

WHOLE FOODS MARKET®

# WEEKLY

# Specials

OUR DEEPEST DISCOUNTS AND GREATEST VALUES!  
DON'T FORGET TO LOOK FOR THE HUNDREDS OF  
OTHER ITEMS ON SALE THROUGHOUT THE STORE!

PRODUCT OF USA

## Boneless Chicken Breast

**\$4.99** LB

REG \$6.99

**SAVE \$2.00**

MEAT

CANADA & ECUADOR  
CONVENTIONAL

## Red Bell Peppers

**\$2.99** LB

REG \$3.99

**SAVE \$1.00**

PRODUCE

PRODUCT OF USA

## Beef Ribeye Steaks

**\$9.99** 12 OZ

REG \$12.99

**SAVE \$3.00**

MEAT

ORGANIC INDIA

## Organic Tulsi Tea

**Buy 1,  
Get 1 Free**

REG \$4.49 18 CT

GROCERY



*this week only!*

NOV 4 - NOV 10, 2009

365 EVERYDAY VALUE®

## Be Well Herbal Formula - Immune Support

**\$9.99** 90 CT

REG \$14.99 **SAVE \$5.00**

WHOLE BODY

WEST VIRGINIA  
CONVENTIONAL

## Stayman Winesap Apples

**\$1.29** LB

REG \$1.99 **SAVE 70¢**

PRODUCE

WHOLE FOODS MARKET  
BAKEHOUSE

## Muesli Bread

**\$3.99** EA

REG \$4.99 **SAVE \$1.00**

BAKERY

LOUIS MARTINI

## Sonoma Cabernet Sauvignon

**\$11.99** 750 ML

REG \$17.99 **SAVE \$6.00**

WINE

## Chicken Francaise

**\$9.99** LB

REG \$14.99 **SAVE \$5.00**

PREPARED FOODS

STEAZ

## Organic Iced Tea

**5 for \$5.00**

REG \$1.49 **SAVE \$2.45**

GROCERY

KERRYGOLD

## Irish Butter

Ireland

Salted • Unsalted

**\$3.99** 8 OZ

REG \$4.99 **SAVE \$1.00**

SPECIALTY

PRODUCT OF USA

## MSC Certified King Salmon Fillet – Wild Caught

Previously Frozen

**\$14.99** LB

REG \$24.99 **SAVE \$10.00**



SEAFOOD

## Butternut Squash Risotto

**\$4.99** LB

REG \$6.99 **SAVE \$2.00**

PREPARED FOODS

Prices valid Nov. 4 through Nov. 10, 2009 unless otherwise noted, while supplies last, certain items may not be available in all stores.

WHOLE FOODS MARKET®

# WEEKLY specials

STORE LOCATIONS

AVENTURA 21105 Biscayne Boulevard 305.933.1543 • BOCA RATON 1400 Glades Road 561.447.0000 • CORAL GABLES 6701 Red Road 305.421.9421  
CORAL SPRINGS 810 University Drive 954.753.8000 • FORT LAUDERDALE 2000 N. Federal Highway 954.565.5655 • JACKSONVILLE 10601 San Jose Blvd 904.288.1100  
NAPLES 9101 Strada Place 239.552.5100 • PALM BEACH GARDENS 11701 Lake Victoria Gardens Drive 561.691.8550 • PHILLIPS CROSSING 8003 Turkey Lake Road  
407.355.7100 • PINECREST 11701 S. Dixie Highway 305.971.0900 • PLANTATION 7720 Peters Road 954.236.0600 • SARASOTA 1451 First Street 941.955.8500  
SOUTH BEACH 1020 Alton Road 305.532.1707 • TAMPA 1548 N. Dale Mabry Boulevard 813.874.9435 • WELLINGTON 2635 State Road 7 561.904.4000  
WINTER PARK 1989 Aloma Avenue 407.673.8788

# Grocery Weekly Buys

Check your local store for selection and price.



## DeLallo Organic Whole Wheat Pastas

Assorted Varieties 1 lb.

**SALE 2 for \$4**



## Back to Nature Crackers

Assorted Flavors 4-8 oz.

**SALE 2 for \$5**

## Organic Saltine Crackers

**SALE 2 for \$6**



## Smart Juice Organic Juices

Assorted Flavors 33.8 fl oz.

**SALE \$4.99**



## Odwalla Smoothies

Assorted Flavors 450 ml.

**SALE 2 for \$5**



# Whole Body Weekly Buys

Check your local store for selection and price.

365 Everyday Value<sup>®</sup>

**Be Well<sup>™</sup>**

Complete Herbal Immune



90 ct.

**Featured Item**

365 Everyday Value<sup>®</sup>

**Flu Ease**



6 ct.

**Featured Item**

Alba Botanica

**Body Washes**



Value Size 32 oz.

**Featured Item**