

Dinner's Ready

# THANKS GIVING



2009

ORDER BEFORE **SUNDAY, NOVEMBER 22, 5PM**  
CHECK IN-STORE FOR ORDER PICK-UP DETAILS.

**WHOLE**  
**FOODS**  
MARKET

# CLASSIC MEALS



## **DON'T FORGET**

Your soft dinner rolls and dessert.

See our delicious selection of baked goods and pies.

# Dinner's Ready

Plan your Thanksgiving meal in minutes by selecting one of our classic offers. Our Traditional Dinners come with fully cooked turkey or turkey breast accompanied by our delectable Thanksgiving sides, making it possible for you to spend more time with family and friends and less time in the kitchen. Gather 'round the table for a delicious holiday feast.

## TRADITIONAL DINNERS

### TURKEY DINNER FOR 2

Featuring a *fully cooked* boneless turkey breast, all sides, plus apple crisp for dessert.

£36.99 FOR TWO

### TURKEY DINNER FOR 8

Featuring a 5-6 kg, *raw, ready to roast* bone-in Bramble Farm turkey, all sides, plus 8 wheat or white rolls and a pumpkin or apple pie for dessert.

£149.99 FOR EIGHT

### TURKEY DINNER FOR 12

Featuring a 6-7 kg, *raw, ready to roast* bone-in Bramble Farm turkey, all sides, plus 12 wheat or white rolls and two pumpkin or apple pies for dessert.

£199.99 FOR TWELVE

## VEGAN DINNER

- Harvest Stuffed Squash
- Garlic Green Beans
- Fall Vegetable Soup
- Vegan Apple Crumble

£14.99 PER PERSON

### ALL TRADITIONAL DINNERS INCLUDE:

- Cooked Free-Range Turkey Breast or Ready to Cook Turkey
- Classic Mashed Potatoes
- Traditional Sage & Onion Stuffing
- Green Beans with Crispy Shallots
- Sweet Potato Puree with Roasted Nuts
- Cranberry Orange Relish
- Traditional Turkey Gravy



# TALK ABOUT

## RAW, WHOLE TURKEY

### READY-TO-ROAST FREE-RANGE ORGANIC BRONZE TURKEY

Organic bronze turkey from Copas Farm in Berkshire. Cooking instructions included.

£13.99 per kg

### READY-TO-ROAST FREE-RANGE BRONZE TURKEY

Whole Foods Market's free-range, all natural, incredibly delicious turkey from Bramble Farm. Cooking instructions included.

£7.99 per kg

## RAW, READY-TO-ROAST BREAST

### READY-TO-ROAST FREE-RANGE HERB-RUBBED BONELESS BREAST

Oven-ready and rubbed with olive oil, fresh herbs and spices.

£12.99 per kg

## COOKED TURKEY BREAST

### FULLY COOKED HERB-ROASTED BRAMBLE FARM TURKEY BREAST

£24.99 per kg

## MEET YOUR FARMER, DEREK JOY

**BRAMBLE FARM TURKEY** Bramble is a family farm (the logo is from a 1935 photo of Derek's mother, Gladys). In open barns and fields in the Surrey Hills, they rear (and process) bronze turkeys, bred from original American Wrolstedts. It's a bird prized for its robust flavour, perfect, says Derek, with a slice of ham.

## TRADITIONAL SIDES

### CLASSIC MASHED POTATOES

£4.99 per kg, serves 4 - 6

### GREEN BEANS WITH CRISPY SHALLOTS

£9.99 per kg, serves 4 - 6

### TRADITIONAL SAGE & ONION STUFFING

£7.99 per kg, serves 4 - 6

## SIGNATURE SIDES

### SWEET POTATO PUREE WITH ROASTED NUTS

£8.99 per kg, serves 4 - 6

### ROASTED BUTTERNUT SQUASH WITH WILD MUSHROOM RISOTTO

£9.99 per kg, serves 4 - 6

## GRAVIES & RELISHES

### TRADITIONAL TURKEY GRAVY

£2.99 500ml | £4.99 1L

### CRANBERRY ORANGE RELISH

£2.99 310ml

## SERVING PORTION SUGGESTIONS

Allow approximately 500g (raw) of turkey per guest. With sides, allow approximately 150g per guest. Don't forget the gravy - 500ml will serve approximately 8 guests.

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# TURKEY



We select the best turkeys raised by farmers who care about their turkeys and the environment. Make this Thanksgiving a day your family and friends will talk about for years to come.

# PLATTERS & DESSERTS



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## SEAFOOD

### FRESH NATIVE OYSTERS

Plump and briny with a mild smoked finish. **R**

£1.49 each

### FRESH ROCK OYSTERS

Plump and briny with a mild sea salt finish. From the waters of Strangford Lough. **R**

99p each

### SHELLFISH PLATTER

English palourde clams, Scottish rope grown mussels and head-on prawns.

serves 4 to 6, £19.99

### SMOKED SALMON PLATTER

A light smoky salmon from the London smokehouse of H. Forman, garnished with capers and lemon slices (400g) **R**

serves 4 to 6, £18.99

serves 8 to 10, £32.99

### SEASONED PRAWN PLATTER

Cooked seasoned prawns: Cajun; Thai Peanut; and Mediterranean. Contains 31-40 pieces.

serves 4 to 6, £18.99

### PRAWN PLATTER

Prawns served with our in-store cocktail sauce and lemon wedges (500g)

serves 4 to 6, £19.99

serves 8 to 10, £29.99

### CRAB CLAWS PLATTER

Cracked Cornish crab claws served with a lemon herb butter (500g)

serves 4 to 6, £24.99

### KINGS CAVIAR

The best quality fresh and farmed caviar from around the world. **R**

£49.99 30g | £79.99 50g

## FRESH FRUIT & CRUDITÉS PLATTERS

### FRESH FRUIT PLATTER

Melon, berries and pineapple served with yogurt.

serves 6 to 8, £19.99

serves 12 to 18, £29.99

### FRESH CRUDITÉS

Cherry tomatoes, carrot batons, cauliflower and broccoli florets served with houmous.

serves 6 to 8, £19.99

serves 12 to 18, £29.99

## CHEESE PLATTERS, WINE & PORT

### BRITISH CHEESE PLATTER

A selection of three British cheeses, including Wensleydale with cranberry (400g), Cheddar Gorge cheddar (400g), and Somerset brie (300g), plus Fine Cheese Co. crackers.

serves up to 8, £29.99

### CHEESE ROOM SELECTION

A selection of fine cheeses, including Cheddar Gorge cave-aged cheddar (500g), Brie de Meaux (400g), aged gruyère (400g), roquefort (250g), and Ragstone goat log (175g) on an Italian olive wood board.

serves up to 14, £79.99

### QUADY STARBOARD VINTAGE PORT 1996

A fantastic New World example of familiar 'Nautically Left' wines. £6.49 37.5cl

### SOLERA 1847, OLOROSO DULCE SHERRY

Mahogany coloured cream sherry. Velvety aroma with a full bodied palate.

£10.99 75cl

### MULDERBOSCH SAUVIGNON BLANC NOBLE LATE HARVEST

Gentle tropical honey and a pineapple nose. Intense sweetness braced by zesty acidity.

£14.99 37.5cl

## DESSERTS

### PUMPKIN, APPLE, CHERRY OR BLUEBERRY PIE

Made in-house by our bakers.

serves 4 to 6 £8.99 each

### TEA CAKES

Choose from chocolate cherry; coffee espresso; honey, hazelnut and chocolate; or lemon and blueberry.

serves 6 to 8 £3.99 each

### PUMPKIN TEA CAKE

Made in-house with Libby's pumpkin puree.

serves 6 to 8 £4.99 each

### FRANGIPANE TARTS

Choose from blueberry; raspberry; mixed berry; apricot; apple or pear.

serves 4 to 6 £12.99 each

### LENI'S ALMOND CAKE

serves 4 to 6 £7.99 each

### CUPCAKES

Chocolate or vanilla

serves 6 £5.99 per pack

### WHITE ROLLS

French or sourdough

serves 12 £2.99 per pack

### SPECIALITY ROLLS

Multigrain or cranberry walnut

serves 12 £2.99 per pack

### CORN BREAD SQUARES

£3.99 per pack



**DON'T FORGET**

# FLOWERS

Complete your table with one of our signature centrepieces or consult with us about a custom arrangement.

**BABY BEAR CENTREPIECE** £19.99 *(pictured at left)*

A sweet selection of autumn colours and textures elegantly arranged in a carved pumpkin.

**AUTUMN ARRANGEMENT** £39.99 *with vase*

## Good to Know!

### ESTIMATED RAW TURKEY COOKING TIMES

3 to 5kg 2.5 - 3.5 hours	5 to 7kg 3 - 4 hours	7 to 9kg 4 - 5 hours	9 to 11kg 5 - 6 hours
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### SIMPLE MEASURES

3 teaspoons = 1 tablespoon

8 tablespoons = 1/2 cup

1 cup = 1/2 pint

16 ounces = 1 pound

1 pound = 45g

1 ounce = 28g

### TIPS & TOOLS FOR THE COOK

- heavy-duty roasting pan with rack
- heavy-duty aluminium foil for covering the turkey while it cooks to keep it moist and tender
- basting brush or bulb baster for basting, if desired
- fat separator for gravy
- fine sieve or cheesecloth for straining the pan juices
- wire whisk for making lump-free gravy
- well-sharpened knife to carve turkey
- meat thermometer (preferably instant-read variety)

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