

RAMEN

AT WHOLE FOODS MARKET®



Vegan Black Rice Ramen (770 cal) \$11.49

(made with Gluten-Free ingredients)

Black rice ramen noodles, coconut vegetable broth, mushrooms, corn, bean sprouts, seaweed, dried red pepper, and green onions.

Spicy Tofu Ramen (640 cal) \$9.49

Ramen noodles, vegetable broth, tofu, corn, bean sprouts, seaweed, spicy crunchy garlic, dried red peppers, green onions and fried onions.

Spicy Tonkotsu Chashu Ramen (850 cal)

\$11.49

Ramen noodles, pork bone broth, pork chashu, soft-boiled egg, corn, bean sprouts, seaweed, spicy crunchy garlic, dried red peppers, green onions and fried onions.

Chicken Miso Tonkotsu Ramen (680 cal)

\$11.49

Ramen noodles, miso pork bone broth, grilled chicken, soft-boiled egg, corn, bean sprouts, seaweed, dried red peppers, green onions and fried onions.

Shrimp Tempura Shoyu Ramen (730 cal)

\$11.49

Ramen noodles, shoyu pork bone broth, shrimp tempura, soft-boiled egg, corn, bean sprouts, seaweed, dried red peppers, green onions and fried onions.

Salmon Collar Shoyu Ramen (850 cal) \$13.99

Ramen noodles, shoyu pork broth, salmon collar, soft-boiled egg, corn, bean sprouts, seaweed, dried red peppers, green onions and fried onions.



Soft-Shell Crab Shoyu Ramen (990 cal) \$14.99

Ramen noodles, shoyu pork broth, tempura soft-shell crab, soft boiled egg, corn, bean sprouts, seaweed, dried red peppers, green onions and fried onions.

NOODLE BOWLS

Hot Udon Bowl (600 cal) \$7.99

Udon noodles, wakame (seaweed), green onion, spinach and fish broth.

Hot Soba Bowl (590 cal) \$7.99

Soba noodles, wakame (seaweed), green onion, spinach and fish broth.

Veggie Fun Bowl (640 cal) \$8.49

Rice noodles, tofu, napa cabbage, bean sprouts, green onion, baby bok choy, straw mushrooms, cilantro and veggie broth.

Chicken Fun Bowl with White Meat (690 cal) \$9.99

Hunan noodles, white meat chicken, napa cabbage, bean sprouts, green onion, baby bok choy, straw mushrooms, cilantro, lemongrass, lemon juice and chicken broth.

Spicy Chicken Hunan Bowl with White Meat (770 cal) \$9.99

Spicy hunan noodles, white meat chicken, napa cabbage, bean sprouts, green onion, baby bok choy, straw mushrooms, cilantro, lemongrass, lemon juice, jalapeño and chicken broth.

Shrimp Thai Basil Bowl (760 cal) \$9.99

Thai basil noodles, shrimp, napa cabbage, bean sprouts, green onion, baby bok choy, straw mushrooms, cilantro, lemon grass, lemon juice and chicken broth.

Shrimp Tempura Udon Bowl (710 cal) \$11.49

Udon noodles, shrimp tempura, wakame (seaweed), green onion, spinach and fish broth.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

Additional nutrition information available upon request.

