

What's On

WHOLE FOODS MARKET KENSINGTON

All events are subject to change
Please call the Q to check an event is still taking place

November

MeatMASTERCLASS

November 19th • 7 - 9pm

This month we'll be showcasing the 6 roasts of Christmas and you can meet Joe, our Head Butcher, who will teach you all you need to know about cutting and cooking prime British meat. Ask at the Q bar for info.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
2 MUMMIES MORNING 10:00-11:00am Enjoy free coffee and croissants in our Room with a View	3 The Kensington Supper CLUB 2 courses for £10 7pm • book at Q FREE CHEESE ROOM TOUR 12noon	4  English cheese tour with Martyn featuring beers and cider 7pm • £10	5 THIRSTY THURSDAY 5.00-8.00pm 5 wine tastings & 5 food samples for £5	6 FREE WINE TASTING 5.00-8.00pm Speciality department Ground Floor	7 WALK-IN CHAIR MESSAGES 1.00-7.00pm Monday-Saturday Ease those aches and pains with our professional masseuse	8 FREE DEPARTMENT TASTERS Every Sunday our team will be presenting some of their favourite foods through demonstrations and free tasters.
9 MUMMIES MORNING 10:00-11:00am Christmas Special Kids Club Gingerbread Houses	10 The Kensington Supper CLUB 2 courses for £10 7pm • book at Q FREE CHEESE ROOM TOUR 12noon FLORISTRY CLASS 7pm • £20	11 BEGINNER'S GUIDE TO WINE 7.00-8.30pm A tutored wine tour comparing 5 wines. Northern Italy Part 2 £10 • book at Q	12 THIRSTY THURSDAY 5.00-8.00pm Christmas 5 wine tastings & 5 food samples for £5	13 WALK-IN CHAIR MESSAGES 1.00-7.00pm Monday-Saturday Ease those aches and pains with our professional masseuse	14 THAI COOKING DEMONSTRATION Meet the Thai Embassy chef at one of our in-store cooking demonstrations	15 SUNDAY BRUNCH from 10am Upstairs at the Market Restaurant, enjoy coffee, croissants and crepes while you relax with the papers every Sunday
16 MUMMIES MORNING 10:00-11:00am Enjoy free coffee and croissants in our Room with a View	17 The Kensington Supper CLUB 2 courses for £10 7pm • book at Q FREE CHEESE ROOM TOUR 12noon	18 free INTERNATIONAL CULINARY FAIR 'This is what Christmas tastes like from home' French cheese tour with Martyn featuring baked Vacherin 7pm • £10	19 THIRSTY THURSDAY 5.00-8.00pm Festive Entertaining Christmas Made Easy MEET THE BUTCHER featuring the 6 roasts of Christmas 7pm • £10	20 FREE WINE TASTING 6.00-8.00pm Speciality department Ground Floor	21 WALK-IN CHAIR MESSAGES 1.00-7.00pm Monday-Saturday Ease those aches and pains with our professional masseuse	22 FREE DEPARTMENT TASTERS Every Sunday our team will be presenting some of their favourite foods through demonstrations and free tasters.
23 MUMMIES MORNING 10:00-11:00am Enjoy free coffee and croissants in our Room with a View	24 The Kensington Supper CLUB 2 courses for £10 7pm • book at Q FREE CHEESE ROOM TOUR 12noon FLORISTRY CLASS 7pm • £20	25 BEGINNER'S GUIDE TO WINE 7.00-8.30pm A tutored wine tour comparing 5 wines. Chateau Musar, presented by Fiona Bacon £10 • book at Q	26 THIRSTY THURSDAY 5.00-8.00pm 5 wine tastings & 5 food samples for £5	27 WALK-IN CHAIR MESSAGES 1.00-7.00pm Monday-Saturday Ease those aches and pains with our professional masseuse	28 FREE WINE TASTING 2.00-5.00pm Speciality department Ground Floor	29 SUNDAY BRUNCH from 10am Upstairs at the Market Restaurant, enjoy coffee, croissants and crepes while you relax with the papers every Sunday
30 MUMMIES MORNING 10:00-11:00am Enjoy free coffee and croissants in our Room with a View	December 1 The Kensington Supper CLUB 2 courses for £10 7pm • book at Q FREE CHEESE ROOM TOUR 12noon	2 CHRISTMAS TASTING FAIR Taste our special Christmas products and meet over 30 suppliers.	charity OF THE MONTH			
			 <p>Action for Children is committed to helping the most vulnerable children and young people in the UK break through injustice, deprivation and inequality, so they can achieve their full potential. We help nearly 156,000 children, young people and their families through nearly 420 projects across the UK. We also promote social justice by lobbying and campaigning for change.</p> <p>www.actionforchildren.org.uk PLEASE SUPPORT US BY DONATING AT THE TILLS</p>			

