HOLIDAY MENU
Joy to the Table
ORDER IN-STORE OR ONLINE. WHOLEFOODSMARKET.COM/SHOP
ELEGANT STARTERS
So good you might have to talk with your mouth full.

Every nibble meets our quality standards. We use the finest selection of natural and organic ingredients, and seafood from responsible sources.

CELEBRATION PLATTER
An elegant selection of fresh fruit, crisp vegetables, and an assortment of crackers. Choose from warm brie, herbed chèvre or parmesan and spinach dipping sauces.
$29.99 | SERVES UP TO 6

FRESH VEGETABLE CRUDITÉ AND DIP PLATTER
An assortment of crisp, colorful vegetables and housemade dip.
$19.99 | SERVES 4-6

ELEGANT HOLIDAY FRUIT AND CHEESE PLATTER
A classic assortment of blue cheese, chèvre, brie and seasonal fresh fruit. Includes a baguette and cracker platter.
$34.99 | SERVES 6-8

CRAB CAKE PLATTER
Our lightly breaded crab cakes are bursting with sweet crabmeat and perked up with red peppers, shallots and thyme. Served with a tangy remoulade.
$39.99 | SERVES 6-8

SALMON CAKE PLATTER
Our fresh made salmon cakes are made with wild Pacific Northwest salmon and seasoned with red peppers, onions, herbs and spices. Served with a tangy remoulade.
$34.99 | SERVES 6-8

PROSCIUTTO-WRAPPED ASPARAGUS
Tender spears of asparagus are wrapped in thin slices of nitrate-free prosciutto.
$19.99 | SERVES 4-6

ROASTED RED PEPPER AND PESTO CHEESE TORTE
Served with freshly baked garlic and herb crostini.
$34.99 | SERVES 6-8

WILD MUSHROOM STRUDEL
Sauteed forest mushrooms, garlic, shallots, white wine and fresh herbs in buttery puff pastry.
$12.99 | SERVES 4-6

HAND-SELECTED CHEESES

Our cheese experts know what’s good. They seek out the best from producers who share our passion for quality—from small, local farmsteads to artisans across the globe.

Hennings Cranberry Cheddar: A holiday favorite and a Whole Foods Market tradition. The Hennings family carefully ages this cheese for several months allowing the sweet-tart cranberries to provide contrast to the creamy cheese.

Hervé Mons Affinage St. Nuage: This Whole Foods Market exclusive triple-crème comes from a famous Burgundy producer of delectable soft-ripened cheeses. Pair with Champagne or lightly sweet Asti.


Mt. Townsend Holiday Cheer: From Port Townsend, WA, this unique soft-ripened cheese is washed in Finn River hard cider. Limited supply, don’t hesitate or you may find your cheese board without!


Kaltbach Gruyère: Rich and delicious for snacking and the ultimate melting cheese for gratins and “day-after” sandwiches.

Please check in with your neighborhood cheese-monger for availability and pricing.
SEAFISH WITH STANDARDS

WILD KING CRAB CLUSTERS
King crab is tender, delicate and sweet. A luxurious choice for holiday celebrations. $21.99 lb

FRESH WHOLE COOKED DUNGENSESS CRAB
A Northwest favorite! Cooked and delivered to our stores fresh, not frozen. We’d be happy to crack and clean your crab, no extra charge. Subject to availability.

SEASONED SHRIMP PLATTER
A half pound each of plain, lemon herb and tequila lime cooked shrimp. Served with cocktail sauce and lemons. $19.99 | SERVES 4-6

BARRON POINT OYSTER PLATTER
One dozen WA Barron Point oysters on the half shell served with cocktail sauce and lemons. $12.99 | SERVES 2-4

KUSSHI OYSTER PLATTER
One dozen BC Kusshi oysters on the half shell served with cocktail sauce and lemons. $19.99 | SERVES 4-6

EXTRA SMALL SHUCKED OYSTERS
Perfect for oyster stuffing, oyster shooters or try cornmeal-coated fried oysters. $4.99 | 8 OZ

CRAB CAKES
Handmade with rich, flaky crabmeat and coated with bread crumbs for that perfect, crispy, golden finish. Just brown and serve! MARYLAND BLUE $5.99 EA | 5 OZ NORTHWEST $7.99 EA | 5 OZ

WILD SMOKED KING SALMON
Rich, wild king salmon smoked to perfection! $26.99 lb

YUKON RIVER SALMON CANDY
This rich, smoky and sweet appetizer is a party pleaser! $19.99 lb

WILD SMOKED BLACK COD
Flaky, buttery, wild black cod with just the right amount of smoky flavor. $31.99 lb

CHILEAN SEA BASS FILLET
Rich, mild and full of flavor. Chilean sea bass is arguably one of the tastiest fish in the sea. We only source our sea bass from Marine Stewardship Council certified sustainable and well-managed fisheries. $25.99 lb

BEEF ROASTS
Every roast we offer is impressive, totally tasty and from animals raised with no antibiotics or animal by-products in the feed. We suggest 8 ounces per person.

BRISKET FLAT CUT ............... $6.99 lb
RIB ROAST, BONE-IN ............ $10.99 lb
NEW YORK STRIP ROAST ........ $11.99 lb
RIB ROAST, BONELESS .......... $12.99 lb
DRY AGED NY STRIP ROAST .... $17.99 lb
ORGANIC RIB EYE ROAST, BONE-IN $17.99 lb
ORGANIC NY STRIP ROAST, ...... $17.99 lb
ORGANIC RIB EYE ROAST, BONELESS .... $18.99 lb
DRY AGED RIB ROAST, BONE-IN $19.99 lb
DRY AGED RIB ROAST, BONELESS .... $20.99 lb
TENDERLOIN ROAST (FILET MIGNON) $27.99 lb
ORGANIC FILET MIGNON .......... $29.99 lb

PORK ROASTS
Stud with whole cloves and roast for incredible flavor. Perfect for a large party of 12 persons or more. We suggest 8 ounces or 1 rib per person.

LEG ROAST, BONE-IN ............. $3.49 lb
TOP LOIN CENTER CUT, BONELESS $5.99 lb
RIB CROWN RACK ROAST ........ $9.99 lb
RIB FRENCHED RACK ROAST .... $9.99 lb

LAMN ROASTS
Delicious, fresh New Zealand lamb. Stud with whole cloves of garlic and your dinner will be unforgettable. We suggest about 12 ounces or 4 ribs per person.

GRASS-FED LEG BONE-IN ........ $8.99
GRASS-FED LEG BONELESS ....... $9.99
GRASS-FED FRENCHED RIB RACK $15.99 lb
GRASS-FED RIB CROWN ROAST $15.99 lb

HAMS
A Whole Foods Market exclusive from Wellshire Farms, our hams lead the way to the best holiday dinner yet.

WHOLE HAM, BONE-IN ............ $4.99 lb
HALF HAM, BONE-IN .............. $4.99 lb
SPIRAL SLICED HAM ............. $5.99 lb
3/4 VIRGINIA BAKED HAM, BONELESS $6.99 lb
SPIRAL-CUT, GLAZED HALF, BONELESS $6.99 lb

GAME BIRDS
Give your holiday table an elegant entrée with respectfully raised game birds.

MARY’S FREE-RANGE DUCK .... $5.99 lb
CORNISH GAME HEN ............ $6.99 lb
ORGANIC CORNISH GAME HEN $7.99 lb
GOURMET QUALITY POUSSEIN ........ $8.49 lb
GUINEA HEN ...................... $8.99 lb
WHOLE PHEASANT .............. $8.99 lb
TEXAS QUAIL ................... $12.99 6-pk
Let’s talk turkey. From the beginning, all turkeys we offer are raised to meet Global Animal Partnership’s 5-Step™ Animal Welfare Rating. Oh yeah…and they’re given no antibiotics—ever. From heritage to kosher, organic to petite and more. Find a bird for your budget and rest easier by ordering ahead online. We recommend 1.5 -1.75 pounds of turkey per person.

Talk more turkey at facebook.com/whole-foodsmeat.

<table>
<thead>
<tr>
<th>Name</th>
<th>Description</th>
<th>Weight Options</th>
<th>Price Options</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mary’s Heritage Whole Turkey</td>
<td>These free-range turkeys come from the Pitman Family Farm and are descended from the first breed of turkeys that existed in the United States. Mary's turkeys are allowed to breed naturally, run and fly resulting in more thigh meat. They're fed a wholesome diet of grains and vegetable proteins with no antibiotics or animal by-products. This is turkey just like great-grandma used to serve; they even take less time to cook than a regular turkey.</td>
<td>7-14 lbs, 14-20 lbs, 25+ lbs</td>
<td>$4.99 lb, reg $3.99 lb, sale $3.79 lb</td>
</tr>
<tr>
<td>Whole Foods Market Organic Turkey</td>
<td>These delicious, free-range turkeys are specially raised for Whole Foods Market by Pitman Farms in Fresno, California. Our standards include no antibiotics or animal by-products in the feed. Turkeys are fed a 100% vegetarian diet, 55 vitamins and nutrients with no added solutions or injections.</td>
<td>8-12 lbs, 12-16 lbs, 16-20 lbs, 20-24 lbs, 25+ lbs</td>
<td>reg $2.79 lb, sale $2.59 lb</td>
</tr>
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<td>These delicious, free-range turkeys are specially raised for Whole Foods Market by Pitman Farms in Fresno, California. Our standards include no antibiotics or animal by-products in the feed. Turkeys are fed a 100% vegetarian diet of 65% corn, 30% soy bean meal, 55 vitamins and nutrients with no added solutions or injections.</td>
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<tr>
<td>Kosher Valley Kosher Turkey</td>
<td>Kosher Valley turkeys are raised free range and certified by the Orthodox Union and the K’hal Adath Jeshurun.</td>
<td>10-16 lbs, 16-20 lbs</td>
<td>$5.99 lb, reg $4.29 lb, sale $3.79 lb</td>
</tr>
<tr>
<td>Heidi Organic Petite Whole Turkey</td>
<td>Certified Organic and range-grown in the Sierra foothills at one of the last small family-owned turkey farms in the country. At only 6-10 pounds when fully mature, the petite turkey is perfect for smaller settings.</td>
<td>6-10 lbs</td>
<td>reg $3.29 lb, sale $2.79 lb</td>
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<tr>
<td>Diestel Petite Whole Turkey</td>
<td>Range-grown in the Sierra foothills at one of the last small family-owned turkey farms in the country. They are raised with a vegetarian diet, fresh mountain water and extra time to grow so they are naturally more tender and juicy. At only 6-10 pounds when fully mature, the petite turkey is perfect for smaller settings.</td>
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OUR TRADITIONAL HOLIDAY DINNERS INCLUDE:
Fresh Green Beans with Shallots and Herbs
Savory Herb Stuffing
Country Mashed Potatoes
Turkey Gravy
Classic Cranberry Relish
Dinner Rolls
Traditional Pumpkin Pie

COMPLETE SIDE DISH COLLECTION
Fresh Green Beans with Shallots and Herbs
Savory Herb Stuffing
Country Mashed Potatoes
Turkey Gravy
Classic Cranberry Relish
Dinner Rolls
Traditional Pumpkin Pie

HEALTH STARTS HERE® SIDE DISH COLLECTION
WITH GLUTEN-FREE INGREDIENTS®
Mashed Potatoes
Flourless Wild Rice Stuffing
Flourless Wild Mushroom Gravy
Cranberry Sauce
Green Beans with Spiced Nuts
Gluten-Free Dinner Rolls
Saffron Poached Pears

*Although these items were made with no added gluten and ingredients not containing gluten, Whole Foods Market kitchens are NOT gluten-free environments.

TURKEYS AND TRIMMINGS À LA CARTE

PRE-ROASTED WHOLE TURKEY
$49.99 ea | S 6-8 lbs
$69.99 ea | L 10-12 lbs
$79.99 ea | Serves 10-12 | 14-16 lbs

PRE-ROASTED WHITE MEAT TURKEY BREAST
$59.99 ea | S 3-4 lbs

PRE-ROASTED ORGANIC TURKEY
$59.99 ea | S 6-8 lbs
$79.99 ea | L 10-12 lbs

SMOKED WHOLE TURKEY
$79.99 ea | L 10-12 lbs

Spiral Cut Honey-Glazed Ham Dinner
Wellshire Spiral Cut Honey-Glazed Ham (7 lbs)
Tarragon Mustard
Fresh Green Beans with Shallots and Herbs
Savory Herb Stuffing
Country Mashed Potatoes
Turkey Gravy
Classic Cranberry Relish
Dinner Rolls
Traditional Pumpkin Pie
$129.99 ea | Serves 8

WITH DIESTEL OVEN ROASTED TURKEY BREAST
$99.99 ea | 3-4 lbs | Serves 4

WITH DIESTEL TURKEY
$89.99 ea | 6-8 lbs | Serves 4
$129.99 ea | 10-12 lbs | Serves 8

WITH DIESTEL ORGANIC TURKEY
$99.99 ea | 6-8 lbs | Serves 4
$149.99 ea | 10-12 lbs | Serves 8

WITH DIESTEL SMOKED TURKEY
$149.99 ea | 10-12 lbs | Serves 8

WITH BONELESS PRIME RIB ROAST
$159.99 ea | 4-5 lbs | Serves 8

VEGAN HOLIDAY DINNER
Yam & Pear Vegan Field Roast®
Fresh Green Beans with Shallots and Herbs
Wild Rice Stuffed Acorn Squash
Olive Oil Smashed Yukon Gold Potatoes
Mushroom Gravy
Classic Cranberry Relish
Dinner Rolls
Vegan Pumpkin Pie
$79.99 ea | Serves 4

SPRAL CUT HONEY-GLAZED HAM DINNER
Wellshire Spiral Cut Honey-Glazed Ham (7 lbs)
Tarragon Mustard
Fresh Green Beans with Shallots and Herbs
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WHILE YOU'RE HOSTING TWO OR TWENTY, LEAVE THE COOKING TO US.
WE'LL LEAVE THE CREDIT TO YOU.

Our ready-to-serve meals are chef prepared to exacting standards.

WILD RICE-STUFFED ACORN SQUASH
Acorn squash filled with our savory wild rice stuffing and oven roasted.
$4.99 Each

FRESH GREEN BEANS WITH ROASTED SHALLOTS AND HERBS
A crisp and healthy side dish.
$5.99 S ¼ LB
$10.99 L ½ LB

BRUSSELS SPROUTS WITH ROASTED SHALLOTS AND PECANS
Fresh-picked Brussels sprouts, slow roasted shallots and toasted pecans.
$12.99 S 2 LBS
$18.99 L 4 LBS

SAVORY HERB STUFFING
Moist and flavorful with a perfect blend of herbs and spices.
$11.99 S 2 LBS
$16.99 L 4 LBS

CORNBREAD SWEET POTATO DRESSING
Traditional southern style cornbread stuffing with diced sweet potatoes and fresh sage.
$12.99 S 2 LBS
$18.99 L 4 LBS

CORN PUDDING
A blend of corn, sour cream and cheddar cheese, baked to perfection.
$12.99 S 2 LBS
$18.99 L 4 LBS

FIELD GREENS SALAD WITH CRANBERRIES
Field greens, sweet-tart dried cranberries, spiced nuts and blue cheese crumbles with our balsamic vinaigrette.
$19.99 L

CLASSIC CRANBERRY RELISH
This traditional sauce has just a touch of orange zest to brighten and refresh the rest of your plate.
$6.49 L 1 PINT

APRICOT-GLAZED SWEET POTATOES
Try our slow-roasted sweet potatoes complemented by a sweet, lightly-spiced apricot glaze.
$12.99 S 2 LBS
$18.99 L 4 LBS

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$79.99 ea | L 10-12 lbs

SMOKED WHOLE TURKEY
$79.99 ea | L 10-12 lbs
À LA CARTE CONTINUED

YUKON GOLD POTATO GRATIN
Yukon gold potatoes are thinly sliced, layered with herbs, spices, cream and butter, and then baked to melt-in-your-mouth perfection.
- $14.99 / 2 LBS
- $21.99 / 4 LBS

OLIVE OIL SMASHED YUKON GOLD POTATOES (VEGAN)
Yukon gold potatoes and olive oil make this a satisfying vegan side dish.
- $12.99 / 2 LBS
- $18.99 / 4 LBS

COUNTRY MASHED POTATOES
So delicious, you’ll want seconds.
- $11.99 / 2 LBS
- $18.99 / 4 LBS

TURKEY GRAVY
Rich, smooth and full of deep roasted flavor.
- $6.49 / 24 FL OZ

MUSHROOM GRAVY (VEGAN)
Robust flavor from wild mushrooms and a splash of Burgundy make this a holiday favorite.
- $6.49 / 24 FL OZ

SWEET TREATS
Get brownie points for bringing the pie.

The artistry and skill of our bakers is evident in every delicious bite. Enjoy the full flavor of real fruits and nuts and just the right amount of natural sweetness, cradled in our deliciously fork-ready crusts. Our pies contain no artificial flavors, colors or hydrogenated fats.

ROLLS & BREADS
Choose from a seasonal selection of rolls and breads made fresh by the best bakeries from around here.

FRAGRANT ROSEMARY TREE
Fragrant culinary rosemary is trimmed to evoke a mini Christmas tree. Add festivity to your dishes and décor!
- $12.99 EA

HERB PLANTER
What better way to season your holiday meal than with herbs harvested right from your own window garden?
- $14.99 EA

FEATURED WINES
A wine for every personality at your table.

Choose holiday wines that pair well with both savory and sweet dishes. Our seasonal Top Ten Wines list makes it easy to find great matches for your table.

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ENTERTAIN WITH EASE

The holidays are here, and so are the guests. Let us help with the rest.

More Options
Looking for something specific? If you don’t see it here, just ask!

WASHINGTON

Bellevue
888 116th Ave. NE
Bellevue, WA 98004
425-462-1400

Roosevelt Square
1026 NE 64th St.
Seattle, WA 98115
206-985-1500

Interbay
2001 15th Ave. W
Seattle, WA 98119
206-352-5440

Redmond
17991 NE Redmond Wy.
Redmond, WA 98052
425-881-2600

Westlake
2210 Westlake Avenue
Seattle, WA 98121
206-621-9700

Mill Plain
515 SE 160th Ave.
Vancouver, WA 98683
360-253-4082

Lynnwood
2800 196th St SW
Lynnwood, WA 98036
425-775-1320

OREGON

Bend
2610 NE Hwy 20
Bend, OR 97701
541-389-0151

Bridgeport
7380 SW Bridgeport Rd
Tigard, OR 97224
503-639-6500

Fremont
3535 NE 15th Ave.
Portland, OR 97212
503-288-3414

Portland
1210 NW Couch St.
Portland, OR 97209
503-525-4343

Laurelhurst
2825 E Burnside St.
Portland, OR 97214
503-232-6601

Tanasbourne
19440 NW Cornell Rd.
Hillsboro, OR 97124
503-645-9200

Hollywood
4301 NE Sandy Blvd.
Portland, OR 97213
503-284-2644

We’re committed to the highest quality standards...yours. Thanks for letting us be another cook in your kitchen.

wholefoodsmarket.com/shop

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Printed on 100% post-consumer waste recycled paper using vegetable inks.