 32 oz  
Organic Cream Top Plain Yogurt, 32 oz  
Organic Fat Free Black Cherry Yogurt, Fruit on the Bottom, 6 oz  
Organic Fat Free Blueberry Yogurt, Fruit on the Bottom, 6 oz  
Organic Fat Free Chocolate Underground Yogurt, 6 oz

## Dairy (Cont'd)

### Stonyfield Farm

Organic Fat Free French Vanilla Yogurt, 6 oz  
Organic Fat Free Lotsa Lemon Yogurt, 6 oz  
Organic Fat Free Plain Yogurt, 32 oz  
Organic Fat Free Plain Yogurt, 6 oz  
Organic Fat Free Pomegranate Berry Yogurt, 6 oz  
Organic Fat Free Strawberry, 6 oz  
Organic Low Fat BaNilla Yogurt, 32 oz  
Organic Low Fat Blueberry Yogurt, 6 oz  
Organic Low Fat Just Peachy Yogurt, Fruit on the Bottom, 6 oz  
Organic Low Fat Plain Yogurt, 32 oz  
Organic Low Fat Plain Yogurt, 6 oz  
Organic Low Fat Raspberry Yogurt, 6 oz  
Organic Low Fat Strawberry Yogurt, Fruit on the Bottom, 6 oz  
Organic Low Fat Vanilla Yogurt  
Organic Low Fat Vanilla, 32 oz  
Organic O'Soy Strawberry/Peach Yogurt, 6-pack  
Organic Strawberry Yogurt Smoothies, 4 pack  
Organic Wild Berry Yogurt Smoothies, 4 pack  
YoBaby Drinkable Yogurt, Banana  
YoBaby Drinkable Yogurt, Peach  
YoKids Squeezers Cherry/Berry Blitz  
YoKids Squeezers Screamin' Strawberry  
YoKids Strawberry BaNilla Blast Yogurt  
YoKids Strawberry Vanilla Raspberry Yogurt

## Dairy Alternatives

### 365 Everyday Value™

Organic Ricemilk - Original  
Organic Ricemilk - Unsweetened  
Organic Ricemilk - Vanilla  
Organic Soymilk - Chocolate, 32 oz  
Organic Soymilk - Chocolate, 64 oz  
Organic Soymilk - Original, 32 oz  
Organic Soymilk - Original, 64 oz  
Organic Soymilk - Unsweetened, 32 oz  
Organic Soymilk - Unsweetened, 64 oz  
Organic Soymilk - Vanilla, 32 oz

## Dairy Alternatives (Cont'd)

### 365 Everyday Value™

Organic Soymilk - Vanilla, 64 oz

### Almond Dream

Almond Drink, Original 64 oz

### Blue Diamond

Almond Breeze, Chocolate

Almond Breeze, Chocolate Unsweetened

Almond Breeze, Original

Almond Breeze, Original Unsweetened

Almond Breeze, Unsweetened Vanilla

Almond Breeze, Vanilla

Almond Breeze, Vanilla Unsweetened

### Follow Your Heart

Vegan Gourmet Cream Cheese

Vegan Gourmet Sour Cream

### Hemp Dream

Hemp Dream, Original 12/32 oz

### Rice Dream

Enriched Rice Milk Beverage, Chocolate 32 oz

Enriched Rice Milk Beverage, Original 8 oz

Enriched Rice Milk Beverage, Vanilla 32 oz

Organic Enriched Rice Milk Beverage, Original 32 oz

Organic Enriched Rice Milk Beverage, Original 64 oz

Organic Enriched Rice Milk Beverage, Vanilla 64 oz

Refrigerated Ricemilk, Original 64 oz

Refrigerated Ricemilk, Vanilla 64 oz

Rice Milk Beverage, Original 32 oz

Rice Milk Beverage, Vanilla 32 oz

### So Delicious

Blueberry Cultured Coconut Milk Yogurt

Chocolate Cultured Coconut Milk Yogurt

French Vanilla Coconut Milk Creamer

Hazelnut Coconut Milk Creamer

Original (Plain) Coconut Milk Beverage

Original (Plain) Coconut Milk Creamer

Original (Plain) Coconut Milk Kefir

Passionate Mango Cultured Coconut Milk Yogurt

## Dairy Alternatives (Cont'd)

### So Delicious

Pina Colada Cultured Coconut Milk Yogurt

Plain Cultured Coconut Milk Yogurt

Raspberry Cultured Coconut Milk Yogurt

Strawberry Banna Cultured Coconut Milk Yogurt

Strawberry Coconut Milk Kefir

Unsweetened Coconut Milk Beverage

Vanilla Coconut Milk Beverage

Vanilla Coconut Milk Kefir

Vanilla Cultured Coconut Milk Yogurt

### WestSoy

Plus Soy Beverage, Vanilla 64 oz

Soy Beverage, Unsweetened Chocolate 32 oz

## Deli Style Meats and Cheeses

### Applegate Farms

Organic Sliced Oven Roasted Chicken

Sliced Authentic Prosciutto

Sliced Black Forest Ham

Sliced Genoa Salami

Sliced Organic Herb Turkey

Sliced Organic Roast Beef

Sliced Organic Smoked Chicken

Sliced Organic Smoked Turkey

Sliced Oven Roasted Sliced Turkey

Sliced Pancetta

Sliced Pepperoni

Sliced Slow Cooked Ham

Sliced Turkey Salami

## Desserts

### WFM Gluten Free Bakehouse

Carrot Cake

Chocolate Cupcakes

Vanilla Cupcakes

## Energy and Nutrition Bars/Drinks

### Bumble Bar

Original with Peanut

## Entrees and Mixes

### 365 Everyday Value™

- Gluten Free All Purpose Baking Mix
- Gluten Free Chocolate Brownie Mix
- Gluten Free Chocolate Chip Cookie Mix
- Gluten Free Muffin Mix
- Gluten Free Pancake & Waffle Mix
- Gluten Free Pizza Crust Mix
- Gluten Free Sandwich Bread Mix

### Arrowhead Mills

- Gluten Free All Purpose Baking Mix
- Gluten Free Brownie Mix

### Authentic Foods

- Falafel Mix
- Lemon Cake Mix

### Bob's Red Mill

- Gluten Free Chocolate Chip Cookie Mix

### Chebe

- Bread Sticks Mix, Garlic & Onion
- Cheese Bread Mix
- Cinnamon Rolls Mix
- Pizza Crust Mix

### Cherrybrook Kitchen

- Chocolate Frosting Mix

### Cherrybrook Kitchen Gluten Free Dreams

- Chocolate Cake Mix

### Edward & Sons

- Organic Home Style Mashed Potato Mix

### Lundberg Farms

- Butternut Squash Risotto
- Cheddar Broccoli Risotto
- Garlic Primavera Risotto
- Organic Alfredo Risotto

### Mrs. Leeper's

- Beef Lasagna Dinner
- Beef Stroganoff Dinner
- Cheeseburger Mac Dinner
- Chicken Alfredo Dinner

### Namaste

- Brownie Mix
- Spice Cake Mix
- Sugar-Free Muffin Mix

## Entrees and Mixes (Cont'd)

### Pamela's Products

- Vanilla Frosting Mix

### Road's End Organics

- Dairy Free Alfredo Style Mac & Chreese
- Dairy Free Cheddar Style Penne & Chreese

### Tasty Bite

- Bombay Potatoes
- Jaipur Vegetables
- Jodhpur Lentils
- Kashmir Spinach
- Madras Lentils

## Ethnic Foods

### Amy's

- Organic Asian Noodle Stir-Fry
- Organic Black Bean Enchilada Whole Meal
- Organic Black Bean Tamale Verde Whole Meal
- Organic Black Bean Vegetable Enchilada
- Organic Black Bean Vegetable Enchilada, Light in Sodium
- Organic Cheese Enchilada
- Organic Cheese Enchilada Whole Meal
- Organic Cheese Tamale Verde Whole Meal
- Organic Indian Mattar Paneer
- Organic Indian Mattar Paneer, Light in Sodium
- Organic Indian Mattar Tofu
- Organic Indian Palak Paneer
- Organic Indian Paneer Tikka
- Organic Indian Vegetable Korma
- Organic Mexican Casserole Bowl, Light in Sodium
- Organic Mexican Tamale Pie
- Organic Mexican Tofu Scramble
- Organic Roasted Vegetable Tamale Whole Meal
- Organic Thai Stir-Fry

### Authentic Foods

- Falafel Mix

### Edward & Sons

- Brown Rice Snaps, Tamari Seaweed
- Brown Rice Snaps, Tamari Sesame

## Ethnic Foods (Cont'd)

### Edward & Sons

Miso-Cup, Organic Reduced Sodium

### Food For Life

Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

### Food Merchants

Organic Polenta, Basil & Garlic

Organic Polenta, Sundried Tomato & Garlic

Organic Polenta, Traditional

### Organicville

Organic Island Teriyaki

Organic Sesame Teriyaki

### Premier Japan

Organic Wheat-Free Hoisin Sauce

Organic Wheat-Free Teriyaki Sauce

### Tasty Bite

Bombay Potatoes

Jaipur Vegetables

Jodhpur Lentils

Kashmir Spinach

Madras Lentils

### World Foods

Malaysian Sweet Chili Coconut Dipping Sauce

Thai Red Curry Ready To Pour Sauce

## Frozen Foods

### Amy's

Kids Baked Ziti Meal

Organic Asian Noodle Stir-Fry

Organic Baked Ziti Bowl

Organic Black Bean Enchilada Whole Meal

Organic Black Bean Tamale Verde Whole Meal

Organic Black Bean Vegetable Enchilada

Organic Black Bean Vegetable Enchilada, Light in Sodium

Organic Brown Rice & Vegetables Bowl

Organic Brown Rice & Vegetables Bowl, Light in Sodium

Organic Cheese Enchilada

Organic Cheese Enchilada Whole Meal

## Frozen Foods (Cont'd)

### Amy's

Organic Cheese Tamale Verde Whole Meal

Organic Cream of Rice Hot Cereal Bowl

Organic Garden Vegetable Lasagna

Organic Indian Mattar Paneer

Organic Indian Mattar Paneer, Light in Sodium

Organic Indian Mattar Tofu

Organic Indian Palak Paneer

Organic Indian Paneer Tikka

Organic Indian Vegetable Korma

Organic Mexican Casserole Bowl, Light in Sodium

Organic Mexican Tamale Pie

Organic Mexican Tofu Scramble

Organic Rice Mac & Cheese

Organic Roasted Vegetable Tamale Whole Meal

Organic Thai Stir-Fry

Organic Tofu Scramble

### Glutino

Pizza, Duo Cheese

Pizza, Spinach Feta

### Ian's Natural Foods

Alpha Tots

Chicken Fingers, Allergen Free

Chicken Patties, Wheat Free Gluten Free

Ian's Chicken Nuggets, Allergen Free

Ian's Fish Sticks, Allergen Free

Popcorn Turkey Corn Dogs

Soy Cheesy French Bread Pizza, Wheat Free Gluten Free

### It's Soy Delicious

Almond Pecan Non-Dairy Frozen Dessert

Awesome Chocolate Non-Dairy Frozen Dessert

Raspberry Non-Dairy Frozen Dessert

### Kinnikinnick

Blueberry Muffins

Candadi Yeast Free Multigrain Rice Bread

Chocolate Chip Muffins

Italian White Tapioca Rice Bread

Tapioca Rice English Muffin

Tapioca Rice Hamburger Buns

## Frozen Foods (Cont'd)

### Kinnikinnick

Tapioca Rice NY Style Bagels

### Nature's Path

Organic Homestyle Waffles

### Organic So Delicious

Chocolate Peanut Butter Non-Dairy Frozen Dessert

Creamy Vanilla Non-Dairy Frozen Dessert

Mint Marble Fudge Non-Dairy Frozen Dessert

Mocha Fudge Non-Dairy Frozen Dessert

Strawberry Non-Dairy Frozen Dessert

### Purely Decadent

Chocolate Non-Dairy Frozen Coconut Milk Dessert

Chocolate Peanut Butter Swirl Non-Dairy Frozen Coconut Milk Dessert

Cookie Dough (Gluten Free) Non-Dairy Frozen Dessert

Cookie Dough Non-Dairy Frozen Coconut Milk Dessert

Mint Chip Non-Dairy Frozen Coconut Milk Dessert

Mint Chocolate Chip Non-Dairy Frozen Dessert

Mocha Almond Fudge Non-Dairy Frozen Coconut Milk Dessert

Passionate Mango Non-Dairy Frozen Coconut Milk Dessert

Pomegranate Chip Non-Dairy Frozen Dessert

Turtle Trails Non-Dairy Frozen Dessert

Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert

### Rice Dream

Cocoa Marble Fudge Frozen Dessert, Quart

Rice Dream, Orange Vanilla Swirl

Vanilla Frozen Dessert, Pint

### So Delicious

Coconut Almond Bar, Made with Coconut Milk

Kidz Assorted Fruit Pops

Raspberry Agave Sweetened Fruit Bar

Vanilla Bar, Made with Coconut Milk

## Frozen Foods (Cont'd)

### Sweet Nothings

Non-Dairy Fudge Bar, 6-pack

### Van's

Wheat Free Blueberry Waffles

Wheat Free Buckwheat Waffles

Wheat Free Flax Waffles

Wheat Free Homestyle Pancakes

Wheat Free Homestyle Waffles

Wheat Free Mini Homestyle Waffles

## Grains and Rice

### Ancient Harvest

Inca Red Organic Quinoa 12 oz

### Lundberg Farms

Butternut Squash Risotto

Cheddar Broccoli Risotto

Eco-Farmed Black Japonica Field Gourmet Blend

Eco-Farmed Countrywild Gourmet Blend Rice

Eco-Farmed Jubilee Gourmet Blend Rice

Eco-Farmed Short Grain Brown Rice

Eco-Farmed Wild Blend Gourmet Blend Rice

Organic Alfredo Risotto

Organic California Brown Jasmine Rice, 25 lb

Organic California White Basmati Rice

Organic Long Grain Brown Rice

Organic Short Grain Brown Rice

Organic Wild Rice

## Jams and Nut Butters

### Arrowhead Mills

Creamy Peanut Butter, 26 oz

### Earth Balance

Creamy Natural Peanut Butter

Crunchy Natural Peanut Butter

## Meat Alternatives

### WestSoy

Firm Tofu, Water-Pack 16 oz

Soft Tofu, Water-Pack 14 oz

## Meat and Poultry

### Applegate Farms

- Organic Beef Hot Dogs
- Organic Chicken & Apple Sausage
- Organic Chicken Hot Dogs
- Organic Hot Dogs
- Organic Sliced Sunday Bacon
- Organic Spinach & Feta Sausage
- Organic Turkey Hot Dogs
- Peppered Bacon

## Nutritional Supplements

### Country Life

- Cal-Snack Milk-Free Chewables, 60 ct
- DHEA 10mg Capsules, 50 ct
- L-Glutamine 1000mg Capsules with B-6, 100 ct
- L-Lysine 1000mg Tablets with B-6, 100 ct
- Max-Amino Capsules with B-6, 90 ct
- Pycogenol 100mg Capsules, 30 ct
- Pycogenol 50mg Capsules, 24 ct
- Superior B-12, 50 ct
- Target-Mins Calcium-Magnesium Capsules, 180 ct
- Target-Mins Calcium-Magnesium Capsules, 90 ct
- Target-Mins Calcium-Magnesium-Potassium Tablets, 180 ct
- Target-Mins Calcium-Magnesium-Potassium Tablets, 90 ct
- Vanadyl Sulfate 5000mcg Capsules, 90 ct

## Nuts, Seeds and Dried Fruits

### Bob's Red Mill

- Flaxseeds

### Enjoy Life

- Not Nuts! Beach Bash Trail Mix

## Pasta

### Ancient Harvest

- Quinoa Supergrain Pasta, Elbows 8 oz
- Quinoa Supergrain Pasta, Garden Pagodas 8 oz
- Quinoa Supergrain Pasta, Linguine 8 oz

## Pasta (Cont'd)

### Ancient Harvest

- Quinoa Supergrain Pasta, Spaghetti 8 oz
- Quinoa Supergrain Pasta, Veggie Curls 8 oz

### Bionaturae

- Organic Gluten Free Fusilli

### DeBoles Foods

- Multi-Grain Penne
- Multi-Grain Spaghetti
- Rice Angel Hair Pasta
- Rice Lasagna
- Rice Spaghetti

### Lundberg Farms

- Organic Brown Rice Penne Pasta
- Organic Brown Rice Rotini Pasta

### Mrs. Leeper's

- Corn Rotelli
- Corn Spaghetti
- Rice Alphabets

### Tinkyada

- Brown Rice Elbow
- Brown Rice Fettucini
- Brown Rice Fusilli
- Brown Rice Penne
- Brown Rice Shells
- Brown Rice Spaghetti
- Brown Rice Spirals
- Organic Brown Rice Lasagne
- Organic Brown Rice Penne
- Organic Brown Rice Spaghetti
- Organic Brown Rice Spirals
- Spinach Brown Rice Spaghetti
- Vegetable Brown Rice Spirals

## Pasta Sauce

### Amy's

- Organic Low Sodium Marinara Sauce

## Personal Care

### Tom's of Maine

- Apricot Long Lasting Stick Deodorant

## Personal Care (Cont'd)

### Tom's of Maine

- Cinnamint Antiplaque with Propolis & Myrrh Toothpaste
- Cinnamon Clove Whole Care Toothpaste
- Fennel Antiplaque Propolis & Myrrh Toothpaste
- Lavender Long Lasting Roll-on Deodorant
- Lemongrass Long Lasting Stick Deodorant
- Orange-Mango Whole Care Gel Toothpaste
- Peppermint Anti-Plaque Tartar Control Plus Whitening Toothpaste
- Peppermint Baking Soda Mouthwash
- Peppermint Whole Care Toothpaste
- Silly Strawberry Anticavity Toothpaste
- Silly Strawberry Non-Fluoride Toothpaste
- Spearmint Antiplaque SLS-Free Toothpaste
- Spearmint Anti-Plaque Tartar Control Plus Whitening Toothpaste
- Spearmint Anticavity Toothpaste
- Spearmint Cleansing Mouthwash
- Spearmint Flat Floss
- Spearmint Whole Care Toothpaste
- Unscented Long Lasting Roll-on Deodorant
- Unscented Stick Deodorant
- Wintermint Anticavity Toothpaste
- Wintermint Whole Care Toothpaste
- Woodspice Stick Deodorant

## Prepared Foods

### Food Merchants

- Organic Polenta, Basil & Garlic
- Organic Polenta, Sundried Tomato & Garlic
- Organic Polenta, Traditional

## Sauces, Salsas and Dips

### Amy's

- Organic Black Bean & Corn Salsa
- Organic Medium Salsa
- Organic Mild Salsa
- Organic Spicy Chipotle Salsa

### Organicville

- Organic Island Teriyaki
- Organic Medium Salsa
- Organic Sesame Teriyaki

## Sauces, Salsas and Dips (Cont'd)

### Premier Japan

- Organic Wheat-Free Hoisin Sauce
- Organic Wheat-Free Teriyaki Sauce

### Road's End Organics

- Non-Dairy Nacho Chreese Dip, Mild
- Non-Dairy Nacho Chreese Dip, Spicy

### The Wizard's Sauce

- Organic Hot Stuff

### World Foods

- Malaysian Sweet Chili Coconut Dipping Sauce
- Thai Red Curry Ready To Pour Sauce

## Soups

### Amy's

- Organic Black Bean Vegetable Soup
- Organic Chunky Tomato Bisque
- Organic Chunky Tomato Bisque, Light in Sodium
- Organic Chunky Vegetable Soup
- Organic Cream of Tomato Soup
- Organic Cream of Tomato Soup, Light in Sodium
- Organic Curried Lentil Soup
- Organic Fire Roasted Southwestern Vegetable Soup
- Organic Lentil Soup
- Organic Lentil Soup, Light in Sodium
- Organic Lentil Vegetable Soup, Light in Sodium
- Organic Medium Chili
- Organic Medium Chili, Light in Sodium
- Organic Spicy Chili
- Organic Spicy Chili, Light in Sodium
- Organic Split Pea Soup
- Organic Split Pea Soup, Light in Sodium
- Organic Summer Corn & Vegetable Soup
- Organic Thai Coconut Soup (Tom Kha Phak)
- Organic Tuscan Bean & Rice Soup

### Edward & Sons

- Miso-Cup, Organic Reduced Sodium

## **Soups (Cont'd)**

### **Imagine Foods**

- Broccoli Soup 16 oz
- Broccoli Soup 32 oz
- Butternut Squash Soup 32 oz
- Corn & Lemongrass Soup 16 oz
- Corn & Lemongrass Soup 32 oz
- Creamy Tomato Soup 16 oz
- Free Range Chicken Broth 32 oz
- Organic Acorn Squash & Mango Soup 32 oz
- Organic Chicken Broth, Low Sodium 32 oz
- Organic Portabello Mushroom Soup 32 oz
- Organic Sweet Pea Soup 32 oz
- Organic Tomato Soup 32 oz
- Organic Tomato Soup, Low Sodium 32 oz
- Organic Vegetable Broth, Low Sodium 32 oz
- Potato Leek Soup 16 oz
- Potato Leek Soup 32 oz
- Tomato Basil Soup 32 oz
- Vegetable Broth 16 oz
- Vegetable Broth 32 oz

## **Specialty Foods**

### **WFM Gluten Free Bakehouse**

- Stuffing Cubes

## **Spices and Seasonings**

### **Bob's Red Mill**

- Cornstarch

### **Edward & Sons**

- Bouillon Cubes, Low Sodium Veggie

### **Spicely**

- Organic Allspice, Whole
- Organic Cardamom, Green
- Organic Chili, Ancho, Ground
- Peppercorn, Green