

Gluten Free

SPECIAL DIETS SERIES

CELEBRATING
YOUR
CHOICES



Parkway Store, Southwest Region

Whole Foods Market is excited to bring you "Celebrating Your Choices," a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product. If you have any questions, you may contact us at WFMSpecialDiets@wholefoods.com.

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Baby & Infant Food

Stonyfield Farm

YoBaby Banana/Vanilla Yogurt
YoBaby Blueberry/Apple Yogurt
YoBaby Drinkable Yogurt, Banana
YoBaby Drinkable Yogurt, Peach
YoBaby Simply Plain Yogurt

Baked Goods

WFM Gluten Free Bakehouse

Almond Scones
Apple Pie
Banana Bread
Blueberry Muffins
Carrot Cake
Cheddar Biscuits
Cherry Pie
Chocolate Chip Cookies
Chocolate Cupcakes
Cinnamon Raisin Bread
Cornbread
Cranberry Orange Scones
Cream Biscuits
Molasses Ginger Cookies
Peach Pie
Peanut Butter Cookies
Pie Shells
Pizza Crust
Prairie Bread
Pumpkin Pie

Baked Goods (Cont'd)

WFM Gluten Free Bakehouse

Sandwich Bread
Southern Pecan Pie
Stuffing Cubes
Sundried Tomato & Garlic Bread
Vanilla Cupcakes

Baking Needs

365 Everyday Value™

Gluten Free All Purpose Baking Mix
Gluten Free Chocolate Brownie Mix
Gluten Free Chocolate Cake Mix
Gluten Free Chocolate Chip Cookie Mix
Gluten Free Muffin Mix
Gluten Free Pizza Crust Mix
Gluten Free Sandwich Bread Mix
Gluten Free White Cake Mix

Ancient Harvest

Organic Quinoa Flour 18 oz

Arrowhead Mills

Blue Corn Meal
Gluten Free All Purpose Baking Mix
Gluten Free Brownie Mix
Gluten Free Pancake & Baking Mix
Long Grain Brown Rice Flour
Millet Flour
Soy Flour
White Rice Flour
Yellow Corn Meal

Bob's Red Mill

Almond Flour
Arrowroot Starch Flour
Baking Powder
Baking Soda
Brown Rice Flour

Baking Needs (Cont'd)

Bob's Red Mill

- Flaxseed Meal
- Garbanzo Bean Flour
- Gluten Free All Purpose Baking Flour
- Gluten Free Biscuit & Baking Mix
- Gluten Free Cornbread Mix
- Gluten Free Cornmeal
- Gluten Free Garbanzo & Fava Bean Flour
- Gluten Free Homemade Wonderful Bread Mix
- Gluten Free Pizza Crust Mix
- Gluten Free Sweet White Sorghum Flour
- GlutenFree Rolled Oats
- Hazelnut Meal/Flour
- Hemp Protein Powder
- Organic Amaranth Flour
- Organic Coconut Flour
- Organic Flaxseed Meal
- Organic Golden Flaxseed Meal
- Potato Flour
- Potato Starch
- Soy Lecithin Granules
- Tapioca Flour
- Teff Flour
- White Rice Flour
- Xanthan Gum

Chebe

- All-Purpose Mix
- Focaccia Flatbread Mix

Earth Balance

- Shortening

Enjoy Life

- Semi-Sweet Chocolate Chips

Gluten Free Pantry

- Chocolate Chip Cookie & Cake Mix
- French Bread & Pizza Mix
- Muffins & Scone Mix
- Old Fashioned Cake & Cookie Mix

Let's Do... Organic

- Organic Shredded Coconut
- Organic Tapioca Pearls
- Organic Tapioca Starch

Baking Needs (Cont'd)

Namaste

- Brownie Mix
- Pizza Crust Mix
- Spice Cake Mix
- Waffle & Pancake Mix

Pamela's Products

- Baking & Pancake Mix
- Baking & Pancake Mix, 4 lb
- Chocolate Brownie Mix
- Chocolate Cake Mix
- Gluten-Free Bread Mix

Spicely

- Organic Vanilla Extract

WFM Gluten Free Bakehouse

- Pie Shells

Beverages

Bard's Beer

- Bard's Gold, 6-Pack

Celestial Seasonings

- Caffeine Free Celestial Tea, 40 Ct
- China Pearl White Tea, 20 Ct
- Cinnamon Apple Spice Tea, 20 Ct
- Cranberry Apple Zinger Tea, 20 Ct
- Decaf Green Tea, 25 Ct
- Honey Lemon Ginseng Green Tea, 20 Ct
- Nutcracker Sweet Herbal Tea
- Peppermint Tea, 20 Ct
- Red Zinger Tea, 20 Ct
- Safari Spice Red Tea, 20 Ct
- Sleepytime Extra Tea, 20 Ct
- Sleepytime Tea, 40 Ct
- Sugar Plum Spice, 20 Ct
- Tension Tamer Tea, 20 Ct
- Tropical Strawberry, 20 Ct

Eden

- Organic EdenBlend, Rice & Soy Beverage, 32 oz

Rice Dream

- Horchata
- Rice Nog

Beverages (Cont'd)

So Delicious

Original (Plain) Coconut Milk Beverage
Unsweetened Coconut Milk Beverage
Vanilla Coconut Milk Beverage

Bread

Food For Life

Brown Rice Bread, Wheat & Gluten Free
Millet Bread, Wheat & Gluten Free
Raisin Pecan Bread, Wheat & Gluten Free
Rice Almond Bread, Wheat & Gluten Free
Rice Pecan Bread, Wheat & Gluten Free
White Rice Bread, Wheat & Gluten Free
Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

Food for Life

Yeast Free Multi Seed Rice Bread, Wheat & Gluten Free

French Meadow Bakery

Gluten Free Tortillas, 7"

Glutino

Premium Cinnamon & Raisin Bread
Premium Corn Bread
Premium Fiber Bread
Premium Flax Seed Bread

WFM Gluten Free Bakehouse

Cheddar Biscuits
Cinnamon Raisin Bread
Cornbread
Cream Biscuits
Hamburger Buns
Prairie Bread
Sandwich Bread
Sundried Tomato & Garlic Bread

Candy and Chocolate

Endangered Species Chocolate

Bite Size Dark Chocolate with Cranberries & Almonds
Bite Size Extreme Dark Chocolate
Bite Size Supreme Dark Chocolate

Candy and Chocolate (Cont'd)

Endangered Species Chocolate

Dark Chocolate with Blueberries - Sea Turtle
Dark Chocolate with Cranberries & Almonds - Wolf
Dark Chocolate with Raspberries - Grizzly Bear
Intense Dark Chocolate with Cacao Nibs - Bat
Organic Health Dark Chocolate with Cacao Nibs, Yacon & Acai
Organic Health Dark Chocolate with Goldenberry & Lucuma
Smooth Organic Dark Chocolate - Butterfly
Smooth Organic Dark Chocolate with Orange - Zebra
Smooth Organic Milk Chocolate - Lion
Supreme Dark Chocolate - Chimpanzee

Enjoy Life

Boom Choco Boom Dairy-Free Rice Milk Chocolate Bar

Let's Do... Organic

Organic Classic Gummi Bears

Scharffen Berger

Bittersweet Chocolate Bar, 70% Cacao
Mocha Dark Chocolate Bar
Nibby Dark Chocolate Bar

Canned Goods

Amy's

Organic Refried Beans with Green Chiles
Organic Refried Black Beans
Organic Refried Black Beans, Low in Sodium
Organic Traditional Refried Beans
Organic Vegetarian Baked Beans

Native Forest

Artichoke Hearts, Quartered
Artichoke Hearts, Whole
Green Asparagus Cuts & Tips
Green Asparagus Spears
Organic Hearts of Palm
Organic Mango Chunks
Organic Pineapple Chunks

Canned Goods (Cont'd)

Native Forest

Organic Pineapple, Crushed
Organic Tropical Fruit Salad

Orgran

Canned Spaghetti in Tomato Sauce

Canned/Jarred Goods

Native Forest

Artichoke Hearts, Marinated

Cereal

Amy's

Organic Cream of Rice Hot Cereal Bowl

Ancient Harvest

Organic Quinoa Flakes 12 oz

Arrowhead Mills

Maple Buckwheat Organic Flakes
Organic Rice & Shine Hot Cereal
Organic Yellow Corn Grits
Sweetened Organic Rice Flakes

Bakery On Main

Extreme Fruit & Nut Gluten Free Granola
Nutty Cranberry Gluten Free Granola

Barbara's Bakery

Honey Rice Puffins Cereal

Bob's Red Mill

Gluten Free Mighty Tasty Hot Cereal
GlutenFree Rolled Oats

Enjoy Life

Cinnamon Crunch Granola
Cranapple Crunch Granola
Very Berry Crunch Granola

EnviroKidz

Amazon Frosted Flakes Organic Cereal
Gorilla Munch Organic Cereal
Koala Crisp Organic Cereal
Leapin' Lemurs Peanut Butter & Chocolate Organic Cereal
Peanut Butter Panda Puffs Organic Cereal

Cereal (Cont'd)

Gluten Free Oats

Old Fashioned Rolled Oats, 1.25 lb Package

Lundberg Farms

Organic Pure Creamy Rice Cereal

Nature's Path

Organic Crispy Rice Cereal
Organic Fruit Juice Sweetened Corn Flakes
Organic Honey'd Cornflakes
Organic Mesa Sunrise Cereal

Cheese

Follow Your Heart

Vegan Gourmet Cheddar
Vegan Gourmet Cream Cheese
Vegan Gourmet Monterey Jack
Vegan Gourmet Mozzarella Cheese
Vegan Gourmet Nacho Cheese
Vegan Gourmet Sour Cream

Chips, Pretzels and Snacks

Arico

Cassava Chips, Barbecue Bliss
Cassava Chips, Ginger on Fire
Cassava Chips, Original
Cassava Chips, Sea Salt Mist

Food Should Taste Good

Lime Tortilla Chips 5.5 oz
Multigrain Tortilla Chips 12 oz
Potato & Chive Tortilla Chips 5.5 oz
Sweet Potato Tortilla Chips 6 oz
The Works! Tortilla Chips 6 oz
Yellow Corn Tortilla Chips 11 oz

Food Should Taste Good

Jalapeno Tortilla Chips 6 oz
Multigrain Tortilla Chips 6 oz
Olive Tortilla Chips 6 oz

Glutino

Breadsticks, Pizza Flavor
Pretzel Sticks, Family Bag
Pretzels, Family Bag
Pretzels, Snack Pack

Chips, Pretzels and Snacks (Cont'd)

Glutino

- Pretzels, Sticks
- Pretzels, Unsalted

Kettle Brand®

- Krinkle Cut Potato Chips, Lightly Salted 14 oz
- Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 14 oz
- Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 2 oz
- Potato Chips, Honey Dijon 2 oz
- Potato Chips, Honey Dijon 5 oz
- Potato Chips, Lightly Salted 14 oz
- Potato Chips, Lightly Salted 2 oz
- Potato Chips, Lightly Salted 5 oz
- Potato Chips, New York Cheddar w/ Herbs 5 oz
- Potato Chips, Organic Chipotle Chili BBQ 5 oz
- Potato Chips, Organic Lightly Salted 5 oz
- Potato Chips, Sea Salt & Vinegar 5 oz
- Potato Chips, Unsalted 5 oz

Kettle Brand®

- Baked Potato Chips, 100 Calorie, Lightly Salted .80 oz
- Baked Potato Chips, Hickory Honey BBQ 4 oz
- Baked Potato Chips, Lightly Salted 4 oz
- Baked Potato Chips, Salt & Fresh Ground Pepper 4 oz
- Baked Potato Chips, Sea Salt & Vinegar 4 oz
- Krinkle Cut Potato Chips, Buffalo Bleu 5 oz
- Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 5 oz
- Potato Chips, Backyard Barbeque 5 oz
- Potato Chips, Death Valley Chipotle 5 oz
- Potato Chips, Jalapeno 2 oz
- Potato Chips, Jalapeno 5 oz
- Potato Chips, Sour Cream, Onion & Chive 5 oz
- Potato Chips, Spicy Thai 5 oz
- Potato Chips, Sweet Onion 5 oz
- Potato Chips, Tuscan Three Cheese 5 oz

Chips, Pretzels and Snacks (Cont'd)

Lundberg Farms

- Buttery Caramel Rice Cakes
- Organic Brown Rice Cakes
- Organic Cinnamon Toast Rice Cake
- Organic Sea Salt Rice Chips
- Organic Tamari Seaweed Rice Cakes
- Organic Unsalted Brown Rice Cakes
- Organic Wild Rice Cakes
- Pico de Gallo Rice Chips
- Sesame Seaweed Rice Chips
- Unsalted Brown Rice Cakes

Mary's Gone Crackers

- Sticks & Twigs, Tomato Chipotle

Condiments

Eden

- Tamari Soy Sauce, Naturally Brewed 10 oz

Follow Your Heart

- Vegenaise, Grapeseed Oil
- Vegenaise, High Omega-3 w/ Expeller-Pressed Canola Oil
- Vegenaise, Original

Organicville

- Organic Dressing, French
- Organic Dressing, Herbs de Provence Vinaigrette
- Organic Dressing, Non Dairy Ranch
- Organic Dressing, Olive Oil & Balsamic Vinaigrette
- Organic Ketchup
- Organic Original BBQ Sauce

Spectrum

- Canola Mayonnaise 16 oz
- Light Canola Eggless Mayonnaise 16 oz
- Light Canola Eggless Mayonnaise 32 oz
- Light Canola Eggless Mayonnaise, Squeeze Bottle
- Organic Asian Ginger Omega-3 Dressing
- Organic Garlic Ranch Omega-3 Dressing
- Organic Golden Balsamic Omega-3 Dressing
- Organic Olive Oil Mayonnaise
- Organic Omega-3 Mayonnaise with Flax 16 oz

Condiments (Cont'd)

Spectrum

- Organic Pomegranate Chipotle Omega-3 Dressing
- Organic Soy Mayonnaise 16 oz
- Organic Soy Mayonnaise, Squeeze Bottle

Cookies and Snack Bars

Arico

- Almond Cranberry Cookies
- Chocolate Chunk Cookies

Aunt Gussie's Cookies

- Gluten Free Chocolate Spritz Cookies

Cherrybrook Kitchen Gluten Free Dreams

- Vanilla Graham Mini Cookies

Enjoy Life

- Cocoa Loco Snack Bars
- Soft Baked Chewy Chocolate Chip Cookies
- Soft Baked Double Chocolate Brownie Cookies
- Soft Baked Gingerbread Spice Cookie
- Soft Baked Happy Apple Cookies
- Soft Baked Lively Lemon Cookies
- Soft Baked No-Oats "Oatmeal" Cookie
- Soft Baked Snickerdoodle Cookie Pack
- Soft Baked Snickerdoodle Cookies
- Very Berry Snack Bars

EnviroKidz

- Cheetah Organic Crispy Rice Bars, Berry
- Koala Organic Crispy Rice Bars, Chocolate
- Lemur Organic Crispy Rice Bars, Peanut Choco Drizzle
- Organic Vanilla Animal Cookies
- Panda Organic Crispy Rice Bars, Peanut Butter
- Penguin Organic Crispy Rice Bars, Fruity Burst

Glutino

- Breakfast Bars, Apple
- Chocolate Coated Wafers
- Lemon Wafers
- Strawberry Wafers

Cookies and Snack Bars (Cont'd)

Jennie's

- Almond Macaroons

Kinnikinnick

- KinniTOOS Chocolate Sandwich Creme Cookies
- KinniTOOS Vanilla Sandwich Creme Cookies
- Montana's Chocolate Chip Cookies

Let's Do...

- Gluten Free Ice Cream Cones

Mi-Del

- Arrowroot Animal Cookies
- Chocolate Chip Cookies
- Ginger Snaps

Orgran

- Blueberry Fruit-Filled Bars

Pamela's Products

- Chunky Chocolate Chip Cookies
- Ginger Cookies with Sliced Almonds
- Old Fashioned Raisin Walnut Cookies
- Organic Dark Chocolate Chunk Cookies
- Organic Spicy Ginger Cookies
- Peanut Butter Cookies
- Shortbread Swirl Cookies
- Simplebites Chocolate Chip Mini Cookies
- Simplebites Ginger Mini Snapz

WFM Gluten Free Bakehouse

- Chocolate Chip Cookies
- Molasses Ginger Cookies
- Peanut Butter Cookies

Crackers

Blue Diamond

- Almond Nut-Thins
- Cheddar Cheese Nut-Thins
- Country Ranch Nut-Thins
- Hazelnut Nut-Thins
- Pecan Nut-Thins
- Smokehouse Almond Nut-Thins

Crunchmaster

- Multi-Seed Crackers, Original
- Multi-Seed Crackers, Roasted Garlic
- Multi-Seed Crackers, Rosemary & Olive Oil

Crackers (Cont'd)

Edward & Sons

- Brown Rice Snaps, Onion Garlic
- Brown Rice Snaps, Tamari Seaweed
- Brown Rice Snaps, Tamari Sesame
- Brown Rice Snaps, Unsalted Sesame
- Exotic Rice Toast, Brown Jasmine Rice & Spring Onion
- Exotic Rice Toast, Purple Rice & Black Sesame
- Organic Brown Rice Snaps, Black Sesame
- Organic Brown Rice Snaps, Cheddar
- Organic Brown Rice Snaps, Toasted Onion
- Organic Brown Rice Snaps, Unsalted Plain
- Organic Brown Rice Snaps, Vegetable

Glutino

- Crackers, Cheddar
- Crackers, Multigrain
- Crackers, Original
- Crackers, Vegetable

Mary's Gone Crackers

- Crackers, Black Pepper
- Crackers, Caraway
- Crackers, Onion
- Crackers, Original

Dairy

Brown Cow

- Apricot-Mango Whole Milk Yogurt, 6 oz
- Blueberry Whole Milk Yogurt, 6 oz
- Cherry-Vanilla Whole Milk Yogurt, 6 oz
- Chocolate Whole Milk Yogurt, 6 oz
- Coffee Whole Milk Yogurt, 6 oz
- Low Fat Blueberry Yogurt, 6 oz
- Low Fat Peach Yogurt, 6 oz
- Low Fat Plain Yogurt, 32 oz
- Low Fat Strawberry Yogurt, 6 oz
- Low Fat Vanilla Bean Yogurt, 6 oz
- Low Fat Vanilla Yogurt, 32 oz
- Maple Whole Milk Yogurt, 32 oz
- Maple Whole Milk Yogurt, 6 oz
- Non Fat Plain Yogurt, 32 oz
- Non Fat Vanilla Yogurt, 32 oz
- Peach Whole Milk Yogurt, 6 oz

Dairy (Cont'd)

Brown Cow

- Plain Whole Milk Yogurt, 32 oz
- Plain Whole Milk Yogurt, 6 oz
- Raspberry Whole Milk Yogurt, 6 oz
- Strawberry Whole Milk Yogurt, 6 oz
- Vanilla Whole Milk Yogurt, 32 oz
- Vanilla Whole Milk Yogurt, 6 oz

Earth Balance

- Buttery Spread with Olive Oil
- Buttery Sticks
- Organic Whipped Buttery Spread
- Original Buttery Spread
- Soy Free Buttery Spread
- Soy Garden Buttery Spread

Stonyfield Farm

- Fat Free French Vanilla Probiotic Multi-Pack
- Fat Free Strawberry Probiotic Multi-Pack
- Organic Banana Berry Yogurt Smoothie, 10 oz
- Organic Cream Top Chocolate Underground, 6 oz
- Organic Cream Top French Vanilla Yogurt, 32 oz
- Organic Cream Top French Vanilla, 6 oz
- Organic Cream Top Plain Yogurt, 32 oz
- Organic Cream Top Strawberries & Cream Yogurt, 6 oz
- Organic Fat Free Black Cherry Yogurt, Fruit on the Bottom, 6 oz
- Organic Fat Free Blueberry Yogurt, Fruit on the Bottom, 6 oz
- Organic Fat Free Chocolate Underground Yogurt, 6 oz
- Organic Fat Free French Vanilla Yogurt, 32 oz
- Organic Fat Free French Vanilla Yogurt, 6 oz
- Organic Fat Free Key Lime Yogurt, 6 oz
- Organic Fat Free Lotsa Lemon Yogurt, 6 oz
- Organic Fat Free Peach Yogurt, 6 oz
- Organic Fat Free Plain Yogurt, 32 oz
- Organic Fat Free Plain Yogurt, 6 oz

Dairy (Cont'd)

Stonyfield Farm

Organic Fat Free Strawberry Yogurt, Fruit on the Bottom, 6 oz
Organic Low Fat BaNilla Yogurt, 32 oz
Organic Low Fat Blueberry Yogurt, 32 oz
Organic Low Fat Blueberry Yogurt, 6 oz
Organic Low Fat Cherry Vanilla Yogurt, 6 oz
Organic Low Fat Just Peachy Yogurt, Fruit on the Bottom, 6 oz
Organic Low Fat Plain Yogurt, 32 oz
Organic Low Fat Plain Yogurt, 6 oz
Organic Low Fat Raspberry Yogurt, 6 oz
Organic Low Fat Strawberry Pomegranate Yogurt, 6 oz
Organic Low Fat Strawberry Yogurt, Fruit on the Bottom, 6 oz
Organic Low Fat Vanilla Yogurt
Organic Low Fat Vanilla, 32 oz
Organic O'Soy Strawberry/Peach Yogurt, 6-pack
Organic Peach Yogurt Smoothie, 10 oz
Organic Raspberry Yogurt Smoothie, 10 oz
Organic Strawberry Yogurt Smoothie, 10 oz
Organic Strawberry Yogurt Smoothies, 4 pack
Organic Vanilla Yogurt Smoothie, 10 oz
Organic Wild Berry Yogurt Smoothie, 10 oz
Organic Wild Berry Yogurt Smoothies, 4 pack
YoBaby Banana/Vanilla Yogurt
YoBaby Blueberry/Apple Yogurt
YoBaby Drinkable Yogurt, Banana
YoBaby Drinkable Yogurt, Peach
YoBaby Simply Plain Yogurt
YoKids Squeezers Cherry/Berry Blitz
YoKids Squeezers Screamin' Strawberry
YoKids Strawberry BaNilla Blast Yogurt
YoKids Strawberry Vanilla Raspberry Yogurt

Dairy Alternatives

365 Everyday Value™

Organic Ricemilk - Original
Organic Ricemilk - Unsweetened
Organic Ricemilk - Vanilla

Dairy Alternatives (Cont'd)

365 Everyday Value™

Organic Soymilk - Chocolate, 32 oz
Organic Soymilk - Chocolate, 64 oz
Organic Soymilk - Original, 32 oz
Organic Soymilk - Original, 64 oz
Organic Soymilk - Unsweetened, 32 oz
Organic Soymilk - Unsweetened, 64 oz
Organic Soymilk - Vanilla, 32 oz
Organic Soymilk - Vanilla, 64 oz

Almond Dream

Almond Drink, Original 64 oz
Almond Drink, Unsweetened Original 64 oz

Blue Diamond

Almond Breeze, Chocolate
Almond Breeze, Chocolate Unsweetened
Almond Breeze, Original
Almond Breeze, Original Unsweetened
Almond Breeze, Unsweetened Vanilla
Almond Breeze, Vanilla
Almond Breeze, Vanilla Unsweetened

Eden

Organic EdenBlend, Rice & Soy Beverage, 32 oz

Follow Your Heart

Vegan Gourmet Cheddar
Vegan Gourmet Cream Cheese
Vegan Gourmet Monterey Jack
Vegan Gourmet Mozzarella Cheese
Vegan Gourmet Nacho Cheese
Vegan Gourmet Sour Cream

Hemp Dream

Hemp Dream, Original 12/32 oz
Hemp Dream, Vanilla 12/32 oz

Rice Dream

Enriched Rice Milk Beverage, Chocolate 32 oz
Enriched Rice Milk Beverage, Original 8 oz
Enriched Rice Milk Beverage, Vanilla 32 oz
Heartwise Rice Milk Beverage, Original 32 oz
Organic Enriched Rice Milk Beverage, Original 32 oz

Dairy Alternatives (Cont'd)

Rice Dream

Organic Enriched Rice Milk Beverage, Original 64 oz
Organic Enriched Rice Milk Beverage, Vanilla 64 oz
Refrigerated Ricemilk, Original 64 oz
Refrigerated Ricemilk, Vanilla 64 oz
Rice Milk Beverage, Carob 32 oz
Rice Milk Beverage, Original 32 oz
Rice Milk Beverage, Original 8 oz
Rice Milk Beverage, Vanilla 32 oz
Rice Milk Beverage, Vanilla 8 oz

So Delicious

Blueberry Agave Sweetened Soy Yogurt
Blueberry Cultured Coconut Milk Yogurt
French Vanilla Coconut Milk Creamer
Hazelnut Coconut Milk Creamer
Original (Plain) Coconut Milk Beverage
Original (Plain) Coconut Milk Kefir
Passionate Mango Cultured Coconut Milk Yogurt
Plain Cultured Coconut Milk Yogurt
Strawberry Banna Cultured Coconut Milk Yogurt
Strawberry Coconut Milk Kefir
Unsweetened Coconut Milk Beverage
Vanilla Agave Sweetened Soy Yogurt
Vanilla Coconut Milk Beverage
Vanilla Coconut Milk Kefir

Stonyfield Farm

Organic O'Soy Blueberry Yogurt, 6 oz
Organic O'Soy Peach Yogurt, 6 oz
Organic O'Soy Raspberry Yogurt, 6 oz
Organic O'Soy Vanilla Yogurt, 6 oz
Organic O'Soy Strawberry Yogurt, 6 oz

WestSoy

Longevity Soy Beverage, Vanilla 32 oz
Organic Soy Beverage, Unsweetened Original 64 oz
Plus Soy Beverage, Plain 32 oz
Plus Soy Beverage, Plain 64 oz
Plus Soy Beverage, Vanilla 32 oz
Plus Soy Beverage, Vanilla 64 oz
Soy Beverage, Unsweetened Chocolate 32 oz

Deli Style Meats and Cheeses

Applegate Farms

Organic Sliced Oven Roasted Chicken
Sliced Black Forest Ham
Sliced Honey Maple Turkey
Sliced Organic Herb Turkey
Sliced Organic Oven Roasted Turkey
Sliced Organic Roast Beef
Sliced Organic Smoked Chicken
Sliced Organic Smoked Turkey
Sliced Organic Uncured Ham
Sliced Oven Roasted Sliced Turkey
Sliced Pancetta
Sliced Pepperoni
Sliced Slow Cooked Ham
Sliced Smoked Turkey
Sliced Turkey Bologna
Sliced Turkey Salami

Desserts

French Meadow Bakery

Gluten Free Fudge Brownie

WFM Gluten Free Bakehouse

Apple Pie
Carrot Cake
Cherry Pie
Chocolate Cupcakes
Peach Pie
Pumpkin Pie
Southern Pecan Pie
Vanilla Cupcakes

Energy and Nutrition Bars/Drinks

Bumble Bar

Original with Peanut

Prana Bar

Organic Apricot Goji
Organic Coconut Acai

Entrees and Mixes

365 Everyday Value™

Gluten Free All Purpose Baking Mix
Gluten Free Chocolate Brownie Mix
Gluten Free Chocolate Cake Mix

Entrees and Mixes (Cont'd)

365 Everyday Value™

Gluten Free Chocolate Chip Cookie Mix
Gluten Free Muffin Mix
Gluten Free Pizza Crust Mix
Gluten Free Sandwich Bread Mix
Gluten Free White Cake Mix

Arrowhead Mills

Gluten Free All Purpose Baking Mix
Gluten Free Brownie Mix

Chebe

Focaccia Flatbread Mix

DeBoles Foods

Rice Shells & Cheddar Pasta Dinner

Edward & Sons

Chreesy Mashed Potato Mix
Organic Home Style Mashed Potato Mix

Lundberg Farms

Butternut Squash Risotto
Cheddar Broccoli Risotto
Garlic Primavera Risotto
Italian Herb Risotto
Organic Alfredo Risotto
Organic Florentine Risotto
Organic Porcini Wild Mushroom Risotto
Organic Tuscan Risotto

Mrs. Leeper's

Beef Stroganoff Dinner
Cheeseburger Mac Dinner

Namaste

Brownie Mix
Pizza Crust Mix
Spice Cake Mix
Waffle & Pancake Mix

Orgran

Apple & Cinnamon Pancake Mix

Road's End Organics

Dairy Free Cheddar Style Penne & Chreese
Gluten Free Cheddar Chreese Mix
Organic Golden Gravy Mix
Organic Shiitake Mushroom Gravy Mix

Entrees and Mixes (Cont'd)

Tasty Bite

Agra Peas
Aloo Palak
Bombay Potatoes
Channa Masala
Jaipur Vegetables
Jodhpur Lentils
Kashmir Spinach
Madras Lentils
Mushroom Takatak
Spinach Dal
Spinach Soy
Sprouts Curry & Basmati Rice
Vegetable Korma

Tasty Bite

Spinach Dal & Basmati Rice

Ethnic Foods

Amy's

Organic Asian Noodle Stir-Fry
Organic Black Bean Enchilada Whole Meal
Organic Black Bean Tamale Verde Whole Meal
Organic Black Bean Vegetable Enchilada
Organic Cheese Enchilada
Organic Cheese Enchilada Whole Meal
Organic Cheese Tamale Verde Whole Meal
Organic Indian Mattar Paneer
Organic Indian Mattar Paneer, Light in Sodium
Organic Indian Mattar Tofu
Organic Indian Palak Paneer
Organic Indian Paneer Tikka
Organic Indian Vegetable Korma
Organic Mexican Casserole Bowl
Organic Mexican Casserole Bowl, Light in Sodium
Organic Mexican Tamale Pie
Organic Mexican Tofu Scramble
Organic Roasted Vegetable Tamale Whole Meal
Organic Santa Fe Enchilada Bowl
Organic Teriyaki Bowl
Organic Thai Stir-Fry

Ethnic Foods (Cont'd)

Amy's

Organic Tortilla Casserole & Black Beans Bowl

Edward & Sons

Brown Rice Snaps, Tamari Seaweed

Brown Rice Snaps, Tamari Sesame

Miso-Cup, Organic Japanese Restaurant Style

Miso-Cup, Organic Traditional with Tofu

Food For Life

Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

Food Merchants

Organic Polenta, Basil & Garlic

Organic Polenta, Traditional

Organic Quinoa Polenta, Heirloom Red & Black

French Meadow Bakery

Gluten Free Tortillas, 7"

Native Forest

Light Coconut Milk

Spicely

Chimichurri Seasoning

Greek Seasoning, Salt Free

Harissa, Salt Free

Organic Garam Masala

Tasty Bite

Agra Peas

Aloo Palak

Bombay Potatoes

Channa Masala

Jaipur Vegetables

Jodhpur Lentils

Kashmir Spinach

Madras Lentils

Mushroom Takatak

Spinach Dal

Spinach Soy

Sprouts Curry & Basmati Rice

Vegetable Korma

Ethnic Foods (Cont'd)

Tasty Bite

Spinach Dal & Basmati Rice

Frozen Foods

Amy's

Kids Baked Ziti Meal

Organic Asian Noodle Stir-Fry

Organic Baked Ziti Bowl

Organic Black Bean Enchilada Whole Meal

Organic Black Bean Tamale Verde Whole Meal

Organic Black Bean Vegetable Enchilada

Organic Brown Rice & Vegetables Bowl

Organic Brown Rice & Vegetables Bowl, Light in Sodium

Organic Brown Rice, Black-Eyed Peas & Veggies Bowl

Organic Cheese Enchilada

Organic Cheese Enchilada Whole Meal

Organic Cheese Tamale Verde Whole Meal

Organic Cream of Rice Hot Cereal Bowl

Organic Garden Vegetable Lasagna

Organic Indian Mattar Paneer

Organic Indian Mattar Paneer, Light in Sodium

Organic Indian Mattar Tofu

Organic Indian Palak Paneer

Organic Indian Paneer Tikka

Organic Indian Vegetable Korma

Organic Mexican Casserole Bowl

Organic Mexican Casserole Bowl, Light in Sodium

Organic Mexican Tamale Pie

Organic Mexican Tofu Scramble

Organic Rice Crust Cheese Pizza

Organic Rice Crust Spinach Pizza

Organic Rice Mac & Cheese

Organic Roasted Vegetable Tamale Whole Meal

Organic Santa Fe Enchilada Bowl

Organic Shepherd's Pie

Organic Shepherd's Pie, Light in Sodium

Organic Single Serve Non-Dairy Rice Crust Cheeze Pizza

Organic Teriyaki Bowl

Frozen Foods (Cont'd)

Amy's

Organic Thai Stir-Fry
Organic Tofu Scramble
Organic Tortilla Casserole & Black Beans Bowl

Applegate Farms

Maple Breakfast Sausage
Sage Breakfast Sausage

Caesar's

Cheese Lasagna, Gluten-Free Wheat-Free
Stuffed Shells, Gluten-Free Wheat-Free
Vegetable Lasagna, Gluten-Free Wheat-Free

French Meadow Bakery

Gluten Free Chocolate Chip Cookie Dough
Gluten Free Fudge Brownie

Gluten Free Cafe

Asian Noodles
Fettuccini Alfredo
Lemon Basil Chicken
Pasta Primavera

Glutino

Chicken Alfredo
Chicken Pomodoro
Chicken Ranchero
Pizza, Chicken BBQ
Pizza, Duo Cheese
Pizza, Spinach Feta

Ian's Natural Foods

Alpha Tots
Ian's Chicken Nuggets, Allergen Free
Ian's Fish Sticks, Allergen Free
Popcorn Turkey Corn Dogs
Soy Cheesy French Bread Pizza, Wheat Free
Gluten Free
Wafflewich, Egg & Maple Cheese, Wheat Free
Gluten Free

It's Soy Delicious

Almond Pecan Non-Dairy Frozen Dessert
Awesome Chocolate Non-Dairy Frozen Dessert
Raspberry Non-Dairy Frozen Dessert

Frozen Foods (Cont'd)

Julie's Organic Ice Cream

Glutenfreeda's Organic Gluten Free Vanilla Ice
Cream Sandwich

Nature's Path

Organic Buckwheat Wildberry Waffles
Organic Homestyle Waffles

Organic So Delicious

Chocolate Velvet Non-Dairy Frozen Dessert
Creamy Vanilla Non-Dairy Frozen Dessert
Mint Marble Fudge Non-Dairy Frozen Dessert
Mocha Fudge Non-Dairy Frozen Dessert

Purely Decadent

Chocolate Non-Dairy Frozen Coconut Milk Dessert
Coconut Non-Dairy Frozen Coconut Milk Dessert
Mint Chip Non-Dairy Frozen Coconut Milk Dessert
Mint Chocolate Chip Non-Dairy Frozen Dessert
Passionate Mango Non-Dairy Frozen Coconut Milk
Dessert
Pomegranate Chip Non-Dairy Frozen Dessert
Purely Vanilla Non-Dairy Frozen Dessert
Snickerdoodle Non-Dairy Frozen Dessert
Turtle Trails Non-Dairy Frozen Dessert
Vanilla Bean Non-Dairy Frozen Coconut Milk
Dessert

Rice Dream

Rice Dream, Orange Vanilla Swirl
Rice Dream, Strawberry

So Delicious

Creamy Orange Bar
Kidz Assorted Fruit Pops

Starfish

Crispy Battered Gluten Free Cod
Crispy Battered Gluten Free Haddock

Van's

Wheat Free Blueberry Waffles
Wheat Free Buckwheat Waffles
Wheat Free Flax Waffles
Wheat Free Homestyle Pancakes

Frozen Foods (Cont'd)

Van's

- Wheat Free Homestyle Waffles
- Wheat Free Mini Homestyle Waffles

Grains and Rice

Ancient Harvest

- Inca Red Organic Quinoa 12 oz
- Traditional Organic Quinoa 12 oz

Annie Chun's

- Rice Express Sticky White Rice

Lundberg Farms

- Butternut Squash Risotto
- Cheddar Broccoli Risotto
- Eco-Farmed Black Japonica Field Gourmet Blend
- Eco-Farmed California White Basmati Rice
- Eco-Farmed Jubilee Gourmet Blend Rice
- Eco-Farmed Wehani Gourmet Brown Rice
- Eco-Farmed Wild Blend Gourmet Blend Rice
- Italian Herb Risotto
- Organic Alfredo Risotto
- Organic California Brown Basmati Rice
- Organic California Brown Jasmine Rice, 25 lb
- Organic California White Basmati Rice
- Organic California White Jasmine Rice
- Organic Long Grain Brown Rice
- Organic Porcini Wild Mushroom Risotto
- Organic Short Grain Brown Rice
- Organic White Long Grain Rice
- Organic Wild & White Basmati Rice
- Organic Wild Rice

Jams and Nut Butters

Arrowhead Mills

- Organic Crunchy Peanut Butter, 16 oz
- Organic Crunchy Peanut Butter, 26 oz

Blue Diamond

- Homestyle Almond Butter, Creamy
- Homestyle Almond Butter, Crunchy
- Homestyle Almond Butter, Honey

Jams and Nut Butters (Cont'd)

Earth Balance

- Creamy Natural Almond Butter
- Creamy Natural Peanut Butter
- Crunchy Natural Peanut Butter

Maranatha

- Roasted Sesame Tahini

Meat Alternatives

WestSoy

- Extra Firm Tofu, Tidal Wave 14 oz
- Soft Tofu, Water-Pack 14 oz

Meat and Poultry

Applegate Farms

- Beef Hot Dogs
- Chicken Apple Breakfast Sausage
- Chicken Hot Dogs
- Maple Breakfast Sausage
- Organic Chicken Hot Dogs
- Organic Hot Dogs
- Organic Poultry Andouille Sausage
- Organic Sliced Sunday Bacon
- Organic Spinach & Feta Sausage
- Organic Sweet Italian Sausage
- Organic Turkey Hot Dogs
- Sage Breakfast Sausage
- Sliced Organic Turkey Bacon
- Turkey Hot Dogs

Nutritional Supplements

Bob's Red Mill

- Hemp Protein Powder

Country Life

- Aller-Max Capsules, 50 ct
- DHEA Complex For Men, 60 ct
- L-Arginine + L-Ornithine 1000mg Capsules with B-6, 60 ct
- L-Lysine 500mg Capsules with B-6, 100 ct
- Max-Amino Capsules with B-6, 90 ct
- Superior B-12, 50 ct
- Target-Mins Calcium-Magnesium Complex Tablets, 90 ct

Nutritional Supplements (Cont'd)

Country Life

Target-Mins Magnesium Capsules, 60 ct
Taurine 500mg Capsules with B-6, 100 ct

Nuts, Seeds and Dried Fruits

Bob's Red Mill

Hemp Protein Powder
Hulled Hemp Seeds

Enjoy Life

Not Nuts! Beach Bash Trail Mix
Not Nuts! Mountain Mambo Trail Mix

Spicely

Organic Sesame Seeds, White

Pasta

Ancient Harvest

Quinoa Supergrain Pasta, Elbows 8 oz
Quinoa Supergrain Pasta, Garden Pagodas 8 oz
Quinoa Supergrain Pasta, Linguine 8 oz
Quinoa Supergrain Pasta, Shells 8 oz
Quinoa Supergrain Pasta, Spaghetti 8 oz
Quinoa Supergrain Pasta, Veggie Curls 8 oz

DeBoles Foods

Corn Spaghetti
Multi-Grain Penne
Multi-Grain Spaghetti
Rice Angel Hair Pasta
Rice Fettuccine
Rice Lasagna
Rice Shells & Cheddar Pasta Dinner
Rice Spaghetti

Lundberg Farms

Organic Brown Rice Penne Pasta
Organic Brown Rice Spaghetti Pasta

Mrs. Leeper's

Corn Rotelli
Corn Spaghetti

Pasta (Cont'd)

Orgran

Corn & Vegetable Spirals

Tinkyada

Brown Rice Fusilli
Brown Rice Little Dreams
Brown Rice Penne
Brown Rice Spirals
Organic Brown Rice Elbow
Organic Brown Rice Lasagne
Organic Brown Rice Spaghetti
Vegetable Brown Rice Spirals

Pasta Sauce

Amy's

Organic Family Marinara Pasta Sauce
Organic Low Sodium Marinara Sauce
Organic Tomato Basil Pasta Sauce
Organic Tomato Basil Pasta Sauce, Light in Sodium

Personal Care

Tom's of Maine

Bay Lime Sensitive Stick Deodorant
Calendula Long Lasting Roll-on Deodorant
Calendula Stick Deodorant
Cinnamint Antiplaque with Propolis & Myrrh Toothpaste
Cinnamon Clove Whole Care Toothpaste
Cucumber-Grapefruit Sensitive Stick Deodorant
Fennel Anticavity SLS-Free Toothpaste
Fennel Antiplaque Propolis & Myrrh Toothpaste
Fragrance-Free Sensitive Stick Deodorant
Lavender Long Lasting Roll-on Deodorant
Lemongrass Long Lasting Stick Deodorant
Orange-Mango Whole Care Gel Toothpaste
Peppermint Anti-Plaque Tartar Control Plus Whitening Toothpaste
Peppermint Anticavity SLS-Free Toothpaste
Peppermint Anticavity Toothpaste
Peppermint Baking Soda Mouthwash
Peppermint Tartar Control Mouthwash

Personal Care (Cont'd)

Tom's of Maine

- Peppermint Whole Care Gel Toothpaste
- Peppermint Whole Care Toothpaste
- Silly Strawberry Anticavity Toothpaste
- Silly Strawberry Non-Fluoride Toothpaste
- Spearmint Antiplaque SLS-Free Toothpaste
- Spearmint Anti-Plaque Plus Whitening Gel Toothpaste
- Spearmint Anti-Plaque Tartar Control Plus Whitening Toothpaste
- Spearmint Anticavity ADA Mouthwash
- Spearmint Anticavity Toothpaste
- Spearmint Antiplaque with Propolis & Myrrh Toothpaste
- Spearmint Cleansing Mouthwash
- Spearmint Whole Care Gel Toothpaste
- Spearmint Whole Care Toothpaste
- Unflavored Round Floss
- Unscented Long Lasting Roll-on Deodorant
- Unscented Long Lasting Stick Deodorant
- Unscented Stick Deodorant
- Wintermint Anticavity Toothpaste
- Wintermint Sensitive Toothpaste
- Wintermint Whole Care Toothpaste
- Woodspice Stick Deodorant

Prepared Foods

Food Merchants

- Organic Polenta, Basil & Garlic
- Organic Polenta, Traditional
- Organic Quinoa Polenta, Heirloom Red & Black

Sauces, Salsas and Dips

Amy's

- Organic Black Bean & Corn Salsa
- Organic Medium Salsa
- Organic Mild Salsa
- Organic Spicy Chipotle Salsa

Organicville

- Organic Medium Salsa
- Organic Mild Salsa

Sauces, Salsas and Dips (Cont'd)

Road's End Organics

- Gluten Free Cheddar Cheese Mix
- Organic Golden Gravy Mix
- Organic Shiitake Mushroom Gravy Mix

Seafood

Starfish

- Crispy Battered Gluten Free Cod
- Crispy Battered Gluten Free Haddock

Soups

Amy's

- Organic Black Bean Chili
- Organic Black Bean Vegetable Soup
- Organic Chunky Tomato Bisque
- Organic Chunky Tomato Bisque, Light in Sodium
- Organic Chunky Vegetable Soup
- Organic Cream of Tomato Soup
- Organic Cream of Tomato Soup, Light in Sodium
- Organic Curried Lentil Soup
- Organic Fire Roasted Southwestern Vegetable Soup
- Organic Lentil Soup
- Organic Lentil Soup, Light in Sodium
- Organic Lentil Vegetable Soup
- Organic Lentil Vegetable Soup, Light in Sodium
- Organic Medium Chili
- Organic Medium Chili with Vegetables
- Organic Medium Chili, Light in Sodium
- Organic Southwestern Black Bean Chili
- Organic Spicy Chili
- Organic Spicy Chili, Light in Sodium
- Organic Split Pea Soup
- Organic Thai Coconut Soup (Tom Kha Phak)
- Organic Tuscan Bean & Rice Soup

Edward & Sons

- Miso-Cup, Organic Japanese Restaurant Style
- Miso-Cup, Organic Traditional with Tofu

Soups (Cont'd)

Imagine Foods

- Broccoli Soup 16 oz
- Broccoli Soup 32 oz
- Butternut Squash Soup 16 oz
- Butternut Squash Soup 32 oz
- Corn & Lemongrass Soup 16 oz
- Corn & Lemongrass Soup 32 oz
- Creamy Tomato Soup 16 oz
- Free Range Chicken Broth 32 oz
- No Chicken Broth 32 oz
- Organic Acorn Squash & Mango Soup 32 oz
- Organic Chicken Broth, Low Sodium 32 oz
- Organic Corn Soup, Low Sodium 32 oz
- Organic Portabello Mushroom Soup 32 oz
- Organic Potato Soup, Low Sodium 32 oz
- Organic Tomato Soup 32 oz
- Organic Tomato Soup, Low Sodium 32 oz
- Organic Vegetable Broth, Low Sodium 32 oz
- Potato Leek Soup 16 oz
- Tomato Basil Soup 32 oz
- Vegetable Broth 32 oz

Specialty Foods

WFM Gluten Free Bakehouse

- Stuffing Cubes

Spices and Seasonings

Edward & Sons

- Bouillon Cubes, Garden Veggie
- Bouillon Cubes, Low Sodium Veggie
- Bouillon Cubes, Not-Chick'n

Spicely

- All Purpose Seasoning
- Beef & Burger Rub, Salt Free
- Bouquet Garni
- Cayenne Pepper
- Celery Salt
- Chimichurri Seasoning
- Fenugreek Seeds
- Fines Herbes
- Fish Grill & Broil, Salt Free
- Garlic Granules
- Ginger, Ground

Spices and Seasonings (Cont'd)

Spicely

- Greek Seasoning, Salt Free
- Greek Yogurt & Dip (Tsatsiki)
- Harissa, Salt Free
- Mace, Ground
- Organic Bay Leaves
- Organic Cardamom, Ground
- Organic Cayenne Pepper
- Organic Cinnamon, Ground
- Organic Cloves, Ground
- Organic Coriander, Ground
- Organic Cumin, Ground
- Organic Curry Powder, Salt Free
- Organic Garam Masala
- Organic Ginger, Ground
- Organic Mustard Seeds, Yellow
- Organic Mustard, Ground
- Organic Nutmeg, Whole
- Organic Paprika
- Organic Pepper, Black, Ground
- Organic Sage, Ground
- Organic Sesame Seeds, White
- Organic Taco Seasoning, Salt Free
- Organic Thyme
- Organic Vanilla Bean
- Organic Vanilla Extract
- Pork Chop Seasoning, Salt Free
- Safflower
- Thyme, Ground

Sweeteners

Lundberg Farms

- Organic Brown Rice Syrup