



This everyday catering menu
is available only at...

WHOLE FOODS MARKET
**MOUNT
PLEASANT**

923 HOUSTON NORTHCUTT BLVD.
MT. PLEASANT, SC 29464
843.971.7240 • FAX 843.971.6707





RISE AND SHINE

FIESTA FRUIT & DIP PLATTER

Sliced seasonal fruit tray with yogurt dipping sauce.

Small • \$29.99 SERVES 10

Medium • \$49.99 SERVES 20

Large • \$69.99 SERVES 30

QUICHE

Ask about our current selections.

\$14.99 SERVES 6-8

ASSORTED DANISH & PASTRY TRAY

Fresh baked muffins, danish & pastries.

\$3.49 per person ,10 PERSON MINIMUM

ASSORTED BAGEL PLATTER

Includes sliced bagels and cream cheese.

\$2.99 PER PERSON ,10 PERSON MINIMUM

ALLEGRO JOE TO GO

Hot coffee served in a portable, disposable dispenser. Includes creamer, sugar, cups, and stirrers.

\$17.99 SERVES 10

TWO BITE BREAKFAST TRAY

Assortment of two-bite pastries including scones and muffins..

\$2.99 per person ,10 PERSON MINIMUM



SANDWICHES AND SUCH

CLASSIC SANDWICH TRAY

Your choice of the following sandwiches on fresh baked bread:

Roast Beef

Ham

Turkey

Vegetable and Hummus

Chicken salad

Tuna salad

\$6.99 per person , 10 PERSON MINIMUM

SIGNATURE SANDWICH TRAY

Your choice of the following sandwiches on fresh baked bread:

Roasted Turkey and Brie

Roast Beef and Blue Cheese

Grilled Chicken with Bacon and Swiss

Grilled Portabella and Goat Cheese

\$8.99 per person , 10 PERSON MINIMUM

The Deli Builder

Selection of all natural meats and cheeses, served with fresh baked breads...includes lettuce, tomato, onion and condiments.

\$8.99 per person , 10 PERSON MINIMUM

Partner the above sandwich trays with chef's choice potato, pasta, or fruit salad and a fresh baked cookie for \$3.49 per person.

Bag Lunch

Your choice of sandwiches from the classic tray packed into a bag with your choice of side, fresh fruit, cookie, and 365 Everyday Value® water

\$10.99 per person, 10 PERSON MINIMUM

Wood Fired Pizzas

Call ahead for a freshly made pie. Choose from one of our specialty pizzas or create your own.

\$15.99 ea



SALADS & SIDES

FIELD GREENS SALAD

Mixed greens with dried cranberries, candied pecans, fresh goat cheese, and balsamic dressing

Small **Medium** **Large**
\$19.99 SERVES 6 to 8 • **\$34.99** SERVES 12 to 15 • **\$69.99** SERVES 25 to 30

GREEK SALAD

Classic combination of romaine hearts with cucumbers, tomatoes, artichokes, olives and feta cheese with Mediterranean vinaigrette.

Small **Medium** **Large**
\$19.99 SERVES 6 to 8 • **\$34.99** SERVES 12 to 15 • **\$69.99** SERVES 25 to 30

SPINACH GORGONZOLA SALAD

Fresh spinach topped with crumbled blue cheese, roasted garlic, walnuts, red onions & balsamic dressing.

Small **Medium** **Large**
\$19.99 SERVES 6 to 8 • **\$34.99** SERVES 12 to 15 • **\$69.99** SERVES 25 to 30

CLASSIC CAESAR SALAD

Crisp romaine lettuce, parmesan cheese, croutons & caesar dressing.

Small **Medium** **Large**
\$16.99 SERVES 6 to 8 • **\$32.99** SERVES 12 to 15 • **\$59.99** SERVES 25 to 30

SPECIALTY PASTA SALADS

Options include Bistro, Smoked Mozzarella, and Asian Noodles...ask about current cold case selection.

Price per lb varies per selection

CHEF'S CHOICE POTATO SALADS

Options include Classic, True Blue, and Spring Potato Salads...ask about current cold case selections.

Price per lb varies per selection

THE SALAD SAMPLER

Choice of chicken or tuna salad served alongside pasta or potato salad, tossed green salad and freshly baked rolls.

\$8.99 per person, 10 PERSON MINIMUM



PARTY PLATTERS & HORS D' OEUVRES

CLASSIC CHEESE PLATTER

Chef's selection of all natural cheeses

Small **Medium** **Large**
\$29.99 SERVES 10 • \$49.99 SERVES 20 • \$69.99 SERVES 30

CRUDITE PLATTER

Fresh cut seasonal vegetables with your choice of dipping sauce.

Medium **Large**
\$34.99 SERVES 20 • \$49.99 SERVES 30

FIESTA FRUIT AND DIP

Sliced, seasonal fruit with yogurt dipping sauce.

Small **Medium** **Large**
\$29.99 SERVES 10 • \$49.99 SERVES 20 • \$69.99 SERVES 30

GRILLED VEGETABLE PLATTER

Marinated vegetables, grilled to perfection and served with balsamic dressing.

Small **Medium** **Large**
\$39.99 SERVES 10 • \$59.99 SERVES 20 • \$79.99 SERVES 30

VEGETABLE ANTIPASTO PLATTER

Includes marinated mushrooms and artichokes, grilled eggplant, roasted red peppers, roasted onions, garlic and marinated fresh mozzarella. Served with sliced crusty bread.

Medium **Large**
\$74.99 SERVES 20 • \$99.99 SERVES 30

TRADITIONAL ANTIPASTO PLATTER

Includes all-natural salami, sopressata, prosciutto, provolone, marinated fresh mozzarella, grilled vegetables, marinated artichokes and olives. Served with sliced crusty bread.

Medium **Large**
\$89.99 SERVES 20 • \$124.99 SERVES 30



PARTY PLATTERS & HORS D' OEUVRES

SIMPLY SATAY

Marinated and grilled chicken, beef or shrimp with choice of dipping sauce.

Chicken

Small • \$29.99 SERVES 10

Medium • \$49.99 SERVES 20

Large • \$69.99 SERVES 30

Beef

Small • \$34.99 SERVES 10

Medium • \$59.99 SERVES 20

Large • \$79.99 SERVES 30

Shrimp

Small • \$39.99 SERVES 10

Medium • \$69.99 SERVES 20

Large • \$89.99 SERVES 30

ASSORTED HORS D' OEUVRES

Spanakopita, spring rolls, and assorted mini quiche.

Small

\$29.99 SERVES 10

Medium

\$54.99 SERVES 20

Large

\$79.99 SERVES 30

SOUTHERN SPICY CHICKEN TENDERS

Marinated and breaded boneless chicken breast, fried golden brown with choice of dipping sauce.

Small

\$39.99 SERVES 10

Medium

\$69.99 SERVES 20

Large

\$99.99 SERVES 30

WING PLATTER

A selection of our famous wings with two selections of dipping sauces.

Small

\$34.99 SERVES 10

Medium

\$59.99 SERVES 20

Large

\$79.99 SERVES 30

MEZZE PLATTER

A Mediterranean medley that may include tabouli, hummus, babaganoush, marinated feta cheese, mixed olives, stuffed grape leaves, and toasted pita chips.

Large

\$84.99 SERVES 30



PARTY PLATTERS & HORS D' OEUVRES

SMOKED SALMON PLATTER

Sliced smoked salmon, artfully displayed with traditional accompaniments including capers, red onions, hard boiled egg, and savory dill spread.
Served with crostini.

\$69.99 SERVES 15-20

THE BIG DIPPER

Three of our delicious dips served with your choice of chips and/or bread.

\$39.99 SERVES 20

BRUSCHETTA

Each platter comes with sliced, toasted baguette and assorted toppings including: tomato, fresh mozzarella and basil, grilled portabella, and goat cheese, roasted eggplant and olive tapenade.

\$49.99 SERVES 10 • **\$79.99** SERVES 20

PETITE CRAB CAKES

Prepared with our special seasoning, cooked to perfection, and served with dipping sauce. Minimum 2 dozen

Market Price per dozen

JUMBO SHRIMP COCKTAIL

Served with our zesty cocktail sauce and lemon garnish.

Small **Medium** **Large**
\$49.99 SERVES 10 • **\$89.99** SERVES 20 • **\$129.99** SERVES 30



PARTY PLATTERS & HORS D' OEUVRES

AFTERNOON TEA SANDWICHES

Choose from a selection of these tasty classics, served on white or wheat bread.

Small **Medium** **Large**
\$24.99 SERVES 10 • **\$44.99** SERVES 20 • **\$64.99** SERVES 30

WRAPSODY PLATTER

A delicious combination of assorted wraps, cut into pinwheels and arranged in a tempting display

Small **Medium** **Large**
\$29.99 SERVES 10 • **\$54.99** SERVES 20 • **\$79.99** SERVES 30

PETITE BAGUETTE SANDWICHES

Choose from the following: ham and swiss with honey mustard, chicken pesto with grilled red onion and mixed greens, and fresh tomato, basil and mozzarella.

\$15 per dozen, minimum 2 doz.

DEVEILED EGGS

Small **Large**
\$16.99 SERVES 10 • **\$32.99** SERVES 20

BRIE EN CROUTE

French Brie stuffed with brown sugar and pecan or cranberry walnut and wrapped in puff pastry. Ready to Bake.

\$45 SERVES 30

BARBEQUE TURKEY MEATBALLS

Bite sized meatballs in tangy barbeque sauce, heat and serve.

\$9.99 per lb, minimum 3 lbs

ARTISAN CHEESE DISPLAY

Chefs's selection of all-natural artisanal cheeses.

Small **Medium** **Large**
\$39.99 SERVES 10 • **\$59.99** SERVES 20 • **\$79.99** SERVES 30