

Gluten Free

SPECIAL DIETS SERIES

CELEBRATING
YOUR
CHOICES



Little Rock Store, Southwest Region

Whole Foods Market is excited to bring you "Celebrating Your Choices," a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product. If you have any questions, you may contact us at WFMSpecialDiets@wholefoods.com.

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Baby & Infant Food

Stonyfield Farm

YoBaby Banana/Vanilla Yogurt
YoBaby Blueberry/Apple Yogurt
YoBaby Peach/Pear Yogurt

Baked Goods

WFM Gluten Free Bakehouse

Almond Scones
Banana Bread
Blueberry Muffins
Carrot Cake
Cheddar Biscuits
Cherry Pie
Chocolate Chip Cookies
Chocolate Cupcakes
Cinnamon Raisin Bread
Cornbread
Cranberry Orange Scones
Cream Biscuits
Honey Oat Bread
Molasses Ginger Cookies
Nutmeal Raisin Cookies
Peanut Butter Cookies
Pie Shells
Pizza Crust
Prairie Bread
Sandwich Bread
Southern Pecan Pie
Stuffing Cubes

Baked Goods (Cont'd)

WFM Gluten Free Bakehouse

Sundried Tomato & Garlic Bread
Vanilla Cupcakes

Baking Needs

365 Everyday Value™

Gluten Free All Purpose Baking Mix
Gluten Free Chocolate Brownie Mix
Gluten Free Chocolate Cake Mix
Gluten Free Muffin Mix
Gluten Free Pancake & Waffle Mix
Gluten Free Pizza Crust Mix
Gluten Free Sandwich Bread Mix
Gluten Free White Cake Mix

Ancient Harvest

Organic Quinoa Flour 18 oz

Arrowhead Mills

Blue Corn Meal
Buckwheat Flour
Gluten Free Pancake & Baking Mix
Long Grain Brown Rice Flour
Millet Flour
Soy Flour
White Rice Flour
Yellow Corn Meal

Bob's Red Mill

Almond Flour
Baking Powder
Baking Soda
Brown Rice Flour
Cornstarch
Flaxseed Meal
Gluten Free All Purpose Baking Flour
Gluten Free Biscuit & Baking Mix
Gluten Free Brownie Mix

Baking Needs (Cont'd)

Bob's Red Mill

- Gluten Free Cornbread Mix
- Gluten Free Cornmeal
- Gluten Free Hearty Whole Grain Bread Mix
- Gluten Free Homemade Wonderful Bread Mix
- Gluten Free Sweet White Sorghum Flour
- GlutenFree Rolled Oats
- Organic Flaxseed Meal
- Organic Golden Flaxseeds
- Potato Flour
- Potato Starch
- Tapioca Flour
- Teff Flour
- White Rice Flour
- Xanthan Gum

Chebe

- All-Purpose Mix
- Cinnamon Rolls Mix
- Focaccia Flatbread Mix

Cherrybrook Kitchen

- Chocolate Frosting Mix

Enjoy Life

- Semi-Sweet Chocolate Chips

Gluten Free Pantry

- Chocolate Truffle Brownie Mix
- Favorite Sandwich Bread Mix
- Muffins & Scone Mix
- Perfect Pie Crust Mix

Hain

- Baking Powder

Let's Do...

- Carnival Sprinkelz
- Confetti Sprinkelz

Let's Do... Organic

- Organic Coconut Flakes
- Organic Reduced Fat Shredded Coconut

Namaste

- Brownie Mix
- Muffin Mix
- Spice Cake Mix
- Vanilla Cake Mix

Baking Needs (Cont'd)

Orgran

- Egg Replacer
- Gluten Replacer

Pamela's Products

- Baking & Pancake Mix
- Baking & Pancake Mix, 4 lb
- Chocolate Brownie Mix
- Chocolate Chunk Cookie Mix
- Gluten-Free Bread Mix
- Gluten-Free Bread Mix & Flour Blend

WFM Gluten Free Bakehouse

- Pie Shells

Beverages

Bard's Beer

- Bard's Gold, 6-Pack

Celestial Seasonings

- Acai Mango Zinger Tea, 20 Ct
- Antioxidant Green Tea, 20 Ct
- Bengal Spice Tea, 20 Ct
- Black Cherry Berry Tea
- Echinacea Complete Care Tea, 20 Ct
- Goji Berry Pomegranate Green Tea, 20 Ct
- Lemon Zinger Tea, 20 Ct
- Mandarin Orange Spice Tea, 20 Ct
- Mint Magic Tea, 20 Ct
- Raspberry Garden Green Tea, 20 Ct
- Raspberry Zinger Tea, 20 Ct
- Red Zinger Tea, 20 Ct
- Sleepytime Tea, 20 Ct
- Sugar Plum Spice, 20 Ct
- Tension Tamer Tea, 20 Ct
- Tropical Strawberry, 20 Ct

Eden

- Organic EdenBlend, Rice & Soy Beverage, 32 oz

Rice Dream

- Rice Nog

So Delicious

- Original (Plain) Coconut Milk Beverage
- Vanilla Coconut Milk Beverage

Bread

Food For Life

Brown Rice Bread, Wheat & Gluten Free
Millet Bread, Wheat & Gluten Free
Rice Almond Bread, Wheat & Gluten Free
Rice Pecan Bread, Wheat & Gluten Free
Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

Glutino

Premium Corn Bread
Premium Fiber Bread

WFM Gluten Free Bakehouse

Cheddar Biscuits
Cinnamon Raisin Bread
Cornbread
Cream Biscuits
Hamburger Buns
Honey Oat Bread
Prairie Bread
Sandwich Bread
Sundried Tomato & Garlic Bread

Candy and Chocolate

Endangered Species Chocolate

Bite Size Dark Chocolate with Cranberries & Almonds
Bite Size Dark Chocolate with Deep Forest Mint
Bite Size Extreme Dark Chocolate
Bite Size Smooth Milk Chocolate
Bite Size Supreme Dark Chocolate
Dark Chocolate with Blueberries - Sea Turtle
Dark Chocolate with Cranberries & Almonds - Wolf
Dark Chocolate with Deep Forest Mint
Dark Chocolate with Espresso Beans - Tiger
Dark Chocolate with Hazelnut Toffee - Rhino
Dark Chocolate with Raspberries - Grizzly Bear
Extreme Dark Chocolate - Panther
Intense Dark Chocolate with Cacao Nibs - Bat

Candy and Chocolate (Cont'd)

Endangered Species Chocolate

Organic Health Dark Chocolate with Cacao Nibs, Yacon & Acai
Organic Health Dark Chocolate with Goji Berry, Pecans & Maca
Organic Health Dark Chocolate with Goldenberry & Lucuma
Smooth Organic Dark Chocolate - Butterfly
Smooth Organic Dark Chocolate with Cherry - Koala
Smooth Organic Milk Chocolate - Lion
Supreme Dark Chocolate - Chimpanzee

Enjoy Life

Boom Choco Boom Dairy-Free Rice Milk Chocolate Bar
Boom Choco Boom Dairy-Free Rice Milk w/ Crispy Rice Chocolate Bar
Boom Choco Boom Dark Chocolate Bar

Let's Do...

Carnival Sprinkelz
Confetti Sprinkelz

Scharffen Berger

Dark Mocha Chocolate Bar, 62% Cacao

Canned Goods

Amy's

Organic Refried Beans with Green Chiles
Organic Refried Black Beans, Low in Sodium
Organic Vegetarian Baked Beans

Native Forest

Artichoke Hearts, Quartered
Green Asparagus Spears
Organic Baby Corn
Organic Mango Chunks
Organic Pineapple Chunks
Organic Tropical Fruit Salad

Orgran

Canned Spaghetti in Tomato Sauce

Canned/Jarred Goods

Native Forest

Artichoke Hearts, Marinated

Cereal

Ancient Harvest

Organic Quinoa Flakes 12 oz

Arrowhead Mills

Maple Buckwheat Organic Flakes

Organic Rice & Shine Hot Cereal

Organic Yellow Corn Grits

Barbara's Bakery

Honey Rice Puffins Cereal

Bob's Red Mill

Brown Rice Farina Creamy Rice Hot Cereal

Gluten Free Mighty Tasty Hot Cereal

GlutenFree Rolled Oats

Organic Creamy Buckwheat Hot Cereal

Enjoy Life

Cinnamon Crunch Granola

Cranapple Crunch Granola

Very Berry Crunch Granola

EnviroKidz

Amazon Frosted Flakes Organic Cereal

Gorilla Munch Organic Cereal

Koala Crisp Organic Cereal

Leapin' Lemurs Peanut Butter & Chocolate Organic Cereal

Peanut Butter Panda Puffs Organic Cereal

Gluten Free Oats

Old Fashioned Rolled Oats, 1.25 lb Package

Glutino

Apple & Cinnamon Cereal

Honey Nut Cereal

Nature's Path

Organic Fruit Juice Sweetened Corn Flakes

Organic Honey'd Cornflakes

Organic Mesa Sunrise Cereal

Organic Whole O's Cereal

Perky's

Nutty Rice Cereal

Cheese

Follow Your Heart

Vegan Gourmet Cheddar

Vegan Gourmet Monterey Jack

Vegan Gourmet Mozzarella Cheese

Vegan Gourmet Nacho Cheese

Chips, Pretzels and Snacks

Arico

Cassava Chips, Barbecue Bliss

Cassava Chips, Ginger on Fire

Cassava Chips, Original

Cassava Chips, Sea Salt Mist

Food Should Taste Good

Sweet Potato Tortilla Chips 6 oz

The Works! Tortilla Chips 6 oz

Yellow Corn Tortilla Chips 11 oz

Food Should Taste Good

Chocolate Tortilla Chips 6 oz

Jalapeno Tortilla Chips 6 oz

Multigrain Tortilla Chips 6 oz

Glutino

Breadsticks, Sesame

Pretzel Sticks, Family Bag

Pretzels, Family Bag

Kettle Brand®

Krinkle Cut Potato Chips, Lightly Salted 14 oz

Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 2 oz

Potato Chips, Honey Dijon 2 oz

Potato Chips, Honey Dijon 5 oz

Potato Chips, Lightly Salted 2 oz

Potato Chips, Lightly Salted 5 oz

Potato Chips, New York Cheddar w/ Herbs 2 oz

Potato Chips, New York Cheddar w/ Herbs 5 oz

Potato Chips, Organic Chipotle Chili BBQ 5 oz

Potato Chips, Organic Lightly Salted 5 oz

Potato Chips, Sea Salt & Vinegar 5 oz

Potato Chips, Unsalted 5 oz

Potato Chips, Yogurt & Green Onion 5 oz

Chips, Pretzels and Snacks (Cont'd)

Kettle Brand®

- Baked Potato Chips, Aged White Cheddar 4 oz
- Baked Potato Chips, Hickory Honey BBQ 4 oz
- Baked Potato Chips, Lightly Salted 4 oz
- Baked Potato Chips, Salt & Fresh Ground Pepper 4 oz
- Baked Potato Chips, Sea Salt & Vinegar 4 oz
- Krinkle Cut Potato Chips, Buffalo Bleu 5 oz
- Krinkle Cut Potato Chips, Classic BBQ 14 oz
- Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 5 oz
- Potato Chips, Backyard Barbeque 5 oz
- Potato Chips, Death Valley Chipotle 5 oz
- Potato Chips, Jalapeno 2 oz
- Potato Chips, Jalapeno 5 oz
- Potato Chips, Sour Cream, Onion & Chive 5 oz
- Potato Chips, Spicy Thai 5 oz
- Potato Chips, Sweet Onion 5 oz
- Potato Chips, Tuscan Three Cheese 5 oz

Lundberg Farms

- Brown Rice Cakes
- Fiesta Lime Rice Chips
- Honey Nut Rice Cakes
- Organic Brown Rice Cakes
- Organic Caramel Corn Rice Cakes
- Organic Cinnamon Toast Rice Cake
- Organic Sea Salt Rice Chips
- Organic Sesame Tamari Rice Cakes
- Organic Tamari Seaweed Rice Cakes
- Organic Unsalted Brown Rice Cakes
- Organic Wild Rice Cakes
- Pico de Gallo Rice Chips
- Sante Fe BBQ Rice Chips

Mary's Gone Crackers

- Sticks & Twigs, Sea Salt
- Sticks & Twigs, Tomato Chipotle

Chips, Pretzels and Snacks (Cont'd)

Mr. Krispers

- Baked Rice Krisps, Barbecue
- Baked Rice Krisps, Nacho
- Baked Rice Krisps, Sea Salt & Pepper
- Baked Rice Krisps, Sour Cream & Onion
- Multi-Seed Chips, Original 4 Seed

Condiments

Follow Your Heart

- Vegenaise, High Omega-3 w/ Expeller-Pressed Canola Oil
- Vegenaise, Original

Organicville

- Organic Dressing, Herbs de Provence Vinaigrette
- Organic Dressing, Non Dairy Ranch
- Organic Ketchup
- Organic Original BBQ Sauce

Spectrum

- Canola Mayonnaise 16 oz
- Light Canola Eggless Mayonnaise 32 oz
- Organic Garlic Ranch Omega-3 Dressing
- Organic Olive Oil Mayonnaise
- Organic Omega-3 Mayonnaise with Flax 16 oz
- Organic Soy Mayonnaise 16 oz
- Organic Soy Mayonnaise, Squeeze Bottle

Cookies and Snack Bars

Arico

- Almond Cranberry Cookies
- Chocolate Chunk Cookies

Enjoy Life

- Caramel Apple Snack Bars
- Cocoa Loco Snack Bars
- Soft Baked Chewy Chocolate Chip Cookies
- Soft Baked Chocolate Chip Cookie Pack
- Soft Baked Double Chocolate Brownie Cookies
- Soft Baked Gingerbread Spice Cookie
- Soft Baked Happy Apple Cookies
- Soft Baked Lively Lemon Cookies
- Soft Baked No-Oats "Oatmeal" Cookie

Cookies and Snack Bars (Cont'd)

Enjoy Life

- Soft Baked Snickerdoodle Cookie Pack
- Soft Baked Snickerdoodle Cookies
- Sunbutter Crunch Snack Bars

EnviroKidz

- Cheetah Organic Crispy Rice Bars, Berry
- Koala Organic Crispy Rice Bars, Chocolate
- Panda Organic Crispy Rice Bars, Peanut Butter
- Penguin Organic Crispy Rice Bars, Fruity Burst

Glutino

- Breakfast Bars, Apple
- Breakfast Bars, Blueberry
- Chocolate Coated Wafers
- Lemon Wafers
- Strawberry Wafers

Jennie's

- Almond Macaroons
- Coconut Macaroons

Kinnikinnick

- KinniKritters Animal Cookies
- KinniTOOS Chocolate Sandwich Creme Cookies
- KinniTOOS Vanilla Sandwich Creme Cookies
- Montana's Chocolate Chip Cookies

Let's Do...

- Gluten Free Ice Cream Cones

Mi-Del

- Arrowroot Animal Cookies
- Chocolate Chip Cookies
- Ginger Snaps

Orgran

- Blueberry Fruit-Filled Bars

Pamela's Products

- Butter Shortbread Cookies
- Chocolate Chip Walnut Cookies
- Chunky Chocolate Chip Cookies
- Ginger Cookies with Sliced Almonds
- Lemon Shortbread Cookies
- Old Fashioned Raisin Walnut Cookies
- Peanut Butter Cookies

Cookies and Snack Bars (Cont'd)

Pamela's Products

- Pecan Shortbread Cookies
- Simplebites Ginger Mini Snapz

WFM Gluten Free Bakehouse

- Chocolate Chip Cookies
- Molasses Ginger Cookies
- Nutmeal Raisin Cookies
- Peanut Butter Cookies

Crackers

Blue Diamond

- Almond Nut-Thins
- Cheddar Cheese Nut-Thins
- Country Ranch Nut-Thins
- Hazelnut Nut-Thins
- Pecan Nut-Thins
- Smokehouse Almond Nut-Thins

Edward & Sons

- Brown Rice Snaps, Tamari Sesame
- Exotic Rice Toast, Brown Jasmine Rice & Spring Onion
- Exotic Rice Toast, Purple Rice & Black Sesame
- Organic Brown Rice Snaps, Cheddar
- Organic Brown Rice Snaps, Toasted Onion
- Organic Brown Rice Snaps, Unsalted Plain
- Organic Brown Rice Snaps, Vegetable

Glutino

- Crackers, Cheddar
- Crackers, Original
- Crackers, Vegetable

Mary's Gone Crackers

- Crackers, Black Pepper
- Crackers, Herb
- Crackers, Onion
- Crackers, Original

Dairy

Brown Cow

- Apricot-Mango Whole Milk Yogurt, 6 oz
- Blueberry Whole Milk Yogurt, 6 oz

Dairy (Cont'd)

Brown Cow

- Cherry-Vanilla Whole Milk Yogurt, 6 oz
- Chocolate Whole Milk Yogurt, 6 oz
- Coffee Whole Milk Yogurt, 6 oz
- Low Fat Plain Yogurt, 32 oz
- Low Fat Strawberry Yogurt, 6 oz
- Low Fat Vanilla Bean Yogurt, 6 oz
- Low Fat Vanilla Yogurt, 32 oz
- Maple Whole Milk Yogurt, 32 oz
- Maple Whole Milk Yogurt, 6 oz
- Non Fat Plain Yogurt, 32 oz
- Non Fat Vanilla Yogurt, 32 oz
- Peach Whole Milk Yogurt, 6 oz
- Plain Whole Milk Yogurt, 32 oz
- Plain Whole Milk Yogurt, 6 oz
- Vanilla Whole Milk Yogurt, 32 oz
- Vanilla Whole Milk Yogurt, 6 oz

Earth Balance

- Buttery Spread with Olive Oil
- Buttery Sticks
- Organic Whipped Buttery Spread
- Original Buttery Spread
- Soy Free Buttery Spread
- Soy Garden Buttery Spread

Stonyfield Farm

- Organic Cream Top Chocolate Underground, 6 oz
- Organic Cream Top French Vanilla, 6 oz
- Organic Cream Top Plain Yogurt, 32 oz
- Organic Cream Top Strawberries & Cream Yogurt, 6 oz
- Organic Fat Free Black Cherry Yogurt, Fruit on the Bottom, 6 oz
- Organic Fat Free Blueberry Yogurt, Fruit on the Bottom, 6 oz
- Organic Fat Free Chocolate Underground Yogurt, 6 oz
- Organic Fat Free French Vanilla Yogurt, 32 oz
- Organic Fat Free French Vanilla Yogurt, 6 oz
- Organic Fat Free Key Lime Yogurt, 6 oz
- Organic Fat Free Lotsa Lemon Yogurt, 6 oz
- Organic Fat Free Peach Yogurt, 6 oz

Dairy (Cont'd)

Stonyfield Farm

- Organic Fat Free Plain Yogurt, 32 oz
- Organic Fat Free Strawberry, 6 oz
- Organic Low Fat Blueberry Yogurt, 6 oz
- Organic Low Fat Just Peachy Yogurt, Fruit on the Bottom, 6 oz
- Organic Low Fat Plain Yogurt, 32 oz
- Organic Low Fat Plain Yogurt, 6 oz
- Organic Low Fat Raspberry Yogurt, 6 oz
- Organic Low Fat Strawberry Pomegranate Yogurt, 6 oz
- Organic Low Fat Strawberry Yogurt, Fruit on the Bottom, 6 oz
- Organic Low Fat Vanilla Yogurt
- Organic Low Fat Vanilla, 32 oz
- Organic Strawberry Yogurt Smoothies, 4 pack
- Organic Vanilla Yogurt Smoothie, 10 oz
- Organic Wild Berry Yogurt Smoothie, 10 oz
- Organic Wild Berry Yogurt Smoothies, 4 pack
- YoBaby Banana/Vanilla Yogurt
- YoBaby Blueberry/Apple Yogurt
- YoBaby Peach/Pear Yogurt
- YoKids Squeezers Cherry/Berry Blitz
- YoKids Squeezers Screamin' Strawberry
- YoKids Strawberry BaNilla Blast Yogurt
- YoKids Strawberry Vanilla Raspberry Yogurt

Dairy Alternatives

365 Everyday Value™

- Organic Ricemilk - Original
- Organic Ricemilk - Unsweetened
- Organic Ricemilk - Vanilla
- Organic Soymilk - Chocolate, 32 oz
- Organic Soymilk - Chocolate, 64 oz
- Organic Soymilk - Original, 32 oz
- Organic Soymilk - Unsweetened, 32 oz
- Organic Soymilk - Unsweetened, 64 oz
- Organic Soymilk - Vanilla, 32 oz
- Organic Soymilk - Vanilla, 64 oz

Dairy Alternatives (Cont'd)

Almond Dream

Almond Drink, Unsweetened Original 64 oz

Blue Diamond

Almond Breeze, Chocolate
Almond Breeze, Chocolate Unsweetened
Almond Breeze, Original
Almond Breeze, Original Unsweetened
Almond Breeze, Vanilla
Almond Breeze, Vanilla Unsweetened

Eden

Organic EdenBlend, Rice & Soy Beverage, 32 oz

Follow Your Heart

Vegan Gourmet Cheddar
Vegan Gourmet Monterey Jack
Vegan Gourmet Mozzarella Cheese
Vegan Gourmet Nacho Cheese

Hemp Dream

Hemp Dream, Original 12/32 oz
Hemp Dream, Vanilla 12/32 oz

Rice Dream

Enriched Rice Milk Beverage, Chocolate 32 oz
Enriched Rice Milk Beverage, Original 8 oz
Enriched Rice Milk Beverage, Vanilla 32 oz
Organic Enriched Rice Milk Beverage, Original 32 oz
Organic Enriched Rice Milk Beverage, Original 64 oz
Organic Enriched Rice Milk Beverage, Vanilla 64 oz
Refrigerated Ricemilk, Original 64 oz
Refrigerated Ricemilk, Vanilla 64 oz
Rice Milk Beverage, Carob 32 oz
Rice Milk Beverage, Original 32 oz
Rice Milk Beverage, Vanilla 32 oz
Rice Milk Beverage, Vanilla 8 oz

So Delicious

Blueberry Cultured Coconut Milk Yogurt
Hazelnut Coconut Milk Creamer
Original (Plain) Coconut Milk Beverage
Original (Plain) Coconut Milk Creamer

Dairy Alternatives (Cont'd)

So Delicious

Original (Plain) Coconut Milk Kefir
Plain Cultured Coconut Milk Yogurt
Raspberry Cultured Coconut Milk Yogurt
Strawberry Coconut Milk Kefir
Vanilla Coconut Milk Beverage
Vanilla Coconut Milk Kefir
Vanilla Cultured Coconut Milk Yogurt

WestSoy

Longevity Soy Beverage, Plain 32 oz
Longevity Soy Beverage, Vanilla 32 oz
Organic Soy Beverage, Unsweetened Original 64 oz
Plus Soy Beverage, Plain 64 oz
Plus Soy Beverage, Vanilla 32 oz

Deli Style Meats and Cheeses

Applegate Farms

Canadian Bacon
Organic Sliced Oven Roasted Chicken
Sliced Authentic Prosciutto
Sliced Honey Maple Turkey
Sliced Organic Herb Turkey
Sliced Organic Smoked Turkey
Sliced Oven Roasted Sliced Turkey
Sliced Pancetta
Sliced Smoked Turkey
Sliced Turkey Salami

Desserts

French Meadow Bakery

Gluten Free Fudge Brownie

WFM Gluten Free Bakehouse

Carrot Cake
Cherry Pie
Chocolate Cupcakes
Southern Pecan Pie
Vanilla Cupcakes

Energy and Nutrition Bars/Drinks

Bumble Bar

- Chocolate Crisp
- Lushus Lemon
- Original with Almond
- Original with Peanut

Prana Bar

- Organic Apricot Goji
- Organic Coconut Acai
- Organic Pear Ginseng

Entrees and Mixes

365 Everyday Value™

- Gluten Free All Purpose Baking Mix
- Gluten Free Chocolate Brownie Mix
- Gluten Free Chocolate Cake Mix
- Gluten Free Muffin Mix
- Gluten Free Pancake & Waffle Mix
- Gluten Free Pizza Crust Mix
- Gluten Free Sandwich Bread Mix
- Gluten Free White Cake Mix

Bob's Red Mill

- TVP (Textured Vegetable Protein)

Chebe

- Cinnamon Rolls Mix
- Focaccia Flatbread Mix

Cherrybrook Kitchen

- Chocolate Frosting Mix

Edward & Sons

- Chreesy Mashed Potato Mix
- Organic Home Style Mashed Potato Mix

Ian's Natural Foods

- Pasta Dinner Kit, Wheat Free Gluten Free

Lundberg Farms

- Butternut Squash Risotto
- Cheddar Broccoli Risotto
- Garlic Primavera Risotto

Mrs. Leeper's

- Beef Lasagna Dinner
- Chicken Alfredo Dinner
- Creamy Tuna Dinner

Entrees and Mixes (Cont'd)

Namaste

- Brownie Mix
- Muffin Mix
- Spice Cake Mix
- Vanilla Cake Mix

Orgran

- Chocolate Muffin Mix

Road's End Organics

- Dairy Free Alfredo Style Mac & Chreese
- Dairy Free Cheddar Style Penne & Chreese
- Organic Golden Gravy Mix
- Organic Savory Herb Gravy Mix

Tasty Bite

- Aloo Palak
- Bombay Potatoes
- Channa Masala
- Jaipur Vegetables
- Jodhpur Lentils
- Kashmir Spinach
- Madras Lentils
- Massaman Vegetables
- Mushroom Takatak
- Punjab Eggplant
- Spinach Dal
- Spinach Soy
- Sprouts Curry & Basmati Rice
- Vegetable Korma

Tasty Bite

- Spinach Dal & Basmati Rice

Ethnic Foods

Amy's

- Organic Asian Noodle Stir-Fry
- Organic Black Bean Enchilada Whole Meal
- Organic Black Bean Tamale Verde Whole Meal
- Organic Cheese Enchilada
- Organic Cheese Enchilada Whole Meal
- Organic Cheese Tamale Verde Whole Meal
- Organic Indian Mattar Paneer
- Organic Indian Mattar Paneer, Light in Sodium
- Organic Indian Mattar Tofu

Ethnic Foods (Cont'd)

Amy's

- Organic Indian Palak Paneer
- Organic Indian Paneer Tikka
- Organic Mexican Casserole Bowl
- Organic Mexican Tamale Pie
- Organic Mexican Tofu Scramble
- Organic Roasted Vegetable Tamale Whole Meal
- Organic Thai Stir-Fry
- Organic Tortilla Casserole & Black Beans Bowl

Edward & Sons

- Brown Rice Snaps, Tamari Sesame
- Miso-Cup, Organic Japanese Restaurant Style
- Miso-Cup, Organic Reduced Sodium
- Miso-Cup, Organic Traditional with Tofu

Food For Life

- Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

Food Merchants

- Organic Polenta, Sundried Tomato & Garlic
- Organic Polenta, Traditional
- Organic Quinoa Polenta, Heirloom Red & Black

Organicville

- Organic Island Teriyaki
- Organic Sesame Teriyaki

Tasty Bite

- Aloo Palak
- Bombay Potatoes
- Channa Masala
- Jaipur Vegetables
- Jodhpur Lentils
- Kashmir Spinach
- Madras Lentils
- Massaman Vegetables
- Mushroom Takatak
- Punjab Eggplant
- Spinach Dal
- Spinach Soy
- Sprouts Curry & Basmati Rice

Ethnic Foods (Cont'd)

Tasty Bite

- Vegetable Korma

Tasty Bite

- Spinach Dal & Basmati Rice

Frozen Foods

Amy's

- Organic Asian Noodle Stir-Fry
- Organic Baked Ziti Bowl
- Organic Bistro Veggie Burger
- Organic Black Bean Enchilada Whole Meal
- Organic Black Bean Tamale Verde Whole Meal
- Organic Brown Rice & Vegetables Bowl, Light in Sodium
- Organic Brown Rice, Black-Eyed Peas & Veggies Bowl
- Organic Cheese Enchilada
- Organic Cheese Enchilada Whole Meal
- Organic Cheese Tamale Verde Whole Meal
- Organic Garden Vegetable Lasagna
- Organic Indian Mattar Paneer
- Organic Indian Mattar Paneer, Light in Sodium
- Organic Indian Mattar Tofu
- Organic Indian Palak Paneer
- Organic Indian Paneer Tikka
- Organic Mexican Casserole Bowl
- Organic Mexican Tamale Pie
- Organic Mexican Tofu Scramble
- Organic Rice Crust Cheese Pizza
- Organic Rice Crust Spinach Pizza
- Organic Rice Mac & Cheese
- Organic Roasted Vegetable Tamale Whole Meal
- Organic Shepherd's Pie, Light in Sodium
- Organic Thai Stir-Fry
- Organic Tofu Scramble
- Organic Tortilla Casserole & Black Beans Bowl

Applegate Farms

- Maple Breakfast Sausage
- Sage Breakfast Sausage

Frozen Foods (Cont'd)

French Meadow Bakery

Gluten Free Chocolate Chip Cookie Dough
Gluten Free Fudge Brownie

Glutino

Chicken Alfredo
Pizza, Spinach Feta

Ian's Natural Foods

Ian's Chicken Nuggets, Allergen Free
Popcorn Turkey Corn Dogs
Wafflewich, Egg & Maple Cheese, Wheat Free
Gluten Free

It's Soy Delicious

Green Tea Non-Dairy Frozen Dessert
Raspberry Non-Dairy Frozen Dessert

Purely Decadent

Blueberry Cheesecake Non-Dairy Frozen Dessert
Cherry Nirvana Non-Dairy Frozen Dessert
Chocolate Non-Dairy Frozen Coconut Milk Dessert
Cookie Dough Non-Dairy Frozen Coconut Milk
Dessert
Mint Chip Non-Dairy Frozen Coconut Milk Dessert
Mint Chocolate Chip Non-Dairy Frozen Dessert
Mocha Almond Fudge Non-Dairy Frozen Coconut
Milk Dessert
Mocha Almond Fudge Non-Dairy Frozen Dessert
Passionate Mango Non-Dairy Frozen Coconut Milk
Dessert
Praline Pecan Non-Dairy Frozen Dessert
Purely Vanilla Non-Dairy Frozen Dessert

Rice Dream

Cocoa Marble Fudge Frozen Dessert, Quart
Vanilla Frozen Dessert, Quart

So Delicious

Kidz Assorted Fruit Pops
Vanilla Bar, Made with Coconut Milk

Frozen Foods (Cont'd)

Starfish

Crispy Battered Gluten Free Cod
Crispy Battered Gluten Free Halibut

Van's

Wheat Free Blueberry Waffles
Wheat Free Buckwheat Waffles
Wheat Free Homestyle Pancakes
Wheat Free Homestyle Waffles
Wheat Free Mini Homestyle Waffles

Grains and Rice

Ancient Harvest

Inca Red Organic Quinoa 12 oz
Traditional Organic Quinoa 12 oz

Lundberg Farms

Butternut Squash Risotto
Cheddar Broccoli Risotto
Eco-Farmed California White Arborio Rice
Eco-Farmed California White Basmati Rice
Eco-Farmed California White Jasmine Rice
Eco-Farmed Countrywild Gourmet Blend Rice
Eco-Farmed Jubilee Gourmet Blend Rice
Eco-Farmed Wild Blend Gourmet Blend Rice
Organic California Brown Basmati Rice
Organic California White Basmati Rice
Organic California White Jasmine Rice
Organic Long Grain Brown Rice
Organic Short Grain Brown Rice

Tasty Bite

Basmati Rice
Brown Rice

Jams and Nut Butters

Arrowhead Mills

Organic Creamy Peanut Butter, 16 oz

Blue Diamond

Homestyle Almond Butter, Creamy
Homestyle Almond Butter, Crunchy
Homestyle Almond Butter, Honey

Jams and Nut Butters (Cont'd)

Earth Balance

- Creamy Natural Peanut Butter
- Crunchy Natural Peanut Butter

Meat Alternatives

Bob's Red Mill

- TVP (Textured Vegetable Protein)

Meat and Poultry

Applegate Farms

- Beef Hot Dogs
- Chicken Apple Breakfast Sausage
- Chicken Hot Dogs
- Greatest Little Organic Smokey Cocktail Frank
- Maple Breakfast Sausage
- Organic Chicken Hot Dogs
- Organic Hot Dogs
- Organic Sliced Sunday Bacon
- Organic Turkey Hot Dogs
- Sage Breakfast Sausage
- Turkey Hot Dogs

Nutritional Supplements

Country Life

- Active Lipoic Acid, 60 ct
- Chromium Picolinate Capsules, 100 ct
- DHEA 10mg Capsules, 50 ct
- DHEA 25mg Capsules, 30 ct
- L-Arginine + L-Ornithine 1000mg Capsules with B-6, 90 ct
- L-Arginine 500mg Capsules with B-6, 100 ct
- L-Arginine 500mg Capsules with B-6, 50 ct
- L-Glutamine 1000mg Capsules with B-6, 100 ct
- L-Tyrosine 500mg Capsules with B-6, 100 ct
- Max-Amino Capsules with B-6, 90 ct
- Melatonin 1mg Tablets, 60 ct
- Olive Leaf Extract, 60 ct
- Target-Mins Calcium-Magnesium Capsules, 180 ct

Nutritional Supplements (Cont'd)

Country Life

- Target-Mins Calcium-Magnesium Capsules, 90 ct
- Target-Mins Calcium-Magnesium Complex Tablets, 90 ct
- Target-Mins Calcium-Magnesium-Potassium Tablets, 180 ct
- Target-Mins Calcium-Magnesium-Veg Capsules, 120 ct
- Vanadyl Sulfate 5000mcg Capsules, 180 ct
- Vanadyl Sulfate 5000mcg Capsules, 90 ct

Nuts, Seeds and Dried Fruits

Bob's Red Mill

- Hulled Hemp Seeds
- Organic Golden Flaxseeds

Enjoy Life

- Not Nuts! Beach Bash Trail Mix
- Not Nuts! Mountain Mambo Trail Mix

Pasta

Ancient Harvest

- Quinoa Supergrain Pasta, Elbows 8 oz
- Quinoa Supergrain Pasta, Garden Pagodas 8 oz
- Quinoa Supergrain Pasta, Linguine 8 oz
- Quinoa Supergrain Pasta, Shells 8 oz
- Quinoa Supergrain Pasta, Veggie Curls 8 oz

Bionaturae

- Organic Gluten Free Fusilli
- Organic Gluten Free Spaghetti

DeBoles Foods

- Corn Spaghetti
- Multi-Grain Penne
- Multi-Grain Spaghetti
- Rice Angel Hair Pasta
- Rice Lasagna

Lundberg Farms

- Organic Brown Rice Penne Pasta
- Organic Brown Rice Spaghetti Pasta

Pasta (Cont'd)

Mrs. Leeper's

Corn Spaghetti

Orgran

Rice & Corn Lasagne Mini Sheets

Rice Spirals

Vegetable Rice Spirals

Tinkyada

Brown Rice Elbow

Brown Rice Fettucini

Brown Rice Fusilli

Brown Rice Penne

Brown Rice Shells

Brown Rice Spaghetti

Brown Rice Spirals

Organic Brown Rice Elbow

Organic Brown Rice Lasagne

Organic Brown Rice Spaghetti

Vegetable Brown Rice Spirals

Pasta Sauce

Amy's

Organic Low Sodium Marinara Sauce

Organic Tomato Basil Pasta Sauce

Personal Care

Tom's of Maine

Calendula Stick Deodorant

Cinnamint Antiplaque with Propolis & Myrrh
Toothpaste

Cinnamon Clove Whole Care Toothpaste

Fennel Anticavity SLS-Free Toothpaste

Fennel Antiplaque Tartar Control Plus Whitening
Toothpaste

Honeysuckle Rose Stick Deodorant

Lavender Long Lasting Roll-on Deodorant

Lavender Long Lasting Stick Deodorant

Orange-Mango Whole Care Gel Toothpaste

Outrageous Orange-Mango Anticavity Toothpaste

Peppermint Anticavity SLS-Free Toothpaste

Peppermint Baking Soda Mouthwash

Peppermint Whole Care Gel Toothpaste

Personal Care (Cont'd)

Tom's of Maine

Peppermint Whole Care Toothpaste

Silly Strawberry Anticavity Toothpaste

Silly Strawberry Non-Fluoride Toothpaste

Spearmint Antiplaque SLS-Free Toothpaste

Spearmint Anti-Plaque Plus Whitening Gel
Toothpaste

Spearmint Anti-Plaque Tartar Control Plus
Whitening Toothpaste

Spearmint Anticavity ADA Mouthwash

Spearmint Cleansing Mouthwash

Spearmint Whole Care Gel Toothpaste

Unscented Stick Deodorant

Wintermint Sensitive Toothpaste

Wintermint Whole Care Toothpaste

Woodspice Stick Deodorant

Prepared Foods

Food Merchants

Organic Polenta, Sundried Tomato & Garlic

Organic Polenta, Traditional

Organic Quinoa Polenta, Heirloom Red & Black

Sauces, Salsas and Dips

Amy's

Organic Black Bean & Corn Salsa

Organic Medium Salsa

Organicville

Organic Island Teriyaki

Organic Medium Salsa

Organic Mild Salsa

Organic Sesame Teriyaki

Road's End Organics

Non-Dairy Nacho Chreese Dip, Mild

Organic Golden Gravy Mix

Organic Savory Herb Gravy Mix

Seafood

Starfish

- Crispy Battered Gluten Free Cod
- Crispy Battered Gluten Free Halibut

Soups

Amy's

- Organic Black Bean Vegetable Soup
- Organic Chunky Tomato Bisque
- Organic Chunky Vegetable Soup
- Organic Cream of Tomato Soup
- Organic Cream of Tomato Soup, Light in Sodium
- Organic Curried Lentil Soup
- Organic Fire Roasted Southwestern Vegetable Soup
- Organic Lentil Soup
- Organic Lentil Soup, Light in Sodium
- Organic Lentil Vegetable Soup
- Organic Lentil Vegetable Soup, Light in Sodium
- Organic Medium Chili
- Organic Medium Chili with Vegetables
- Organic Medium Chili, Light in Sodium
- Organic Southwestern Black Bean Chili
- Organic Spicy Chili
- Organic Spicy Chili, Light in Sodium
- Organic Split Pea Soup
- Organic Split Pea Soup, Light in Sodium
- Organic Summer Corn & Vegetable Soup
- Organic Thai Coconut Soup (Tom Kha Phak)
- Organic Tuscan Bean & Rice Soup

Edward & Sons

- Miso-Cup, Organic Japanese Restaurant Style
- Miso-Cup, Organic Reduced Sodium
- Miso-Cup, Organic Traditional with Tofu

Imagine Foods

- Broccoli Soup 16 oz
- Broccoli Soup 32 oz
- Butternut Squash Soup 16 oz
- Butternut Squash Soup 32 oz
- Corn & Lemongrass Soup 16 oz
- Corn & Lemongrass Soup 32 oz
- Creamy Tomato Soup 16 oz

Soups (Cont'd)

Imagine Foods

- Free Range Chicken Broth 32 oz
- No Chicken Broth 32 oz
- Organic Acorn Squash & Mango Soup 32 oz
- Organic Chicken Broth, Low Sodium 32 oz
- Organic Corn Soup, Low Sodium 32 oz
- Organic Portabello Mushroom Soup 32 oz
- Organic Potato Soup, Low Sodium 32 oz
- Organic Sweet Pea Soup 32 oz
- Organic Tomato Soup, Low Sodium 32 oz
- Organic Vegetable Broth, Low Sodium 32 oz
- Portabello Mushroom Soup 16 oz
- Potato Leek Soup 16 oz
- Potato Leek Soup 32 oz
- Sweet Potato Soup 32 oz
- Tomato Basil Soup 32 oz

Specialty Foods

WFM Gluten Free Bakehouse

- Stuffing Cubes

Spices and Seasonings

Bob's Red Mill

- Cornstarch

Edward & Sons

- Bouillon Cubes, Not-Beef
- Bouillon Cubes, Not-Chick'n

Sweeteners

Lundberg Farms

- Organic Brown Rice Syrup